

Aperçu des résultats

Grand bassin (50m)

| Nom, Prénom | Année de n. | Discipline | Pl. | Temps | Ronde | Ancien PB. | Diff. | |
|--------------------|-------------|-------------|-----|---------|-------|------------|-------|-----|
| VANDEN BROECK Jana | 89 : | 100 Libre | 3 | 1:05.04 | | 1:12.42 | 124% | MPP |
| | | 400 Libre | 4 | 5:16.65 | | 5:23.61 | 104% | MPP |
| | | 50 Dos | 2 | 33.96 | | 34.07 | 101% | MPP |
| | | 100 Dos | 1 | 1:12.62 | | 1:14.08 | 104% | MPP |
| | | 200 Dos | 2 | 2:37.43 | | 2:38.79 | 102% | MPP |
| | | 50 Papillon | 4 | 31.72 | | 32.25 | 103% | MPP |

Total 6 résultats individuels, performance moyenne: 106,3%

0 nouveau(x) record(s), 6 nouvelle(s) MPP(s)

Meilleure amélioration: VANDEN BROECK Jana, 100 Libre 1:05.04



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



1 - ONMK 2024 lb Sessie 1

02-05-2024 - 12:30

Programmanr. 1
02-05-2024 - 12:30

Heren, 1500m vrije slag
Pauze na serie 4 / Break after heat 4

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|--------------------|---------------------|------------|----------------|-----------------|-----------------|-------|-----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Janne Englebert | Hieronymus | NED 200101561 | 17:24.30 | +0.65 | | | |
| | 50m: 30.21 | 30.21 | 450m: 5:07.22 | 34.81 | 850m: 9:47.46 | 34.94 | 1250m: 14:28.81 | 34.90 |
| | 100m: 1:03.70 | 33.49 | 500m: 5:42.52 | 35.30 | 900m: 10:22.43 | 34.97 | 1300m: 15:04.16 | 35.35 |
| | 150m: 1:38.16 | 34.46 | 550m: 6:17.32 | 34.80 | 950m: 10:57.27 | 34.84 | 1350m: 15:38.95 | 34.79 |
| | 200m: 2:12.94 | 34.78 | 600m: 6:52.14 | 34.82 | 1000m: 11:32.73 | 35.46 | 1400m: 16:14.49 | 35.54 |
| | 250m: 2:47.82 | 34.88 | 650m: 7:27.03 | 34.89 | 1050m: 12:07.88 | 35.15 | 1450m: 16:49.65 | 35.16 |
| | 300m: 3:22.61 | 34.79 | 700m: 8:02.04 | 35.01 | 1100m: 12:43.38 | 35.50 | 1500m: 17:24.30 | 34.65 |
| | 350m: 3:57.62 | 35.01 | 750m: 8:37.05 | 35.01 | 1150m: 13:18.37 | 34.99 | | |
| | 400m: 4:32.41 | 34.79 | 800m: 9:12.52 | 35.47 | 1200m: 13:53.91 | 35.54 | | |
| 2. | Tenzin Tieman | Old Dutch | NED 200005549 | 17:59.26 | +0.83 | | | |
| | 50m: 30.89 | 30.89 | 450m: 5:15.09 | 35.59 | 850m: 10:05.63 | 36.32 | 1250m: 14:57.63 | 36.84 |
| | 100m: 1:05.21 | 34.32 | 500m: 5:51.19 | 36.10 | 900m: 10:41.91 | 36.28 | 1300m: 15:35.08 | 37.45 |
| | 150m: 1:40.14 | 34.93 | 550m: 6:27.00 | 35.81 | 950m: 11:18.07 | 36.16 | 1350m: 16:11.42 | 36.34 |
| | 200m: 2:15.69 | 35.55 | 600m: 7:03.59 | 36.59 | 1000m: 11:54.37 | 36.30 | 1400m: 16:48.12 | 36.70 |
| | 250m: 2:51.53 | 35.84 | 650m: 7:39.76 | 36.17 | 1050m: 12:30.67 | 36.30 | 1450m: 17:24.45 | 36.33 |
| | 300m: 3:28.07 | 36.54 | 700m: 8:16.32 | 36.56 | 1100m: 13:07.01 | 36.34 | 1500m: 17:59.26 | 34.81 |
| | 350m: 4:03.74 | 35.67 | 750m: 8:52.70 | 36.38 | 1150m: 13:43.60 | 36.59 | | |
| | 400m: 4:39.50 | 35.76 | 800m: 9:29.31 | 36.61 | 1200m: 14:20.79 | 37.19 | | |
| 3. | Tom Balsen Versteeg | De Warande | NED 200005673 | 18:23.97 | +0.59 | | | |
| | 50m: 30.53 | 30.53 | 450m: 5:15.81 | 35.97 | 850m: 10:11.96 | 37.96 | 1250m: 15:16.35 | 38.38 |
| | 100m: 1:04.84 | 34.31 | 500m: 5:51.91 | 36.10 | 900m: 10:49.52 | 37.56 | 1300m: 15:55.61 | 39.26 |
| | 150m: 1:39.70 | 34.86 | 550m: 6:28.11 | 36.20 | 950m: 11:27.65 | 38.13 | 1350m: 16:33.53 | 37.92 |
| | 200m: 2:15.19 | 35.49 | 600m: 7:04.65 | 36.54 | 1000m: 12:06.03 | 38.38 | 1400m: 17:11.82 | 38.29 |
| | 250m: 2:51.07 | 35.88 | 650m: 7:41.03 | 36.38 | 1050m: 12:43.79 | 37.76 | 1450m: 17:48.77 | 36.95 |
| | 300m: 3:27.39 | 36.32 | 700m: 8:18.27 | 37.24 | 1100m: 13:22.06 | 38.27 | 1500m: 18:23.97 | 35.20 |
| | 350m: 4:03.58 | 36.19 | 750m: 8:56.61 | 38.34 | 1150m: 13:59.93 | 37.87 | | |
| | 400m: 4:39.84 | 36.26 | 800m: 9:34.00 | 37.39 | 1200m: 14:37.97 | 38.04 | | |
| 4. | Leon Kloots | ZPC De Hof | NED 200001363 | 19:21.97 | +0.81 | | | |
| | 50m: 33.03 | 33.03 | 450m: 5:35.71 | 38.55 | 850m: 10:47.92 | 38.72 | 1250m: 16:04.12 | 38.71 |
| | 100m: 1:09.26 | 36.23 | 500m: 6:14.69 | 38.98 | 900m: 11:28.04 | 40.12 | 1300m: 16:44.30 | 40.18 |
| | 150m: 1:45.96 | 36.70 | 550m: 6:53.27 | 38.58 | 950m: 12:07.00 | 38.96 | 1350m: 17:23.86 | 39.56 |
| | 200m: 2:23.86 | 37.90 | 600m: 7:32.57 | 39.30 | 1000m: 12:46.90 | 39.90 | 1400m: 18:03.65 | 39.79 |
| | 250m: 3:01.73 | 37.87 | 650m: 8:11.62 | 39.05 | 1050m: 13:26.01 | 39.11 | 1450m: 18:43.09 | 39.44 |
| | 300m: 3:39.88 | 38.15 | 700m: 8:51.08 | 39.46 | 1100m: 14:05.78 | 39.77 | 1500m: 19:21.97 | 38.88 |
| | 350m: 4:18.20 | 38.32 | 750m: 9:29.79 | 38.71 | 1150m: 14:45.21 | 39.43 | | |
| | 400m: 4:57.16 | 38.96 | 800m: 10:09.20 | 39.41 | 1200m: 15:25.41 | 40.20 | | |
| 5. | Jaimy Voogt | ZOB'66 | NED 200005881 | 22:09.37 | +0.78 | | | |
| | 50m: 32.93 | 32.93 | 450m: 6:22.82 | 44.68 | 850m: 12:28.55 | 44.42 | 1250m: 18:27.82 | 44.45 |
| | 100m: 1:12.01 | 39.08 | 500m: 7:08.08 | 45.26 | 900m: 13:14.35 | 45.80 | 1300m: 19:14.65 | 46.83 |
| | 150m: 1:54.22 | 42.21 | 550m: 7:53.58 | 45.50 | 950m: 13:58.26 | 43.91 | 1350m: 19:59.23 | 44.58 |
| | 200m: 2:38.36 | 44.14 | 600m: 8:39.48 | 45.90 | 1000m: 14:44.75 | 46.49 | 1400m: 20:45.13 | 45.90 |
| | 250m: 3:21.74 | 43.38 | 650m: 9:24.36 | 44.88 | 1050m: 15:28.92 | 44.17 | 1450m: 21:30.72 | 45.59 |
| | 300m: 4:07.30 | 45.56 | 700m: 10:11.68 | 47.32 | 1100m: 16:14.24 | 45.32 | 1500m: 22:09.37 | 38.65 |
| | 350m: 4:52.96 | 45.66 | 750m: 10:58.26 | 46.58 | 1150m: 16:57.99 | 43.75 | | |
| | 400m: 5:38.14 | 45.18 | 800m: 11:44.13 | 45.87 | 1200m: 17:43.37 | 45.38 | | |

Masters 25+

| | | | | | | | | |
|----|------------------|-------------------------|----------------|-----------------|-----------------|-------|-----------------|-------|
| 1. | Jeffrey Camphens | Team Noord Holland (SG) | NED 199503113 | 18:43.86 | +0.73 | | | |
| | 50m: 34.14 | 34.14 | 450m: 5:35.06 | 37.98 | 850m: 10:37.68 | 38.05 | 1250m: 15:40.62 | 37.34 |
| | 100m: 1:11.32 | 37.18 | 500m: 6:12.26 | 37.20 | 900m: 11:15.45 | 37.77 | 1300m: 16:18.28 | 37.66 |
| | 150m: 1:49.11 | 37.79 | 550m: 6:49.81 | 37.55 | 950m: 11:53.60 | 38.15 | 1350m: 16:56.10 | 37.82 |
| | 200m: 2:26.12 | 37.01 | 600m: 7:27.28 | 37.47 | 1000m: 12:31.27 | 37.67 | 1400m: 17:32.92 | 36.82 |
| | 250m: 3:04.05 | 37.93 | 650m: 8:05.62 | 38.34 | 1050m: 13:09.57 | 38.30 | 1450m: 18:09.32 | 36.40 |
| | 300m: 3:41.46 | 37.41 | 700m: 8:43.60 | 37.98 | 1100m: 13:47.61 | 38.04 | 1500m: 18:43.86 | 34.54 |
| | 350m: 4:19.79 | 38.33 | 750m: 9:21.86 | 38.26 | 1150m: 14:25.45 | 37.84 | | |
| | 400m: 4:57.08 | 37.29 | 800m: 9:59.63 | 37.77 | 1200m: 15:03.28 | 37.83 | | |
| 2. | Jordy van Oel | WVZ | NED 199802003 | 19:25.74 | +0.76 | | | |
| | 50m: 30.98 | 30.98 | 450m: 5:32.11 | 37.76 | 850m: 10:47.31 | 39.46 | 1250m: 16:06.75 | 40.54 |
| | 100m: 1:07.15 | 36.17 | 500m: 6:11.14 | 39.03 | 900m: 11:26.74 | 39.43 | 1300m: 16:46.97 | 40.22 |
| | 150m: 1:44.52 | 37.37 | 550m: 6:50.33 | 39.19 | 950m: 12:05.25 | 38.51 | 1350m: 17:27.23 | 40.26 |
| | 200m: 2:21.91 | 37.39 | 600m: 7:29.77 | 39.44 | 1000m: 12:45.08 | 39.83 | 1400m: 18:06.95 | 39.72 |
| | 250m: 2:59.86 | 37.95 | 650m: 8:09.00 | 39.23 | 1050m: 13:25.17 | 40.09 | 1450m: 18:46.56 | 39.61 |
| | 300m: 3:38.19 | 38.33 | 700m: 8:48.66 | 39.66 | 1100m: 14:05.28 | 40.11 | 1500m: 19:25.74 | 39.18 |
| | 350m: 4:15.95 | 37.76 | 750m: 9:27.95 | 39.29 | 1150m: 14:45.30 | 40.02 | | |
| | 400m: 4:54.35 | 38.40 | 800m: 10:07.85 | 39.90 | 1200m: 15:26.21 | 40.91 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 25+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|----------------|--------------|----------------|-----------|-----------------|-------|-----------------|-------|------|
| 3. | Lars Jacobsen | DWK | NED | 199705453 | S14 | | 19:38.06 | +0.78 | 661 |
| | 50m: 31.39 | 31.39 | 450m: 5:33.51 | 32.78 | 850m: 11:01.66 | 39.77 | 1250m: 16:23.52 | 39.37 | |
| | 100m: 1:07.32 | 35.93 | 500m: 6:19.70 | 46.19 | 900m: 11:42.90 | 41.24 | 1300m: 17:04.22 | 40.70 | |
| | 150m: 1:44.91 | 37.59 | 550m: 6:59.62 | 39.92 | 950m: 12:22.57 | 39.67 | 1350m: 17:44.38 | 40.16 | |
| | 200m: 2:23.50 | 38.59 | 600m: 7:40.93 | 41.31 | 1000m: 13:02.51 | 39.94 | 1400m: 18:24.58 | 40.20 | |
| | 250m: 3:02.80 | 39.30 | 650m: 8:20.70 | 39.77 | 1050m: 13:41.94 | 39.43 | 1450m: 19:02.39 | 37.81 | |
| | 300m: 3:42.41 | 39.61 | 700m: 9:01.52 | 40.82 | 1100m: 14:22.82 | 40.88 | 1500m: 19:38.06 | 35.67 | |
| | 350m: 4:21.36 | 38.95 | 750m: 9:41.49 | 39.97 | 1150m: 15:02.59 | 39.77 | | | |
| | 400m: 5:00.73 | 39.37 | 800m: 10:21.89 | 40.40 | 1200m: 15:44.15 | 41.56 | | | |
| 4. | Colin Degenars | ZPCH | NED | 199505951 | S14 | | 20:09.38 | +0.80 | 611 |
| | 50m: 32.94 | 32.94 | 450m: 5:53.91 | 40.24 | 850m: 11:20.59 | 40.83 | 1250m: 16:50.08 | 41.29 | |
| | 100m: 1:10.64 | 37.70 | 500m: 6:34.58 | 40.67 | 900m: 12:02.04 | 41.45 | 1300m: 17:31.59 | 41.51 | |
| | 150m: 1:50.45 | 39.81 | 550m: 7:15.19 | 40.61 | 950m: 12:42.61 | 40.57 | 1350m: 18:12.25 | 40.66 | |
| | 200m: 2:30.52 | 40.07 | 600m: 7:56.41 | 41.22 | 1000m: 13:23.42 | 40.81 | 1400m: 18:53.41 | 41.16 | |
| | 250m: 3:10.75 | 40.23 | 650m: 8:37.31 | 40.90 | 1050m: 14:05.38 | 41.96 | 1450m: 19:32.24 | 38.83 | |
| | 300m: 3:51.68 | 40.93 | 700m: 9:18.14 | 40.83 | 1100m: 14:46.44 | 41.06 | 1500m: 20:09.38 | 37.14 | |
| | 350m: 4:32.46 | 40.78 | 750m: 9:58.94 | 40.80 | 1150m: 15:27.43 | 40.99 | | | |
| | 400m: 5:13.67 | 41.21 | 800m: 10:39.76 | 40.82 | 1200m: 16:08.79 | 41.36 | | | |
| 5. | Sven Dubbeld | De Schotejil | NED | 199601141 | | | 21:00.68 | +0.85 | |
| | 50m: 34.90 | 34.90 | 450m: 6:09.70 | 42.93 | 850m: 11:52.95 | 42.74 | 1250m: 17:36.61 | 42.22 | |
| | 100m: 1:14.57 | 39.67 | 500m: 6:53.01 | 43.31 | 900m: 12:35.71 | 42.76 | 1300m: 18:19.06 | 42.45 | |
| | 150m: 1:56.15 | 41.58 | 550m: 7:35.60 | 42.59 | 950m: 13:18.82 | 43.11 | 1350m: 19:01.36 | 42.30 | |
| | 200m: 2:38.36 | 42.21 | 600m: 8:18.78 | 43.18 | 1000m: 14:01.95 | 43.13 | 1400m: 19:43.27 | 41.91 | |
| | 250m: 3:20.52 | 42.16 | 650m: 9:02.11 | 43.33 | 1050m: 14:45.39 | 43.44 | 1450m: 20:25.28 | 42.01 | |
| | 300m: 4:02.46 | 41.94 | 700m: 9:44.91 | 42.80 | 1100m: 15:28.95 | 43.56 | 1500m: 21:00.68 | 35.40 | |
| | 350m: 4:44.47 | 42.01 | 750m: 10:27.33 | 42.42 | 1150m: 16:11.97 | 43.02 | | | |
| | 400m: 5:26.77 | 42.30 | 800m: 11:10.21 | 42.88 | 1200m: 16:54.39 | 42.42 | | | |

Masters 30+

| | | | | | | | | | |
|----|--------------------|-----------------------------|----------------|-----------|-----------------|-------|-----------------|-------|--|
| 1. | Tim Bunnik | Triton | NED | 199000505 | | | 19:26.11 | +0.80 | |
| | 50m: 33.84 | 33.84 | 450m: 5:49.87 | 39.33 | 850m: 11:02.81 | 38.89 | 1250m: 16:16.48 | 39.49 | |
| | 100m: 1:12.51 | 38.67 | 500m: 6:29.23 | 39.36 | 900m: 11:41.88 | 39.07 | 1300m: 16:55.93 | 39.45 | |
| | 150m: 1:51.59 | 39.08 | 550m: 7:08.18 | 38.95 | 950m: 12:20.91 | 39.03 | 1350m: 17:34.90 | 38.97 | |
| | 200m: 2:31.21 | 39.62 | 600m: 7:47.17 | 38.99 | 1000m: 13:00.42 | 39.51 | 1400m: 18:13.90 | 39.00 | |
| | 250m: 3:11.10 | 39.89 | 650m: 8:26.32 | 39.15 | 1050m: 13:39.97 | 39.55 | 1450m: 18:51.38 | 37.48 | |
| | 300m: 3:51.20 | 40.10 | 700m: 9:05.85 | 39.53 | 1100m: 14:19.45 | 39.48 | 1500m: 19:26.11 | 34.73 | |
| | 350m: 4:31.05 | 39.85 | 750m: 9:44.59 | 38.74 | 1150m: 14:58.13 | 38.68 | | | |
| | 400m: 5:10.54 | 39.49 | 800m: 10:23.92 | 39.33 | 1200m: 15:36.99 | 38.86 | | | |
| 2. | Patrick Creemers | Patrick-De Roersoppers (SG) | NED | 199000579 | | | 19:45.73 | +0.77 | |
| | 50m: 31.42 | 31.42 | 450m: 5:37.93 | 39.44 | 850m: 10:58.73 | 40.31 | 1250m: 16:23.45 | 40.22 | |
| | 100m: 1:07.28 | 35.86 | 500m: 6:18.46 | 40.53 | 900m: 11:39.28 | 40.55 | 1300m: 17:04.23 | 40.78 | |
| | 150m: 1:44.58 | 37.30 | 550m: 6:58.64 | 40.18 | 950m: 12:20.21 | 40.93 | 1350m: 17:45.19 | 40.96 | |
| | 200m: 2:22.83 | 38.25 | 600m: 7:39.02 | 40.38 | 1000m: 13:00.57 | 40.36 | 1400m: 18:25.79 | 40.60 | |
| | 250m: 3:01.62 | 38.79 | 650m: 8:19.31 | 40.29 | 1050m: 13:40.96 | 40.39 | 1450m: 19:06.25 | 40.46 | |
| | 300m: 3:40.38 | 38.76 | 700m: 8:58.97 | 39.66 | 1100m: 14:20.80 | 39.84 | 1500m: 19:45.73 | 39.48 | |
| | 350m: 4:19.30 | 38.92 | 750m: 9:38.78 | 39.81 | 1150m: 15:01.50 | 40.70 | | | |
| | 400m: 4:58.49 | 39.19 | 800m: 10:18.42 | 39.64 | 1200m: 15:43.23 | 41.73 | | | |
| 3. | Jeroen Matthijssen | AZC | NED | 199103751 | | | 20:43.84 | +0.72 | |
| | 50m: 30.98 | 30.98 | 450m: 5:47.29 | 41.88 | 850m: 11:24.98 | 43.01 | 1250m: 17:06.85 | 43.13 | |
| | 100m: 1:06.26 | 35.28 | 500m: 6:29.80 | 42.51 | 900m: 12:07.74 | 42.76 | 1300m: 17:50.04 | 43.19 | |
| | 150m: 1:43.49 | 37.23 | 550m: 7:11.27 | 41.47 | 950m: 12:50.87 | 43.13 | 1350m: 18:33.50 | 43.46 | |
| | 200m: 2:22.92 | 39.43 | 600m: 7:53.41 | 42.14 | 1000m: 13:33.07 | 42.20 | 1400m: 19:15.95 | 42.45 | |
| | 250m: 3:02.80 | 39.88 | 650m: 8:35.61 | 42.20 | 1050m: 14:15.81 | 42.74 | 1450m: 19:59.59 | 43.64 | |
| | 300m: 3:42.90 | 40.10 | 700m: 9:17.82 | 42.21 | 1100m: 14:58.55 | 42.74 | 1500m: 20:43.84 | 44.25 | |
| | 350m: 4:23.92 | 41.02 | 750m: 9:59.59 | 41.77 | 1150m: 15:40.83 | 42.28 | | | |
| | 400m: 5:05.41 | 41.49 | 800m: 10:41.97 | 42.38 | 1200m: 16:23.72 | 42.89 | | | |
| 4. | Niels Bent | WS Twente | NED | 199400465 | | | 21:18.58 | +0.85 | |
| | 50m: 35.00 | 35.00 | 450m: 6:10.47 | 42.95 | 850m: 11:55.00 | 43.09 | 1250m: 17:45.06 | 43.41 | |
| | 100m: 1:14.04 | 39.04 | 500m: 6:53.62 | 43.15 | 900m: 12:38.36 | 43.36 | 1300m: 18:28.80 | 43.74 | |
| | 150m: 1:54.77 | 40.73 | 550m: 7:36.79 | 43.17 | 950m: 13:22.37 | 44.01 | 1350m: 19:12.05 | 43.25 | |
| | 200m: 2:37.19 | 42.42 | 600m: 8:19.94 | 43.15 | 1000m: 14:06.35 | 43.98 | 1400m: 19:54.91 | 42.86 | |
| | 250m: 3:20.14 | 42.95 | 650m: 9:03.18 | 43.24 | 1050m: 14:50.68 | 44.33 | 1450m: 20:37.18 | 42.27 | |
| | 300m: 4:02.48 | 42.34 | 700m: 9:46.43 | 43.25 | 1100m: 15:33.80 | 43.12 | 1500m: 21:18.58 | 41.40 | |
| | 350m: 4:44.93 | 42.45 | 750m: 10:29.07 | 42.64 | 1150m: 16:17.51 | 43.71 | | | |
| | 400m: 5:27.52 | 42.59 | 800m: 11:11.91 | 42.84 | 1200m: 17:01.65 | 44.14 | | | |
| 5. | Marc Hoogendam | Blue Marlins | NED | 199007713 | | | 21:54.91 | +0.71 | |
| | 50m: 33.61 | 33.61 | 450m: 6:16.19 | 45.10 | 850m: 12:15.98 | 45.59 | 1250m: 18:21.19 | 45.22 | |
| | 100m: 1:13.07 | 39.46 | 500m: 7:00.56 | 44.37 | 900m: 13:01.75 | 45.77 | 1300m: 19:05.18 | 43.99 | |
| | 150m: 1:54.22 | 41.15 | 550m: 7:44.79 | 44.23 | 950m: 13:46.74 | 44.99 | 1350m: 19:48.74 | 43.56 | |
| | 200m: 2:36.19 | 41.97 | 600m: 8:29.65 | 44.86 | 1000m: 14:33.03 | 46.29 | 1400m: 20:31.62 | 42.88 | |
| | 250m: 3:18.69 | 42.50 | 650m: 9:14.27 | 44.62 | 1050m: 15:18.77 | 45.74 | 1450m: 21:14.17 | 42.55 | |
| | 300m: 4:02.86 | 44.17 | 700m: 9:59.68 | 45.41 | 1100m: 16:04.76 | 45.99 | 1500m: 21:54.91 | 40.74 | |
| | 350m: 4:46.44 | 43.58 | 750m: 10:44.52 | 44.84 | 1150m: 16:50.68 | 45.92 | | | |
| | 400m: 5:31.09 | 44.65 | 800m: 11:30.39 | 45.87 | 1200m: 17:35.97 | 45.29 | | | |

Programmanr. 1, Heren, 1500m vrije slag

Masters 35+

| | | | | | | | | | | | |
|-------------------------------|---------|----------------------------|-------|---------------|-------|---------------------|----------|--------------|--------|----------|-------|
| 1. Ozkan Dizar | | Uskudar su sporlari kulubu | | TUR | | 19:12.89 | | +0.76 | | | |
| <i>Turkish Masters Redord</i> | | | | | | | | | | | |
| 50m: | 33.13 | 33.13 | 450m: | 5:35.94 | 38.69 | 850m: | 10:46.59 | 38.87 | 1250m: | 15:59.76 | 39.43 |
| 100m: | 1:09.68 | 36.55 | 500m: | 6:14.41 | 38.47 | 900m: | 11:25.67 | 39.08 | 1300m: | 16:39.00 | 39.24 |
| 150m: | 1:46.95 | 37.27 | 550m: | 6:53.61 | 39.20 | 950m: | 12:04.87 | 39.20 | 1350m: | 17:18.65 | 39.65 |
| 200m: | 2:24.72 | 37.77 | 600m: | 7:32.42 | 38.81 | 1000m: | 12:43.84 | 38.97 | 1400m: | 17:57.95 | 39.30 |
| 250m: | 3:02.64 | 37.92 | 650m: | 8:11.36 | 38.94 | 1050m: | 13:22.90 | 39.06 | 1450m: | 18:36.86 | 38.91 |
| 300m: | 3:40.56 | 37.92 | 700m: | 8:50.05 | 38.69 | 1100m: | 14:01.92 | 39.02 | 1500m: | 19:12.89 | 36.03 |
| 350m: | 4:18.88 | 38.32 | 750m: | 9:28.98 | 38.93 | 1150m: | 14:41.21 | 39.29 | | | |
| 400m: | 4:57.25 | 38.37 | 800m: | 10:07.72 | 38.74 | 1200m: | 15:20.33 | 39.12 | | | |
| 2. Niels Albrechts | | De Schotejil | | NED 198800039 | | 19:25.36 | | +0.83 | | | |
| 50m: | 33.67 | 33.67 | 450m: | 5:40.60 | 38.74 | 850m: | 10:54.07 | 39.02 | 1250m: | 16:09.49 | 39.15 |
| 100m: | 1:10.96 | 37.29 | 500m: | 6:20.05 | 39.45 | 900m: | 11:33.34 | 39.27 | 1300m: | 16:50.19 | 40.70 |
| 150m: | 1:48.98 | 38.02 | 550m: | 6:58.99 | 38.94 | 950m: | 12:12.64 | 39.30 | 1350m: | 17:30.21 | 40.02 |
| 200m: | 2:27.10 | 38.12 | 600m: | 7:38.18 | 39.19 | 1000m: | 12:52.23 | 39.59 | 1400m: | 18:10.28 | 40.07 |
| 250m: | 3:05.28 | 38.18 | 650m: | 8:16.98 | 38.80 | 1050m: | 13:31.60 | 39.37 | 1450m: | 18:49.31 | 39.03 |
| 300m: | 3:44.12 | 38.84 | 700m: | 8:56.32 | 39.34 | 1100m: | 14:10.91 | 39.31 | 1500m: | 19:25.36 | 36.05 |
| 350m: | 4:22.86 | 38.74 | 750m: | 9:35.10 | 38.78 | 1150m: | 14:49.99 | 39.08 | | | |
| 400m: | 5:01.86 | 39.00 | 800m: | 10:15.05 | 39.95 | 1200m: | 15:30.34 | 40.35 | | | |
| 3. Wessel Everloo | | WS Twente | | NED 198906597 | | S14 19:35.82 | | +0.87 | | 665 | |
| 50m: | 33.45 | 33.45 | 450m: | 5:42.36 | 39.77 | 850m: | 10:57.77 | 39.78 | 1250m: | 16:18.76 | 41.18 |
| 100m: | 1:10.44 | 36.99 | 500m: | 6:21.82 | 39.46 | 900m: | 11:37.07 | 39.30 | 1300m: | 16:59.13 | 40.37 |
| 150m: | 1:48.80 | 38.36 | 550m: | 7:01.03 | 39.21 | 950m: | 12:16.64 | 39.57 | 1350m: | 17:40.02 | 40.89 |
| 200m: | 2:27.03 | 38.23 | 600m: | 7:41.26 | 40.23 | 1000m: | 12:57.40 | 40.76 | 1400m: | 18:20.20 | 40.18 |
| 250m: | 3:05.15 | 38.12 | 650m: | 8:20.14 | 38.88 | 1050m: | 13:36.63 | 39.23 | 1450m: | 18:59.34 | 39.14 |
| 300m: | 3:44.12 | 38.97 | 700m: | 8:59.74 | 39.60 | 1100m: | 14:16.46 | 39.83 | 1500m: | 19:35.82 | 36.48 |
| 350m: | 4:23.30 | 39.18 | 750m: | 9:38.54 | 38.80 | 1150m: | 14:56.33 | 39.87 | | | |
| 400m: | 5:02.59 | 39.29 | 800m: | 10:17.99 | 39.45 | 1200m: | 15:37.58 | 41.25 | | | |
| 4. Mark Godwaldt | | PSV | | NED 198701039 | | 21:55.52 | | +0.86 | | | |
| 50m: | 34.36 | 34.36 | 450m: | 6:17.39 | 43.94 | 850m: | 12:16.35 | 44.63 | 1250m: | 18:12.73 | 45.10 |
| 100m: | 1:15.44 | 41.08 | 500m: | 7:01.98 | 44.59 | 900m: | 13:01.41 | 45.06 | 1300m: | 18:57.72 | 44.99 |
| 150m: | 1:56.79 | 41.35 | 550m: | 7:46.20 | 44.22 | 950m: | 13:46.52 | 45.11 | 1350m: | 19:42.16 | 44.44 |
| 200m: | 2:40.06 | 43.27 | 600m: | 8:31.33 | 45.13 | 1000m: | 14:31.78 | 45.26 | 1400m: | 20:27.37 | 45.21 |
| 250m: | 3:23.39 | 43.33 | 650m: | 9:16.42 | 45.09 | 1050m: | 15:15.79 | 44.01 | 1450m: | 21:12.11 | 44.74 |
| 300m: | 4:06.65 | 43.26 | 700m: | 10:01.44 | 45.02 | 1100m: | 16:00.18 | 44.39 | 1500m: | 21:55.52 | 43.41 |
| 350m: | 4:50.02 | 43.37 | 750m: | 10:46.15 | 44.71 | 1150m: | 16:42.80 | 42.62 | | | |
| 400m: | 5:33.45 | 43.43 | 800m: | 11:31.72 | 45.57 | 1200m: | 17:27.63 | 44.83 | | | |
| 5. Sander van Tilburg | | De Biesboschzwemmers | | NED 198604609 | | 22:21.13 | | +0.83 | | | |
| 50m: | 38.83 | 38.83 | 450m: | 6:37.77 | 45.33 | 850m: | 12:40.46 | 44.96 | 1250m: | 18:42.80 | 45.20 |
| 100m: | 1:22.02 | 43.19 | 500m: | 7:22.93 | 45.16 | 900m: | 13:26.04 | 45.58 | 1300m: | 19:28.35 | 45.55 |
| 150m: | 2:06.85 | 44.83 | 550m: | 8:08.25 | 45.32 | 950m: | 14:11.40 | 45.36 | 1350m: | 20:12.70 | 44.35 |
| 200m: | 2:51.33 | 44.48 | 600m: | 8:53.65 | 45.40 | 1000m: | 14:56.94 | 45.54 | 1400m: | 20:57.58 | 44.88 |
| 250m: | 3:36.32 | 44.99 | 650m: | 9:39.15 | 45.50 | 1050m: | 15:42.29 | 45.35 | 1450m: | 21:40.79 | 43.21 |
| 300m: | 4:21.61 | 45.29 | 700m: | 10:24.58 | 45.43 | 1100m: | 16:27.99 | 45.70 | 1500m: | 22:21.13 | 40.34 |
| 350m: | 5:06.72 | 45.11 | 750m: | 11:10.00 | 45.42 | 1150m: | 17:12.75 | 44.76 | | | |
| 400m: | 5:52.44 | 45.72 | 800m: | 11:55.50 | 45.50 | 1200m: | 17:57.60 | 44.85 | | | |
| 6. Rudi Butselaar | | GoSwim | | NED 198700577 | | 25:16.38 | | +0.85 | | | |
| 50m: | 38.18 | 38.18 | 450m: | 7:06.79 | 50.90 | 850m: | 13:59.83 | 52.15 | 1250m: | 20:55.07 | 51.56 |
| 100m: | 1:21.94 | 43.76 | 500m: | 7:58.42 | 51.63 | 900m: | 14:50.91 | 51.08 | 1300m: | 21:46.94 | 51.87 |
| 150m: | 2:07.75 | 45.81 | 550m: | 8:49.96 | 51.54 | 950m: | 15:43.56 | 52.65 | 1350m: | 22:39.50 | 52.56 |
| 200m: | 2:56.16 | 48.41 | 600m: | 9:41.88 | 51.92 | 1000m: | 16:35.38 | 51.82 | 1400m: | 23:31.92 | 52.42 |
| 250m: | 3:44.48 | 48.32 | 650m: | 10:33.32 | 51.44 | 1050m: | 17:28.06 | 52.68 | 1450m: | 24:24.76 | 52.84 |
| 300m: | 4:34.44 | 49.96 | 700m: | 11:24.58 | 51.26 | 1100m: | 18:19.79 | 51.73 | 1500m: | 25:16.38 | 51.62 |
| 350m: | 5:25.56 | 51.12 | 750m: | 12:16.43 | 51.85 | 1150m: | 19:12.07 | 52.28 | | | |
| 400m: | 6:15.89 | 50.33 | 800m: | 13:07.68 | 51.25 | 1200m: | 20:03.51 | 51.44 | | | |

Masters 40+

| | | | | | | | | | | | |
|----------------------|---------|--------------|-------|---------------|-------|-----------------|----------|--------------|--------|----------|-------|
| 1. Frank v.d. Voordt | | De Schotejil | | NED 198302259 | | 19:13.45 | | +0.80 | | | |
| 50m: | 33.15 | 33.15 | 450m: | 5:40.56 | 38.57 | 850m: | 10:49.60 | 38.71 | 1250m: | 15:59.89 | 38.47 |
| 100m: | 1:10.14 | 36.99 | 500m: | 6:19.49 | 38.93 | 900m: | 11:28.67 | 39.07 | 1300m: | 16:38.91 | 39.02 |
| 150m: | 1:48.33 | 38.19 | 550m: | 6:57.77 | 38.28 | 950m: | 12:07.34 | 38.67 | 1350m: | 17:18.16 | 39.25 |
| 200m: | 2:27.19 | 38.86 | 600m: | 7:36.57 | 38.80 | 1000m: | 12:46.21 | 38.87 | 1400m: | 17:57.43 | 39.27 |
| 250m: | 3:05.97 | 38.78 | 650m: | 8:15.07 | 38.50 | 1050m: | 13:25.05 | 38.84 | 1450m: | 18:35.75 | 38.32 |
| 300m: | 3:44.84 | 38.87 | 700m: | 8:53.74 | 38.67 | 1100m: | 14:03.63 | 38.58 | 1500m: | 19:13.45 | 37.70 |
| 350m: | 4:22.98 | 38.14 | 750m: | 9:32.17 | 38.43 | 1150m: | 14:42.23 | 38.60 | | | |
| 400m: | 5:01.99 | 39.01 | 800m: | 10:10.89 | 38.72 | 1200m: | 15:21.42 | 39.19 | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 40+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|----------------------|------------|----------------|-------|-----------------|-------|-----------------|--------------|------|
| 2. | Martin van Vaardegem | GoSwim | NED 198201767 | | | | 23:32.18 | +0.86 | |
| | 50m: 38.17 | 38.17 | 450m: 6:51.44 | 47.36 | 850m: 13:10.15 | 47.52 | 1250m: 19:33.54 | 48.19 | |
| | 100m: 1:22.04 | 43.87 | 500m: 7:39.34 | 47.90 | 900m: 13:57.90 | 47.75 | 1300m: 20:21.69 | 48.15 | |
| | 150m: 2:08.02 | 45.98 | 550m: 8:26.77 | 47.43 | 950m: 14:45.41 | 47.51 | 1350m: 21:09.87 | 48.18 | |
| | 200m: 2:54.64 | 46.62 | 600m: 9:13.99 | 47.22 | 1000m: 15:33.32 | 47.91 | 1400m: 21:58.32 | 48.45 | |
| | 250m: 3:41.97 | 47.33 | 650m: 10:00.92 | 46.93 | 1050m: 16:21.16 | 47.84 | 1450m: 22:46.38 | 48.06 | |
| | 300m: 4:28.93 | 46.96 | 700m: 10:48.06 | 47.14 | 1100m: 17:09.26 | 48.10 | 1500m: 23:32.18 | 45.80 | |
| | 350m: 5:16.56 | 47.63 | 750m: 11:35.49 | 47.43 | 1150m: 17:57.15 | 47.89 | | | |
| | 400m: 6:04.08 | 47.52 | 800m: 12:22.63 | 47.14 | 1200m: 18:45.35 | 48.20 | | | |
| 3. | Arne-Willem Kroonen | PSV | NED 198401297 | | | | 23:43.18 | +0.89 | |
| | 50m: 39.83 | 39.83 | 450m: 6:49.14 | 47.51 | 850m: 13:16.29 | 48.54 | 1250m: 19:50.78 | 50.18 | |
| | 100m: 1:24.52 | 44.69 | 500m: 7:37.17 | 48.03 | 900m: 14:05.28 | 48.99 | 1300m: 20:40.30 | 49.52 | |
| | 150m: 2:09.20 | 44.68 | 550m: 8:25.78 | 48.61 | 950m: 14:54.32 | 49.04 | 1350m: 21:30.12 | 49.82 | |
| | 200m: 2:55.11 | 45.91 | 600m: 9:14.00 | 48.22 | 1000m: 15:43.08 | 48.76 | 1400m: 22:17.43 | 47.31 | |
| | 250m: 3:41.02 | 45.91 | 650m: 10:02.25 | 48.25 | 1050m: 16:32.23 | 49.15 | 1450m: 23:02.84 | 45.41 | |
| | 300m: 4:27.46 | 46.44 | 700m: 10:50.86 | 48.61 | 1100m: 17:21.52 | 49.29 | 1500m: 23:43.18 | 40.34 | |
| | 350m: 5:14.62 | 47.16 | 750m: 11:39.50 | 48.64 | 1150m: 18:10.83 | 49.31 | | | |
| | 400m: 6:01.63 | 47.01 | 800m: 12:27.75 | 48.25 | 1200m: 19:00.60 | 49.77 | | | |

Masters 45+

| | | | | | | | | | |
|----|-------------------------------|--------------------------------|------------------|-------|-----------------|-------|-----------------|--------------|--|
| 1. | Ben Rutten | Flemish Ardennes Swimming Team | BEL FAST/1100676 | | | | 18:52.00 | +1.06 | |
| | 50m: 33.55 | 33.55 | 450m: 5:33.97 | 37.48 | 850m: 10:37.16 | 37.97 | 1250m: 15:41.68 | 38.16 | |
| | 100m: 1:11.20 | 37.65 | 500m: 6:11.45 | 37.48 | 900m: 11:15.14 | 37.98 | 1300m: 16:19.53 | 37.85 | |
| | 150m: 1:48.44 | 37.24 | 550m: 6:49.31 | 37.86 | 950m: 11:52.89 | 37.75 | 1350m: 16:57.80 | 38.27 | |
| | 200m: 2:26.23 | 37.79 | 600m: 7:27.21 | 37.90 | 1000m: 12:30.82 | 37.93 | 1400m: 17:35.74 | 37.94 | |
| | 250m: 3:03.73 | 37.50 | 650m: 8:05.23 | 38.02 | 1050m: 13:08.89 | 38.07 | 1450m: 18:14.24 | 38.50 | |
| | 300m: 3:41.38 | 37.65 | 700m: 8:43.33 | 38.10 | 1100m: 13:47.01 | 38.12 | 1500m: 18:52.00 | 37.76 | |
| | 350m: 4:18.80 | 37.42 | 750m: 9:21.06 | 37.73 | 1150m: 14:25.23 | 38.22 | | | |
| | 400m: 4:56.49 | 37.69 | 800m: 9:59.19 | 38.13 | 1200m: 15:03.52 | 38.29 | | | |
| 2. | Mark Sponeck | San Giljan ASC | MLT 388523M | | | | 19:53.89 | +0.73 | |
| | <i>Maltese Masters Record</i> | | | | | | | | |
| | 50m: 33.55 | 33.55 | 450m: 5:43.56 | 39.78 | 850m: 11:03.41 | 40.14 | 1250m: 16:29.16 | 41.53 | |
| | 100m: 1:09.83 | 36.28 | 500m: 6:23.57 | 40.01 | 900m: 11:43.77 | 40.36 | 1300m: 17:10.42 | 41.26 | |
| | 150m: 1:47.12 | 37.29 | 550m: 7:03.42 | 39.85 | 950m: 12:24.05 | 40.28 | 1350m: 17:51.46 | 41.04 | |
| | 200m: 2:26.21 | 39.09 | 600m: 7:43.37 | 39.95 | 1000m: 13:04.61 | 40.56 | 1400m: 18:33.12 | 41.66 | |
| | 250m: 3:05.18 | 38.97 | 650m: 8:23.11 | 39.74 | 1050m: 13:44.93 | 40.32 | 1450m: 19:14.34 | 41.22 | |
| | 300m: 3:44.69 | 39.51 | 700m: 9:03.20 | 40.09 | 1100m: 14:25.65 | 40.72 | 1500m: 19:53.89 | 39.55 | |
| | 350m: 4:23.87 | 39.18 | 750m: 9:43.00 | 39.80 | 1150m: 15:06.36 | 40.71 | | | |
| | 400m: 5:03.78 | 39.91 | 800m: 10:23.27 | 40.27 | 1200m: 15:47.63 | 41.27 | | | |
| 3. | Freddie Geerlings | Zwemsport Parkstad | NED 197900379 | | | | 20:46.71 | +0.90 | |
| | 50m: 34.68 | 34.68 | 450m: 6:03.23 | 41.90 | 850m: 11:41.50 | 42.41 | 1250m: 17:20.58 | 42.12 | |
| | 100m: 1:14.24 | 39.56 | 500m: 6:45.34 | 42.11 | 900m: 12:24.44 | 42.94 | 1300m: 18:02.78 | 42.20 | |
| | 150m: 1:54.69 | 40.45 | 550m: 7:27.24 | 41.90 | 950m: 13:07.02 | 42.58 | 1350m: 18:44.64 | 41.86 | |
| | 200m: 2:35.61 | 40.92 | 600m: 8:09.75 | 42.51 | 1000m: 13:49.72 | 42.70 | 1400m: 19:26.94 | 42.30 | |
| | 250m: 3:16.20 | 40.59 | 650m: 8:52.09 | 42.34 | 1050m: 14:32.45 | 42.73 | 1450m: 20:07.64 | 40.70 | |
| | 300m: 3:57.86 | 41.66 | 700m: 9:34.70 | 42.61 | 1100m: 15:14.82 | 42.37 | 1500m: 20:46.71 | 39.07 | |
| | 350m: 4:39.51 | 41.65 | 750m: 10:16.77 | 42.07 | 1150m: 15:56.38 | 41.56 | | | |
| | 400m: 5:21.33 | 41.82 | 800m: 10:59.09 | 42.32 | 1200m: 16:38.46 | 42.08 | | | |
| 4. | Ruud Holswilder | ZPCH | NED 197800435 | | | | 21:00.51 | +0.78 | |
| | 50m: 34.39 | 34.39 | 450m: 6:12.89 | 43.36 | 850m: 11:50.29 | 42.06 | 1250m: 17:33.50 | 43.49 | |
| | 100m: 1:14.20 | 39.81 | 500m: 6:54.86 | 41.97 | 900m: 12:32.48 | 42.19 | 1300m: 18:16.92 | 43.42 | |
| | 150m: 1:55.88 | 41.68 | 550m: 7:37.37 | 42.51 | 950m: 13:15.35 | 42.87 | 1350m: 19:00.33 | 43.41 | |
| | 200m: 2:37.62 | 41.74 | 600m: 8:19.12 | 41.75 | 1000m: 13:57.62 | 42.27 | 1400m: 19:43.12 | 42.79 | |
| | 250m: 3:20.56 | 42.94 | 650m: 9:02.33 | 43.21 | 1050m: 14:40.77 | 43.15 | 1450m: 20:24.83 | 41.71 | |
| | 300m: 4:03.36 | 42.80 | 700m: 9:44.04 | 41.71 | 1100m: 15:23.62 | 42.85 | 1500m: 21:00.51 | 35.68 | |
| | 350m: 4:46.95 | 43.59 | 750m: 10:26.84 | 42.80 | 1150m: 16:06.89 | 43.27 | | | |
| | 400m: 5:29.53 | 42.58 | 800m: 11:08.23 | 41.39 | 1200m: 16:50.01 | 43.12 | | | |
| 5. | Erwin Zuidervelt | AZ&PC De Futen | NED 197501015 | | | | 22:16.12 | +0.88 | |
| | 50m: 38.61 | 38.61 | 450m: 6:27.42 | 43.68 | 850m: 12:27.22 | 45.01 | 1250m: 18:31.58 | 46.71 | |
| | 100m: 1:20.96 | 42.35 | 500m: 7:11.64 | 44.22 | 900m: 13:12.17 | 44.95 | 1300m: 19:17.68 | 46.10 | |
| | 150m: 2:04.39 | 43.43 | 550m: 7:56.47 | 44.83 | 950m: 13:57.42 | 45.25 | 1350m: 20:03.36 | 45.68 | |
| | 200m: 2:47.93 | 43.54 | 600m: 8:41.30 | 44.83 | 1000m: 14:42.58 | 45.16 | 1400m: 20:48.72 | 45.36 | |
| | 250m: 3:31.38 | 43.45 | 650m: 9:27.01 | 45.71 | 1050m: 15:28.18 | 45.60 | 1450m: 21:34.71 | 45.99 | |
| | 300m: 4:15.42 | 44.04 | 700m: 10:11.76 | 44.75 | 1100m: 16:12.75 | 44.57 | 1500m: 22:16.12 | 41.41 | |
| | 350m: 4:59.55 | 44.13 | 750m: 10:57.46 | 45.70 | 1150m: 16:57.94 | 45.19 | | | |
| | 400m: 5:43.74 | 44.19 | 800m: 11:42.21 | 44.75 | 1200m: 17:44.87 | 46.93 | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

| rang | naam | vereniging | tijd | RT | PARA | |
|------|---------------|--|-----------------------|--------------|-----------------|-------|
| 6. | Bart Liekens | ShaRK - Swimming Region KemçBEL SHARK/10374/79 | 22:20.99 | +0.83 | | |
| | 50m: 37.69 | 37.69 450m: 6:37.82 | 45.64 850m: 12:40.34 | 45.42 | 1250m: 18:42.12 | 45.17 |
| | 100m: 1:21.90 | 44.21 500m: 7:23.02 | 45.20 900m: 13:25.76 | 45.42 | 1300m: 19:27.21 | 45.09 |
| | 150m: 2:07.44 | 45.54 550m: 8:08.58 | 45.56 950m: 14:11.32 | 45.56 | 1350m: 20:11.91 | 44.70 |
| | 200m: 2:52.71 | 45.27 600m: 8:53.64 | 45.06 1000m: 14:56.50 | 45.18 | 1400m: 20:56.76 | 44.85 |
| | 250m: 3:36.49 | 43.78 650m: 9:38.95 | 45.31 1050m: 15:41.76 | 45.26 | 1450m: 21:40.82 | 44.06 |
| | 300m: 4:21.28 | 44.79 700m: 10:24.48 | 45.53 1100m: 16:26.88 | 45.12 | 1500m: 22:20.99 | 40.17 |
| | 350m: 5:06.59 | 45.31 750m: 11:09.74 | 45.26 1150m: 17:11.94 | 45.06 | | |
| | 400m: 5:52.18 | 45.59 800m: 11:54.92 | 45.18 1200m: 17:56.95 | 45.01 | | |
| 7. | Tom Bandsma | PSV NED 197701625 | 24:23.92 | +1.18 | | |
| | 50m: 39.80 | 39.80 450m: 6:58.31 | 48.92 850m: 13:36.20 | 50.20 | 1250m: 20:20.04 | 50.37 |
| | 100m: 1:23.78 | 43.98 500m: 7:47.52 | 49.21 900m: 14:27.10 | 50.90 | 1300m: 21:10.57 | 50.53 |
| | 150m: 2:09.51 | 45.73 550m: 8:37.01 | 49.49 950m: 15:17.19 | 50.09 | 1350m: 21:59.59 | 49.02 |
| | 200m: 2:56.24 | 46.73 600m: 9:26.30 | 49.29 1000m: 16:07.93 | 50.74 | 1400m: 22:50.13 | 50.54 |
| | 250m: 3:44.35 | 48.11 650m: 10:15.97 | 49.67 1050m: 16:57.81 | 49.88 | 1450m: 23:38.30 | 48.17 |
| | 300m: 4:32.11 | 47.76 700m: 11:06.02 | 50.05 1100m: 17:49.00 | 51.19 | 1500m: 24:23.92 | 45.62 |
| | 350m: 5:20.84 | 48.73 750m: 11:55.67 | 49.65 1150m: 18:39.64 | 50.64 | | |
| | 400m: 6:09.39 | 48.55 800m: 12:46.00 | 50.33 1200m: 19:29.67 | 50.03 | | |

Masters 50+

| | | | | | | |
|----|---------------------------|---------------------------------------|-----------------------|--------------|-----------------|-------|
| 1. | Ingmar de Gelder *200m | ZOB'66 NED 197000333 | 20:45.59 | +1.01 | | |
| | 50m: 35.22 | 35.22 450m: 6:05.06 | 42.22 850m: 11:43.33 | 41.88 | 1250m: 17:20.27 | 41.15 |
| | 100m: 1:13.73 | 38.51 500m: 6:47.11 | 42.05 900m: 12:25.91 | 42.58 | 1300m: 18:02.69 | 42.42 |
| | 150m: 1:53.47 | 39.74 550m: 7:29.46 | 42.35 950m: 13:07.59 | 41.68 | 1350m: 18:44.13 | 41.44 |
| | 200m: 2:34.87 | 41.40 600m: 8:11.90 | 42.44 1000m: 13:49.68 | 42.09 | 1400m: 19:26.93 | 42.80 |
| | 250m: 3:16.44 | 41.57 650m: 8:54.22 | 42.32 1050m: 14:31.91 | 42.23 | 1450m: 20:08.06 | 41.13 |
| | 300m: 3:58.68 | 42.24 700m: 9:36.79 | 42.57 1100m: 15:14.54 | 42.63 | 1500m: 20:45.59 | 37.53 |
| | 350m: 4:40.65 | 41.97 750m: 10:18.99 | 42.20 1150m: 15:56.69 | 42.15 | | |
| | 400m: 5:22.84 | 42.19 800m: 11:01.45 | 42.46 1200m: 16:39.12 | 42.43 | | |
| 2. | Paul Bosch | Team Noord Holland (SG) NED 197201533 | 21:10.83 | +0.87 | | |
| | 50m: 37.97 | 37.97 450m: 6:14.03 | 42.36 850m: 11:54.08 | 43.00 | 1250m: 17:39.60 | 43.00 |
| | 100m: 1:19.24 | 41.27 500m: 6:56.10 | 42.07 900m: 12:37.00 | 42.92 | 1300m: 18:23.05 | 43.45 |
| | 150m: 2:01.13 | 41.89 550m: 7:37.98 | 41.88 950m: 13:20.30 | 43.30 | 1350m: 19:05.30 | 42.25 |
| | 200m: 2:43.01 | 41.88 600m: 8:20.02 | 42.04 1000m: 14:03.39 | 43.09 | 1400m: 19:47.71 | 42.41 |
| | 250m: 3:25.21 | 42.20 650m: 9:02.59 | 42.57 1050m: 14:46.06 | 42.67 | 1450m: 20:29.89 | 42.18 |
| | 300m: 4:07.26 | 42.05 700m: 9:45.43 | 42.84 1100m: 15:29.13 | 43.07 | 1500m: 21:10.83 | 40.94 |
| | 350m: 4:49.50 | 42.24 750m: 10:28.05 | 42.62 1150m: 16:12.51 | 43.38 | | |
| | 400m: 5:31.67 | 42.17 800m: 11:11.08 | 43.03 1200m: 16:56.60 | 44.09 | | |
| 3. | Chris Kouwenhoven | De Grunte NED 197101669 | 21:31.15 | | | |
| | 50m: 36.39 | 36.39 450m: 6:17.25 | 43.07 850m: 12:03.69 | 43.51 | 1250m: 17:53.83 | 43.62 |
| | 100m: 1:17.82 | 41.43 500m: 7:00.71 | 43.46 900m: 12:46.90 | 43.21 | 1300m: 18:37.78 | 43.95 |
| | 150m: 1:59.62 | 41.80 550m: 7:44.07 | 43.36 950m: 13:30.60 | 43.70 | 1350m: 19:21.63 | 43.85 |
| | 200m: 2:42.04 | 42.42 600m: 8:27.62 | 43.55 1000m: 14:14.89 | 44.29 | 1400m: 20:05.41 | 43.78 |
| | 250m: 3:24.46 | 42.42 650m: 9:10.65 | 43.03 1050m: 14:58.55 | 43.66 | 1450m: 20:48.71 | 43.30 |
| | 300m: 4:07.41 | 42.95 700m: 9:53.56 | 42.91 1100m: 15:42.64 | 44.09 | 1500m: 21:31.15 | 42.44 |
| | 350m: 4:50.47 | 43.06 750m: 10:36.95 | 43.39 1150m: 16:26.08 | 43.44 | | |
| | 400m: 5:34.18 | 43.71 800m: 11:20.18 | 43.23 1200m: 17:10.21 | 44.13 | | |
| 4. | Eric Hoekman | WS Twente NED 197401531 | 21:56.54 | +0.89 | | |
| | 50m: 34.91 | 34.91 450m: 6:17.03 | 44.31 850m: 12:16.90 | 45.45 | 1250m: 18:17.64 | 45.66 |
| | 100m: 1:12.95 | 38.04 500m: 7:01.73 | 44.70 900m: 13:02.03 | 45.13 | 1300m: 19:02.36 | 44.72 |
| | 150m: 1:54.25 | 41.30 550m: 7:47.59 | 45.86 950m: 13:47.25 | 45.22 | 1350m: 19:46.83 | 44.47 |
| | 200m: 2:36.92 | 42.67 600m: 8:32.53 | 44.94 1000m: 14:30.70 | 43.45 | 1400m: 20:31.45 | 44.62 |
| | 250m: 3:20.68 | 43.76 650m: 9:17.12 | 44.59 1050m: 15:16.38 | 45.68 | 1450m: 21:15.40 | 43.95 |
| | 300m: 4:04.02 | 43.34 700m: 10:01.05 | 43.93 1100m: 16:01.22 | 44.84 | 1500m: 21:56.54 | 41.14 |
| | 350m: 4:48.68 | 44.66 750m: 10:46.60 | 45.55 1150m: 16:46.63 | 45.41 | | |
| | 400m: 5:32.72 | 44.04 800m: 11:31.45 | 44.85 1200m: 17:31.98 | 45.35 | | |
| 5. | Wouter van der Stelt | De Biesboschzwemmers NED 197200889 | 23:46.13 | +1.01 | | |
| | 50m: 38.20 | 38.20 450m: 6:52.05 | 47.12 850m: 13:16.16 | 48.58 | 1250m: 19:44.91 | 48.32 |
| | 100m: 1:22.10 | 43.90 500m: 7:40.25 | 48.20 900m: 14:04.84 | 48.68 | 1300m: 20:34.06 | 49.15 |
| | 150m: 2:07.94 | 45.84 550m: 8:27.42 | 47.17 950m: 14:53.09 | 48.25 | 1350m: 21:22.70 | 48.64 |
| | 200m: 2:54.78 | 46.84 600m: 9:15.36 | 47.94 1000m: 15:41.84 | 48.75 | 1400m: 22:10.86 | 48.16 |
| | 250m: 3:42.10 | 47.32 650m: 10:03.14 | 47.78 1050m: 16:30.12 | 48.28 | 1450m: 22:59.90 | 49.04 |
| | 300m: 4:29.46 | 47.36 700m: 10:50.86 | 47.72 1100m: 17:18.45 | 48.33 | 1500m: 23:46.13 | 46.23 |
| | 350m: 5:16.91 | 47.45 750m: 11:39.32 | 48.46 1150m: 18:07.14 | 48.69 | | |
| | 400m: 6:04.93 | 48.02 800m: 12:27.58 | 48.26 1200m: 18:56.59 | 49.45 | | |



Programmanr. 1, Heren, 1500m vrije slag

Masters 55+

| | | | | | | | |
|------------------------------|---------------|-----------------------------|----------------|-----------|-----------------|--------|----------------|
| 1. Jan-Willem van den Berg | | WVZ | NED | 196801575 | 21:24.72 | +0.76 | |
| 50m: | 36.01 36.01 | 450m: | 6:15.11 42.65 | 850m: | 11:57.37 42.66 | 1250m: | 17:45.69 43.91 |
| 100m: | 1:16.82 40.81 | 500m: | 6:57.87 42.76 | 900m: | 12:40.42 43.05 | 1300m: | 18:29.73 44.04 |
| 150m: | 1:59.00 42.18 | 550m: | 7:40.49 42.62 | 950m: | 13:23.28 42.86 | 1350m: | 19:13.46 43.73 |
| 200m: | 2:41.75 42.75 | 600m: | 8:23.34 42.85 | 1000m: | 14:06.84 43.56 | 1400m: | 19:57.59 44.13 |
| 250m: | 3:24.18 42.43 | 650m: | 9:05.66 42.32 | 1050m: | 14:49.95 43.11 | 1450m: | 20:41.48 43.89 |
| 300m: | 4:07.13 42.95 | 700m: | 9:48.63 42.97 | 1100m: | 15:33.70 43.75 | 1500m: | 21:24.72 43.24 |
| 350m: | 4:49.63 42.50 | 750m: | 10:31.65 43.02 | 1150m: | 16:16.95 43.25 | | |
| 400m: | 5:32.46 42.83 | 800m: | 11:14.71 43.06 | 1200m: | 17:01.78 44.83 | | |
| 2. Leon Slingerland *100m | | WVZ | NED | 196801707 | 21:59.13 | +0.90 | |
| 50m: | 36.79 36.79 | 450m: | 6:30.54 44.68 | 850m: | 12:25.86 44.04 | 1250m: | 18:20.68 44.35 |
| 100m: | 1:18.98 42.19 | 500m: | 7:15.66 45.12 | 900m: | 13:10.03 44.17 | 1300m: | 19:05.64 44.96 |
| 150m: | 2:02.54 43.56 | 550m: | 8:00.27 44.61 | 950m: | 13:53.94 43.91 | 1350m: | 19:49.60 43.96 |
| 200m: | 2:46.53 43.99 | 600m: | 8:45.09 44.82 | 1000m: | 14:38.28 44.34 | 1400m: | 20:34.94 45.34 |
| 250m: | 3:31.43 44.90 | 650m: | 9:29.46 44.37 | 1050m: | 15:21.98 43.70 | 1450m: | 21:18.24 43.30 |
| 300m: | 4:16.27 44.84 | 700m: | 10:13.76 44.30 | 1100m: | 16:06.96 44.98 | 1500m: | 21:59.13 40.89 |
| 350m: | 5:00.92 44.65 | 750m: | 10:58.03 44.27 | 1150m: | 16:51.36 44.40 | | |
| 400m: | 5:45.86 44.94 | 800m: | 11:41.82 43.79 | 1200m: | 17:36.33 44.97 | | |
| 3. Arno Schrauwen | | Patrick-De Roersoppers (SG) | NED | 196501355 | 22:31.25 | +0.87 | |
| 50m: | 38.55 38.55 | 450m: | 6:42.87 45.65 | 850m: | 12:48.30 45.20 | 1250m: | 18:50.24 44.74 |
| 100m: | 1:22.74 44.19 | 500m: | 7:29.24 46.37 | 900m: | 13:33.69 45.39 | 1300m: | 19:35.43 45.19 |
| 150m: | 2:07.51 44.77 | 550m: | 8:14.83 45.59 | 950m: | 14:18.91 45.22 | 1350m: | 20:20.12 44.69 |
| 200m: | 2:53.16 45.65 | 600m: | 9:00.86 46.03 | 1000m: | 15:04.49 45.58 | 1400m: | 21:05.48 45.36 |
| 250m: | 3:38.43 45.27 | 650m: | 9:46.10 45.24 | 1050m: | 15:49.72 45.23 | 1450m: | 21:48.43 42.95 |
| 300m: | 4:24.77 46.34 | 700m: | 10:32.16 46.06 | 1100m: | 16:34.90 45.18 | 1500m: | 22:31.25 42.82 |
| 350m: | 5:10.56 45.79 | 750m: | 11:17.43 45.27 | 1150m: | 17:19.85 44.95 | | |
| 400m: | 5:57.22 46.66 | 800m: | 12:03.10 45.67 | 1200m: | 18:05.50 45.65 | | |
| 4. Marc van Groen | | De Mors | NED | 196601085 | 22:33.03 | +1.33 | |
| 50m: | 38.54 38.54 | 450m: | 6:37.11 45.84 | 850m: | 12:42.25 45.83 | 1250m: | 18:46.75 45.76 |
| 100m: | 1:21.66 43.12 | 500m: | 7:22.89 45.78 | 900m: | 13:28.22 45.97 | 1300m: | 19:32.49 45.74 |
| 150m: | 2:04.97 43.31 | 550m: | 8:08.14 45.25 | 950m: | 14:12.90 44.68 | 1350m: | 20:17.77 45.28 |
| 200m: | 2:49.95 44.98 | 600m: | 8:54.19 46.05 | 1000m: | 14:58.73 45.83 | 1400m: | 21:03.75 45.98 |
| 250m: | 3:35.23 45.28 | 650m: | 9:39.45 45.26 | 1050m: | 15:43.67 44.94 | 1450m: | 21:48.46 44.71 |
| 300m: | 4:20.07 44.84 | 700m: | 10:25.13 45.68 | 1100m: | 16:29.59 45.92 | 1500m: | 22:33.03 44.57 |
| 350m: | 5:05.22 45.15 | 750m: | 11:10.26 45.13 | 1150m: | 17:15.45 45.86 | | |
| 400m: | 5:51.27 46.05 | 800m: | 11:56.42 46.16 | 1200m: | 18:00.99 45.54 | | |
| 5. Eduard Leusink | | De Mors | NED | 196901573 | 22:39.17 | +0.82 | |
| 50m: | 40.60 40.60 | 450m: | 6:42.03 45.33 | 850m: | 12:42.11 45.77 | 1250m: | 18:50.41 45.81 |
| 100m: | 1:24.43 43.83 | 500m: | 7:27.06 45.03 | 900m: | 13:28.50 46.39 | 1300m: | 19:37.58 47.17 |
| 150m: | 2:09.02 44.59 | 550m: | 8:11.80 44.74 | 950m: | 14:14.69 46.19 | 1350m: | 20:24.11 46.53 |
| 200m: | 2:54.35 45.33 | 600m: | 8:56.56 44.76 | 1000m: | 15:01.01 46.32 | 1400m: | 21:10.23 46.12 |
| 250m: | 3:40.17 45.82 | 650m: | 9:41.33 44.77 | 1050m: | 15:46.83 45.82 | 1450m: | 21:56.34 46.11 |
| 300m: | 4:25.89 45.72 | 700m: | 10:26.27 44.94 | 1100m: | 16:32.95 46.12 | 1500m: | 22:39.17 42.83 |
| 350m: | 5:11.40 45.51 | 750m: | 11:11.17 44.90 | 1150m: | 17:18.63 45.68 | | |
| 400m: | 5:56.70 45.30 | 800m: | 11:56.34 45.17 | 1200m: | 18:04.60 45.97 | | |

Masters 60+

| | | | | | | | |
|----------------------------------|---------------|---------------------------------|----------------|-----------------|-----------------|--------|----------------|
| 1. Jon Christensen | | Luxembourg Sharks Swimming CLUX | 10008 | 20:51.23 | +0.80 | | |
| <i>Luxembourg Masters Record</i> | | | | | | | |
| 50m: | 36.78 36.78 | 450m: | 6:01.05 40.06 | 850m: | 11:30.22 40.72 | 1250m: | 17:12.93 43.62 |
| 100m: | 1:16.91 40.13 | 500m: | 6:41.14 40.09 | 900m: | 12:11.71 41.49 | 1300m: | 17:56.45 43.52 |
| 150m: | 1:57.57 40.66 | 550m: | 7:21.47 40.33 | 950m: | 12:54.05 42.34 | 1350m: | 18:41.13 44.68 |
| 200m: | 2:38.15 40.58 | 600m: | 8:01.69 40.22 | 1000m: | 13:38.50 44.45 | 1400m: | 19:25.08 43.95 |
| 250m: | 3:18.94 40.79 | 650m: | 8:44.22 42.53 | 1050m: | 14:20.77 42.27 | 1450m: | 20:08.77 43.69 |
| 300m: | 4:00.21 41.27 | 700m: | 9:24.38 40.16 | 1100m: | 15:02.93 42.16 | 1500m: | 20:51.23 42.46 |
| 350m: | 4:40.67 40.46 | 750m: | 10:05.86 41.48 | 1150m: | 15:45.70 42.77 | | |
| 400m: | 5:20.99 40.32 | 800m: | 10:49.50 43.64 | 1200m: | 16:29.31 43.61 | | |
| 2. Kees-Jan van Overbeeke | | WVW Winterswijk | NED | 196200489 | 21:12.56 | +0.87 | |
| 50m: | 37.57 37.57 | 450m: | 6:17.74 42.88 | 850m: | 12:00.95 42.39 | 1250m: | 17:44.27 42.89 |
| 100m: | 1:18.16 40.59 | 500m: | 7:01.04 43.30 | 900m: | 12:44.36 43.41 | 1300m: | 18:26.27 42.00 |
| 150m: | 2:00.82 42.66 | 550m: | 7:43.72 42.68 | 950m: | 13:27.01 42.65 | 1350m: | 19:09.14 42.87 |
| 200m: | 2:44.40 43.58 | 600m: | 8:26.90 43.18 | 1000m: | 14:10.23 43.22 | 1400m: | 19:51.03 41.89 |
| 250m: | 3:27.19 42.79 | 650m: | 9:09.27 42.37 | 1050m: | 14:52.64 42.41 | 1450m: | 20:32.91 41.88 |
| 300m: | 4:09.79 42.60 | 700m: | 9:52.74 43.47 | 1100m: | 15:35.62 42.98 | 1500m: | 21:12.56 39.65 |
| 350m: | 4:52.24 42.45 | 750m: | 10:35.48 42.74 | 1150m: | 16:17.97 42.35 | | |
| 400m: | 5:34.86 42.62 | 800m: | 11:18.56 43.08 | 1200m: | 17:01.38 43.41 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 60+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|--|--|-----------------|-------|-----------------|-------|-----------------|-------|
| 3. | Karol Lacko | Vysokoskolsky klub Univerzity kcSVKskeSVK16793 | 21:31.29 | +0.86 | | | | |
| | <i>Slovakian Masters Record, *400m</i> | | | | | | | |
| | 50m: 39.76 | 39.76 | 450m: 6:20.35 | 42.25 | 850m: 12:07.14 | 42.97 | 1250m: 17:56.51 | |
| | 100m: 1:21.87 | 42.11 | 500m: 7:03.51 | 43.16 | 900m: 12:51.43 | 44.29 | 1300m: 18:40.52 | 44.01 |
| | 150m: 2:04.60 | 42.73 | 550m: 7:46.85 | 43.34 | 950m: 13:34.99 | 43.56 | 1350m: 19:23.62 | 43.10 |
| | 200m: 2:47.44 | 42.84 | 600m: 8:30.65 | 43.80 | 1000m: 14:18.80 | 43.81 | 1400m: 20:07.54 | 43.92 |
| | 250m: 3:30.04 | 42.60 | 650m: 9:14.17 | 43.52 | 1050m: 15:02.08 | 43.28 | 1450m: 20:50.84 | 43.30 |
| | 300m: 4:12.82 | 42.78 | 700m: 9:57.39 | 43.22 | 1100m: 15:46.03 | 43.95 | 1500m: 21:31.29 | 40.45 |
| | 350m: 4:55.11 | 42.29 | 750m: 10:40.90 | 43.51 | 1150m: 16:28.99 | 42.96 | | |
| | 400m: 5:38.10 | 42.99 | 800m: 11:24.17 | 43.27 | 1200m: 17:12.21 | | | |
| 4. | Axel Sondermann | Lone Star Masters USA | 21:37.04 | +0.86 | | | | |
| | 50m: 37.48 | 37.48 | 450m: 6:20.06 | 42.46 | 850m: 12:05.93 | 42.76 | 1250m: 17:56.75 | 44.54 |
| | 100m: 1:19.78 | 42.30 | 500m: 7:03.21 | 43.15 | 900m: 12:49.30 | 43.37 | 1300m: 18:40.59 | 43.84 |
| | 150m: 2:02.45 | 42.67 | 550m: 7:45.99 | 42.78 | 950m: 13:32.66 | 43.36 | 1350m: 19:24.67 | 44.08 |
| | 200m: 2:45.92 | 43.47 | 600m: 8:29.72 | 43.73 | 1000m: 14:16.68 | 44.02 | 1400m: 20:09.36 | 44.69 |
| | 250m: 3:29.42 | 43.50 | 650m: 9:12.77 | 43.05 | 1050m: 14:59.74 | 43.06 | 1450m: 20:53.55 | 44.19 |
| | 300m: 4:13.02 | 43.60 | 700m: 9:56.81 | 44.04 | 1100m: 15:44.45 | 44.71 | 1500m: 21:37.04 | 43.49 |
| | 350m: 4:54.80 | 41.78 | 750m: 10:39.76 | 42.95 | 1150m: 16:28.26 | 43.81 | | |
| | 400m: 5:37.60 | 42.80 | 800m: 11:23.17 | 43.41 | 1200m: 17:12.21 | 43.95 | | |
| 5. | Menno Lomans | PSV NED 196101071 | 23:01.26 | +0.65 | | | | |
| | 50m: 38.09 | 38.09 | 450m: 6:43.05 | 45.82 | 850m: 12:55.28 | 46.22 | 1250m: 19:09.97 | 47.07 |
| | 100m: 1:22.27 | 44.18 | 500m: 7:29.78 | 46.73 | 900m: 13:42.14 | 46.86 | 1300m: 19:57.31 | 47.34 |
| | 150m: 2:07.20 | 44.93 | 550m: 8:16.15 | 46.37 | 950m: 14:28.52 | 46.38 | 1350m: 20:44.10 | 46.79 |
| | 200m: 2:53.02 | 45.82 | 600m: 9:02.64 | 46.49 | 1000m: 15:15.27 | 46.75 | 1400m: 21:31.88 | 47.78 |
| | 250m: 3:38.91 | 45.89 | 650m: 9:49.21 | 46.57 | 1050m: 16:02.10 | 46.83 | 1450m: 22:17.72 | 45.84 |
| | 300m: 4:25.18 | 46.27 | 700m: 10:36.08 | 46.87 | 1100m: 16:49.26 | 47.16 | 1500m: 23:01.26 | 43.54 |
| | 350m: 5:11.12 | 45.94 | 750m: 11:22.45 | 46.37 | 1150m: 17:36.04 | 46.78 | | |
| | 400m: 5:57.23 | 46.11 | 800m: 12:09.06 | 46.61 | 1200m: 18:22.90 | 46.86 | | |
| 6. | Joost de Kroon | AquAmigos NED 196400999 | 23:26.28 | +1.02 | | | | |
| | 50m: 41.44 | 41.44 | 450m: 6:56.43 | 46.95 | 850m: 13:17.78 | 47.36 | 1250m: 19:40.15 | 47.33 |
| | 100m: 1:26.79 | 45.35 | 500m: 7:43.85 | 47.42 | 900m: 14:06.06 | 48.28 | 1300m: 20:27.64 | 47.49 |
| | 150m: 2:12.74 | 45.95 | 550m: 8:31.49 | 47.64 | 950m: 14:53.48 | 47.42 | 1350m: 21:14.36 | 46.72 |
| | 200m: 2:59.91 | 47.17 | 600m: 9:18.94 | 47.45 | 1000m: 15:41.37 | 47.89 | 1400m: 22:00.11 | 45.75 |
| | 250m: 3:46.64 | 46.73 | 650m: 10:06.79 | 47.85 | 1050m: 16:28.81 | 47.44 | 1450m: 22:44.46 | 44.35 |
| | 300m: 4:33.95 | 47.31 | 700m: 10:54.89 | 48.10 | 1100m: 17:17.03 | 48.22 | 1500m: 23:26.28 | 41.82 |
| | 350m: 5:21.34 | 47.39 | 750m: 11:42.47 | 47.58 | 1150m: 18:04.65 | 47.62 | | |
| | 400m: 6:09.48 | 48.14 | 800m: 12:30.42 | 47.95 | 1200m: 18:52.82 | 48.17 | | |
| DIS | Casper Dollekamp | Steenwijk 1934 NED 196301341 | | | | | | +0.79 |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | |

Masters 65+

| | | | | | | | | |
|----|----------------------------------|--------------------------------|-----------------|-------|-----------------|-------|-----------------|-------|
| 1. | Marten de Groot | HZ&PC Heerenveen NED 195800149 | 20:36.49 | +0.83 | | | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | 50m: 36.07 | 36.07 | 450m: 6:04.39 | 41.10 | 850m: 11:36.12 | 42.22 | 1250m: 17:10.52 | 41.96 |
| | 100m: 1:16.40 | 40.33 | 500m: 6:45.05 | 40.66 | 900m: 12:17.56 | 41.44 | 1300m: 17:52.49 | 41.97 |
| | 150m: 1:57.69 | 41.29 | 550m: 7:26.68 | 41.63 | 950m: 12:59.50 | 41.94 | 1350m: 18:33.77 | 41.28 |
| | 200m: 2:38.97 | 41.28 | 600m: 8:07.46 | 40.78 | 1000m: 13:41.46 | 41.96 | 1400m: 19:15.48 | 41.71 |
| | 250m: 3:20.09 | 41.12 | 650m: 8:49.48 | 42.02 | 1050m: 14:23.19 | 41.73 | 1450m: 19:57.08 | 41.60 |
| | 300m: 4:00.97 | 40.88 | 700m: 9:30.61 | 41.13 | 1100m: 15:05.12 | 41.93 | 1500m: 20:36.49 | 39.41 |
| | 350m: 4:42.41 | 41.44 | 750m: 10:12.06 | 41.45 | 1150m: 15:47.32 | 42.20 | | |
| | 400m: 5:23.29 | 40.88 | 800m: 10:53.90 | 41.84 | 1200m: 16:28.56 | 41.24 | | |
| 2. | Otto Zeijveld | De Berkelduikers NED 195800497 | 22:32.74 | +0.91 | | | | |
| | 50m: 39.92 | 39.92 | 450m: 6:51.98 | 45.17 | 850m: 12:53.75 | 45.11 | 1250m: 18:54.62 | 44.82 |
| | 100m: 1:26.45 | 46.53 | 500m: 7:37.38 | 45.40 | 900m: 13:39.15 | 45.40 | 1300m: 19:39.71 | 45.09 |
| | 150m: 2:14.93 | 48.48 | 550m: 8:22.26 | 44.88 | 950m: 14:24.42 | 45.27 | 1350m: 20:24.17 | 44.46 |
| | 200m: 3:02.93 | 48.00 | 600m: 9:07.61 | 45.35 | 1000m: 15:09.70 | 45.28 | 1400m: 21:08.59 | 44.42 |
| | 250m: 3:49.48 | 46.55 | 650m: 9:52.94 | 45.33 | 1050m: 15:54.50 | 44.80 | 1450m: 21:51.56 | 42.97 |
| | 300m: 4:35.71 | 46.23 | 700m: 10:38.33 | 45.39 | 1100m: 16:39.77 | 45.27 | 1500m: 22:32.74 | 41.18 |
| | 350m: 5:21.25 | 45.54 | 750m: 11:23.39 | 45.06 | 1150m: 17:24.59 | 44.82 | | |
| | 400m: 6:06.81 | 45.56 | 800m: 12:08.64 | 45.25 | 1200m: 18:09.80 | 45.21 | | |
| 3. | Jan Preuter | De Mors NED 195600245 | 23:43.81 | +1.38 | | | | |
| | 50m: 40.20 | 40.20 | 450m: 6:56.08 | 48.09 | 850m: 13:19.21 | 47.84 | 1250m: 19:44.57 | 48.08 |
| | 100m: 1:25.25 | 45.05 | 500m: 7:43.74 | 47.66 | 900m: 14:07.41 | 48.20 | 1300m: 20:33.32 | 48.75 |
| | 150m: 2:12.58 | 47.33 | 550m: 8:31.76 | 48.02 | 950m: 14:55.12 | 47.71 | 1350m: 21:21.82 | 48.50 |
| | 200m: 2:58.42 | 45.84 | 600m: 9:20.05 | 48.29 | 1000m: 15:43.44 | 48.32 | 1400m: 22:10.42 | 48.60 |
| | 250m: 3:45.56 | 47.14 | 650m: 10:08.31 | 48.26 | 1050m: 16:31.60 | 48.16 | 1450m: 22:57.55 | 47.13 |
| | 300m: 4:32.97 | 47.41 | 700m: 10:55.61 | 47.30 | 1100m: 17:19.80 | 48.20 | 1500m: 23:43.81 | 46.26 |
| | 350m: 5:20.10 | 47.13 | 750m: 11:43.09 | 47.48 | 1150m: 18:07.57 | 47.77 | | |
| | 400m: 6:07.99 | 47.89 | 800m: 12:31.37 | 48.28 | 1200m: 18:56.49 | 48.92 | | |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 65+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|-----------------|------------|----------------|---------|-----------------|---------|-----------------|--------------|------|
| 4. | Jaap Vis | TriVia | NED 195600515 | | | | 24:29.37 | +1.67 | |
| | 50m: 43.82 | 43.82 | 450m: 7:25.72 | 50.12 | 850m: 14:01.01 | 48.75 | 1250m: 20:32.88 | 49.47 | |
| | 100m: 1:33.26 | 49.44 | 500m: 8:15.70 | 49.98 | 900m: 14:48.86 | 47.85 | 1300m: 21:20.70 | 47.82 | |
| | 150m: 2:24.67 | 51.41 | 550m: 9:05.56 | 49.86 | 950m: 15:38.22 | 49.36 | 1350m: 22:08.08 | 47.38 | |
| | 200m: 3:15.57 | 50.90 | 600m: 9:54.39 | 48.83 | 1000m: 16:26.99 | 48.77 | 1400m: 22:56.40 | 48.32 | |
| | 250m: 4:05.77 | 50.20 | 650m: 10:44.14 | 49.75 | 1050m: 17:15.86 | 48.87 | 1450m: 23:43.64 | 47.24 | |
| | 300m: 4:55.85 | 50.08 | 700m: 11:34.17 | 50.03 | 1100m: 18:05.41 | 49.55 | 1500m: 24:29.37 | 45.73 | |
| | 350m: 5:46.05 | 50.20 | 750m: 12:23.53 | 49.36 | 1150m: 18:54.42 | 49.01 | | | |
| | 400m: 6:35.60 | 49.55 | 800m: 13:12.26 | 48.73 | 1200m: 19:43.41 | 48.99 | | | |
| 5. | André Pantekoek | PSV | NED 195800321 | | | | 31:21.49 | +1.08 | |
| | 50m: 52.49 | 52.49 | 450m: 9:02.94 | 1:01.77 | 850m: 17:23.65 | 1:05.07 | 1250m: 26:04.10 | 1:04.06 | |
| | 100m: 1:53.27 | 1:00.78 | 500m: 10:04.47 | 1:01.53 | 900m: 18:28.87 | 1:05.22 | 1300m: 27:10.88 | 1:06.78 | |
| | 150m: 2:54.78 | 1:01.51 | 550m: 11:06.13 | 1:01.66 | 950m: 19:33.50 | 1:04.63 | 1350m: 28:15.70 | 1:04.82 | |
| | 200m: 3:56.37 | 1:01.59 | 600m: 12:07.05 | 1:00.92 | 1000m: 20:39.29 | 1:05.79 | 1400m: 29:21.58 | 1:05.88 | |
| | 250m: 4:57.90 | 1:01.53 | 650m: 13:08.06 | 1:01.01 | 1050m: 21:44.27 | 1:04.98 | 1450m: 30:24.81 | 1:03.23 | |
| | 300m: 5:58.91 | 1:01.01 | 700m: 14:09.77 | 1:01.71 | 1100m: 22:49.58 | 1:05.31 | 1500m: 31:21.49 | 56.68 | |
| | 350m: 7:00.11 | 1:01.20 | 750m: 15:13.62 | 1:03.85 | 1150m: 23:54.31 | 1:04.73 | | | |
| | 400m: 8:01.17 | 1:01.06 | 800m: 16:18.58 | 1:04.96 | 1200m: 25:00.04 | 1:05.73 | | | |

Masters 70+

| | | | | | | | | | |
|-----|--|--------------------|----------------|-------|-----------------|-------|-----------------|--------------|--|
| 1. | Karl-Heinz Nottrodt | SG Mönchengladbach | GER 123148 | | | | 21:20.45 | +0.99 | |
| | <i>German Masters Record</i> | | | | | | | | |
| | 50m: 38.08 | 38.08 | 450m: 6:20.10 | 42.70 | 850m: 12:06.89 | 43.21 | 1250m: 17:50.23 | 42.60 | |
| | 100m: 1:19.88 | 41.80 | 500m: 7:03.59 | 43.49 | 900m: 12:49.81 | 42.92 | 1300m: 18:32.75 | 42.52 | |
| | 150m: 2:02.40 | 42.52 | 550m: 7:47.22 | 43.63 | 950m: 13:33.35 | 43.54 | 1350m: 19:15.53 | 42.78 | |
| | 200m: 2:45.52 | 43.12 | 600m: 8:30.71 | 43.49 | 1000m: 14:16.04 | 42.69 | 1400m: 20:00.44 | 42.55 | |
| | 250m: 3:27.81 | 42.29 | 650m: 9:13.73 | 43.02 | 1050m: 14:58.86 | 42.82 | 1450m: 20:39.74 | 41.66 | |
| | 300m: 4:11.19 | 43.38 | 700m: 9:57.14 | 43.41 | 1100m: 15:42.02 | 43.16 | 1500m: 21:20.45 | 40.71 | |
| | 350m: 4:53.78 | 42.59 | 750m: 10:40.33 | 43.19 | 1150m: 16:24.76 | 42.74 | | | |
| | 400m: 5:37.40 | 43.62 | 800m: 11:23.68 | 43.35 | 1200m: 17:07.63 | 42.87 | | | |
| DIS | Frans Heus | UZSC | NED 195100067 | | | | | +1.11 | |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | | |

Masters 75+

| | | | | | | | | | |
|----|-------------------|---------------------|----------------|-------|-----------------|---------|-------------------|--------------|--|
| 1. | Wout Hemmes | De Plons | NED 194800059 | | | | 26:22.21 | +1.18 | |
| | 50m: 46.50 | 46.50 | 450m: 7:54.56 | 52.96 | 850m: 15:05.77 | 53.89 | 1250m: 22:09.07 | 51.76 | |
| | 100m: 1:40.01 | 53.51 | 500m: 8:49.21 | 54.65 | 900m: 15:59.88 | 54.11 | 1300m: 23:00.44 | 51.37 | |
| | 150m: 2:32.74 | 52.73 | 550m: 9:42.11 | 52.90 | 950m: 16:53.38 | 53.50 | 1350m: 23:51.78 | 51.34 | |
| | 200m: 3:26.77 | 54.03 | 600m: 10:36.29 | 54.18 | 1000m: 17:47.10 | 53.72 | 1400m: 24:42.96 | 51.18 | |
| | 250m: 4:20.00 | 53.23 | 650m: 11:30.95 | 54.66 | 1050m: 18:40.48 | 53.38 | 1450m: 25:34.02 | 51.06 | |
| | 300m: 5:14.63 | 54.63 | 700m: 12:24.88 | 53.93 | 1100m: 19:33.30 | 52.82 | 1500m: 26:22.21 | 48.19 | |
| | 350m: 6:07.09 | 52.46 | 750m: 13:17.48 | 52.60 | 1150m: 20:25.78 | 52.48 | | | |
| | 400m: 7:01.60 | 54.51 | 800m: 14:11.88 | 54.40 | 1200m: 21:17.31 | 51.53 | | | |
| 2. | Guenter Mitlewski | SV Blau-Weiß Bochum | GER 081309 | | | | 29:03.60 * | +1.14 | |
| | 50m: 48.75 | 48.75 | 450m: 8:26.07 | 57.31 | 850m: 16:14.95 | 59.09 | 1250m: 24:09.58 | 59.57 | |
| | 100m: 1:43.71 | 54.96 | 500m: 9:24.13 | 58.06 | 900m: 17:13.92 | 58.97 | 1300m: 25:08.46 | 58.88 | |
| | 150m: 2:39.81 | 56.10 | 550m: 10:22.15 | 58.02 | 950m: 18:12.30 | 58.38 | 1350m: 26:08.45 | 59.99 | |
| | 200m: 3:37.20 | 57.39 | 600m: 11:20.92 | 58.77 | 1000m: 19:11.69 | 59.39 | 1400m: 27:07.67 | 59.22 | |
| | 250m: 4:34.63 | 57.43 | 650m: 12:19.53 | 58.61 | 1050m: 20:11.08 | 59.39 | 1450m: 28:06.48 | 58.81 | |
| | 300m: 5:32.70 | 58.07 | 700m: 13:18.47 | 58.94 | 1100m: 21:10.24 | 59.16 | 1500m: 29:03.60 | 57.12 | |
| | 350m: 6:30.56 | 57.86 | 750m: 14:16.85 | 58.38 | 1150m: 22:09.83 | 59.59 | | | |
| | 400m: 7:28.76 | 58.20 | 800m: 15:15.86 | 59.01 | 1200m: 23:10.01 | 1:00.18 | | | |

Masters 80+

| | | | | | | | | | |
|----|------------------|---------|----------------|---------|-----------------|---------|-----------------|--------------|--|
| 1. | Geza Kaltenecker | AZC | NED 194200065 | | | | 31:13.23 | +0.97 | |
| | 50m: 52.77 | 52.77 | 450m: 9:01.97 | 51.51 | 850m: 17:38.22 | 1:02.34 | 1250m: 26:04.78 | 1:02.39 | |
| | 100m: 1:53.76 | 1:00.99 | 500m: 10:16.83 | 1:14.86 | 900m: 18:42.52 | 1:04.30 | 1300m: 27:09.36 | 1:04.58 | |
| | 150m: 2:55.63 | 1:01.87 | 550m: 11:19.27 | 1:02.44 | 950m: 19:44.52 | 1:02.00 | 1350m: 28:11.47 | 1:02.11 | |
| | 200m: 3:58.28 | 1:02.65 | 600m: 12:23.04 | 1:03.77 | 1000m: 20:48.15 | 1:03.63 | 1400m: 29:14.68 | 1:03.21 | |
| | 250m: 5:00.03 | 1:01.75 | 650m: 13:24.83 | 1:01.79 | 1050m: 21:50.81 | 1:02.66 | 1450m: 30:14.82 | 1:00.14 | |
| | 300m: 6:03.09 | 1:03.06 | 700m: 14:28.82 | 1:03.99 | 1100m: 22:55.74 | 1:04.93 | 1500m: 31:13.23 | 58.41 | |
| | 350m: 7:06.09 | 1:03.00 | 750m: 15:31.55 | 1:02.73 | 1150m: 23:57.95 | 1:02.21 | | | |
| | 400m: 8:10.46 | 1:04.37 | 800m: 16:35.88 | 1:04.33 | 1200m: 25:02.39 | 1:04.44 | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 80+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|---------------|------------|----------------|---------|-----------------|---------|-----------------|--------------|------|
| 2. | Rob Hanou | PSV | NED | | 194300109 | | 32:26.92 | +1.15 | |
| | 50m: 55.12 | 55.12 | 450m: 9:33.71 | 1:04.26 | 850m: 18:16.43 | 1:05.08 | 1250m: 27:01.76 | 1:05.33 | |
| | 100m: 1:58.71 | 1:03.59 | 500m: 10:39.70 | 1:05.99 | 900m: 19:22.70 | 1:06.27 | 1300m: 28:07.89 | 1:06.13 | |
| | 150m: 3:02.86 | 1:04.15 | 550m: 11:44.85 | 1:05.15 | 950m: 20:28.44 | 1:05.74 | 1350m: 29:12.94 | 1:05.05 | |
| | 200m: 4:07.37 | 1:04.51 | 600m: 12:50.34 | 1:05.49 | 1000m: 21:33.16 | 1:04.72 | 1400m: 30:19.44 | 1:06.50 | |
| | 250m: 5:12.22 | 1:04.85 | 650m: 13:54.51 | 1:04.17 | 1050m: 22:38.56 | 1:05.40 | 1450m: 31:25.07 | 1:05.63 | |
| | 300m: 6:18.07 | 1:05.85 | 700m: 14:59.99 | 1:05.48 | 1100m: 23:45.15 | 1:06.59 | 1500m: 32:26.92 | 1:01.85 | |
| | 350m: 7:23.47 | 1:05.40 | 750m: 16:05.02 | 1:05.03 | 1150m: 24:49.82 | 1:04.67 | | | |
| | 400m: 8:29.45 | 1:05.98 | 800m: 17:11.35 | 1:06.33 | 1200m: 25:56.43 | 1:06.61 | | | |

Masters 85+

| | | | | | | | | | |
|-----|--|-----|-----|--|-----------|--|--|--------------|--|
| DIS | Nic Geers | PSV | NED | | 193800007 | | | +1.13 | |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | | |

Programmanr. 2
02-05-2024 - 15:15

Dames, 1500m vrije slag
Pauze na serie 2 / Break after heat 2

Masters Open
Resultaten

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|----------------|------------|---------------|-------|-----------------|-------|-----------------|--------------|------|
| 1. | Roos Englebort | Hieronymus | NED | | 200200606 | | 18:35.79 | +0.73 | |
| | 50m: 32.98 | 32.98 | 450m: 5:30.14 | 37.54 | 850m: 10:28.76 | 37.36 | 1250m: 15:29.17 | 37.74 | |
| | 100m: 1:09.30 | 36.32 | 500m: 6:07.50 | 37.36 | 900m: 11:06.03 | 37.27 | 1300m: 16:07.13 | 37.96 | |
| | 150m: 1:46.18 | 36.88 | 550m: 6:44.86 | 37.36 | 950m: 11:43.30 | 37.27 | 1350m: 16:44.63 | 37.50 | |
| | 200m: 2:23.06 | 36.88 | 600m: 7:22.16 | 37.30 | 1000m: 12:20.85 | 37.55 | 1400m: 17:22.37 | 37.74 | |
| | 250m: 3:00.33 | 37.27 | 650m: 7:59.48 | 37.32 | 1050m: 12:58.54 | 37.69 | 1450m: 17:59.63 | 37.26 | |
| | 300m: 3:37.77 | 37.44 | 700m: 8:36.72 | 37.24 | 1100m: 13:36.14 | 37.60 | 1500m: 18:35.79 | 36.16 | |
| | 350m: 4:15.34 | 37.57 | 750m: 9:14.17 | 37.45 | 1150m: 14:13.83 | 37.69 | | | |
| | 400m: 4:52.60 | 37.26 | 800m: 9:51.40 | 37.23 | 1200m: 14:51.43 | 37.60 | | | |

| | | | | | | | | | |
|----|-----------------|---------------|----------------|-------|-----------------|-------|-----------------|--------------|--|
| 2. | Cynthia Koolman | ZPC Hoogeveen | NED | | 200300232 | | 19:59.01 | +0.52 | |
| | 50m: 35.50 | 35.50 | 450m: 5:46.87 | 39.77 | 850m: 11:07.51 | 40.61 | 1250m: 16:34.23 | 40.84 | |
| | 100m: 1:13.15 | 37.65 | 500m: 6:26.40 | 39.53 | 900m: 11:47.74 | 40.23 | 1300m: 17:15.59 | 41.36 | |
| | 150m: 1:51.78 | 38.63 | 550m: 7:06.41 | 40.01 | 950m: 12:28.36 | 40.62 | 1350m: 17:56.78 | 41.19 | |
| | 200m: 2:30.37 | 38.59 | 600m: 7:46.13 | 39.72 | 1000m: 13:08.57 | 40.21 | 1400m: 18:38.09 | 41.31 | |
| | 250m: 3:09.36 | 38.99 | 650m: 8:26.33 | 40.20 | 1050m: 13:49.41 | 40.84 | 1450m: 19:19.10 | 41.01 | |
| | 300m: 3:48.37 | 39.01 | 700m: 9:06.42 | 40.09 | 1100m: 14:30.66 | 41.25 | 1500m: 19:59.01 | 39.91 | |
| | 350m: 4:27.86 | 39.49 | 750m: 9:46.43 | 40.01 | 1150m: 15:11.82 | 41.16 | | | |
| | 400m: 5:07.10 | 39.24 | 800m: 10:26.90 | 40.47 | 1200m: 15:53.39 | 41.57 | | | |

Masters 25+

| | | | | | | | | | |
|----|---------------------|-------------------------|----------------|-------|-----------------|-------|-----------------|--------------|--|
| 1. | Anne-Irene Ducheine | Zwemvereniging Hoogland | NED | | 199506824 | | 19:42.87 | +0.79 | |
| | 50m: 34.39 | 34.39 | 450m: 5:48.06 | 39.57 | 850m: 11:06.50 | 39.81 | 1250m: 16:25.67 | 40.22 | |
| | 100m: 1:12.56 | 38.17 | 500m: 6:28.09 | 40.03 | 900m: 11:46.22 | 39.72 | 1300m: 17:05.97 | 40.30 | |
| | 150m: 1:51.25 | 38.69 | 550m: 7:07.65 | 39.56 | 950m: 12:25.98 | 39.76 | 1350m: 17:45.69 | 39.72 | |
| | 200m: 2:30.33 | 39.08 | 600m: 7:47.33 | 39.68 | 1000m: 13:05.87 | 39.89 | 1400m: 18:25.91 | 40.22 | |
| | 250m: 3:09.84 | 39.51 | 650m: 8:27.02 | 39.69 | 1050m: 13:45.39 | 39.52 | 1450m: 19:04.80 | 38.89 | |
| | 300m: 3:49.29 | 39.45 | 700m: 9:07.17 | 40.15 | 1100m: 14:25.76 | 40.37 | 1500m: 19:42.87 | 38.07 | |
| | 350m: 4:28.71 | 39.42 | 750m: 9:46.94 | 39.77 | 1150m: 15:05.04 | 39.28 | | | |
| | 400m: 5:08.49 | 39.78 | 800m: 10:26.69 | 39.75 | 1200m: 15:45.45 | 40.41 | | | |
| 2. | Fiona Meuffels | PSV | NED | | 199504366 | | 20:31.66 | | |
| | 50m: 35.86 | 35.86 | 450m: 6:02.55 | 41.58 | 850m: 11:37.23 | 42.02 | 1250m: 17:09.99 | 42.13 | |
| | 100m: 1:15.64 | 39.78 | 500m: 6:44.36 | 41.81 | 900m: 12:18.73 | 41.50 | 1300m: 17:50.49 | 40.50 | |
| | 150m: 1:56.22 | 40.58 | 550m: 7:25.87 | 41.51 | 950m: 13:00.66 | 41.93 | 1350m: 18:31.11 | 40.62 | |
| | 200m: 2:36.67 | 40.45 | 600m: 8:07.44 | 41.57 | 1000m: 13:42.25 | 41.59 | 1400m: 19:12.12 | 41.01 | |
| | 250m: 3:17.61 | 40.94 | 650m: 8:49.83 | 42.39 | 1050m: 14:24.15 | 41.90 | 1450m: 19:52.92 | 40.80 | |
| | 300m: 3:58.21 | 40.60 | 700m: 9:31.25 | 41.42 | 1100m: 15:05.12 | 40.97 | 1500m: 20:31.66 | 38.74 | |
| | 350m: 4:39.59 | 41.38 | 750m: 10:13.25 | 42.00 | 1150m: 15:46.33 | 41.21 | | | |
| | 400m: 5:20.97 | 41.38 | 800m: 10:55.21 | 41.96 | 1200m: 16:27.86 | 41.53 | | | |
| 3. | Diane Schoenmaker | PSV | NED | | 199502920 | | 20:58.38 | +0.70 | |
| | 50m: 36.47 | 36.47 | 450m: 6:08.82 | 41.57 | 850m: 11:45.08 | 42.42 | 1250m: 17:25.59 | 42.04 | |
| | 100m: 1:16.71 | 40.24 | 500m: 6:50.57 | 41.75 | 900m: 12:27.06 | 41.98 | 1300m: 18:08.74 | 43.15 | |
| | 150m: 1:57.68 | 40.97 | 550m: 7:32.25 | 41.68 | 950m: 13:09.47 | 42.41 | 1350m: 18:51.76 | 43.02 | |
| | 200m: 2:38.98 | 41.30 | 600m: 8:14.34 | 42.09 | 1000m: 13:52.96 | 43.49 | 1400m: 19:34.50 | 42.74 | |
| | 250m: 3:20.67 | 41.69 | 650m: 8:56.42 | 42.08 | 1050m: 14:35.21 | 42.25 | 1450m: 20:16.87 | 42.37 | |
| | 300m: 4:02.97 | 42.30 | 700m: 9:38.43 | 42.01 | 1100m: 15:17.82 | 42.61 | 1500m: 20:58.38 | 41.51 | |
| | 350m: 4:44.81 | 41.84 | 750m: 10:20.57 | 42.14 | 1150m: 16:00.40 | 42.58 | | | |
| | 400m: 5:27.25 | 42.44 | 800m: 11:02.66 | 42.09 | 1200m: 16:43.55 | 43.15 | | | |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 25+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|-----------------|------------------|-----------------|-------|-----------------|-------|-----------------|-------|
| 4. | Larissa Jansen | PSV | 21:15.68 | +0.85 | | | | |
| | 50m: 37.33 | 37.33 | 450m: 6:07.35 | 41.70 | 850m: 11:47.85 | 42.96 | 1250m: 17:38.64 | 44.98 |
| | 100m: 1:18.26 | 40.93 | 500m: 6:49.39 | 42.04 | 900m: 12:30.77 | 42.92 | 1300m: 18:22.65 | 44.01 |
| | 150m: 1:59.34 | 41.08 | 550m: 7:31.85 | 42.46 | 950m: 13:14.47 | 43.70 | 1350m: 19:07.32 | 44.67 |
| | 200m: 2:40.53 | 41.19 | 600m: 8:14.22 | 42.37 | 1000m: 13:58.17 | 43.70 | 1400m: 19:50.81 | 43.49 |
| | 250m: 3:21.85 | 41.32 | 650m: 8:57.05 | 42.83 | 1050m: 14:41.83 | 43.66 | 1450m: 20:34.37 | 43.56 |
| | 300m: 4:03.08 | 41.23 | 700m: 9:39.20 | 42.15 | 1100m: 15:25.56 | 43.73 | 1500m: 21:15.68 | 41.31 |
| | 350m: 4:44.40 | 41.32 | 750m: 10:22.10 | 42.90 | 1150m: 16:09.76 | 44.20 | | |
| | 400m: 5:25.65 | 41.25 | 800m: 11:04.89 | 42.79 | 1200m: 16:53.66 | 43.90 | | |
| 5. | Selina Janssen | Neptunus'58 | 21:26.00 | +0.63 | | | | |
| | 50m: 35.68 | 35.68 | 450m: 6:09.28 | 42.38 | 850m: 11:56.28 | 43.23 | 1250m: 17:47.82 | 43.45 |
| | 100m: 1:15.34 | 39.66 | 500m: 6:52.40 | 43.12 | 900m: 12:40.55 | 44.27 | 1300m: 18:32.48 | 44.66 |
| | 150m: 1:55.94 | 40.60 | 550m: 7:34.96 | 42.56 | 950m: 13:23.89 | 43.34 | 1350m: 19:16.42 | 43.94 |
| | 200m: 2:37.52 | 41.58 | 600m: 8:18.77 | 43.81 | 1000m: 14:08.31 | 44.42 | 1400m: 20:00.90 | 44.48 |
| | 250m: 3:19.08 | 41.56 | 650m: 9:01.58 | 42.81 | 1050m: 14:51.75 | 43.44 | 1450m: 20:44.13 | 43.23 |
| | 300m: 4:01.43 | 42.35 | 700m: 9:45.53 | 43.95 | 1100m: 15:36.30 | 44.55 | 1500m: 21:26.00 | 41.87 |
| | 350m: 4:43.76 | 42.33 | 750m: 10:28.59 | 43.06 | 1150m: 16:19.76 | 43.46 | | |
| | 400m: 5:26.90 | 43.14 | 800m: 11:13.05 | 44.46 | 1200m: 17:04.37 | 44.61 | | |
| 6. | Laura ter Stege | SG CWW Swim Team | 23:15.71 | +0.74 | | | | |
| | 50m: 36.48 | 36.48 | 450m: 6:35.51 | 45.86 | 850m: 12:52.50 | 47.13 | 1250m: 19:19.01 | 49.32 |
| | 100m: 1:18.64 | 42.16 | 500m: 7:22.05 | 46.54 | 900m: 13:40.26 | 47.76 | 1300m: 20:08.34 | 49.33 |
| | 150m: 2:02.01 | 43.37 | 550m: 8:08.85 | 46.80 | 950m: 14:27.62 | 47.36 | 1350m: 20:56.28 | 47.94 |
| | 200m: 2:46.90 | 44.89 | 600m: 8:57.01 | 48.16 | 1000m: 15:15.56 | 47.94 | 1400m: 21:43.86 | 47.58 |
| | 250m: 3:32.21 | 45.31 | 650m: 9:43.94 | 46.93 | 1050m: 16:04.32 | 48.76 | 1450m: 22:31.15 | 47.29 |
| | 300m: 4:17.67 | 45.46 | 700m: 10:31.63 | 47.69 | 1100m: 16:53.48 | 49.16 | 1500m: 23:15.71 | 44.56 |
| | 350m: 5:03.72 | 46.05 | 750m: 11:18.12 | 46.49 | 1150m: 17:41.21 | 47.73 | | |
| | 400m: 5:49.65 | 45.93 | 800m: 12:05.37 | 47.25 | 1200m: 18:29.69 | 48.48 | | |
| 7. | Marenne Huigh | Scheldestroom | 23:47.12 | +0.78 | | | | |
| | 50m: 37.71 | 37.71 | 450m: 6:49.59 | 48.35 | 850m: 13:16.43 | 48.59 | 1250m: 19:47.35 | 49.62 |
| | 100m: 1:20.48 | 42.77 | 500m: 7:37.75 | 48.16 | 900m: 14:04.82 | 48.39 | 1300m: 20:37.73 | 50.38 |
| | 150m: 2:06.38 | 45.90 | 550m: 8:26.32 | 48.57 | 950m: 14:53.82 | 49.00 | 1350m: 21:26.72 | 48.99 |
| | 200m: 2:52.54 | 46.16 | 600m: 9:14.39 | 48.07 | 1000m: 15:42.05 | 48.23 | 1400m: 22:15.12 | 48.40 |
| | 250m: 3:39.08 | 46.54 | 650m: 10:02.64 | 48.25 | 1050m: 16:30.96 | 48.91 | 1450m: 23:02.70 | 47.58 |
| | 300m: 4:25.70 | 46.62 | 700m: 10:50.50 | 47.86 | 1100m: 17:19.54 | 48.58 | 1500m: 23:47.12 | 44.42 |
| | 350m: 5:13.14 | 47.44 | 750m: 11:38.95 | 48.45 | 1150m: 18:08.87 | 49.33 | | |
| | 400m: 6:01.24 | 48.10 | 800m: 12:27.84 | 48.89 | 1200m: 18:57.73 | 48.86 | | |

Masters 30+

| | | | | | | | | |
|----|---------------------|------------------|-----------------|-------|-----------------|-------|-----------------|-------|
| 1. | Maaïke Vooren | DAW | 19:04.72 | +0.82 | | | | |
| | 50m: 34.51 | 34.51 | 450m: 5:40.58 | 38.48 | 850m: 10:47.09 | 38.45 | 1250m: 15:53.93 | 38.52 |
| | 100m: 1:11.78 | 37.27 | 500m: 6:18.78 | 38.20 | 900m: 11:25.39 | 38.30 | 1300m: 16:32.38 | 38.45 |
| | 150m: 1:50.00 | 38.22 | 550m: 6:57.09 | 38.31 | 950m: 12:03.71 | 38.32 | 1350m: 17:10.79 | 38.41 |
| | 200m: 2:28.40 | 38.40 | 600m: 7:35.35 | 38.26 | 1000m: 12:42.02 | 38.31 | 1400m: 17:49.27 | 38.48 |
| | 250m: 3:07.03 | 38.63 | 650m: 8:13.92 | 38.57 | 1050m: 13:20.24 | 38.22 | 1450m: 18:27.78 | 38.51 |
| | 300m: 3:45.20 | 38.17 | 700m: 8:52.00 | 38.08 | 1100m: 13:58.51 | 38.27 | 1500m: 19:04.72 | 36.94 |
| | 350m: 4:23.85 | 38.65 | 750m: 9:30.41 | 38.41 | 1150m: 14:36.90 | 38.39 | | |
| | 400m: 5:02.10 | 38.25 | 800m: 10:08.64 | 38.23 | 1200m: 15:15.41 | 38.51 | | |
| 2. | Nienke Smidt | WS Twente | 20:52.87 | +1.05 | | | | |
| | 50m: 36.20 | 36.20 | 450m: 6:11.81 | 42.19 | 850m: 11:51.60 | 42.86 | 1250m: 17:30.32 | 42.33 |
| | 100m: 1:16.37 | 40.17 | 500m: 6:53.26 | 41.45 | 900m: 12:34.44 | 42.84 | 1300m: 18:11.97 | 41.65 |
| | 150m: 1:58.01 | 41.64 | 550m: 7:35.10 | 41.84 | 950m: 13:17.03 | 42.59 | 1350m: 18:53.65 | 41.68 |
| | 200m: 2:40.54 | 42.53 | 600m: 8:16.84 | 41.74 | 1000m: 13:59.20 | 42.17 | 1400m: 19:34.46 | 40.81 |
| | 250m: 3:23.32 | 42.78 | 650m: 8:59.56 | 42.72 | 1050m: 14:41.54 | 42.34 | 1450m: 20:15.41 | 40.95 |
| | 300m: 4:05.83 | 42.51 | 700m: 9:42.64 | 43.08 | 1100m: 15:23.25 | 41.71 | 1500m: 20:52.87 | 37.46 |
| | 350m: 4:48.12 | 42.29 | 750m: 10:25.70 | 43.06 | 1150m: 16:05.52 | 42.27 | | |
| | 400m: 5:29.62 | 41.50 | 800m: 11:08.74 | 43.04 | 1200m: 16:47.99 | 42.47 | | |
| 3. | Elmi Roelofsen | Octopus-ZVV (SG) | 21:45.62 | +0.90 | | | | |
| | 50m: 35.40 | 35.40 | 450m: 6:11.80 | 42.35 | 850m: 12:02.29 | 44.31 | 1250m: 18:02.23 | 44.68 |
| | 100m: 1:16.66 | 41.26 | 500m: 6:54.52 | 42.72 | 900m: 12:47.46 | 45.17 | 1300m: 18:47.60 | 45.37 |
| | 150m: 1:58.45 | 41.79 | 550m: 7:37.80 | 43.28 | 950m: 13:32.59 | 45.13 | 1350m: 19:32.54 | 44.94 |
| | 200m: 2:40.63 | 42.18 | 600m: 8:21.22 | 43.42 | 1000m: 14:17.75 | 45.16 | 1400m: 20:18.15 | 45.61 |
| | 250m: 3:22.72 | 42.09 | 650m: 9:05.00 | 43.78 | 1050m: 15:02.29 | 44.54 | 1450m: 21:01.94 | 43.79 |
| | 300m: 4:05.13 | 42.41 | 700m: 9:48.99 | 43.99 | 1100m: 15:47.40 | 45.11 | 1500m: 21:45.62 | 43.68 |
| | 350m: 4:47.41 | 42.28 | 750m: 10:33.55 | 44.56 | 1150m: 16:32.02 | 44.62 | | |
| | 400m: 5:29.45 | 42.04 | 800m: 11:17.98 | 44.43 | 1200m: 17:17.55 | 45.53 | | |
| 4. | Irmgard van Weeghel | ESCA Zwemmen | 24:28.81 | +0.86 | | | | |
| | 50m: 39.74 | 39.74 | 450m: 7:03.59 | 49.06 | 850m: 13:40.19 | 49.82 | 1250m: 20:18.77 | 49.76 |
| | 100m: 1:23.59 | 43.85 | 500m: 7:53.55 | 49.96 | 900m: 14:29.88 | 49.69 | 1300m: 21:09.13 | 50.36 |
| | 150m: 2:09.97 | 46.38 | 550m: 8:42.43 | 48.88 | 950m: 15:19.07 | 49.19 | 1350m: 21:58.31 | 49.18 |
| | 200m: 2:58.04 | 48.07 | 600m: 9:32.29 | 49.86 | 1000m: 16:09.24 | 50.17 | 1400m: 22:49.06 | 50.75 |
| | 250m: 3:46.48 | 48.44 | 650m: 10:21.43 | 49.14 | 1050m: 16:58.85 | 49.61 | 1450m: 23:39.03 | 49.97 |
| | 300m: 4:35.45 | 48.97 | 700m: 11:10.89 | 49.46 | 1100m: 17:49.16 | 50.31 | 1500m: 24:28.81 | 49.78 |
| | 350m: 5:24.63 | 49.18 | 750m: 12:00.71 | 49.82 | 1150m: 18:38.45 | 49.29 | | |
| | 400m: 6:14.53 | 49.90 | 800m: 12:50.37 | 49.66 | 1200m: 19:29.01 | 50.56 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 30+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|---------------|------------------|----------------|-------|-----------------|-------|-----------------|-------|------|
| 5. | Marjan Rikken | Octopus-ZVV (SG) | NED | | 199206114 | | 25:57.66 | | |
| | 50m: 42.24 | 42.24 | 450m: 7:26.29 | 52.01 | 850m: 14:29.42 | 52.76 | 1250m: 21:39.97 | 56.66 | |
| | 100m: 1:29.27 | 47.03 | 500m: 8:18.61 | 52.32 | 900m: 15:22.24 | 52.82 | 1300m: 22:34.80 | 54.83 | |
| | 150m: 2:18.38 | 49.11 | 550m: 9:11.37 | 52.76 | 950m: 16:15.44 | 53.20 | 1350m: 23:25.89 | 51.09 | |
| | 200m: 3:07.97 | 49.59 | 600m: 10:03.91 | 52.54 | 1000m: 17:08.88 | 53.44 | 1400m: 24:16.42 | 50.53 | |
| | 250m: 3:58.99 | 51.02 | 650m: 10:58.02 | 54.11 | 1050m: 18:02.19 | 53.31 | 1450m: 25:07.98 | 51.56 | |
| | 300m: 4:50.04 | 51.05 | 700m: 11:50.91 | 52.89 | 1100m: 18:55.97 | 53.78 | 1500m: 25:57.66 | 49.68 | |
| | 350m: 5:42.00 | 51.96 | 750m: 12:43.74 | 52.83 | 1150m: 19:49.62 | 53.65 | | | |
| | 400m: 6:34.28 | 52.28 | 800m: 13:36.66 | 52.92 | 1200m: 20:44.31 | 54.69 | | | |

Masters 35+

| | | | | | | | | |
|----|-------------------------|-----------------------------------|----------------|-------|-----------------|-------|-----------------|-------|
| 1. | Sabine Zimmermann | Aachener SV 06 | GER | | 101578 | | 18:55.28 | +0.79 |
| | 50m: 33.59 | 33.59 | 450m: 5:32.19 | 38.13 | 850m: 10:39.15 | 38.83 | 1250m: 15:47.34 | 38.85 |
| | 100m: 1:09.75 | 36.16 | 500m: 6:10.07 | 37.88 | 900m: 11:17.12 | 37.97 | 1300m: 16:25.55 | 38.21 |
| | 150m: 1:46.76 | 37.01 | 550m: 6:48.42 | 38.35 | 950m: 11:56.02 | 38.90 | 1350m: 17:04.29 | 38.74 |
| | 200m: 2:23.79 | 37.03 | 600m: 7:26.64 | 38.22 | 1000m: 12:34.50 | 38.48 | 1400m: 17:41.79 | 37.50 |
| | 250m: 3:01.35 | 37.56 | 650m: 8:04.96 | 38.32 | 1050m: 13:13.58 | 39.08 | 1450m: 18:19.32 | 37.53 |
| | 300m: 3:38.64 | 37.29 | 700m: 8:43.63 | 38.67 | 1100m: 13:51.80 | 38.22 | 1500m: 18:55.28 | 35.96 |
| | 350m: 4:16.79 | 38.15 | 750m: 9:22.66 | 39.03 | 1150m: 14:30.82 | 39.02 | | |
| | 400m: 4:54.06 | 37.27 | 800m: 10:00.32 | 37.66 | 1200m: 15:08.49 | 37.67 | | |
| 2. | Viktória Háden-Felföldi | Iron Swim | HUN | | | | 19:11.65 | +0.74 |
| | 50m: 34.14 | 34.14 | 450m: 5:39.24 | 38.45 | 850m: 10:47.45 | 38.59 | 1250m: 15:58.25 | 39.01 |
| | 100m: 1:11.91 | 37.77 | 500m: 6:17.71 | 38.47 | 900m: 11:26.33 | 38.88 | 1300m: 16:37.56 | 39.31 |
| | 150m: 1:49.88 | 37.97 | 550m: 6:56.31 | 38.60 | 950m: 12:04.98 | 38.65 | 1350m: 17:16.36 | 38.80 |
| | 200m: 2:28.08 | 38.20 | 600m: 7:34.65 | 38.34 | 1000m: 12:43.85 | 38.87 | 1400m: 17:55.49 | 39.13 |
| | 250m: 3:06.04 | 37.96 | 650m: 8:13.37 | 38.72 | 1050m: 13:22.57 | 38.72 | 1450m: 18:34.29 | 38.80 |
| | 300m: 3:44.18 | 38.14 | 700m: 8:51.85 | 38.48 | 1100m: 14:01.40 | 38.83 | 1500m: 19:11.65 | 37.36 |
| | 350m: 4:22.59 | 38.41 | 750m: 9:30.30 | 38.45 | 1150m: 14:40.26 | 38.86 | | |
| | 400m: 5:00.79 | 38.20 | 800m: 10:08.86 | 38.56 | 1200m: 15:19.24 | 38.98 | | |
| 3. | Jenny Schouten | PSV | NED | | 198703674 | | 19:33.28 | +0.77 |
| | 50m: 33.39 | 33.39 | 450m: 5:42.93 | 39.59 | 850m: 10:58.02 | 39.12 | 1250m: 16:17.06 | 40.01 |
| | 100m: 1:10.53 | 37.14 | 500m: 6:22.38 | 39.45 | 900m: 11:37.88 | 39.86 | 1300m: 16:57.47 | 40.41 |
| | 150m: 1:49.26 | 38.73 | 550m: 7:01.11 | 38.73 | 950m: 12:17.89 | 40.01 | 1350m: 17:37.26 | 39.79 |
| | 200m: 2:27.64 | 38.38 | 600m: 7:40.57 | 39.46 | 1000m: 12:57.32 | 39.43 | 1400m: 18:16.96 | 39.70 |
| | 250m: 3:06.45 | 38.81 | 650m: 8:19.69 | 39.12 | 1050m: 13:37.27 | 39.95 | 1450m: 18:55.72 | 38.76 |
| | 300m: 3:45.57 | 39.12 | 700m: 8:59.74 | 40.05 | 1100m: 14:16.85 | 39.58 | 1500m: 19:33.28 | 37.56 |
| | 350m: 4:24.72 | 39.15 | 750m: 9:39.14 | 39.40 | 1150m: 14:57.36 | 40.51 | | |
| | 400m: 5:03.34 | 38.62 | 800m: 10:18.90 | 39.76 | 1200m: 15:37.05 | 39.69 | | |
| 4. | Gilda Marussich | ASD Life Academy - Hadria NuotITA | 67277 | | | | 20:29.93 | +0.78 |
| | 50m: 35.60 | 35.60 | 450m: 6:00.32 | 40.70 | 850m: 11:29.76 | 41.08 | 1250m: 17:03.30 | 41.18 |
| | 100m: 1:15.06 | 39.46 | 500m: 6:41.69 | 41.37 | 900m: 12:11.69 | 41.93 | 1300m: 17:45.27 | 41.97 |
| | 150m: 1:55.42 | 40.36 | 550m: 7:22.38 | 40.69 | 950m: 12:52.90 | 41.21 | 1350m: 18:26.70 | 41.43 |
| | 200m: 2:36.37 | 40.95 | 600m: 8:03.70 | 41.32 | 1000m: 13:34.74 | 41.84 | 1400m: 19:09.00 | 42.30 |
| | 250m: 3:16.84 | 40.47 | 650m: 8:44.29 | 40.59 | 1050m: 14:16.02 | 41.28 | 1450m: 19:49.84 | 40.84 |
| | 300m: 3:57.82 | 40.98 | 700m: 9:25.65 | 41.36 | 1100m: 14:58.44 | 42.42 | 1500m: 20:29.93 | 40.09 |
| | 350m: 4:38.44 | 40.62 | 750m: 10:06.86 | 41.21 | 1150m: 15:40.11 | 41.67 | | |
| | 400m: 5:19.62 | 41.18 | 800m: 10:48.68 | 41.82 | 1200m: 16:22.12 | 42.01 | | |
| 5. | Relinda Baas | TriVia | NED | | 198900144 | | 21:16.71 | +0.83 |
| | 50m: 36.71 | 36.71 | 450m: 6:15.21 | 42.79 | 850m: 11:59.38 | 43.22 | 1250m: 17:43.65 | 43.24 |
| | 100m: 1:17.61 | 40.90 | 500m: 6:58.63 | 43.42 | 900m: 12:42.27 | 42.89 | 1300m: 18:26.83 | 43.18 |
| | 150m: 1:59.11 | 41.50 | 550m: 7:41.15 | 42.52 | 950m: 13:24.99 | 42.72 | 1350m: 19:09.89 | 43.06 |
| | 200m: 2:41.38 | 42.27 | 600m: 8:24.27 | 43.12 | 1000m: 14:07.88 | 42.89 | 1400m: 19:52.92 | 43.03 |
| | 250m: 3:23.73 | 42.35 | 650m: 9:06.91 | 42.64 | 1050m: 14:50.68 | 42.80 | 1450m: 20:35.27 | 42.35 |
| | 300m: 4:06.80 | 43.07 | 700m: 9:50.27 | 43.36 | 1100m: 15:33.99 | 43.31 | 1500m: 21:16.71 | 41.44 |
| | 350m: 4:49.71 | 42.91 | 750m: 10:33.23 | 42.96 | 1150m: 16:17.15 | 43.16 | | |
| | 400m: 5:32.42 | 42.71 | 800m: 11:16.16 | 42.93 | 1200m: 17:00.41 | 43.26 | | |
| 6. | Nanda van Heteren | PSV | NED | | 198901728 | | 21:32.74 | |
| | 50m: 37.35 | 37.35 | 450m: 6:22.29 | 43.41 | 850m: 12:09.27 | 43.53 | 1250m: 18:00.11 | 43.20 |
| | 100m: 1:19.44 | 42.09 | 500m: 7:06.07 | 43.78 | 900m: 12:53.15 | 43.88 | 1300m: 18:44.61 | 44.50 |
| | 150m: 2:02.02 | 42.58 | 550m: 7:49.23 | 43.16 | 950m: 13:36.89 | 43.74 | 1350m: 19:28.00 | 43.39 |
| | 200m: 2:45.57 | 43.55 | 600m: 8:32.90 | 43.67 | 1000m: 14:20.47 | 43.58 | 1400m: 20:10.59 | 42.59 |
| | 250m: 3:28.77 | 43.20 | 650m: 9:15.94 | 43.04 | 1050m: 15:04.00 | 43.53 | 1450m: 20:52.46 | 41.87 |
| | 300m: 4:12.38 | 43.61 | 700m: 9:59.50 | 43.56 | 1100m: 15:48.05 | 44.05 | 1500m: 21:32.74 | 40.28 |
| | 350m: 4:55.50 | 43.12 | 750m: 10:42.33 | 42.83 | 1150m: 16:32.62 | 44.57 | | |
| | 400m: 5:38.88 | 43.38 | 800m: 11:25.74 | 43.41 | 1200m: 17:16.91 | 44.29 | | |
| 7. | Liesbeth van Mill | Zwemlust- den Hommel | NED | | 198702786 | | 22:39.65 | +0.95 |
| | 50m: 38.94 | 38.94 | 450m: 6:33.80 | 45.03 | 850m: 12:38.49 | 45.40 | 1250m: 18:47.77 | 46.19 |
| | 100m: 1:21.91 | 42.97 | 500m: 7:19.43 | 45.63 | 900m: 13:24.93 | 46.44 | 1300m: 19:34.38 | 46.61 |
| | 150m: 2:05.66 | 43.75 | 550m: 8:05.05 | 45.62 | 950m: 14:10.67 | 45.74 | 1350m: 20:20.71 | 46.33 |
| | 200m: 2:50.15 | 44.49 | 600m: 8:50.65 | 45.60 | 1000m: 14:56.99 | 46.32 | 1400m: 21:07.44 | 46.73 |
| | 250m: 3:34.47 | 44.32 | 650m: 9:36.28 | 45.63 | 1050m: 15:43.04 | 46.05 | 1450m: 21:53.91 | 46.47 |
| | 300m: 4:19.26 | 44.79 | 700m: 10:22.04 | 45.76 | 1100m: 16:29.60 | 46.56 | 1500m: 22:39.65 | 45.74 |
| | 350m: 5:03.82 | 44.56 | 750m: 11:07.03 | 44.99 | 1150m: 17:15.19 | 45.59 | | |
| | 400m: 5:48.77 | 44.95 | 800m: 11:53.09 | 46.06 | 1200m: 18:01.58 | 46.39 | | |



Programmanr. 2, Dames, 1500m vrije slag, Masters 35+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|-----------------------|-------------|----------------|-------|-----------------|-------|-----------------|--------------|------|
| 8. | Sandra Schellekens | Neptunus'58 | NED | | 198503416 | | 23:34.73 | +0.88 | |
| | 50m: 38.59 | 38.59 | 450m: 6:50.33 | 47.63 | 850m: 13:13.76 | 47.44 | 1250m: 19:38.61 | 48.13 | |
| | 100m: 1:22.92 | 44.33 | 500m: 7:38.08 | 47.75 | 900m: 14:01.82 | 48.06 | 1300m: 20:27.13 | 48.52 | |
| | 150m: 2:08.29 | 45.37 | 550m: 8:25.94 | 47.86 | 950m: 14:49.64 | 47.82 | 1350m: 21:15.19 | 48.06 | |
| | 200m: 2:54.34 | 46.05 | 600m: 9:14.31 | 48.37 | 1000m: 15:37.85 | 48.21 | 1400m: 22:04.05 | 48.86 | |
| | 250m: 3:41.27 | 46.93 | 650m: 10:02.35 | 48.04 | 1050m: 16:25.88 | 48.03 | 1450m: 22:51.24 | 47.19 | |
| | 300m: 4:27.91 | 46.64 | 700m: 10:50.59 | 48.24 | 1100m: 17:14.05 | 48.17 | 1500m: 23:34.73 | 43.49 | |
| | 350m: 5:15.27 | 47.36 | 750m: 11:38.38 | 47.79 | 1150m: 18:01.97 | 47.92 | | | |
| | 400m: 6:02.70 | 47.43 | 800m: 12:26.32 | 47.94 | 1200m: 18:50.48 | 48.51 | | | |
| 9. | Esther Boerdam-Delfos | AZC | NED | | 198705256 | | 23:40.01 | +0.79 | |
| | 50m: 39.11 | 39.11 | 450m: 6:51.76 | 47.55 | 850m: 13:15.87 | 48.22 | 1250m: 19:43.94 | 48.71 | |
| | 100m: 1:22.86 | 43.75 | 500m: 7:39.69 | 47.93 | 900m: 14:04.93 | 49.06 | 1300m: 20:32.33 | 48.39 | |
| | 150m: 2:08.45 | 45.59 | 550m: 8:27.48 | 47.79 | 950m: 14:52.84 | 47.91 | 1350m: 21:20.77 | 48.44 | |
| | 200m: 2:55.53 | 47.08 | 600m: 9:15.27 | 47.79 | 1000m: 15:41.11 | 48.27 | 1400m: 22:09.42 | 48.65 | |
| | 250m: 3:42.46 | 46.93 | 650m: 10:02.97 | 47.70 | 1050m: 16:29.76 | 48.65 | 1450m: 22:55.52 | 46.10 | |
| | 300m: 4:29.80 | 47.34 | 700m: 10:51.29 | 48.32 | 1100m: 17:18.46 | 48.70 | 1500m: 23:40.01 | 44.49 | |
| | 350m: 5:16.64 | 46.84 | 750m: 11:39.06 | 47.77 | 1150m: 18:06.85 | 48.39 | | | |
| | 400m: 6:04.21 | 47.57 | 800m: 12:27.65 | 48.59 | 1200m: 18:55.23 | 48.38 | | | |

Masters 40+

| | | | | | | | | | |
|----|--|-----------------------|----------------|-------|-----------------|-------|-----------------|--------------|--|
| 1. | Ann Wanter <i>Belgisch Masters Record</i> | Zwemclub Geel | BEL | | ZGEEL/21082/82 | | 19:19.08 | +0.78 | |
| | 50m: 33.90 | 33.90 | 450m: 5:42.40 | 38.85 | 850m: 10:53.41 | 39.06 | 1250m: 16:06.95 | 39.02 | |
| | 100m: 1:10.90 | 37.00 | 500m: 6:21.05 | 38.65 | 900m: 11:32.75 | 39.34 | 1300m: 16:46.16 | 39.21 | |
| | 150m: 1:49.58 | 38.68 | 550m: 6:59.59 | 38.54 | 950m: 12:11.99 | 39.24 | 1350m: 17:25.52 | 39.36 | |
| | 200m: 2:28.46 | 38.88 | 600m: 7:38.59 | 39.00 | 1000m: 12:51.61 | 39.62 | 1400m: 18:04.64 | 39.12 | |
| | 250m: 3:06.79 | 38.33 | 650m: 8:17.45 | 38.86 | 1050m: 13:30.84 | 39.23 | 1450m: 18:43.47 | 38.83 | |
| | 300m: 3:45.93 | 39.14 | 700m: 8:56.50 | 39.05 | 1100m: 14:10.01 | 39.17 | 1500m: 19:19.08 | 35.61 | |
| | 350m: 4:24.76 | 38.83 | 750m: 9:35.45 | 38.95 | 1150m: 14:48.89 | 38.88 | | | |
| | 400m: 5:03.55 | 38.79 | 800m: 10:14.35 | 38.90 | 1200m: 15:27.93 | 39.04 | | | |
| 2. | Maike Zeterberg | Zehlendorfer TSV 1888 | GER | | 066680 | | 19:24.09 | | |
| | 50m: 33.81 | 33.81 | 450m: 5:40.05 | 38.53 | 850m: 10:53.29 | 39.02 | 1250m: 16:08.15 | 39.07 | |
| | 100m: 1:11.49 | 37.68 | 500m: 6:19.36 | 39.31 | 900m: 11:32.93 | 39.64 | 1300m: 16:47.91 | 39.76 | |
| | 150m: 1:49.68 | 38.19 | 550m: 6:58.19 | 38.83 | 950m: 12:12.06 | 39.13 | 1350m: 17:27.14 | 39.23 | |
| | 200m: 2:27.92 | 38.24 | 600m: 7:37.43 | 39.24 | 1000m: 12:51.86 | 39.80 | 1400m: 18:06.98 | 39.84 | |
| | 250m: 3:06.09 | 38.17 | 650m: 8:16.35 | 38.92 | 1050m: 13:30.93 | 39.07 | 1450m: 18:45.55 | 38.57 | |
| | 300m: 3:44.49 | 38.40 | 700m: 8:55.72 | 39.37 | 1100m: 14:10.45 | 39.52 | 1500m: 19:24.09 | 38.54 | |
| | 350m: 4:22.72 | 38.23 | 750m: 9:34.77 | 39.05 | 1150m: 14:49.47 | 39.02 | | | |
| | 400m: 5:01.52 | 38.80 | 800m: 10:14.27 | 39.50 | 1200m: 15:29.08 | 39.61 | | | |
| 3. | Heather Frees | Lone Star Masters | USA | | | | 19:42.13 | +0.67 | |
| | 50m: 34.39 | 34.39 | 450m: 5:46.19 | 39.84 | 850m: 11:05.23 | 40.33 | 1250m: 16:25.94 | 40.16 | |
| | 100m: 1:11.92 | 37.53 | 500m: 6:25.94 | 39.75 | 900m: 11:45.44 | 40.21 | 1300m: 17:06.05 | 40.11 | |
| | 150m: 1:50.34 | 38.42 | 550m: 7:05.76 | 39.82 | 950m: 12:25.29 | 39.85 | 1350m: 17:45.83 | 39.78 | |
| | 200m: 2:29.10 | 38.76 | 600m: 7:45.41 | 39.65 | 1000m: 13:05.27 | 39.98 | 1400m: 18:25.45 | 39.62 | |
| | 250m: 3:08.27 | 39.17 | 650m: 8:25.39 | 39.98 | 1050m: 13:45.39 | 40.12 | 1450m: 19:04.82 | 39.37 | |
| | 300m: 3:47.58 | 39.31 | 700m: 9:05.14 | 39.75 | 1100m: 14:26.09 | 40.70 | 1500m: 19:42.13 | 37.31 | |
| | 350m: 4:27.03 | 39.45 | 750m: 9:45.06 | 39.92 | 1150m: 15:05.85 | 39.76 | | | |
| | 400m: 5:06.35 | 39.32 | 800m: 10:24.90 | 39.84 | 1200m: 15:45.78 | 39.93 | | | |
| 4. | Steffi Krul- Meinhold | d'ELFT | NED | | 198001542 | | 20:39.20 | +0.84 | |
| | 50m: 36.05 | 36.05 | 450m: 6:07.05 | 41.41 | 850m: 11:40.65 | 41.76 | 1250m: 17:13.84 | 41.95 | |
| | 100m: 1:16.46 | 40.41 | 500m: 6:48.62 | 41.57 | 900m: 12:22.05 | 41.40 | 1300m: 17:55.18 | 41.34 | |
| | 150m: 1:57.36 | 40.90 | 550m: 7:30.67 | 42.05 | 950m: 13:03.55 | 41.50 | 1350m: 18:36.57 | 41.39 | |
| | 200m: 2:38.85 | 41.49 | 600m: 8:12.48 | 41.81 | 1000m: 13:45.00 | 41.45 | 1400m: 19:17.86 | 41.29 | |
| | 250m: 3:20.27 | 41.42 | 650m: 8:54.37 | 41.89 | 1050m: 14:26.71 | 41.71 | 1450m: 19:59.08 | 41.22 | |
| | 300m: 4:01.92 | 41.65 | 700m: 9:35.85 | 41.48 | 1100m: 15:08.16 | 41.45 | 1500m: 20:39.20 | 40.12 | |
| | 350m: 4:43.89 | 41.97 | 750m: 10:17.52 | 41.67 | 1150m: 15:50.12 | 41.96 | | | |
| | 400m: 5:25.64 | 41.75 | 800m: 10:58.89 | 41.37 | 1200m: 16:31.89 | 41.77 | | | |
| 5. | Ramona Linting | AZC | NED | | 198301274 | | 22:08.00 | +0.58 | |
| | 50m: 37.24 | 37.24 | 450m: 6:25.13 | 43.94 | 850m: 12:21.00 | 44.70 | 1250m: 18:21.41 | 45.14 | |
| | 100m: 1:18.65 | 41.41 | 500m: 7:09.62 | 44.49 | 900m: 13:06.20 | 45.20 | 1300m: 19:07.40 | 45.99 | |
| | 150m: 2:01.32 | 42.67 | 550m: 7:53.99 | 44.37 | 950m: 13:50.84 | 44.64 | 1350m: 19:52.32 | 44.92 | |
| | 200m: 2:45.30 | 43.98 | 600m: 8:38.28 | 44.29 | 1000m: 14:36.09 | 45.25 | 1400m: 20:37.61 | 45.29 | |
| | 250m: 3:29.18 | 43.88 | 650m: 9:22.29 | 44.01 | 1050m: 15:20.78 | 44.69 | 1450m: 21:22.42 | 44.81 | |
| | 300m: 4:13.10 | 43.92 | 700m: 10:06.82 | 44.53 | 1100m: 16:06.10 | 45.32 | 1500m: 22:08.00 | 45.58 | |
| | 350m: 4:56.98 | 43.88 | 750m: 10:51.29 | 44.47 | 1150m: 16:50.67 | 44.57 | | | |
| | 400m: 5:41.19 | 44.21 | 800m: 11:36.30 | 45.01 | 1200m: 17:36.27 | 45.60 | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 40+

| rang | naam | vereniging | tijd | RT | PARA |
|------|------------------|---------------------|-----------------|-----------------|-------|
| 6. | Sabrina Boekhout | De Biesboschzimmers | 22:31.52 | +0.84 | |
| | 50m: 37.49 | 450m: 6:35.46 | 44.89 | 850m: 12:38.68 | 45.43 |
| | 100m: 1:19.91 | 500m: 7:20.23 | 44.77 | 900m: 13:24.52 | 45.84 |
| | 150m: 2:03.94 | 550m: 8:05.18 | 44.95 | 950m: 14:10.37 | 45.85 |
| | 200m: 2:48.55 | 600m: 8:50.68 | 45.50 | 1000m: 14:56.42 | 46.05 |
| | 250m: 3:33.53 | 650m: 9:35.98 | 45.30 | 1050m: 15:42.06 | 45.64 |
| | 300m: 4:19.09 | 700m: 10:22.20 | 46.22 | 1100m: 16:28.03 | 45.97 |
| | 350m: 5:04.86 | 750m: 11:07.52 | 45.32 | 1150m: 17:14.25 | 46.22 |
| | 400m: 5:50.57 | 800m: 11:53.25 | 45.73 | 1200m: 17:59.76 | 45.51 |
| 7. | Linda Hoogendam | WVZ | 23:46.03 | +0.91 | |
| | 50m: 39.56 | 450m: 6:57.69 | 47.76 | 850m: 13:25.30 | 48.45 |
| | 100m: 1:25.37 | 500m: 7:46.46 | 48.77 | 900m: 14:13.72 | 48.42 |
| | 150m: 2:11.51 | 550m: 8:33.91 | 47.45 | 950m: 15:02.45 | 48.73 |
| | 200m: 2:58.60 | 600m: 9:22.22 | 48.31 | 1000m: 15:51.31 | 48.86 |
| | 250m: 3:46.17 | 650m: 10:10.74 | 48.52 | 1050m: 16:39.02 | 47.71 |
| | 300m: 4:33.52 | 700m: 10:59.38 | 48.64 | 1100m: 17:27.52 | 48.50 |
| | 350m: 5:21.62 | 750m: 11:48.05 | 48.67 | 1150m: 18:16.57 | 49.05 |
| | 400m: 6:09.93 | 800m: 12:36.85 | 48.80 | 1200m: 19:05.20 | 48.63 |

Masters 45+

| | | | | | |
|----|------------------|----------------|-----------------|-----------------|-------|
| 1. | Liselotte Joling | PSV | 19:51.73 | +0.84 | |
| | 50m: 35.54 | 450m: 5:52.77 | 40.15 | 850m: 11:10.77 | 39.85 |
| | 100m: 1:14.88 | 500m: 6:32.62 | 39.85 | 900m: 11:51.00 | 40.23 |
| | 150m: 1:54.12 | 550m: 7:11.31 | 38.69 | 950m: 12:31.52 | 40.52 |
| | 200m: 2:34.00 | 600m: 7:50.94 | 39.63 | 1000m: 13:11.26 | 39.74 |
| | 250m: 3:13.79 | 650m: 8:31.39 | 40.45 | 1050m: 13:51.94 | 40.68 |
| | 300m: 3:53.38 | 700m: 9:11.23 | 39.84 | 1100m: 14:31.89 | 39.95 |
| | 350m: 4:33.26 | 750m: 9:51.15 | 39.92 | 1150m: 15:11.44 | 39.55 |
| | 400m: 5:12.62 | 800m: 10:30.92 | 39.77 | 1200m: 15:51.86 | 40.42 |
| 2. | Chantal Verhoeff | Old Dutch | 22:23.77 | +0.79 | |
| | 50m: 37.48 | 450m: 6:34.43 | 45.06 | 850m: 12:33.88 | 45.31 |
| | 100m: 1:20.19 | 500m: 7:19.06 | 44.63 | 900m: 13:19.01 | 45.13 |
| | 150m: 2:04.55 | 550m: 8:03.82 | 44.76 | 950m: 14:04.20 | 45.19 |
| | 200m: 2:49.12 | 600m: 8:48.70 | 44.88 | 1000m: 14:49.91 | 45.71 |
| | 250m: 3:34.17 | 650m: 9:33.88 | 45.18 | 1050m: 15:35.37 | 45.46 |
| | 300m: 4:18.96 | 700m: 10:18.63 | 44.75 | 1100m: 16:20.99 | 45.62 |
| | 350m: 5:04.40 | 750m: 11:03.57 | 44.94 | 1150m: 17:06.41 | 45.42 |
| | 400m: 5:49.37 | 800m: 11:48.57 | 45.00 | 1200m: 17:51.96 | 45.55 |
| 3. | Jessica Venema | GZC DONK | 22:44.53 | +0.80 | |
| | 50m: 36.43 | 450m: 6:31.94 | 45.54 | 850m: 12:42.17 | 47.39 |
| | 100m: 1:18.58 | 500m: 7:17.13 | 45.19 | 900m: 13:28.85 | 46.68 |
| | 150m: 2:02.06 | 550m: 8:03.31 | 46.18 | 950m: 14:15.83 | 46.98 |
| | 200m: 2:46.42 | 600m: 8:48.62 | 45.31 | 1000m: 15:02.84 | 47.01 |
| | 250m: 3:31.41 | 650m: 9:34.85 | 46.23 | 1050m: 15:50.03 | 47.19 |
| | 300m: 4:16.34 | 700m: 10:21.27 | 46.42 | 1100m: 16:37.20 | 47.17 |
| | 350m: 5:01.33 | 750m: 11:07.74 | 46.47 | 1150m: 17:23.85 | 46.65 |
| | 400m: 5:46.40 | 800m: 11:54.78 | 47.04 | 1200m: 18:10.22 | 46.37 |

Masters 50+

| | | | | | |
|----|---------------|----------------|-----------------|-----------------|-------|
| 1. | Carla Geurts | PSV | 19:33.69 | +0.72 | |
| | 50m: 34.27 | 450m: 5:45.97 | 39.10 | 850m: 10:59.59 | 38.74 |
| | 100m: 1:12.11 | 500m: 6:25.36 | 39.39 | 900m: 11:39.15 | 39.56 |
| | 150m: 1:50.65 | 550m: 7:04.48 | 39.12 | 950m: 12:18.41 | 39.26 |
| | 200m: 2:29.81 | 600m: 7:43.81 | 39.33 | 1000m: 12:58.35 | 39.94 |
| | 250m: 3:08.56 | 650m: 8:22.75 | 38.94 | 1050m: 13:37.73 | 39.38 |
| | 300m: 3:48.15 | 700m: 9:02.30 | 39.55 | 1100m: 14:17.00 | 39.27 |
| | 350m: 4:27.40 | 750m: 9:41.16 | 38.86 | 1150m: 14:56.47 | 39.47 |
| | 400m: 5:06.87 | 800m: 10:20.85 | 39.69 | 1200m: 15:35.69 | 39.22 |
| 2. | Bianca Groot | MSV-Zeemacht | 21:19.27 | +0.87 | |
| | 50m: 36.77 | 450m: 6:11.84 | 42.44 | 850m: 11:53.05 | 43.20 |
| | 100m: 1:18.03 | 500m: 6:54.34 | 42.50 | 900m: 12:36.40 | 43.35 |
| | 150m: 1:59.81 | 550m: 7:36.65 | 42.31 | 950m: 13:19.94 | 43.54 |
| | 200m: 2:41.57 | 600m: 8:19.16 | 42.51 | 1000m: 14:03.70 | 43.76 |
| | 250m: 3:23.52 | 650m: 9:01.51 | 42.35 | 1050m: 14:46.59 | 42.89 |
| | 300m: 4:05.32 | 700m: 9:44.31 | 42.80 | 1100m: 15:30.23 | 43.64 |
| | 350m: 4:47.21 | 750m: 10:26.84 | 42.53 | 1150m: 16:13.92 | 43.69 |
| | 400m: 5:29.40 | 800m: 11:09.85 | 43.01 | 1200m: 16:58.09 | 44.17 |

Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|-------------------|-----------------------------|-----------------|--------------|-----------------|-------|-----------------|-------|
| 3. | Karin Stein | ZVVS | 21:35.77 | +0.85 | | | | |
| | 50m: 38.20 | 38.20 | 450m: 6:22.67 | 43.26 | 850m: 12:10.60 | 43.25 | 1250m: 17:58.82 | 43.73 |
| | 100m: 1:19.82 | 41.62 | 500m: 7:06.03 | 43.36 | 900m: 12:54.21 | 43.61 | 1300m: 18:43.13 | 44.31 |
| | 150m: 2:02.71 | 42.89 | 550m: 7:49.40 | 43.37 | 950m: 13:37.76 | 43.55 | 1350m: 19:26.98 | 43.85 |
| | 200m: 2:45.88 | 43.17 | 600m: 8:32.72 | 43.32 | 1000m: 14:21.16 | 43.40 | 1400m: 20:10.73 | 43.75 |
| | 250m: 3:29.06 | 43.18 | 650m: 9:16.14 | 43.42 | 1050m: 15:04.64 | 43.48 | 1450m: 20:54.44 | 43.71 |
| | 300m: 4:12.25 | 43.19 | 700m: 9:59.97 | 43.83 | 1100m: 15:47.96 | 43.32 | 1500m: 21:35.77 | 41.33 |
| | 350m: 4:55.84 | 43.59 | 750m: 10:43.42 | 43.45 | 1150m: 16:31.37 | 43.41 | | |
| | 400m: 5:39.41 | 43.57 | 800m: 11:27.35 | 43.93 | 1200m: 17:15.09 | 43.72 | | |
| 4. | Marleen Vos | Batavia Swim | 21:38.42 | +0.83 | | | | |
| | 50m: 37.41 | 37.41 | 450m: 6:18.66 | 43.24 | 850m: 12:06.65 | 43.42 | 1250m: 17:58.98 | 44.30 |
| | 100m: 1:19.02 | 41.61 | 500m: 7:01.75 | 43.09 | 900m: 12:50.53 | 43.88 | 1300m: 18:43.58 | 44.60 |
| | 150m: 2:01.11 | 42.09 | 550m: 7:45.33 | 43.58 | 950m: 13:34.66 | 44.13 | 1350m: 19:28.01 | 44.43 |
| | 200m: 2:43.71 | 42.60 | 600m: 8:28.82 | 43.49 | 1000m: 14:18.34 | 43.68 | 1400m: 20:11.97 | 43.96 |
| | 250m: 3:26.53 | 42.82 | 650m: 9:12.13 | 43.31 | 1050m: 15:02.38 | 44.04 | 1450m: 20:56.03 | 44.06 |
| | 300m: 4:09.48 | 42.95 | 700m: 9:55.64 | 43.51 | 1100m: 15:46.69 | 44.31 | 1500m: 21:38.42 | 42.39 |
| | 350m: 4:52.20 | 42.72 | 750m: 10:39.27 | 43.63 | 1150m: 16:30.20 | 43.51 | | |
| | 400m: 5:35.42 | 43.22 | 800m: 11:23.23 | 43.96 | 1200m: 17:14.68 | 44.48 | | |
| 5. | Nicole Warnier | Zwemclub Eijsden | 21:58.16 | +0.89 | | | | |
| | 50m: 38.68 | 38.68 | 450m: 6:24.70 | 43.62 | 850m: 12:16.59 | 44.65 | 1250m: 18:15.26 | 45.08 |
| | 100m: 1:20.61 | 41.93 | 500m: 7:08.25 | 43.55 | 900m: 13:01.17 | 44.58 | 1300m: 19:00.17 | 44.91 |
| | 150m: 2:03.87 | 43.26 | 550m: 7:51.74 | 43.49 | 950m: 13:45.95 | 44.78 | 1350m: 19:45.16 | 44.99 |
| | 200m: 2:47.15 | 43.28 | 600m: 8:35.30 | 43.56 | 1000m: 14:30.57 | 44.62 | 1400m: 20:29.99 | 44.83 |
| | 250m: 3:30.54 | 43.39 | 650m: 9:19.04 | 43.74 | 1050m: 15:15.37 | 44.80 | 1450m: 21:14.57 | 44.58 |
| | 300m: 4:13.87 | 43.33 | 700m: 10:02.73 | 43.69 | 1100m: 16:00.35 | 44.98 | 1500m: 21:58.16 | 43.59 |
| | 350m: 4:57.54 | 43.67 | 750m: 10:47.48 | 44.75 | 1150m: 16:45.31 | 44.96 | | |
| | 400m: 5:41.08 | 43.54 | 800m: 11:31.94 | 44.46 | 1200m: 17:30.18 | 44.87 | | |
| 6. | Mariska van Doorn | Arethusa | 22:48.41 | +0.94 | | | | |
| | 50m: 38.13 | 38.13 | 450m: 6:35.80 | 45.53 | 850m: 12:44.55 | 45.50 | 1250m: 18:57.43 | 46.75 |
| | 100m: 1:20.77 | 42.64 | 500m: 7:21.50 | 45.70 | 900m: 13:30.90 | 46.35 | 1300m: 19:44.30 | 46.87 |
| | 150m: 2:05.02 | 44.25 | 550m: 8:07.10 | 45.60 | 950m: 14:17.32 | 46.42 | 1350m: 20:31.05 | 46.75 |
| | 200m: 2:49.69 | 44.67 | 600m: 8:53.36 | 46.26 | 1000m: 15:04.12 | 46.80 | 1400m: 21:16.97 | 45.92 |
| | 250m: 3:34.23 | 44.54 | 650m: 9:39.85 | 46.49 | 1050m: 15:50.87 | 46.75 | 1450m: 22:03.68 | 46.71 |
| | 300m: 4:19.45 | 45.22 | 700m: 10:25.93 | 46.08 | 1100m: 16:37.61 | 46.74 | 1500m: 22:48.41 | 44.73 |
| | 350m: 5:04.68 | 45.23 | 750m: 11:12.47 | 46.54 | 1150m: 17:23.83 | 46.22 | | |
| | 400m: 5:50.27 | 45.59 | 800m: 11:59.05 | 46.58 | 1200m: 18:10.68 | 46.85 | | |
| 7. | Inken Wemheuer | Team Noord Holland (SG) | 23:00.45 | +0.79 | | | | |
| | 50m: 38.66 | 38.66 | 450m: 6:48.00 | 46.59 | 850m: 13:01.72 | 46.68 | 1250m: 19:12.70 | 46.37 |
| | 100m: 1:22.50 | 43.84 | 500m: 7:35.26 | 47.26 | 900m: 13:48.20 | 46.48 | 1300m: 19:59.22 | 46.52 |
| | 150m: 2:08.34 | 45.84 | 550m: 8:21.94 | 46.68 | 950m: 14:33.95 | 45.75 | 1350m: 20:45.99 | 46.77 |
| | 200m: 2:54.63 | 46.29 | 600m: 9:08.74 | 46.80 | 1000m: 15:20.07 | 46.12 | 1400m: 21:33.04 | 47.05 |
| | 250m: 3:41.01 | 46.38 | 650m: 9:55.29 | 46.55 | 1050m: 16:06.37 | 46.30 | 1450m: 22:18.16 | 45.12 |
| | 300m: 4:27.77 | 46.76 | 700m: 10:42.13 | 46.84 | 1100m: 16:53.17 | 46.80 | 1500m: 23:00.45 | 42.29 |
| | 350m: 5:14.41 | 46.64 | 750m: 11:28.39 | 46.26 | 1150m: 17:39.52 | 46.35 | | |
| | 400m: 6:01.41 | 47.00 | 800m: 12:15.04 | 46.65 | 1200m: 18:26.33 | 46.81 | | |
| 8. | Pascalie Janssen | Patrick-De Roersoppers (SG) | 23:33.81 | +0.98 | | | | |
| | 50m: 39.09 | 39.09 | 450m: 6:52.18 | 47.53 | 850m: 13:14.07 | 48.03 | 1250m: 19:38.07 | 48.50 |
| | 100m: 1:23.32 | 44.23 | 500m: 7:39.89 | 47.71 | 900m: 14:01.78 | 47.71 | 1300m: 20:26.10 | 48.03 |
| | 150m: 2:09.40 | 46.08 | 550m: 8:27.45 | 47.56 | 950m: 14:49.95 | 48.17 | 1350m: 21:14.38 | 48.28 |
| | 200m: 2:55.89 | 46.49 | 600m: 9:14.81 | 47.36 | 1000m: 15:37.61 | 47.66 | 1400m: 22:02.66 | 48.28 |
| | 250m: 3:42.90 | 47.01 | 650m: 10:02.56 | 47.75 | 1050m: 16:25.48 | 47.87 | 1450m: 22:50.09 | 47.43 |
| | 300m: 4:30.04 | 47.14 | 700m: 10:50.09 | 47.53 | 1100m: 17:13.29 | 47.81 | 1500m: 23:33.81 | 43.72 |
| | 350m: 5:17.38 | 47.34 | 750m: 11:38.02 | 47.93 | 1150m: 18:01.53 | 48.24 | | |
| | 400m: 6:04.65 | 47.27 | 800m: 12:26.04 | 48.02 | 1200m: 18:49.57 | 48.04 | | |
| 9. | Annette Spies | Link | 25:36.06 | +0.92 | | | | |
| | 50m: 44.03 | 44.03 | 450m: 7:33.73 | 51.47 | 850m: 14:26.52 | 50.25 | 1250m: 21:19.59 | 50.58 |
| | 100m: 1:33.06 | 49.03 | 500m: 8:25.20 | 51.47 | 900m: 15:19.10 | 52.58 | 1300m: 22:11.92 | 52.33 |
| | 150m: 2:24.12 | 51.06 | 550m: 9:17.99 | 52.79 | 950m: 16:09.64 | 50.54 | 1350m: 23:03.03 | 51.11 |
| | 200m: 3:15.19 | 51.07 | 600m: 10:09.92 | 51.93 | 1000m: 17:02.23 | 52.59 | 1400m: 23:54.97 | 51.94 |
| | 250m: 4:06.45 | 51.26 | 650m: 11:01.27 | 51.35 | 1050m: 17:53.78 | 51.55 | 1450m: 24:46.35 | 51.38 |
| | 300m: 4:58.71 | 52.26 | 700m: 11:52.88 | 51.61 | 1100m: 18:45.58 | 51.80 | 1500m: 25:36.06 | 49.71 |
| | 350m: 5:50.59 | 51.88 | 750m: 12:44.36 | 51.48 | 1150m: 19:36.51 | 50.93 | | |
| | 400m: 6:42.26 | 51.67 | 800m: 13:36.27 | 51.91 | 1200m: 20:29.01 | 52.50 | | |
| 10. | Annet Kootstra | SWOL 1894 | 26:25.16 | +1.02 | | | | |
| | 50m: 43.45 | 43.45 | 450m: 7:34.26 | 52.68 | 850m: 14:39.90 | 53.96 | 1250m: 21:53.27 | 54.51 |
| | 100m: 1:32.59 | 49.14 | 500m: 8:26.40 | 52.14 | 900m: 15:33.48 | 53.58 | 1300m: 22:47.54 | 54.27 |
| | 150m: 2:22.59 | 50.00 | 550m: 9:19.33 | 52.93 | 950m: 16:28.13 | 54.65 | 1350m: 23:42.75 | 55.21 |
| | 200m: 3:13.71 | 51.12 | 600m: 10:12.34 | 53.01 | 1000m: 17:21.43 | 53.30 | 1400m: 24:37.04 | 54.29 |
| | 250m: 4:05.08 | 51.37 | 650m: 11:05.56 | 53.22 | 1050m: 18:15.90 | 54.47 | 1450m: 25:32.04 | 55.00 |
| | 300m: 4:56.63 | 51.55 | 700m: 11:58.57 | 53.01 | 1100m: 19:09.94 | 54.04 | 1500m: 26:25.16 | 53.12 |
| | 350m: 5:48.68 | 52.05 | 750m: 12:52.78 | 54.21 | 1150m: 20:04.72 | 54.78 | | |
| | 400m: 6:41.58 | 52.90 | 800m: 13:45.94 | 53.16 | 1200m: 20:58.76 | 54.04 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

| rang | naam | vereniging | tijd | RT | PARA | |
|------|----------------|------------|-----------------|-------|-----------------|-------|
| 11. | Marita Pongers | ZPC De Hof | 27:15.23 | | | |
| | 50m: 45.17 | 45.17 | 450m: 8:00.38 | 55.84 | 850m: 15:19.67 | 55.73 |
| | 100m: 1:36.10 | 50.93 | 500m: 8:54.22 | 53.84 | 900m: 16:14.86 | 55.19 |
| | 150m: 2:29.04 | 52.94 | 550m: 9:48.61 | 54.39 | 950m: 17:11.19 | 56.33 |
| | 200m: 3:23.64 | 54.60 | 600m: 10:43.61 | 55.00 | 1000m: 18:05.06 | 53.87 |
| | 250m: 4:18.40 | 54.76 | 650m: 11:37.84 | 54.23 | 1050m: 18:59.50 | 54.44 |
| | 300m: 5:15.01 | 56.61 | 700m: 12:34.40 | 56.56 | 1100m: 19:56.06 | 56.56 |
| | 350m: 6:09.89 | 54.88 | 750m: 13:29.18 | 54.78 | 1150m: 20:51.79 | 55.73 |
| | 400m: 7:04.54 | 54.65 | 800m: 14:23.94 | 54.76 | 1200m: 21:47.00 | 55.21 |
| | | | | | 1250m: 22:42.71 | 55.71 |
| | | | | | 1300m: 23:38.22 | 55.51 |
| | | | | | 1350m: 24:34.19 | 55.97 |
| | | | | | 1400m: 25:30.55 | 56.36 |
| | | | | | 1450m: 26:24.01 | 53.46 |
| | | | | | 1500m: 27:15.23 | 51.22 |

Masters 55+

| | | | | | | |
|----|------------------------------|---------------------------------|-----------------|-------|-----------------|-------|
| 1. | Iris van Aurich | DWK | 22:56.01 | * | +0.80 | |
| | 50m: 38.07 | 38.07 | 450m: 6:45.35 | 46.34 | 850m: 12:57.26 | 47.48 |
| | 100m: 1:21.49 | 43.42 | 500m: 7:30.91 | 45.56 | 900m: 13:44.05 | 46.79 |
| | 150m: 2:06.84 | 45.35 | 550m: 8:17.53 | 46.62 | 950m: 14:30.91 | 46.86 |
| | 200m: 2:52.99 | 46.15 | 600m: 9:03.94 | 46.41 | 1000m: 15:17.40 | 46.49 |
| | 250m: 3:39.88 | 46.89 | 650m: 9:49.54 | 45.60 | 1050m: 16:04.03 | 46.63 |
| | 300m: 4:26.38 | 46.50 | 700m: 10:35.70 | 46.16 | 1100m: 16:50.94 | 46.91 |
| | 350m: 5:13.20 | 46.82 | 750m: 11:23.15 | 47.45 | 1150m: 17:37.72 | 46.78 |
| | 400m: 5:59.01 | 45.81 | 800m: 12:09.78 | 46.63 | 1200m: 18:23.89 | 46.17 |
| | | | | | 1250m: 19:10.11 | 46.22 |
| | | | | | 1300m: 19:56.34 | 46.23 |
| | | | | | 1350m: 20:43.08 | 46.74 |
| | | | | | 1400m: 21:28.75 | 45.67 |
| | | | | | 1450m: 22:14.12 | 45.37 |
| | | | | | 1500m: 22:56.01 | 41.89 |
| 2. | Laura Staal | Oceanus | 23:03.53 | | +0.89 | |
| | 50m: 40.27 | 40.27 | 450m: 6:46.70 | 45.84 | 850m: 12:57.64 | 46.63 |
| | 100m: 1:24.73 | 44.46 | 500m: 7:32.99 | 46.29 | 900m: 13:44.23 | 46.59 |
| | 150m: 2:10.55 | 45.82 | 550m: 8:19.41 | 46.42 | 950m: 14:30.75 | 46.52 |
| | 200m: 2:56.72 | 46.17 | 600m: 9:05.75 | 46.34 | 1000m: 15:17.11 | 46.36 |
| | 250m: 3:42.54 | 45.82 | 650m: 9:51.92 | 46.17 | 1050m: 16:03.82 | 46.71 |
| | 300m: 4:28.50 | 45.96 | 700m: 10:38.24 | 46.32 | 1100m: 16:50.47 | 46.65 |
| | 350m: 5:14.79 | 46.29 | 750m: 11:24.26 | 46.02 | 1150m: 17:37.53 | 47.06 |
| | 400m: 6:00.86 | 46.07 | 800m: 12:11.01 | 46.75 | 1200m: 18:24.26 | 46.73 |
| | | | | | 1250m: 19:11.12 | 46.86 |
| | | | | | 1300m: 19:58.10 | 46.98 |
| | | | | | 1350m: 20:44.58 | 46.48 |
| | | | | | 1400m: 21:31.29 | 46.71 |
| | | | | | 1450m: 22:17.84 | 46.55 |
| | | | | | 1500m: 23:03.53 | 45.69 |
| 3. | K. van Nassau-van den Heuvel | Old Dutch | 25:01.02 | | +1.08 | |
| | 50m: 44.58 | 44.58 | 450m: 7:23.69 | 50.22 | 850m: 14:06.83 | 50.35 |
| | 100m: 1:33.47 | 48.89 | 500m: 8:14.07 | 50.38 | 900m: 14:57.88 | 51.05 |
| | 150m: 2:22.83 | 49.36 | 550m: 9:03.87 | 49.80 | 950m: 15:47.76 | 49.88 |
| | 200m: 3:12.64 | 49.81 | 600m: 9:54.36 | 50.49 | 1000m: 16:38.69 | 50.93 |
| | 250m: 4:02.66 | 50.02 | 650m: 10:44.64 | 50.28 | 1050m: 17:29.85 | 51.16 |
| | 300m: 4:52.89 | 50.23 | 700m: 11:35.42 | 50.78 | 1100m: 18:20.84 | 50.99 |
| | 350m: 5:42.93 | 50.04 | 750m: 12:25.65 | 50.23 | 1150m: 19:10.86 | 50.02 |
| | 400m: 6:33.47 | 50.54 | 800m: 13:16.48 | 50.83 | 1200m: 20:01.40 | 50.54 |
| | | | | | 1250m: 20:51.41 | 50.01 |
| | | | | | 1300m: 21:42.25 | 50.84 |
| | | | | | 1350m: 22:31.97 | 49.72 |
| | | | | | 1400m: 23:22.33 | 50.36 |
| | | | | | 1450m: 24:12.41 | 50.08 |
| | | | | | 1500m: 25:01.02 | 48.61 |
| 4. | Kristien Van de Moortel | ShaRK - Zwimming Region KemrBEL | 26:43.38 | | +0.88 | |
| | 50m: 46.30 | 46.30 | 450m: 7:50.67 | 53.32 | 850m: 14:56.93 | 53.73 |
| | 100m: 1:38.89 | 52.59 | 500m: 8:43.28 | 52.61 | 900m: 15:51.41 | 54.48 |
| | 150m: 2:32.26 | 53.37 | 550m: 9:36.54 | 53.26 | 950m: 16:46.10 | 54.69 |
| | 200m: 3:25.66 | 53.40 | 600m: 10:29.86 | 53.32 | 1000m: 17:40.45 | 54.35 |
| | 250m: 4:18.61 | 52.95 | 650m: 11:23.24 | 53.38 | 1050m: 18:34.95 | 54.50 |
| | 300m: 5:11.54 | 52.93 | 700m: 12:16.40 | 53.16 | 1100m: 19:28.99 | 54.04 |
| | 350m: 6:04.69 | 53.15 | 750m: 13:09.98 | 53.58 | 1150m: 20:23.59 | 54.60 |
| | 400m: 6:57.35 | 52.66 | 800m: 14:03.20 | 53.22 | 1200m: 21:18.22 | 54.63 |
| | | | | | 1250m: 22:12.96 | 54.74 |
| | | | | | 1300m: 23:08.42 | 55.46 |
| | | | | | 1350m: 24:03.37 | 54.95 |
| | | | | | 1400m: 24:58.10 | 54.73 |
| | | | | | 1450m: 25:52.62 | 54.52 |
| | | | | | 1500m: 26:43.38 | 50.76 |

Masters 60+

| | | | | | | |
|----|----------------------------------|----------------|-----------------|-------|-----------------|-------|
| 1. | Katrin Pennings | PSV | 22:11.74 | | +0.78 | |
| | <i>Nederlands Masters Record</i> | | | | | |
| | 50m: 37.58 | 37.58 | 450m: 6:30.26 | 45.00 | 850m: 12:27.76 | 44.79 |
| | 100m: 1:19.60 | 42.02 | 500m: 7:14.89 | 44.63 | 900m: 13:12.34 | 44.58 |
| | 150m: 2:03.02 | 43.42 | 550m: 7:59.52 | 44.63 | 950m: 13:57.10 | 44.76 |
| | 200m: 2:46.99 | 43.97 | 600m: 8:44.09 | 44.57 | 1000m: 14:41.95 | 44.85 |
| | 250m: 3:31.40 | 44.41 | 650m: 9:28.76 | 44.67 | 1050m: 15:27.29 | 45.34 |
| | 300m: 4:15.74 | 44.34 | 700m: 10:13.55 | 44.79 | 1100m: 16:11.84 | 44.55 |
| | 350m: 5:00.47 | 44.73 | 750m: 10:58.15 | 44.60 | 1150m: 16:56.80 | 44.96 |
| | 400m: 5:45.26 | 44.79 | 800m: 11:42.97 | 44.82 | 1200m: 17:41.57 | 44.77 |
| | | | | | 1250m: 18:27.08 | 45.51 |
| | | | | | 1300m: 19:12.14 | 45.06 |
| | | | | | 1350m: 19:57.62 | 45.48 |
| | | | | | 1400m: 20:42.77 | 45.15 |
| | | | | | 1450m: 21:28.22 | 45.45 |
| | | | | | 1500m: 22:11.74 | 43.52 |
| 2. | Wilna Heijman | Steenwijk 1934 | 22:37.78 | | +0.83 | |
| | 50m: 39.24 | 39.24 | 450m: 6:33.57 | 44.39 | 850m: 12:36.95 | 45.40 |
| | 100m: 1:22.30 | 43.06 | 500m: 7:19.07 | 45.50 | 900m: 13:22.74 | 45.79 |
| | 150m: 2:05.82 | 43.52 | 550m: 8:03.99 | 44.92 | 950m: 14:08.02 | 45.28 |
| | 200m: 2:50.33 | 44.51 | 600m: 8:49.57 | 45.58 | 1000m: 14:53.88 | 45.86 |
| | 250m: 3:34.58 | 44.25 | 650m: 9:34.94 | 45.37 | 1050m: 15:39.84 | 45.96 |
| | 300m: 4:19.61 | 45.03 | 700m: 10:20.67 | 45.73 | 1100m: 16:26.16 | 46.32 |
| | 350m: 5:03.74 | 44.13 | 750m: 11:05.98 | 45.31 | 1150m: 17:12.07 | 45.91 |
| | 400m: 5:49.18 | 45.44 | 800m: 11:51.55 | 45.57 | 1200m: 17:58.76 | 46.69 |
| | | | | | 1250m: 18:45.00 | 46.24 |
| | | | | | 1300m: 19:31.41 | 46.41 |
| | | | | | 1350m: 20:17.71 | 46.30 |
| | | | | | 1400m: 21:05.13 | 47.42 |
| | | | | | 1450m: 21:51.41 | 46.28 |
| | | | | | 1500m: 22:37.78 | 46.37 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 60+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|---------------------------|------------------|----------------|-------|-----------------|-------|-----------------|-------|------|
| 3. | Monique Kroeze | De Mors | NED 196400546 | | 23:29.79 | | +0.95 | | |
| | 50m: 39.32 | 39.32 | 450m: 6:50.87 | 47.21 | 850m: 13:10.97 | 47.58 | 1250m: 19:32.76 | 47.99 | |
| | 100m: 1:23.05 | 43.73 | 500m: 7:38.22 | 47.35 | 900m: 13:58.66 | 47.69 | 1300m: 20:20.61 | 47.85 | |
| | 150m: 2:08.84 | 45.79 | 550m: 8:25.26 | 47.04 | 950m: 14:46.43 | 47.77 | 1350m: 21:08.13 | 47.52 | |
| | 200m: 2:55.57 | 46.73 | 600m: 9:13.09 | 47.83 | 1000m: 15:34.21 | 47.78 | 1400m: 21:57.19 | 49.06 | |
| | 250m: 3:42.22 | 46.65 | 650m: 10:00.41 | 47.32 | 1050m: 16:21.76 | 47.55 | 1450m: 22:44.54 | 47.35 | |
| | 300m: 4:29.19 | 46.97 | 700m: 10:47.55 | 47.14 | 1100m: 17:09.10 | 47.34 | 1500m: 23:29.79 | 45.25 | |
| | 350m: 5:15.88 | 46.69 | 750m: 11:35.49 | 47.94 | 1150m: 17:57.13 | 48.03 | | | |
| | 400m: 6:03.66 | 47.78 | 800m: 12:23.39 | 47.90 | 1200m: 18:44.77 | 47.64 | | | |
| 4. | P. Tossings-van de Hooven | GZC DONK | NED 196100376 | | 23:38.38 | | +0.86 | | |
| | 50m: 40.80 | 40.80 | 450m: 6:56.66 | 47.56 | 850m: 13:18.00 | 47.65 | 1250m: 19:41.35 | 48.06 | |
| | 100m: 1:26.22 | 45.42 | 500m: 7:44.29 | 47.63 | 900m: 14:05.82 | 47.82 | 1300m: 20:29.49 | 48.14 | |
| | 150m: 2:12.48 | 46.26 | 550m: 8:31.66 | 47.37 | 950m: 14:53.62 | 47.80 | 1350m: 21:17.69 | 48.20 | |
| | 200m: 2:59.82 | 47.34 | 600m: 9:19.52 | 47.86 | 1000m: 15:41.58 | 47.96 | 1400m: 22:06.07 | 48.38 | |
| | 250m: 3:46.45 | 46.63 | 650m: 10:07.23 | 47.71 | 1050m: 16:29.27 | 47.69 | 1450m: 22:54.12 | 48.05 | |
| | 300m: 4:33.83 | 47.38 | 700m: 10:54.93 | 47.70 | 1100m: 17:17.51 | 48.24 | 1500m: 23:38.38 | 44.26 | |
| | 350m: 5:21.26 | 47.43 | 750m: 11:42.71 | 47.78 | 1150m: 18:05.34 | 47.83 | | | |
| | 400m: 6:09.10 | 47.84 | 800m: 12:30.35 | 47.64 | 1200m: 18:53.29 | 47.95 | | | |
| 5. | Riny Zeijveld-Meuleman | De Berkelduikers | NED 196000204 | | 25:24.31 | | +0.81 | | |
| | 50m: 42.72 | 42.72 | 450m: 7:26.57 | 51.32 | 850m: 14:17.29 | 50.42 | 1250m: 21:08.87 | 51.32 | |
| | 100m: 1:30.70 | 47.98 | 500m: 8:18.13 | 51.56 | 900m: 15:09.10 | 51.81 | 1300m: 22:00.90 | 52.03 | |
| | 150m: 2:20.02 | 49.32 | 550m: 9:08.90 | 50.77 | 950m: 16:00.31 | 51.21 | 1350m: 22:51.83 | 50.93 | |
| | 200m: 3:10.25 | 50.23 | 600m: 10:00.77 | 51.87 | 1000m: 16:52.10 | 51.79 | 1400m: 23:43.71 | 51.88 | |
| | 250m: 4:00.67 | 50.42 | 650m: 10:51.89 | 51.12 | 1050m: 17:42.92 | 50.82 | 1450m: 24:34.82 | 51.11 | |
| | 300m: 4:52.36 | 51.69 | 700m: 11:43.81 | 51.92 | 1100m: 18:34.32 | 51.40 | 1500m: 25:24.31 | 49.49 | |
| | 350m: 5:44.08 | 51.72 | 750m: 12:35.23 | 51.42 | 1150m: 19:25.78 | 51.46 | | | |
| | 400m: 6:35.25 | 51.17 | 800m: 13:26.87 | 51.64 | 1200m: 20:17.55 | 51.77 | | | |
| 6. | Jennie Resink-lindeboom | DWK | NED 196000142 | | 26:47.78 | | +1.03 | | |
| | 50m: 45.23 | 45.23 | 450m: 7:47.09 | 53.65 | 850m: 15:00.58 | 54.93 | 1250m: 22:18.73 | 55.09 | |
| | 100m: 1:35.37 | 50.14 | 500m: 8:40.82 | 53.73 | 900m: 15:54.78 | 54.20 | 1300m: 23:14.01 | 55.28 | |
| | 150m: 2:27.54 | 52.17 | 550m: 9:35.30 | 54.48 | 950m: 16:49.44 | 54.66 | 1350m: 24:09.54 | 55.53 | |
| | 200m: 3:19.92 | 52.38 | 600m: 10:28.74 | 53.44 | 1000m: 17:43.94 | 54.50 | 1400m: 25:04.06 | 54.52 | |
| | 250m: 4:13.46 | 53.54 | 650m: 11:22.43 | 53.69 | 1050m: 18:39.02 | 55.08 | 1450m: 25:56.94 | 52.88 | |
| | 300m: 5:06.25 | 52.79 | 700m: 12:16.51 | 54.08 | 1100m: 19:33.22 | 54.20 | 1500m: 26:47.78 | 50.84 | |
| | 350m: 6:00.52 | 54.27 | 750m: 13:10.99 | 54.48 | 1150m: 20:28.47 | 55.25 | | | |
| | 400m: 6:53.44 | 52.92 | 800m: 14:05.65 | 54.66 | 1200m: 21:23.64 | 55.17 | | | |
| 7. | Kirsten Stamer | SC Janus Köln | GER 247144 | | 27:56.97 | | +0.57 | | |
| | 50m: 48.54 | 48.54 | 450m: 8:09.94 | 55.31 | 850m: 15:39.97 | 56.25 | 1250m: 23:13.69 | 56.30 | |
| | 100m: 1:42.30 | 53.76 | 500m: 9:06.35 | 56.41 | 900m: 16:37.49 | 57.52 | 1300m: 24:10.69 | 57.00 | |
| | 150m: 2:36.43 | 54.13 | 550m: 10:02.06 | 55.71 | 950m: 17:33.84 | 56.35 | 1350m: 25:07.82 | 57.13 | |
| | 200m: 3:32.24 | 55.81 | 600m: 10:58.59 | 56.53 | 1000m: 18:31.26 | 57.42 | 1400m: 26:05.25 | 57.43 | |
| | 250m: 4:27.39 | 55.15 | 650m: 11:55.18 | 56.59 | 1050m: 19:28.10 | 56.84 | 1450m: 27:01.40 | 56.15 | |
| | 300m: 5:23.44 | 56.05 | 700m: 12:51.30 | 56.12 | 1100m: 20:24.00 | 55.90 | 1500m: 27:56.97 | 56.57 | |
| | 350m: 6:18.83 | 55.39 | 750m: 13:47.33 | 56.03 | 1150m: 21:20.75 | 56.75 | | | |
| | 400m: 7:14.63 | 55.80 | 800m: 14:43.72 | 56.39 | 1200m: 22:17.39 | 56.64 | | | |

Masters 65+

| | | | | | | | | |
|----|----------------|-------|----------------|-------|-----------------|-------|-----------------|-------|
| 1. | Patty Verhagen | PSV | NED 195900146 | | 23:37.67 | | +0.88 | |
| | 50m: 43.35 | 43.35 | 450m: 6:57.90 | 47.05 | 850m: 13:18.79 | 47.45 | 1250m: 19:40.53 | 47.74 |
| | 100m: 1:29.17 | 45.82 | 500m: 7:45.48 | 47.58 | 900m: 14:06.43 | 47.64 | 1300m: 20:28.53 | 48.00 |
| | 150m: 2:15.18 | 46.01 | 550m: 8:32.78 | 47.30 | 950m: 14:53.70 | 47.27 | 1350m: 21:16.21 | 47.68 |
| | 200m: 3:02.24 | 47.06 | 600m: 9:20.84 | 48.06 | 1000m: 15:41.52 | 47.82 | 1400m: 22:04.47 | 48.26 |
| | 250m: 3:49.08 | 46.84 | 650m: 10:08.09 | 47.25 | 1050m: 16:29.33 | 47.81 | 1450m: 22:51.74 | 47.27 |
| | 300m: 4:36.51 | 47.43 | 700m: 10:55.87 | 47.78 | 1100m: 17:17.25 | 47.92 | 1500m: 23:37.67 | 46.93 |
| | 350m: 5:23.42 | 46.91 | 750m: 11:43.59 | 47.72 | 1150m: 18:05.00 | 47.75 | | |
| | 400m: 6:10.85 | 47.43 | 800m: 12:31.34 | 47.75 | 1200m: 18:52.79 | 47.79 | | |

Masters 70+

| | | | | | | | | |
|----|--|-------|----------------|-------|-----------------|-------|-----------------|-------|
| 1. | Ineke Weekers | PSV | NED 195300050 | | 23:31.09 | | +0.80 | |
| | <i>Europees Masters Record, EMR 800m</i> | | | | | | | |
| | 50m: 43.51 | 43.51 | 450m: 6:57.35 | 46.07 | 850m: 13:13.88 | 47.08 | 1250m: 19:33.10 | 47.24 |
| | 100m: 1:30.49 | 46.98 | 500m: 7:44.94 | 47.59 | 900m: 14:01.15 | 47.27 | 1300m: 20:21.33 | 48.23 |
| | 150m: 2:17.60 | 47.11 | 550m: 8:31.34 | 46.40 | 950m: 14:48.06 | 46.91 | 1350m: 21:08.82 | 47.49 |
| | 200m: 3:04.74 | 47.14 | 600m: 9:18.63 | 47.29 | 1000m: 15:35.65 | 47.59 | 1400m: 21:57.09 | 48.27 |
| | 250m: 3:51.09 | 46.35 | 650m: 10:05.56 | 46.93 | 1050m: 16:22.95 | 47.30 | 1450m: 22:44.50 | 47.41 |
| | 300m: 4:38.07 | 46.98 | 700m: 10:53.04 | 47.48 | 1100m: 17:10.36 | 47.41 | 1500m: 23:31.09 | 46.59 |
| | 350m: 5:24.21 | 46.14 | 750m: 11:39.42 | 46.38 | 1150m: 17:57.79 | 47.43 | | |
| | 400m: 6:11.28 | 47.07 | 800m: 12:26.80 | 47.38 | 1200m: 18:45.86 | 48.07 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 70+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|---------------|------------|-----------------|---------|-----------------|---------|-----------------|---------|
| 2. | Carla Hensen | PSV | 28:14.51 | +1.00 | | | | |
| | 50m: 48.50 | 48.50 | 450m: 8:22.34 | 56.62 | 850m: 15:55.90 | 57.06 | 1250m: 23:31.42 | 56.80 |
| | 100m: 1:44.08 | 55.58 | 500m: 9:19.05 | 56.71 | 900m: 16:52.86 | 56.96 | 1300m: 24:28.74 | 57.32 |
| | 150m: 2:40.95 | 56.87 | 550m: 10:15.25 | 56.20 | 950m: 17:50.04 | 57.18 | 1350m: 25:25.52 | 56.78 |
| | 200m: 3:38.10 | 57.15 | 600m: 11:12.10 | 56.85 | 1000m: 18:46.78 | 56.74 | 1400m: 26:23.03 | 57.51 |
| | 250m: 4:35.09 | 56.99 | 650m: 12:08.48 | 56.38 | 1050m: 19:43.69 | 56.91 | 1450m: 27:19.75 | 56.72 |
| | 300m: 5:32.29 | 57.20 | 700m: 13:05.27 | 56.79 | 1100m: 20:41.13 | 57.44 | 1500m: 28:14.51 | 54.76 |
| | 350m: 6:28.92 | 56.63 | 750m: 14:01.81 | 56.54 | 1150m: 21:37.58 | 56.45 | | |
| | 400m: 7:25.72 | 56.80 | 800m: 14:58.84 | 57.03 | 1200m: 22:34.62 | 57.04 | | |
| 3. | Gonnie Bak | PSV | 33:09.33 | +1.05 | | | | |
| | 50m: 55.36 | 55.36 | 450m: 9:35.63 | 1:06.23 | 850m: 18:29.65 | 1:07.07 | 1250m: 27:30.30 | 1:07.48 |
| | 100m: 1:59.46 | 1:04.10 | 500m: 10:42.19 | 1:06.56 | 900m: 19:37.30 | 1:07.65 | 1300m: 28:38.85 | 1:08.55 |
| | 150m: 3:03.32 | 1:03.86 | 550m: 11:47.58 | 1:05.39 | 950m: 20:43.77 | 1:06.47 | 1350m: 29:46.16 | 1:07.31 |
| | 200m: 4:08.62 | 1:05.30 | 600m: 12:54.84 | 1:07.26 | 1000m: 21:51.93 | 1:08.16 | 1400m: 30:54.37 | 1:08.21 |
| | 250m: 5:12.77 | 1:04.15 | 650m: 14:00.80 | 1:05.96 | 1050m: 22:58.90 | 1:06.97 | 1450m: 32:01.58 | 1:07.21 |
| | 300m: 6:19.01 | 1:06.24 | 700m: 15:08.58 | 1:07.78 | 1100m: 24:07.35 | 1:08.45 | 1500m: 33:09.33 | 1:07.75 |
| | 350m: 7:22.71 | 1:03.70 | 750m: 16:14.79 | 1:06.21 | 1150m: 25:14.71 | 1:07.36 | | |
| | 400m: 8:29.40 | 1:06.69 | 800m: 17:22.58 | 1:07.79 | 1200m: 26:22.82 | 1:08.11 | | |

Masters 85+

| | | | | | | | | |
|----|---------------|-----------|-----------------|---------|-----------------|---------|-----------------|---------|
| 1. | Marie Smits | Old Dutch | 37:25.94 | +1.17 | | | | |
| | 50m: 1:00.13 | 1:00.13 | 450m: 10:50.10 | 1:15.09 | 850m: 20:52.92 | 1:15.89 | 1250m: 31:05.27 | 1:16.66 |
| | 100m: 2:10.91 | 1:10.78 | 500m: 12:04.59 | 1:14.49 | 900m: 22:10.03 | 1:17.11 | 1300m: 32:21.72 | 1:16.45 |
| | 150m: 3:24.20 | 1:13.29 | 550m: 13:19.39 | 1:14.80 | 950m: 23:25.67 | 1:15.64 | 1350m: 33:38.93 | 1:17.21 |
| | 200m: 4:37.32 | 1:13.12 | 600m: 14:34.64 | 1:15.25 | 1000m: 24:43.14 | 1:17.47 | 1400m: 34:55.17 | 1:16.24 |
| | 250m: 5:51.13 | 1:13.81 | 650m: 15:49.85 | 1:15.21 | 1050m: 25:59.36 | 1:16.22 | 1450m: 36:12.08 | 1:16.91 |
| | 300m: 7:05.26 | 1:14.13 | 700m: 17:05.58 | 1:15.73 | 1100m: 27:15.72 | 1:16.36 | 1500m: 37:25.94 | 1:13.86 |
| | 350m: 8:19.76 | 1:14.50 | 750m: 18:20.90 | 1:15.32 | 1150m: 28:32.25 | 1:16.53 | | |
| | 400m: 9:35.01 | 1:15.25 | 800m: 19:37.03 | 1:16.13 | 1200m: 29:48.61 | 1:16.36 | | |

2 - ONMK 2024 lb Sessie 2

03-05-2024 - 9:00

Programmanr. 3
03-05-2024 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|--------------------|----------------|-------------------------|----------------|-------|---------------|-------|---------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Luc Mul | DAW | 4:22.90 | +0.70 | | | | |
| | 50m: 28.80 | 28.80 | 150m: 1:35.42 | 33.82 | 250m: 2:45.07 | 34.40 | 350m: 3:51.59 | 32.30 |
| | 100m: 1:01.60 | 32.80 | 200m: 2:10.67 | 35.25 | 300m: 3:19.29 | 34.22 | 400m: 4:22.90 | 31.31 |
| 2. | Guus Hoogduin | ZVL-1886 Center | 4:32.39 | +0.69 | | | | |
| | 50m: 29.20 | 29.20 | 150m: 1:35.78 | 33.81 | 250m: 2:46.10 | 35.18 | 350m: 3:56.96 | 35.52 |
| | 100m: 1:01.97 | 32.77 | 200m: 2:10.92 | 35.14 | 300m: 3:21.44 | 35.34 | 400m: 4:32.39 | 35.43 |
| 3. | Leon Kloots | ZPC De Hof | 4:50.74 | +0.79 | | | | |
| | 50m: 31.73 | 31.73 | 150m: 1:44.50 | 36.96 | 250m: 2:58.81 | 37.16 | 350m: 4:14.85 | 37.91 |
| | 100m: 1:07.54 | 35.81 | 200m: 2:21.65 | 37.15 | 300m: 3:36.94 | 38.13 | 400m: 4:50.74 | 35.89 |
| 4. | Rik Stahlie | TriVia | 5:08.13 | +0.74 | | | | |
| | 50m: 31.86 | 31.86 | 150m: 1:47.41 | 40.06 | 250m: 3:09.72 | 41.45 | 350m: 4:31.11 | 39.68 |
| | 100m: 1:07.35 | 35.49 | 200m: 2:28.27 | 40.86 | 300m: 3:51.43 | 41.71 | 400m: 5:08.13 | 37.02 |
| Masters 25+ | | | | | | | | |
| 1. | Nicko Kamphuis | De Warande | 4:23.93 | +0.59 | | | | |
| | 50m: 28.28 | 28.28 | 150m: 1:35.80 | 34.00 | 250m: 2:45.18 | 34.60 | 350m: 3:53.08 | 32.98 |
| | 100m: 1:01.80 | 33.52 | 200m: 2:10.58 | 34.78 | 300m: 3:20.10 | 34.92 | 400m: 4:23.93 | 30.85 |
| 2. | Jeffrey Roest | Zwemvereniging Hoogland | 4:43.93 | +0.77 | | | | |
| | 50m: 31.67 | 31.67 | 150m: 1:42.10 | 35.72 | 250m: 2:55.75 | 36.82 | 350m: 4:08.81 | 35.92 |
| | 100m: 1:06.38 | 34.71 | 200m: 2:18.93 | 36.83 | 300m: 3:32.89 | 37.14 | 400m: 4:43.93 | 35.12 |
| 3. | Tom van Gils | ZPC De Zeeuwse Kust | 4:49.44 | +0.67 | | | | |
| | 50m: 32.78 | 32.78 | 150m: 1:44.90 | 36.68 | 250m: 2:59.32 | 37.15 | 350m: 4:13.62 | 37.08 |
| | 100m: 1:08.22 | 35.44 | 200m: 2:22.17 | 37.27 | 300m: 3:36.54 | 37.22 | 400m: 4:49.44 | 35.82 |

Programmanr. 3, Heren, 400m vrije slag, Masters 25+

| rang | naam | vereniging | tijd | RT | PARA | | | |
|------|---------------------|-------------------------|----------------|-------|---------------|-------|---------------|-------|
| 4. | Jordy van Oel | WVZ | 4:52.79 | +0.75 | | | | |
| | 50m: 32.18 | 32.18 | 150m: 1:46.77 | 37.62 | 250m: 3:02.49 | 37.10 | 350m: 4:16.73 | 37.03 |
| | 100m: 1:09.15 | 36.97 | 200m: 2:25.39 | 38.62 | 300m: 3:39.70 | 37.21 | 400m: 4:52.79 | 36.06 |
| 5. | Wesley van der Luit | Sassenheim | 4:54.16 | +0.77 | | | | |
| | 50m: 32.31 | 32.31 | 150m: 1:45.82 | 37.36 | 250m: 3:01.56 | 37.90 | 350m: 4:18.00 | 37.80 |
| | 100m: 1:08.46 | 36.15 | 200m: 2:23.66 | 37.84 | 300m: 3:40.20 | 38.64 | 400m: 4:54.16 | 36.16 |
| 6. | Lars Jacobsen | DWK | 4:54.42 | +0.78 | 629 | | | |
| | 50m: 31.25 | 31.25 | 150m: 1:44.49 | 37.64 | 250m: 3:00.75 | 38.04 | 350m: 4:18.34 | 38.52 |
| | 100m: 1:06.85 | 35.60 | 200m: 2:22.71 | 38.22 | 300m: 3:39.82 | 39.07 | 400m: 4:54.42 | 36.08 |
| 7. | Erik Baalbergen | ZVL-1886 Center | 4:57.14 | +0.80 | | | | |
| | 50m: 30.71 | 30.71 | 150m: 1:44.32 | 37.56 | 250m: 3:02.14 | 38.94 | 350m: 4:20.57 | 38.84 |
| | 100m: 1:06.76 | 36.05 | 200m: 2:23.20 | 38.88 | 300m: 3:41.73 | 39.59 | 400m: 4:57.14 | 36.57 |
| 8. | Patrick Wyrdeман | Westland Swimming Stars | 4:59.42 | +0.70 | | | | |
| | 50m: 31.95 | 31.95 | 150m: 1:44.86 | 36.89 | 250m: 3:01.27 | 38.31 | 350m: 4:20.14 | 39.51 |
| | 100m: 1:07.97 | 36.02 | 200m: 2:22.96 | 38.10 | 300m: 3:40.63 | 39.36 | 400m: 4:59.42 | 39.28 |
| 9. | John Smit | Poseidon'56 | 5:00.25 | +0.67 | | | | |
| | 50m: 32.92 | 32.92 | 150m: 1:48.72 | 38.21 | 250m: 3:05.29 | 37.94 | 350m: 4:22.03 | 38.55 |
| | 100m: 1:10.51 | 37.59 | 200m: 2:27.35 | 38.63 | 300m: 3:43.48 | 38.19 | 400m: 5:00.25 | 38.22 |
| 10. | Colin Degenars | ZPCH | 5:03.99 | +0.83 | 571 | | | |
| | 50m: 32.84 | 32.84 | 150m: 1:46.98 | 37.90 | 250m: 3:06.15 | 40.07 | 350m: 4:26.75 | 40.64 |
| | 100m: 1:09.08 | 36.24 | 200m: 2:26.08 | 39.10 | 300m: 3:46.11 | 39.96 | 400m: 5:03.99 | 37.24 |

Masters 30+

| | | | | | | | | |
|-----|--|-----------------------------|----------------|-------|---------------|-------|---------------|-------|
| 1. | Mike Schel | ESCA Zwemmen | 4:33.95 | +0.71 | | | | |
| | 50m: 31.08 | 31.08 | 150m: 1:39.83 | 34.50 | 250m: 2:50.04 | 34.99 | 350m: 4:00.12 | 34.37 |
| | 100m: 1:05.33 | 34.25 | 200m: 2:15.05 | 35.22 | 300m: 3:25.75 | 35.71 | 400m: 4:33.95 | 33.83 |
| 2. | Raoni Schrijvers | Tempo | 4:38.41 | +0.60 | | | | |
| | 50m: 29.43 | 29.43 | 150m: 1:38.18 | 35.20 | 250m: 2:50.78 | 36.44 | 350m: 4:03.47 | 36.19 |
| | 100m: 1:02.98 | 33.55 | 200m: 2:14.34 | 36.16 | 300m: 3:27.28 | 36.50 | 400m: 4:38.41 | 34.94 |
| 3. | Patrick Creemers | Patrick-De Roersoppers (SG) | 4:44.02 | +0.74 | | | | |
| | 50m: 30.37 | 30.37 | 150m: 1:42.76 | 37.35 | 250m: 2:55.67 | 35.29 | 350m: 4:07.33 | 36.17 |
| | 100m: 1:05.41 | 35.04 | 200m: 2:20.38 | 37.62 | 300m: 3:31.16 | 35.49 | 400m: 4:44.02 | 36.69 |
| 4. | Jean Terver | Club Nautique Val de Fensch | 4:45.68 | +0.86 | | | | |
| | 50m: 32.21 | 32.21 | 150m: 1:44.50 | 36.29 | 250m: 2:57.85 | 36.14 | 350m: 4:10.69 | 36.03 |
| | 100m: 1:08.21 | 36.00 | 200m: 2:21.71 | 37.21 | 300m: 3:34.66 | 36.81 | 400m: 4:45.68 | 34.99 |
| 5. | Tim Bunnik | Triton | 4:49.88 | +0.79 | | | | |
| | 50m: 31.72 | 31.72 | 150m: 1:42.94 | 36.08 | 250m: 2:57.48 | 37.10 | 350m: 4:12.81 | 37.49 |
| | 100m: 1:06.86 | 35.14 | 200m: 2:20.38 | 37.44 | 300m: 3:35.32 | 37.84 | 400m: 4:49.88 | 37.07 |
| 6. | Jeroen Matthijssen | AZC | 4:50.93 | +0.74 | | | | |
| | 50m: 29.02 | 29.02 | 150m: 1:38.52 | 35.97 | 250m: 2:54.39 | 37.91 | 350m: 4:12.42 | 38.73 |
| | 100m: 1:02.55 | 33.53 | 200m: 2:16.48 | 37.96 | 300m: 3:33.69 | 39.30 | 400m: 4:50.93 | 38.51 |
| 7. | Koen van der Wallen | Nederweert | 4:54.36 | +0.78 | | | | |
| | 50m: 32.15 | 32.15 | 150m: 1:45.28 | 36.96 | 250m: 3:00.41 | 37.37 | 350m: 4:16.28 | 38.02 |
| | 100m: 1:08.32 | 36.17 | 200m: 2:23.04 | 37.76 | 300m: 3:38.26 | 37.85 | 400m: 4:54.36 | 38.08 |
| 8. | Niels Bent | WS Twente | 5:05.39 | +0.80 | | | | |
| | 50m: 31.80 | 31.80 | 150m: 1:45.00 | 37.71 | 250m: 3:04.96 | 40.02 | 350m: 4:25.76 | 40.26 |
| | 100m: 1:07.29 | 35.49 | 200m: 2:24.94 | 39.94 | 300m: 3:45.50 | 40.54 | 400m: 5:05.39 | 39.63 |
| 9. | Jacco Doest | DWK | 5:10.99 | +0.83 | | | | |
| | 50m: 33.32 | 33.32 | 150m: 1:49.21 | 38.71 | 250m: 3:09.60 | 40.51 | 350m: 4:31.38 | 40.58 |
| | 100m: 1:10.50 | 37.18 | 200m: 2:29.09 | 39.88 | 300m: 3:50.80 | 41.20 | 400m: 5:10.99 | 39.61 |
| 10. | Ruben de Boer | Zwemvereniging Hoogland | 5:34.37 | +0.73 | | | | |
| | 50m: 37.82 | 37.82 | 150m: 2:03.03 | 42.95 | 250m: 3:28.98 | 43.00 | 350m: 4:53.13 | 41.67 |
| | 100m: 1:20.08 | 42.26 | 200m: 2:45.98 | 42.95 | 300m: 4:11.46 | 42.48 | 400m: 5:34.37 | 41.24 |
| DIS | Marc Hoogendam | Blue Marlins | | +0.68 | | | | |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 3, Heren, 400m vrije slag

Masters 35+

| | | | | | | | | |
|----|--------------------|----------------------|---------------|-----------|---------------|----------------|---------------|-------|
| 1. | Niels Albrechts | De Schotejil | NED | 198800039 | | 4:55.65 | +0.81 | |
| | 50m: 34.09 | 34.09 | 150m: 1:48.85 | 38.06 | 250m: 3:05.01 | 38.13 | 350m: 4:20.94 | 37.45 |
| | 100m: 1:10.79 | 36.70 | 200m: 2:26.88 | 38.03 | 300m: 3:43.49 | 38.48 | 400m: 4:55.65 | 34.71 |
| 2. | Wessel Everloo | WS Twente | NED | 198906597 | S14 | 4:56.15 | +0.89 | 618 |
| | 50m: 33.62 | 33.62 | 150m: 1:48.41 | 37.12 | 250m: 3:04.98 | 37.81 | 350m: 4:20.75 | 37.79 |
| | 100m: 1:11.29 | 37.67 | 200m: 2:27.17 | 38.76 | 300m: 3:42.96 | 37.98 | 400m: 4:56.15 | 35.40 |
| 3. | Robert Braad | Steenwijk 1934 | NED | 198600407 | | 5:00.91 | +0.80 | |
| | 50m: 32.76 | 32.76 | 150m: 1:47.88 | 38.09 | 250m: 3:04.93 | 37.75 | 350m: 4:22.33 | 39.29 |
| | 100m: 1:09.79 | 37.03 | 200m: 2:27.18 | 39.30 | 300m: 3:43.04 | 38.11 | 400m: 5:00.91 | 38.58 |
| 4. | Rick Driezen | Steenwijk 1934 | NED | 198600713 | | 5:19.67 | +0.82 | |
| | 50m: 33.24 | 33.24 | 150m: 1:49.21 | 38.96 | 250m: 3:10.39 | 41.02 | 350m: 4:36.45 | 43.04 |
| | 100m: 1:10.25 | 37.01 | 200m: 2:29.37 | 40.16 | 300m: 3:53.41 | 43.02 | 400m: 5:19.67 | 43.22 |
| 5. | Sander van Tilburg | De Biesboschzwemmers | NED | 198604609 | | 5:34.31 | +0.86 | |
| | 50m: 36.34 | 36.34 | 150m: 2:00.65 | 42.99 | 250m: 3:27.56 | 43.27 | 350m: 4:54.30 | 42.96 |
| | 100m: 1:17.66 | 41.32 | 200m: 2:44.29 | 43.64 | 300m: 4:11.34 | 43.78 | 400m: 5:34.31 | 40.01 |
| 6. | Robert Spekhorst | De Mors | NED | 198703141 | | 6:06.19 | +0.83 | |
| | 50m: 40.14 | 40.14 | 150m: 2:09.57 | 45.49 | 250m: 3:42.68 | 46.35 | 350m: 5:18.60 | 48.40 |
| | 100m: 1:24.08 | 43.94 | 200m: 2:56.33 | 46.76 | 300m: 4:30.20 | 47.52 | 400m: 6:06.19 | 47.59 |

Masters 40+

| | | | | | | | | |
|----|------------------------|----------------------------|---------------|-----------|---------------|----------------|---------------|-------|
| 1. | Pieter Pickhardt | ZPC De Hof | NED | 198301657 | | 4:44.10 | +0.80 | |
| | 50m: 31.96 | 31.96 | 150m: 1:42.38 | 35.62 | 250m: 2:54.34 | 36.00 | 350m: 4:07.64 | 36.87 |
| | 100m: 1:06.76 | 34.80 | 200m: 2:18.34 | 35.96 | 300m: 3:30.77 | 36.43 | 400m: 4:44.10 | 36.46 |
| 2. | Frank v.d. Voordt | De Schotejil | NED | 198302259 | | 4:53.33 | +0.81 | |
| | 50m: 33.35 | 33.35 | 150m: 1:46.91 | 36.84 | 250m: 3:01.73 | 37.31 | 350m: 4:16.85 | 37.59 |
| | 100m: 1:10.07 | 36.72 | 200m: 2:24.42 | 37.51 | 300m: 3:39.26 | 37.53 | 400m: 4:53.33 | 36.48 |
| 3. | Kristiaan Lenos | ZVL-1886 Center | NED | 198301331 | | 4:59.56 | +0.78 | |
| | 50m: 30.46 | 30.46 | 150m: 1:41.22 | 36.43 | 250m: 2:58.89 | 39.39 | 350m: 4:19.98 | 40.73 |
| | 100m: 1:04.79 | 34.33 | 200m: 2:19.50 | 38.28 | 300m: 3:39.25 | 40.36 | 400m: 4:59.56 | 39.58 |
| 4. | Wagner Augusto Camargo | ZZ&PC De Devel | NED | 198002547 | | 5:15.85 | +0.91 | |
| | 50m: 34.74 | 34.74 | 150m: 1:51.79 | 39.14 | 250m: 3:12.84 | 40.48 | 350m: 4:35.24 | 41.10 |
| | 100m: 1:12.65 | 37.91 | 200m: 2:32.36 | 40.57 | 300m: 3:54.14 | 41.30 | 400m: 5:15.85 | 40.61 |
| 5. | Oscar Monge | IJZPC | NED | 198102599 | | 5:26.74 | +0.66 | |
| | 50m: 34.11 | 34.11 | 150m: 1:53.23 | 39.99 | 250m: 3:16.57 | 42.19 | 350m: 4:43.21 | 43.98 |
| | 100m: 1:13.24 | 39.13 | 200m: 2:34.38 | 41.15 | 300m: 3:59.23 | 42.66 | 400m: 5:26.74 | 43.53 |
| 6. | Arne-Willem Kroonen | PSV | NED | 198401297 | | 5:39.86 | +0.92 | |
| | 50m: 36.90 | 36.90 | 150m: 1:59.04 | 41.46 | 250m: 3:25.88 | 43.88 | 350m: 4:56.54 | 45.57 |
| | 100m: 1:17.58 | 40.68 | 200m: 2:42.00 | 42.96 | 300m: 4:10.97 | 45.09 | 400m: 5:39.86 | 43.32 |
| 7. | Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | | 5:50.90 | +0.75 | |
| | 50m: 36.55 | 36.55 | 150m: 2:01.26 | 43.77 | 250m: 3:31.50 | 45.43 | 350m: 5:04.38 | 46.46 |
| | 100m: 1:17.49 | 40.94 | 200m: 2:46.07 | 44.81 | 300m: 4:17.92 | 46.42 | 400m: 5:50.90 | 46.52 |
| 8. | Cetin Cetiner | AZ&PC De Futen | NED | 198303155 | | 5:57.37 | +0.71 | |
| | 50m: 38.99 | 38.99 | 150m: 2:08.62 | 45.32 | 250m: 3:40.54 | 46.08 | 350m: 5:13.65 | 45.94 |
| | 100m: 1:23.30 | 44.31 | 200m: 2:54.46 | 45.84 | 300m: 4:27.71 | 47.17 | 400m: 5:57.37 | 43.72 |

Masters 45+

| | | | | | | | | |
|----|--|---------------------------|---------------|-----------|---------------|----------------|---------------|-------|
| 1. | Dennis Brouwers | HZPC | NED | 197800167 | | 4:40.10 | +0.72 | |
| | 50m: 31.62 | 31.62 | 150m: 1:42.61 | 36.10 | 250m: 2:54.63 | 35.27 | 350m: 4:05.05 | 34.90 |
| | 100m: 1:06.51 | 34.89 | 200m: 2:19.36 | 36.75 | 300m: 3:30.15 | 35.52 | 400m: 4:40.10 | 35.05 |
| 2. | Ivo Roozeboom | WVZ | NED | 197700801 | | 4:43.32 | +0.82 | |
| | 50m: 30.52 | 30.52 | 150m: 1:43.39 | 36.77 | 250m: 2:56.91 | 36.55 | 350m: 4:09.04 | 35.92 |
| | 100m: 1:06.62 | 36.10 | 200m: 2:20.36 | 36.97 | 300m: 3:33.12 | 36.21 | 400m: 4:43.32 | 34.28 |
| 3. | Mark Sponneck <i>Maltese Masters Record</i> | San Giljan ASC | MLT | 388523M | | 4:54.65 | +0.69 | |
| | 50m: 31.71 | 31.71 | 150m: 1:42.73 | 36.25 | 250m: 2:58.81 | 38.50 | 350m: 4:16.96 | 39.13 |
| | 100m: 1:06.48 | 34.77 | 200m: 2:20.31 | 37.58 | 300m: 3:37.83 | 39.02 | 400m: 4:54.65 | 37.69 |
| 4. | Jonathan Fiene | SAS Swiss Alumni Swimming | SUI | #45997 | | 5:03.70 | +0.79 | |
| | 50m: 33.61 | 33.61 | 150m: 1:52.01 | 39.47 | 250m: 3:10.75 | 38.83 | 350m: 4:28.01 | 38.31 |
| | 100m: 1:12.54 | 38.93 | 200m: 2:31.92 | 39.91 | 300m: 3:49.70 | 38.95 | 400m: 5:03.70 | 36.69 |
| 5. | Bart Siczynski | Masters Krasnik (LKR) | POL | | | 5:24.04 | +0.79 | |
| | 50m: 36.76 | 36.76 | 150m: 1:57.72 | 40.71 | 250m: 3:20.30 | 41.29 | 350m: 4:43.86 | 41.39 |
| | 100m: 1:17.01 | 40.25 | 200m: 2:39.01 | 41.29 | 300m: 4:02.47 | 42.17 | 400m: 5:24.04 | 40.18 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 3, Heren, 400m vrije slag, Masters 45+

| rang | naam | vereniging | tijd | RT | PARA |
|------|---------------|---------------------|----------------|---------------|-------|
| 6. | Tom Bandsma | PSV | 6:01.44 | +1.10 | |
| | 50m: 37.62 | 37.62 150m: 2:03.97 | 44.67 | 250m: 3:39.14 | 38.79 |
| | 100m: 1:19.30 | 41.68 200m: 2:50.85 | 46.88 | 300m: 4:26.87 | 47.73 |
| | | | | 350m: 5:15.78 | 48.91 |
| | | | | 400m: 6:01.44 | 45.66 |

Masters 50+

| | | | | | |
|----|----------------------|-------------------------------------|----------------|---------------|-------|
| 1. | Richard Rickson | Hellas-Glana | 5:01.66 | +0.86 | |
| | 50m: 33.70 | 33.70 150m: 1:48.39 | 37.79 | 250m: 3:05.75 | 38.79 |
| | 100m: 1:10.60 | 36.90 200m: 2:26.96 | 38.57 | 300m: 3:44.91 | 39.16 |
| | | | | 350m: 4:24.15 | 39.24 |
| | | | | 400m: 5:01.66 | 37.51 |
| 2. | Ingmar de Gelder | ZOB'66 | 5:09.33 | +0.93 | |
| | 50m: 33.70 | 33.70 150m: 1:49.78 | 39.10 | 250m: 3:09.59 | 40.27 |
| | 100m: 1:10.68 | 36.98 200m: 2:29.32 | 39.54 | 300m: 3:50.25 | 40.66 |
| | | | | 350m: 4:30.70 | 40.45 |
| | | | | 400m: 5:09.33 | 38.63 |
| 3. | Bruno Nahon | Cercle De Natation Sportcity WolBEL | 5:12.08 | +0.79 | |
| | 50m: 35.23 | 35.23 150m: 1:53.23 | 39.28 | 250m: 3:12.89 | 39.65 |
| | 100m: 1:13.95 | 38.72 200m: 2:33.24 | 40.01 | 300m: 3:52.95 | 40.06 |
| | | | | 350m: 4:32.86 | 39.91 |
| | | | | 400m: 5:12.08 | 39.22 |
| 4. | Paul Bosch | Team Noord Holland (SG) | 5:23.75 | +0.91 | |
| | 50m: 36.54 | 36.54 150m: 1:57.51 | 41.47 | 250m: 3:20.28 | 41.45 |
| | 100m: 1:16.04 | 39.50 200m: 2:38.83 | 41.32 | 300m: 4:01.89 | 41.61 |
| | | | | 350m: 4:43.46 | 41.57 |
| | | | | 400m: 5:23.75 | 40.29 |
| 5. | Chris Kouwenhoven | De Grunte | 5:25.15 | +0.95 | |
| | 50m: 36.18 | 36.18 150m: 1:59.65 | 41.78 | 250m: 3:22.83 | 41.59 |
| | 100m: 1:17.87 | 41.69 200m: 2:41.24 | 41.59 | 300m: 4:04.84 | 42.01 |
| | | | | 350m: 4:46.60 | 41.76 |
| | | | | 400m: 5:25.15 | 38.55 |
| 6. | Wouter van der Stelt | De Biesboschzwemmers | 5:51.83 | +0.85 | |
| | 50m: 38.02 | 38.02 150m: 2:05.21 | 44.46 | 250m: 3:35.39 | 45.40 |
| | 100m: 1:20.75 | 42.73 200m: 2:49.99 | 44.78 | 300m: 4:20.42 | 45.03 |
| | | | | 350m: 5:06.59 | 46.17 |
| | | | | 400m: 5:51.83 | 45.24 |
| 7. | Jeroen Hoeksels | ZVVS | 6:18.41 | +1.01 | |
| | 50m: 40.99 | 40.99 150m: 2:14.94 | 47.78 | 250m: 3:51.58 | 48.46 |
| | 100m: 1:27.16 | 46.17 200m: 3:03.12 | 48.18 | 300m: 4:40.29 | 48.71 |
| | | | | 350m: 5:29.96 | 49.67 |
| | | | | 400m: 6:18.41 | 48.45 |

Masters 55+

| | | | | | |
|-----|-------------------------|-----------------------------|----------------|---------------|-------|
| 1. | Glen Le Clercq | De Rog | 5:05.10 | +0.82 | |
| | 50m: 33.91 | 33.91 150m: 1:51.01 | 38.72 | 250m: 3:09.41 | 39.41 |
| | 100m: 1:12.29 | 38.38 200m: 2:30.00 | 38.99 | 300m: 3:48.99 | 39.58 |
| | | | | 350m: 4:27.10 | 38.11 |
| | | | | 400m: 5:05.10 | 38.00 |
| 2. | Erlend Alstad | Oslo I.L. | 5:09.08 | +0.89 | |
| | 50m: 34.82 | 34.82 150m: 1:52.89 | 39.59 | 250m: 3:11.04 | 39.30 |
| | 100m: 1:13.30 | 38.48 200m: 2:31.74 | 38.85 | 300m: 3:50.59 | 39.55 |
| | | | | 350m: 4:31.58 | 40.99 |
| | | | | 400m: 5:09.08 | 37.50 |
| 3. | Frank van Nobelen | Sassenheim | 5:12.36 | +0.83 | |
| | 50m: 34.37 | 34.37 150m: 1:51.94 | 39.28 | 250m: 3:12.58 | 40.55 |
| | 100m: 1:12.66 | 38.29 200m: 2:32.03 | 40.09 | 300m: 3:53.20 | 40.62 |
| | | | | 350m: 4:33.54 | 40.34 |
| | | | | 400m: 5:12.36 | 38.82 |
| 4. | Henri Michels | De Amstel | 5:21.89 | +0.86 | |
| | 50m: 35.82 | 35.82 150m: 1:55.70 | 40.82 | 250m: 3:19.23 | 41.87 |
| | 100m: 1:14.88 | 39.06 200m: 2:37.36 | 41.66 | 300m: 4:00.47 | 41.24 |
| | | | | 350m: 4:41.45 | 40.98 |
| | | | | 400m: 5:21.89 | 40.44 |
| 5. | Gerko Versluis | Zuiderzeezwemmers | 5:24.88 | +0.94 | |
| | 50m: 33.79 | 33.79 150m: 1:53.17 | 40.93 | 250m: 3:18.85 | 42.94 |
| | 100m: 1:12.24 | 38.45 200m: 2:35.91 | 42.74 | 300m: 4:02.29 | 43.44 |
| | | | | 350m: 4:44.59 | 42.30 |
| | | | | 400m: 5:24.88 | 40.29 |
| 6. | Edwin Petri | De Otters Het Gooi | 5:25.47 | +0.87 | |
| | 50m: 37.16 | 37.16 150m: 2:00.66 | 42.84 | 250m: 3:24.44 | 40.53 |
| | 100m: 1:17.82 | 40.66 200m: 2:43.91 | 43.25 | 300m: 4:05.58 | 41.14 |
| | | | | 350m: 4:45.60 | 40.02 |
| | | | | 400m: 5:25.47 | 39.87 |
| 7. | Francis Roosen | VZV Njord | 5:31.18 | +0.71 | |
| | 50m: 36.10 | 36.10 150m: 1:58.13 | 41.66 | 250m: 3:23.35 | 43.24 |
| | 100m: 1:16.47 | 40.37 200m: 2:40.11 | 41.98 | 300m: 4:06.95 | 43.60 |
| | | | | 350m: 4:50.64 | 43.69 |
| | | | | 400m: 5:31.18 | 40.54 |
| 8. | Jan-Willem van den Berg | WVZ | 5:32.96 | +0.78 | |
| | 50m: 34.99 | 34.99 150m: 1:57.74 | 42.53 | 250m: 3:23.88 | 43.16 |
| | 100m: 1:15.21 | 40.22 200m: 2:40.72 | 42.98 | 300m: 4:07.83 | 43.95 |
| | | | | 350m: 4:50.83 | 43.00 |
| | | | | 400m: 5:32.96 | 42.13 |
| 9. | Leon Slingerland | WVZ | 5:35.00 | +0.92 | |
| | 50m: 35.77 | 35.77 150m: 1:59.22 | 42.54 | 250m: 3:26.87 | 43.84 |
| | 100m: 1:16.68 | 40.91 200m: 2:43.03 | 43.81 | 300m: 4:11.28 | 44.41 |
| | | | | 350m: 4:54.03 | 42.75 |
| | | | | 400m: 5:35.00 | 40.97 |
| 10. | Eric Dumas | Patrick-De Roersoppers (SG) | 5:48.70 | +0.80 | |
| | 50m: 38.62 | 38.62 150m: 2:07.40 | 44.55 | 250m: 3:37.45 | 44.97 |
| | 100m: 1:22.85 | 44.23 200m: 2:52.48 | 45.08 | 300m: 4:21.29 | 43.84 |
| | | | | 350m: 5:05.77 | 44.48 |
| | | | | 400m: 5:48.70 | 42.93 |
| 11. | Jeroen Wilmer | Vichy Val D'Allier Natation | 5:56.03 | +1.04 | |
| | 50m: 39.96 | 39.96 150m: 2:09.47 | 45.23 | 250m: 3:41.75 | 46.19 |
| | 100m: 1:24.24 | 44.28 200m: 2:55.56 | 46.09 | 300m: 4:27.30 | 45.55 |
| | | | | 350m: 5:13.45 | 46.15 |
| | | | | 400m: 5:56.03 | 42.58 |

Programmanr. 3, Heren, 400m vrije slag

Masters 60+

| | | | | | | | | |
|----|------------------|--|---------------|-----------|---------------|-------|----------------|-------|
| 1. | Johan Remmits | ZPC AMERSFOORT | NED | 196201159 | | | 4:59.46 | +0.80 |
| | 50m: 34.05 | 34.05 | 150m: 1:50.37 | 38.44 | 250m: 3:07.29 | 38.06 | 350m: 4:22.92 | 37.64 |
| | 100m: 1:11.93 | 37.88 | 200m: 2:29.23 | 38.86 | 300m: 3:45.28 | 37.99 | 400m: 4:59.46 | 36.54 |
| 2. | Jon Christensen | Luxembourg Sharks Swimming CLUX | | 10008 | | | 5:03.44 | +0.78 |
| | 50m: 35.48 | 35.48 | 150m: 1:52.49 | 39.08 | 250m: 3:09.85 | 38.49 | 350m: 4:26.21 | 38.45 |
| | 100m: 1:13.41 | 37.93 | 200m: 2:31.36 | 38.87 | 300m: 3:47.76 | 37.91 | 400m: 5:03.44 | 37.23 |
| 3. | Jan Brink | ZPC De Zeeuwse Kust | NED | 196200091 | | | 5:06.75 | +0.78 |
| | 50m: 33.10 | 33.10 | 150m: 1:50.49 | 39.24 | 250m: 3:10.14 | 39.37 | 350m: 4:29.18 | 39.43 |
| | 100m: 1:11.25 | 38.15 | 200m: 2:30.77 | 40.28 | 300m: 3:49.75 | 39.61 | 400m: 5:06.75 | 37.57 |
| 4. | Karol Lacko | Vysokoskolsky klub Univerzity kcSVKskeSVK16793 | | | | | 5:23.45 | +0.84 |
| | 50m: 37.81 | 37.81 | 150m: 2:00.09 | 41.28 | 250m: 3:21.94 | 40.48 | 350m: 4:44.27 | 40.59 |
| | 100m: 1:18.81 | 41.00 | 200m: 2:41.46 | 41.37 | 300m: 4:03.68 | 41.74 | 400m: 5:23.45 | 39.18 |
| 5. | Axel Sondermann | Lone Star Masters | USA | | | | 5:30.40 | +0.84 |
| | 50m: 36.02 | 36.02 | 150m: 1:57.67 | 41.04 | 250m: 3:22.86 | 42.74 | 350m: 4:48.72 | 43.08 |
| | 100m: 1:16.63 | 40.61 | 200m: 2:40.12 | 42.45 | 300m: 4:05.64 | 42.78 | 400m: 5:30.40 | 41.68 |
| 6. | Richard Tiemstra | De Biesboschzwemmers | NED | 196301397 | | | 6:03.98 | +1.02 |
| | 50m: 39.29 | 39.29 | 150m: 2:10.65 | 46.00 | 250m: 3:46.19 | 47.56 | 350m: 5:20.61 | 46.46 |
| | 100m: 1:24.65 | 45.36 | 200m: 2:58.63 | 47.98 | 300m: 4:34.15 | 47.96 | 400m: 6:03.98 | 43.37 |

Masters 65+

| | | | | | | | | |
|----|-----------------|-----------------------|---------------|-----------|---------------|-------|----------------|-------|
| 1. | Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | | | 5:09.18 | +0.76 |
| | 50m: 34.24 | 34.24 | 150m: 1:52.25 | 39.34 | 250m: 3:12.16 | 40.08 | 350m: 4:31.59 | 39.61 |
| | 100m: 1:12.91 | 38.67 | 200m: 2:32.08 | 39.83 | 300m: 3:51.98 | 39.82 | 400m: 5:09.18 | 37.59 |
| 2. | Dirk Zeterberg | Zehlendorfer TSV 1888 | GER | 101339 | | | 5:24.16 | +0.97 |
| | 50m: 37.54 | 37.54 | 150m: 1:58.76 | 40.61 | 250m: 3:23.72 | 42.26 | 350m: 4:45.94 | 40.50 |
| | 100m: 1:18.15 | 40.61 | 200m: 2:41.46 | 42.70 | 300m: 4:05.44 | 41.72 | 400m: 5:24.16 | 38.22 |
| 3. | Paul Bunnik | Triton | NED | 195600413 | | | 6:03.19 | +0.83 |
| | 50m: 36.71 | 36.71 | 150m: 2:06.75 | 46.84 | 250m: 3:41.96 | 47.51 | 350m: 5:20.03 | 49.28 |
| | 100m: 1:19.91 | 43.20 | 200m: 2:54.45 | 47.70 | 300m: 4:30.75 | 48.79 | 400m: 6:03.19 | 43.16 |
| 4. | Lex Hoogendam | ZZ&PC De Devel | NED | 195700541 | | | 6:37.00 | +1.02 |
| | 50m: 40.61 | 40.61 | 150m: 2:15.83 | 48.95 | 250m: 3:57.95 | 51.26 | 350m: 5:43.49 | 52.72 |
| | 100m: 1:26.88 | 46.27 | 200m: 3:06.69 | 50.86 | 300m: 4:50.77 | 52.82 | 400m: 6:37.00 | 53.51 |
| 5. | Peter Coffeng | GZC DONK | NED | 195700063 | | | 7:01.47 | +0.97 |
| | 50m: 46.04 | 46.04 | 150m: 2:30.48 | 53.75 | 250m: 4:20.00 | 54.45 | 350m: 6:09.81 | 54.04 |
| | 100m: 1:36.73 | 50.69 | 200m: 3:25.55 | 55.07 | 300m: 5:15.77 | 55.77 | 400m: 7:01.47 | 51.66 |

Masters 75+

| | | | | | | | | |
|----|------------------|---------------------|---------------|-----------|---------------|-------|----------------|-------|
| 1. | Wout Hemmes | De Plons | NED | 194800059 | | | 6:48.85 | +1.13 |
| | 50m: 44.83 | 44.83 | 150m: 2:27.68 | 52.06 | 250m: 4:12.49 | 52.41 | 350m: 5:56.48 | 51.50 |
| | 100m: 1:35.62 | 50.79 | 200m: 3:20.08 | 52.40 | 300m: 5:04.98 | 52.49 | 400m: 6:48.85 | 52.37 |
| 2. | Willem Putter | ZVVS | NED | 194500135 | | | 7:08.32 | +1.06 |
| | 50m: 47.10 | 47.10 | 150m: 2:35.78 | 54.96 | 250m: 4:27.17 | 55.32 | 350m: 6:17.37 | 54.70 |
| | 100m: 1:40.82 | 53.72 | 200m: 3:31.85 | 56.07 | 300m: 5:22.67 | 55.50 | 400m: 7:08.32 | 50.95 |
| 3. | Gunter Mitlewski | SV Blau-Weiß Bochum | GER | 081309 | | | 7:28.53 | +1.10 |
| | 50m: 48.26 | 48.26 | 150m: 2:41.84 | 57.30 | 250m: 4:37.78 | 57.80 | 350m: 6:34.31 | 57.84 |
| | 100m: 1:44.54 | 56.28 | 200m: 3:39.98 | 58.14 | 300m: 5:36.47 | 58.69 | 400m: 7:28.53 | 54.22 |

Masters 80+

| | | | | | | | | |
|----|------------------|---------|---------------|-----------|---------------|---------|----------------|---------|
| 1. | Geza Kaltenecker | AZC | NED | 194200065 | | | 7:59.25 | +0.89 |
| | 50m: 53.00 | 53.00 | 150m: 2:54.19 | 1:01.14 | 250m: 4:59.28 | 1:02.79 | 350m: 7:03.99 | 1:01.75 |
| | 100m: 1:53.05 | 1:00.05 | 200m: 3:56.49 | 1:02.30 | 300m: 6:02.24 | 1:02.96 | 400m: 7:59.25 | 55.26 |
| 2. | Rob Hanou | PSV | NED | 194300109 | | | 8:30.75 | +1.05 |
| | 50m: 55.78 | 55.78 | 150m: 3:08.20 | 1:06.35 | 250m: 5:20.44 | 1:05.70 | 350m: 7:30.12 | 1:03.51 |
| | 100m: 2:01.85 | 1:06.07 | 200m: 4:14.74 | 1:06.54 | 300m: 6:26.61 | 1:06.17 | 400m: 8:30.75 | 1:00.63 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 3, Heren, 400m vrije slag

Masters 85+

| | | | | | | | | | | | |
|--------------|---------|---------|-------|---------|---------|-------|-----------|---------|----------------|---------|---------|
| 1. Nic Geers | | | PSV | | | NED | 193800007 | | 9:29.84 | +1.04 | |
| 50m: | 1:00.22 | 1:00.22 | 150m: | 3:26.29 | 1:13.22 | 250m: | 5:56.24 | 1:13.90 | 350m: | 8:25.68 | 1:13.51 |
| 100m: | 2:13.07 | 1:12.85 | 200m: | 4:42.34 | 1:16.05 | 300m: | 7:12.17 | 1:15.93 | 400m: | 9:29.84 | 1:04.16 |

Programmanr. 4
03-05-2024 - 9:51

Dames, 400m vrije slag

Masters Open
Resultaten

| rang | naam | | vereniging | | | | | | tijd | RT | PARA | |
|--------------------|--------------------|---------|----------------------|-------|---------|-------|-----------|---------|----------------|-------|---------|-------|
| Masters 20+ | | | | | | | | | | | | |
| 1. | Laura Setz | | Bubble | | | NED | 200000130 | | 4:34.58 | +0.94 | | |
| | 50m: | 30.47 | 30.47 | 150m: | 1:38.19 | 34.59 | 250m: | 2:48.68 | 35.36 | 350m: | 4:00.12 | 35.78 |
| | 100m: | 1:03.60 | 33.13 | 200m: | 2:13.32 | 35.13 | 300m: | 3:24.34 | 35.66 | 400m: | 4:34.58 | 34.46 |
| 2. | Amber van der Kruk | | MSV-Zeemacht | | | NED | 200102730 | S14 | 4:43.44 | +0.85 | 939 | |
| | 50m: | 30.96 | 30.96 | 150m: | 1:40.11 | 35.43 | 250m: | 2:52.92 | 35.94 | 350m: | 4:06.76 | 37.02 |
| | 100m: | 1:04.68 | 33.72 | 200m: | 2:16.98 | 36.87 | 300m: | 3:29.74 | 36.82 | 400m: | 4:43.44 | 36.68 |
| 3. | Michelle van Wijk | | WWV Winterswijk | | | NED | 200204746 | | 4:44.52 | +0.70 | | |
| | 50m: | 31.86 | 31.86 | 150m: | 1:43.68 | 36.18 | 250m: | 2:56.84 | 36.49 | 350m: | 4:10.01 | 36.39 |
| | 100m: | 1:07.50 | 35.64 | 200m: | 2:20.35 | 36.67 | 300m: | 3:33.62 | 36.78 | 400m: | 4:44.52 | 34.51 |
| 4. | Kirsten Walraven | | ZPC De Zeeuwse Kust | | | NED | 200001358 | | 4:51.05 | +0.80 | | |
| | 50m: | 31.79 | 31.79 | 150m: | 1:44.15 | 36.83 | 250m: | 2:58.58 | 37.14 | 350m: | 4:14.05 | 37.53 |
| | 100m: | 1:07.32 | 35.53 | 200m: | 2:21.44 | 37.29 | 300m: | 3:36.52 | 37.94 | 400m: | 4:51.05 | 37.00 |
| 5. | Marte Vlieg | | Aqua-Novio '94 | | | NED | 200304996 | | 5:05.51 | +0.75 | | |
| | 50m: | 33.07 | 33.07 | 150m: | 1:48.45 | 38.17 | 250m: | 3:07.31 | 39.82 | 350m: | 4:27.18 | 39.86 |
| | 100m: | 1:10.28 | 37.21 | 200m: | 2:27.49 | 39.04 | 300m: | 3:47.32 | 40.01 | 400m: | 5:05.51 | 38.33 |
| 6. | Cynthia Koolman | | ZPC Hoogeveen | | | NED | 200300232 | | 5:11.86 | +0.69 | | |
| | 50m: | 34.30 | 34.30 | 150m: | 1:51.02 | 38.82 | 250m: | 3:11.38 | 40.70 | 350m: | 4:32.49 | 40.28 |
| | 100m: | 1:12.20 | 37.90 | 200m: | 2:30.68 | 39.66 | 300m: | 3:52.21 | 40.83 | 400m: | 5:11.86 | 39.37 |
| 7. | Romée Jabben | | Dedemvaart-AC | | | NED | 200404426 | | 5:33.85 | +0.90 | | |
| | 50m: | 36.06 | 36.06 | 150m: | 1:59.66 | 42.46 | 250m: | 3:25.73 | 43.12 | 350m: | 4:52.23 | 42.81 |
| | 100m: | 1:17.20 | 41.14 | 200m: | 2:42.61 | 42.95 | 300m: | 4:09.42 | 43.69 | 400m: | 5:33.85 | 41.62 |
| 8. | Nasca van Dijk | | De Marlijn (SG) | | | NED | 200300816 | | 5:44.68 | +0.81 | | |
| | 50m: | 36.22 | 36.22 | 150m: | 2:01.29 | 44.41 | 250m: | 3:31.41 | 45.33 | 350m: | 5:00.93 | 45.01 |
| | 100m: | 1:16.88 | 40.66 | 200m: | 2:46.08 | 44.79 | 300m: | 4:15.92 | 44.51 | 400m: | 5:44.68 | 43.75 |
| 9. | Esther de Laat | | De Biesboschzwemmers | | | NED | 200000174 | | 5:46.51 | +0.76 | | |
| | 50m: | 34.70 | 34.70 | 150m: | 1:57.41 | 42.88 | 250m: | 3:28.23 | 46.13 | 350m: | 5:02.06 | 47.17 |
| | 100m: | 1:14.53 | 39.83 | 200m: | 2:42.10 | 44.69 | 300m: | 4:14.89 | 46.66 | 400m: | 5:46.51 | 44.45 |
| 10. | Marieke Speijer | | Bubble | | | NED | 200401154 | | 5:50.98 | +0.83 | | |
| | 50m: | 37.12 | 37.12 | 150m: | 2:03.05 | 44.32 | 250m: | 3:33.66 | 45.77 | 350m: | 5:05.40 | 45.67 |
| | 100m: | 1:18.73 | 41.61 | 200m: | 2:47.89 | 44.84 | 300m: | 4:19.73 | 46.07 | 400m: | 5:50.98 | 45.58 |
| 11. | Esmeralda Elbers | | Blue Marlins | | | NED | 200404888 | | 6:40.24 | +0.80 | | |
| | 50m: | 41.14 | 41.14 | 150m: | 2:18.36 | 50.38 | 250m: | 4:02.75 | 52.80 | 350m: | 5:48.75 | 51.98 |
| | 100m: | 1:27.98 | 46.84 | 200m: | 3:09.95 | 51.59 | 300m: | 4:56.77 | 54.02 | 400m: | 6:40.24 | 51.49 |

Masters 25+

| | | | | | | | | | | | | |
|----|-----------------------|---------|-----------------------------|-------|---------|-------|-----------|---------|----------------|-------|---------|-------|
| 1. | Tamara Grove | | De Dolfijn | | | NED | 199601266 | | 4:42.61 | +0.74 | | |
| | 50m: | 31.67 | 31.67 | 150m: | 1:42.39 | 35.84 | 250m: | 2:55.17 | 36.36 | 350m: | 4:07.10 | 35.76 |
| | 100m: | 1:06.55 | 34.88 | 200m: | 2:18.81 | 36.42 | 300m: | 3:31.34 | 36.17 | 400m: | 4:42.61 | 35.51 |
| 2. | Marijke Drent | | Bubble | | | NED | 199906232 | | 4:48.57 | +0.76 | | |
| | 50m: | 32.29 | 32.29 | 150m: | 1:44.47 | 36.47 | 250m: | 2:58.13 | 36.73 | 350m: | 4:12.85 | 37.33 |
| | 100m: | 1:08.00 | 35.71 | 200m: | 2:21.40 | 36.93 | 300m: | 3:35.52 | 37.39 | 400m: | 4:48.57 | 35.72 |
| 3. | Moniek van Langevelde | | ESCA Zwemmen | | | NED | 199803160 | | 4:52.04 | +0.76 | | |
| | 50m: | 32.72 | 32.72 | 150m: | 1:46.47 | 36.73 | 250m: | 3:00.36 | 36.77 | 350m: | 4:15.17 | 37.31 |
| | 100m: | 1:09.74 | 37.02 | 200m: | 2:23.59 | 37.12 | 300m: | 3:37.86 | 37.50 | 400m: | 4:52.04 | 36.87 |
| 4. | Bénédicte Yax | | Club Nautique Val de Fensch | | | FRA | 997232 | | 4:54.71 | +0.66 | | |
| | 50m: | 31.95 | 31.95 | 150m: | 1:44.92 | 36.96 | 250m: | 3:00.41 | 37.81 | 350m: | 4:18.26 | 38.73 |
| | 100m: | 1:07.96 | 36.01 | 200m: | 2:22.60 | 37.68 | 300m: | 3:39.53 | 39.12 | 400m: | 4:54.71 | 36.45 |
| 5. | Manon Kloosterman | | Zwemlust- den Hommel | | | NED | 199702082 | | 5:00.39 | +0.72 | | |
| | 50m: | 32.76 | 32.76 | 150m: | 1:46.79 | 37.46 | 250m: | 3:03.90 | 38.74 | 350m: | 4:22.12 | 39.13 |
| | 100m: | 1:09.33 | 36.57 | 200m: | 2:25.16 | 38.37 | 300m: | 3:42.99 | 39.09 | 400m: | 5:00.39 | 38.27 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 4, Dames, 400m vrije slag, Masters 25+

| rang | naam | vereniging | tijd | RT | PARA |
|------|---------------------|-------------------------|----------------|---------------|-------|
| 6. | Anne-Irene Ducheine | Zwemvereniging Hoogland | 5:04.59 | +0.60 | |
| | 50m: 33.80 | 150m: 1:49.92 | 38.41 | 250m: 3:07.67 | 39.03 |
| | 100m: 1:11.51 | 200m: 2:28.64 | 38.72 | 300m: 3:47.40 | 39.73 |
| | | | | 350m: 4:26.29 | 38.89 |
| | | | | 400m: 5:04.59 | 38.30 |
| 7. | Fiona Meuffels | PSV | 5:04.87 | +0.71 | |
| | 50m: 33.92 | 150m: 1:50.07 | 38.38 | 250m: 3:09.05 | 39.50 |
| | 100m: 1:11.69 | 200m: 2:29.55 | 39.48 | 300m: 3:48.91 | 39.86 |
| | | | | 350m: 4:28.77 | 39.86 |
| | | | | 400m: 5:04.87 | 36.10 |
| 8. | Larissa Jansen | PSV | 5:14.94 | +0.75 | |
| | 50m: 35.40 | 150m: 1:55.11 | 40.18 | 250m: 3:15.30 | 39.94 |
| | 100m: 1:14.93 | 200m: 2:35.36 | 40.25 | 300m: 3:55.30 | 40.00 |
| | | | | 350m: 4:35.59 | 40.29 |
| | | | | 400m: 5:14.94 | 39.35 |
| 9. | Floor Weijmans | HZPC | 5:17.41 | +0.79 | |
| | 50m: 34.80 | 150m: 1:52.13 | 38.79 | 250m: 3:13.51 | 40.89 |
| | 100m: 1:13.34 | 200m: 2:32.62 | 40.49 | 300m: 3:54.99 | 41.48 |
| | | | | 350m: 4:36.29 | 41.30 |
| | | | | 400m: 5:17.41 | 41.12 |
| 10. | Anouk van der Lans | Westland Swimming Stars | 5:34.09 | +0.84 | |
| | 50m: 36.62 | 150m: 1:59.75 | 42.01 | 250m: 3:26.03 | 43.03 |
| | 100m: 1:17.74 | 200m: 2:43.00 | 43.25 | 300m: 4:09.35 | 43.32 |
| | | | | 350m: 4:52.07 | 42.72 |
| | | | | 400m: 5:34.09 | 42.02 |
| 11. | Ageeth de Haan | Steenwijk 1934 | 5:40.89 | +0.82 | |
| | 50m: 36.41 | 150m: 2:01.56 | 43.59 | 250m: 3:30.42 | 44.60 |
| | 100m: 1:17.97 | 200m: 2:45.82 | 44.26 | 300m: 4:15.18 | 44.76 |
| | | | | 350m: 4:58.32 | 43.14 |
| | | | | 400m: 5:40.89 | 42.57 |
| 12. | Marenne Huigh | Scheldestroom | 5:51.65 | +0.60 | |
| | 50m: 38.80 | 150m: 2:07.05 | 44.74 | 250m: 3:36.53 | 45.03 |
| | 100m: 1:22.31 | 200m: 2:51.50 | 44.45 | 300m: 4:22.39 | 45.86 |
| | | | | 350m: 5:07.82 | 45.43 |
| | | | | 400m: 5:51.65 | 43.83 |
| 13. | Cynthia van Veen | ZVL-1886 Center | 6:31.25 | +0.76 | |
| | 50m: 40.30 | 150m: 2:17.60 | 49.88 | 250m: 4:00.65 | 52.00 |
| | 100m: 1:27.72 | 200m: 3:08.65 | 51.05 | 300m: 4:52.03 | 51.38 |
| | | | | 350m: 5:42.87 | 50.84 |
| | | | | 400m: 6:31.25 | 48.38 |
| 14. | Franziska Wierig | SSF Bonn | 6:47.05 | +0.68 | |
| | 50m: 43.94 | 150m: 2:26.57 | 52.12 | 250m: 4:12.17 | 53.64 |
| | 100m: 1:34.45 | 200m: 3:18.53 | 51.96 | 300m: 5:05.07 | 52.90 |
| | | | | 350m: 5:58.29 | 53.22 |
| | | | | 400m: 6:47.05 | 48.76 |

Masters 30+

| | | | | | |
|-----|-----------------------|-----------------------------|----------------|---------------|-------|
| 1. | Leonie van Noort | WVZ | 4:36.45 | +0.82 | |
| | 50m: 32.34 | 150m: 1:40.79 | 34.55 | 250m: 2:51.14 | 35.09 |
| | 100m: 1:06.24 | 200m: 2:16.05 | 35.26 | 300m: 3:26.51 | 35.37 |
| | | | | 350m: 4:01.56 | 35.05 |
| | | | | 400m: 4:36.45 | 34.89 |
| 2. | Lotte Coenen | DES | 5:01.23 | +0.81 | |
| | 50m: 33.42 | 150m: 1:48.82 | 37.91 | 250m: 3:06.04 | 38.47 |
| | 100m: 1:10.91 | 200m: 2:27.57 | 38.75 | 300m: 3:45.03 | 38.99 |
| | | | | 350m: 4:23.91 | 38.88 |
| | | | | 400m: 5:01.23 | 37.32 |
| 3. | Lucie Terver *300m | Club Nautique Val de Fensch | 5:12.75 | +0.83 | |
| | 50m: 35.36 | 150m: 1:52.37 | 38.94 | 250m: 3:11.19 | 39.35 |
| | 100m: 1:13.43 | 200m: 2:31.84 | 39.47 | 300m: 3:50.75 | 39.56 |
| | | | | 350m: 4:32.75 | 42.00 |
| | | | | 400m: 5:12.75 | 40.00 |
| 4. | Marijke Kommers | Niemo Barracuda | 5:15.47 | +0.84 | |
| | 50m: 35.23 | 150m: 1:55.03 | 40.66 | 250m: 3:16.55 | 40.50 |
| | 100m: 1:14.37 | 200m: 2:36.05 | 41.02 | 300m: 3:57.19 | 40.64 |
| | | | | 350m: 4:37.26 | 40.07 |
| | | | | 400m: 5:15.47 | 38.21 |
| 5. | Getrude Corporaal | Steenwijk 1934 | 5:29.22 | +0.82 | |
| | 50m: 34.77 | 150m: 1:56.15 | 41.50 | 250m: 3:21.21 | 42.64 |
| | 100m: 1:14.65 | 200m: 2:38.57 | 42.42 | 300m: 4:04.72 | 43.51 |
| | | | | 350m: 4:47.73 | 43.01 |
| | | | | 400m: 5:29.22 | 41.49 |
| 6. | Daphne Kievit | ZPC AMERSFOORT | 5:37.30 | +0.82 | |
| | 50m: 36.41 | 150m: 1:59.87 | 42.25 | 250m: 3:25.60 | 43.12 |
| | 100m: 1:17.62 | 200m: 2:42.48 | 42.61 | 300m: 4:09.48 | 43.88 |
| | | | | 350m: 4:53.15 | 43.67 |
| | | | | 400m: 5:37.30 | 44.15 |
| 7. | Marloes Manni | Zwemvereniging Hoogland | 5:39.04 | +0.73 | |
| | 50m: 35.60 | 150m: 2:00.18 | 43.12 | 250m: 3:27.43 | 43.97 |
| | 100m: 1:17.06 | 200m: 2:43.46 | 43.28 | 300m: 4:11.76 | 44.33 |
| | | | | 350m: 4:56.33 | 44.57 |
| | | | | 400m: 5:39.04 | 42.71 |
| 8. | Joëlle Vaes | DIO | 5:47.53 | +0.68 | |
| | 50m: 37.79 | 150m: 2:05.06 | 44.74 | 250m: 3:35.49 | 45.55 |
| | 100m: 1:20.32 | 200m: 2:49.94 | 44.88 | 300m: 4:21.61 | 46.12 |
| | | | | 350m: 5:05.74 | 44.13 |
| | | | | 400m: 5:47.53 | 41.79 |
| 9. | Esther Kwebeman | TriVia | 6:00.26 | +0.82 | |
| | 50m: 38.40 | 150m: 2:08.16 | 46.08 | 250m: 3:41.43 | 46.90 |
| | 100m: 1:22.08 | 200m: 2:54.53 | 46.37 | 300m: 4:28.12 | 46.69 |
| | | | | 350m: 5:14.48 | 46.36 |
| | | | | 400m: 6:00.26 | 45.78 |
| 10. | Irmgard van Weeghel | ESCA Zwemmen | 6:12.26 | +0.83 | |
| | 50m: 39.22 | 150m: 2:10.00 | 46.80 | 250m: 3:46.47 | 48.77 |
| | 100m: 1:23.20 | 200m: 2:57.70 | 47.70 | 300m: 4:35.61 | 49.14 |
| | | | | 350m: 5:24.71 | 49.10 |
| | | | | 400m: 6:12.26 | 47.55 |
| 11. | Marjan Rikken | Octopus-ZVV (SG) | 6:22.88 | +0.87 | |
| | 50m: 40.29 | 150m: 2:15.22 | 48.61 | 250m: 3:54.36 | 49.75 |
| | 100m: 1:26.61 | 200m: 3:04.61 | 49.39 | 300m: 4:44.35 | 49.99 |
| | | | | 350m: 5:34.56 | 50.21 |
| | | | | 400m: 6:22.88 | 48.32 |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 4, Dames, 400m vrije slag, Masters 30+

| rang | naam | vereniging | land | nummer | tijd | RT | PARA | |
|------|-------------------------|-----------------|---------------|-----------|----------------|-------|---------------|-------|
| 12. | Jacoline van den Beukel | Niemo Barracuda | NED | 199100238 | 6:32.67 | +0.80 | | |
| | 50m: 39.42 | 39.42 | 150m: 2:11.80 | 47.48 | 250m: 3:52.21 | 50.90 | 350m: 4:16.51 | 53.53 |
| | 100m: 1:24.32 | 44.90 | 200m: 3:01.31 | 49.51 | 300m: 4:45.63 | 53.42 | 400m: 6:32.67 | 53.51 |

Masters 35+

| | | | | | | | | |
|-----|-------------------------|---|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Viktória Háden-Felföldi | Iron Swim | HUN | | 4:53.76 | +0.71 | | |
| | 50m: 33.11 | 33.11 | 150m: 1:46.76 | 37.01 | 250m: 3:01.47 | 37.23 | 350m: 4:16.51 | 37.40 |
| | 100m: 1:09.75 | 36.64 | 200m: 2:24.24 | 37.48 | 300m: 3:39.11 | 37.64 | 400m: 4:53.76 | 37.25 |
| 2. | Jenny Schouten | PSV | NED | 198703674 | 4:59.29 | +0.63 | | |
| | 50m: 32.51 | 32.51 | 150m: 1:47.65 | 38.35 | 250m: 3:04.85 | 38.70 | 350m: 4:22.18 | 38.71 |
| | 100m: 1:09.30 | 36.79 | 200m: 2:26.15 | 38.50 | 300m: 3:43.47 | 38.62 | 400m: 4:59.29 | 37.11 |
| 3. | Lisanne Andeweg | Zuiderzeezwemmers | NED | 198800092 | 5:09.30 | +0.86 | | |
| | 50m: 34.63 | 34.63 | 150m: 1:52.44 | 39.23 | 250m: 3:11.96 | 39.61 | 350m: 4:31.37 | 39.08 |
| | 100m: 1:13.21 | 38.58 | 200m: 2:32.35 | 39.91 | 300m: 3:52.29 | 40.33 | 400m: 5:09.30 | 37.93 |
| 4. | Jana Vanden Broeck | Cercle Royal De Natation De BruBELs ACNBA/012311/89 | | | 5:16.65 | +0.80 | | |
| | 50m: 33.88 | 33.88 | 150m: 1:52.13 | 39.88 | 250m: 3:14.15 | 41.23 | 350m: 4:36.43 | 40.85 |
| | 100m: 1:12.25 | 38.37 | 200m: 2:32.92 | 40.79 | 300m: 3:55.58 | 41.43 | 400m: 5:16.65 | 40.22 |
| 5. | Relinda Baas | TriVia | NED | 198900144 | 5:18.59 | +0.79 | | |
| | 50m: 34.42 | 34.42 | 150m: 1:52.43 | 39.84 | 250m: 3:13.90 | 40.82 | 350m: 4:37.12 | 41.69 |
| | 100m: 1:12.59 | 38.17 | 200m: 2:33.08 | 40.65 | 300m: 3:55.43 | 41.53 | 400m: 5:18.59 | 41.47 |
| 6. | Nanda van Heteren | PSV | NED | 198901728 | 5:30.51 | +0.89 | | |
| | 50m: 36.74 | 36.74 | 150m: 2:00.19 | 42.22 | 250m: 3:26.18 | 42.78 | 350m: 5:07.10 | 42.17 |
| | 100m: 1:17.97 | 41.23 | 200m: 2:43.40 | 43.21 | 300m: 4:08.90 | 42.72 | 400m: 5:30.51 | 39.44 |
| 7. | Liesbeth van Mill | Zwemlust- den Hommel | NED | 198702786 | 5:47.66 | +0.76 | | |
| | 50m: 37.41 | 37.41 | 150m: 2:03.74 | 43.67 | 250m: 3:32.41 | 44.84 | 350m: 5:03.11 | 45.97 |
| | 100m: 1:20.07 | 42.66 | 200m: 2:47.57 | 43.83 | 300m: 4:17.14 | 44.73 | 400m: 5:47.66 | 44.55 |
| 8. | Esther Boerdam-Delfos | AZC | NED | 198705256 | 5:51.59 | +0.77 | | |
| | 50m: 37.57 | 37.57 | 150m: 2:03.51 | 43.63 | 250m: 3:34.05 | 45.17 | 350m: 5:07.10 | 46.20 |
| | 100m: 1:19.88 | 42.31 | 200m: 2:48.88 | 45.37 | 300m: 4:20.90 | 46.85 | 400m: 5:51.59 | 44.49 |
| 9. | Sandra Schellekens | Neptunus'58 | NED | 198503416 | 5:56.61 | +0.85 | | |
| | 50m: 38.27 | 38.27 | 150m: 2:07.55 | 45.65 | 250m: 3:39.39 | 46.10 | 350m: 5:12.19 | 46.63 |
| | 100m: 1:21.90 | 43.63 | 200m: 2:53.29 | 45.74 | 300m: 4:25.56 | 46.17 | 400m: 5:56.61 | 44.42 |
| 10. | Ingrid Johannes | De Kempvis | NED | 198907370 | 6:47.72 | +0.85 | | |
| | 50m: 42.95 | 42.95 | 150m: 2:25.61 | 52.13 | 250m: 4:11.35 | 52.45 | 350m: 5:56.52 | 52.84 |
| | 100m: 1:33.48 | 50.53 | 200m: 3:18.90 | 53.29 | 300m: 5:03.68 | 52.33 | 400m: 6:47.72 | 51.20 |

Masters 40+

| | | | | | | | | |
|----|--------------------|-----------------------|---------------|----------------|----------------|---------|---------------|-------|
| 1. | Maike Zeterberg | Zehlendorfer TSV 1888 | GER | 066680 | 4:56.95 | +0.64 | | |
| | 50m: 33.41 | 33.41 | 150m: 1:47.79 | 37.62 | 250m: 3:03.02 | 37.47 | 350m: 4:19.49 | 38.22 |
| | 100m: 1:10.17 | 36.76 | 200m: 2:25.55 | 37.76 | 300m: 3:41.27 | 38.25 | 400m: 4:56.95 | 37.46 |
| 2. | Ann Wanter | Zwemclub Geel | BEL | ZGEEL/21082/82 | 4:59.42 | +0.78 | | |
| | 50m: 33.41 | 33.41 | 150m: 1:48.74 | 38.16 | 250m: 3:05.32 | 37.92 | 350m: 4:22.23 | 38.15 |
| | 100m: 1:10.58 | 37.17 | 200m: 2:27.40 | 38.66 | 300m: 3:44.08 | 38.76 | 400m: 4:59.42 | 37.19 |
| 3. | Heather Frees | Lone Star Masters | USA | | 5:01.43 | +0.63 | | |
| | 50m: 33.75 | 33.75 | 150m: 1:47.75 | 37.45 | 250m: 3:04.89 | 38.75 | 350m: 4:23.24 | 39.30 |
| | 100m: 1:10.30 | 36.55 | 200m: 2:26.14 | 38.39 | 300m: 3:43.94 | 39.05 | 400m: 5:01.43 | 38.19 |
| 4. | Debbie van Rooijen | IJZPC | NED | 198201402 | 5:04.99 | +0.77 | | |
| | 50m: 34.00 | 34.00 | 150m: 1:50.32 | 38.64 | 250m: 3:08.18 | 38.74 | 350m: 4:27.50 | 39.30 |
| | 100m: 1:11.68 | 37.68 | 200m: 2:29.44 | 39.12 | 300m: 3:48.20 | 40.02 | 400m: 5:04.99 | 37.49 |
| 5. | Ramona Linting | AZC | NED | 198301274 | 5:46.99 | +0.72 | | |
| | 50m: 37.28 | 37.28 | 150m: 2:02.98 | 43.80 | 250m: 3:32.84 | 44.92 | 350m: 5:03.05 | 44.97 |
| | 100m: 1:19.18 | 41.90 | 200m: 2:47.92 | 44.94 | 300m: 4:18.08 | 45.24 | 400m: 5:46.99 | 43.94 |
| 6. | Linda Hoogendam | WVZ | NED | 198300892 | 5:58.53 | +0.81 | | |
| | 50m: 38.66 | 38.66 | 150m: 2:09.84 | 46.04 | 250m: 3:41.52 | 45.39 | 350m: 5:14.85 | 45.94 |
| | 100m: 1:23.80 | 45.14 | 200m: 2:56.13 | 46.29 | 300m: 4:28.91 | 47.39 | 400m: 5:58.53 | 43.68 |
| 7. | Charmaine Cutajar | San Giljan ASC | MLT | 144984M | 7:33.43 | +0.89 | | |
| | 50m: 47.00 | 47.00 | 150m: 2:43.17 | 56.91 | 250m: 4:40.65 | 58.31 | 350m: 6:41.29 | 59.61 |
| | 100m: 1:46.26 | 59.26 | 200m: 3:42.34 | 59.17 | 300m: 5:41.68 | 1:01.03 | 400m: 7:33.43 | 52.14 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 4, Dames, 400m vrije slag

Masters 45+

| | | | | | | |
|----|--------------------------|----------------------------|---------------|-----------|----------------|---------|
| 1. | Liselotte Joling | PSV | NED | 197500268 | 5:01.80 | +0.84 |
| | 50m: 35.89 | 35.89 | 150m: 1:53.26 | 38.15 | 250m: 3:09.83 | 37.23 |
| | 100m: 1:15.11 | 39.22 | 200m: 2:32.60 | 39.34 | 300m: 3:48.26 | 38.43 |
| | | | | | 350m: 4:25.46 | 37.20 |
| | | | | | 400m: 5:01.80 | 36.34 |
| 2. | Chantal Verhoeff | Old Dutch | NED | 197900912 | 5:38.36 | +0.78 |
| | 50m: 36.69 | 36.69 | 150m: 2:02.63 | 44.07 | 250m: 3:30.33 | 43.49 |
| | 100m: 1:18.56 | 41.87 | 200m: 2:46.84 | 44.21 | 300m: 4:13.59 | 43.26 |
| | | | | | 350m: 4:56.58 | 42.99 |
| | | | | | 400m: 5:38.36 | 41.78 |
| 3. | Petra Guijt | Aqua-Novio '94 | NED | 197600978 | 5:45.03 | +0.70 |
| | 50m: 37.55 | 37.55 | 150m: 2:04.15 | 43.89 | 250m: 3:33.10 | 44.62 |
| | 100m: 1:20.26 | 42.71 | 200m: 2:48.48 | 44.33 | 300m: 4:17.74 | 44.64 |
| | | | | | 350m: 5:02.27 | 44.53 |
| | | | | | 400m: 5:45.03 | 42.76 |
| 4. | Jessica Venema | GZC DONK | NED | 197901526 | 5:45.19 | +0.82 |
| | 50m: 36.11 | 36.11 | 150m: 2:03.20 | 45.06 | 250m: 3:34.83 | 45.96 |
| | 100m: 1:18.14 | 42.03 | 200m: 2:48.87 | 45.67 | 300m: 4:20.06 | 45.23 |
| | | | | | 350m: 5:04.30 | 44.24 |
| | | | | | 400m: 5:45.19 | 40.89 |
| 5. | Ilonka van der Meer | LinK | NED | 197601168 | 6:27.34 | +0.95 |
| | 50m: 43.34 | 43.34 | 150m: 2:19.21 | 48.58 | 250m: 4:00.14 | 50.27 |
| | 100m: 1:30.63 | 47.29 | 200m: 3:09.87 | 50.66 | 300m: 4:50.77 | 50.63 |
| | | | | | 350m: 5:40.48 | 49.71 |
| | | | | | 400m: 6:27.34 | 46.86 |
| 6. | Clementine van Bruxvoort | Feijenoord Albion Zwemclub | NED | 197700138 | 7:06.11 | +0.91 |
| | 50m: 44.97 | 44.97 | 150m: 2:29.80 | 53.04 | 250m: 4:19.58 | 55.73 |
| | 100m: 1:36.76 | 51.79 | 200m: 3:23.85 | 54.05 | 300m: 5:15.30 | 55.72 |
| | | | | | 350m: 6:11.76 | 56.46 |
| | | | | | 400m: 7:06.11 | 54.35 |
| 7. | Jessica van Velzen | SWOL 1894 | NED | 197601122 | 7:39.57 | +1.06 |
| | 50m: 50.46 | 50.46 | 150m: 2:42.87 | 57.04 | 250m: 4:42.30 | 59.62 |
| | 100m: 1:45.83 | 55.37 | 200m: 3:42.68 | 59.81 | 300m: 5:42.93 | 1:00.63 |
| | | | | | 350m: 6:43.23 | 1:00.30 |
| | | | | | 400m: 7:39.57 | 56.34 |

Masters 50+

| | | | | | | |
|-----|-------------------------|-------------------------|---------------|-----------|----------------|-------|
| 1. | Carla Geurts | PSV | NED | 197100178 | 4:58.83 | +0.75 |
| | 50m: 33.01 | 33.01 | 150m: 1:48.22 | 38.17 | 250m: 3:04.43 | 38.21 |
| | 100m: 1:10.05 | 37.04 | 200m: 2:26.22 | 38.00 | 300m: 3:43.02 | 38.59 |
| | | | | | 350m: 4:21.46 | 38.44 |
| | | | | | 400m: 4:58.83 | 37.37 |
| 2. | Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | NED | 197000054 | 5:10.80 | +0.80 |
| | 50m: 35.45 | 35.45 | 150m: 1:54.54 | 39.85 | 250m: 3:14.66 | 39.47 |
| | 100m: 1:14.69 | 39.24 | 200m: 2:35.19 | 40.65 | 300m: 3:53.98 | 39.32 |
| | | | | | 350m: 4:33.41 | 39.43 |
| | | | | | 400m: 5:10.80 | 37.39 |
| 3. | Bianca Groot | MSV-Zeemacht | NED | 197000652 | 5:21.06 | +0.80 |
| | 50m: 35.54 | 35.54 | 150m: 1:55.28 | 40.02 | 250m: 3:16.89 | 40.52 |
| | 100m: 1:15.26 | 39.72 | 200m: 2:36.37 | 41.09 | 300m: 3:58.68 | 41.79 |
| | | | | | 350m: 4:39.91 | 41.23 |
| | | | | | 400m: 5:21.06 | 41.15 |
| 4. | Annette de Visser | Oceanus | NED | 197100602 | 5:26.19 | +0.82 |
| | 50m: 35.30 | 35.30 | 150m: 1:55.65 | 41.00 | 250m: 3:19.78 | 41.97 |
| | 100m: 1:14.65 | 39.35 | 200m: 2:37.81 | 42.16 | 300m: 4:02.41 | 42.63 |
| | | | | | 350m: 4:44.62 | 42.21 |
| | | | | | 400m: 5:26.19 | 41.57 |
| 5. | Inken Wemheuer | Team Noord Holland (SG) | NED | 197101016 | 5:45.24 | +0.80 |
| | 50m: 37.17 | 37.17 | 150m: 2:02.83 | 44.12 | 250m: 3:33.24 | 45.43 |
| | 100m: 1:18.71 | 41.54 | 200m: 2:47.81 | 44.98 | 300m: 4:18.13 | 44.89 |
| | | | | | 350m: 5:03.18 | 45.05 |
| | | | | | 400m: 5:45.24 | 42.06 |
| 6. | Cherry Bas-Ott | DAW | NED | 197100464 | 6:13.26 | +0.74 |
| | 50m: 38.14 | 38.14 | 150m: 2:10.16 | 47.41 | 250m: 3:47.16 | 48.12 |
| | 100m: 1:22.75 | 44.61 | 200m: 2:59.04 | 48.88 | 300m: 4:36.70 | 49.54 |
| | | | | | 350m: 5:25.59 | 48.89 |
| | | | | | 400m: 6:13.26 | 47.67 |
| 7. | Karin Sagonas-Koolen | VZV Njord | NED | 197000964 | 6:29.09 | +0.91 |
| | 50m: 40.21 | 40.21 | 150m: 2:15.28 | 49.88 | 250m: 3:57.34 | 51.53 |
| | 100m: 1:25.40 | 45.19 | 200m: 3:05.81 | 50.53 | 300m: 4:48.89 | 51.55 |
| | | | | | 350m: 5:40.69 | 51.80 |
| | | | | | 400m: 6:29.09 | 48.40 |
| 8. | Annet Kootstra | SWOL 1894 | NED | 197100344 | 6:34.54 | +1.10 |
| | 50m: 42.95 | 42.95 | 150m: 2:21.48 | 50.11 | 250m: 4:03.03 | 50.55 |
| | 100m: 1:31.37 | 48.42 | 200m: 3:12.48 | 51.00 | 300m: 4:54.77 | 51.74 |
| | | | | | 350m: 5:45.11 | 50.34 |
| | | | | | 400m: 6:34.54 | 49.43 |
| 9. | Annette Spies | LinK | NED | 197001110 | 6:36.18 | +0.90 |
| | 50m: 43.73 | 43.73 | 150m: 2:22.62 | 50.22 | 250m: 4:05.26 | 51.71 |
| | 100m: 1:32.40 | 48.67 | 200m: 3:13.55 | 50.93 | 300m: 4:56.88 | 51.62 |
| | | | | | 350m: 5:48.13 | 51.25 |
| | | | | | 400m: 6:36.18 | 48.05 |
| 10. | Elise Kenworthy | LinK | NED | 197101126 | 6:50.50 | +0.85 |
| | 50m: 43.46 | 43.46 | 150m: 2:24.38 | 51.59 | 250m: 4:11.57 | 54.12 |
| | 100m: 1:32.79 | 49.33 | 200m: 3:17.45 | 53.07 | 300m: 5:05.14 | 53.57 |
| | | | | | 350m: 5:59.30 | 54.16 |
| | | | | | 400m: 6:50.50 | 51.20 |

Masters 55+

| | | | | | | |
|----|--------------------|----------|---------------|-----------|----------------|-------|
| 1. | Claudia Thielemann | SG Bayer | GER | 333958 | 5:05.03 | +0.76 |
| | 50m: 34.54 | 34.54 | 150m: 1:50.71 | 38.61 | 250m: 3:08.04 | 38.71 |
| | 100m: 1:12.10 | 37.56 | 200m: 2:29.33 | 38.62 | 300m: 3:47.16 | 39.12 |
| | | | | | 350m: 4:26.32 | 39.16 |
| | | | | | 400m: 5:05.03 | 38.71 |
| 2. | Carol Hollemans | ACZ | NED | 196900252 | 5:28.90 | +0.72 |
| | 50m: 34.77 | 34.77 | 150m: 1:54.86 | 40.90 | 250m: 3:20.15 | 42.84 |
| | 100m: 1:13.96 | 39.19 | 200m: 2:37.31 | 42.45 | 300m: 4:03.95 | 43.80 |
| | | | | | 350m: 4:47.47 | 43.52 |
| | | | | | 400m: 5:28.90 | 41.43 |

Programmanr. 4, Dames, 400m vrije slag, Masters 55+

| rang | naam | vereniging | | | | | | tijd | RT | PARA |
|------|--------------------------|-------------------------------|---------------|----------------|---------------|---------|---------------|------------------|-------|------|
| 3. | Iris van Aurich | DWK | NED | 196900866 | | | | 5:46.56 | +0.70 | |
| | 50m: 36.86 | 36.86 | 150m: 2:03.31 | 43.58 | 250m: 3:31.98 | 44.30 | 350m: 5:02.93 | 45.43 | | |
| | 100m: 1:19.73 | 42.87 | 200m: 2:47.68 | 44.37 | 300m: 4:17.50 | 45.52 | 400m: 5:46.56 | 43.63 | | |
| 4. | Laura Staal | Oceanus | NED | 196700358 | | | | 5:58.15 | +0.85 | |
| | 50m: 39.70 | 39.70 | 150m: 2:08.54 | 45.28 | 250m: 3:39.99 | 45.68 | 350m: 5:12.95 | 46.59 | | |
| | 100m: 1:23.26 | 43.56 | 200m: 2:54.31 | 45.77 | 300m: 4:26.36 | 46.37 | 400m: 5:58.15 | 45.20 | | |
| 5. | Anita Steijger | WVZ | NED | 196500628 | | | | 6:08.66 | +0.87 | |
| | 50m: 42.08 | 42.08 | 150m: 2:13.38 | 46.04 | 250m: 3:46.73 | 46.76 | 350m: 5:21.92 | 47.54 | | |
| | 100m: 1:27.34 | 45.26 | 200m: 2:59.97 | 46.59 | 300m: 4:34.38 | 47.65 | 400m: 6:08.66 | 46.74 | | |
| 6. | Sandra Daamen-Posma | AZC | NED | 196800854 | | | | 6:37.27 | +0.85 | |
| | 50m: 40.93 | 40.93 | 150m: 2:15.11 | 48.70 | 250m: 3:57.18 | 51.67 | 350m: 5:44.44 | 54.40 | | |
| | 100m: 1:26.41 | 45.48 | 200m: 3:05.51 | 50.40 | 300m: 4:50.04 | 52.86 | 400m: 6:37.27 | 52.83 | | |
| 7. | José Bodde | LinK | NED | 196901104 | | | | 6:45.82 * | | |
| | 50m: 44.02 | 44.02 | 150m: 2:25.64 | 52.16 | 250m: 4:11.06 | 52.58 | 350m: 5:55.62 | 52.03 | | |
| | 100m: 1:33.48 | 49.46 | 200m: 3:18.48 | 52.84 | 300m: 5:03.59 | 52.53 | 400m: 6:45.82 | 50.20 | | |
| 8. | Kristien Van de Moortel | ShaRK - Swimming Region Kemr | BEL | SHARK/20315/69 | | | | 6:47.40 | +0.87 | |
| | 50m: 44.78 | 44.78 | 150m: 2:28.31 | 52.24 | 250m: 4:12.54 | 52.26 | 350m: 5:58.21 | 53.28 | | |
| | 100m: 1:36.07 | 51.29 | 200m: 3:20.28 | 51.97 | 300m: 5:04.93 | 52.39 | 400m: 6:47.40 | 49.19 | | |
| 9. | Fulya Gumusburun-De Moor | Istanbul Yuzme Ihtisas Kulubu | TUR | | | | | 7:16.18 | +1.25 | |
| | 50m: 50.71 | 50.71 | 150m: 2:40.12 | 55.09 | 250m: 4:31.24 | 55.42 | 350m: 6:22.44 | 55.43 | | |
| | 100m: 1:45.03 | 54.32 | 200m: 3:35.82 | 55.70 | 300m: 5:27.01 | 55.77 | 400m: 7:16.18 | 53.74 | | |
| 10. | Annette van Dok | MSV-Zeemacht | NED | 196800742 | | | | 7:23.73 | +1.17 | |
| | 50m: 47.72 | 47.72 | 150m: 2:39.01 | 56.18 | 250m: 4:32.11 | 56.63 | 350m: 6:27.28 | 57.49 | | |
| | 100m: 1:42.83 | 55.11 | 200m: 3:35.48 | 56.47 | 300m: 5:29.79 | 57.68 | 400m: 7:23.73 | 56.45 | | |
| 11. | Cora Smulders | ESCA Zwemmen | NED | 196600668 | | | | 7:31.51 | +0.81 | |
| | 50m: 47.37 | 47.37 | 150m: 2:41.33 | 58.04 | 250m: 4:38.52 | 58.50 | 350m: 6:36.06 | 58.33 | | |
| | 100m: 1:43.29 | 55.92 | 200m: 3:40.02 | 58.69 | 300m: 5:37.73 | 59.21 | 400m: 7:31.51 | 55.45 | | |
| 12. | Ann Vandembrouck | ROSC | BEL | ROSC/20321/65 | | | | 9:00.89 | +1.13 | |
| | 50m: 57.56 | 57.56 | 150m: 3:14.12 | 1:09.20 | 250m: 5:33.46 | 1:08.72 | 350m: 7:52.59 | 1:09.92 | | |
| | 100m: 2:04.92 | 1:07.36 | 200m: 4:24.74 | 1:10.62 | 300m: 6:42.67 | 1:09.21 | 400m: 9:00.89 | 1:08.30 | | |

Masters 60+

| | | | | | | | | | | |
|----|----------------------------|------------------------------|---------------|---------------|---------------|---------|---------------|----------------|-------|--|
| 1. | Jacqueline Rolloos-Bakkers | Niemo Barracuda | NED | 196300222 | | | | 6:14.96 | +0.83 | |
| | 50m: 40.31 | 40.31 | 150m: 2:16.28 | 48.72 | 250m: 3:54.30 | 48.74 | 350m: 5:30.89 | 47.66 | | |
| | 100m: 1:27.56 | 47.25 | 200m: 3:05.56 | 49.28 | 300m: 4:43.23 | 48.93 | 400m: 6:14.96 | 44.07 | | |
| 2. | Maud Peuten-Evers | Mosa-Regio | NED | 196400584 | | | | 6:17.84 | +1.03 | |
| | 50m: 41.32 | 41.32 | 150m: 2:15.65 | 47.92 | 250m: 3:52.04 | 48.03 | 350m: 5:29.19 | 48.54 | | |
| | 100m: 1:27.73 | 46.41 | 200m: 3:04.01 | 48.36 | 300m: 4:40.65 | 48.61 | 400m: 6:17.84 | 48.65 | | |
| 3. | Lia Bijkerk | GZC DONK | NED | 196000014 | | | | 6:47.70 | +0.84 | |
| | 50m: 45.38 | 45.38 | 150m: 2:29.66 | 52.26 | 250m: 4:14.79 | 52.35 | 350m: 5:59.60 | 52.05 | | |
| | 100m: 1:37.40 | 52.02 | 200m: 3:22.44 | 52.78 | 300m: 5:07.55 | 52.76 | 400m: 6:47.70 | 48.10 | | |
| 4. | Erica Muller | De Geul | NED | 196400412 | | | | 7:00.58 | +0.80 | |
| | 50m: 46.56 | 46.56 | 150m: 2:32.79 | 53.64 | 250m: 4:20.24 | 53.97 | 350m: 6:08.56 | 54.11 | | |
| | 100m: 1:39.15 | 52.59 | 200m: 3:26.27 | 53.48 | 300m: 5:14.45 | 54.21 | 400m: 7:00.58 | 52.02 | | |
| 5. | Kirsten Stamer | SC Janus Köln | GER | 247144 | | | | 7:24.48 | | |
| | 50m: 45.34 | 45.34 | 150m: 2:31.77 | 54.42 | 250m: 4:26.98 | 58.47 | 350m: 6:26.11 | 1:00.15 | | |
| | 100m: 1:37.35 | 52.01 | 200m: 3:28.51 | 56.74 | 300m: 5:25.96 | 58.98 | 400m: 7:24.48 | 58.37 | | |
| 6. | Marie-Jeanne Vandormael | Genker Zwemvereniging Neptun | BEL | GZVN/21035/63 | | | | 8:10.25 | +0.62 | |
| | 50m: 51.73 | 51.73 | 150m: 2:53.32 | 1:02.98 | 250m: 4:59.99 | 1:03.49 | 350m: 7:07.09 | 1:03.85 | | |
| | 100m: 1:50.34 | 58.61 | 200m: 3:56.50 | 1:03.18 | 300m: 6:03.24 | 1:03.25 | 400m: 8:10.25 | 1:03.16 | | |

Masters 65+

| | | | | | | | | | | |
|----|--|---------|---------------|-----------|---------------|---------|----------------|-----------------|-------|--|
| 1. | Esther van Lohuizen <i>Kampioenschapsrecord</i> | PSV | NED | 195900300 | | | | 5:41.46 | +0.77 | |
| | 50m: 38.27 | 38.27 | 150m: 2:05.78 | 44.61 | 250m: 3:34.42 | 44.68 | 350m: 5:01.94 | 43.72 | | |
| | 100m: 1:21.17 | 42.90 | 200m: 2:49.74 | 43.96 | 300m: 4:18.22 | 43.80 | 400m: 5:41.46 | 39.52 | | |
| 2. | Lies Hartman | PSV | NED | 195600116 | | | | 10:41.52 | +1.15 | |
| | 50m: 1:04.74 | 1:04.74 | 150m: 3:47.52 | 1:22.80 | 250m: 6:37.29 | 1:27.00 | 350m: 9:22.05 | 1:21.91 | | |
| | 100m: 2:24.72 | 1:19.98 | 200m: 5:10.29 | 1:22.77 | 300m: 8:00.14 | 1:22.85 | 400m: 10:41.52 | 1:19.47 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 4, Dames, 400m vrije slag

Masters 70+

| | | | | | |
|--------------------------------|---------|---------|-----------|------------------|---------|
| 1. Ineke Weekers | PSV | NED | 195300050 | 6:02.42 | +0.83 |
| <i>Europees Masters Record</i> | | | | | |
| 50m: | 42.07 | 42.07 | 150m: | 2:13.91 | 46.02 |
| 100m: | 1:27.89 | 45.82 | 200m: | 2:59.90 | 45.99 |
| 250m: | 3:45.92 | 46.02 | 350m: | 5:17.60 | 45.84 |
| 300m: | 4:31.76 | 45.84 | 400m: | 6:02.42 | 44.82 |
| 2. Carla Hensen | PSV | NED | 195300062 | 7:23.07 * | +1.09 |
| 50m: | 48.08 | 48.08 | 150m: | 2:39.57 | 56.72 |
| 100m: | 1:42.85 | 54.77 | 200m: | 3:36.58 | 57.01 |
| 250m: | 4:33.25 | 56.67 | 350m: | 6:27.35 | 56.90 |
| 300m: | 5:30.45 | 57.20 | 400m: | 7:23.07 | 55.72 |
| 3. Gonnie Bak | PSV | NED | 195100064 | 8:20.98 | +0.94 |
| 50m: | 54.97 | 54.97 | 150m: | 3:02.32 | 1:04.37 |
| 100m: | 1:57.95 | 1:02.98 | 200m: | 4:06.45 | 1:04.13 |
| 250m: | 5:11.28 | 1:04.83 | 350m: | 7:19.25 | 1:04.22 |
| 300m: | 6:15.03 | 1:03.75 | 400m: | 8:20.98 | 1:01.73 |
| 4. Geerdien Meerwaldt | De Geul | NED | 195200058 | 9:10.66 | |
| 50m: | 1:01.44 | 1:01.44 | 150m: | 3:18.96 | 1:09.30 |
| 100m: | 2:09.66 | 1:08.22 | 200m: | 4:29.79 | 1:10.83 |
| 250m: | 5:40.10 | 1:10.31 | 350m: | 8:04.38 | 1:12.48 |
| 300m: | 6:51.90 | 1:11.80 | 400m: | 9:10.66 | 1:06.28 |

Masters 75+

| | | | | | |
|----------------------------------|----------------|---------|-----------|----------------|---------|
| 1. Corrie Verhoeven | PSV | NED | 194600026 | 7:01.70 | +0.71 |
| <i>Nederlands Masters Record</i> | | | | | |
| 50m: | 45.66 | 45.66 | 150m: | 2:33.61 | 55.62 |
| 100m: | 1:37.99 | 52.33 | 200m: | 3:28.44 | 54.83 |
| 250m: | 4:23.41 | 54.97 | 350m: | 6:11.12 | 54.70 |
| 300m: | 5:16.42 | 53.01 | 400m: | 7:01.70 | 50.58 |
| 2. Loekie van Huissteden | ZPC AMERSFOORT | NED | 194500002 | 9:20.66 | +1.08 |
| 50m: | 1:02.87 | 1:02.87 | 150m: | 3:25.99 | 1:12.98 |
| 100m: | 2:13.01 | 1:10.14 | 200m: | 4:36.80 | 1:10.81 |
| 250m: | 5:47.74 | 1:10.94 | 350m: | 8:12.04 | 1:11.71 |
| 300m: | 7:00.33 | 1:12.59 | 400m: | 9:20.66 | 1:08.62 |
| RES Denise Cortis | San Giljan ASC | MLT | 14886M | 8:13.61 | +0.77 |
| 50m: | 48.29 | 48.29 | 150m: | 2:51.04 | 1:02.79 |
| 100m: | 1:48.25 | 59.96 | 200m: | 3:55.33 | 1:04.29 |
| 250m: | 4:59.84 | 1:04.51 | 350m: | 7:11.90 | 1:05.88 |
| 300m: | 6:06.02 | 1:06.18 | 400m: | 8:13.61 | 1:01.71 |

Programmanr. 5
03-05-2024 - 11:16

Heren, 100m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-----------------------------|-------------------------|-----|-----------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Lucas Douwma | ZPCH | NED | 200401337 | 1:08.94 | +0.67 | | 32.65 | 1:08.94 |
| 2. Dave van den Nieuwendijk | De Columbiaan | NED | 200100475 | 1:10.72 | +0.76 | | 32.76 | 1:10.72 |
| 3. Benjamin Vermeulen | De Bevelanders | NED | 200003721 | 1:10.92 | +0.81 | | 31.54 | 1:10.92 |
| 4. Thomas Hesper | Niemo Barracuda | NED | 200004181 | 1:12.24 | +0.79 | | 33.64 | 1:12.24 |
| 5. Jelle Opmeer | ZPC AMERSFOORT | NED | 200100269 | 1:12.57 | +0.65 | | 33.02 | 1:12.57 |
| 6. Robin Schols | ACZ | NED | 200400433 | 1:13.90 | +0.63 | | 33.67 | 1:13.90 |
| 7. Tim Speijer | Bubble | NED | 200301661 | 1:14.26 | +0.67 | | 34.56 | 1:14.26 |
| 8. Bas van den Akker | PSV | NED | 200204651 | 1:14.37 | +0.68 | | 33.52 | 1:14.37 |
| 9. Ilmar Stoop | Zuiderzeezwemmers | NED | 200100871 | 1:14.88 | +0.66 | | 33.89 | 1:14.88 |
| 10. Robin van Peenen | ZVL-1886 Center | NED | 200201059 | 1:14.89 | +0.80 | | 32.79 | 1:14.89 |
| 11. Esper Paans | ZZ&PC De Devel | NED | 200100607 | 1:18.40 | +0.75 | | 34.97 | 1:18.40 |
| 12. Nino van Krimpen | ZOB'66 | NED | 200004611 | 1:19.09 | +0.68 | | 36.87 | 1:19.09 |
| 13. Boaz Troost | ZOB'66 | NED | 200100371 | 1:19.73 | +0.69 | | 36.81 | 1:19.73 |
| 14. Rens Hoogenboom | Neptunus'58 | NED | 200403893 | 1:27.04 | +0.62 | | 40.33 | 1:27.04 |
| Masters 25+ | | | | | | | | |
| 1. Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 1:09.26 | +0.63 | | 31.62 | 1:09.26 |
| 2. Bert Duivenvoorde | De Columbiaan | NED | 199701805 | 1:09.58 | +0.68 | | 32.49 | 1:09.58 |
| 3. Sander Kirillova | WVZ | NED | 199800121 | 1:10.80 | +0.64 | | 32.72 | 1:10.80 |
| 4. Nick Sijmons | De Amstel | NED | 199500491 | 1:10.92 | +0.68 | | 32.90 | 1:10.92 |
| 5. Ryan van den Ouden | Poseidon'56 | NED | 199900377 | 1:11.86 | +0.82 | | 32.98 | 1:11.86 |
| 6. Nick Bongers | SBC2000 | NED | 199800843 | 1:13.56 | +0.67 | | 34.22 | 1:13.56 |
| 7. Kevin Kingma | ACZ | NED | 199700559 | 1:14.41 | +0.71 | | 34.10 | 1:14.41 |
| 8. Jarick Stoop | Zuiderzeezwemmers | NED | 199604181 | 1:15.69 | +0.70 | | 34.64 | 1:15.69 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 5, Heren, 100m schoolslag, Masters 25+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|--------------------------|--------------------------|-----|-----------|----------------|-------|------|-------|---------|
| 9. Richard van der Horst | De Meer | NED | 199700179 | 1:15.75 | +0.81 | | 36.02 | 1:15.75 |
| 10. Sam Beer | Poseidon'56 | NED | 199605521 | 1:20.98 | +0.70 | | 36.26 | 1:20.98 |
| 11. Edoardo De Santis | Fonte Meravigliosa Sport | ITA | | 1:21.71 | +0.74 | | 36.40 | 1:21.71 |
| 12. Jeroen van Dinther | Neptunus'58 | NED | 199701569 | 1:24.58 | +0.71 | | 39.24 | 1:24.58 |
| 13. Kien Vuong | De Kempvis | NED | 199506173 | 1:34.73 | +0.79 | | 42.60 | 1:34.73 |
| DIS Mike van der Sanden | PSV | NED | 199506349 | | +1.03 | | | |

SL - Het keer- en/of eindpunt met één hand aangetikt.

Masters 30+

| | | | | | | | | |
|------------------------------|-----------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Stefan Petersen | Blue Marlins | NED | 199403067 | 1:09.40 | +0.66 | | 31.74 | 1:09.40 |
| 2. Kevin Panoet | Blue Marlins | NED | 199307253 | 1:11.35 | +0.66 | | 33.54 | 1:11.35 |
| 3. Patrick Creemers | Patrick-De Roersoppers (SG) | NED | 199000579 | 1:14.32 | +0.77 | | 35.17 | 1:14.32 |
| 4. Olaf Achterberg | VZC | NED | 199000011 | 1:15.96 | +0.76 | | 34.82 | 1:15.96 |
| 5. Bram Siebers | EZCL (SG) | NED | 199302241 | 1:18.74 | +0.83 | | 36.44 | 1:18.74 |
| 6. Bart van der Zwaan | BZ&PC | NED | 199005149 | 1:20.08 | +0.67 | | 36.45 | 1:20.08 |
| 7. Jeroen Burggraaf | De Blauwe Schuur | NED | 199000467 | 1:20.45 | +0.82 | | 37.86 | 1:20.45 |
| 8. Lars Duijnhouwer | De Biesboschzwemmers | NED | 199107161 | 1:20.69 | +0.74 | | 36.62 | 1:20.69 |
| 9. Jose Horcas Nieto | ZVL-1886 Center | NED | 199307445 | 1:23.53 | +0.79 | | 38.15 | 1:23.53 |
| 10. Karlo Kok | Zwemvereniging Hoogland | NED | 199101265 | 1:26.14 | +0.72 | | 39.53 | 1:26.14 |
| 11. Owen Louwes | BZ&PC | NED | 199101487 | 1:29.32 | +0.78 | | 39.83 | 1:29.32 |
| 12. Patrick Wobben | Steenwijk 1934 | NED | 199300559 | 1:31.45 | +0.87 | | 41.69 | 1:31.45 |
| NG.ZA Fabian Tristan Niessen | SSF Bonn | GER | 343535 | | | | | |

Masters 35+

| | | | | | | | | |
|---------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Sander de Vrught | ESCA Zwemmen | NED | 198903499 | 1:10.70 | +0.62 | | 32.98 | 1:10.70 |
| 2. Yuri van Ommе | Zwemvereniging Hoogland | NED | 198501887 | 1:11.43 | +0.79 | | 32.96 | 1:11.43 |
| 3. Hans van Wijk | BZ&PC | NED | 198903605 | 1:13.45 | +0.70 | | 34.19 | 1:13.45 |
| 4. Dennis Kraakman | DAW | NED | 198705325 | 1:19.22 | +0.72 | | 35.55 | 1:19.22 |
| 5. Pim Loef | ZVDO'74 | NED | 198705429 | 1:23.15 | +0.79 | | 37.62 | 1:23.15 |
| 6. Robert Spekhorst | De Mors | NED | 198703141 | 1:29.97 | +0.80 | | 40.86 | 1:29.97 |

Masters 40+

| | | | | | | | | |
|-------------------------------|------------------------------|--------|----------------|----------------|-------|--|-------|---------|
| 1. Ivan van Ommе | De Geul | NED | 198201263 | 1:15.19 | +0.70 | | 35.15 | 1:15.19 |
| 2. Simon van Ravesteijn | WVZ | NED | 198002263 | 1:15.80 | +0.76 | | 34.05 | 1:15.80 |
| 3. Kristiaan Lenos | ZVL-1886 Center | NED | 198301331 | 1:16.16 | +0.76 | | 34.54 | 1:16.16 |
| 4. Jim Geestman | Poseidon'56 | NED | 198300699 | 1:16.93 | +0.81 | | 34.85 | 1:16.93 |
| 5. Pieter Pickhardt | ZPC De Hof | NED | 198301657 | 1:18.02 | +0.81 | | 36.87 | 1:18.02 |
| 6. Rob van Vliet | ZPC AMERSFOORT | NED | 198402459 | 1:18.31 | +0.82 | | 36.73 | 1:18.31 |
| 7. Albert van Piekeren | SWOL 1894 | NED | 198401767 | 1:18.37 | +0.79 | | 36.08 | 1:18.37 |
| 8. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 1:20.30 | +0.74 | | 36.30 | 1:20.30 |
| 9. Nicolas Gheis | Cercle De Natation Sportcity | VBELwe | CNSW/013638/84 | 1:29.14 | +0.74 | | 42.16 | 1:29.14 |
| 10. Jonathan Gatt Colerio | San Giljan ASC | MLT | 174981M | 1:31.40 | +0.84 | | 41.78 | 1:31.40 |
| <i>Maltese Masters Record</i> | | | | | | | | |
| 11. Arne-Willem Kroonen | PSV | NED | 198401297 | 1:33.33 | +0.86 | | 42.76 | 1:33.33 |

Masters 45+

| | | | | | | | | |
|-------------------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Vincent Versteeg | Zwemlust- den Hommel | NED | 197701003 | 1:13.45 | +0.73 | | 33.80 | 1:13.45 |
| 2. Maarten van der Zwan | Scheldestroom | NED | 197501017 | 1:16.91 | +0.77 | | 34.31 | 1:16.91 |
| 3. László Jüllich | ZPCH | NED | 197801893 | 1:20.26 | +0.89 | | 37.08 | 1:20.26 |
| 4. Edgar Thimister | ZEPS | NED | 197501511 | 1:20.71 | +0.66 | | 37.94 | 1:20.71 |
| 5. Freddie Geerlings | Zwemsport Parkstad | NED | 197900379 | 1:21.19 | +0.90 | | 37.31 | 1:21.19 |
| 6. Sandy Pleyte | ZPC De Zeeuwse Kust | NED | 197501559 | 1:21.63 | +0.79 | | 38.24 | 1:21.63 |
| 7. Mark Sponneck | San Giljan ASC | MLT | 388523M | 1:22.49 | +0.71 | | 38.10 | 1:22.49 |
| <i>Maltese Masters Record</i> | | | | | | | | |
| 8. Bogdan Androne | Sassenheim | NED | 197701783 | 1:24.06 | +0.82 | | 38.21 | 1:24.06 |
| 9. Arjan Buijsse | Sassenheim | NED | 197901767 | 1:25.45 | +0.73 | | 39.62 | 1:25.45 |
| 10. Pieter Broek | Westland Swimming Stars | NED | 197701637 | 1:25.68 | +0.73 | | 40.03 | 1:25.68 |
| 11. Emiel Volker | ZVL-1886 Center | NED | 197601605 | 1:29.05 | +0.75 | | 41.59 | 1:29.05 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 5, Heren, 100m schoolslag, Masters 45+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|----------------------------|-------------------------|-----|-----------|----------------|-------|------|-------|---------|
| 12. Christiaan Bouwmeester | SBC2000 | NED | 197600127 | 1:29.37 | +0.87 | | 40.74 | 1:29.37 |
| 13. Alfonso Verkerk | SCOM/De Zeehond'73 (SG) | NED | 197601665 | 1:31.69 | +0.75 | | 42.23 | 1:31.69 |
| 14. Peter van Velzen | SWOL 1894 | NED | 197801945 | 1:42.55 | +0.73 | | 46.71 | 1:42.55 |
| 15. Marco Broenink | Batavia Swim | NED | 197801987 | 1:46.60 | +0.92 | | 50.00 | 1:46.60 |

Masters 50+

| | | | | | | | | |
|------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Matthias Millers | SG Wuppertal | GER | 113799 | 1:16.80 | +0.86 | | 35.07 | 1:16.80 |
| 2. Antwan van Engen | SG CWW Swim Team | NED | 197101577 | 1:17.45 | +0.72 | | 35.77 | 1:17.45 |
| 3. Harry Cornet | De Biesboschzwemmers | NED | 197100175 | 1:18.83 | +0.72 | | 35.75 | 1:18.83 |
| 4. Paul van den Heuvel | Arethusa | NED | 197000441 | 1:22.25 | +0.82 | | 39.00 | 1:22.25 |
| 5. Martijn de Jong | DWK | NED | 197101659 | 1:24.25 | +0.86 | | 39.25 | 1:24.25 |
| 6. Bas Kremers | TRB-RES | NED | 197201611 | 1:24.78 | +0.72 | | 39.63 | 1:24.78 |
| 7. Rob van de Ven | Neptunus'58 | NED | 197101695 | 1:29.30 | +0.74 | | 41.20 | 1:29.30 |
| 8. Paul Bosch | Team Noord Holland (SG) | NED | 197201533 | 1:30.98 | +0.84 | | 42.40 | 1:30.98 |
| 9. Bruno Nahon | Cercle De Natation Sportcity VBELwe CNSW/000390/70 | NED | 197201533 | 1:32.33 | +0.66 | | 42.91 | 1:32.33 |

Masters 55+

| | | | | | | | | |
|--------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Glen Le Clercq | De Rog | NED | 196800177 | 1:18.94 | +0.82 | | 36.10 | 1:18.94 |
| 2. Harold Matla | PSV | NED | 196800591 | 1:21.33 | +0.89 | | 38.40 | 1:21.33 |
| 3. Hugues Herman | Cercle De Natation Sportcity VBELwe CNSW/009743/66 | NED | 196800591 | 1:22.86 | +0.68 | | 39.12 | 1:22.86 |
| 4. Hans Schoenmakers | DAW | NED | 196900863 | 1:26.08 | +0.70 | | 40.20 | 1:26.08 |
| 5. Mathieu Rikken | De Duinkickers | NED | 196701777 | 1:27.15 | +0.80 | | 40.55 | 1:27.15 |
| 6. Henri Michels | De Amstel | NED | 196501587 | 1:30.25 | +0.88 | | 41.99 | 1:30.25 |
| 7. Gertjan van der Vaart | ZVVS | NED | 196801529 | 1:38.60 | +0.72 | | 45.84 | 1:38.60 |
| 8. Hans Bijleveld | HHZV Plons | NED | 196601649 | 1:46.68 | +0.83 | | 50.36 | 1:46.68 |
| 9. Maarten Koolman | Steenwijk 1934 | NED | 196801649 | 1:57.11 | +0.91 | | 51.20 | 1:57.11 |

Masters 60+

| | | | | | | | | |
|----------------------|-----------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Theo Bakker | TriVia | NED | 196401231 | 1:25.23 | +0.77 | | 40.62 | 1:25.23 |
| 2. Fred Ketting | PSV | NED | 196000289 | 1:27.09 | +0.78 | | 40.26 | 1:27.09 |
| 3. Arthur van Strien | WVZ | NED | 196301401 | 1:27.97 | +0.90 | | 41.43 | 1:27.97 |
| 4. Ronald Grove | Triton | NED | 196100161 | 1:31.60 | +0.72 | | 41.71 | 1:31.60 |
| 5. Pierre de Groot | GZC DONK | NED | 196401431 | 1:40.66 | +0.88 | | 47.67 | 1:40.66 |
| 6. Jan Willem Heuten | WS Twente | NED | 196000883 | 1:51.38 | +1.13 | | 51.61 | 1:51.38 |

Masters 65+

| | | | | | | | | |
|-------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Wim de Lange | AZC | NED | 195800533 | 1:34.09 | +0.71 | | 42.96 | 1:34.09 |
| 2. Paul Bunnik | Triton | NED | 195600413 | 1:34.38 | +0.95 | | 43.00 | 1:34.38 |
| 3. Christian Schoenaers | Cercle De Natation Sportcity VBELwe CNSW/007131/59 | NED | 195600413 | 1:35.85 | +0.96 | | 43.78 | 1:35.85 |
| 4. Philippe Godbille | Cercle De Natation Sportcity VBELwe CNSW/000230/57 | NED | 195600413 | 1:41.54 | +0.94 | | 45.45 | 1:41.54 |
| 5. Peter Coffeng | GZC DONK | NED | 195700063 | 1:45.16 | +0.97 | | 49.35 | 1:45.16 |
| 6. André Pantekoek | PSV | NED | 195800321 | 1:55.35 | +1.04 | | 54.77 | 1:55.35 |
| 7. Klaas Paulusse | Tempo | NED | 195900817 | 1:56.60 | +0.89 | | 54.75 | 1:56.60 |

Masters 70+

| | | | | | | | | |
|-----------------|-----------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Harry Dokter | SWOL 1894 | NED | 195100037 | 1:33.58 | +0.84 | | 42.70 | 1:33.58 |
|-----------------|-----------|-----|-----------|----------------|-------|--|-------|---------|

Masters 80+

| | | | | | | | | |
|--------------|-----------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Rob Hanou | PSV | NED | 194300109 | 1:55.10 | +1.09 | | 55.76 | 1:55.10 |
| 2. Nico Baay | Old Dutch | NED | 194200053 | 2:01.30 | +0.81 | | 54.83 | 2:01.30 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 6
03-05-2024 - 11:40

Dames, 100m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|---------------------------|-------------------------|-----|-----------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Kim Jansen van Galen | PSV | NED | 200201594 | 1:15.12 | +0.74 | | 35.63 | 1:15.12 |
| 2. Valesca van den Bogert | Hieronymus | NED | 200102138 | 1:15.57 | +0.70 | | 35.63 | 1:15.57 |
| 3. Serina Damen | De Rog | NED | 200100228 | 1:18.77 | +0.64 | | 36.66 | 1:18.77 |
| 4. Lisanne Boets | ZPC De Kanaalstreek | NED | 200200346 | 1:19.09 | +0.71 | | 36.25 | 1:19.09 |
| 5. Esther Tiemersma | Nayade | NED | 200202962 | 1:19.43 | +0.67 | | 37.56 | 1:19.43 |
| 6. Lisanne Seising | VZC | NED | 200002084 | 1:22.12 | +0.73 | | 38.07 | 1:22.12 |
| 7. Christel Brugmans | Hieronymus | NED | 200005602 | 1:22.45 | +0.72 | | 38.35 | 1:22.45 |
| 8. Tara Schuurman | Deltasteur | NED | 200400386 | 1:23.91 | +0.69 | | 37.53 | 1:23.91 |
| 9. Sanne Kloezen | Bubble | NED | 200204644 | 1:24.28 | +0.73 | | 38.40 | 1:24.28 |
| 10. Iris Le Clercq | De Rog | NED | 200401404 | 1:24.50 | +0.67 | | 39.85 | 1:24.50 |
| 11. Lauren van IJll | WVZ | NED | 200001064 | 1:24.97 | +0.71 | | 39.50 | 1:24.97 |
| 12. Lotte van Gessel | Team Noord Holland (SG) | NED | 200300900 | 1:26.13 | +0.72 | | 39.90 | 1:26.13 |
| Mirelle de Kort | Neptunus'58 | NED | 200005546 | 1:26.13 | +0.74 | | 40.50 | 1:26.13 |
| 14. Esmée van Peer | TriVia | NED | 200201114 | 1:26.24 | +0.77 | | 40.57 | 1:26.24 |
| 15. Michelle van Wijhe | ZPC AMERSFOORT | NED | 200402196 | 1:26.84 | +0.72 | | 40.82 | 1:26.84 |
| 16. Esmee Kloezen | Bubble | NED | 200204646 | 1:29.07 | +0.81 | | 41.41 | 1:29.07 |
| 17. Annemarie Hoving | De Rijn | NED | 200000248 | 1:29.24 | +0.81 | | 40.17 | 1:29.24 |
| 18. Maddy van der Hoeven | ZPC AMERSFOORT | NED | 200401298 | 1:29.41 | +0.83 | | 42.34 | 1:29.41 |
| 19. Kim de Jong | Westland Swimming Stars | NED | 200401522 | 1:29.89 | +0.69 | | 40.95 | 1:29.89 |
| 20. Lieke van Hofwegen | De Rijn | NED | 200105144 | 1:30.63 | +0.63 | | 41.13 | 1:30.63 |
| 21. Ilse Kramer | TriVia | NED | 200403072 | 1:30.97 | +0.74 | | 42.79 | 1:30.97 |
| 22. Melissa Schuurman | EZCL (SG) | NED | 200006800 | 1:31.18 | +0.65 | | 41.42 | 1:31.18 |
| 23. Merel van den Heuvel | De Meer | NED | 200201784 | 1:32.67 | +0.78 | | 41.03 | 1:32.67 |
| 24. Romée Jabben | Dedemsvaart-AC | NED | 200404426 | 1:33.77 | +0.86 | | 43.21 | 1:33.77 |
| 25. Cynthia Koolman | ZPC Hoogeveen | NED | 200300232 | 1:34.12 | +0.64 | | 44.23 | 1:34.12 |

Masters 25+

| | | | | | | | | |
|-------------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Selene Wortel | Hieronymus | NED | 199700654 | 1:16.60 | +0.66 | | 35.92 | 1:16.60 |
| 2. Nadja Roovers | Hieronymus | NED | 199800798 | 1:20.71 | +0.67 | | 38.48 | 1:20.71 |
| 3. Eva van Elsen | ZPC De Zeeuwse Kust | NED | 199903026 | 1:22.96 | +0.71 | | 38.68 | 1:22.96 |
| 4. Sanne van de Pol | De Biesboschzwemmers | NED | 199800722 | 1:23.17 | +0.67 | | 38.11 | 1:23.17 |
| 5. Lonneke Graansma | ZVL-1886 Center | NED | 199900936 | 1:23.70 | +0.75 | | 39.09 | 1:23.70 |
| 6. Manon Kloosterman | Zwemlust- den Hommel | NED | 199702082 | 1:23.91 | +0.73 | | 38.70 | 1:23.91 |
| 7. Fiona Meuffels | PSV | NED | 199504366 | 1:25.49 | +0.71 | | 40.13 | 1:25.49 |
| 8. Mandy Swart | De Biesboschzwemmers | NED | 199904916 | 1:25.72 | +0.72 | | 39.85 | 1:25.72 |
| 9. Daphne Dols | ZPC Woerden | NED | 199904622 | 1:26.91 | +0.63 | | 39.63 | 1:26.91 |
| 10. Gaby Zittersteijn | Zuiderzeewemmers | NED | 199700104 | 1:27.16 | +0.82 | | 41.04 | 1:27.16 |
| 11. Maartje Hids | ZVL-1886 Center | NED | 199903042 | 1:28.91 | +0.83 | | 42.75 | 1:28.91 |
| 12. Ageeth de Haan | Steenwijk 1934 | NED | 199901022 | 1:29.00 | +0.84 | | 42.23 | 1:29.00 |
| 13. Sabien Timmers | Vivalo | NED | 199904440 | 1:29.47 | +0.73 | | 41.35 | 1:29.47 |
| 14. Jelita van Esseveld | ZPC De Zeeuwse Kust | NED | 199806716 | 1:29.95 | +0.79 | | 41.95 | 1:29.95 |
| 15. Sheila ten Voorde | Octopus-ZVV (SG) | NED | 199904538 | 1:30.83 | +0.78 | | 42.22 | 1:30.83 |
| 16. Annemarie ten Have | Zuiderzeewemmers | NED | 199802662 | 1:31.46 | +0.71 | | 42.30 | 1:31.46 |
| 17. Yvette Meijer | Zwemvereniging Hoogland | NED | 199706590 | 1:31.60 | +0.91 | | 43.04 | 1:31.60 |
| 18. Laura Compagner | Dedemsvaart-AC | NED | 199804602 | 1:32.17 | +0.77 | | 41.79 | 1:32.17 |
| 19. Amy Kieboom | AquAmigos | NED | 199502580 | 1:35.31 | +0.68 | | 43.61 | 1:35.31 |
| 20. Kim van Rossum | SBC2000 | NED | 199706374 | 1:48.37 | +1.10 | | 51.79 | 1:48.37 |

Masters 30+

| | | | | | | | | |
|--------------------------|-----------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Marjolein Delho | VZC | NED | 199400024 | 1:16.51 | +0.76 | | 35.62 | 1:16.51 |
| 2. Lisa van Milt | ZZ&PC De Devel | NED | 199201228 | 1:22.81 | +0.68 | | 37.44 | 1:22.81 |
| 3. Chantal van der Horst | De Meer | NED | 199400616 | 1:23.91 | +0.80 | | 39.64 | 1:23.91 |
| 4. Karin Verbeek | Nautilus | NED | 199201848 | 1:24.47 | +0.70 | | 39.24 | 1:24.47 |
| 5. Roxanne van Bavel | Poseidon'56 | NED | 199407378 | 1:27.68 | +0.69 | | 41.37 | 1:27.68 |
| 6. Marie Tigges | SSF Bonn | GER | 178462 | 1:27.97 | +0.69 | | 39.99 | 1:27.97 |
| 7. Ines Muilwijk | MNC Dordrecht | NED | 199202858 | 1:28.05 | +0.66 | | 42.34 | 1:28.05 |
| 8. Marijke Kommers | Niemo Barracuda | NED | 199305334 | 1:29.48 | +0.81 | | 41.84 | 1:29.48 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 6, Dames, 100m schoolslag, Masters 30+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-------------------------|-------------|-----|-----------|----------------|-------|------|-------|---------|
| 9. Leontine Groeneveldt | De Duck | NED | 199303526 | 1:29.84 | +0.78 | | 42.05 | 1:29.84 |
| 10. Rolijn van Vught | PSV | NED | 199004110 | 1:41.02 | +0.79 | | 47.53 | 1:41.02 |
| 11. Elke Schellekens | Neptunus'58 | NED | 199301550 | 1:42.96 | +0.80 | | 47.17 | 1:42.96 |
| 12. Yvette Senden | De Rog | NED | 199307812 | 1:52.41 | +0.76 | | 52.24 | 1:52.41 |

Masters 35+

| | | | | | | | | |
|---------------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Daniëlle Reijnders | AquAmigos | NED | 198504234 | 1:19.98 | +0.68 | | 37.69 | 1:19.98 |
| 2. Jenny Schouten | PSV | NED | 198703674 | 1:25.39 | +0.80 | | 39.96 | 1:25.39 |
| 3. Ilse van den Wijngaard | ZPC Woerden | NED | 198904736 | 1:30.49 | +0.80 | | 41.40 | 1:30.49 |
| 4. Liesbeth van Mill | Zwemlust- den Hommel | NED | 198702786 | 1:34.64 | +0.90 | | 45.12 | 1:34.64 |
| 5. Ilana Iskander | Zwemvereniging Hoogland | NED | 198907606 | 1:38.02 | +0.89 | | 46.88 | 1:38.02 |
| 6. Janna Brummel | SwimGym | NED | 198807018 | 1:38.38 | +0.80 | | 46.04 | 1:38.38 |
| 7. Monique Kok | Octopus-ZVV (SG) | NED | 198605398 | 1:43.80 | +0.80 | | 49.06 | 1:43.80 |

Masters 40+

| | | | | | | | | |
|-------------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Laura Badoux | DAW | NED | 198200038 | 1:21.60 | +0.81 | | 38.01 | 1:21.60 |
| 2. Elke Popma - Blox | Tiamat | NED | 198200154 | 1:31.08 | +0.69 | | 41.48 | 1:31.08 |
| 3. Tonia Ruybroek | Poseidon'56 | NED | 198101290 | 1:31.86 | +0.90 | | 43.69 | 1:31.86 |
| 4. Renee de Kok-Meeusen | VZV Njord | NED | 198403350 | 1:34.52 | +0.70 | | 44.79 | 1:34.52 |
| 5. Michelle de Villiers | Hellas-Glana | NED | 198302944 | 1:35.54 | +0.78 | | 45.07 | 1:35.54 |
| 6. Ieva Karpaviciute | Kauno Takas | LTU | | 1:37.75 | +0.79 | | 45.40 | 1:37.75 |
| 7. Angela Giezen | Zwemvereniging Hoogland | NED | 198302796 | 1:38.68 | +0.76 | | 47.62 | 1:38.68 |

Masters 45+

| | | | | | | | | |
|---------------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Jeanette Seitz | SSV Ulm 1846 | GER | 066368 | 1:23.09 | +0.78 | | 39.33 | 1:23.09 |
| 2. Mirjan den Drijver | Westland Swimming Stars | NED | 197500884 | 1:31.00 | +0.78 | | 42.68 | 1:31.00 |
| 3. Inge Roskam | De Duinkickers | NED | 197801296 | 1:31.11 | +0.74 | | 43.60 | 1:31.11 |
| 4. Laura de Pazos Ortega | SSF Bonn | GER | 444685 | 1:35.84 | +0.60 | | 45.79 | 1:35.84 |
| 5. Patricia Brooijmans | Old Dutch | NED | 197901608 | 1:37.05 | +0.82 | | 46.54 | 1:37.05 |
| 6. Monica Korndewal | ZPC AMERSFOORT | NED | 197701258 | 1:37.89 | +0.82 | | 44.90 | 1:37.89 |
| 7. Marian Nederlof | De Geul | NED | 197600950 | 1:41.95 | +0.80 | | 47.57 | 1:41.95 |
| 8. Simone Weijland | Deltasteur | NED | 197901610 | 1:44.66 | +0.97 | | 48.56 | 1:44.66 |
| 9. A. Knecht-Bessebinders | De Spatters | NED | 197601064 | 1:45.64 | +0.75 | | 48.44 | 1:45.64 |
| 10. Margriet Leeffers | Deltasteur | NED | 197800448 | 1:46.38 | +0.97 | | 49.94 | 1:46.38 |

Masters 50+

| | | | | | | | | |
|------------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Trudy Ketting | PSV | NED | 197000268 | 1:25.79 | +0.72 | | 39.87 | 1:25.79 |
| 2. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | NED | 197000054 | 1:28.25 | +0.82 | | 42.36 | 1:28.25 |
| 3. Karin Stein | ZVVS | NED | 197100554 | 1:31.95 | +0.79 | | 43.28 | 1:31.95 |
| 4. Bianca Groot | MSV-Zeemacht | NED | 197000652 | 1:33.09 | +0.82 | | 45.11 | 1:33.09 |
| 5. Annette de Visser | Oceanus | NED | 197100602 | 1:33.34 | +0.79 | | 44.51 | 1:33.34 |
| 6. Pascale Janssen | Patrick-De Roersoppers (SG) | NED | 197300852 | 1:34.18 | +0.89 | | 43.26 | 1:34.18 |
| 7. Valérie Rolland | Cercle De Natation Sportcity VBELwe CNSW/004276/71 | | | 1:36.70 | +0.72 | | 45.85 | 1:36.70 |
| 8. Regine Beckers-Stribos | De Rog | NED | 197000492 | 1:37.29 | +0.89 | | 43.92 | 1:37.29 |
| 9. Hilly Brugmans | Hieronymus | NED | 197001112 | 1:39.10 | +0.84 | | 47.01 | 1:39.10 |
| 10. Bianca Hertogh - Buijsse | Scheldestroom | NED | 197400910 | 1:40.65 | +0.80 | | 47.76 | 1:40.65 |
| 11. Martine Stahlie-Bos | TriVia | NED | 197401054 | 1:53.30 | +0.98 | | 53.11 | 1:53.30 |
| 12. Judith Sijbers | PSV | NED | 197301030 | 1:57.80 | +0.85 | | 54.55 | 1:57.80 |
| 13. Petra Ellul Mercer | San Giljan ASC | MLT | 545873M | 1:58.75 | +0.74 | | 55.36 | 1:58.75 |

Maltese Masters Record



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 6, Dames, 100m schoolslag

Masters 55+

| | | | | | | | |
|----------------------------------|-------------------------------|-----|---------------|----------------|-------|---------|---------|
| 1. Marjo Goelema-Koek | De Biesboschzwemmers | NED | 196900192 | 1:24.35 | +0.76 | 38.67 | 1:24.35 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Annette Wijnja-Visser | De Biesboschzwemmers | NED | 196700528 | 1:29.36 | +0.76 | 42.06 | 1:29.36 |
| 3. Jacqueline Tuin | DAW | NED | 196600690 | 1:29.84 | +0.77 | 42.45 | 1:29.84 |
| 4. Iris van Aurich | DWK | NED | 196900866 | 1:32.48 | +0.80 | 43.91 | 1:32.48 |
| 5. Annette Korving-Leijenaar | Aqualero | NED | 196700662 | 1:34.96 | +0.83 | 45.29 | 1:34.96 |
| 6. Marion Bach | TSV Gruiten 1884 e.V | GER | 353051 | 1:36.54 | +0.93 | 45.58 | 1:36.54 |
| 7. K. van Nassau-van den Heuvel | Old Dutch | NED | 196600188 | 1:46.36 | +0.96 | 49.83 | 1:46.36 |
| 8. Roelien Speelman-Tigelaar | De Spatters | NED | 196600664 | 1:47.81 | +0.85 | 50.37 | 1:47.81 |
| 9. Monique Berentse | Batavia Swim | NED | 196901066 | 2:13.73 | +1.07 | 1:04.42 | 2:13.73 |
| 10. F. Gumusburun-De Moor | Istanbul Yuzme Ihtisas Kulubu | TUR | | 2:17.39 | +1.15 | 1:04.73 | 2:17.39 |
| Ann Vandenbrouck | ROSC | BEL | ROSC/20321/65 | 2:17.39 | +1.07 | 1:02.58 | 2:17.39 |

Masters 60+

| | | | | | | | |
|--------------------------|--------------|-----|-----------|----------------|-------|-------|---------|
| 1. Yoka de Vegt-van Dijk | ESCA Zwemmen | NED | 196200420 | 1:38.28 | +0.83 | 45.56 | 1:38.28 |
| 2. Lia Bijkerk | GZC DONK | NED | 196000014 | 1:54.62 | +0.94 | 54.55 | 1:54.62 |
| 3. Jenny Westervarder | H2Oldambt | NED | 196200424 | 2:00.21 | +0.93 | 57.22 | 2:00.21 |

Masters 65+

| | | | | | | | |
|----------------------------|-------------------------------------|----------------|-----------|----------------|-------|---------|---------|
| 1. Liudmila Skopina | Cercle De Natation Sportcity VBELwe | CNSW/010673/57 | | 1:43.29 | +0.97 | 48.87 | 1:43.29 |
| 2. Marijke van Hoek | ZPC De Zeeuwse Kust | NED | 195800050 | 1:45.54 | +0.74 | 50.05 | 1:45.54 |
| 3. Hannie Poletiek | TriVia | NED | 195900278 | 1:52.59 | +0.98 | 53.53 | 1:52.59 |
| 4. W. Schoenmaker-ter Veer | DWK | NED | 195900254 | 1:57.18 | +0.97 | 54.84 | 1:57.18 |
| 5. Karien Musters | Old Dutch | NED | 195800236 | 2:29.44 | +0.67 | 1:10.30 | 2:29.44 |

Masters 70+

| | | | | | | | |
|----------------------------------|----------------|-----|-----------|----------------|-------|---------|---------|
| 1. Ineke Weekers | PSV | NED | 195300050 | 1:41.33 | +0.81 | 49.05 | 1:41.33 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Gonnie Bak | PSV | NED | 195100064 | 2:08.39 | +0.97 | 1:02.93 | 2:08.39 |
| 3. Geerdien Meerwaldt | De Geul | NED | 195200058 | 2:16.51 | +0.80 | 1:05.78 | 2:16.51 |
| 4. N. van Dongen-de Paepe | ZZ&PC De Devel | NED | 195100044 | 2:50.25 | +1.54 | 1:20.40 | 2:50.25 |

Masters 75+

| | | | | | | | |
|-----------------------------|----------------|-----|-----------|----------------|--|-------|---------|
| 1. A. Verhoeven - Steggerda | De Duinkickers | NED | 194600024 | 2:11.91 | | 59.55 | 2:11.91 |
|-----------------------------|----------------|-----|-----------|----------------|--|-------|---------|

Masters 85+

| | | | | | | | |
|---|-----------|-----|-----------|----------------|-------|---------|---------|
| 1. Marie Smits | Old Dutch | NED | 193800004 | 2:33.17 | +1.18 | 1:13.28 | 2:33.17 |
| <i>Nederlands Masters Record, NMR 50m</i> | | | | | | | |

Masters 95+

| | | | | | | | |
|-----------------------|-----|-----|-----------|----------------|--|---------|---------|
| 1. Marianne Maandonks | PSV | NED | 192600004 | 5:04.23 | | 2:17.24 | 5:04.23 |
|-----------------------|-----|-----|-----------|----------------|--|---------|---------|



3 - ONMK 2024 lb Sessie 3

03-05-2024 - 13:15

Programmanr. 7
03-05-2024 - 13:15

Heren, 200m wisselslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|-----------------------------|-----------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Luuk van Rooij | PSV | NED 200400581 | 2:06.37 | +0.68 | 27.15 | 59.19 | 1:36.51 | 2:06.37 |
| <i>Kampioenschapsrecord</i> | | | | | | | | |
| 2. Guus Hoogduin | ZVL-1886 Center | NED 200201069 | 2:19.85 | +0.69 | 29.09 | 1:05.37 | 1:46.99 | 2:19.85 |
| 3. Jasper Breugem | WVZ | NED 200000303 | 2:22.17 | +0.71 | 30.05 | 1:05.50 | 1:48.30 | 2:22.17 |
| 4. Yuri Wasser | PSV | NED 200301327 | 2:24.81 | +0.67 | 29.61 | 1:08.47 | 1:51.88 | 2:24.81 |
| 5. Ian Terlouw | ZPC Woerden | NED 200002345 | 2:28.49 | +0.68 | 28.45 | 1:04.97 | 1:52.34 | 2:28.49 |
| 6. Jelle Opmeer | ZPC AMERSFOORT | NED 200100269 | 2:29.85 | +0.66 | 30.55 | 1:12.19 | 1:53.96 | 2:29.85 |
| 7. D. van den Nieuwendijk | De Columbiaan | NED 200100475 | 2:30.78 | +0.77 | 31.05 | 1:10.14 | 1:53.00 | 2:30.78 |
| 8. Sven Doezen | RZ | NED 200400403 | 2:41.61 | +0.67 | 33.59 | 1:17.66 | 2:05.87 | 2:41.61 |
| 9. Rik Stahlie | TriVia | NED 200201915 | 2:41.71 | +0.79 | 31.32 | 1:13.35 | 2:05.70 | 2:41.71 |
| DIS Tim Speijer | Bubble | NED 200301661 | | +0.67 | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 25+

| | | | | | | | | |
|-------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Nicko Kamphuis | De Warande | NED 199900887 | 2:13.86 | +0.60 | 28.00 | 1:03.68 | 1:42.59 | 2:13.86 |
| 2. Bert Duivenvoorde | De Columbiaan | NED 199701805 | 2:20.18 | +0.71 | 28.53 | 1:06.96 | 1:49.07 | 2:20.18 |
| 3. Rik Hofland | Team Noord Holland (SG) | NED 199701737 | 2:20.82 | +0.70 | 28.08 | 1:04.97 | 1:47.53 | 2:20.82 |
| 4. Nick Sijmons | De Amstel | NED 199500491 | 2:22.69 | +0.69 | 28.60 | 1:07.31 | 1:48.88 | 2:22.69 |
| 5. Jelle Blankestijn | ZPC AMERSFOORT | NED 199803737 | 2:25.13 | +0.72 | 30.08 | 1:08.77 | 1:52.59 | 2:25.13 |
| 6. David Kievit | De Schotejil | NED 199900325 | 2:27.79 | +0.80 | 30.72 | 1:08.48 | 1:52.18 | 2:27.79 |
| 7. Jeroen Louwinger | De Rijn | NED 199900583 | 2:31.43 | +0.71 | 32.73 | 1:10.39 | 1:57.57 | 2:31.43 |
| 8. Nick Bongers | SBC2000 | NED 199800843 | 2:32.11 | +0.69 | 32.93 | 1:13.84 | 1:56.26 | 2:32.11 |
| 9. Tom van Gils | ZPC De Zeeuwse Kust | NED 199501799 | 2:36.31 | +0.74 | 33.01 | 1:15.62 | 2:00.93 | 2:36.31 |
| 10. Patrick Wyrdean | Westland Swimming Stars | NED 199702475 | 2:39.23 | +0.73 | 32.34 | 1:14.47 | 2:03.26 | 2:39.23 |
| 11. Wesley van der Luit | Sassenheim | NED 199701895 | 2:39.83 | +0.75 | 33.33 | 1:16.29 | 2:05.10 | 2:39.83 |
| 12. Tim van Grunsven | De Treffers | NED 199804535 | 2:42.40 | +0.78 | 30.88 | 1:12.38 | 2:02.73 | 2:42.40 |
| 13. Jeroen van Dinther | Neptunus'58 | NED 199701569 | 2:44.51 | +0.74 | 34.77 | 1:15.72 | 2:04.53 | 2:44.51 |
| 14. Remco Visser | ZPC Woerden | NED 199503185 | 2:57.52 | +0.73 | 36.55 | 1:19.86 | 2:16.90 | 2:57.52 |

Masters 30+

| | | | | | | | | |
|---------------------|-----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Bas Braun | ZPC AMERSFOORT | NED 199106545 | 2:27.82 | +0.80 | 29.57 | 1:07.45 | 1:52.39 | 2:27.82 |
| 2. Olaf Achterberg | VZC | NED 199000011 | 2:28.52 | +0.81 | 30.10 | 1:10.22 | 1:54.45 | 2:28.52 |
| 3. Patrick Creemers | Patrick-De Roersoppers (SG) | NED 199000579 | 2:28.58 | +0.73 | 32.03 | 1:14.13 | 1:55.85 | 2:28.58 |
| 4. Tim Bunnik | Triton | NED 199000505 | 2:29.26 | +0.77 | 31.42 | 1:10.29 | 1:56.00 | 2:29.26 |
| 5. Tim de Vrugt | ESCA Zwemmen | NED 199306719 | 2:35.25 | +0.69 | 31.30 | 1:12.94 | 2:01.23 | 2:35.25 |
| 6. Bram Siebers | EZCL (SG) | NED 199302241 | 2:38.75 | +0.87 | 32.25 | 1:14.44 | 2:01.17 | 2:38.75 |
| 7. Jean Terver | Club Nautique Val de Fensch | FRA 314113 | 2:48.46 | +0.88 | 37.97 | 1:26.21 | 2:14.27 | 2:48.46 |

Masters 35+

| | | | | | | | | |
|------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Yuri van Omme | Zwemvereniging Hoogland | NED 198501887 | 2:29.34 | +0.81 | 31.85 | 1:12.26 | 1:53.33 | 2:29.34 |
| 2. Roel van der Kruijs | De Gelenberg | NED 198501491 | 2:33.08 | +0.74 | 31.74 | 1:12.86 | 1:57.63 | 2:33.08 |
| 3. Rick Driezen | Steenwijk 1934 | NED 198600713 | 2:36.93 | +0.86 | 30.27 | 1:08.58 | 1:57.98 | 2:36.93 |
| 4. Wessel Everloo | WS Twente | NED 198906597 | 2:46.48 | +0.90 | 35.70 | 1:18.11 | 2:10.40 | 2:46.48 |
| 5. Nicky Valentijn | AquAmigos | NED 198806175 | 2:59.96 | +0.75 | 36.21 | 1:26.15 | 2:14.71 | 2:59.96 |
| 6. Dirk de Vree | De Biesboschzwemmers | NED 198806361 | 3:27.34 | +0.75 | 46.57 | 1:46.45 | 2:44.86 | 3:27.34 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 7, Heren, 200m wisselslag

Masters 40+

| | | | | | | | | |
|------------------------|----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Kristiaan Lenos | ZVL-1886 Center | NED 198301331 | 2:29.13 | +0.79 | 30.63 | 1:10.40 | 1:53.61 | 2:29.13 |
| 2. Rob van Vliet | ZPC AMERSFOORT | NED 198402459 | 2:29.99 | +0.82 | 31.19 | 1:11.60 | 1:54.26 | 2:29.99 |
| 3. Heijmen van Vliet | De Geul | NED 198001637 | 2:31.74 | +0.72 | 31.71 | 1:10.91 | 1:57.13 | 2:31.74 |
| 4. Frank v.d. Voordt | De Schotejil | NED 198302259 | 2:34.56 | +0.80 | 32.12 | 1:12.35 | 1:57.93 | 2:34.56 |
| 5. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED 198202627 | 2:51.25 | +0.83 | 39.49 | 1:23.68 | 2:11.92 | 2:51.25 |
| 6. Arne-Willem Kroonen | PSV | NED 198401297 | 3:00.93 | +0.88 | 34.65 | 1:21.98 | 2:17.07 | 3:00.93 |
| 7. Cetin Cetiner | AZ&PC De Futen | NED 198303155 | 3:09.04 | +0.68 | 39.65 | 1:28.08 | 2:25.20 | 3:09.04 |

Masters 45+

| | | | | | | | | |
|----------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Ivo Roozeboom | WVZ | NED 197700801 | 2:28.31 | +0.75 | 31.88 | 1:09.59 | 1:56.09 | 2:28.31 |
| 2. Dennis Brouwers | HZPC | NED 197800167 | 2:28.79 | +0.77 | 33.49 | 1:09.68 | 1:54.28 | 2:28.79 |
| 3. Vincent Versteeg | Zwemlust- den Hommel | NED 197701003 | 2:31.33 | +0.74 | 32.77 | 1:13.63 | 1:56.60 | 2:31.33 |
| 4. Edgar Thimister | ZEPS | NED 197501511 | 2:36.12 | +0.70 | 30.22 | 1:15.06 | 2:02.59 | 2:36.12 |
| 5. Alex Damen | DAW | NED 197501371 | 2:36.99 | +0.74 | 33.00 | 1:14.15 | 2:00.53 | 2:36.99 |
| 6. Sandy Pleyte | ZPC De Zeeuwse Kust | NED 197501559 | 2:42.63 | +0.77 | 33.70 | 1:18.39 | 2:04.45 | 2:42.63 |
| 7. Freddie Geerlings | Zwemsport Parkstad | NED 197900379 | 2:45.04 | +0.90 | 35.78 | 1:20.04 | 2:07.37 | 2:45.04 |
| 8. Markus van Rest | WVZ | NED 197701197 | 2:51.05 | +0.78 | 32.55 | 1:16.85 | 2:11.16 | 2:51.05 |

Masters 50+

| | | | | | | | | |
|----------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Antwan van Engen | SG CWW Swim Team | NED 197101577 | 2:37.37 | +0.80 | 31.75 | 1:14.92 | 2:00.93 | 2:37.37 |
| 2. Richard Rickson | Hellas-Glana | NED 197000841 | 2:43.05 | +0.91 | 33.66 | 1:18.08 | 2:06.12 | 2:43.05 |
| 3. Pieter Veenstra | DZ&PC | NED 197301345 | 2:45.40 | +0.86 | 35.49 | 1:19.85 | 2:08.00 | 2:45.40 |
| 4. Bruno Nahon | Cercle De Natation Sportcity | BELuCNSW/000390/70 | 2:51.20 | +0.83 | 36.64 | 1:21.19 | 2:12.35 | 2:51.20 |
| 5. Korstiaan de Boer | Steenwijk 1934 | NED 197101629 | 2:55.71 | +0.88 | 38.15 | 1:23.61 | 2:15.60 | 2:55.71 |
| 6. Martijn de Jong | DWK | NED 197101659 | 3:02.65 | +0.95 | 39.67 | 1:31.10 | 2:19.58 | 3:02.65 |
| 7. Paul Bosch | Team Noord Holland (SG) | NED 197201533 | 3:03.63 | +0.91 | 42.16 | 1:30.75 | 2:23.47 | 3:03.63 |

Masters 55+

| | | | | | | | | |
|----------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Erlend Alstad | Oslo I.L. | NOR | 2:39.59 | +0.93 | 33.23 | 1:16.70 | 2:03.26 | 2:39.59 |
| 2. Hugues Herman | Cercle De Natation Sportcity | BELuCNSW/009743/66 | 2:44.10 | +0.64 | 36.60 | 1:19.39 | 2:07.59 | 2:44.10 |
| 3. Frank van Nobelen | Sassenheim | NED 196900753 | 2:46.81 | +0.81 | 34.65 | 1:18.94 | 2:09.85 | 2:46.81 |
| 4. Eymert van Rooij | PSV | NED 196601631 | 2:57.49 | +0.87 | 36.21 | 1:22.65 | 2:17.35 | 2:57.49 |

Masters 60+

| | | | | | | | | |
|----------------------------------|---------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Arnold de Rover | De Berkelduikers | NED 196400645 | 2:42.46 | +0.84 | 34.20 | 1:16.33 | 2:05.04 | 2:42.46 |
| 2. Jon Christensen | Luxembourg Sharks Swimmir | LUXu10008 | 2:44.18 | +0.71 | 34.01 | 1:22.04 | 2:06.50 | 2:44.18 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 3. Jan Brink | ZPC De Zeeuwse Kust | NED 196200091 | 2:46.55 | +0.69 | 36.43 | 1:18.97 | 2:08.63 | 2:46.55 |
| 4. Ronald Grove | Triton | NED 196100161 | 3:05.09 | +0.80 | 39.92 | 1:31.33 | 2:24.09 | 3:05.09 |
| 5. Robert de Brauwer | De Duinkickers | NED 196401383 | 3:07.55 | +0.90 | 38.18 | 1:25.95 | 2:22.00 | 3:07.55 |
| 6. Richard Tiemstra | De Biesboschzwemmers | NED 196301397 | 3:14.05 | +1.18 | 39.95 | 1:34.11 | 2:30.19 | 3:14.05 |

Masters 65+

| | | | | | | | | |
|-------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Paul Bunnik | Triton | NED 195600413 | 3:11.93 | +0.91 | 38.15 | 1:32.40 | 2:28.63 | 3:11.93 |
| 2. Christian Schoenaers | Cercle De Natation Sportcity | BELuCNSW/007131/59 | 3:37.54 | +0.98 | 46.92 | 1:47.36 | 2:44.58 | 3:37.54 |

Masters 80+

| | | | | | | | | |
|---------------------|-----|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Geza Kaltenecker | AZC | NED 194200065 | 4:20.83 | +0.89 | 1:02.52 | 2:07.54 | 3:21.58 | 4:20.83 |
| 2. Rob Hanou | PSV | NED 194300109 | 4:33.18 | +1.11 | 1:11.31 | 2:22.01 | 3:33.58 | 4:33.18 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 8
03-05-2024 - 13:44

Dames, 200m wisselslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|----------------------------------|---------------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Kim Jansen van Galen | PSV | NED 200201594 | 2:24.92 | +0.70 | 30.14 | 1:09.40 | 1:50.77 | 2:24.92 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. V. van den Bogert | Hieronymus | NED 200102138 | 2:31.98 | +0.57 | 32.04 | 1:12.42 | 1:55.57 | 2:31.98 |
| 3. Lianne Boets | ZPC De Kanaalstreek | NED 200200346 | 2:35.01 | +0.76 | 32.33 | 1:13.37 | 1:58.14 | 2:35.01 |
| 4. Julia Notenboom | De Columbiaan | NED 200302596 | 2:36.41 | +0.78 | 32.47 | 1:11.22 | 1:58.94 | 2:36.41 |
| 5. Christel Brugmans | Hieronymus | NED 200005602 | 2:39.30 | +0.73 | 33.45 | 1:15.83 | 2:01.89 | 2:39.30 |
| 6. Rozemarijn van Haaff | ZOB'66 | NED 200201852 | 2:41.89 | +0.53 | 33.24 | 1:15.62 | 2:02.60 | 2:41.89 |
| 7. Kim van Dongen | De Gelenberg | NED 200400140 | 2:43.65 | +0.66 | 32.85 | 1:12.49 | 2:02.67 | 2:43.65 |
| 8. Amber van der Kruk | MSV-Zeemacht | NED 200102730 | 2:43.93 | +0.69 | 38.12 | 1:18.49 | 2:08.03 | 2:43.93 |
| 9. Cerisa van Kesteren | ZPCH | NED 200105934 | 2:44.33 | +0.75 | 34.50 | 1:16.86 | 2:05.88 | 2:44.33 |
| 10. Vivian Gravemaker | De Rijn | NED 200400058 | 2:44.79 | +0.71 | 33.66 | 1:16.56 | 2:05.23 | 2:44.79 |
| 11. Iris Le Clercq | De Rog | NED 200401404 | 2:46.30 | +0.67 | 35.08 | 1:20.77 | 2:07.20 | 2:46.30 |
| 12. Annemarie Hoving | De Rijn | NED 200000248 | 2:46.49 | +0.71 | 35.15 | 1:19.10 | 2:08.26 | 2:46.49 |
| 13. Mirelle de Kort | Neptunus'58 | NED 200005546 | 2:47.54 | +0.73 | 35.60 | 1:19.90 | 2:08.02 | 2:47.54 |
| 14. Lianne Seising | VZC | NED 200002084 | 2:48.53 | +0.75 | 34.10 | 1:19.79 | 2:07.77 | 2:48.53 |
| 15. Tara Schuurman | Deltasteur | NED 200400386 | 2:53.81 | +0.66 | 35.94 | 1:19.94 | 2:09.09 | 2:53.81 |
| 16. M. van der Hoeven | ZPC AMERSFOORT | NED 200401298 | 2:57.74 | +0.82 | 36.56 | 1:25.59 | 2:18.13 | 2:57.74 |
| 17. Inge Hertogh | ZVZ Njord | NED 200101052 | 3:02.10 | +0.77 | 36.79 | 1:26.60 | 2:19.29 | 3:02.10 |
| 18. Cynthia Koolman | ZPC Hoogeveen | NED 200300232 | 3:02.76 | +0.69 | 43.09 | 1:28.44 | 2:22.67 | 3:02.76 |
| 19. Nasca van Dijk | De Marlijn (SG) | NED 200300816 | 3:09.27 | +0.80 | 37.31 | 1:28.36 | 2:25.95 | 3:09.27 |
| NG Gwen Eygendaal | De Warande | NED 200404680 | | | | | | |

Masters 25+

| | | | | | | | | |
|---------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Angelique van Vark | GZC DONK | NED 199701478 | 2:26.28 | +0.68 | 32.07 | 1:09.12 | 1:52.90 | 2:26.28 |
| 2. Selene Wortel | Hieronymus | NED 199700654 | 2:30.79 | +0.68 | 31.08 | 1:12.81 | 1:57.07 | 2:30.79 |
| 3. Tamara Grove | De Dolfijn | NED 199601266 | 2:32.15 | +0.71 | 32.24 | 1:13.19 | 1:59.08 | 2:32.15 |
| 4. Nadja Roovers | Hieronymus | NED 199800798 | 2:35.98 | +0.66 | 32.59 | 1:13.52 | 1:58.38 | 2:35.98 |
| 5. J. van Omme - van Veen | Zwemvereniging Hoogland | NED 199603192 | 2:44.91 | +0.78 | 33.95 | 1:14.99 | 2:07.71 | 2:44.91 |
| 6. M. van Langevelde | ESCA Zwemmen | NED 199803160 | 2:45.69 | +0.75 | 37.39 | 1:21.26 | 2:08.96 | 2:45.69 |
| 7. Larissa Jansen | PSV | NED 199500660 | 2:46.92 | +0.75 | 34.21 | 1:19.56 | 2:08.55 | 2:46.92 |
| 8. Floor Weijmans | HZPC | NED 199502522 | 2:48.12 | +0.79 | 36.04 | 1:18.96 | 2:10.21 | 2:48.12 |
| 9. Ageeth de Haan | Steenwijk 1934 | NED 199901022 | 2:54.50 | +0.77 | 39.21 | 1:27.94 | 2:18.18 | 2:54.50 |
| 10. Sheila ten Voorde | Octopus-ZVV (SG) | NED 199904538 | 2:54.84 | +0.81 | 36.34 | 1:21.55 | 2:12.59 | 2:54.84 |
| 11. Aniek Garritsen | De IJsselmeeuwen | NED 199504290 | 2:55.52 | +0.70 | 32.66 | 1:16.29 | 2:10.85 | 2:55.52 |
| 12. Janine de Groot | NDD | NED 199500092 | 2:56.55 | +0.83 | 39.25 | 1:24.56 | 2:15.64 | 2:56.55 |
| 13. Lotte Eising | ZPC AMERSFOORT | NED 199502098 | 3:03.66 | +0.73 | 36.81 | 1:21.74 | 2:15.97 | 3:03.66 |
| 14. Yvette Meijer | Zwemvereniging Hoogland | NED 199706590 | 3:03.95 | +0.84 | 38.95 | 1:31.18 | 2:21.43 | 3:03.95 |
| 15. Marenne Huigh | Scheldestroom | NED 199900852 | 3:04.97 | +0.80 | 38.87 | 1:27.87 | 2:23.25 | 3:04.97 |
| 16. Amy Kieboom | AquAmigos | NED 199502580 | 3:11.22 | +0.71 | 41.31 | 1:35.17 | 2:29.49 | 3:11.22 |

Masters 30+

| | | | | | | | | |
|----------------------------------|-----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Marjolein Delno | VZC | NED 199400024 | 2:26.23 | +0.78 | 31.57 | 1:09.64 | 1:53.03 | 2:26.23 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Denise Boereboom | Niemo Barracuda | NED 199202144 | 2:36.00 | +0.68 | 31.45 | 1:12.23 | 1:59.36 | 2:36.00 |
| 3. Whitney van Hoeckel | DIO | NED 199402390 | 2:45.76 | +0.76 | 35.51 | 1:18.99 | 2:08.22 | 2:45.76 |
| 4. Lucie Terver | Club Nautique Val de Fensch | FRA 412372 | 2:48.71 | +0.82 | 35.21 | 1:20.69 | 2:10.16 | 2:48.71 |
| 5. Jisca Majolée | ZPC AMERSFOORT | NED 199403570 | 2:49.28 | +0.97 | 35.46 | 1:19.91 | 2:09.94 | 2:49.28 |
| 6. Wendy de Bruin | ZOB'66 | NED 199206320 | 2:50.65 | +0.66 | 35.45 | 1:19.48 | 2:08.40 | 2:50.65 |
| 7. Daphne Kievit | ZPC AMERSFOORT | NED 199207058 | 3:00.25 | +0.81 | 37.14 | 1:24.48 | 2:18.35 | 3:00.25 |
| 8. Joëlle Vaes | DIO | NED 199007576 | 3:00.44 | +0.60 | 37.89 | 1:25.68 | 2:17.55 | 3:00.44 |
| 9. Leonor Babo | PSV | NED 199308000 | 3:02.28 | +0.70 | 34.98 | 1:23.35 | 2:18.94 | 3:02.28 |
| 10. Marjan Rikken | Octopus-ZVV (SG) | NED 199206114 | 3:13.93 | +0.86 | 43.03 | 1:31.93 | 2:29.68 | 3:13.93 |
| 11. Irmgard van Weeghel | ESCA Zwemmen | NED 199204834 | 3:25.26 | +0.86 | 46.69 | 1:40.10 | 2:38.94 | 3:25.26 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 8, Dames, 200m wisselslag

Masters 35+

| | | | | | | | | |
|-------------------------|-------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| 1. Sabine Zimmermann | Aachener SV 06 | GER 101578 | 2:39.39 | +0.77 | 35.86 | 1:17.99 | 2:03.98 | 2:39.39 |
| 2. Jenny Schouten | PSV | NED 198703674 | 2:42.85 | +0.74 | 34.40 | 1:17.05 | 2:05.06 | 2:42.85 |
| 3. Anna Maria Rijkens | TRI-X-Kufstein | AUT 48398 | 2:45.74 | +0.75 | 33.02 | 1:16.61 | 2:07.04 | 2:45.74 |
| 4. Rianne Hofland | Sassenheim | NED 198801820 | 2:46.98 | +0.73 | 33.88 | 1:17.17 | 2:07.13 | 2:46.98 |
| 5. I. van den Wijngaard | ZPC Woerden | NED 198904736 | 2:51.79 | * +0.83 | 36.84 | 1:19.93 | 2:12.02 | 2:51.79 |
| 6. Monique van Huizen | AZC | NED 198706236 | 2:53.13 | +0.75 | 35.09 | 1:21.04 | 2:13.37 | 2:53.13 |
| 7. Renske Eilers | Zwemvereniging Hoogland | NED 198806072 | 2:57.26 | +0.77 | 37.44 | 1:22.63 | 2:14.46 | 2:57.26 |
| 8. Liesbeth van Mill | Zwemlust- den Hommel | NED 198702786 | 3:02.69 | +0.87 | 40.53 | 1:28.79 | 2:19.63 | 3:02.69 |
| 9. Kim Visser | H2Oldambt | NED 198704350 | 3:14.66 | +0.86 | 41.33 | 1:33.20 | 2:29.22 | 3:14.66 |
| 10. Ilana Iskander | Zwemvereniging Hoogland | NED 198907606 | 3:15.36 | +0.74 | 43.10 | 1:34.68 | 2:31.89 | 3:15.36 |
| 11. M. van der Poel | De Warande | NED 198703212 | 3:19.75 | +0.78 | 38.43 | 1:26.01 | 2:28.56 | 3:19.75 |

Masters 40+

| | | | | | | | | |
|---------------------------|-------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Ann Wanter | Zwemclub Geel | BEL ZGEEL/21082/82 | 2:43.95 | +0.76 | 33.69 | 1:16.76 | 2:07.92 | 2:43.95 |
| 2. Heather Frees | Lone Star Masters | USA | 2:53.77 | +0.69 | 36.43 | 1:23.43 | 2:15.74 | 2:53.77 |
| 3. E. Poortvliet - Koedam | De Duinkickers | NED 198001824 | 2:58.94 | +0.89 | 37.98 | 1:24.08 | 2:19.28 | 2:58.94 |
| 4. Angela Giezen | Zwemvereniging Hoogland | NED 198302796 | 3:03.92 | +0.78 | 41.54 | 1:26.78 | 2:22.05 | 3:03.92 |

Masters 45+

| | | | | | | | | |
|--------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Nathalie Blondeel | Cercle De Natation Sportcity | BELuCNSW/004784/77 | 2:51.43 | +0.60 | 36.57 | 1:24.36 | 2:14.15 | 2:51.43 |
| 2. Mirjan den Drijver | Westland Swimming Stars | NED 197500884 | 2:56.97 | +0.79 | 35.19 | 1:22.07 | 2:13.96 | 2:56.97 |
| 3. Jolanda van Gendt | PSV | NED 197800266 | 3:02.33 | +0.71 | 40.09 | 1:25.50 | 2:19.71 | 3:02.33 |
| 4. K. de Reus-Trompetter | DZ&PC | NED 197600520 | 3:06.40 | +0.93 | 38.70 | 1:29.06 | 2:24.16 | 3:06.40 |
| 5. Chantal Verhoeff | Old Dutch | NED 197900912 | 3:06.56 | +0.76 | 36.62 | 1:27.99 | 2:25.49 | 3:06.56 |
| 6. Leontine Loeber | SwimGym | NED 197701010 | 3:07.49 | +0.88 | 40.57 | 1:30.11 | 2:23.36 | 3:07.49 |

Masters 50+

| | | | | | | | | |
|-------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. L. v. Bon-Rosenbrand | ZPC AMERSFOORT | NED 197000054 | 2:46.88 | +0.82 | 35.81 | 1:22.53 | 2:09.48 | 2:46.88 |
| 2. Ilona Hogerheyde | DAW | NED 197400224 | 2:54.76 | +0.59 | 35.25 | 1:22.07 | 2:12.65 | 2:54.76 |
| 3. Valérie Rolland | Cercle De Natation Sportcity | BELuCNSW/004276/71 | 2:56.99 | +0.74 | 37.41 | 1:22.09 | 2:16.21 | 2:56.99 |
| 4. Jeanne Petit | PSV | NED 197001020 | 3:00.40 | +0.81 | 34.54 | 1:25.54 | 2:18.49 | 3:00.40 |
| 5. Bianca Groot | MSV-Zeemacht | NED 197000652 | 3:19.42 | +0.82 | 39.18 | 1:31.03 | 2:35.29 | 3:19.42 |
| 6. B. Hertogh - Buijsse | Scheldestroom | NED 197400910 | 3:22.07 | +0.83 | 40.71 | 1:34.07 | 2:33.19 | 3:22.07 |
| 7. Nathasja Konijn | GZC DONK | NED 197100992 | 3:32.12 | +0.85 | 45.86 | 1:39.06 | 2:41.07 | 3:32.12 |
| 8. Kathy Van Lindt | Cercle De Natation Sportcity | BELuCNSW/007949/71 | 3:38.41 | +0.99 | 53.14 | 1:50.06 | 2:51.31 | 3:38.41 |

Masters 55+

| | | | | | | | | |
|--------------------------|--------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Claudia Thielemann | SG Bayer | GER 333958 | 2:47.94 | +0.73 | 35.40 | 1:19.14 | 2:09.80 | 2:47.94 |
| 2. Allie Price | Bridgend Swim Club | GBR 547582 | 2:54.22 | +0.71 | 35.65 | 1:19.12 | 2:11.25 | 2:54.22 |
| 3. Iris van Aurich | DWK | NED 196900866 | 3:09.31 | +0.73 | 44.93 | 1:34.83 | 2:27.30 | 3:09.31 |
| 4. Anita Steijger | WVZ | NED 196500628 | 3:18.46 | +0.90 | 44.59 | 1:35.50 | 2:32.64 | 3:18.46 |
| 5. K. van Nassau-van den | IOld Dutch | NED 196600188 | 3:38.11 | +0.93 | 52.23 | 1:51.58 | 2:49.61 | 3:38.11 |
| 6. Annette van Dok | MSV-Zeemacht | NED 196800742 | 3:47.97 | +1.06 | 54.14 | 1:50.56 | 2:56.80 | 3:47.97 |

Masters 60+

| | | | | | | | | |
|---------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Pierrette Michel | Cercle De Natation Sportcity | BELuCNSW/000835/62 | 2:56.22 | +0.93 | 37.22 | 1:21.77 | 2:14.94 | 2:56.22 |
| 2. P. Tossings-van de Hoo | GZC DONK | NED 196100376 | 3:15.86 | +0.85 | 41.91 | 1:34.36 | 2:32.24 | 3:15.86 |
| 3. Lia Bijkerk | GZC DONK | NED 196000014 | 3:37.76 | +0.92 | 50.07 | 1:49.42 | 2:52.08 | 3:37.76 |

Masters 65+

| | | | | | | | | |
|--------------------|--------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Hannie Poletiek | TriVia | NED 195900278 | 3:39.79 | +0.94 | 50.71 | 1:48.13 | 2:51.55 | 3:39.79 |
|--------------------|--------|---------------|----------------|-------|-------|---------|---------|---------|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 8, Dames, 200m wisselslag

Masters 70+

| | | | | | | | | |
|------------------------|------------------------------|--------------------|----------------|-------|---------|---------|---------|---------|
| 1. C. Nieuwenhuis | SWOL 1894 | NED 195100022 | 3:31.19 | +0.79 | 42.62 | 1:39.19 | 2:43.43 | 3:31.19 |
| 2. F. Blondeel-Gourmet | Cercle De Natation Sportcity | BELuCNSW/004901/52 | 4:26.99 | +0.89 | 54.84 | 2:01.51 | 3:24.19 | 4:26.99 |
| 3. A. Gilding-Tussaud | WS Twente | NED 195000038 | 4:29.55 | +0.79 | 1:05.25 | 2:08.96 | 3:26.09 | 4:29.55 |

Masters 85+

| | | | | | | | | |
|----------------|-----------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Marie Smits | Old Dutch | NED 193800004 | 5:15.55 | +1.08 | 1:16.09 | 2:40.63 | 4:09.35 | 5:15.55 |
|----------------|-----------|---------------|----------------|-------|---------|---------|---------|---------|

Kampioenschapsrecord

Programmanr. 9
03-05-2024 - 14:18

Heren, 50m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|---------------------|----------------------|-----|-----------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Daan Hogerhuis | De Columbiaan | NED | 200300317 | 28.60 | +0.65 | |
| 2. | Louis Kappler | Zwemlust- den Hommel | NED | 200205067 | 29.32 | +0.72 | |
| 3. | Thijn Damen | PSV | NED | 200300973 | 29.37 | +0.69 | |
| 4. | Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 30.41 | +0.61 | |
| 5. | Ian Terlouw | ZPC Woerden | NED | 200002345 | 30.63 | +0.74 | |
| 6. | Nino van Krimpen | ZOB'66 | NED | 200004611 | 30.78 | +0.73 | |
| | Stijn den Otter | ZZ&PC De Devel | NED | 200200225 | 30.78 | +0.54 | |
| 8. | Mart de Koning | ZOB'66 | NED | 200203253 | 31.10 | +0.72 | |
| 9. | Wessel Haverkamp | ESCA Zwemmen | NED | 200204755 | 31.69 | +0.74 | |
| 10. | Jochem Janssen | De Gelenberg | NED | 200003653 | 31.93 | +0.67 | |
| 11. | Boyd Wijkman | MSV-Zeemacht | NED | 200104759 | 32.10 | +0.65 | |
| 12. | Remco Dijkstra | HZ&PC Heerenveen | NED | 200100789 | 32.70 | +0.78 | |
| 13. | Robin Schols | ACZ | NED | 200400433 | 32.81 | +0.67 | |
| 14. | Nigel Werring | Zwemlust- den Hommel | NED | 200301503 | 34.40 | +0.77 | |
| 15. | Mees Minneboo | MSV-Zeemacht | NED | 200203465 | 34.78 | +0.65 | |
| 16. | Boaz Troost | ZOB'66 | NED | 200100371 | 36.64 | +0.58 | |
| 17. | Ryan van der Sluijs | De Duck | NED | 200105571 | 39.75 | +0.80 | |

Masters 25+

| | | | | | | | |
|-----|---------------------|----------------------------|-----|-----------|--------------|-------|-----|
| 1. | Melvin Prins | Feijenoord Albion Zwemclub | NED | 199500201 | 28.10 | +0.68 | |
| 2. | Nicko Kamphuis | De Warande | NED | 199900887 | 28.21 | +0.56 | |
| 3. | Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 29.17 | +0.57 | |
| 4. | Robin van Beek | ZVL-1886 Center | NED | 199704023 | 29.97 | +0.58 | |
| 5. | John Smit | Poseidon'56 | NED | 199500613 | 30.81 | +0.64 | |
| 6. | David Kievit | De Schotejil | NED | 199900325 | 31.82 | +0.88 | |
| 7. | Jeffrey Roest | Zwemvereniging Hoogland | NED | 199703401 | 32.86 | +0.66 | |
| 8. | Ian van Mullem | ZOB'66 | NED | 199602545 | 33.11 | +0.62 | |
| 9. | Sam Beer | Poseidon'56 | NED | 199605521 | 34.42 | +0.66 | |
| 10. | Lars Jacobsen | DWK | NED | 199705453 | 34.55 | +0.70 | 515 |
| 11. | Tim van Grunsven | De Treffers | NED | 199804535 | 34.71 | +0.68 | |
| 12. | Rob van Wier | HZ&PC Heerenveen | NED | 199900697 | 34.81 | +0.70 | |
| 13. | Mike van der Sanden | PSV | NED | 199506349 | 48.16 | +0.67 | |

Masters 30+

| | | | | | | | |
|-----|------------------------|-------------------------|-----|-----------|--------------|-------|--|
| 1. | Jesper Oranje | De Duck | NED | 199200997 | 28.62 | +0.61 | |
| 2. | Jeroen Matthijssen | AZC | NED | 199103751 | 30.55 | +0.77 | |
| 3. | Olaf Achterberg | VZC | NED | 199000011 | 30.90 | +0.69 | |
| 4. | Johan Krakou | De Rijn | NED | 199101311 | 32.44 | +0.67 | |
| 5. | Patrick Brouwer | AZC | NED | 199303715 | 33.72 | +0.78 | |
| 6. | Marijn van Baaren | De Gelenberg | NED | 199203535 | 34.08 | +0.81 | |
| 7. | Lars Duijnhouwer | De Biesboschzwemmers | NED | 199107161 | 36.08 | +0.78 | |
| 8. | Eric Kalee | Zwemvereniging Hoogland | NED | 199005307 | 38.31 | +0.90 | |
| 9. | Rick van Nieuwenhuizen | De Rijn | NED | 199002097 | 39.41 | +0.68 | |
| 10. | Ruben de Boer | Zwemvereniging Hoogland | NED | 199301419 | 39.45 | +0.69 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 9, Heren, 50m rugslag, Masters 30+

| rang | naam | vereniging | | | tijd | RT | PARA |
|-------|-----------------|----------------|-----|-----------|------|----|------|
| AFGEM | Rick van Hamond | Z&PC Zegenwerp | NED | 199205873 | | | |

Masters 35+

| | | | | | | | | |
|----|---------------------|-------------------------------------|-----|----------------|-----|--------------|-------|-----|
| 1. | Martijn Giezen | ZPC AMERSFOORT | NED | 198500813 | | 30.36 | +0.77 | |
| 2. | Nicolas Collard | Cercle De Natation Sportcity WolBEL | BEL | CNSW/000240/89 | | 30.79 | +0.70 | |
| 3. | Hans van Wijk | BZ&PC | NED | 198903605 | | 31.15 | +0.71 | |
| 4. | Robert Braad | Steenwijk 1934 | NED | 198600407 | | 31.39 | +0.71 | |
| 5. | Remco van der Graaf | PSV | NED | 198704007 | | 34.96 | +0.77 | |
| 6. | Wessel Everloo | WS Twente | NED | 198906597 | S14 | 36.08 | +1.05 | 453 |
| 7. | Rudi Butselaar | GoSwim | NED | 198700577 | | 37.82 | +0.71 | |
| 8. | Robert Spekhorst | De Mors | NED | 198703141 | | 38.49 | +0.75 | |
| 9. | Nicky Valentijn | AquAmigos | NED | 198806175 | | 39.90 | +0.70 | |

Masters 40+

| | | | | | | | | |
|----|-----------------------|-------------------------|-----|-----------|--|--------------|-------|--|
| 1. | Ivan van Omme | De Geul | NED | 198201263 | | 31.28 | +0.74 | |
| 2. | Albert van Piekeren | SWOL 1894 | NED | 198401767 | | 32.16 | +0.74 | |
| 3. | Tjeerd Visser | ACZ | NED | 198001631 | | 32.43 | +0.77 | |
| 4. | Peter van de Bor | Team Noord Holland (SG) | NED | 198402897 | | 36.09 | +0.92 | |
| 5. | Jonathan Gatt Colerio | San Giljan ASC | MLT | 174981M | | 37.60 | +0.75 | |

Masters 45+

| | | | | | | | | |
|-----|------------------------|-------------------------|-----|-----------|--|--------------|-------|--|
| 1. | Ruud Holswilder | ZPCH | NED | 197800435 | | 30.49 | +0.75 | |
| 2. | Jasper van Heijst | ZPCH | NED | 197601699 | | 31.12 | +0.65 | |
| 3. | Dennis Brouwers | HZPC | NED | 197800167 | | 31.41 | +0.75 | |
| 4. | Ivo Roozeboom | WVZ | NED | 197700801 | | 31.88 | +0.71 | |
| 5. | Erwin Buist | ZPC AMERSFOORT | NED | 197800183 | | 33.50 | +0.77 | |
| 6. | Pieter Broek | Westland Swimming Stars | NED | 197701637 | | 34.55 | +0.63 | |
| 7. | Markus van Rest | WVZ | NED | 197701197 | | 34.65 | +0.72 | |
| 8. | Gino Martijn | RZ | NED | 197901865 | | 34.78 | +0.60 | |
| 9. | Christiaan Bouwmeester | SBC2000 | NED | 197600127 | | 36.21 | +0.87 | |
| 10. | Mark Sponneck | San Giljan ASC | MLT | 388523M | | 38.53 | +0.79 | |

Masters 50+

| | | | | | | | | |
|-------|---------------------|-----------------------------|-----|-----------|--|--------------|-------|--|
| 1. | Rogier Vissers | PSV | NED | 197300935 | | 34.36 | +0.86 | |
| 2. | Henri Verschoor | De Biesboschzwemmers | NED | 197001041 | | 36.71 | +0.76 | |
| 3. | Paul van den Heuvel | Arethusa | NED | 197000441 | | 37.89 | +0.76 | |
| 4. | Jeroen Hoeksel | ZVVS | NED | 197401533 | | 44.55 | +0.87 | |
| 5. | Xavier Schuster | Club Nautique Val de Fensch | FRA | 877605 | | 54.94 | +0.83 | |
| AFGEM | Axel Werkhausen | SSF Bonn | GER | 451927 | | | | |

Masters 55+

| | | | | | | | | |
|-----|--|-----------------------------|-----|-----------|--|--------------|-------|--|
| 1. | Chester Marsman <i>Kampioenschapsrecord</i> | ZPC AMERSFOORT | NED | 196900671 | | 30.48 | +0.69 | |
| 2. | Jan-Willem van den Berg | WVZ | NED | 196801575 | | 32.75 | +0.71 | |
| 3. | Arjan Bellaart | Oceanus | NED | 196900079 | | 33.36 | +0.75 | |
| 4. | Marcel Vroegindewei | Poseidon'56 | NED | 196801709 | | 34.00 | +0.70 | |
| 5. | Ralf Dillig | Duisburger ST | GER | 060769 | | 36.24 | +0.79 | |
| 6. | Mathieu Rikken | De Duinkickers | NED | 196701777 | | 37.06 | +0.71 | |
| 7. | Nico Swart | De Biesboschzwemmers | NED | 196801475 | | 37.62 | +0.82 | |
| 8. | Erik Saan | De Duck | NED | 196500769 | | 38.03 | +0.82 | |
| 9. | Jeroen Wilmer | Vichy Val D'Allier Natation | FRA | 2169893 | | 38.48 | +0.83 | |
| 10. | Erik Zoethout | Aqualero | NED | 196901157 | | 41.17 | +0.83 | |
| 11. | Fred Dijkshoorn | Westland Swimming Stars | NED | 196501539 | | 42.01 | +0.93 | |
| 12. | Pieter-Sjoerd de Wijn | DES | NED | 196501027 | | 43.93 | +0.89 | |
| 13. | Hans Bijleveld | HHZV Plons | NED | 196601649 | | 44.64 | +0.79 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 9, Heren, 50m rugslag

Masters 60+

| | | | | | | |
|----|---|---------------------------|-----|-----------|--------------|-------|
| 1. | Peter Bernsen | De Rog | NED | 196301119 | 32.58 | +0.63 |
| 2. | Edwin v. Norden | ZPC AMERSFOORT | NED | 196300563 | 33.73 | +0.86 |
| 3. | Martin Grapentin <i>Swiss Masters Record</i> | SAS Swiss Alumni Swimming | SUI | #29177 | 35.05 | +0.77 |
| 4. | Erik Kamphuis | De Rog | NED | 196001035 | 35.08 | +0.74 |
| 5. | Axel Sondermann | Lone Star Masters | USA | | 38.86 | +0.87 |
| 6. | Henk Kuipers | ZPC AMERSFOORT | NED | 196201207 | 39.00 | +0.72 |
| 7. | Casper Dollekamp | Steenwijk 1934 | NED | 196301341 | 39.67 | +0.69 |
| 8. | Richard Tiemstra | De Biesboschzwemmers | NED | 196301397 | 42.09 | +0.76 |

Masters 65+

| | | | | | | |
|----|-----------------|----------------|-----|-----------|--------------|-------|
| 1. | Albert Boonstra | Aqua-Novio '94 | NED | 195700425 | 35.33 | +0.65 |
| 2. | Wim de Lange | AZC | NED | 195800533 | 42.69 | +0.75 |
| 3. | André Pantekoek | PSV | NED | 195800321 | 44.56 | +0.73 |

Masters 70+

| | | | | | | |
|----|---------------------|----------------|-----|-----------|--------------|-------|
| 1. | Ronald Blankenstein | Aqua-Novio '94 | NED | 195000013 | 47.09 | +0.86 |
| 2. | Sjoerd Van de Berg | De Rog | NED | 195400355 | 50.85 | +0.97 |

Masters 75+

| | | | | | | |
|----|-----------------|----------------|-----|-----------|----------------|-------|
| 1. | Willem Putter | ZVVS | NED | 194500135 | 48.40 | +0.91 |
| 2. | Jan Nuijten | PSV | NED | 194900175 | 49.15 | +0.94 |
| 3. | Nico van Dongen | ZZ&PC De Devel | NED | 194800159 | 1:06.22 | +1.11 |

Masters 80+

| | | | | | | |
|-----|------------------|-------------------------------------|------|-----------|----------------|-------|
| 1. | Nico Baay | Old Dutch | NED | 194200053 | 55.67 | +1.16 |
| 2. | Kevork Boyrazian | Cercle De Natation Sportcity WolBEL | CNSW | 002620/44 | 1:11.35 | +0.98 |
| DIS | Rob Hanou | PSV | NED | 194300109 | | |

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

Masters 85+

| | | | | | | |
|----|-----------|-----|-----|-----------|--------------|-------|
| 1. | Nic Geers | PSV | NED | 193800007 | 54.00 | +0.71 |
|----|-----------|-----|-----|-----------|--------------|-------|

Nederlands Masters Record

Programmanr. 10
03-05-2024 - 14:34

Dames, 50m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|----------------------|---------------------|-----|-----------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Julia Notenboom | De Columbiaan | NED | 200302596 | 31.85 | +0.60 | |
| 2. | Guusje van Lent | Aqua-Novio '94 | NED | 200203898 | 31.97 | +0.69 | |
| 3. | Kim van Dongen | De Gelenberg | NED | 200400140 | 32.77 | +0.64 | |
| 4. | Michelle van Wijk | WWV Winterswijk | NED | 200204746 | 33.00 | +0.74 | |
| 5. | Inge Dekker | HZ&PC Heerenveen | NED | 200200476 | 33.15 | +0.64 | |
| 6. | Kirsten Walraven | ZPC De Zeeuwse Kust | NED | 200001358 | 33.25 | +0.80 | |
| 7. | Carmen Lems | ACZ | NED | 200402632 | 33.80 | +0.65 | |
| 8. | Lauren van IJll | WVZ | NED | 200001064 | 33.86 | +0.66 | |
| 9. | Robin Pienaar | Niemo Barracuda | NED | 200102236 | 34.18 | +0.69 | |
| 10. | Femke de Wit | Nederweert | NED | 200102184 | 34.38 | +0.58 | |
| 11. | Lianne van Wier | HZ&PC Heerenveen | NED | 200200438 | 35.00 | +0.71 | |
| 12. | Rozemarijn van Haaff | ZOB'66 | NED | 200201852 | 35.24 | +0.69 | |
| 13. | Esmée van Peer | TriVia | NED | 200201114 | 35.51 | +0.69 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 10, Dames, 50m rugslag, Masters 20+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|----------------------|-------------------------|---------------|----------------|-------|------|
| 14. | Sophie Stekelenburg | Zwemlust- den Hommel | NED 200400166 | 35.75 | +0.72 | |
| 15. | Leonie van Wier | HZ&PC Heerenveen | NED 200200436 | 35.86 | +0.57 | |
| 16. | Redine van Breugel | De Biesboschzwemmers | NED 200004404 | 35.91 * | +0.65 | |
| 17. | Merel van den Heuvel | De Meer | NED 200201784 | 35.97 | +0.71 | |
| 18. | Esmee Wijnmaalen | De Geul | NED 200100298 | 36.27 | +0.76 | |
| 19. | Cerisa van Kesteren | ZPCH | NED 200105934 | 36.28 | +0.77 | |
| 20. | Anouk Vis | De Columbiaan | NED 200203322 | 36.48 | +0.67 | |
| 21. | Vivian Gravemaker | De Rijn | NED 200400058 | 36.71 | +0.76 | |
| 22. | Esther de Laat | De Biesboschzwemmers | NED 200000174 | 36.84 | +0.69 | |
| 23. | Ester Schuurman | Deltasteur | NED 200201106 | 36.97 | +0.76 | |
| 24. | Monica Faber | Deltasteur | NED 200400388 | 37.04 | +0.73 | |
| 25. | Melissa Schuurman | EZCL (SG) | NED 200006800 | 37.09 | +0.62 | |
| 26. | Daniëlle Vis | De Columbiaan | NED 200401044 | 37.30 | +0.67 | |
| 27. | Welmoed Doornbos | De IJsselmeeuwen | NED 200203352 | 37.78 | +0.63 | |
| 28. | Daphne van Rees | Octopus-ZVV (SG) | NED 200301766 | 38.09 | +0.78 | |
| 29. | Michelle van Wijhe | ZPC AMERSFOORT | NED 200402196 | 38.65 | +0.82 | |
| 30. | Hannah Elting | ESCA Zwemmen | NED 200402702 | 39.03 | +0.82 | |
| 31. | Amber Hopman | De Aalscholver | NED 200106384 | 39.97 | +1.00 | |
| 32. | Maaïke van Houten | Zwemvereniging Hoogland | NED 200206266 | 40.22 | +0.63 | |
| 33. | Laura Folkers | VZV Njord | NED 200101670 | 40.94 | +0.75 | |
| 34. | Juliette Boon | ZZ&PC De Devel | NED 200401908 | 41.13 | +0.65 | |
| 35. | Marieke Speijer | Bubble | NED 200401154 | 42.32 | +0.87 | |
| 36. | Ymke van Dongen | AquAmigos | NED 200202662 | 42.85 | +0.79 | |
| 37. | Nana Dekkers | Neptunus'58 | NED 200206220 | 43.54 | +1.18 | |

Masters 25+

| | | | | | | |
|-----|-----------------------------|-------------------------|---------------|--------------|-------|--|
| 1. | Babette van der Kaaij | Blue Marlins | NED 199902234 | 31.80 | +0.64 | |
| 2. | Nadja Roovers | Hieronimus | NED 199800798 | 31.97 | +0.73 | |
| 3. | Marre Zandringa | Orca | NED 199701136 | 32.59 | +0.67 | |
| 4. | Lieke Smits | Tempo | NED 199604646 | 32.78 | +0.59 | |
| 5. | Estée Grandidier | ZPC AMERSFOORT | NED 199906654 | 33.05 | +0.67 | |
| 6. | Alisha Vieira | Blue Marlins | NED 199904554 | 33.41 | +0.62 | |
| 7. | Jamilla van Omme - van Veen | Zwemvereniging Hoogland | NED 199603192 | 33.68 | +0.69 | |
| 8. | Anne-Irene Ducheine | Zwemvereniging Hoogland | NED 199506824 | 34.08 | +0.55 | |
| 9. | Gaby Zittersteijn | Zuiderzeewemmers | NED 199700104 | 34.20 | +0.71 | |
| 10. | Laura Compagner | Dedemsvaart-AC | NED 199804602 | 34.80 | +0.80 | |
| 11. | Rosalie Baarda | Orca | NED 199903460 | 35.95 | +0.67 | |
| 12. | Sabien Timmers | Vivalo | NED 199904440 | 36.05 | +0.63 | |
| 13. | Annemarie ten Have | Zuiderzeewemmers | NED 199802662 | 36.14 | +0.66 | |
| 14. | Fiona Meuffels | PSV | NED 199504366 | 36.81 | +0.79 | |
| 15. | Janine de Groot | NDD | NED 199500092 | 36.91 | +0.65 | |
| 16. | Anouk van der Lans | Westland Swimming Stars | NED 199801614 | 37.11 | +0.77 | |
| 17. | Jet Kleine | MSV-Zeemacht | NED 199903384 | 37.17 | +0.73 | |
| 18. | Mandy Swart | De Biesboschzwemmers | NED 199904916 | 37.45 | +0.71 | |
| 19. | Lotte Eising | ZPC AMERSFOORT | NED 199502098 | 37.49 | +0.68 | |
| 20. | Maria Antonella Zuccaro | DAW | NED 199606894 | 38.77 | +0.76 | |
| 21. | Sheila ten Voorde | Octopus-ZVV (SG) | NED 199904538 | 39.54 | +0.70 | |
| 22. | Eva Velthuijs | PSV | NED 199906644 | 42.81 | +0.77 | |
| 23. | Kim Hamakers | De Rog | NED 199803214 | 43.57 | +0.72 | |
| 24. | Mylène Wildeboer-Kok | H2Oldambt | NED 199602674 | 44.05 | +0.78 | |
| 25. | Michela Scicluna | San Giljan ASC | MLT 0277695M | 44.84 | +0.74 | |
| 26. | Sylvia Hidding | H2Oldambt | NED 199603886 | 55.58 | +0.88 | |

Masters 30+

| | | | | | | |
|----|----------------------|-----------------|---------------|--------------|-------|--|
| 1. | Miranda Nijenhuis | De Columbiaan | NED 199204076 | 32.53 | +0.76 | |
| 2. | Marcha Admiraal | De Geul | NED 199300012 | 34.28 | +0.84 | |
| 3. | Lotte Coenen | DES | NED 199301518 | 34.70 | +0.74 | |
| 4. | Désirée Emmen | De Warande | NED 199204862 | 34.71 | +0.77 | |
| 5. | Maike Korthout | TRB-RES | NED 199406034 | 35.72 | +0.63 | |
| 6. | Ines Muilwijk | MNC Dordrecht | NED 199202858 | 35.95 | +0.68 | |
| 7. | Adela Vázquez García | ZVL-1886 Center | NED 199307952 | 36.42 | +0.56 | |
| 8. | Getrude Corporaal | Steenwijk 1934 | NED 199200380 | 37.58 | +0.85 | |
| 9. | Anne Aarts | DES | NED 199207942 | 37.80 | +0.85 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 10, Dames, 50m rugslag, Masters 30+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|-----------------------|-----------------|---------------|--------------|-------|------|
| 10. | Tessa van Dijk-Mosch | MSV-Zeemacht | NED 199102172 | 37.89 | +0.69 | |
| 11. | Marijke Kommers | Niemo Barracuda | NED 199305334 | 39.21 | +0.71 | |
| 12. | Esther Kwebeman | TriVia | NED 199106374 | 39.72 | +0.91 | |
| 13. | Kimberley van Buren | De Duck | NED 199304136 | 39.86 | +0.75 | |
| 14. | Nanda Wobben-de Vries | Steenwijk 1934 | NED 199204328 | 40.60 | +0.83 | |
| 15. | Margot van de Rakt | VZV Njord | NED 199300618 | 41.70 | +0.84 | |
| 16. | Eline Molle | De Geul | NED 199404276 | 42.90 | +0.79 | |
| 17. | Elke Schellekens | Neptunus'58 | NED 199301550 | 43.27 | +0.64 | |

Masters 35+

| | | | | | | |
|----|---------------------------|---------------------------------|----------------------|--------------|-------|--|
| 1. | Jenny Schouten | PSV | NED 198703674 | 33.45 | +0.71 | |
| 2. | Jana Vanden Broeck | Cercle Royal De Natation De Bru | BELs ACNBA/012311/89 | 33.96 | +0.66 | |
| 3. | Daphne Robijn-Jongedijk | EZCL (SG) | NED 198903520 | 36.29 | +0.78 | |
| 4. | Marije Jansen | ZPC AMERSFOORT | NED 198504088 | 36.30 | +0.82 | |
| 5. | Janneke Koolen-Kaptheijns | Tempo | NED 198706288 | 37.19 | +0.72 | |
| 6. | Linda Bultstra | De Spatters | NED 198600656 | 39.60 | +0.85 | |
| 7. | Desiree Groot | SwimGym | NED 198601310 | 40.83 | +0.75 | |
| 8. | Janna Brummel | SwimGym | NED 198807018 | 46.67 | +0.74 | |

Masters 40+

| | | | | | | |
|-----|----------------------------|-------------------------|---------------|--------------|-------|--|
| 1. | Roos van Esch | ACZ | NED 198200468 | 35.01 | +0.76 | |
| 2. | Tonia Ruybroek | Poseidon'56 | NED 198101290 | 35.92 | +0.77 | |
| 3. | Anne-Marie Verschoor-Vos | De Biesboschzweimmers | NED 198102300 | 36.58 | +0.74 | |
| 4. | Hanneke Heymen | WS Twente | NED 198400968 | 36.85 | +0.70 | |
| 5. | Elke Popma - Blox | Tiamat | NED 198200154 | 36.96 | +0.71 | |
| 6. | Miranda Pijnenburg | De Treffers | NED 198301216 | 37.49 | +0.73 | |
| 7. | Angela Giezen | Zwemvereniging Hoogland | NED 198302796 | 37.78 | +0.83 | |
| 8. | Esther Poortvliet - Koedam | De Duinkickers | NED 198001824 | 38.84 | +0.76 | |
| 9. | Tessa Zwart-Piek | DZ&PC | NED 198102360 | 44.90 | +0.95 | |
| 10. | Charmaine Cutajar | San Giljan ASC | MLT 144984M | 51.23 | +1.05 | |

Masters 45+

| | | | | | | |
|-----|--------------------------|-------------------------|---------------|--------------|-------|--|
| 1. | Janneke Harmsen-Bakker | PSV | NED 197700938 | 34.42 | +0.70 | |
| 2. | Monique Boets | ZPC De Kanaalstreek | NED 197600230 | 35.57 | +0.77 | |
| 3. | Mirjan den Drijver | Westland Swimming Stars | NED 197500884 | 37.28 | +0.78 | |
| 4. | Jessica Venema | GZC DONK | NED 197901526 | 39.24 | +0.79 | |
| 5. | Jolanda van Gendt | PSV | NED 197800266 | 39.83 | +0.72 | |
| 6. | Leonie Scholten | Steenwijk 1934 | NED 197901560 | 40.26 | +0.79 | |
| 7. | Esther Vergeest | De Rog | NED 197700012 | 42.05 | +0.87 | |
| 8. | Alma Knegt-Bessembinders | De Spatters | NED 197601064 | 43.85 | +0.78 | |
| 9. | Margriet Leeffers | Deltasteur | NED 197800448 | 45.39 | +1.14 | |
| 10. | Jessica van Velzen | SWOL 1894 | NED 197601122 | 49.76 | +0.98 | |

Masters 50+

| | | | | | | |
|-----|----------------------|----------------------------------|---------------------|--------------|-------|--|
| 1. | Johanna van Wijnen | De Biesboschzweimmers | NED 197201072 | 36.28 | +0.77 | |
| 2. | Edith Janssen-Koolen | TRB-RES | NED 197300898 | 36.68 | +0.93 | |
| 3. | Valérie Rolland | Cercle De Natation Sportcity Wol | BELs CNSW/004276/71 | 38.29 | +0.71 | |
| 4. | Trudie van Nijenhuis | TZC-Vahalis | NED 197100444 | 38.84 | +0.78 | |
| 5. | Marjolein Klunne | Hieronymus | NED 197101098 | 40.96 | +0.82 | |
| 6. | Elise Kenworthy | LinK | NED 197101126 | 42.83 | +0.89 | |
| 7. | Cherry Bas-Ott | DAW | NED 197100464 | 43.57 | +0.96 | |
| 8. | Linda Kerkmeester | GoSwim | NED 197400980 | 46.13 | +0.80 | |
| 9. | Nathasja Konijn | GZC DONK | NED 197100992 | 46.98 | +0.79 | |
| 10. | Danielle Schipper | ZOB'66 | NED 197001078 | 47.48 | +0.90 | |
| 11. | Hilly Brugmans | Hieronymus | NED 197001112 | 48.39 | +0.85 | |
| 12. | Judith Sijbers | PSV | NED 197301030 | 52.39 | +0.82 | |

Programmanr. 10, Dames, 50m rugslag

Masters 55+

| | | | | | | |
|----|--|----------------------|-----|-----------|--------------|-------|
| 1. | Allie Price <i>Kampioenschapsrecord</i> | Bridgend Swim Club | GBR | 547582 | 35.17 | +0.70 |
| 2. | Lesley Cordial | ZPC AMERSFOORT | NED | 196700684 | 36.68 | +0.61 |
| 3. | Jacqueline Tuin | DAW | NED | 196600690 | 38.67 | +0.71 |
| 4. | Marinka vd Zwet | Sassenheim | NED | 196500346 | 39.60 | +0.69 |
| 5. | Annette Wijnga-Visser | De Biesboschzwemmers | NED | 196700528 | 40.39 | +0.78 |
| 6. | Annette Korving-Leijenaar | Aqualero | NED | 196700662 | 44.10 | +0.79 |
| 7. | Roelien Speelman-Tigelaar | De Spatters | NED | 196600664 | 47.87 | +0.77 |
| 8. | Cora Smulders | ESCA Zwemmen | NED | 196600668 | 52.88 | +0.79 |

Masters 60+

| | | | | | | |
|----|----------------------------|----------------------------|-----|-----------|----------------|-------|
| 1. | Judith Cromjongh | De Zwoer | NED | 196400054 | 38.15 | +0.78 |
| 2. | Christine Buist | De Duinkickers | NED | 196400608 | 42.82 | +0.84 |
| 3. | Maud Peuten-Evers | Mosa-Regio | NED | 196400584 | 43.18 | +0.98 |
| 4. | Jacqueline Rolloos-Bakkers | Niemo Barracuda | NED | 196300222 | 43.58 | +0.78 |
| 5. | Yoka de Vegt-van Dijk | ESCA Zwemmen | NED | 196200420 | 46.39 | +0.83 |
| 6. | Jenny Westervaarder | H2Oldambt | NED | 196200424 | 52.06 | +0.85 |
| 7. | Romea Joemman | Feijenoord Albion Zwemclub | NED | 196300574 | 1:16.07 | +0.95 |

Masters 65+

| | | | | | | |
|----|--|-------------------------------------|----------------|-----------|----------------|-------|
| 1. | Claire Anthony <i>Belgisch Masters Record</i> | Cercle De Natation Sportcity WolBEL | CNSW/001353/57 | | 46.88 | +0.85 |
| 2. | Lies Hartman | PSV | NED | 195600116 | 1:02.61 | +0.79 |
| 3. | Karien Musters | Old Dutch | NED | 195800236 | 1:14.06 | +0.64 |

Masters 70+

| | | | | | | |
|-----|----------------------------|--------------------------|-----|----------------|----------------|-------|
| 1. | Carla Hensen | PSV | NED | 195300062 | 50.41 | +0.84 |
| 2. | Antoinette Gilding-Tussaud | WS Twente | NED | 195000038 | 53.50 | +0.97 |
| 3. | Gonnie Bak | PSV | NED | 195100064 | 59.26 | +0.84 |
| 4. | Geerdien Meerwaldt | De Geul | NED | 195200058 | 1:03.14 | +0.95 |
| 5. | Nini van Dongen-de Paepe | ZZ&PC De Devel | NED | 195100044 | 1:11.56 | +0.97 |
| DIS | Maryse Van Cant | Brabo Zwemclub Antwerpen | BEL | BRABO/20389/54 | | |

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

Masters 75+

| | | | | | | |
|----|-----------------------------|----------------|-----|-----------|----------------|-------|
| 1. | Loekie van Huissteden | ZPC AMERSFOORT | NED | 194500002 | 1:05.12 | +0.85 |
| 2. | Annet Verhoeven - Steggerda | De Duinkickers | NED | 194600024 | 1:07.50 | +0.86 |

Masters 80+

| | | | | | | |
|----|-----------|------------|-----|-----------|----------------|-------|
| 1. | Leny Kamp | Aquapoldro | NED | 194400008 | 1:05.48 | +0.68 |
|----|-----------|------------|-----|-----------|----------------|-------|

Masters 85+

| | | | | | | |
|----|---------------|-----|-----|-----------|----------------|--|
| 1. | Lottie Geurts | PSV | NED | 193500006 | 1:10.44 | |
|----|---------------|-----|-----|-----------|----------------|--|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 11
03-05-2024 - 15:12

Heren, 100m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|--|-----------------------------|-----|-----------|----------------|--------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Luuk van Rooij | PSV | NED | 200400581 | 51.40 | +0.65 | | 24.81 | 51.40 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Luc Mul | DAW | NED | 200201025 | 53.52 | +0.70 | | 25.71 | 53.52 |
| 3. Daan Hogerhuis | De Columbiaan | NED | 200300317 | 53.98 | +0.74 | | 26.25 | 53.98 |
| 4. Benjamin Vermeulen | De Bevelanders | NED | 200003721 | 55.12 | +0.82 | | 26.54 | 55.12 |
| 5. Louis Kappler | Zwemlust- den Hommel | NED | 200205067 | 55.24 | +0.71 | | 26.31 | 55.24 |
| 6. Saviël Armand | ACZ | NED | 200204461 | 55.46 | +0.70 | | 25.95 | 55.46 |
| 7. Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 55.83 | +0.62 | | 26.52 | 55.83 |
| 8. Erik van Gemert | Poseidon'56 | NED | 200300587 | 56.42 | +0.74 | | 26.94 | 56.42 |
| 9. Tom Balsen Versteeg | De Warande | NED | 200005673 | 56.69 | +0.58 | | 26.97 | 56.69 |
| 10. Tim Speijer | Bubble | NED | 200301661 | 56.77 | +0.68 | | 27.26 | 56.77 |
| 11. Kevin Roest | Zwemvereniging Hoogland | NED | 200001223 | 56.89 | +0.71 | | 27.66 | 56.89 |
| 12. Luuk Kresin | Patrick-De Roersoppers (SG) | NED | 200303275 | 56.94 | +0.67 | | 27.22 | 56.94 |
| 13. Stijn den Otter | ZZ&PC De Devel | NED | 200200225 | 57.30 | +0.62 | | 27.18 | 57.30 |
| 14. Hendrik Broekema | Bubble | NED | 200002205 | 57.48 | +0.69 | | 27.22 | 57.48 |
| 15. Yuri Wasser | PSV | NED | 200301327 | 57.53 | +0.67 | | 26.98 | 57.53 |
| 16. Mitchell van der Mooren | ZVDO'74 | NED | 200200953 | 57.79 | +0.74 | | 27.43 | 57.79 |
| 17. Junior Vermeulen | De Bevelanders | NED | 200103363 | 58.15 | +0.66 | | 27.58 | 58.15 |
| 18. Fayssal Lanterna | Zwemlust- den Hommel | NED | 200101379 | 58.45 | +0.72 | | 28.03 | 58.45 |
| 19. Ilmar Stoop | Zuiderzeezwemmers | NED | 200100871 | 58.68 | +0.51 | | 27.83 | 58.68 |
| 20. Mart de Koning | ZOB'66 | NED | 200203253 | 58.88 | +0.70 | | 28.24 | 58.88 |
| 21. Jochem Janssen | De Gelenberg | NED | 200003653 | 59.47 | +0.70 | | 28.44 | 59.47 |
| Bas van den Akker | PSV | NED | 200204651 | 59.47 | +0.67 | | 28.17 | 59.47 |
| 23. Remco Dijkstra | HZ&PC Heerenveen | NED | 200100789 | 59.66 | +0.70 | | 27.47 | 59.66 |
| 24. Milan de Roo | ZPC Woerden | NED | 200102215 | 59.74 | +0.61 | | 28.48 | 59.74 |
| 25. Nino van Krimpen | ZOB'66 | NED | 200004611 | 59.80 | +0.64 | | 28.25 | 59.80 |
| 26. Wessel Haverkamp | ESCA Zwemmen | NED | 200204755 | 59.84 | +0.55 | | 28.41 | 59.84 |
| 27. Mees Minneboo | MSV-Zeemacht | NED | 200203465 | 1:00.13 | +0.63 | | 28.32 | 1:00.13 |
| 28. Esper Paans | ZZ&PC De Devel | NED | 200100607 | 1:00.23 | +0.72 | | 28.61 | 1:00.23 |
| 29. Sven Doezen | RZ | NED | 200400403 | 1:00.39 | +0.68 | | 29.03 | 1:00.39 |
| 30. Dave van den Nieuwendijk | De Columbiaan | NED | 200100475 | 1:00.62 | +0.74 | | 28.19 | 1:00.62 |
| 31. Robin Schols | ACZ | NED | 200400433 | 1:01.21 | +0.64 | | 29.10 | 1:01.21 |
| 32. Robin van Peenen | ZVL-1886 Center | NED | 200201059 | 1:01.43 | +0.78 | | 28.75 | 1:01.43 |
| 33. Kevin Vermeulen | Bubble | NED | 200203849 | 1:01.51 | +0.73 | | 29.30 | 1:01.51 |
| 34. Thomas Hesper | Niemo Barracuda | NED | 200004181 | 1:02.10 | +0.76 | | 29.76 | 1:02.10 |
| 35. Leon Kloots | ZPC De Hof | NED | 200001363 | 1:02.15 | +0.78 | | 29.67 | 1:02.15 |
| 36. Rik Stahlie | TriVia | NED | 200201915 | 1:02.31 | +0.57 | | 29.66 | 1:02.31 |
| 37. Boaz Troost | ZOB'66 | NED | 200100371 | 1:04.73 | +0.61 | | 30.07 | 1:04.73 |
| 38. Wout Wilens | EZCL (SG) | NED | 200001431 | 1:06.23 | +0.80 | | 31.35 | 1:06.23 |
| 39. Rens Hoogenboom | Neptunus'58 | NED | 200403893 | 1:06.48 | *+0.64 | | 29.96 | 1:06.48 |
| 40. Ryan van der Sluijs | De Duck | NED | 200105571 | 1:07.32 | +0.81 | | 31.59 | 1:07.32 |
| 41. Basem Rashed | PSV | NED | 200305111 | 1:10.10 | +0.46 | | 32.04 | 1:10.10 |
| DIS Jaimy Voogt | ZOB'66 | NED | 200005881 | | | | | |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | | | |

Masters 25+

| | | | | | | | | |
|-----------------------|-------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Felix Geenen | DAW | NED | 199501085 | 53.05 | +0.71 | | 24.70 | 53.05 |
| 2. Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 55.08 | +0.64 | | 26.31 | 55.08 |
| 3. Rik Hofland | Team Noord Holland (SG) | NED | 199701737 | 55.70 | +0.68 | | 26.38 | 55.70 |
| 4. Ryan van den Ouden | Poseidon'56 | NED | 199900377 | 56.18 | +0.79 | | 26.82 | 56.18 |
| 5. Bert Duivenvoorde | De Columbiaan | NED | 199701805 | 56.37 | +0.72 | | 27.47 | 56.37 |
| 6. Jelle Blankestijn | ZPC AMERSFOORT | NED | 199803737 | 56.42 | +0.71 | | 26.98 | 56.42 |
| 7. Robin van Beek | ZVL-1886 Center | NED | 199704023 | 56.59 | +0.68 | | 27.47 | 56.59 |
| 8. Sander Kirillova | WVZ | NED | 199800121 | 57.21 | +0.65 | | 27.08 | 57.21 |
| 9. Jordi de Nijs | MSV-Zeemacht | NED | 199801851 | 58.22 | +0.69 | | 27.13 | 58.22 |
| 10. Bas van Tintelen | OZ&PC | NED | 199800455 | 59.47 | +0.79 | | 28.65 | 59.47 |
| 11. Erik Baalbergen | ZVL-1886 Center | NED | 199805775 | 1:00.42 | +0.83 | | 29.25 | 1:00.42 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 11, Heren, 100m vrije slag, Masters 25+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-------------------------|--------------------------|-----|-----------|----------------|-------|------|-------|---------|
| 12. Jordy van Oel | WVZ | NED | 199802003 | 1:00.61 | +0.74 | | 29.38 | 1:00.61 |
| 13. Patrick Wyrdeeman | Westland Swimming Stars | NED | 199702475 | 1:01.09 | +0.52 | | 29.39 | 1:01.09 |
| 14. Ian van Mullem | ZOB'66 | NED | 199602545 | 1:01.15 | +0.70 | | 29.16 | 1:01.15 |
| 15. Martijn Bartels | ZPC AMERSFOORT | NED | 199603493 | 1:01.43 | +0.71 | | 28.68 | 1:01.43 |
| 16. Wesley van der Luit | Sassenheim | NED | 199701895 | 1:01.58 | +0.76 | | 30.44 | 1:01.58 |
| 17. Jorrik Kerdijk | Bubble | NED | 199602135 | 1:01.87 | +0.67 | | 29.24 | 1:01.87 |
| 18. Kevin Kingma | ACZ | NED | 199700559 | 1:01.91 | +0.76 | | 29.58 | 1:01.91 |
| 19. Jeroen van Dinther | Neptunus'58 | NED | 199701569 | 1:02.84 | +0.80 | | 30.12 | 1:02.84 |
| 20. Lars Jacobsen | DWK | NED | 199705453 | 1:02.89 | +0.82 | 422 | 30.29 | 1:02.89 |
| 21. Tom van Gils | ZPC De Zeeuwse Kust | NED | 199501799 | 1:02.91 | +0.68 | | 29.93 | 1:02.91 |
| 22. Rob van Wier | HZ&PC Heerenveen | NED | 199900697 | 1:03.67 | +0.72 | | 30.44 | 1:03.67 |
| 23. Auke Sijperda | AZC | NED | 199905115 | 1:04.06 | +0.65 | | 29.27 | 1:04.06 |
| 24. Edoardo De Santis | Fonte Meravigliosa Sport | ITA | | 1:04.89 | +0.72 | | 29.85 | 1:04.89 |
| 25. Ids de Klerk | Niemo Barracuda | NED | 199803237 | 1:07.37 | | | 31.36 | 1:07.37 |
| 26. Remco Visser | ZPC Woerden | NED | 199503185 | 1:09.01 | +0.74 | | 32.58 | 1:09.01 |
| 27. Job Esink | ESCA Zwemmen | NED | 199801699 | 1:09.52 | +0.65 | | 32.48 | 1:09.52 |
| 28. Kien Vuong | De Kempvis | NED | 199506173 | 1:15.76 | +0.82 | | 34.85 | 1:15.76 |
| 29. Mike van der Sanden | PSV | NED | 199506349 | 1:28.58 | | | 43.10 | 1:28.58 |

Masters 30+

| | | | | | | | | |
|------------------------|-----------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Jeroen Baars | Niemo Barracuda | NED | 199200031 | 52.57 | +0.71 | | 25.24 | 52.57 |
| 2. Jesper Oranje | De Duck | NED | 199200997 | 56.31 | +0.67 | | 26.81 | 56.31 |
| 3. Koen van der Wallen | Nederweert | NED | 199405561 | 56.93 | +0.84 | | 27.04 | 56.93 |
| 4. Bas Braun | ZPC AMERSFOORT | NED | 199106545 | 57.47 | +0.79 | | 27.84 | 57.47 |
| 5. Jeroen Matthijssen | AZC | NED | 199103751 | 58.27 | +0.69 | | 27.41 | 58.27 |
| 6. Stefan Petersen | Blue Marlins | NED | 199403067 | 59.61 | +0.68 | | 28.26 | 59.61 |
| 7. Jean Terver | Club Nautique Val de Fensch | FRA | 314113 | 1:01.36 | +0.87 | | 29.57 | 1:01.36 |
| 8. Bram Siebers | EZCL (SG) | NED | 199302241 | 1:01.48 | +0.73 | | 29.41 | 1:01.48 |
| 9. Bart van der Zwaan | BZ&PC | NED | 199005149 | 1:01.75 | +0.69 | | 28.90 | 1:01.75 |
| 10. Marijn van Baaren | De Gelenberg | NED | 199203535 | 1:02.52 | +0.81 | | 29.95 | 1:02.52 |
| 11. Jacco Doest | DWK | NED | 199400711 | 1:03.00 | +0.85 | | 29.78 | 1:03.00 |
| 12. Niels Bent | WS Twente | NED | 199400465 | 1:03.16 | +0.76 | | 29.20 | 1:03.16 |
| 13. Johan Krakou | De Rijn | NED | 199101311 | 1:03.38 | +0.70 | | 29.62 | 1:03.38 |
| Andrea Guzzon | PSV | NED | 199207431 | 1:03.38 | +0.70 | | 30.65 | 1:03.38 |
| 15. Patrick Brouwer | AZC | NED | 199303715 | 1:03.52 | +0.79 | | 30.31 | 1:03.52 |
| 16. Gerald van de Riet | De Mors | NED | 199307161 | 1:05.99 | +0.84 | | 30.98 | 1:05.99 |
| 17. Karlo Kok | Zwemvereniging Hoogland | NED | 199101265 | 1:07.60 | | | 31.11 | 1:07.60 |
| 18. Eric Kalee | Zwemvereniging Hoogland | NED | 199005307 | 1:08.23 | +0.87 | | 32.07 | 1:08.23 |
| 19. Owen Louwes | BZ&PC | NED | 199101487 | 1:08.99 | +0.69 | | 31.34 | 1:08.99 |
| 20. Marten Ettema | HZ&PC Heerenveen | NED | 199007703 | 1:09.71 | +0.71 | | 32.55 | 1:09.71 |
| 21. Patrick Wobben | Steenwijk 1934 | NED | 199300559 | 1:19.72 | +0.83 | | 37.22 | 1:19.72 |

Masters 35+

| | | | | | | | | |
|------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Sander de Vrught | ESCA Zwemmen | NED | 198903499 | 57.63 | +0.49 | | 27.22 | 57.63 |
| 2. Pascal van Haren | Niemo Barracuda | NED | 198704101 | 59.02 | +0.68 | | 28.02 | 59.02 |
| 3. Koen Woestenborghs | Nuenen | NED | 198806193 | 59.13 | +0.73 | | 27.89 | 59.13 |
| 4. Nicolas Collard | Cercle De Natation Sportcity VBELwe CNSW/000240/89 | | | 59.80 | +0.84 | | 29.79 | 59.80 |
| 5. Robert Braad | Steenwijk 1934 | NED | 198600407 | 1:00.34 | +0.78 | | 28.61 | 1:00.34 |
| 6. Rick Driezen | Steenwijk 1934 | NED | 198600713 | 1:00.69 | +0.85 | | 28.38 | 1:00.69 |
| 7. Remco van der Graaf | PSV | NED | 198704007 | 1:05.68 | +0.80 | | 32.07 | 1:05.68 |
| 8. Dennis Kraakman | DAW | NED | 198705325 | 1:07.60 | +0.71 | | 31.43 | 1:07.60 |
| 9. Dirk de Vree | De Biesboschzwemmers | NED | 198806361 | 1:13.02 | +0.71 | | 33.70 | 1:13.02 |

Masters 40+

| | | | | | | | | |
|----------------------------------|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Kristiaan Lenos | ZVL-1886 Center | NED | 198301331 | 58.85 | +0.75 | | 28.22 | 58.85 |
| 2. Jim Geestman | Poseidon'56 | NED | 198300699 | 59.67 | +0.80 | | 28.26 | 59.67 |
| 3. Federico Cappello | Luxembourg Sharks Swimming | LUX | 9598 | 59.78 | +0.70 | | 27.92 | 59.78 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 4. Julien Marquet | Cercle De Natation Sportcity VBELwe CNSW/010569/82 | | | 1:00.20 | +0.76 | | 28.95 | 1:00.20 |
| 5. Ivan van Ommen | De Geul | NED | 198201263 | 1:00.95 | +0.68 | | 29.10 | 1:00.95 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 11, Heren, 100m vrije slag, Masters 40+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|---------------------------|-------------------------------------|----------------|-----------|----------------|-------|------|-------|---------|
| 5. Heijmen van Vliet | De Geul | NED | 198001637 | 1:00.95 | +0.52 | | 29.66 | 1:00.95 |
| 7. Björn Fuchs | SV Albatros Letmathe | GER | 118440 | 1:02.07 | +0.79 | | 29.73 | 1:02.07 |
| 8. Tjeerd Visser | ACZ | NED | 198001631 | 1:03.60 | +0.82 | | 30.08 | 1:03.60 |
| 9. Oscar Monge | IJZPC | NED | 198102599 | 1:04.60 | +0.54 | | 29.84 | 1:04.60 |
| 10. Jonathan Gatt Colerio | San Giljan ASC | MLT | 174981M | 1:08.39 | +0.80 | | 31.33 | 1:08.39 |
| 11. Peter van de Bor | Team Noord Holland (SG) | NED | 198402897 | 1:08.42 | +0.88 | | 30.54 | 1:08.42 |
| 12. Cetin Cetiner | AZ&PC De Futen | NED | 198303155 | 1:13.14 | +0.76 | | 35.30 | 1:13.14 |
| 13. Nicolas Gheis | Cercle De Natation Sportcity VBELwe | CNSW/013638/84 | | 1:13.20 | +0.71 | | 35.56 | 1:13.20 |
| 14. Arne-Willem Kroonen | PSV | NED | 198401297 | 1:13.43 | +0.78 | | 30.03 | 1:13.43 |

Masters 45+

| | | | | | | | | |
|-------------------------------|---------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Jeroen Zelsmann | ZPC AMERSFOORT | NED | 197701551 | 58.29 | +0.72 | | 26.74 | 58.29 |
| 2. Ruud Holswilder | ZPCH | NED | 197800435 | 59.74 | +0.77 | | 28.93 | 59.74 |
| 3. Jasper van Heijst | ZPCH | NED | 197601699 | 1:01.19 | +0.73 | | 28.92 | 1:01.19 |
| 4. Edgar Thimister | ZEPS | NED | 197501511 | 1:01.37 | +0.65 | | 29.45 | 1:01.37 |
| 5. Erwin Buist | ZPC AMERSFOORT | NED | 197800183 | 1:02.03 | +0.73 | | 28.90 | 1:02.03 |
| 6. Alex Damen | DAW | NED | 197501371 | 1:02.11 | +0.75 | | 29.77 | 1:02.11 |
| 7. Mark Sponneck | San Giljan ASC | MLT | 388523M | 1:02.64 | +0.67 | | 30.18 | 1:02.64 |
| <i>Maltese Masters Record</i> | | | | | | | | |
| 8. Pieter Broek | Westland Swimming Stars | NED | 197701637 | 1:04.97 | +0.73 | | 30.23 | 1:04.97 |
| 9. Arjan Buijsse | Sassenheim | NED | 197901767 | 1:05.65 | +0.77 | | 31.07 | 1:05.65 |
| 10. Sandy Pleyte | ZPC De Zeeuwse Kust | NED | 197501559 | 1:06.14 | +0.77 | | 30.88 | 1:06.14 |
| 11. Emiel Volker | ZVL-1886 Center | NED | 197601605 | 1:08.17 | +0.84 | | 32.36 | 1:08.17 |
| 12. Bogdan Androne | Sassenheim | NED | 197701783 | 1:12.03 | +0.73 | | 33.02 | 1:12.03 |
| 13. Tom Bandsma | PSV | NED | 197701625 | 1:12.41 | +1.06 | | 34.61 | 1:12.41 |
| 14. Marco Broenink | Batavia Swim | NED | 197801987 | 1:26.47 | +0.92 | | 41.00 | 1:26.47 |
| AFGEM Jonathan Fiene | SAS Swiss Alumni Swimming | SUI | #45997 | | | | | |

Masters 50+

| | | | | | | | | |
|--------------------------|-------------------------------------|----------------|-----------|----------------|-------|--|-------|---------|
| 1. Harry Cornet | De Biesboschwemmers | NED | 197100175 | 1:01.95 | +0.78 | | 29.62 | 1:01.95 |
| 2. Arjan Verheij | De Rog | NED | 197101617 | 1:03.62 | +0.74 | | 30.02 | 1:03.62 |
| 3. Richard Rickson | Hellas-Glana | NED | 197000841 | 1:03.90 | +0.83 | | 30.92 | 1:03.90 |
| 4. Pieter Veenstra | DZ&PC | NED | 197301345 | 1:06.15 | +0.84 | | 31.11 | 1:06.15 |
| 5. Rogier Vissers | PSV | NED | 197300935 | 1:06.35 | | | 31.36 | 1:06.35 |
| 6. Ingmar de Gelder | ZOB'66 | NED | 197000333 | 1:06.43 | +0.83 | | 31.07 | 1:06.43 |
| 7. Henri Verschoor | De Biesboschwemmers | NED | 197001041 | 1:06.48 | | | 31.59 | 1:06.48 |
| 8. Peter Meijer | DZ&PC | NED | 197300613 | 1:08.41 | +0.67 | | 31.30 | 1:08.41 |
| 9. Bruno Nahon | Cercle De Natation Sportcity VBELwe | CNSW/000390/70 | | 1:10.99 | +0.83 | | 34.94 | 1:10.99 |
| 10. Bas Kremers | TRB-RES | NED | 197201611 | 1:11.46 | +0.73 | | 34.09 | 1:11.46 |
| 11. Martijn de Jong | DWK | NED | 197101659 | 1:12.27 | +1.05 | | 33.42 | 1:12.27 |
| 12. Paul Bosch | Team Noord Holland (SG) | NED | 197201533 | 1:12.45 | +0.90 | | 35.47 | 1:12.45 |
| 13. Wouter van der Stelt | De Biesboschwemmers | NED | 197200889 | 1:12.63 | +0.82 | | 34.43 | 1:12.63 |
| 14. Rob van de Ven | Neptunus'58 | NED | 197101695 | 1:18.25 | +0.73 | | 35.54 | 1:18.25 |
| 15. Jeroen Hoeksel | ZVVS | NED | 197401533 | 1:20.43 | +1.02 | | 38.13 | 1:20.43 |
| 16. Maxim Hardziyenka | SWOL 1894 | NED | 197201723 | 1:25.27 | +0.84 | | 40.55 | 1:25.27 |
| 17. Xavier Schuster | Club Nautique Val de Fensch | FRA | 877605 | 1:30.58 | +1.02 | | 41.28 | 1:30.58 |
| AFGEM Axel Werkhausen | SSF Bonn | GER | 451927 | | | | | |

Masters 55+

| | | | | | | | | |
|------------------------|-------------------------------------|----------------|-----------|----------------|-------|--|-------|---------|
| 1. Chester Marsman | ZPC AMERSFOORT | NED | 196900671 | 59.91 | +0.72 | | 28.82 | 59.91 |
| 2. Glen Le Clercq | De Rog | NED | 196800177 | 1:01.41 | +0.78 | | 29.45 | 1:01.41 |
| 3. Hugues Herman | Cercle De Natation Sportcity VBELwe | CNSW/009743/66 | | 1:02.21 | +0.63 | | 30.06 | 1:02.21 |
| 4. Arjan Bellaart | Oceanus | NED | 196900079 | 1:04.03 | +0.75 | | 30.48 | 1:04.03 |
| 5. Gerko Versluis | Zuiderzeezwemmers | NED | 196901439 | 1:05.03 | +0.77 | | 30.24 | 1:05.03 |
| 6. Marcel Vroegindewei | Poseidon'56 | NED | 196801709 | 1:05.59 | +0.65 | | 30.65 | 1:05.59 |
| 7. Henri Michels | De Amstel | NED | 196501587 | 1:07.54 | +0.80 | | 32.00 | 1:07.54 |
| 8. Francis Roosen | VZV Njord | NED | 196801581 | 1:08.70 | +0.78 | | 32.76 | 1:08.70 |
| 9. Ralf Dillig | Duisburger ST | GER | 060769 | 1:09.21 | +0.85 | | 33.30 | 1:09.21 |
| 10. Leon Slingerland | WVZ | NED | 196801707 | 1:10.04 | +0.89 | | 33.21 | 1:10.04 |
| 11. Jeroen Wilmer | Vichy Val D'Allier Natation | FRA | 2169893 | 1:10.67 | +0.67 | | 33.89 | 1:10.67 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 11, Heren, 100m vrije slag, Masters 55+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|---------------------------|-----------------------------|-----|-----------|----------------|-------|------|-------|---------|
| 12. Wijnand Vergeest | De Rog | NED | 196800949 | 1:11.44 | +0.77 | | 33.54 | 1:11.44 |
| 13. Erik Saan | De Duck | NED | 196500769 | 1:11.68 | +1.00 | | 33.18 | 1:11.68 |
| 14. Pieter-Sjoerd de Wijn | DES | NED | 196501027 | 1:13.10 | +0.86 | | 34.58 | 1:13.10 |
| 15. Taco Eikelenboom | AZ&PC De Futen | NED | 196900275 | 1:13.61 | +0.92 | | 33.84 | 1:13.61 |
| 16. Eric Dumas | Patrick-De Roersoppers (SG) | NED | 196901397 | 1:16.30 | +0.79 | | 35.47 | 1:16.30 |
| 17. René Speelman | De Spatters | NED | 196601521 | 1:19.64 | +0.77 | | 37.70 | 1:19.64 |
| 18. Gertjan van der Vaart | ZVVS | NED | 196801529 | 1:21.23 | +0.79 | | 38.28 | 1:21.23 |
| 19. Wim Donkersloot | Hieronymus | NED | 196801715 | 1:22.51 | +0.89 | | 38.96 | 1:22.51 |
| 20. Hans Bijleveld | HHZV Plons | NED | 196601649 | 1:25.29 | +0.83 | | 40.56 | 1:25.29 |
| 21. Maarten Koolman | Steenwijk 1934 | NED | 196801649 | 1:57.42 | +1.05 | | 50.72 | 1:57.42 |
| DIS Javier Van Engelen | AZ&PC De Futen | NED | 196801697 | | | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 60+

| | | | | | | | | |
|----------------------------------|----------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Arnold de Rover | De Berkelduikers | NED | 196400645 | 1:02.32 | +0.80 | | 29.76 | 1:02.32 |
| 2. Peter Bernsen | De Rog | NED | 196301119 | 1:02.95 | +0.56 | | 30.18 | 1:02.95 |
| 3. Fred Ketting | PSV | NED | 196000289 | 1:04.09 | +0.78 | | 30.61 | 1:04.09 |
| 4. Edwin v. Norden | ZPC AMERSFOORT | NED | 196300563 | 1:05.25 | +0.74 | | 31.48 | 1:05.25 |
| 5. Jan Brink | ZPC De Zeeuwse Kust | NED | 196200091 | 1:05.33 | +0.77 | | 31.25 | 1:05.33 |
| 6. Jon Christensen | Luxembourg Sharks Swimming | LUX | 10008 | 1:06.10 | +0.60 | | 31.48 | 1:06.10 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 7. Arthur van Strien | WVZ | NED | 196301401 | 1:06.27 | +0.89 | | 32.04 | 1:06.27 |
| 8. Rob Spetter | De Rog | NED | 196201239 | 1:08.51 | +0.68 | | 32.68 | 1:08.51 |
| 9. André Jovet | Swimming Luxembourg | LUX | 13225 | 1:09.02 | +0.80 | | 33.02 | 1:09.02 |
| 10. Paul Wijnja | De Biesboschzwemmers | NED | 196301403 | 1:09.29 | +0.78 | | 32.37 | 1:09.29 |
| 11. Henk Kuipers | ZPC AMERSFOORT | NED | 196201207 | 1:12.35 | +0.73 | | 33.48 | 1:12.35 |
| 12. Robert de Brauwer | De Duinkkikers | NED | 196401383 | 1:12.38 | +0.84 | | 34.56 | 1:12.38 |
| 13. Menno Lomans | PSV | NED | 196101071 | 1:12.95 | +0.67 | | 34.20 | 1:12.95 |
| 14. Roy Le Clercq | De Rog | NED | 196401041 | 1:14.04 | +0.91 | | 35.00 | 1:14.04 |
| 15. Mario van der Veen | Feijenoord Albion Zwemclub | NED | 196101161 | 1:22.55 | +0.92 | | 38.14 | 1:22.55 |
| 16. Pierre de Groot | GZC DONK | NED | 196401431 | 1:23.63 | +0.88 | | 40.39 | 1:23.63 |

Masters 65+

| | | | | | | | | |
|----------------------|------------------------------|--------|----------------|----------------|-------|--|-------|---------|
| 1. Albert Boonstra | Aqua-Novio '94 | NED | 195700425 | 1:04.21 | +0.85 | | 31.21 | 1:04.21 |
| 2. Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | 1:04.25 | +0.76 | | 30.71 | 1:04.25 |
| 3. Dirk Zeterberg | Zehlendorfer TSV 1888 | GER | 101339 | 1:07.97 | +0.88 | | 33.12 | 1:07.97 |
| 4. Paul Bunnik | Triton | NED | 195600413 | 1:13.94 | +0.84 | | 34.86 | 1:13.94 |
| 5. Philippe Godbille | Cercle De Natation Sportcity | VBELwe | CNSW/000230/57 | 1:21.78 | +0.97 | | 36.52 | 1:21.78 |
| 6. Klaas Paulusse | Tempo | NED | 195900817 | 1:23.79 | +0.90 | | 37.80 | 1:23.79 |
| 7. Lex Hoogendam | ZZ&PC De Devel | NED | 195700541 | 1:25.21 | +0.94 | | 39.32 | 1:25.21 |
| 8. Peter Coffeng | GZC DONK | NED | 195700063 | 1:25.46 | +1.06 | | 40.56 | 1:25.46 |

Masters 70+

| | | | | | | | | |
|-----------------------|---------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Harry Dokter | SWOL 1894 | NED | 195100037 | 1:13.63 | +0.86 | | 33.48 | 1:13.63 |
| 2. Fred Zanting | TriVia | NED | 195400323 | 1:16.69 | +0.71 | | 36.14 | 1:16.69 |
| 3. Rolf Peltzer | SG Erkelenz - Hüchelhoven | GER | 160057 | 1:23.48 | | | 38.79 | 1:23.48 |
| 4. Sjoerd Van de Berg | De Rog | NED | 195400355 | 1:46.13 | +0.90 | | 49.70 | 1:46.13 |

Masters 75+

| | | | | | | | | |
|--------------------|----------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Wout Hemmes | De Plons | NED | 194800059 | 1:23.29 | | | 38.42 | 1:23.29 |
| 2. Willem Putter | ZVVS | NED | 194500135 | 1:26.01 | +1.06 | | 41.89 | 1:26.01 |
| 3. Jan Nuijten | PSV | NED | 194900175 | 1:29.94 | +0.92 | | 42.67 | 1:29.94 |
| 4. Nico van Dongen | ZZ&PC De Devel | NED | 194800159 | 1:57.91 | +1.26 | | 53.09 | 1:57.91 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 11, Heren, 100m vrije slag

Masters 80+

| | | | | | | | |
|---------------------|-------------------------------------|----------------|-----------|----------------|-------|-------|---------|
| 1. Geza Kaltenecker | AZC | NED | 194200065 | 1:34.34 | +0.87 | 43.87 | 1:34.34 |
| 2. Kevork Boyrazian | Cercle De Natation Sportcity VBELwe | CNSW/002620/44 | | 1:59.73 | +1.28 | 56.33 | 1:59.73 |

Masters 85+

| | | | | | | | |
|--------------|-----|-----|-----------|----------------|-------|-------|---------|
| 1. Nic Geers | PSV | NED | 193800007 | 1:45.69 | +1.08 | 52.81 | 1:45.69 |
|--------------|-----|-----|-----------|----------------|-------|-------|---------|

Programmanr. 12
03-05-2024 - 15:50

Dames, 100m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|--------------------------|-------------------------|-----|-----------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Laura Setz | Bubble | NED | 200000130 | 1:00.56 | +0.85 | | 28.96 | 1:00.56 |
| 2. Amber Hesper | Niemo Barracuda | NED | 200202188 | 1:01.50 | +0.78 | | 29.63 | 1:01.50 |
| 3. Robin Pienaar | Niemo Barracuda | NED | 200102236 | 1:02.32 | +0.74 | | 29.58 | 1:02.32 |
| 4. Marte Vlieg | Aqua-Novio '94 | NED | 200304996 | 1:02.64 | +0.75 | | 29.95 | 1:02.64 |
| 5. Leonie van Wier | HZ&PC Heerenveen | NED | 200200436 | 1:02.78 | +0.70 | | 30.11 | 1:02.78 |
| 6. Christel Brugmans | Hieronymus | NED | 200005602 | 1:03.36 | +0.72 | | 30.34 | 1:03.36 |
| 7. Dyonne Klomp | Nederweert | NED | 200400642 | 1:03.40 | +0.73 | | 29.93 | 1:03.40 |
| 8. Esmée van Peer | TriVia | NED | 200201114 | 1:03.66 | +0.76 | | 30.39 | 1:03.66 |
| 9. Sophie Stekelenburg | Zwemlust- den Hommel | NED | 200400166 | 1:03.96 | +0.79 | | 29.97 | 1:03.96 |
| 10. Amber van der Kruk | MSV-Zeemacht | NED | 200102730 | 1:04.22 | +0.84 | 802 | 30.12 | 1:04.22 |
| 11. Lianne van Wier | HZ&PC Heerenveen | NED | 200200438 | 1:04.39 | +0.67 | | 30.79 | 1:04.39 |
| 12. Sanne Kloezen | Bubble | NED | 200204644 | 1:05.18 | +0.71 | | 30.43 | 1:05.18 |
| 13. Guusje van Lent | Aqua-Novio '94 | NED | 200203898 | 1:05.24 | +0.51 | | 31.27 | 1:05.24 |
| 14. Carmen Lems | ACZ | NED | 200402632 | 1:05.35 | +0.70 | | 30.88 | 1:05.35 |
| 15. Inge Dekker | HZ&PC Heerenveen | NED | 200200476 | 1:05.75 | +0.77 | | 31.23 | 1:05.75 |
| 16. Faustine Mussig | De Geul | NED | 200202080 | 1:05.86 | +0.71 | | 31.34 | 1:05.86 |
| 17. Lotte van Gessel | Team Noord Holland (SG) | NED | 200300900 | 1:06.25 | +0.73 | | 32.12 | 1:06.25 |
| 18. Kim de Jong | Westland Swimming Stars | NED | 200401522 | 1:06.58 | +0.70 | | 31.93 | 1:06.58 |
| 19. Annemarie Hoving | De Rijn | NED | 200000248 | 1:06.91 | +0.72 | | 31.87 | 1:06.91 |
| 20. Mirelle de Kort | Neptunus'58 | NED | 200005546 | 1:07.34 | +0.74 | | 32.29 | 1:07.34 |
| 21. Esmee Kloezen | Bubble | NED | 200204646 | 1:07.35 | +0.81 | | 32.04 | 1:07.35 |
| 22. Iris Le Clercq | De Rog | NED | 200401404 | 1:07.37 | +0.67 | | 32.40 | 1:07.37 |
| 23. Maddy van der Hoeven | ZPC AMERSFOORT | NED | 200401298 | 1:08.27 | +0.83 | | 32.65 | 1:08.27 |
| 24. Jessica Braat | AZC | NED | 200205684 | 1:08.45 | +0.71 | | 31.88 | 1:08.45 |
| 25. Anouk Vis | De Columbiaan | NED | 200203322 | 1:08.50 | +0.80 | | 31.87 | 1:08.50 |
| 26. Kyra Wesemann | MSV-Zeemacht | NED | 200201440 | 1:09.00 | +0.82 | | 33.47 | 1:09.00 |
| 27. Monica Faber | Deltasteur | NED | 200400388 | 1:09.36 | +0.73 | | 33.47 | 1:09.36 |
| 28. Kim de Jong | De Columbiaan | NED | 200301026 | 1:09.53 | +0.78 | | 33.28 | 1:09.53 |
| 29. Romée Jabben | Dedemsvaart-AC | NED | 200404426 | 1:09.66 | +0.81 | | 33.04 | 1:09.66 |
| 30. Tara Schuurman | Deltasteur | NED | 200400386 | 1:09.74 | +0.68 | | 33.19 | 1:09.74 |
| 31. Michelle van Wijhe | ZPC AMERSFOORT | NED | 200402196 | 1:09.91 | +0.81 | | 32.95 | 1:09.91 |
| 32. Lianne Seising | VZC | NED | 200002084 | 1:10.47 | +0.73 | | 32.86 | 1:10.47 |
| 33. Merel van den Heuvel | De Meer | NED | 200201784 | 1:10.74 | +0.80 | | 33.10 | 1:10.74 |
| 34. Romy Jalving | HZ&PC Heerenveen | NED | 200000616 | 1:10.90 | +0.71 | | 33.37 | 1:10.90 |
| 35. Redine van Breugel | De Biesboschzwemmers | NED | 200004404 | 1:10.94 | +0.68 | | 33.66 | 1:10.94 |
| 36. Lieke van Hofwegen | De Rijn | NED | 200105144 | 1:10.95 | +0.67 | | 33.97 | 1:10.95 |
| 37. Ester Schuurman | Deltasteur | NED | 200201106 | 1:11.14 | +0.73 | | 33.76 | 1:11.14 |
| 38. Ilse Kramer | TriVia | NED | 200403072 | 1:11.42 | +0.73 | | 33.96 | 1:11.42 |
| 39. Daphne van Rees | Octopus-ZVV (SG) | NED | 200301766 | 1:12.19 | +0.71 | | 34.02 | 1:12.19 |
| 40. Esther de Laat | De Biesboschzwemmers | NED | 200000174 | 1:12.61 | +0.80 | | 33.25 | 1:12.61 |
| 41. Hannah Elting | ESCA Zwemmen | NED | 200402702 | 1:12.97 | +0.74 | | 34.88 | 1:12.97 |
| 42. Maaïke van Houten | Zwemvereniging Hoogland | NED | 200206266 | 1:15.36 | +0.72 | | 35.99 | 1:15.36 |
| 43. Juliette Boon | ZZ&PC De Devel | NED | 200401908 | 1:16.43 | +0.75 | | 36.07 | 1:16.43 |
| 44. Marieke Speijer | Bubble | NED | 200401154 | 1:16.44 | +0.85 | | 36.09 | 1:16.44 |
| 45. Ymke van Dongen | AquAmigos | NED | 200202662 | 1:20.77 | +0.82 | | 38.26 | 1:20.77 |
| 46. Laura Folkers | VZV Njord | NED | 200101670 | 1:22.09 | +0.86 | | 38.91 | 1:22.09 |
| NG Gwen Eygendaal | De Warande | NED | 200404680 | | | | | |

Programmanr. 12, Dames, 100m vrije slag

Masters 25+

| | | | | | | | |
|-----------------------------|------------------------------|-----|-----------|----------------|--------|-------|---------|
| 1. Tamara Grove | De Dolfijn | NED | 199601266 | 59.05 | +0.72 | 28.76 | 59.05 |
| 2. Angelique van Vark | GZC DONK | NED | 199701478 | 1:00.23 | +0.68 | 29.35 | 1:00.23 |
| 3. Marre Zandringa | Orca | NED | 199701136 | 1:00.85 | +0.67 | 29.31 | 1:00.85 |
| 4. Babette van der Kaaij | Blue Marlins | NED | 199902234 | 1:01.23 | +0.69 | 29.62 | 1:01.23 |
| 5. Susan Teijken | Nuenen | NED | 199504592 | 1:02.67 | +0.71 | 29.63 | 1:02.67 |
| 6. Bénédicte Yax | Club Nautique Val de Fenscha | FRA | 997232 | 1:03.11 | +0.65 | 29.91 | 1:03.11 |
| 7. Manon Kloosterman | Zwemlust- den Hommel | NED | 199702082 | 1:03.28 | +0.70 | 30.45 | 1:03.28 |
| 8. Marijke Drent | Bubble | NED | 199906232 | 1:04.61 | +0.81 | 30.97 | 1:04.61 |
| 9. Eva van Elsen | ZPC De Zeeuwse Kust | NED | 199903026 | 1:04.82 | +0.71 | 30.24 | 1:04.82 |
| 10. Estée Grandidier | ZPC AMERSFOORT | NED | 199906654 | 1:04.84 | +0.81 | 31.20 | 1:04.84 |
| 11. Alisha Vieira | Blue Marlins | NED | 199904554 | 1:05.04 | +0.67 | 30.25 | 1:05.04 |
| 12. Sanne van de Pol | De Biesboschzwemmers | NED | 199800722 | 1:06.03 | +0.50 | 31.49 | 1:06.03 |
| 13. Sabien Timmers | Vivalo | NED | 199904440 | 1:06.64 | +0.74 | 31.32 | 1:06.64 |
| 14. Larissa Jansen | PSV | NED | 199500660 | 1:07.12 | +0.70 | 32.43 | 1:07.12 |
| 15. Ageeth de Haan | Steenwijk 1934 | NED | 199901022 | 1:07.42 | +0.79 | 32.24 | 1:07.42 |
| 16. Sanne Domensino | De Gelenberg | NED | 199903708 | 1:07.94 | +0.70 | 32.82 | 1:07.94 |
| 17. Laura Compagner | Dedemsvaart-AC | NED | 199804602 | 1:08.12 | +0.76 | 32.16 | 1:08.12 |
| 18. Jet Kleine | MSV-Zeemacht | NED | 199903384 | 1:08.57 | +0.65 | 33.23 | 1:08.57 |
| 19. Lonneke Graansma | ZVL-1886 Center | NED | 199900936 | 1:08.58 | +0.74 | 32.63 | 1:08.58 |
| 20. Maria Antonella Zuccaro | DAW | NED | 199606894 | 1:08.73 | +0.82 | 32.21 | 1:08.73 |
| 21. Annemarie ten Have | Zuiderzeezwemmers | NED | 199802662 | 1:09.78 | +0.70 | 32.18 | 1:09.78 |
| 22. Jelita van Esseveld | ZPC De Zeeuwse Kust | NED | 199806716 | 1:10.03 | +0.74 | 33.09 | 1:10.03 |
| 23. Amy Kieboom | AquAmigos | NED | 199502580 | 1:10.23 | +0.68 | 33.06 | 1:10.23 |
| 24. Rosalie Baarda | Orca | NED | 199903460 | 1:10.76 | *+0.80 | 33.73 | 1:10.76 |
| 25. Anouk van der Lans | Westland Swimming Stars | NED | 199801614 | 1:12.90 | +0.81 | 34.37 | 1:12.90 |
| 26. Daphne Dols | ZPC Woerden | NED | 199904622 | 1:13.81 | +0.67 | 33.95 | 1:13.81 |
| 27. Eva Velthuijs | PSV | NED | 199906644 | 1:17.96 | | 36.61 | 1:17.96 |
| 28. Maartje Hids | ZVL-1886 Center | NED | 199903042 | 1:18.51 | +0.87 | 37.89 | 1:18.51 |
| 29. Cynthia van Veen | ZVL-1886 Center | NED | 199606736 | 1:23.26 | +0.58 | 37.43 | 1:23.26 |
| 30. Kim van Rossum | SBC2000 | NED | 199706374 | 1:32.27 | +1.19 | 43.01 | 1:32.27 |
| 31. Mylène Wildeboer-Kok | H2Oldambt | NED | 199602674 | 1:33.31 | +0.82 | 43.29 | 1:33.31 |
| 32. Sylvia Hidding | H2Oldambt | NED | 199603886 | 1:44.17 | +1.01 | 49.69 | 1:44.17 |

Masters 30+

| | | | | | | | |
|--------------------------|------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Marcha Admiraal | De Geul | NED | 199300012 | 1:03.21 | +0.72 | 30.20 | 1:03.21 |
| Denise Boereboom | Niemo Barracuda | NED | 199202144 | 1:03.21 | +0.65 | 30.22 | 1:03.21 |
| 3. Lotte Coenen | DES | NED | 199301518 | 1:03.23 | +0.62 | 30.51 | 1:03.23 |
| 4. Melissa Zwaan | DAW | NED | 199103666 | 1:06.97 | +0.75 | 31.77 | 1:06.97 |
| 5. Jisca Majolée | ZPC AMERSFOORT | NED | 199403570 | 1:07.14 | +0.86 | 32.24 | 1:07.14 |
| 6. Ines Muilwijk | MNC Dordrecht | NED | 199202858 | 1:07.21 | +0.67 | 32.92 | 1:07.21 |
| 7. Fraukje Puts | HZ&PC Heerenveen | NED | 199206470 | 1:07.36 | +0.78 | 32.42 | 1:07.36 |
| 8. Whitney van Hoeckel | DIO | NED | 199402390 | 1:07.43 | +0.73 | 32.99 | 1:07.43 |
| 9. Maike Korthout | TRB-RES | NED | 199406034 | 1:08.78 | +0.67 | 33.06 | 1:08.78 |
| 10. Wendy de Bruin | ZOB'66 | NED | 199206320 | 1:09.26 | +0.64 | 33.06 | 1:09.26 |
| 11. Adela Vázquez García | ZVL-1886 Center | NED | 199307952 | 1:09.93 | +0.78 | 32.45 | 1:09.93 |
| 12. Leontine Groeneveldt | De Duck | NED | 199303526 | 1:09.95 | +0.74 | 33.53 | 1:09.95 |
| 13. Marijke Kommers | Niemo Barracuda | NED | 199305334 | 1:10.00 | +0.82 | 33.44 | 1:10.00 |
| 14. Tessa van Dijk-Mosch | MSV-Zeemacht | NED | 199102172 | 1:10.51 | +0.68 | 32.91 | 1:10.51 |
| 15. Marie Tigges | SSF Bonn | GER | 178462 | 1:11.78 | +0.68 | 33.61 | 1:11.78 |
| 16. Daphne Kievit | ZPC AMERSFOORT | NED | 199207058 | 1:12.96 | +0.84 | 34.69 | 1:12.96 |
| 17. Kimberley van Buren | De Duck | NED | 199304136 | 1:13.22 | +0.83 | 34.82 | 1:13.22 |
| 18. Roxanne van Bavel | Poseidon'56 | NED | 199407378 | 1:15.04 | +0.68 | 35.26 | 1:15.04 |
| 19. Margot van de Rakt | VZV Njord | NED | 199300618 | 1:16.81 | +0.72 | 36.29 | 1:16.81 |
| 20. Elke Schellekens | Neptunus'58 | NED | 199301550 | 1:21.95 | +0.78 | 38.22 | 1:21.95 |
| 21. Vera Peek | GoSwim | NED | 199407610 | 1:32.19 | +0.99 | 42.76 | 1:32.19 |
| 22. Yvette Senden | De Rog | NED | 199307812 | 1:33.37 | +0.77 | 42.59 | 1:33.37 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 12, Dames, 100m vrije slag

Masters 35+

| | | | | | | | |
|----------------------------------|------------------------------------|-----|----------------|----------------|-------|-------|---------|
| 1. Anneloes Peulen | Nuenen | NED | 198502314 | 1:01.45 | +0.63 | 29.01 | 1:01.45 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Anna Maria Rijkens | TRI-X-Kufstein | AUT | 48398 | 1:04.91 | +0.77 | 30.90 | 1:04.91 |
| 3. Jana Vanden Broeck | Cercle Royal De Natation De EBELle | BEL | CNBA/012311/89 | 1:05.04 | +0.73 | 30.59 | 1:05.04 |
| 4. Marlijn Hendriksen | DIO | NED | 198806828 | 1:05.20 | +0.74 | 31.53 | 1:05.20 |
| 5. Marije Jansen | ZPC AMERSFOORT | NED | 198504088 | 1:06.50 | +0.70 | 31.25 | 1:06.50 |
| 6. Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 1:06.57 | +0.80 | 32.47 | 1:06.57 |
| 7. Daphne Robijn-Jongedijk | EZCL (SG) | NED | 198903520 | 1:06.92 | +0.74 | 31.83 | 1:06.92 |
| 8. Monique van Huizen | AZC | NED | 198706236 | 1:07.09 | +0.86 | 32.02 | 1:07.09 |
| 9. Rianne Hofland | Sassenheim | NED | 198801820 | 1:07.12 | +0.68 | 31.79 | 1:07.12 |
| 10. Lisanne Andeweg | Zuiderzeezwemmers | NED | 198800092 | 1:08.98 | +0.81 | 33.07 | 1:08.98 |
| 11. Renske Eilers | Zwemvereniging Hoogland | NED | 198806072 | 1:11.43 | +0.77 | 33.99 | 1:11.43 |
| 12. Esther Boerdam-Delfos | AZC | NED | 198705256 | 1:16.31 | +0.80 | 36.30 | 1:16.31 |
| 13. Kim Visser | H2Oldambt | NED | 198704350 | 1:17.51 | +0.82 | 36.74 | 1:17.51 |
| 14. Desiree Groot | SwimGym | NED | 198601310 | 1:18.38 | +0.67 | 37.23 | 1:18.38 |
| 15. Marjolein van der Poel | De Warande | NED | 198703212 | 1:19.00 | +0.77 | 36.24 | 1:19.00 |
| 16. Ingrid Johannes | De Kempvis | NED | 198907370 | 1:25.14 | +0.84 | 40.35 | 1:25.14 |
| 17. Janna Brummel | SwimGym | NED | 198807018 | 1:26.32 | +0.82 | 38.92 | 1:26.32 |
| 18. Monique Kok | Octopus-ZVV (SG) | NED | 198605398 | 1:30.57 | +0.77 | 42.33 | 1:30.57 |
| 19. Denise Cortis | San Giljan ASC | MLT | 14886M | 1:42.86 | +0.76 | 46.36 | 1:42.86 |

Masters 40+

| | | | | | | | |
|-----------------------------|-----------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Delia Badoux | WVZ | NED | 198000042 | 1:01.27 | +0.74 | 29.21 | 1:01.27 |
| <i>Kampioenschapsrecord</i> | | | | | | | |
| 2. Maike Zeterberg | Zehlendorfer TSV 1888 | GER | 066680 | 1:02.67 | +0.70 | 30.36 | 1:02.67 |
| 3. Anke Lambooj | De Vliet (SG) | NED | 198001182 | 1:04.89 | +0.77 | 30.12 | 1:04.89 |
| 4. A. Verschoor-Vos | De Biesboschzwemmers | NED | 198102300 | 1:07.66 | +0.81 | 31.88 | 1:07.66 |
| 5. Miranda Pijnenburg | De Treffers | NED | 198301216 | 1:08.88 | +0.79 | 33.15 | 1:08.88 |
| 6. Michelle de Villiers | Hellas-Glana | NED | 198302944 | 1:12.19 | +0.80 | 34.56 | 1:12.19 |
| 7. Elke Popma - Blox | Tiamat | NED | 198200154 | 1:12.90 | +0.65 | 33.91 | 1:12.90 |
| 8. Marianne de Bruin | Sassenheim | NED | 198400448 | 1:13.07 | +0.72 | 35.18 | 1:13.07 |
| 9. Renee de Kok-Meeusen | VZV Njord | NED | 198403350 | 1:13.90 | +0.73 | 34.51 | 1:13.90 |
| 10. Tessa Zwart-Piek | DZ&PC | NED | 198102360 | 1:18.01 | | 36.87 | 1:18.01 |
| 11. Charmaine Cutajar | San Giljan ASC | MLT | 144984M | 1:35.03 | +0.80 | 45.13 | 1:35.03 |

Masters 45+

| | | | | | | | |
|------------------------------|-------------------------------------|-----|----------------|----------------|--------|-------|---------|
| 1. Janneke Harmsen-Bakker | PSV | NED | 197700938 | 1:06.25 | +0.80 | 31.29 | 1:06.25 |
| 2. Nathalie Blondeel | Cercle De Natation Sportcity VBELwe | BEL | CNSW/004784/77 | 1:06.69 | +0.71 | 32.14 | 1:06.69 |
| 3. Patricia Brooijmans | Old Dutch | NED | 197901608 | 1:07.58 | +0.79 | 31.60 | 1:07.58 |
| 4. Claudia van Druenen | AquAmigos | NED | 197700810 | 1:08.28 | +0.73 | 32.17 | 1:08.28 |
| 5. Monique Boets | ZPC De Kanaalstreek | NED | 197600230 | 1:10.07 | +0.74 | 33.52 | 1:10.07 |
| 6. Petra Guijt | Aqua-Novio '94 | NED | 197600978 | 1:10.70 | +0.84 | 34.32 | 1:10.70 |
| 7. Krista de Reus-Trompetter | DZ&PC | NED | 197600520 | 1:10.77 | +0.90 | 34.10 | 1:10.77 |
| 8. Chantal Verhoeff | Old Dutch | NED | 197900912 | 1:11.20 | +0.76 | 33.81 | 1:11.20 |
| 9. Marian Nederlof | De Geul | NED | 197600950 | 1:13.13 | +0.78 | 35.62 | 1:13.13 |
| 10. Katharina Zihler | SAS Swiss Alumni Swimming | SUI | #7332 | 1:13.31 | +0.84 | 35.09 | 1:13.31 |
| 11. Jessica Venema | GZC DONK | NED | 197901526 | 1:13.38 | +0.76 | 34.27 | 1:13.38 |
| 12. Inge Roskam | De Duinkickers | NED | 197801296 | 1:18.76 | +0.75 | 37.19 | 1:18.76 |
| 13. Esther Vergeest | De Rog | NED | 197700012 | 1:19.58 | *+0.78 | 38.10 | 1:19.58 |
| 14. Saskia op den Velde | De Duinkickers | NED | 197901530 | 1:20.68 | +0.91 | 36.94 | 1:20.68 |
| 15. A. Knegt-Besseminders | De Spatters | NED | 197601064 | 1:20.81 | | 35.84 | 1:20.81 |
| 16. Margriet Leeffers | Deltasteur | NED | 197800448 | 1:20.84 | +0.92 | 38.49 | 1:20.84 |
| 17. Ilonka van der Meer | LinK | NED | 197601168 | 1:21.34 | +0.81 | 38.64 | 1:21.34 |
| 18. Leonie Scholten | Steenwijk 1934 | NED | 197901560 | 1:24.38 | +0.73 | 39.36 | 1:24.38 |
| 19. Sandra Van der Helm | De Rog | NED | 197801340 | 1:26.79 | | 41.19 | 1:26.79 |
| 20. Clementine van Bruxvoort | Feijenoord Albion Zwemclub | NED | 197700138 | 1:30.05 | +0.83 | 42.12 | 1:30.05 |
| 21. Jessica van Velzen | SWOL 1894 | NED | 197601122 | 1:37.53 | +0.99 | 45.48 | 1:37.53 |
| 22. Simone Weijland | Deltasteur | NED | 197901610 | 1:40.49 | +1.04 | 44.21 | 1:40.49 |
| 23. Inge Geel | Batavia Swim | NED | 197701208 | 1:55.46 | +1.08 | 51.80 | 1:55.46 |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 12, Dames, 100m vrije slag

Masters 50+

| | | | | | | | |
|-------------------------------|-------------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Carla Geurts | PSV | NED | 197100178 | 1:05.93 | +0.68 | 31.90 | 1:05.93 |
| 2. Edith Janssen-Koolen | TRB-RES | NED | 197300898 | 1:08.01 | +0.77 | 32.80 | 1:08.01 |
| 3. Yvette Ratering | SG CWW Swim Team | NED | 197200990 | 1:08.43 | +0.84 | 32.67 | 1:08.43 |
| 4. Ilona Hogerheyde | DAW | NED | 197400224 | 1:09.26 | +0.74 | 32.40 | 1:09.26 |
| 5. Annette de Visser | Oceanus | NED | 197100602 | 1:10.24 | +0.79 | 33.65 | 1:10.24 |
| 6. Jeanne Petit | PSV | NED | 197001020 | 1:11.22 | +0.77 | 33.46 | 1:11.22 |
| 7. Inken Wemheuer | Team Noord Holland (SG) | NED | 197101016 | 1:12.65 | +0.74 | 34.58 | 1:12.65 |
| 8. Marjolein Klunne | Hieronymus | NED | 197101098 | 1:15.52 | +0.81 | 34.45 | 1:15.52 |
| 9. Karin Sagonas-Koolen | VZV Njord | NED | 197000964 | 1:18.75 | +0.76 | 37.55 | 1:18.75 |
| 10. Elise Kenworthy | LinK | NED | 197101126 | 1:27.02 | +0.86 | 39.84 | 1:27.02 |
| 11. Danielle Schipper | ZOB'66 | NED | 197001078 | 1:27.41 | +0.77 | 40.82 | 1:27.41 |
| 12. Hilly Brugmans | Hieronymus | NED | 197001112 | 1:29.90 | +0.84 | 42.29 | 1:29.90 |
| 13. Petra Ellul Mercer | San Giljan ASC | MLT | 545873M | 1:31.72 | +0.85 | 40.86 | 1:31.72 |
| <i>Maltese Masters Record</i> | | | | | | | |
| 14. Martine Stahlie-Bos | TriVia | NED | 197401054 | 1:35.49 | +0.81 | 44.51 | 1:35.49 |
| 15. Judith Sijbers | PSV | NED | 197301030 | 1:41.73 | | 46.51 | 1:41.73 |

Masters 55+

| | | | | | | | |
|-------------------------------|-----------------------------------|-----|----------------|----------------|-------|-------|---------|
| 1. Carol Hollemans | ACZ | NED | 196900252 | 1:08.71 | +0.76 | 32.20 | 1:08.71 |
| 2. Marjo Goelema-Koek | De Biesboschzwemmers | NED | 196900192 | 1:09.57 | +0.61 | 32.89 | 1:09.57 |
| 3. Jacqueline Tuin | DAW | NED | 196600690 | 1:15.89 | +0.75 | 35.49 | 1:15.89 |
| 4. Marijke Campfens | De Geul | NED | 196900960 | 1:18.89 | +0.63 | 38.16 | 1:18.89 |
| 5. Roelien Speelman-Tigelaar | De Spatters | NED | 196600664 | 1:21.69 | +0.77 | 37.78 | 1:21.69 |
| 6. Cancia Leirissa | Feijenoord Albion Zwemclub | NED | 196700748 | 1:22.85 | +0.84 | 38.10 | 1:22.85 |
| 7. Sandra Daamen-Posma | AZC | NED | 196800854 | 1:24.22 | +0.64 | 39.43 | 1:24.22 |
| 8. José Bodde | LinK | NED | 196901104 | 1:27.61 | +0.83 | 41.82 | 1:27.61 |
| 9. Annette van Dok | MSV-Zeemacht | NED | 196800742 | 1:31.84 | +0.93 | 43.63 | 1:31.84 |
| 10. F. Gumusburun-De Moor | Istanbul Yuzme Ihtisas Kulubu TUR | | | 1:40.97 | +0.85 | 49.38 | 1:40.97 |
| 11. Ann Vandenbrouck | ROSC | BEL | ROSC/20321/65 | 2:00.66 | +1.08 | 54.84 | 2:00.66 |
| AFGEM Kristien Van de Moortel | ShaRK - Swimming Region KeBELn | | SHARK/20315/69 | | | | |

Masters 60+

| | | | | | | | |
|----------------------------|--------------------------------|-----|---------------|----------------|-------|-------|---------|
| 1. Netty Burik-Geijssen | Westland Swimming Stars | NED | 196300048 | 1:10.33 | +0.78 | 33.68 | 1:10.33 |
| 2. Christine Buist | De Duinkickers | NED | 196400608 | 1:27.44 | +1.00 | 40.43 | 1:27.44 |
| 3. Lia Bijkerk | GZC DONK | NED | 196000014 | 1:29.10 | +0.97 | 43.36 | 1:29.10 |
| 4. Yoka de Vegt-van Dijk | ESCA Zwemmen | NED | 196200420 | 1:32.15 | +0.82 | 43.59 | 1:32.15 |
| 5. Jenny Westervaarder | H2Oldambt | NED | 196200424 | 1:32.36 | +0.87 | 44.51 | 1:32.36 |
| 6. Erica Muller | De Geul | NED | 196400412 | 1:35.06 | +0.79 | 43.82 | 1:35.06 |
| 7. Marie-Jeanne Vandormael | Genker Zwemvereniging NeptBELs | | GZVN/21035/63 | 1:42.48 | +0.72 | 46.89 | 1:42.48 |

Masters 65+

| | | | | | | | |
|------------------------|---------------------|-----|-----------|----------------|-------|---------|---------|
| 1. Esther van Lohuizen | PSV | NED | 195900300 | 1:13.56 | +0.79 | 36.02 | 1:13.56 |
| 2. Marijke van Hoek | ZPC De Zeeuwse Kust | NED | 195800050 | 1:18.87 | +0.81 | 37.55 | 1:18.87 |
| 3. Karien Musters | Old Dutch | NED | 195800236 | 2:00.65 | | 56.31 | 2:00.65 |
| 4. Lies Hartman | PSV | NED | 195600116 | 2:25.70 | +1.10 | 1:05.47 | 2:25.70 |

Masters 70+

| | | | | | | | |
|---------------------------|-------------------------------------|-----|----------------|----------------|-------|---------|---------|
| 1. Christine Nieuwenhuis | SWOL 1894 | NED | 195100022 | 1:19.78 | | 36.75 | 1:19.78 |
| 2. F. Blondeel-Gourmet | Cercle De Natation Sportcity VBELwe | | CNSW/004901/52 | 1:47.36 | +0.90 | 51.53 | 1:47.36 |
| 3. Geerdien Meerwaldt | De Geul | NED | 195200058 | 2:01.07 | +0.94 | 55.65 | 2:01.07 |
| 4. N. van Dongen-de Paepe | ZZ&PC De Devel | NED | 195100044 | 2:42.61 | +1.36 | 1:12.50 | 2:42.61 |

Masters 75+

| | | | | | | | |
|--------------------------|----------------|-----|-----------|----------------|--|-------|---------|
| 1. Loekie van Huissteden | ZPC AMERSFOORT | NED | 194500002 | 2:05.36 | | 59.83 | 2:05.36 |
|--------------------------|----------------|-----|-----------|----------------|--|-------|---------|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 12, Dames, 100m vrije slag

Masters 85+

| | | | | | | | |
|------------------|-----------|-----|-----------|----------------|-------|---------|---------|
| 1. Marie Smits | Old Dutch | NED | 193800004 | 2:00.36 | +1.09 | 56.56 | 2:00.36 |
| 2. Lottie Geurts | PSV | NED | 193500006 | 2:04.39 | +1.16 | 1:01.77 | 2:04.39 |

Programmanr. 13
03-05-2024 - 16:29

Heren, 200m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|-----------|------------|--|------|---------|-----|------|------|------|
|-----------|------------|--|------|---------|-----|------|------|------|

Masters 20+

| | | | | | | | | | |
|------------------|----------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Guus Hoogduin | ZVL-1886 Center | NED | 200201069 | 2:13.42 | +0.70 | 29.56 | 1:02.96 | 1:37.85 | 2:13.42 |
| 2. Tim Haimé | Blue Marlins | NED | 200403567 | 2:24.79 | +0.76 | 31.97 | 1:08.38 | 1:45.65 | 2:24.79 |
| 3. Jesper Pas | VZV Njord | NED | 200200967 | 2:32.53 | +0.72 | 31.55 | 1:10.11 | 1:50.43 | 2:32.53 |
| 4. Lars Hilkens | RZ | NED | 200201165 | 2:38.53 | +0.74 | 33.21 | 1:12.66 | 1:56.16 | 2:38.53 |
| 5. Nigel Werring | Zwemlust- den Hommel | NED | 200301503 | 2:45.65 | +0.88 | 35.57 | 1:18.44 | 2:02.59 | 2:45.65 |

Masters 25+

| | | | | | | | | | |
|--------------------------|-----------------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nick Sijmons | De Amstel | NED | 199500491 | 2:22.72 | +0.77 | 32.48 | 1:09.69 | 1:45.53 | 2:22.72 |
| 2. Jeroen Louwinger | De Rijn | NED | 199900583 | 2:33.43 | +0.59 | 34.04 | 1:12.35 | 1:52.12 | 2:33.43 |
| 3. Richard van der Horst | De Meer | NED | 199700179 | 2:34.35 | +0.87 | 34.00 | 1:13.99 | 1:53.31 | 2:34.35 |
| 4. Koen Wijnands | Patrick-De Roersoppers (SG) | NED | 199800247 | 2:39.77 | +0.69 | 33.76 | 1:13.85 | 1:56.85 | 2:39.77 |
| 5. Bas van Tintelen | OZ&PC | NED | 199800455 | 2:40.28 | +0.77 | 33.37 | 1:14.58 | 1:58.23 | 2:40.28 |
| 6. Colin Degenars | ZPCH | NED | 199505951 | 2:50.66 | +0.83 | 33.74 | 1:16.31 | 2:03.47 | 2:50.66 |
| 7. Ids de Klerk | Niemo Barracuda | NED | 199803237 | 2:56.60 | +0.83 | 36.63 | 1:20.41 | 2:07.44 | 2:56.60 |
| NG Abdelmajid Hassine | Blue Marlins | NED | 199805885 | | | | | | |

Masters 30+

| | | | | | | | | | |
|-------------------------|------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Koen van der Wallen | Nederweert | NED | 199405561 | 2:32.07 | +0.91 | 31.90 | 1:08.63 | 1:48.16 | 2:32.07 |
| 2. Jeroen Burggraaf | De Blauwe Schuur | NED | 199000467 | 2:40.23 | +0.85 | 34.75 | 1:16.85 | 1:58.58 | 2:40.23 |
| 3. Tim Bunnik | Triton | NED | 199000505 | 2:40.42 | +0.80 | 33.79 | 1:13.62 | 1:57.07 | 2:40.42 |
| 4. R. van Nieuwenhuizen | De Rijn | NED | 199002097 | 3:20.78 | +0.83 | 37.45 | 1:28.50 | 2:24.11 | 3:20.78 |
| DIS Marc Hoogendam | Blue Marlins | NED | 199007713 | | | | | | |

VP - Met handen over elkaar keerpunt of eindpunt aangetikt.

DIS M. de Maesschalck DAW NED 199101525 +0.75

VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.

Masters 35+

| | | | | | | | | | |
|------------------------|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Roel van der Kruijs | De Gelenberg | NED | 198501491 | 2:36.04 | +0.74 | 32.63 | 1:11.22 | 1:53.10 | 2:36.04 |
|------------------------|--------------|-----|-----------|----------------|-------|-------|---------|---------|---------|

Masters 40+

| | | | | | | | | | |
|---------------------|----------------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Pieter Pickhardt | ZPC De Hof | NED | 198301657 | 2:34.86 | +0.85 | 34.10 | 1:13.75 | 1:54.81 | 2:34.86 |
| 2. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 3:30.98 | +0.94 | 44.59 | 1:39.14 | 2:35.85 | 3:30.98 |

Masters 45+

| | | | | | | | | | |
|----------------------|--------------------|-----|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Dennis Dortland | Niemo Barracuda | NED | 197800261 | 2:41.09 | +0.84 | 34.69 | 1:16.68 | 1:59.06 | 2:41.09 |
| 2. Freddie Geerlings | Zwemsport Parkstad | NED | 197900379 | 3:06.22 | +0.86 | 38.00 | 1:26.69 | 2:16.39 | 3:06.22 |
| DIS László Jüllich | ZPCH | NED | 197801893 | | +0.91 | | | | |

VN - Niet gehele race aan het wateroppervlak gebleven (geldt niet voor keerpunt en 1e 15 m na start en keerpunt)

NG Bas Spoelstra AZ&PC De Futen NED 197701573



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 13, Heren, 200m vlinderslag

Masters 50+

| | | | | | | | | |
|----------------------------------|------------------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Frederic Tonus | Luxembourg Sharks SwimmirLUXi10449 | | 2:19.45 | +0.68 | 29.88 | 1:03.77 | 1:40.45 | 2:19.45 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 2. Antwan van Engen | SG CWW Swim Team | NED 197101577 | 2:34.93 | +0.88 | 34.23 | 1:14.90 | 1:55.56 | 2:34.93 |
| 3. Paul van den Heuvel | Arethusa | NED 197000441 | 3:03.37 | +0.92 | 42.55 | 1:29.86 | 2:17.06 | 3:03.37 |
| 4. Korstiaan de Boer | Steenwijk 1934 | NED 197101629 | 3:18.83 | +0.89 | 39.89 | 1:29.72 | 2:23.67 | 3:18.83 |

Masters 55+

| | | | | | | | | |
|----------------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Eymert van Rooij | PSV | NED 196601631 | 3:04.06 | +0.73 | 41.16 | 1:30.78 | 2:18.26 | 3:04.06 |
| 2. Hans Schoenmakers | DAW | NED 196900863 | 3:11.79 | +0.76 | 38.19 | 1:28.28 | 2:21.82 | 3:11.79 |
| 3. Francis Roosen | VZV Njord | NED 196801581 | 3:19.05 | +0.77 | 38.79 | 1:23.81 | 2:13.59 | 3:19.05 |
| 4. Vincent Eijt | WVZ | NED 196701735 | 3:44.97 | +0.86 | 46.68 | 1:43.43 | 2:45.34 | 3:44.97 |

Masters 60+

| | | | | | | | | |
|------------------|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Johan Remmits | ZPC AMERSFOORT | NED 196201159 | 2:49.95 | +0.95 | 36.23 | 1:18.41 | 2:03.48 | 2:49.95 |
| 2. Ronald Grove | Triton | NED 196100161 | 3:25.63 | +0.80 | 41.90 | 1:33.56 | 2:28.89 | 3:25.63 |

Programmanr. 14
03-05-2024 - 16:44

Dames, 200m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|----------------------------------|------------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Roos Englebort | Hieronymus | NED 200200606 | 2:29.95 | +0.75 | 33.61 | 1:12.36 | 1:51.15 | 2:29.95 |
| 2. Welmoed Doornbos | De IJsselmeeuwen | NED 200203352 | 2:53.48 | +0.68 | 35.75 | 1:20.21 | 2:06.28 | 2:53.48 |
| 3. Nasca van Dijk | De Marlijn (SG) | NED 200300816 | 3:13.47 | +0.78 | 37.68 | 1:25.25 | 2:18.24 | 3:13.47 |
| 4. Nina Bellaart | Oceanus | NED 200400756 | 3:17.80 | +0.78 | 37.65 | 1:26.43 | 2:21.52 | 3:17.80 |
| 5. Cynthia Koolman | ZPC Hoogeveen | NED 200300232 | 3:17.81 | +0.66 | 41.98 | 1:32.70 | 2:26.54 | 3:17.81 |
| 6. Isabelle Janssen | De Geul | NED 200006318 | 3:20.67 | +0.79 | 43.33 | 1:34.11 | 2:27.29 | 3:20.67 |
| 7. Esmeralda Elbers | Blue Marlins | NED 200404888 | 3:58.53 | +0.77 | 44.43 | 1:41.40 | 2:47.98 | 3:58.53 |
| Masters 25+ | | | | | | | | |
| 1. Floor Weijmans | HZPC | NED 199502522 | 2:52.94 | +0.79 | 38.64 | 1:21.90 | 2:06.34 | 2:52.94 |
| 2. Aniek Garritsen | De IJsselmeeuwen | NED 199504290 | 2:57.15 | +0.73 | 36.35 | 1:20.19 | 2:09.05 | 2:57.15 |
| 3. Djamari Oetringer | Aqua-Novio '94 | NED 199600546 | 3:30.81 | +0.73 | 45.01 | 1:39.23 | 2:34.75 | 3:30.81 |
| 4. Franziska Wierig | SSF Bonn | GER 410575 | 3:39.73 | +0.70 | 44.19 | 1:40.89 | 2:41.54 | 3:39.73 |
| Masters 30+ | | | | | | | | |
| 1. Lisa Dreesens | Blue Marlins | NED 199105798 | 2:27.06 | +0.85 | 31.88 | 1:09.56 | 1:48.48 | 2:27.06 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Leonie van Noort | WVZ | NED 199301752 | 2:29.93 | +0.80 | 32.47 | 1:10.55 | 1:50.02 | 2:29.93 |
| 3. Melissa Zwaan | DAW | NED 199103666 | 2:51.44 | +0.80 | 37.96 | 1:21.96 | 2:06.90 | 2:51.44 |
| 4. Nienke Smidt | WS Twente | NED 199407596 | 2:54.02 | +0.96 | 37.57 | 1:22.48 | 2:08.65 | 2:54.02 |
| 5. Chantal van der Horst | De Meer | NED 199400616 | 2:55.83 | +0.83 | 39.22 | 1:24.30 | 2:10.18 | 2:55.83 |
| 6. D. van den Hoogenband | Nuenen | NED 199001558 | 3:04.72 | +0.76 | 37.63 | 1:22.98 | 2:12.09 | 3:04.72 |
| 7. Irmgard van Weeghel | ESCA Zwemmen | NED 199204834 | 3:37.31 | +0.87 | 44.93 | 1:38.50 | 2:36.69 | 3:37.31 |
| AFGEM Mariska Scheel | ACZ | NED 199306344 | | | | | | |
| Masters 35+ | | | | | | | | |
| 1. V. Hádén-Felföldi | Iron Swim | HUN | 2:30.56 | +0.72 | 33.11 | 1:12.27 | 1:51.63 | 2:30.56 |
| 2. Marlijn Hendriksen | DIO | NED 198806828 | 2:44.75 | +0.77 | 35.89 | 1:17.22 | 2:00.80 | 2:44.75 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 14, Dames, 200m vlinderslag

Masters 40+

| | | | | | | | | |
|--------------------------------|-------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Ann Wanter | Zwemclub Geel | BEL ZGEEL/21082/82 | 2:41.87 | +0.81 | 35.61 | 1:16.78 | 1:59.27 | 2:41.87 |
| <i>Belgisch Masters Record</i> | | | | | | | | |
| 2. Heather Frees | Lone Star Masters | USA | 2:46.01 | +0.71 | 37.98 | 1:19.51 | 2:02.31 | 2:46.01 |
| 3. Roos van Esch | ACZ | NED 198200468 | 2:48.73 | +0.85 | 37.51 | 1:21.39 | 2:06.45 | 2:48.73 |
| 4. Linda Hoogendam | WVZ | NED 198300892 | 3:35.70 | +0.86 | 46.37 | 1:41.83 | 2:39.64 | 3:35.70 |
| 5. Marloes Rebel | WS Twente | NED 198403474 | 4:01.94 | +1.12 | 53.36 | 1:54.90 | 3:00.16 | 4:01.94 |

Masters 45+

| | | | | | | | | |
|---------------------|---------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Liselotte Joling | PSV | NED 197500268 | 2:49.03 | +0.85 | 38.03 | 1:21.27 | 2:05.28 | 2:49.03 |
| 2. Leontine Loeber | SwimGym | NED 197701010 | 3:30.36 | +0.67 | 43.33 | 1:37.17 | 2:33.93 | 3:30.36 |

Masters 50+

| | | | | | | | | |
|--|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. L. v. Bon-Rosenbrand | ZPC AMERSFOORT | NED 197000054 | 2:45.72 | +0.91 | 36.34 | 1:17.56 | 2:01.31 | 2:45.72 |
| DIS Bianca Groot | MSV-Zeemacht | NED 197000652 | | | | | | |
| <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | | |

Masters 55+

| | | | | | | | | |
|--------------------------------|------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Claudia Thielemann | SG Bayer | GER 333958 | 2:44.91 | +0.63 | 36.08 | 1:17.72 | 2:01.09 | 2:44.91 |
| 2. Peggi Hurenkamp | HZ&PC Heerenveen | NED 196900922 | 3:28.42 | +0.81 | 41.19 | 1:31.08 | 2:25.69 | 3:28.42 |
| 3. Laura Staal | Oceanus | NED 196700358 | 3:39.55 | +0.84 | 45.88 | 1:39.77 | 2:38.09 | 3:39.55 |
| 4. Anita Steijger | WVZ | NED 196500628 | 3:40.91 | +0.89 | 46.60 | 1:42.69 | 2:41.67 | 3:40.91 |
| 5. K. van Nassau-van den IJold | Dutch | NED 196600188 | 3:41.89 | +0.92 | 51.03 | 1:46.56 | 2:46.11 | 3:41.89 |
| 6. Iris van Aurich | DWK | NED 196900866 | 3:43.25 | +0.83 | 48.34 | 1:45.24 | 2:45.56 | 3:43.25 |

Masters 60+

| | | | | | | | | |
|---------------------------|----------|---------------|----------------|---------|-------|---------|---------|---------|
| 1. P. Tossings-van de Hoo | GZC DONK | NED 196100376 | 3:29.36 | +0.95 | 44.51 | 1:38.21 | 2:34.13 | 3:29.36 |
| 2. M. Grove-Lingeman | Triton | NED 196200080 | 3:30.18 | * +0.83 | 42.91 | 1:33.55 | 2:29.51 | 3:30.18 |

Masters 65+

| | | | | | | | | |
|----------------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Claire Anthony | Cercle De Natation Sportcity | BELuCNSW/001353/57 | 3:50.44 | +0.88 | 45.50 | 1:41.10 | 2:47.51 | 3:50.44 |
| <i>Belgisch Masters Record</i> | | | | | | | | |
| 2. Patty Verhagen | PSV | NED 195900146 | 4:03.65 | +0.96 | 51.56 | 1:49.05 | 2:53.87 | 4:03.65 |
| <i>Nederlands Masters Record</i> | | | | | | | | |

Programmanr. 15
03-05-2024 - 17:05

4 x 200m vrije slag

Masters Open
Resultaten

| rang | vereniging | | | | | | tijd | RT | PARA |
|---|-------------------|--------------|-------|-------|---------|---------|----------------|---------|------|
| 80+, Heren | | | | | | | | | |
| 1. | PSV 1 | PSV | NED | | | | 8:05.25 | +0.68 | |
| <i>Nederlands Masters Record, voor startzwemmer</i> | | | | | | | | | |
| | Luuk van Rooij | 04 | +0.68 | 25.89 | 54.20 | 1:23.42 | 1:52.34 | 1:52.34 | |
| | David Groenewegen | 04 | +0.58 | 27.47 | 58.66 | 1:32.40 | 2:08.02 | 2:08.02 | |
| | Yuri Wasser | 03 | +0.22 | 28.11 | 1:00.43 | 1:33.97 | 2:07.87 | 2:07.87 | |
| | Thijn Damen | 03 | +0.51 | 26.35 | 55.69 | 1:26.62 | 1:57.02 | 1:57.02 | |
| 2. | MSV-Zeemacht 2 | MSV-Zeemacht | NED | | | | 9:34.76 | +0.72 | |
| | Jordi de Nijs | 98 | +0.72 | 28.60 | 1:01.73 | 1:36.33 | 2:11.85 | 2:11.85 | |
| | Boyd Wijkman | 01 | +0.76 | 31.72 | 1:08.63 | 1:47.26 | 2:24.54 | 2:24.54 | |
| | Mees Minneboo | 02 | +0.39 | 31.20 | 1:08.78 | 1:48.55 | 2:29.77 | 2:29.77 | |
| | Jip Duursema | 04 | +0.45 | 29.50 | 1:04.86 | 1:46.39 | 2:28.60 | 2:28.60 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 15, 4 x 200m vrije slag

100+, Heren

| | | | | | | | | |
|----------------------|-----------------|-------|-------|---------|---------|---------|----------------|-------|
| 1. ZVL-1886 Center 1 | ZVL-1886 Center | | NED | | | | 8:58.86 | +0.72 |
| Robin van Beek | 97 | +0.72 | 29.02 | 1:00.95 | 1:33.92 | 2:06.95 | 2:06.95 | |
| Kristiaan Lenos | 83 | +0.49 | 29.74 | 1:02.99 | 1:38.50 | 2:14.38 | 2:14.38 | |
| Erik Baalbergen | 98 | +0.38 | 30.01 | 1:04.41 | 1:41.20 | 2:17.43 | 2:17.43 | |
| Robin van Peenen | 02 | +0.63 | 29.07 | 1:02.94 | 1:41.19 | 2:20.10 | 2:20.10 | |

120+, Heren

| | | | | | | | | |
|------------------------|-------------------|-------|-------|---------|---------|---------|----------------|-------|
| 1. ESCA Zwemmen 1 | ESCA Zwemmen | | NED | | | | 8:43.65 | +0.73 |
| Mike Schel | 94 | +0.73 | 29.49 | 1:02.33 | 1:36.13 | 2:10.10 | 2:10.10 | |
| Sander de Vrugt | 89 | +0.27 | 28.38 | 1:00.82 | 1:34.85 | 2:08.82 | 2:08.82 | |
| Tim de Vrugt | 93 | +0.44 | 29.69 | 1:03.97 | 1:39.66 | 2:14.29 | 2:14.29 | |
| Jurre Stammes | 97 | +0.34 | 28.21 | 1:01.31 | 1:35.87 | 2:10.44 | 2:10.44 | |
| 2. ZPC AMERSFOORT 3 | ZPC AMERSFOORT | | NED | | | | 9:01.24 | +0.81 |
| Bas Braun | 91 | +0.81 | 29.10 | 1:01.81 | 1:35.92 | 2:10.16 | 2:10.16 | |
| Jelle Opmeer | 01 | +0.23 | 28.90 | 1:02.90 | 1:39.00 | 2:14.76 | 2:14.76 | |
| Rob van Vliet | 84 | +0.25 | 29.88 | 1:04.70 | 1:41.23 | 2:18.63 | 2:18.63 | |
| Martijn Bartels | 96 | +0.52 | 30.77 | 1:05.30 | 1:41.58 | 2:17.69 | 2:17.69 | |
| 3. De Schotejil 1 | De Schotejil | | NED | | | | 9:02.51 | +0.70 |
| Jacob Mackloet | 00 | +0.70 | 28.55 | 1:01.22 | 1:34.25 | 2:05.92 | 2:05.92 | |
| Frank v.d. Voordt | 83 | +0.49 | 31.50 | 1:06.94 | 1:44.38 | 2:21.98 | 2:21.98 | |
| Niels Albrechts | 88 | +0.30 | 31.16 | 1:06.87 | 1:43.44 | 2:18.68 | 2:18.68 | |
| David Kievit | 99 | +0.37 | 29.79 | 1:04.00 | 1:39.80 | 2:15.93 | 2:15.93 | |
| 4. Poseidon'56 1 | Poseidon'56 | | NED | | | | 9:15.55 | +0.83 |
| Jim Geestman | 83 | +0.83 | 31.26 | 1:06.92 | 1:44.86 | 2:21.86 | 2:21.86 | |
| Sam Beer | 96 | +0.60 | 31.33 | 1:08.33 | 1:47.25 | 2:24.57 | 2:24.57 | |
| John Smit | 95 | +0.48 | 31.37 | 1:06.53 | 1:41.94 | 2:17.96 | 2:17.96 | |
| Ryan van den Ouden | 99 | +0.44 | 27.91 | 1:01.68 | 1:37.34 | 2:11.16 | 2:11.16 | |
| 5. Zuiderzeezwemmers 1 | Zuiderzeezwemmers | | NED | | | | 9:19.55 | +0.67 |
| Ilmar Stoop | 01 | +0.67 | 29.40 | 1:03.28 | 1:39.31 | 2:15.39 | 2:15.39 | |
| Gerko Versluis | 69 | +0.49 | 33.88 | 1:12.85 | 1:52.79 | 2:31.60 | 2:31.60 | |
| Jarick Stoop | 96 | +0.12 | 30.23 | 1:05.16 | 1:41.79 | 2:18.80 | 2:18.80 | |
| Bram van Heuven | 96 | +0.21 | 30.61 | 1:04.62 | 1:40.19 | 2:13.76 | 2:13.76 | |
| 6. ZOB'66 1 | ZOB'66 | | NED | | | | 9:56.11 | +0.73 |
| Jaimy Vooigt | 00 | +0.73 | 31.98 | 1:09.04 | 1:48.00 | 2:25.07 | 2:25.07 | |
| Ferry Blangé | 83 | +0.43 | 30.69 | 1:07.69 | 1:48.65 | 2:31.01 | 2:31.01 | |
| Boaz Troost | 01 | +0.34 | 31.59 | 1:10.08 | 1:51.55 | 2:32.98 | 2:32.98 | |
| Ingmar de Gelder | 70 | +0.72 | 33.10 | 1:10.40 | 1:49.35 | 2:27.05 | 2:27.05 | |

160+, Heren

| | | | | | | | | |
|----------------------------------|-----------------------------|-------|-------|---------|---------|---------|----------------|-------|
| 1. ZPCH 1 | ZPCH | | NED | | | | 9:21.43 | +0.77 |
| Ruud Holswilder | 78 | +0.77 | 30.11 | 1:04.29 | 1:40.18 | 2:14.98 | 2:14.98 | |
| László Jüllich | 78 | +0.65 | 32.90 | 1:08.99 | 1:46.57 | 2:22.81 | 2:22.81 | |
| Jasper van Heijst | 76 | +0.41 | 32.18 | 1:08.60 | 1:45.86 | 2:22.28 | 2:22.28 | |
| Colin Degenaaers | 95 | +0.43 | 31.00 | 1:06.54 | 1:44.19 | 2:21.36 | 2:21.36 | |
| 2. WVZ 2 | WVZ | | NED | | | | 9:24.37 | +0.71 |
| Jordy van Oel | 98 | +0.71 | 29.98 | 1:04.17 | 1:38.90 | 2:14.49 | 2:14.49 | |
| Jan-Willem van den Berg | 68 | +0.43 | 31.74 | 1:08.45 | 1:46.61 | 2:22.68 | 2:22.68 | |
| Markus van Rest | 77 | +0.48 | 33.30 | 1:13.44 | 1:54.99 | 2:35.73 | 2:35.73 | |
| Ivo Roozeboom | 77 | +0.29 | 29.56 | 1:03.95 | 1:38.43 | 2:11.47 | 2:11.47 | |
| 3. Patrick-De Roersoppers (SG) 1 | Patrick-De Roersoppers (SG) | | NED | | | | 9:52.87 | +0.85 |
| Eric Dumas | 69 | +0.85 | 36.80 | 1:19.42 | 2:03.25 | 2:46.73 | 2:46.73 | |
| Arno Schrauwen | 65 | +0.38 | 33.90 | 1:14.46 | 1:57.48 | 2:40.13 | 2:40.13 | |
| Patrick Creemers | 90 | +0.36 | 28.62 | 1:02.22 | 1:37.32 | 2:11.94 | 2:11.94 | |
| Luuk Kresin | 03 | +0.39 | 29.37 | 1:03.03 | 1:38.60 | 2:14.07 | 2:14.07 | |

Programmanr. 15, 4 x 200m vrije slag

200+, Heren

| | | | | | | | | |
|----|--|----------------|-------|-------|---------|---------|-----------------|---------|
| 1. | Oslo I.L. 1 <i>Europees Masters Record</i> | Oslo I.L. | NOR | | | | 8:38.50 | +0.85 |
| | Øivind Martin Hasle | 77 | +0.85 | 28.49 | 59.25 | 1:32.06 | 2:05.34 | 2:05.34 |
| | Håkon Skaarud Karlsen | 79 | +0.14 | 28.57 | 59.84 | 1:32.18 | 2:04.61 | 2:04.61 |
| | Erlend Alstad | 67 | +0.35 | 31.99 | 1:06.61 | 1:41.79 | 2:17.28 | 2:17.28 |
| | Jarl Inge Melberg | 70 | +0.42 | 29.61 | 1:02.14 | 1:36.64 | 2:11.27 | 2:11.27 |
| 2. | SG Wuppertal 1 | SG Wuppertal | GER | | | | 8:59.65 | +0.80 |
| | Tobias Höfs | 86 | +0.80 | 29.44 | 1:02.55 | 1:36.75 | 2:10.32 | 2:10.32 |
| | Matthias Millers | 70 | +0.34 | 29.95 | 1:04.24 | 1:38.50 | 2:11.32 | 2:11.32 |
| | Uwe Skutnik | 65 | +0.42 | 32.60 | 1:08.63 | 1:45.57 | 2:23.42 | 2:23.42 |
| | Jochen Bruha | 69 | +0.57 | 30.01 | 1:04.43 | 1:39.59 | 2:14.59 | 2:14.59 |
| 3. | ZPC AMERSFOORT 1 <i>Nederlands Masters Record</i> | ZPC AMERSFOORT | NED | | | | 9:05.80 | +0.73 |
| | Chester Marsman | 69 | +0.73 | 29.95 | 1:04.33 | 1:40.26 | 2:14.96 | 2:14.96 |
| | Johan Remmits | 62 | | 31.35 | 1:07.76 | 1:44.51 | 2:20.61 | 2:20.61 |
| | Edwin v. Norden | 63 | +0.12 | 33.16 | 1:10.09 | 1:48.00 | 2:24.80 | 2:24.80 |
| | Jelle Blankestijn | 98 | +0.37 | 28.13 | 59.95 | 1:32.86 | 2:05.43 | 2:05.43 |
| 4. | Steenwijk 1934 2 | Steenwijk 1934 | NED | | | | 10:48.01 | +0.92 |
| | Huyb Stegeman | 67 | +0.92 | 36.81 | 1:17.52 | 2:01.09 | 2:43.59 | 2:43.59 |
| | Casper Dollekamp | 63 | +0.54 | 36.88 | 1:20.88 | 2:08.24 | 2:55.51 | 2:55.51 |
| | Korstaan de Boer | 71 | +0.52 | 38.72 | 1:21.37 | 2:07.31 | 2:50.53 | 2:50.53 |
| | Robert Braad | 86 | +0.45 | 29.84 | 1:05.46 | 1:42.38 | 2:18.38 | 2:18.38 |

240+, Heren

| | | | | | | | | |
|----|--|--------|-------|-------|---------|---------|-----------------|---------|
| 1. | De Rog 1 <i>Nederlands Masters Record</i> | De Rog | NED | | | | 10:04.01 | |
| | Rob Spetter | 62 | | 34.20 | 1:12.74 | 1:52.68 | 2:33.24 | 2:33.24 |
| | Erik Kamphuis | 60 | +0.50 | 36.66 | 1:17.84 | 1:59.30 | 2:37.95 | 2:37.95 |
| | Peter Bensen | 63 | +0.52 | 34.18 | 1:11.97 | 1:50.55 | 2:27.35 | 2:27.35 |
| | Glen Le Clercq | 68 | +0.37 | 32.24 | 1:09.17 | 1:47.02 | 2:25.47 | 2:25.47 |

80+, Dames

| | | | | | | | | |
|----|-----------------|-------------|-------|-------|---------|---------|-----------------|---------|
| 1. | Bubble 1 | Bubble | NED | | | | 9:23.93 | +0.81 |
| | Marijke Drent | 99 | +0.81 | 31.81 | 1:06.68 | 1:42.31 | 2:17.36 | 2:17.36 |
| | Esmee Kloezen | 02 | +0.61 | 33.52 | 1:11.04 | 1:50.91 | 2:31.13 | 2:31.13 |
| | Sanne Kloezen | 02 | +0.38 | 31.67 | 1:07.28 | 1:45.01 | 2:23.59 | 2:23.59 |
| | Laura Setz | 00 | +0.64 | 29.23 | 1:02.10 | 1:36.68 | 2:11.85 | 2:11.85 |
| 2. | Neptunus'58 1 | Neptunus'58 | NED | | | | 10:38.12 | +0.75 |
| | Mirelle de Kort | 00 | +0.75 | 35.43 | 1:15.40 | 1:55.83 | 2:35.02 | 2:35.02 |
| | Nana Dekkers | 02 | +0.65 | 38.39 | 1:21.79 | 2:06.57 | 2:50.15 | 2:50.15 |
| | Naomi Janssen | 04 | +0.59 | 36.26 | 1:17.41 | 1:59.91 | 2:42.44 | 2:42.44 |
| | Selina Janssen | 99 | +0.51 | 33.44 | 1:11.41 | 1:51.02 | 2:30.51 | 2:30.51 |

100+, Dames

| | | | | | | | | |
|----|-------------------------|-----------------|-------|-------|---------|---------|-----------------|---------|
| 1. | Niemo Barracuda 1 | Niemo Barracuda | NED | | | | 10:17.21 | +0.75 |
| | Robin Pienaar | 01 | +0.75 | 31.90 | 1:08.30 | 1:45.85 | 2:22.79 | 2:22.79 |
| | Jacoline van den Beukel | 91 | +0.23 | 37.95 | 1:23.14 | 2:12.27 | 3:02.80 | 3:02.80 |
| | Marijke Kommers | 93 | +0.42 | 34.02 | 1:12.40 | 1:52.56 | 2:31.95 | 2:31.95 |
| | Denise Boereboom | 92 | +0.56 | 30.27 | 1:05.18 | 1:42.13 | 2:19.67 | 2:19.67 |
| 2. | De Geul 1 | De Geul | NED | | | | 10:21.82 | +0.70 |
| | Faustine Mussig | 02 | +0.70 | 33.23 | 1:11.20 | 1:51.35 | 2:31.48 | 2:31.48 |
| | Esmee Wijnmaalen | 01 | | 34.68 | 1:14.38 | 1:56.93 | 2:37.89 | 2:37.89 |
| | Isabelle Janssen | 00 | +0.67 | 38.43 | 1:20.58 | 2:04.41 | 2:46.57 | 2:46.57 |
| | Marcha Admiraal | 93 | +0.52 | 32.58 | 1:09.09 | 1:47.88 | 2:25.88 | 2:25.88 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 15, 4 x 200m vrije slag

120+, Dames

| | | | | | | | | | |
|----|-------------------------|----------------|-------|-------|---------|---------|---------|-----------------|-------|
| 1. | PSV 5 | PSV | | NED | | | | 9:46.77 | +0.77 |
| | Jenny Schouten | 87 | +0.77 | 32.17 | 1:08.79 | 1:46.44 | 2:23.73 | 2:23.73 | |
| | Larissa Jansen | 95 | +0.54 | 34.01 | 1:11.60 | 1:50.49 | 2:29.26 | 2:29.26 | |
| | Diane Schoenmaker | 95 | +0.52 | 32.81 | 1:09.75 | 1:48.89 | 2:28.83 | 2:28.83 | |
| | Fiona Meuffels | 95 | +0.41 | 32.19 | 1:09.64 | 1:48.17 | 2:24.95 | 2:24.95 | |
| 2. | MSV-Zeemacht 1 | MSV-Zeemacht | | NED | | | | 9:50.67 | +0.85 |
| | Amber van der Kruk | 01 | +0.85 | 30.89 | 1:04.90 | 1:39.78 | 2:15.74 | 2:15.74 | |
| | Bianca Groot | 70 | +0.50 | 35.35 | 1:14.78 | 1:55.14 | 2:35.40 | 2:35.40 | |
| | Kyra Wesemann | 02 | +0.28 | 34.54 | 1:12.37 | 1:52.13 | 2:31.37 | 2:31.37 | |
| | Jet Kleine | 99 | +0.26 | 33.88 | 1:11.01 | 1:49.08 | 2:28.16 | 2:28.16 | |
| 3. | ZPC AMERSFOORT 2 | ZPC AMERSFOORT | | NED | | | | 9:57.28 | +0.80 |
| | Estée Grandidier | 99 | +0.80 | 33.83 | 1:11.63 | 1:49.90 | 2:26.90 | 2:26.90 | |
| | Lidia v. Bon-Rosenbrand | 70 | +0.28 | 32.68 | 1:09.98 | 1:48.33 | 2:26.45 | 2:26.45 | |
| | Jisca Majolée | 94 | +0.52 | 34.39 | 1:12.55 | 1:52.46 | 2:30.97 | 2:30.97 | |
| | Maddy van der Hoeven | 04 | +0.59 | 34.37 | 1:13.15 | 1:53.28 | 2:32.96 | 2:32.96 | |
| 4. | ESCA Zwemmen 2 | ESCA Zwemmen | | NED | | | | 11:54.83 | +0.73 |
| | Moniek van Langevelde | 98 | +0.73 | 32.47 | 1:08.12 | 1:44.47 | 2:19.31 | 2:19.31 | |
| | Rachel Verburgt | 02 | +0.27 | 37.55 | 1:22.83 | 2:12.78 | 3:02.84 | 3:02.84 | |
| | Cora Smulders | 66 | | 46.32 | 1:41.26 | 2:38.64 | 3:34.19 | 3:34.19 | |
| | Irmgard van Weeghel | 92 | | 38.81 | 1:24.07 | 2:11.53 | 2:58.49 | 2:58.49 | |
| 5. | De Rog 3 * 200m | De Rog | | NED | | | | 12:14.13 | +0.86 |
| | Ageeth Westenbrink | 67 | +0.86 | 46.62 | 1:38.68 | 2:33.03 | 3:23.44 | 3:23.44 | |
| | Karin Vermeer | 83 | | 48.18 | 1:41.30 | 2:34.38 | 3:25.83 | 3:25.83 | |
| | Kim Hamakers | 98 | +0.67 | 39.39 | 1:23.92 | 2:09.60 | 2:53.83 | 2:53.83 | |
| | Iris Le Clercq | 04 | +0.60 | 34.63 | 1:13.21 | 1:52.28 | 2:31.03 | 2:31.03 | |

160+, Dames

| | | | | | | | | | |
|----|------------------------------|----------|-------|-------|---------|---------|---------|-----------------|-------|
| 1. | GZC DONK 1 | GZC DONK | | NED | | | | 11:06.92 | +0.91 |
| | Petra Tossings-van de Hooven | 61 | +0.91 | 40.43 | 1:25.29 | 2:10.55 | 2:54.34 | 2:54.34 | |
| | Nathasja Konijn | 71 | +0.69 | 42.54 | 1:30.33 | 2:21.16 | 3:12.55 | 3:12.55 | |
| | Jessica Venema | 79 | +0.67 | 37.21 | 1:19.36 | 2:03.96 | 2:46.86 | 2:46.86 | |
| | Angelique van Vark | 97 | +0.45 | 30.16 | 1:03.75 | 1:38.54 | 2:13.17 | 2:13.17 | |
| 2. | De Geul 2 | De Geul | | NED | | | | 12:06.46 | +0.68 |
| | Marijke Campfens | 69 | +0.68 | 39.57 | 1:23.88 | 2:10.05 | 2:55.31 | 2:55.31 | |
| | Erica Muller | 64 | +0.52 | 46.36 | 1:39.32 | 2:32.26 | 3:24.53 | 3:24.53 | |
| | Marian Nederlof | 76 | +0.34 | 39.10 | 1:22.87 | 2:07.61 | 2:51.34 | 2:51.34 | |
| | Eline Molle | 94 | +0.51 | 38.28 | 1:22.42 | 2:08.91 | 2:55.28 | 2:55.28 | |

200+, Dames

| | | | | | | | | | |
|----|---|------|-------|-------|---------|---------|---------|-----------------|-------|
| 1. | PSV 3 | PSV | | NED | | | | 9:26.26 | +0.70 |
| | <i>Wereld Masters Record, WMR startzwemster</i> | | | | | | | | |
| | Kirsten Cameron | 73 | +0.70 | 31.20 | 1:04.09 | 1:37.65 | 2:11.40 | 2:11.40 | |
| | Janneke Harmsen-Bakker | 77 | +0.53 | 30.94 | 1:07.69 | 1:47.72 | 2:28.89 | 2:28.89 | |
| | Liselotte Joling | 75 | +0.61 | 33.83 | 1:11.17 | 1:49.60 | 2:25.26 | 2:25.26 | |
| | Carla Geurts | 71 | +0.28 | 31.78 | 1:07.59 | 1:44.23 | 2:20.71 | 2:20.71 | |
| 2. | LinK 1 | LinK | | NED | | | | 12:47.87 | +0.86 |
| | Annette Spijs | 70 | +0.86 | 42.65 | 1:30.42 | 2:20.19 | 3:08.68 | 3:08.68 | |
| | Ilionka van der Meer | 76 | +0.44 | 40.73 | 1:27.42 | 2:16.60 | 3:04.07 | 3:04.07 | |
| | José Bodde | 69 | +0.25 | 45.02 | 1:35.10 | 2:26.76 | 3:16.29 | 3:16.29 | |
| | Elise Kenworthy | 71 | +0.66 | 43.09 | 1:32.94 | 2:26.42 | 3:18.83 | 3:18.83 | |

280+, Dames

| | | | | | | | | | |
|----|--|-----|-------|-------|---------|---------|---------|-----------------|-------|
| 1. | PSV 2 | PSV | | NED | | | | 12:37.94 | +0.81 |
| | <i>Nederlands Masters Record, voor startzwemster</i> | | | | | | | | |
| | Ineke Weekers | 53 | +0.81 | 40.47 | 1:24.51 | 2:09.66 | 2:54.77 | 2:54.77 | |
| | Carla Hensen | 53 | +0.56 | 47.36 | 1:42.53 | 2:39.28 | 3:34.59 | 3:34.59 | |
| | Corrie Verhoeven | 46 | +0.33 | 42.93 | 1:36.38 | 2:30.53 | 3:22.69 | 3:22.69 | |
| | Esther van Lohuizen | 59 | +0.52 | 38.64 | 1:21.04 | 2:04.90 | 2:45.89 | 2:45.89 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 15, 4 x 200m vrije slag

80+, Gemengd

| | | | | | | | | |
|----|---------------------------|-------------------------|-------|-------|---------|---------|----------------|---------|
| 1. | De Columbiaan 1 | De Columbiaan | NED | | | | 9:24.37 | +0.81 |
| | Kim de Jong | 03 | +0.81 | 34.36 | 1:12.31 | 1:52.93 | 2:34.01 | 2:34.01 |
| | Dave van den Nieuwendijk | 01 | +0.69 | 29.43 | 1:03.90 | 1:39.83 | 2:16.60 | 2:16.60 |
| | Anouk Vis | 02 | +0.47 | 32.92 | 1:10.02 | 1:49.61 | 2:31.08 | 2:31.08 |
| | Daan Hogerhuis | 03 | +0.55 | 27.69 | 57.79 | 1:29.85 | 2:02.68 | 2:02.68 |
| 2. | Westland Swimming Stars 1 | Westland Swimming Stars | NED | | | | 9:47.82 | +0.63 |
| | Nick Boekestijn | 99 | +0.63 | 31.44 | 1:06.45 | 1:42.55 | 2:17.06 | 2:17.06 |
| | Anouk van der Lans | 98 | +0.41 | 34.98 | 1:14.40 | 1:55.96 | 2:38.33 | 2:38.33 |
| | Kim de Jong | 04 | +0.50 | 33.42 | 1:12.80 | 1:54.13 | 2:33.79 | 2:33.79 |
| | Patrick Wyrdean | 97 | +0.38 | 30.60 | 1:05.56 | 1:42.05 | 2:18.64 | 2:18.64 |

100+, Gemengd

| | | | | | | | | |
|----|-----------------------------|-------------------------|-------|-------|---------|---------|-----------------|---------|
| 1. | ZV Hoogland 1 | Zwemvereniging Hoogland | NED | | | | 9:11.39 | +0.72 |
| | Anne-Irene Ducheine | 95 | +0.72 | 32.44 | 1:09.57 | 1:48.68 | 2:27.14 | 2:27.14 |
| | Jamilla van Omme - van Veen | 96 | +0.54 | 31.25 | 1:07.09 | 1:44.38 | 2:21.13 | 2:21.13 |
| | Jeffrey Roest | 97 | +0.46 | 31.14 | 1:05.46 | 1:40.74 | 2:15.83 | 2:15.83 |
| | Bas Dries | 95 | +0.36 | 27.43 | 59.32 | 1:32.66 | 2:07.29 | 2:07.29 |
| 2. | De Warande 1 | De Warande | NED | | | | 9:40.19 | +0.60 |
| | Tom Balsen Versteeg | 00 | +0.60 | 29.07 | 1:01.14 | 1:33.75 | 2:06.32 | 2:06.32 |
| | Marjolein van der Poel | 87 | +0.34 | 36.93 | 1:22.83 | 2:12.67 | 3:03.42 | 3:03.42 |
| | Désirée Emmen | 92 | +0.43 | 32.28 | 1:09.21 | 1:49.50 | 2:30.10 | 2:30.10 |
| | Nicko Kamphuis | 99 | +0.29 | 26.64 | 57.46 | 1:29.39 | 2:00.35 | 2:00.35 |
| 3. | De Gelenberg 1 | De Gelenberg | NED | | | | 9:41.48 | +0.85 |
| | Marijn van Baaren | 92 | +0.85 | 32.35 | 1:08.70 | 1:46.95 | 2:23.84 | 2:23.84 |
| | Kim van Dongen | 04 | +0.45 | 32.36 | 1:09.76 | 1:48.42 | 2:26.74 | 2:26.74 |
| | Sanne Dornensino | 99 | +0.61 | 35.93 | 1:15.62 | 1:56.53 | 2:35.83 | 2:35.83 |
| | Jochem Janssen | 00 | +0.25 | 29.67 | 1:05.45 | 1:40.74 | 2:15.07 | 2:15.07 |
| 4. | De Rijn 1 | De Rijn | NED | | | | 10:15.25 | +0.74 |
| | Annemarie Hoving | 00 | +0.74 | 32.95 | 1:10.17 | 1:48.56 | 2:27.81 | 2:27.81 |
| | Lieke van Hofwegen | 01 | +0.16 | 36.44 | 1:19.25 | 2:03.98 | 2:48.32 | 2:48.32 |
| | Rick van Nieuwenhuizen | 90 | +0.30 | 34.68 | 1:16.61 | 2:01.09 | 2:43.62 | 2:43.62 |
| | Jeroen Louwinger | 99 | +0.37 | 29.31 | 1:03.90 | 1:39.52 | 2:15.50 | 2:15.50 |
| 5. | ZV Hoogland 2 | Zwemvereniging Hoogland | NED | | | | 10:33.39 | +0.80 |
| | Renske Eilers | 88 | +0.80 | 37.77 | 1:19.49 | 2:03.24 | 2:47.04 | 2:47.04 |
| | Yvette Meijer | 97 | +0.92 | 37.99 | 1:21.23 | 2:05.50 | 2:49.39 | 2:49.39 |
| | Ruben de Boer | 93 | +0.18 | 36.86 | 1:18.35 | 2:00.04 | 2:41.74 | 2:41.74 |
| | Kevin Roest | 00 | +0.44 | 30.18 | 1:04.62 | 1:40.13 | 2:15.22 | 2:15.22 |

120+, Gemengd

| | | | | | | | | |
|----|----------------------------------|----------------------|-------|-------|---------|---------|----------------|---------|
| 1. | WVZ 1 | WVZ | NED | | | | 8:44.89 | +0.76 |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | Delia Badoux | 80 | +0.76 | 30.75 | 1:05.47 | 1:41.73 | 2:18.25 | 2:18.25 |
| | Sander Kirillova | 98 | +0.05 | 29.12 | 1:02.54 | 1:36.96 | 2:11.15 | 2:11.15 |
| | Leonie van Noort | 93 | +0.34 | 29.34 | 1:01.57 | 1:34.88 | 2:07.98 | 2:07.98 |
| | Jasper Breugem | 00 | +0.42 | 27.97 | 59.71 | 1:33.58 | 2:07.51 | 2:07.51 |
| 2. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | NED | | | | 9:25.56 | +0.66 |
| | Jorian Darwinkel | 03 | +0.66 | 28.14 | 1:00.69 | 1:35.85 | 2:10.82 | 2:10.82 |
| | Marten de Groot | 58 | +0.40 | 32.61 | 1:09.25 | 1:46.97 | 2:24.88 | 2:24.88 |
| | Lianne van Wier | 02 | +0.35 | 31.77 | 1:08.83 | 1:47.26 | 2:25.39 | 2:25.39 |
| | Inge Dekker | 02 | +0.36 | 31.23 | 1:08.14 | 1:46.74 | 2:24.47 | 2:24.47 |
| 3. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | NED | | | | 9:26.71 | |
| | Jan Brink | 62 | | 32.62 | 1:09.75 | 1:48.72 | 2:27.42 | 2:27.42 |
| | Eva van Elsen | 99 | +0.56 | 32.88 | 1:08.99 | 1:46.80 | 2:25.19 | 2:25.19 |
| | Kirsten Walraven | 00 | | 30.79 | 1:05.51 | 1:41.65 | 2:17.74 | 2:17.74 |
| | Tom van Gils | 95 | +0.29 | 31.27 | 1:06.01 | 1:41.83 | 2:16.36 | 2:16.36 |
| 4. | DAW 1 | DAW | NED | | | | 9:28.52 | +0.78 |
| | Ilona Hogerheyde | 74 | +0.78 | 33.80 | 1:12.71 | 1:53.80 | 2:35.84 | 2:35.84 |
| | Alex Damen | 75 | +0.56 | 31.74 | 1:07.92 | 1:45.51 | 2:22.04 | 2:22.04 |
| | Melissa Zwaan | 91 | +0.62 | 33.31 | 1:11.44 | 1:50.84 | 2:29.71 | 2:29.71 |
| | Luc Mul | 02 | +0.38 | 27.28 | 58.13 | 1:29.72 | 2:00.93 | 2:00.93 |
| 5. | Zwemlust- den Hommel 1 | Zwemlust- den Hommel | NED | | | | 9:38.81 | +0.70 |
| | Vincent Versteeg | 77 | +0.70 | 30.31 | 1:05.36 | 1:41.82 | 2:17.01 | 2:17.01 |
| | Sophie Stekelenburg | 04 | +0.40 | 31.88 | 1:08.91 | 1:46.85 | 2:24.94 | 2:24.94 |
| | Liesbeth van Mill | 87 | +0.54 | 36.20 | 1:17.65 | 2:01.05 | 2:44.30 | 2:44.30 |
| | Fayssal Lantema | 01 | +0.41 | 29.88 | 1:02.70 | 1:37.77 | 2:12.56 | 2:12.56 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 15, Gemengd, 4 x 200m vrije slag, 120+

| rang | vereniging | | | | | tijd | RT | PARA |
|------|---------------------------|-------------------------|-------|-------|---------|-----------------|---------|---------|
| 6. | Team Noord Holland (SG) 1 | Team Noord Holland (SG) | NED | | | 9:51.76 | +0.74 | |
| | Rik Hofland | 97 | +0.74 | 27.50 | 59.21 | 1:33.78 | 2:08.32 | 2:08.32 |
| | Peter van de Bor | 84 | +0.44 | 31.96 | 1:10.04 | 1:51.19 | 2:32.40 | 2:32.40 |
| | Inken Wernheuer | 71 | +0.30 | 35.37 | 1:15.58 | 1:58.56 | 2:40.72 | 2:40.72 |
| | Lotte van Gessel | 03 | +0.61 | 35.61 | 1:13.62 | 1:53.63 | 2:30.32 | 2:30.32 |
| 7. | AZC 2 | AZC | NED | | | 10:00.19 | +0.79 | |
| | Monique van Huizen | 87 | +0.79 | 33.78 | 1:13.06 | 1:55.72 | 2:39.62 | 2:39.62 |
| | Jeroen Matthijssen | 91 | +0.56 | 29.96 | 1:04.66 | 1:41.24 | 2:16.03 | 2:16.03 |
| | Jessica Braat | 02 | +0.51 | 34.30 | 1:13.86 | 1:54.41 | 2:34.37 | 2:34.37 |
| | Patrick Brouwer | 93 | +0.64 | 32.75 | 1:10.71 | 1:50.83 | 2:30.17 | 2:30.17 |
| 8. | VZV Njord 1 | VZV Njord | NED | | | 10:30.27 | +0.72 | |
| | Erik Keukens | 75 | +0.72 | 32.36 | 1:09.02 | 1:47.38 | 2:23.35 | 2:23.35 |
| | Margot van de Rakt | 93 | +0.18 | 37.01 | 1:21.37 | 2:09.27 | 2:57.76 | 2:57.76 |
| | Inge Hertogh | 01 | +0.03 | 35.40 | 1:17.33 | 2:00.75 | 2:42.12 | 2:42.12 |
| | Francis Roosen | 68 | +0.39 | 33.95 | 1:11.06 | 1:49.91 | 2:27.04 | 2:27.04 |
| 9. | De Biesboschwimmers 1 | De Biesboschwimmers | NED | | | 10:36.56 | +0.73 | |
| | Wouter van der Stelt | 72 | +0.73 | 36.50 | 1:17.60 | 2:00.01 | 2:42.84 | 2:42.84 |
| | Nico Swart | 68 | +0.08 | 34.30 | 1:15.78 | 2:00.13 | 2:43.69 | 2:43.69 |
| | Mandy Swart | 99 | +0.46 | 34.67 | 1:14.77 | 1:57.12 | 2:38.86 | 2:38.86 |
| | Sanne van de Pol | 98 | +0.33 | 32.33 | 1:10.36 | 1:50.61 | 2:31.17 | 2:31.17 |
| 10. | PSV 7 | PSV | NED | | | 10:39.82 | +0.83 | |
| | Nanda van Heteren | 89 | +0.83 | 36.34 | 1:16.66 | 1:57.81 | 2:37.18 | 2:37.18 |
| | Jolanda van Gendt | 78 | +0.43 | 36.90 | 1:20.38 | 2:06.04 | 2:51.32 | 2:51.32 |
| | Mark Godwaldt | 87 | +0.51 | 32.73 | 1:10.95 | 1:51.42 | 2:31.94 | 2:31.94 |
| | Arne-Willem Kroonen | 84 | +0.31 | 33.20 | 1:11.63 | 1:54.24 | 2:39.38 | 2:39.38 |
| 11. | Steenwijk 1934 1 | Steenwijk 1934 | NED | | | 10:56.53 | +0.89 | |
| | Nanda Wobben-de Vries | 92 | +0.89 | 38.41 | 1:22.33 | 2:07.89 | 2:54.01 | 2:54.01 |
| | Patrick Wobben | 93 | +0.75 | 39.60 | 1:25.21 | 2:14.22 | 3:03.31 | 3:03.31 |
| | Getrude Corporaal | 92 | +0.62 | 34.21 | 1:13.31 | 1:54.64 | 2:35.87 | 2:35.87 |
| | Rick Driezen | 86 | +0.52 | 32.40 | 1:08.01 | 1:45.11 | 2:23.34 | 2:23.34 |

160+, Gemengd

| | | | | | | | | |
|----|-------------------------|------------|-------|-------|---------|-----------------|---------|---------|
| 1. | Sassenheim 1 | Sassenheim | NED | | | 10:24.39 | +0.51 | |
| | Marianne de Bruin | 84 | +0.51 | 37.07 | 1:19.05 | 2:03.70 | 2:46.07 | 2:46.07 |
| | Arjan Buijsse | 79 | +0.41 | 32.42 | 1:09.96 | 1:49.82 | 2:30.32 | 2:30.32 |
| | Marinka vd Zwet | 65 | +0.48 | 36.27 | 1:19.27 | 2:04.05 | 2:47.44 | 2:47.44 |
| | Wesley van der Luit | 97 | +0.32 | 32.88 | 1:08.86 | 1:45.57 | 2:20.56 | 2:20.56 |
| 2. | DWK 1 | DWK | NED | | | 11:06.63 | +0.81 | |
| | Martijn de Jong | 71 | +0.81 | 36.53 | 1:19.16 | 2:03.13 | 2:46.45 | 2:46.45 |
| | Lars Jacobsen | 97 | +0.64 | 30.50 | 1:06.66 | 1:44.27 | 2:19.95 | 2:19.95 |
| | Jennie Resink-lindeboom | 60 | +0.66 | 44.70 | 1:34.57 | 2:25.33 | 3:13.78 | 3:13.78 |
| | Iris van Aurich | 69 | +0.72 | 36.76 | 1:19.12 | 2:03.69 | 2:46.45 | 2:46.45 |

200+, Gemengd

| | | | | | | | | |
|----|---|----------------------------|-------|-------|---------|-----------------|---------|---------|
| 1. | De Biesboschwimmers 2 | De Biesboschwimmers | NED | | | 10:01.90 | +0.77 | |
| | Harry Cornet | 71 | +0.77 | 32.66 | 1:08.95 | 1:45.82 | 2:21.60 | 2:21.60 |
| | Henri Verschoor | 70 | +0.78 | 35.20 | 1:14.99 | 1:55.31 | 2:35.10 | 2:35.10 |
| | Johanna van Wijnen | 72 | +0.18 | 35.03 | 1:13.23 | 1:51.79 | 2:31.07 | 2:31.07 |
| | Anne-Marie Verschoor-Vos | 81 | +0.70 | 33.45 | 1:12.69 | 1:53.74 | 2:34.13 | 2:34.13 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | | 10:04.60 | +0.70 | |
| | Hugues Herman | 66 | +0.70 | 33.18 | 1:10.12 | 1:46.93 | 2:22.20 | 2:22.20 |
| | Julien Marquet | 82 | +0.24 | 32.38 | 1:10.17 | 1:50.31 | 2:28.63 | 2:28.63 |
| | Valérie Rolland | 71 | +0.48 | 36.37 | 1:15.61 | 1:56.53 | 2:35.54 | 2:35.54 |
| | Nathalie Blondeel | 77 | +0.34 | 36.46 | 1:17.12 | 1:58.36 | 2:38.23 | 2:38.23 |
| 3. | Westland Swimming Stars 2 | Westland Swimming Stars | NED | | | 10:51.61 | +0.81 | |
| | Fred Dijkshoorn | 65 | +0.81 | 39.02 | 1:25.03 | 2:11.80 | 2:57.25 | 2:57.25 |
| | Mirjan den Drijver | 75 | +0.44 | 36.27 | 1:18.75 | 2:01.16 | 2:42.81 | 2:42.81 |
| | Netty Burik-Geijssen | 63 | +0.31 | 35.60 | 1:16.06 | 1:57.91 | 2:37.72 | 2:37.72 |
| | Pieter Broek | 77 | +0.50 | 32.12 | 1:09.42 | 1:50.81 | 2:33.83 | 2:33.83 |
| 4. | De Rog 2 | De Rog | NED | | | 11:43.68 | +0.83 | |
| | Esther Vergeest | 77 | +0.83 | 40.29 | 1:24.26 | 2:09.69 | 2:54.40 | 2:54.40 |
| | Sandra Van der Helm | 78 | +0.62 | 44.56 | 1:33.50 | 2:26.51 | 3:19.45 | 3:19.45 |
| | Wijnand Vergeest | 68 | +0.49 | 37.34 | 1:20.96 | 2:05.08 | 2:45.89 | 2:45.89 |
| | Roy Le Clercq | 64 | +0.58 | 36.09 | 1:17.55 | 2:01.49 | 2:43.94 | 2:43.94 |
| 5. | Feijenoord Albion Zwemclub 1 | Feijenoord Albion Zwemclub | NED | | | 12:08.25 | +0.85 | |
| | Mario van der Veen | 61 | +0.85 | 41.07 | 1:28.38 | 2:20.29 | 3:09.23 | 3:09.23 |
| | Clementine van Bruxvoort | 77 | +0.62 | 43.68 | 1:35.20 | 2:29.23 | 3:22.35 | 3:22.35 |
| | Cancia Leirissa | 67 | +0.69 | 41.78 | 1:28.86 | 2:18.15 | 3:05.27 | 3:05.27 |
| | Rob van Wanrooy | 82 | +0.11 | 31.93 | 1:09.16 | 1:49.47 | 2:31.40 | 2:31.40 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 15, Gemengd, 4 x 200m vrije slag, 200+

| rang | vereniging | | | | | | tijd | RT | PARA |
|------|-----------------------|----|-------|-------|---------|---------|-----------------|---------|------|
| 6. | SWOL 1894 1 | | | NED | | | 12:10.95 | +0.93 | |
| | Annet Kootstra | 71 | +0.93 | 42.55 | 1:30.74 | 2:20.54 | 3:09.86 | 3:09.86 | |
| | Maxim Hardziyenka | 72 | +0.76 | 44.37 | 1:36.83 | 2:32.69 | 3:24.60 | 3:24.60 | |
| | Christine Nieuwenhuis | 51 | +0.39 | 42.57 | 1:32.41 | 2:22.63 | 3:10.54 | 3:10.54 | |
| | Albert van Plekeren | 84 | +0.43 | 32.56 | 1:10.07 | 1:48.53 | 2:25.95 | 2:25.95 | |

240+, Gemengd

| | | | | | | | | | |
|----|---|----|-------|-------|---------|---------|-----------------|---------|--|
| 1. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | | | 12:23.00 | +0.80 | |
| | Olivier Bresoux | 69 | +0.80 | 36.95 | 1:19.08 | 2:01.65 | 2:43.03 | 2:43.03 | |
| | Claire Anthony | 57 | +0.51 | 42.74 | 1:33.04 | 2:23.19 | 3:10.01 | 3:10.01 | |
| | Bruno Nahon | 70 | +0.56 | 34.52 | 1:13.23 | 1:52.76 | 2:32.20 | 2:32.20 | |
| | Fernande Blondeel-Gourmet | 52 | +0.54 | 53.94 | 1:54.79 | 2:55.69 | 3:57.76 | 3:57.76 | |
| 2. | AZC 1 | | | NED | | | 12:49.11 | +0.77 | |
| | Esther Boerdam-Delfos | 87 | +0.77 | 37.92 | 1:20.82 | 2:05.51 | 2:49.43 | 2:49.43 | |
| | Geza Kaltenecker | 42 | +0.61 | 49.69 | 1:48.82 | 2:47.82 | 3:45.34 | 3:45.34 | |
| | Sandra Daamen-Posma | 68 | +0.63 | 43.50 | 1:31.86 | 2:22.90 | 3:13.43 | 3:13.43 | |
| | Wim de Lange | 58 | +0.61 | 39.70 | 1:24.86 | 2:12.71 | 3:00.91 | 3:00.91 | |

320+, Gemengd

| | | | | | | | | | |
|----|----------------|----|-------|---------|---------|---------|-----------------|---------|--|
| 1. | PSV 4 | | | NED | | | 16:10.16 | +1.29 | |
| | Lottie Geurts | 35 | +1.29 | 1:03.02 | 2:16.44 | 3:29.69 | 4:36.19 | 4:36.19 | |
| | Rob Hanou | 43 | +0.76 | 53.03 | 1:59.46 | 3:06.68 | 4:07.49 | 4:07.49 | |
| | Nic Geers | 38 | +0.84 | 59.80 | 2:09.76 | 3:23.86 | 4:28.30 | 4:28.30 | |
| | Patty Verhagen | 59 | | 42.49 | 1:27.79 | 2:13.31 | 2:58.18 | 2:58.18 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



4 - ONMK 2024 lb Sessie 4

04-05-2024 - 9:30

Programmanr. 16
04-05-2024 - 9:30

Dames, 800m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|--------------------|--|---------------------|---------------|--------------------|---------------|-------|----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Laura Setz | Bubble | NED 200000130 | 9:25.93 | +0.89 | | | |
| | 50m: 30.46 | 30.46 | 250m: 2:49.48 | 35.16 | 450m: 5:12.78 | 35.88 | 650m: 7:38.05 | 36.34 |
| | 100m: 1:04.28 | 33.82 | 300m: 3:24.92 | 35.44 | 500m: 5:48.88 | 36.10 | 700m: 8:14.61 | 36.56 |
| | 150m: 1:38.99 | 34.71 | 350m: 4:00.65 | 35.73 | 550m: 6:24.90 | 36.02 | 750m: 8:50.39 | 35.78 |
| | 200m: 2:14.32 | 35.33 | 400m: 4:36.90 | 36.25 | 600m: 7:01.71 | 36.81 | 800m: 9:25.93 | 35.54 |
| 2. | Roos Englebort | Hieronymus | NED 200200606 | 9:47.83 | +0.74 | | | |
| | 50m: 32.64 | 32.64 | 250m: 2:59.80 | 36.85 | 450m: 5:28.84 | 37.08 | 650m: 7:58.25 | 37.22 |
| | 100m: 1:08.79 | 36.15 | 300m: 3:37.10 | 37.30 | 500m: 6:06.41 | 37.57 | 700m: 8:35.71 | 37.46 |
| | 150m: 1:45.65 | 36.86 | 350m: 4:14.20 | 37.10 | 550m: 6:43.37 | 36.96 | 750m: 9:12.26 | 36.55 |
| | 200m: 2:22.95 | 37.30 | 400m: 4:51.76 | 37.56 | 600m: 7:21.03 | 37.66 | 800m: 9:47.83 | 35.57 |
| 3. | Amber van der Kruk <i>PARA record (NED)</i> | MSV-Zeemacht | NED 200102730 | S14 9:51.50 | +0.87 | 936 | | |
| | 50m: 32.00 | 32.00 | 250m: 3:02.27 | 38.06 | 450m: 5:33.90 | 38.14 | 650m: 8:04.98 | 37.82 |
| | 100m: 1:08.02 | 36.02 | 300m: 3:40.17 | 37.90 | 500m: 6:11.61 | 37.71 | 700m: 8:42.40 | 37.42 |
| | 150m: 1:46.00 | 37.98 | 350m: 4:18.37 | 38.20 | 550m: 6:49.41 | 37.80 | 750m: 9:12.69 | 34.29 |
| | 200m: 2:24.21 | 38.21 | 400m: 4:55.76 | 37.39 | 600m: 7:27.16 | 37.75 | 800m: 9:51.50 | 34.81 |
| 4. | Kirsten Walraven | ZPC De Zeeuwse Kust | NED 200001358 | 10:10.32 | +0.78 | | | |
| | 50m: 32.74 | 32.74 | 250m: 3:04.16 | 38.14 | 450m: 5:37.52 | 38.65 | 650m: 8:13.51 | 39.01 |
| | 100m: 1:09.85 | 37.11 | 300m: 3:42.30 | 38.14 | 500m: 6:16.33 | 38.81 | 700m: 8:53.11 | 39.60 |
| | 150m: 1:47.64 | 37.79 | 350m: 4:20.45 | 38.15 | 550m: 6:55.32 | 38.99 | 750m: 9:31.97 | 38.86 |
| | 200m: 2:26.02 | 38.38 | 400m: 4:58.87 | 38.42 | 600m: 7:34.50 | 39.18 | 800m: 10:10.32 | 38.35 |
| 5. | Marte Vlieg | Aqua-Novio '94 | NED 200304996 | 10:29.42 | +0.78 | | | |
| | 50m: 34.80 | 34.80 | 250m: 3:14.15 | 40.37 | 450m: 5:54.74 | 40.00 | 650m: 8:34.40 | 39.73 |
| | 100m: 1:13.56 | 38.76 | 300m: 3:54.42 | 40.27 | 500m: 6:34.59 | 39.85 | 700m: 9:14.07 | 39.67 |
| | 150m: 1:53.61 | 40.05 | 350m: 4:34.83 | 40.41 | 550m: 7:14.65 | 40.06 | 750m: 9:52.94 | 38.87 |
| | 200m: 2:33.78 | 40.17 | 400m: 5:14.74 | 39.91 | 600m: 7:54.67 | 40.02 | 800m: 10:29.42 | 36.48 |
| 6. | Cynthia Koolman | ZPC Hoogeveen | NED 200300232 | 10:38.82 | +0.68 | | | |
| | 50m: 35.03 | 35.03 | 250m: 3:11.62 | 39.67 | 450m: 5:55.12 | 41.19 | 650m: 8:39.45 | 40.81 |
| | 100m: 1:13.56 | 38.53 | 300m: 3:51.84 | 40.22 | 500m: 6:36.23 | 41.11 | 700m: 9:19.92 | 40.47 |
| | 150m: 1:52.26 | 38.70 | 350m: 4:32.54 | 40.70 | 550m: 7:17.80 | 41.57 | 750m: 10:00.26 | 40.34 |
| | 200m: 2:31.95 | 39.69 | 400m: 5:13.93 | 41.39 | 600m: 7:58.64 | 40.84 | 800m: 10:38.82 | 38.56 |
| 7. | Manou Blokhorst | WWV Winterswijk | NED 200402554 | 10:56.01 * | +0.74 | | | |
| | 50m: 35.38 | 35.38 | 250m: 3:16.29 | 40.90 | 450m: 6:02.93 | 41.78 | 650m: 8:52.44 | 41.92 |
| | 100m: 1:14.92 | 39.54 | 300m: 3:57.93 | 41.64 | 500m: 6:45.29 | 42.36 | 700m: 9:34.74 | 42.30 |
| | 150m: 1:54.30 | 39.38 | 350m: 4:39.41 | 41.48 | 550m: 7:27.43 | 42.14 | 750m: 10:16.11 | 41.37 |
| | 200m: 2:35.39 | 41.09 | 400m: 5:21.15 | 41.74 | 600m: 8:10.52 | 43.09 | 800m: 10:56.01 | 39.90 |
| 8. | Eline Hoekstra | OEZA | NED 200301280 | 11:03.14 | +0.90 | | | |
| | 50m: 33.84 | 33.84 | 250m: 3:16.39 | 41.57 | 450m: 6:06.45 | 42.62 | 650m: 8:57.72 | 42.38 |
| | 100m: 1:12.48 | 38.64 | 300m: 3:58.86 | 42.47 | 500m: 6:49.14 | 42.69 | 700m: 9:40.62 | 42.90 |
| | 150m: 1:53.24 | 40.76 | 350m: 4:40.93 | 42.07 | 550m: 7:32.11 | 42.97 | 750m: 10:22.22 | 41.60 |
| | 200m: 2:34.82 | 41.58 | 400m: 5:23.83 | 42.90 | 600m: 8:15.34 | 43.23 | 800m: 11:03.14 | 40.92 |
| 9. | Jet van Oudheusden | ZOB'66 | NED 200401012 | 11:13.72 | +0.79 | | | |
| | 50m: 34.95 | 34.95 | 250m: 3:19.42 | 42.37 | 450m: 6:11.09 | 43.26 | 650m: 9:04.41 | 43.72 |
| | 100m: 1:14.02 | 39.07 | 300m: 4:02.23 | 42.81 | 500m: 6:54.12 | 43.03 | 700m: 9:48.37 | 43.96 |
| | 150m: 1:55.13 | 41.11 | 350m: 4:45.07 | 42.84 | 550m: 7:37.33 | 43.21 | 750m: 10:31.31 | 42.94 |
| | 200m: 2:37.05 | 41.92 | 400m: 5:27.83 | 42.76 | 600m: 8:20.69 | 43.36 | 800m: 11:13.72 | 42.41 |
| 10. | Vivian Gravemaker | De Rijn | NED 200400058 | 11:29.34 | +0.72 | | | |
| | 50m: 37.96 | 37.96 | 250m: 3:32.75 | 44.15 | 450m: 6:29.44 | 43.92 | 650m: 9:25.73 | 44.41 |
| | 100m: 1:20.50 | 42.54 | 300m: 4:16.63 | 43.88 | 500m: 7:13.81 | 44.37 | 700m: 10:08.05 | 42.32 |
| | 150m: 2:04.46 | 43.96 | 350m: 5:00.85 | 44.22 | 550m: 7:57.50 | 43.69 | 750m: 10:50.37 | 42.32 |
| | 200m: 2:48.60 | 44.14 | 400m: 5:45.52 | 44.67 | 600m: 8:41.32 | 43.82 | 800m: 11:29.34 | 38.97 |

Masters 25+

| | | | | | | | | |
|----|---------------|--------|---------------|----------------|---------------|-------|---------------|-------|
| 1. | Marijke Drent | Bubble | NED 199906232 | 9:55.64 | +0.78 | | | |
| | 50m: 32.80 | 32.80 | 250m: 3:03.22 | 38.07 | 450m: 5:34.71 | 37.53 | 650m: 8:05.45 | 37.48 |
| | 100m: 1:09.31 | 36.51 | 300m: 3:41.38 | 38.16 | 500m: 6:12.54 | 37.83 | 700m: 8:42.97 | 37.52 |
| | 150m: 1:47.06 | 37.75 | 350m: 4:19.11 | 37.73 | 550m: 6:50.20 | 37.66 | 750m: 9:19.76 | 36.79 |
| | 200m: 2:25.15 | 38.09 | 400m: 4:57.18 | 38.07 | 600m: 7:27.97 | 37.77 | 800m: 9:55.64 | 35.88 |

Programmanr. 16, Dames, 800m vrije slag, Masters 25+

| rang | naam | vereniging | GER | 195679 | tijd | RT | PARA | |
|------|-----------------|----------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 2. | Sarah Strack | SG Aumund - Vegesack | GER | 195679 | 10:16.96 | +0.77 | | |
| | 50m: 33.45 | 33.45 | 250m: 3:04.77 | 38.38 | 450m: 5:40.56 | 39.38 | 650m: 8:20.23 | 39.79 |
| | 100m: 1:10.51 | 37.06 | 300m: 3:43.20 | 38.43 | 500m: 6:20.61 | 40.05 | 700m: 9:00.30 | 40.07 |
| | 150m: 1:48.46 | 37.95 | 350m: 4:22.08 | 38.88 | 550m: 7:00.33 | 39.72 | 750m: 9:39.41 | 39.11 |
| | 200m: 2:26.39 | 37.93 | 400m: 5:01.18 | 39.10 | 600m: 7:40.44 | 40.11 | 800m: 10:16.96 | 37.55 |
| 3. | Fiona Meuffels | PSV | NED | 199504366 | 10:31.48 | +0.74 | | |
| | 50m: 34.71 | 34.71 | 250m: 3:10.58 | 39.40 | 450m: 5:53.53 | 41.15 | 650m: 8:35.31 | 40.32 |
| | 100m: 1:12.65 | 37.94 | 300m: 3:50.81 | 40.23 | 500m: 6:33.73 | 40.20 | 700m: 9:14.95 | 39.64 |
| | 150m: 1:51.61 | 38.96 | 350m: 4:31.84 | 41.03 | 550m: 7:14.76 | 41.03 | 750m: 9:54.05 | 39.10 |
| | 200m: 2:31.18 | 39.57 | 400m: 5:12.38 | 40.54 | 600m: 7:54.99 | 40.23 | 800m: 10:31.48 | 37.43 |
| 4. | Floor Weijmans | HZPC | NED | 199502522 | 10:52.83 | +0.81 | | |
| | 50m: 35.79 | 35.79 | 250m: 3:15.91 | 40.94 | 450m: 6:02.84 | 41.49 | 650m: 8:50.72 | 41.05 |
| | 100m: 1:14.69 | 38.90 | 300m: 3:57.72 | 41.81 | 500m: 6:45.33 | 42.49 | 700m: 9:31.90 | 41.18 |
| | 150m: 1:54.42 | 39.73 | 350m: 4:39.47 | 41.75 | 550m: 7:27.30 | 41.97 | 750m: 10:12.56 | 40.66 |
| | 200m: 2:34.97 | 40.55 | 400m: 5:21.35 | 41.88 | 600m: 8:09.67 | 42.37 | 800m: 10:52.83 | 40.27 |
| 5. | Ageeth de Haan | Steenwijk 1934 | NED | 199901022 | 11:44.95 | +0.79 | | |
| | 50m: 36.48 | 36.48 | 250m: 3:34.18 | 45.39 | 450m: 6:36.12 | 45.94 | 650m: 9:36.70 | 44.31 |
| | 100m: 1:18.98 | 42.50 | 300m: 4:19.42 | 45.24 | 500m: 7:21.61 | 45.49 | 700m: 10:20.50 | 43.80 |
| | 150m: 2:03.17 | 44.19 | 350m: 5:04.96 | 45.54 | 550m: 8:07.79 | 46.18 | 750m: 11:03.61 | 43.11 |
| | 200m: 2:48.79 | 45.62 | 400m: 5:50.18 | 45.22 | 600m: 8:52.39 | 44.60 | 800m: 11:44.95 | 41.34 |
| 6. | Aniek Garritsen | De IJsselmeeuwen | NED | 199504290 | 12:04.27 | +0.76 | | |
| | 50m: 39.07 | 39.07 | 250m: 3:37.40 | 45.64 | 450m: 6:44.39 | 47.02 | 650m: 9:50.74 | 46.04 |
| | 100m: 1:22.19 | 43.12 | 300m: 4:24.06 | 46.66 | 500m: 7:30.90 | 46.51 | 700m: 10:36.16 | 45.42 |
| | 150m: 2:06.65 | 44.46 | 350m: 5:10.24 | 46.18 | 550m: 8:17.78 | 46.88 | 750m: 11:21.09 | 44.93 |
| | 200m: 2:51.76 | 45.11 | 400m: 5:57.37 | 47.13 | 600m: 9:04.70 | 46.92 | 800m: 12:04.27 | 43.18 |
| 7. | Marenne Huigh | Scheldestroom | NED | 199900852 | 12:17.12 | +0.79 | | |
| | 50m: 38.67 | 38.67 | 250m: 3:40.10 | 46.22 | 450m: 6:49.26 | 47.88 | 650m: 9:59.59 | 47.18 |
| | 100m: 1:22.99 | 44.32 | 300m: 4:26.60 | 46.50 | 500m: 7:36.98 | 47.72 | 700m: 10:46.39 | 46.80 |
| | 150m: 2:08.41 | 45.42 | 350m: 5:13.62 | 47.02 | 550m: 8:25.09 | 48.11 | 750m: 11:32.62 | 46.23 |
| | 200m: 2:53.88 | 45.47 | 400m: 6:01.38 | 47.76 | 600m: 9:12.41 | 47.32 | 800m: 12:17.12 | 44.50 |

Masters 30+

| | | | | | | | | |
|----|----------------------------------|-----------------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Leonie van Noort | WVZ | NED | 199301752 | 9:28.74 | +0.82 | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | 50m: 31.38 | 31.38 | 250m: 2:52.98 | 35.98 | 450m: 5:17.36 | 36.06 | 650m: 7:42.80 | 36.11 |
| | 100m: 1:05.84 | 34.46 | 300m: 3:28.84 | 35.86 | 500m: 5:53.85 | 36.49 | 700m: 8:18.98 | 36.18 |
| | 150m: 1:41.35 | 35.51 | 350m: 4:05.13 | 36.29 | 550m: 6:30.20 | 36.35 | 750m: 8:54.90 | 35.92 |
| | 200m: 2:17.00 | 35.65 | 400m: 4:41.30 | 36.17 | 600m: 7:06.69 | 36.49 | 800m: 9:28.74 | 33.84 |
| 2. | Nienke Smidt | WS Twente | NED | 199407596 | 10:48.80 | +0.88 | | |
| | 50m: 35.98 | 35.98 | 250m: 3:20.07 | 42.27 | 450m: 6:06.55 | 41.18 | 650m: 8:52.58 | 41.14 |
| | 100m: 1:15.32 | 39.34 | 300m: 4:02.10 | 42.03 | 500m: 6:48.84 | 42.29 | 700m: 9:33.14 | 40.56 |
| | 150m: 1:56.16 | 40.84 | 350m: 4:43.63 | 41.53 | 550m: 7:30.21 | 41.37 | 750m: 10:13.10 | 39.96 |
| | 200m: 2:37.80 | 41.64 | 400m: 5:25.37 | 41.74 | 600m: 8:11.44 | 41.23 | 800m: 10:48.80 | 35.70 |
| 3. | Lucie Terver | Club Nautique Val de Fensch | FRA | 412372 | 10:48.90 | +0.80 | | |
| | 50m: 35.86 | 35.86 | 250m: 3:14.51 | 39.72 | 450m: 5:56.77 | 40.30 | 650m: 8:43.74 | 42.14 |
| | 100m: 1:14.82 | 38.96 | 300m: 3:55.33 | 40.82 | 500m: 6:38.24 | 41.47 | 700m: 9:26.32 | 42.58 |
| | 150m: 1:54.19 | 39.37 | 350m: 4:35.29 | 39.96 | 550m: 7:19.59 | 41.35 | 750m: 10:08.52 | 42.20 |
| | 200m: 2:34.79 | 40.60 | 400m: 5:16.47 | 41.18 | 600m: 8:01.60 | 42.01 | 800m: 10:48.90 | 40.38 |
| 4. | Marijke Kommers | Niemo Barracuda | NED | 199305334 | 10:49.00 | +0.85 | | |
| | 50m: 35.26 | 35.26 | 250m: 3:18.76 | 42.03 | 450m: 6:05.55 | 41.56 | 650m: 8:51.14 | 40.89 |
| | 100m: 1:14.82 | 39.56 | 300m: 4:00.75 | 41.99 | 500m: 6:47.33 | 41.78 | 700m: 9:31.41 | 40.27 |
| | 150m: 1:55.50 | 40.68 | 350m: 4:42.25 | 41.50 | 550m: 7:29.03 | 41.70 | 750m: 10:11.61 | 40.20 |
| | 200m: 2:36.73 | 41.23 | 400m: 5:23.99 | 41.74 | 600m: 8:10.25 | 41.22 | 800m: 10:49.00 | 37.39 |
| 5. | Anouk Kuijlaars | PSV | NED | 199401700 | 10:55.65 | +0.75 | | |
| | 50m: 36.65 | 36.65 | 250m: 3:18.35 | 41.24 | 450m: 6:03.88 | 41.64 | 650m: 8:51.99 | 42.09 |
| | 100m: 1:16.06 | 39.41 | 300m: 3:59.71 | 41.36 | 500m: 6:45.93 | 42.05 | 700m: 9:33.71 | 41.72 |
| | 150m: 1:56.58 | 40.52 | 350m: 4:40.76 | 41.05 | 550m: 7:27.77 | 41.84 | 750m: 10:15.22 | 41.51 |
| | 200m: 2:37.11 | 40.53 | 400m: 5:22.24 | 41.48 | 600m: 8:09.90 | 42.13 | 800m: 10:55.65 | 40.43 |
| 6. | Elmi Roelofsen | Octopus-ZVV (SG) | NED | 199008198 | 11:10.90 | +0.87 | | |
| | 50m: 33.82 | 33.82 | 250m: 3:15.88 | 41.35 | 450m: 6:06.24 | 43.20 | 650m: 9:01.49 | 44.28 |
| | 100m: 1:12.54 | 38.72 | 300m: 3:57.56 | 41.68 | 500m: 6:49.40 | 43.16 | 700m: 9:45.50 | 44.01 |
| | 150m: 1:53.39 | 40.85 | 350m: 4:40.21 | 42.65 | 550m: 7:33.40 | 44.00 | 750m: 10:29.21 | 43.71 |
| | 200m: 2:34.53 | 41.14 | 400m: 5:23.04 | 42.83 | 600m: 8:17.21 | 43.81 | 800m: 11:10.90 | 41.69 |
| 7. | Jisca Majolée | ZPC AMERSFOORT | NED | 199403570 | 11:22.46 | +0.88 | | |
| | 50m: 37.04 | 37.04 | 250m: 3:29.26 | 43.44 | 450m: 6:23.16 | 43.45 | 650m: 9:17.73 | 43.22 |
| | 100m: 1:19.13 | 42.09 | 300m: 4:12.54 | 43.28 | 500m: 7:06.83 | 43.67 | 700m: 10:01.44 | 43.71 |
| | 150m: 2:02.23 | 43.10 | 350m: 4:56.01 | 43.47 | 550m: 7:50.47 | 43.64 | 750m: 10:43.78 | 42.34 |
| | 200m: 2:45.82 | 43.59 | 400m: 5:39.71 | 43.70 | 600m: 8:34.51 | 44.04 | 800m: 11:22.46 | 38.68 |

Programmanr. 16, Dames, 800m vrije slag, Masters 30+

| rang | naam | vereniging | land | nummer | tijd | RT | PARA | |
|------|----------------------|------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 8. | Leontine Groeneveldt | De Duck | NED | 199303526 | 11:55.74 | +0.75 | | |
| | 50m: 38.01 | 38.01 | 250m: 3:37.17 | 45.83 | 450m: 6:41.83 | 46.53 | 650m: 9:45.34 | 45.86 |
| | 100m: 1:21.13 | 43.12 | 300m: 4:22.57 | 45.40 | 500m: 7:28.00 | 46.17 | 700m: 10:30.68 | 45.34 |
| | 150m: 2:06.19 | 45.06 | 350m: 5:09.14 | 46.57 | 550m: 8:14.46 | 46.46 | 750m: 11:15.33 | 44.65 |
| | 200m: 2:51.34 | 45.15 | 400m: 5:55.30 | 46.16 | 600m: 8:59.48 | 45.02 | 800m: 11:55.74 | 40.41 |
| 9. | Irmgard van Weeghel | ESCA Zwemmen | NED | 199204834 | 12:40.39 | +0.84 | | |
| | 50m: 40.68 | 40.68 | 250m: 3:48.38 | 48.15 | 450m: 7:02.27 | 49.05 | 650m: 10:17.33 | 48.87 |
| | 100m: 1:25.29 | 44.61 | 300m: 4:36.29 | 47.91 | 500m: 7:50.85 | 48.58 | 700m: 11:05.55 | 48.22 |
| | 150m: 2:12.10 | 46.81 | 350m: 5:25.00 | 48.71 | 550m: 8:39.86 | 49.01 | 750m: 11:53.75 | 48.20 |
| | 200m: 3:00.23 | 48.13 | 400m: 6:13.22 | 48.22 | 600m: 9:28.46 | 48.60 | 800m: 12:40.39 | 46.64 |
| 10. | Marjan Rikken | Octopus-ZVV (SG) | NED | 199206114 | 13:17.86 | +0.86 | | |
| | 50m: 42.13 | 42.13 | 250m: 3:58.25 | 50.48 | 450m: 7:24.06 | 51.29 | 650m: 10:49.84 | 51.40 |
| | 100m: 1:29.34 | 47.21 | 300m: 4:49.38 | 51.13 | 500m: 8:15.23 | 51.17 | 700m: 11:40.86 | 51.02 |
| | 150m: 2:18.33 | 48.99 | 350m: 5:41.06 | 51.68 | 550m: 9:06.83 | 51.60 | 750m: 12:31.19 | 50.33 |
| | 200m: 3:07.77 | 49.44 | 400m: 6:32.77 | 51.71 | 600m: 9:58.44 | 51.61 | 800m: 13:17.86 | 46.67 |

Masters 35+

| | | | | | | | | |
|----|-------------------------|----------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 9:54.62 | +0.76 | | |
| | 50m: 33.21 | 33.21 | 250m: 3:02.50 | 37.77 | 450m: 5:34.33 | 38.32 | 650m: 8:06.01 | 37.73 |
| | 100m: 1:09.44 | 36.23 | 300m: 3:40.35 | 37.85 | 500m: 6:12.36 | 38.03 | 700m: 8:42.93 | 36.92 |
| | 150m: 1:47.03 | 37.59 | 350m: 4:18.41 | 38.06 | 550m: 6:50.51 | 38.15 | 750m: 9:19.85 | 36.92 |
| | 200m: 2:24.73 | 37.70 | 400m: 4:56.01 | 37.60 | 600m: 7:28.28 | 37.77 | 800m: 9:54.62 | 34.77 |
| 2. | Jenny Schouten | PSV | NED | 198703674 | 10:04.37 | +0.80 | | |
| | 50m: 33.10 | 33.10 | 250m: 3:03.38 | 37.71 | 450m: 5:37.27 | 38.72 | 650m: 8:12.73 | 38.91 |
| | 100m: 1:10.34 | 37.24 | 300m: 3:41.72 | 38.34 | 500m: 6:15.77 | 38.50 | 700m: 8:50.76 | 38.03 |
| | 150m: 1:47.93 | 37.59 | 350m: 4:20.05 | 38.33 | 550m: 6:54.47 | 38.70 | 750m: 9:28.39 | 37.63 |
| | 200m: 2:25.67 | 37.74 | 400m: 4:58.55 | 38.50 | 600m: 7:33.82 | 39.35 | 800m: 10:04.37 | 35.98 |
| 3. | Viktória Háden-Felföldi | Iron Swim | HUN | | 10:04.64 | +0.72 | | |
| | 50m: 33.42 | 33.42 | 250m: 3:02.58 | 37.40 | 450m: 5:35.21 | 38.01 | 650m: 8:10.01 | 38.72 |
| | 100m: 1:10.48 | 37.06 | 300m: 3:40.84 | 38.26 | 500m: 6:13.69 | 38.48 | 700m: 8:49.06 | 39.05 |
| | 150m: 1:47.46 | 36.98 | 350m: 4:18.61 | 37.77 | 550m: 6:52.38 | 38.69 | 750m: 9:27.48 | 38.42 |
| | 200m: 2:25.18 | 37.72 | 400m: 4:57.20 | 38.59 | 600m: 7:31.29 | 38.91 | 800m: 10:04.64 | 37.16 |
| 4. | Lisanne Andeweg | Zuiderzeewimmers | NED | 198800092 | 10:33.32 | +0.84 | | |
| | 50m: 35.04 | 35.04 | 250m: 3:14.89 | 40.17 | 450m: 5:56.45 | 40.39 | 650m: 8:36.79 | 39.98 |
| | 100m: 1:14.30 | 39.26 | 300m: 3:55.36 | 40.47 | 500m: 6:36.40 | 39.95 | 700m: 9:16.48 | 39.69 |
| | 150m: 1:54.49 | 40.19 | 350m: 4:35.72 | 40.36 | 550m: 7:16.62 | 40.22 | 750m: 9:55.66 | 39.18 |
| | 200m: 2:34.72 | 40.23 | 400m: 5:16.06 | 40.34 | 600m: 7:56.81 | 40.19 | 800m: 10:33.32 | 37.66 |
| 5. | Relinda Baas | TriVia | NED | 198900144 | 10:56.30 | +0.83 | | |
| | 50m: 35.44 | 35.44 | 250m: 3:17.68 | 41.74 | 450m: 6:04.54 | 41.89 | 650m: 8:51.71 | 41.46 |
| | 100m: 1:14.26 | 38.82 | 300m: 3:59.46 | 41.78 | 500m: 6:46.64 | 42.10 | 700m: 9:33.72 | 42.01 |
| | 150m: 1:54.50 | 40.24 | 350m: 4:41.04 | 41.58 | 550m: 7:28.37 | 41.73 | 750m: 10:15.35 | 41.63 |
| | 200m: 2:35.94 | 41.44 | 400m: 5:22.65 | 41.61 | 600m: 8:10.25 | 41.88 | 800m: 10:56.30 | 40.95 |
| 6. | Nanda van Heteren | PSV | NED | 198901728 | 11:22.86 | +0.85 | | |
| | 50m: 38.07 | 38.07 | 250m: 3:32.21 | 43.72 | 450m: 6:27.73 | 43.67 | 650m: 9:20.94 | 42.85 |
| | 100m: 1:20.71 | 42.64 | 300m: 4:16.53 | 44.32 | 500m: 7:11.56 | 43.83 | 700m: 10:02.93 | 41.99 |
| | 150m: 2:04.59 | 43.88 | 350m: 4:59.80 | 43.27 | 550m: 7:54.92 | 43.36 | 750m: 10:44.02 | 41.09 |
| | 200m: 2:48.49 | 43.90 | 400m: 5:44.06 | 44.26 | 600m: 8:38.09 | 43.17 | 800m: 11:22.86 | 38.84 |
| 7. | Liesbeth van Mill | Zwemlust- den Hommel | NED | 198702786 | 11:56.55 | +0.94 | | |
| | 50m: 39.03 | 39.03 | 250m: 3:37.40 | 45.04 | 450m: 6:37.83 | 44.95 | 650m: 9:39.93 | 45.31 |
| | 100m: 1:22.73 | 43.70 | 300m: 4:22.86 | 45.46 | 500m: 7:23.56 | 45.73 | 700m: 10:26.21 | 46.28 |
| | 150m: 2:07.07 | 44.34 | 350m: 5:07.48 | 44.62 | 550m: 8:08.85 | 45.29 | 750m: 11:11.89 | 45.68 |
| | 200m: 2:52.36 | 45.29 | 400m: 5:52.88 | 45.40 | 600m: 8:54.62 | 45.77 | 800m: 11:56.55 | 44.66 |
| 8. | Sandra Schellekens | Neptunus'58 | NED | 198503416 | 12:12.92 | +0.82 | | |
| | 50m: 39.07 | 39.07 | 250m: 3:41.69 | 47.13 | 450m: 6:49.56 | 47.17 | 650m: 9:56.67 | 47.09 |
| | 100m: 1:22.90 | 43.83 | 300m: 4:28.60 | 46.91 | 500m: 7:36.39 | 46.83 | 700m: 10:43.02 | 46.35 |
| | 150m: 2:08.72 | 45.82 | 350m: 5:15.79 | 47.19 | 550m: 8:23.05 | 46.66 | 750m: 11:29.46 | 46.44 |
| | 200m: 2:54.56 | 45.84 | 400m: 6:02.39 | 46.60 | 600m: 9:09.58 | 46.53 | 800m: 12:12.92 | 43.46 |

Masters 40+

| | | | | | | | | |
|----|---------------|-------------------|---------------|----------------|-----------------|-------|----------------|-------|
| 1. | Ann Wanter | Zwemclub Geel | BEL | ZGEEL/21082/82 | 10:23.94 | +0.77 | | |
| | 50m: 34.00 | 34.00 | 250m: 3:08.76 | 39.22 | 450m: 5:48.08 | 39.93 | 650m: 8:26.81 | 39.34 |
| | 100m: 1:11.80 | 37.80 | 300m: 3:48.66 | 39.90 | 500m: 6:27.87 | 39.79 | 700m: 9:06.65 | 39.84 |
| | 150m: 1:50.17 | 38.37 | 350m: 4:28.29 | 39.63 | 550m: 7:07.72 | 39.85 | 750m: 9:46.15 | 39.50 |
| | 200m: 2:29.54 | 39.37 | 400m: 5:08.15 | 39.86 | 600m: 7:47.47 | 39.75 | 800m: 10:23.94 | 37.79 |
| 2. | Heather Frees | Lone Star Masters | USA | | 10:27.86 | +0.67 | | |
| | 50m: 34.96 | 34.96 | 250m: 3:10.41 | 39.25 | 450m: 5:49.05 | 39.78 | 650m: 8:28.78 | 40.05 |
| | 100m: 1:12.86 | 37.90 | 300m: 3:49.98 | 39.57 | 500m: 6:28.89 | 39.84 | 700m: 9:08.66 | 39.88 |
| | 150m: 1:51.82 | 38.96 | 350m: 4:29.80 | 39.82 | 550m: 7:08.76 | 39.87 | 750m: 9:48.93 | 40.27 |
| | 200m: 2:31.16 | 39.34 | 400m: 5:09.27 | 39.47 | 600m: 7:48.73 | 39.97 | 800m: 10:27.86 | 38.93 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 16, Dames, 800m vrije slag, Masters 40+

| rang | naam | vereniging | | | NED | | 198001542 | tijd | RT | PARA |
|------|-----------------------|------------|---------------|-------|---------------|-------|----------------|-----------------|-------|------|
| 3. | Steffi Krul- Meinhold | d'ELFT | | | NED | | 198001542 | 10:57.34 | +0.84 | |
| | 50m: 36.05 | 36.05 | 250m: 3:22.81 | 42.57 | 450m: 6:10.97 | 42.12 | 650m: 8:57.50 | 41.34 | | |
| | 100m: 1:16.26 | 40.21 | 300m: 4:04.84 | 42.03 | 500m: 6:53.05 | 42.08 | 700m: 9:38.35 | 40.85 | | |
| | 150m: 1:58.36 | 42.10 | 350m: 4:46.91 | 42.07 | 550m: 7:34.83 | 41.78 | 750m: 10:18.67 | 40.32 | | |
| | 200m: 2:40.24 | 41.88 | 400m: 5:28.85 | 41.94 | 600m: 8:16.16 | 41.33 | 800m: 10:57.34 | 38.67 | | |
| 4. | Ramona Linting | AZC | | | NED | | 198301274 | 12:09.47 | +0.77 | |
| | 50m: 38.16 | 38.16 | 250m: 3:36.84 | 45.99 | 450m: 6:43.03 | 46.86 | 650m: 9:50.53 | 46.80 | | |
| | 100m: 1:21.23 | 43.07 | 300m: 4:22.89 | 46.05 | 500m: 7:29.48 | 46.45 | 700m: 10:36.99 | 46.46 | | |
| | 150m: 2:05.40 | 44.17 | 350m: 5:09.49 | 46.60 | 550m: 8:16.85 | 47.37 | 750m: 11:24.01 | 47.02 | | |
| | 200m: 2:50.85 | 45.45 | 400m: 5:56.17 | 46.68 | 600m: 9:03.73 | 46.88 | 800m: 12:09.47 | 45.46 | | |
| 5. | Linda Hoogendam | WVZ | | | NED | | 198300892 | 12:25.07 | +0.84 | |
| | 50m: 39.93 | 39.93 | 250m: 3:44.31 | 46.50 | 450m: 6:52.74 | 47.22 | 650m: 10:05.74 | 47.85 | | |
| | 100m: 1:25.45 | 45.52 | 300m: 4:31.00 | 46.69 | 500m: 7:41.01 | 48.27 | 700m: 10:54.19 | 48.45 | | |
| | 150m: 2:11.60 | 46.15 | 350m: 5:17.94 | 46.94 | 550m: 8:29.57 | 48.56 | 750m: 11:40.73 | 46.54 | | |
| | 200m: 2:57.81 | 46.21 | 400m: 6:05.52 | 47.58 | 600m: 9:17.89 | 48.32 | 800m: 12:25.07 | 44.34 | | |

Masters 45+

| | | | | | | | | | | |
|----|------------------|----------------|---------------|-------|---------------|-------|----------------|-----------------|-------|--|
| 1. | Liselotte Joling | PSV | | | NED | | 197500268 | 10:18.66 | +0.82 | |
| | 50m: 35.87 | 35.87 | 250m: 3:12.89 | 38.59 | 450m: 5:49.40 | 37.77 | 650m: 8:25.41 | 39.10 | | |
| | 100m: 1:15.38 | 39.51 | 300m: 3:52.68 | 39.79 | 500m: 6:28.47 | 39.07 | 700m: 9:04.66 | 39.25 | | |
| | 150m: 1:54.34 | 38.96 | 350m: 4:31.57 | 38.89 | 550m: 7:06.93 | 38.46 | 750m: 9:42.74 | 38.08 | | |
| | 200m: 2:34.30 | 39.96 | 400m: 5:11.63 | 40.06 | 600m: 7:46.31 | 39.38 | 800m: 10:18.66 | 35.92 | | |
| 2. | Petra Guijt | Aqua-Novio '94 | | | NED | | 197600978 | 11:36.89 | +0.86 | |
| | 50m: 37.95 | 37.95 | 250m: 3:35.68 | 44.85 | 450m: 6:33.57 | 44.36 | 650m: 9:29.75 | 44.16 | | |
| | 100m: 1:21.12 | 43.17 | 300m: 4:20.24 | 44.56 | 500m: 7:17.81 | 44.24 | 700m: 10:13.68 | 43.93 | | |
| | 150m: 2:05.81 | 44.69 | 350m: 5:04.90 | 44.66 | 550m: 8:02.11 | 44.30 | 750m: 10:56.27 | 42.59 | | |
| | 200m: 2:50.83 | 45.02 | 400m: 5:49.21 | 44.31 | 600m: 8:45.59 | 43.48 | 800m: 11:36.89 | 40.62 | | |
| 3. | Chantal Verhoeff | Old Dutch | | | NED | | 197900912 | 11:41.29 | +0.79 | |
| | 50m: 37.32 | 37.32 | 250m: 3:35.07 | 45.01 | 450m: 6:33.86 | 44.98 | 650m: 9:31.33 | 44.34 | | |
| | 100m: 1:19.98 | 42.66 | 300m: 4:19.45 | 44.38 | 500m: 7:18.17 | 44.31 | 700m: 10:15.27 | 43.94 | | |
| | 150m: 2:05.17 | 45.19 | 350m: 5:04.89 | 45.44 | 550m: 8:02.90 | 44.73 | 750m: 10:59.16 | 43.89 | | |
| | 200m: 2:50.06 | 44.89 | 400m: 5:48.88 | 43.99 | 600m: 8:46.99 | 44.09 | 800m: 11:41.29 | 42.13 | | |
| 4. | Jessica Venema | GZC DONK | | | NED | | 197901526 | 11:52.77 | +0.86 | |
| | 50m: 37.24 | 37.24 | 250m: 3:33.35 | 44.82 | 450m: 6:36.02 | 45.29 | 650m: 9:39.11 | 45.04 | | |
| | 100m: 1:19.50 | 42.26 | 300m: 4:18.94 | 45.59 | 500m: 7:22.16 | 46.14 | 700m: 10:25.68 | 46.57 | | |
| | 150m: 2:03.27 | 43.77 | 350m: 5:04.27 | 45.33 | 550m: 8:08.44 | 46.28 | 750m: 11:10.81 | 45.13 | | |
| | 200m: 2:48.53 | 45.26 | 400m: 5:50.73 | 46.46 | 600m: 8:54.07 | 45.63 | 800m: 11:52.77 | 41.96 | | |

Masters 50+

| | | | | | | | | | | |
|----|-------------------------|----------------|---------------|-------|---------------|-------|----------------|-----------------|-------|--|
| 1. | Carla Geurts | PSV | | | NED | | 197100178 | 10:14.51 | +0.73 | |
| | 50m: 33.27 | 33.27 | 250m: 3:06.88 | 38.31 | 450m: 5:42.62 | 38.65 | 650m: 8:18.88 | 39.11 | | |
| | 100m: 1:10.94 | 37.67 | 300m: 3:45.80 | 38.92 | 500m: 6:21.82 | 39.20 | 700m: 8:57.26 | 38.38 | | |
| | 150m: 1:49.54 | 38.60 | 350m: 4:25.14 | 39.34 | 550m: 7:00.83 | 39.01 | 750m: 9:36.76 | 39.50 | | |
| | 200m: 2:28.57 | 39.03 | 400m: 5:03.97 | 38.83 | 600m: 7:39.77 | 38.94 | 800m: 10:14.51 | 37.75 | | |
| 2. | Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | | | NED | | 197000054 | 10:52.90 | +0.89 | |
| | 50m: 36.32 | 36.32 | 250m: 3:22.04 | 42.06 | 450m: 6:08.71 | 40.31 | 650m: 8:52.66 | 40.85 | | |
| | 100m: 1:16.51 | 40.19 | 300m: 4:04.08 | 42.04 | 500m: 6:49.80 | 41.09 | 700m: 9:33.63 | 40.97 | | |
| | 150m: 1:58.08 | 41.57 | 350m: 4:46.53 | 42.45 | 550m: 7:30.91 | 41.11 | 750m: 10:14.37 | 40.74 | | |
| | 200m: 2:39.98 | 41.90 | 400m: 5:28.40 | 41.87 | 600m: 8:11.81 | 40.90 | 800m: 10:52.90 | 38.53 | | |
| 3. | Bianca Groot | MSV-Zeemacht | | | NED | | 197000652 | 11:05.77 | +0.84 | |
| | 50m: 37.25 | 37.25 | 250m: 3:25.82 | 42.52 | 450m: 6:15.21 | 42.20 | 650m: 9:01.46 | 41.18 | | |
| | 100m: 1:18.37 | 41.12 | 300m: 4:08.48 | 42.66 | 500m: 6:56.75 | 41.54 | 700m: 9:43.16 | 41.70 | | |
| | 150m: 2:01.23 | 42.86 | 350m: 4:50.99 | 42.51 | 550m: 7:38.71 | 41.96 | 750m: 10:24.70 | 41.54 | | |
| | 200m: 2:43.30 | 42.07 | 400m: 5:33.01 | 42.02 | 600m: 8:20.28 | 41.57 | 800m: 11:05.77 | 41.07 | | |
| 4. | Karin Stein | ZVVS | | | NED | | 197100554 | 11:19.52 | +0.79 | |
| | 50m: 38.01 | 38.01 | 250m: 3:25.57 | 42.46 | 450m: 6:16.11 | 42.77 | 650m: 9:09.91 | 43.92 | | |
| | 100m: 1:19.11 | 41.10 | 300m: 4:07.98 | 42.41 | 500m: 6:58.89 | 42.78 | 700m: 9:53.66 | 43.75 | | |
| | 150m: 2:01.00 | 41.89 | 350m: 4:50.79 | 42.81 | 550m: 7:42.31 | 43.42 | 750m: 10:37.46 | 43.80 | | |
| | 200m: 2:43.11 | 42.11 | 400m: 5:33.34 | 42.55 | 600m: 8:25.99 | 43.68 | 800m: 11:19.52 | 42.06 | | |
| 5. | Annette de Visser | Oceanus | | | NED | | 197100602 | 11:20.06 | +0.82 | |
| | 50m: 36.53 | 36.53 | 250m: 3:26.95 | 43.48 | 450m: 6:20.99 | 43.48 | 650m: 9:13.15 | 43.17 | | |
| | 100m: 1:17.26 | 40.73 | 300m: 4:10.24 | 43.29 | 500m: 7:04.29 | 43.30 | 700m: 9:56.18 | 43.03 | | |
| | 150m: 2:00.09 | 42.83 | 350m: 4:54.06 | 43.82 | 550m: 7:47.28 | 42.99 | 750m: 10:38.73 | 42.55 | | |
| | 200m: 2:43.47 | 43.38 | 400m: 5:37.51 | 43.45 | 600m: 8:29.98 | 42.70 | 800m: 11:20.06 | 41.33 | | |
| 6. | Mariska van Doorn | Arethusa | | | NED | | 197200444 | 11:56.53 | +0.95 | |
| | 50m: 37.86 | 37.86 | 250m: 3:34.14 | 44.86 | 450m: 6:36.51 | 45.50 | 650m: 9:40.01 | 45.77 | | |
| | 100m: 1:20.34 | 42.48 | 300m: 4:19.97 | 45.83 | 500m: 7:22.22 | 45.71 | 700m: 10:26.47 | 46.46 | | |
| | 150m: 2:04.29 | 43.95 | 350m: 5:05.38 | 45.41 | 550m: 8:08.19 | 45.97 | 750m: 11:12.30 | 45.83 | | |
| | 200m: 2:49.28 | 44.99 | 400m: 5:51.01 | 45.63 | 600m: 8:54.24 | 46.05 | 800m: 11:56.53 | 44.23 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 16, Dames, 800m vrije slag, Masters 50+

| rang | naam | vereniging | tijd | RT | PARA |
|------|------------------------------|-------------------------------------|-----------------|----------------|-------|
| 7. | Cherry Bas-Ott | DAW | 12:38.30 | +0.76 | |
| | 50m: 42.23 | 250m: 3:53.64 | 48.37 | 450m: 7:05.57 | 47.83 |
| | 100m: 1:28.65 | 300m: 4:41.75 | 48.11 | 500m: 7:53.97 | 48.40 |
| | 150m: 2:17.08 | 350m: 5:29.59 | 47.84 | 550m: 8:42.53 | 48.56 |
| | 200m: 3:05.27 | 400m: 6:17.74 | 48.15 | 600m: 9:30.64 | 48.11 |
| 8. | Kathy Van Lindt | Cercle De Natation Sportcity WolBEL | 13:25.27 | +0.98 | |
| | 50m: 46.32 | 250m: 4:12.69 | 50.94 | 450m: 7:35.56 | 49.77 |
| | 100m: 1:37.81 | 300m: 5:04.47 | 51.78 | 500m: 8:26.21 | 50.65 |
| | 150m: 2:29.26 | 350m: 5:54.67 | 50.20 | 550m: 9:16.91 | 50.70 |
| | 200m: 3:21.75 | 400m: 6:45.79 | 51.12 | 600m: 10:08.31 | 51.40 |
| 9. | Annet Kootstra | SWOL 1894 | 13:32.67 | +0.87 | |
| | 50m: 43.89 | 250m: 4:06.11 | 51.29 | 450m: 7:33.50 | 52.20 |
| | 100m: 1:32.94 | 300m: 4:57.78 | 51.67 | 500m: 8:25.64 | 52.14 |
| | 150m: 2:23.85 | 350m: 5:49.72 | 51.94 | 550m: 9:17.72 | 52.08 |
| | 200m: 3:14.82 | 400m: 6:41.30 | 51.58 | 600m: 10:08.93 | 51.21 |
| 10. | Annette Spies *200m, 800m | LinK | 13:42.74 | +0.74 | |
| | 50m: 44.92 | 250m: 4:07.35 | 50.79 | 450m: 7:38.06 | 52.79 |
| | 100m: 1:34.44 | 300m: 4:59.70 | 52.35 | 500m: 8:30.94 | 52.88 |
| | 150m: 2:25.46 | 350m: 5:51.96 | 52.26 | 550m: 9:23.15 | 52.21 |
| | 200m: 3:16.56 | 400m: 6:45.27 | 53.31 | 600m: 10:15.74 | 52.59 |
| 11. | Britta Fritz | SC Janus Köln | 13:53.78 | +0.92 | |
| | 50m: 47.16 | 250m: 4:12.37 | 51.90 | 450m: 7:42.19 | 52.80 |
| | 100m: 1:38.12 | 300m: 5:04.35 | 51.98 | 500m: 8:35.93 | 53.74 |
| | 150m: 2:28.65 | 350m: 5:56.71 | 52.36 | 550m: 9:28.92 | 52.99 |
| | 200m: 3:20.47 | 400m: 6:49.39 | 52.68 | 600m: 10:23.71 | 54.79 |

Masters 55+

| | | | | | |
|----|--------------------|---------------|-----------------|---------------|-------|
| 1. | Claudia Thielemann | SG Bayer | 10:24.44 | +0.76 | |
| | 50m: 35.91 | 250m: 3:13.59 | 39.62 | 450m: 5:51.44 | 39.36 |
| | 100m: 1:14.92 | 300m: 3:52.91 | 39.32 | 500m: 6:30.56 | 39.12 |
| | 150m: 1:54.51 | 350m: 4:32.39 | 39.48 | 550m: 7:09.64 | 39.08 |
| | 200m: 2:33.97 | 400m: 5:12.08 | 39.69 | 600m: 7:48.76 | 39.12 |
| 2. | Iris van Aurich | DWK | 11:54.53 | +0.68 | |
| | 50m: 39.68 | 250m: 3:38.27 | 44.93 | 450m: 6:41.24 | 46.08 |
| | 100m: 1:24.23 | 300m: 4:23.41 | 45.14 | 500m: 7:27.26 | 46.02 |
| | 150m: 2:09.40 | 350m: 5:09.62 | 46.21 | 550m: 8:13.88 | 46.62 |
| | 200m: 2:53.34 | 400m: 5:55.16 | 45.54 | 600m: 8:58.49 | 44.61 |
| 3. | Laura Staal | Oceanus | 12:13.16 | +0.73 | |
| | 50m: 41.17 | 250m: 3:44.72 | 46.54 | 450m: 6:51.23 | 46.48 |
| | 100m: 1:26.03 | 300m: 4:31.47 | 46.75 | 500m: 7:37.82 | 46.59 |
| | 150m: 2:11.31 | 350m: 5:17.84 | 46.37 | 550m: 8:23.77 | 45.95 |
| | 200m: 2:58.18 | 400m: 6:04.75 | 46.91 | 600m: 9:10.26 | 46.49 |
| 4. | Anita Steijger | WVZ | 12:54.55 | +0.91 | |
| | 50m: 43.04 | 250m: 3:54.49 | 48.63 | 450m: 7:11.53 | 48.86 |
| | 100m: 1:30.05 | 300m: 4:43.63 | 49.14 | 500m: 8:01.18 | 49.65 |
| | 150m: 2:17.54 | 350m: 5:33.11 | 49.48 | 550m: 8:50.42 | 49.24 |
| | 200m: 3:05.86 | 400m: 6:22.67 | 49.56 | 600m: 9:39.69 | 49.27 |

Masters 60+

| | | | | | |
|----|---------------------------|----------------|-----------------|---------------|-------|
| 1. | Wilna Heijman | Steenwijk 1934 | 11:44.37 | +0.73 | |
| | 50m: 39.34 | 250m: 3:35.20 | 44.10 | 450m: 6:33.57 | 44.59 |
| | 100m: 1:22.79 | 300m: 4:20.15 | 44.95 | 500m: 7:18.38 | 44.81 |
| | 150m: 2:06.64 | 350m: 5:04.35 | 44.20 | 550m: 8:03.02 | 44.64 |
| | 200m: 2:51.10 | 400m: 5:48.98 | 44.63 | 600m: 8:48.36 | 45.34 |
| 2. | Katrin Pennings | PSV | 11:48.03 | +0.73 | |
| | 50m: 37.51 | 250m: 3:35.06 | 45.01 | 450m: 6:35.00 | 45.16 |
| | 100m: 1:20.43 | 300m: 4:20.14 | 45.08 | 500m: 7:20.31 | 45.31 |
| | 150m: 2:05.03 | 350m: 5:04.92 | 44.78 | 550m: 8:05.65 | 45.34 |
| | 200m: 2:50.05 | 400m: 5:49.84 | 44.92 | 600m: 8:50.91 | 45.26 |
| 3. | P. Tossings-van de Hooven | GZC DONK | 12:22.29 | +0.92 | |
| | 50m: 41.97 | 250m: 3:47.73 | 47.00 | 450m: 6:56.58 | 46.94 |
| | 100m: 1:27.97 | 300m: 4:35.33 | 47.60 | 500m: 7:43.68 | 47.10 |
| | 150m: 2:13.89 | 350m: 5:22.19 | 46.86 | 550m: 8:30.49 | 46.81 |
| | 200m: 3:00.73 | 400m: 6:09.64 | 47.45 | 600m: 9:17.47 | 46.98 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 16, Dames, 800m vrije slag, Masters 60+

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|------|----------------|---------------|---------------|-------|----------------|-------|-----------------|--------------|------|
| 4. | Erica Muller | De Geul | NED 196400412 | | | | 14:20.34 | +0.77 | |
| | 50m: 48.68 | 48.68 | 250m: 4:24.63 | 54.17 | 450m: 8:02.41 | 54.28 | 650m: 11:40.43 | 54.86 | |
| | 100m: 1:42.25 | 53.57 | 300m: 5:18.95 | 54.32 | 500m: 8:56.71 | 54.30 | 700m: 12:34.58 | 54.15 | |
| | 150m: 2:36.34 | 54.09 | 350m: 6:13.52 | 54.57 | 550m: 9:51.38 | 54.67 | 750m: 13:29.30 | 54.72 | |
| | 200m: 3:30.46 | 54.12 | 400m: 7:08.13 | 54.61 | 600m: 10:45.57 | 54.19 | 800m: 14:20.34 | 51.04 | |
| 5. | Kirsten Stamer | SC Janus Köln | GER 247144 | | | | 14:27.01 | | |
| | 50m: 46.68 | 46.68 | 250m: 4:19.66 | 54.76 | 450m: 7:59.04 | 55.15 | 650m: 11:40.71 | 55.12 | |
| | 100m: 1:38.25 | 51.57 | 300m: 5:14.80 | 55.14 | 500m: 8:54.67 | 55.63 | 700m: 12:36.83 | 56.12 | |
| | 150m: 2:30.48 | 52.23 | 350m: 6:08.92 | 54.12 | 550m: 9:49.70 | 55.03 | 750m: 13:32.70 | 55.87 | |
| | 200m: 3:24.90 | 54.42 | 400m: 7:03.89 | 54.97 | 600m: 10:45.59 | 55.89 | 800m: 14:27.01 | 54.31 | |

Masters 65+

| | | | | | | | | | |
|----|---|----------------|---------------|-------|----------------|-------|-----------------|--------------|--|
| 1. | Esther van Lohuizen <i>Nederlands Masters Record</i> | PSV | NED 195900300 | | | | 11:36.25 | +0.79 | |
| | 50m: 38.97 | 38.97 | 250m: 3:36.85 | 45.33 | 450m: 6:34.76 | 44.89 | 650m: 9:31.04 | 44.19 | |
| | 100m: 1:22.10 | 43.13 | 300m: 4:20.90 | 44.05 | 500m: 7:18.70 | 43.94 | 700m: 10:14.58 | 43.54 | |
| | 150m: 2:07.42 | 45.32 | 350m: 5:05.94 | 45.04 | 550m: 8:03.12 | 44.42 | 750m: 10:57.55 | 42.97 | |
| | 200m: 2:51.52 | 44.10 | 400m: 5:49.87 | 43.93 | 600m: 8:46.85 | 43.73 | 800m: 11:36.25 | 38.70 | |
| 2. | Patty Verhagen | PSV | NED 195900146 | | | | 12:23.60 | +0.89 | |
| | 50m: 43.77 | 43.77 | 250m: 3:49.69 | 46.62 | 450m: 6:58.11 | 47.18 | 650m: 10:05.50 | 46.64 | |
| | 100m: 1:29.48 | 45.71 | 300m: 4:36.87 | 47.18 | 500m: 7:45.06 | 46.95 | 700m: 10:52.23 | 46.73 | |
| | 150m: 2:16.02 | 46.54 | 350m: 5:23.73 | 46.86 | 550m: 8:31.86 | 46.80 | 750m: 11:38.82 | 46.59 | |
| | 200m: 3:03.07 | 47.05 | 400m: 6:10.93 | 47.20 | 600m: 9:18.86 | 47.00 | 800m: 12:23.60 | 44.78 | |
| 3. | Linda Wibbelink | Steenwijk 1934 | NED 195900158 | | | | 13:21.25 | +0.87 | |
| | 50m: 44.33 | 44.33 | 250m: 4:04.89 | 50.64 | 450m: 7:30.58 | 51.85 | 650m: 10:52.85 | 50.54 | |
| | 100m: 1:33.62 | 49.29 | 300m: 4:56.29 | 51.40 | 500m: 8:20.39 | 49.81 | 700m: 11:43.13 | 50.28 | |
| | 150m: 2:23.78 | 50.16 | 350m: 5:47.51 | 51.22 | 550m: 9:11.23 | 50.84 | 750m: 12:33.45 | 50.32 | |
| | 200m: 3:14.25 | 50.47 | 400m: 6:38.73 | 51.22 | 600m: 10:02.31 | 51.08 | 800m: 13:21.25 | 47.80 | |
| 4. | Hannie Poletiek | TriVia | NED 195900278 | | | | 14:20.16 | +1.04 | |
| | 50m: 47.11 | 47.11 | 250m: 4:21.45 | 54.19 | 450m: 8:01.11 | 54.68 | 650m: 11:40.95 | 54.36 | |
| | 100m: 1:38.96 | 51.85 | 300m: 5:17.16 | 55.71 | 500m: 8:56.18 | 55.07 | 700m: 12:35.29 | 54.34 | |
| | 150m: 2:32.64 | 53.68 | 350m: 6:11.28 | 54.12 | 550m: 9:51.36 | 55.18 | 750m: 13:28.89 | 53.60 | |
| | 200m: 3:27.26 | 54.62 | 400m: 7:06.43 | 55.15 | 600m: 10:46.59 | 55.23 | 800m: 14:20.16 | 51.27 | |

Masters 70+

| | | | | | | | | | |
|----|---|---------|---------------|---------|----------------|---------|-----------------|--------------|--|
| 1. | Ineke Weekers <i>Europees Masters Record</i> | PSV | NED 195300050 | | | | 12:26.48 | +0.79 | |
| | 50m: 43.37 | 43.37 | 250m: 3:52.72 | 47.99 | 450m: 7:00.86 | 47.65 | 650m: 10:08.26 | 47.14 | |
| | 100m: 1:30.39 | 47.02 | 300m: 4:39.40 | 46.68 | 500m: 7:47.03 | 46.17 | 700m: 10:55.04 | 46.78 | |
| | 150m: 2:17.77 | 47.38 | 350m: 5:26.37 | 46.97 | 550m: 8:34.47 | 47.44 | 750m: 11:42.22 | 47.18 | |
| | 200m: 3:04.73 | 46.96 | 400m: 6:13.21 | 46.84 | 600m: 9:21.12 | 46.65 | 800m: 12:26.48 | 44.26 | |
| 2. | Gonnie Bak | PSV | NED 195100064 | | | | 17:22.27 | +0.95 | |
| | 50m: 56.47 | 56.47 | 250m: 5:17.65 | 1:05.51 | 450m: 9:40.31 | 1:06.18 | 650m: 14:07.67 | 1:07.16 | |
| | 100m: 2:00.70 | 1:04.23 | 300m: 6:23.07 | 1:05.42 | 500m: 10:46.37 | 1:06.06 | 700m: 15:13.24 | 1:05.57 | |
| | 150m: 3:06.80 | 1:06.10 | 350m: 7:29.26 | 1:06.19 | 550m: 11:54.48 | 1:08.11 | 750m: 16:18.59 | 1:05.35 | |
| | 200m: 4:12.14 | 1:05.34 | 400m: 8:34.13 | 1:04.87 | 600m: 13:00.51 | 1:06.03 | 800m: 17:22.27 | 1:03.68 | |

Programmanr. 17
04-05-2024 - 11:14

Heren, 400m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | | | | | tijd | RT | PARA |
|--------------------|---------------------|-----------------|---------------|-------|---------------|-------|----------------|--------------|------|
| Masters 20+ | | | | | | | | | |
| 1. | Guus Hoogduin | ZVL-1886 Center | NED 200201069 | | | | 5:01.49 | +0.70 | |
| | 50m: 29.66 | 29.66 | 150m: 1:43.18 | 39.31 | 250m: 3:05.04 | 43.58 | 350m: 4:26.54 | 37.14 | |
| | 100m: 1:03.87 | 34.21 | 200m: 2:21.46 | 38.28 | 300m: 3:49.40 | 44.36 | 400m: 5:01.49 | 34.95 | |
| 2. | Tom Balsen Versteeg | De Warande | NED 200005673 | | | | 5:13.57 | +0.61 | |
| | 50m: 30.44 | 30.44 | 150m: 1:48.66 | 41.55 | 250m: 3:16.04 | 44.81 | 350m: 4:37.97 | 36.02 | |
| | 100m: 1:07.11 | 36.67 | 200m: 2:31.23 | 42.57 | 300m: 4:01.95 | 45.91 | 400m: 5:13.57 | 35.60 | |

Programmanr. 17, Heren, 400m wisselslag

Masters 25+

| | | | | | |
|---------------------|-----------------------------|---------------|-----------|----------------|-------|
| 1. Nicko Kamphuis | De Warande | NED | 199900887 | 4:50.97 | +0.60 |
| 50m: 29.26 | 29.26 | 150m: 1:43.90 | 39.68 | 250m: 3:03.94 | 40.91 |
| 100m: 1:04.22 | 34.96 | 200m: 2:23.03 | 39.13 | 300m: 3:45.71 | 41.77 |
| | | | | 350m: 4:19.92 | 34.21 |
| | | | | 400m: 4:50.97 | 31.05 |
| 2. Bas van Tintelen | OZ&PC | NED | 199800455 | 5:29.55 | +0.79 |
| 50m: 33.62 | 33.62 | 150m: 1:57.41 | 44.23 | 250m: 3:28.43 | 49.02 |
| 100m: 1:13.18 | 39.56 | 200m: 2:39.41 | 42.00 | 300m: 4:16.75 | 48.32 |
| | | | | 350m: 4:54.43 | 37.68 |
| | | | | 400m: 5:29.55 | 35.12 |
| 3. Koen Wijnands | Patrick-De Roersoppers (SG) | NED | 199800247 | 5:39.18 | +0.70 |
| 50m: 31.90 | 31.90 | 150m: 1:58.39 | 46.56 | 250m: 3:32.32 | 49.26 |
| 100m: 1:11.83 | 39.93 | 200m: 2:43.06 | 44.67 | 300m: 4:21.70 | 49.38 |
| | | | | 350m: 5:01.45 | 39.75 |
| | | | | 400m: 5:39.18 | 37.73 |
| 4. Patrick Wyrdeман | Westland Swimming Stars | NED | 199702475 | 5:48.67 | +0.73 |
| 50m: 34.84 | 34.84 | 150m: 2:05.15 | 46.01 | 250m: 3:40.47 | 51.14 |
| 100m: 1:19.14 | 44.30 | 200m: 2:49.33 | 44.18 | 300m: 4:31.48 | 51.01 |
| | | | | 350m: 5:10.98 | 39.50 |
| | | | | 400m: 5:48.67 | 37.69 |

Masters 30+

| | | | | | |
|-----------------------|-----------------------------|---------------|-----------|----------------|-------|
| 1. Mike Schel | ESCA Zwemmen | NED | 199403279 | 5:13.62 | +0.73 |
| 50m: 31.05 | 31.05 | 150m: 1:53.24 | 42.13 | 250m: 3:18.80 | 46.12 |
| 100m: 1:11.11 | 40.06 | 200m: 2:32.68 | 39.44 | 300m: 4:04.53 | 45.73 |
| | | | | 350m: 4:39.79 | 35.26 |
| | | | | 400m: 5:13.62 | 33.83 |
| 2. Tim Bunnik | Triton | NED | 199000505 | 5:21.38 | +0.80 |
| 50m: 33.28 | 33.28 | 150m: 1:54.31 | 41.58 | 250m: 3:22.21 | 47.29 |
| 100m: 1:12.73 | 39.45 | 200m: 2:34.92 | 40.61 | 300m: 4:11.35 | 49.14 |
| | | | | 350m: 4:46.75 | 35.40 |
| | | | | 400m: 5:21.38 | 34.63 |
| 3. Patrick Creemers | Patrick-De Roersoppers (SG) | NED | 199000579 | 5:25.97 | +0.78 |
| 50m: 34.23 | 34.23 | 150m: 2:03.60 | 44.52 | 250m: 3:32.01 | 44.68 |
| 100m: 1:19.08 | 44.85 | 200m: 2:47.33 | 43.73 | 300m: 4:16.11 | 44.10 |
| | | | | 350m: 4:51.76 | 35.65 |
| | | | | 400m: 5:25.97 | 34.21 |
| 4. Jeroen Matthijssen | AZC | NED | 199103751 | 5:38.13 | +0.63 |
| 50m: 31.03 | 31.03 | 150m: 1:52.69 | 42.44 | 250m: 3:27.12 | 51.52 |
| 100m: 1:10.25 | 39.22 | 200m: 2:35.60 | 42.91 | 300m: 4:20.90 | 53.78 |
| | | | | 350m: 5:01.20 | 40.30 |
| | | | | 400m: 5:38.13 | 36.93 |

Masters 35+

| | | | | | |
|-------------------|-------------------------|---------------|-----------|----------------|-------|
| 1. Yuri van Omme | Zwemvereniging Hoogland | NED | 198501887 | 5:21.62 | +0.82 |
| 50m: 33.86 | 33.86 | 150m: 1:57.77 | 42.97 | 250m: 3:22.81 | 42.80 |
| 100m: 1:14.80 | 40.94 | 200m: 2:40.01 | 42.24 | 300m: 4:06.56 | 43.75 |
| | | | | 350m: 4:44.34 | 37.78 |
| | | | | 400m: 5:21.62 | 37.28 |
| 2. Martijn Giezen | ZPC AMERSFOORT | NED | 198500813 | 5:45.34 | +0.80 |
| 50m: 33.53 | 33.53 | 150m: 2:03.02 | 45.53 | 250m: 3:36.46 | 49.81 |
| 100m: 1:17.49 | 43.96 | 200m: 2:46.65 | 43.63 | 300m: 4:25.87 | 49.41 |
| | | | | 350m: 5:06.18 | 40.31 |
| | | | | 400m: 5:45.34 | 39.16 |
| 3. Wessel Everloo | WS Twente | NED | 198906597 | 6:00.19 | +0.85 |
| 50m: 37.16 | 37.16 | 150m: 2:10.23 | 46.13 | 250m: 3:47.29 | 53.55 |
| 100m: 1:24.10 | 46.94 | 200m: 2:53.74 | 43.51 | 300m: 4:42.86 | 55.57 |
| | | | | SM14 | |
| | | | | 350m: 5:23.02 | 40.16 |
| | | | | 400m: 6:00.19 | 37.17 |

Masters 40+

| | | | | | |
|----------------------|----------------------------|---------------|-----------|----------------|-------|
| 1. Rob van Vliet | ZPC AMERSFOORT | NED | 198402459 | 5:27.18 | +0.83 |
| 50m: 33.34 | 33.34 | 150m: 1:57.85 | 43.86 | 250m: 3:25.78 | 45.58 |
| 100m: 1:13.99 | 40.65 | 200m: 2:40.20 | 42.35 | 300m: 4:12.08 | 46.30 |
| | | | | 350m: 4:49.86 | 37.78 |
| | | | | 400m: 5:27.18 | 37.32 |
| 2. Frank v.d. Voordt | De Schotejil | NED | 198302259 | 5:28.63 | +0.76 |
| 50m: 32.96 | 32.96 | 150m: 1:55.39 | 43.68 | 250m: 3:25.88 | 48.03 |
| 100m: 1:11.71 | 38.75 | 200m: 2:37.85 | 42.46 | 300m: 4:13.58 | 47.70 |
| | | | | 350m: 4:51.62 | 38.04 |
| | | | | 400m: 5:28.63 | 37.01 |
| 3. Kristiaan Lenos | ZVL-1886 Center | NED | 198301331 | 5:31.23 | +0.74 |
| 50m: 32.56 | 32.56 | 150m: 1:55.50 | 44.54 | 250m: 3:26.51 | 46.58 |
| 100m: 1:10.96 | 38.40 | 200m: 2:39.93 | 44.43 | 300m: 4:14.09 | 47.58 |
| | | | | 350m: 4:52.95 | 38.86 |
| | | | | 400m: 5:31.23 | 38.28 |
| 4. Luc Steijvers | ZVL-1886 Center | NED | 198201661 | 6:00.70 | +0.77 |
| 50m: 34.80 | 34.80 | 150m: 2:08.57 | 49.39 | 250m: 3:47.36 | 50.50 |
| 100m: 1:19.18 | 44.38 | 200m: 2:56.86 | 48.29 | 300m: 4:38.20 | 50.84 |
| | | | | 350m: 5:20.04 | 41.84 |
| | | | | 400m: 6:00.70 | 40.66 |
| 5. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 6:19.78 | +0.82 |
| 50m: 40.51 | 40.51 | 150m: 2:18.87 | 47.46 | 250m: 4:00.43 | 53.48 |
| 100m: 1:31.41 | 50.90 | 200m: 3:06.95 | 48.08 | 300m: 4:55.64 | 55.21 |
| | | | | 350m: 5:36.84 | 41.20 |
| | | | | 400m: 6:19.78 | 42.94 |

Masters 45+

| | | | | | |
|----------------|-----------------|---------------|-----------|----------------|-------|
| 1. Mark Hensen | Niemo Barracuda | NED | 197900497 | 5:14.28 | +0.84 |
| 50m: 31.04 | 31.04 | 150m: 1:48.21 | 40.87 | 250m: 3:14.19 | 46.35 |
| 100m: 1:07.34 | 36.30 | 200m: 2:27.84 | 39.63 | 300m: 4:00.56 | 46.37 |
| | | | | 350m: 4:37.77 | 37.21 |
| | | | | 400m: 5:14.28 | 36.51 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 17, Heren, 400m wisselslag, Masters 45+

| rang | naam | vereniging | | NED | | | | 197800167 | tijd | RT | PARA |
|------|------------------|----------------------|---------------|-------|---------------|-------|---------------|-----------|----------------|-------|------|
| 2. | Dennis Brouwers | HZPC | | NED | | | | 197800167 | 5:20.34 | +0.80 | |
| | 50m: 34.88 | 34.88 | 150m: 1:56.84 | 38.78 | 250m: 3:21.38 | 46.80 | 350m: 4:44.53 | 35.97 | | | |
| | 100m: 1:18.06 | 43.18 | 200m: 2:34.58 | 37.74 | 300m: 4:08.56 | 47.18 | 400m: 5:20.34 | 35.81 | | | |
| 3. | Vincent Versteeg | Zwemlust- den Hommel | | NED | | | | 197701003 | 5:22.81 | +0.76 | |
| | 50m: 34.68 | 34.68 | 150m: 1:59.31 | 42.81 | 250m: 3:25.48 | 43.64 | 350m: 4:46.99 | 36.43 | | | |
| | 100m: 1:16.50 | 41.82 | 200m: 2:41.84 | 42.53 | 300m: 4:10.56 | 45.08 | 400m: 5:22.81 | 35.82 | | | |

Masters 50+

| | | | | | | | | | | |
|----|---------------|-------------------------------------|---------------|----------------|---------------|-------|---------------|----------------|--|--|
| 1. | Bruno Nahon | Cercle De Natation Sportcity WolBEL | | CNSW/000390/70 | | | | 6:05.32 | | |
| | 50m: 39.05 | 39.05 | 150m: 2:14.59 | 46.48 | 250m: 3:52.20 | 52.08 | 350m: 5:26.32 | 39.79 | | |
| | 100m: 1:28.11 | 49.06 | 200m: 3:00.12 | 45.53 | 300m: 4:46.53 | 54.33 | 400m: 6:05.32 | 39.00 | | |

Masters 55+

| | | | | | | | | | | |
|----|-------------------------|-------------------------------------|---------------|----------------|---------------|-------|---------------|----------------|----------------|-------|
| 1. | Erlend Alstad | Oslo I.L. | | NOR | | | | 5:33.88 | +0.82 | |
| | 50m: 34.36 | 34.36 | 150m: 2:01.36 | 46.24 | 250m: 3:30.92 | 46.29 | 350m: 4:56.64 | 38.28 | | |
| | 100m: 1:15.12 | 40.76 | 200m: 2:44.63 | 43.27 | 300m: 4:18.36 | 47.44 | 400m: 5:33.88 | 37.24 | | |
| 2. | Hugues Herman | Cercle De Natation Sportcity WolBEL | | CNSW/009743/66 | | | | 5:55.35 | +0.74 | |
| | 50m: 39.12 | 39.12 | 150m: 2:12.24 | 46.18 | 250m: 3:49.37 | 51.86 | 350m: 5:19.75 | 38.68 | | |
| | 100m: 1:26.06 | 46.94 | 200m: 2:57.51 | 45.27 | 300m: 4:41.07 | 51.70 | 400m: 5:55.35 | 35.60 | | |
| 3. | Jan-Willem van den Berg | WVZ | | NED | | | | 196801575 | 6:02.30 | +0.76 |
| | 50m: 35.56 | 35.56 | 150m: 2:07.13 | 47.42 | 250m: 3:42.06 | 50.34 | 350m: 5:18.37 | 45.19 | | |
| | 100m: 1:19.71 | 44.15 | 200m: 2:51.72 | 44.59 | 300m: 4:33.18 | 51.12 | 400m: 6:02.30 | 43.93 | | |
| 4. | Eymert van Rooij | PSV | | NED | | | | 196601631 | 6:18.21 | +0.82 |
| | 50m: 40.24 | 40.24 | 150m: 2:17.42 | 48.32 | 250m: 3:58.64 | 53.54 | 350m: 5:36.14 | 43.00 | | |
| | 100m: 1:29.10 | 48.86 | 200m: 3:05.10 | 47.68 | 300m: 4:53.14 | 54.50 | 400m: 6:18.21 | 42.07 | | |

Masters 60+

| | | | | | | | | | | |
|----|---------------|--------|---------------|-------|---------------|-------|---------------|-----------|----------------|-------|
| 1. | Rob Spetter | De Rog | | NED | | | | 196201239 | 6:23.88 | +0.81 |
| | 50m: 43.71 | 43.71 | 150m: 2:22.81 | 48.07 | 250m: 4:06.35 | 56.28 | 350m: 5:43.76 | 40.06 | | |
| | 100m: 1:34.74 | 51.03 | 200m: 3:10.07 | 47.26 | 300m: 5:03.70 | 57.35 | 400m: 6:23.88 | 40.12 | | |
| 2. | Ronald Grove | Triton | | NED | | | | 196100161 | 6:39.25 | +0.82 |
| | 50m: 40.75 | 40.75 | 150m: 2:27.76 | 54.42 | 250m: 4:16.03 | 53.85 | 350m: 5:55.55 | 43.68 | | |
| | 100m: 1:33.34 | 52.59 | 200m: 3:22.18 | 54.42 | 300m: 5:11.87 | 55.84 | 400m: 6:39.25 | 43.70 | | |

Masters 65+

| | | | | | | | | | | |
|----|---------------|--------|---------------|---------|---------------|---------|---------------|-----------|----------------|-------|
| 1. | Paul Bunnik | Triton | | NED | | | | 195600413 | 7:17.70 | +0.80 |
| | 50m: 41.00 | 41.00 | 150m: 2:38.98 | 1:04.30 | 250m: 4:40.90 | 1:02.07 | 350m: 6:30.34 | 45.77 | | |
| | 100m: 1:34.68 | 53.68 | 200m: 3:38.83 | 59.85 | 300m: 5:44.57 | 1:03.67 | 400m: 7:17.70 | 47.36 | | |

Masters 80+

| | | | | | | | | | | |
|----|----------------------------------|---------|---------------|---------|---------------|---------|---------------|-----------|----------------|-------|
| 1. | Rob Hanou | PSV | | NED | | | | 194300109 | 9:38.55 | +1.12 |
| | <i>Nederlands Masters Record</i> | | | | | | | | | |
| | 50m: 1:14.00 | 1:14.00 | 150m: 3:57.42 | 1:12.94 | 250m: 6:23.28 | 1:14.87 | 350m: 8:38.91 | 1:01.51 | | |
| | 100m: 2:44.48 | 1:30.48 | 200m: 5:08.41 | 1:10.99 | 300m: 7:37.40 | 1:14.12 | 400m: 9:38.55 | 59.64 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18
04-05-2024 - 11:42

4 x 100m vrije slag

Masters Open
Resultaten

| rang | vereniging | tijd | RT | PARA |
|--------------------|---------------------|---------------------|---------------------|------|
| 80+, Heren | | | | |
| 1. | Poseidon'56 | 3:47.43 | +0.66 | |
| | Gerard Willighagen | +0.66 26.64 56.60 | +0.35 25.72 55.13 | |
| | Sam Beer | +0.45 28.11 1:00.56 | +0.44 26.83 56.14 | |
| 2. | HZ&PC Heerenveen 1 | 3:52.84 | +0.68 | |
| | Jorian Darwinkel | +0.68 26.94 56.09 | +0.30 27.13 57.81 | |
| | Rob van Wier | +0.43 28.96 1:01.34 | +0.42 26.57 57.60 | |
| 3. | Bubble 1 | 3:53.60 | +0.66 | |
| | Hendrik Broekema | +0.66 27.28 57.29 | +0.39 28.35 1:00.69 | |
| | Tim Speijer | +0.39 26.61 55.84 | +0.37 27.88 59.78 | |
| 4. | MSV-Zeemacht 2 | 3:59.33 | +0.67 | |
| | Jordi de Nijs | +0.67 27.17 57.84 | +0.29 29.21 1:01.31 | |
| | Boyd Wijkman | +0.40 27.79 1:00.00 | +0.45 27.04 1:00.18 | |
| 5. | ZOB'66 2 | 4:08.52 | +0.72 | |
| | Boaz Troost | +0.72 29.88 1:04.66 | +0.43 28.31 1:00.56 | |
| | Jaimy Voogt | +0.19 29.57 1:03.81 | +0.36 28.04 59.49 | |
| 100+, Heren | | | | |
| 1. | De Warande | 3:46.82 | +0.59 | |
| | Tom Balsen Versteeg | +0.59 27.44 56.58 | +0.33 27.88 59.77 | |
| | Marijn in 't Veld | +0.36 26.34 56.97 | +0.42 25.68 53.50 | |
| 2. | ZV Hoogland 1 | 3:51.30 | +0.64 | |
| | Bas Dries | +0.64 25.01 54.33 | +0.29 28.18 58.77 | |
| | Yuri van Omme | +0.35 28.91 1:00.93 | +0.32 27.28 57.27 | |
| 3. | ESCA Zwemmen 2 | 4:08.74 | +0.71 | |
| | Mees Laar | +0.71 28.98 1:01.45 | +0.22 27.60 59.40 | |
| | Job Esink | +0.31 31.89 1:07.85 | +0.29 28.03 1:00.04 | |
| 120+, Heren | | | | |
| 1. | DAW | 3:49.86 | +0.69 | |
| | Luc Mul | +0.69 25.58 53.31 | +0.47 28.84 1:01.03 | |
| | Paul Oudendijk | +0.56 29.66 1:03.26 | +0.30 24.60 52.26 | |
| 2. | ESCA Zwemmen 3 | 3:50.71 | +0.72 | |
| | Jurre Stammes | +0.72 27.49 57.28 | +0.41 27.71 58.97 | |
| | Sander de Vrugt | +0.29 27.45 57.64 | +0.37 27.29 56.82 | |
| 3. | Zuiderzeezwemmers 1 | 4:00.43 | +0.76 | |
| | Bram van Heuven | +0.76 27.89 58.56 | +0.59 28.05 59.12 | |
| | Gerko Versluis | +0.31 29.76 1:04.65 | +0.10 27.28 58.10 | |
| 4. | De Schotejil 1 | 4:03.16 | +0.68 | |
| | Jacob Mackloet | +0.68 27.17 56.81 | +0.61 30.99 1:04.52 | |
| | Niels Albrechts | +0.36 29.86 1:02.27 | +0.33 28.10 59.56 | |
| 5. | Niemo Barracuda 2 | 4:06.90 | +0.82 | |
| | Mark Hensen | +0.82 28.24 58.84 | +0.38 30.02 1:03.46 | |
| | Thomas Hesper | +0.49 29.59 1:02.58 | +0.42 29.78 1:02.02 | |
| 6. | PSV 7 | 4:23.80 | +0.63 | |
| | Basem Rashed | +0.63 31.98 1:10.48 | 29.41 1:02.90 | |
| | Harold Matla | 34.04 1:11.30 | 28.12 59.12 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, 4 x 100m vrije slag

160+, Heren

| | | | | |
|--|---|---|--|-------|
| 1. ZPCH 1 Thomas Vastenhout Jasper van Heijst | ZPCH +0.64 26.31 56.23 +0.29 28.42 1:00.32 | NED László Jüllich Ruud Holswilder | 3:57.97 +0.48 30.07 1:03.77 +0.15 27.74 57.65 | +0.64 |
| 2. ZPC AMERSFOORT 2 Martijn Bartels Erwin Buist | ZPC AMERSFOORT +0.78 28.63 59.90 +0.30 28.83 1:01.45 | NED Johan Remmits Jelle Blankestijn | 4:01.73 +0.32 30.11 1:03.68 +0.31 26.80 56.70 | +0.78 |
| 3. ZOB'66 3 Ferry Blangé Ian van Mullem | ZOB'66 +0.73 29.92 1:05.17 +0.27 28.83 1:01.57 | NED Pascal Tourton Ingmar de Gelder | 4:18.60 +0.26 32.33 1:07.17 +0.55 31.19 1:04.69 | +0.73 |
| 4. ZVL-1886 Center 2 Kristiaan Lenos Luc Steijvers | ZVL-1886 Center +0.73 28.97 59.72 +0.28 29.67 1:03.47 | NED Emiel Volker Ingmar Kooman | 4:21.25 +0.43 31.67 1:06.83 +0.19 32.38 1:11.23 | +0.73 |
| 5. Sassenheim 2 Wesley van der Luit Bogdan Androne | Sassenheim +0.74 30.60 1:02.18 +0.47 33.41 1:10.70 | NED Frank van Nobelen Arjan Buijsse | 4:26.92 +0.29 32.23 1:06.94 +0.49 31.09 1:07.10 | +0.74 |
| 6. Patrick-De Roersoppers (SG) 1 Eric Dumas Arno Schrauwen | Patrick-De Roersoppers (SG) +0.84 34.81 1:14.69 +0.24 34.17 1:12.70 | NED Patrick Creemers Mike Jansen | 4:27.00 +0.23 29.18 59.54 +0.18 28.19 1:00.07 | +0.84 |
| 7. PSV 9 Mark Godwaldt Remco van der Graaf | PSV +0.80 32.50 1:08.58 +0.48 31.50 1:05.37 | NED Arne-Willem Kroonen Tom Bandsma | 4:32.11 +0.40 30.30 1:06.13 +0.82 32.92 1:12.03 | +0.80 |

200+, Heren

| | | | | |
|---|--|---|--|-------|
| 1. Oslo I.L. 1 <i>Norwegian Masters Record</i> Øivind Martin Hasle Håkon Skaarud Karlsen | Oslo I.L. +0.82 27.31 56.23 +0.13 26.92 57.04 | NOR Jarl Inge Melberg Erlend Alstad | 3:55.83 +0.23 27.58 58.89 +0.37 30.71 1:03.67 | +0.82 |
| 2. De Rog 2 Roy Le Clercq Wijnand Vergeest | De Rog +0.93 35.01 1:14.94 +0.63 34.69 1:12.57 | NED Mark Kuin Arjan Verheij | 4:47.78 +0.31 32.40 1:11.17 +0.51 32.58 1:09.10 | +0.93 |

240+, Heren

| | | | | |
|---|---|---|--|-------|
| 1. De Rog 1 Erik Kamphuis Rob Spetter | De Rog +0.80 33.99 1:08.78 33.90 1:10.70 | NED Peter Bernsen Glen Le Clercq | 4:28.38 30.53 1:03.28 30.86 1:05.62 | +0.80 |
| 2. PSV 8 Soan Thung André Pantekoek | PSV +0.77 31.42 1:06.43 +0.62 39.75 1:23.45 | NED Menno Lomans Eymert van Rooij | 4:53.64 +0.57 36.33 1:15.85 +0.53 32.84 1:07.91 | +0.77 |
| 3. AZC 2 Peter Bootsma Wim de Lange | AZC +0.90 37.69 1:18.08 +0.54 36.54 1:18.42 | NED Michael Go Geza Kaltenecker | 5:29.30 +0.51 34.37 1:14.36 +0.68 46.83 1:38.44 | +0.90 |

280+, Heren

| | | | | |
|--|---|------------------------------------|--|-------|
| 1. SWOL 1894 3 Jappie Kuiper Be van der Ziel | SWOL 1894 +0.85 38.31 1:24.02 +0.66 44.21 1:33.05 | NED Rob Berkhof Harry Dokter | 5:48.56 +0.62 44.90 1:34.95 +0.43 35.95 1:16.54 | +0.85 |
|--|---|------------------------------------|--|-------|

80+, Dames

| | | | | |
|--|--|--|--|-------|
| 1. Hieronymus 1 Nadja Roovers Christel Brugmans | Hieronymus +0.70 29.89 1:02.46 +0.30 29.70 1:02.70 | NED Roos Englebert Selene Wortel | 4:07.97 +0.35 30.03 1:02.27 +0.27 29.00 1:00.54 | +0.70 |
| 2. HZ&PC Heerenveen 2 Leonie van Wier Simone Mus | HZ&PC Heerenveen +0.71 30.08 1:03.03 +0.33 30.58 1:05.09 | NED Lianne van Wier Inge Dekker | 4:16.02 +0.43 29.80 1:03.45 +0.45 30.46 1:04.45 | +0.71 |
| 3. Nederweert 1 Danique Klomp Femke de Wit | Nederweert +0.70 30.04 1:04.17 +0.44 30.76 1:05.91 | NED Tamara Bloemers Dyonne Klomp | 4:20.35 +0.54 30.12 1:06.78 +0.38 29.32 1:03.49 | +0.70 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, Dames, 4 x 100m vrije slag, 80+

| rang | vereniging | tijd | RT | PARA |
|------|--|--|---|---|
| 4. | ESCA Zwemmen Moniek van Langevelde Sanne Landman | ESCA Zwemmen +0.74 30.05 1:03.08 30.89 1:06.16 | NED Rachel Verburgt 34.01 Ellen ter Stege 31.96 | 4:30.78 +0.74 1:13.38 1:08.16 |
| 5. | Bubble 2 Marieke Speijer Esmee Kloezen | Bubble +0.84 35.45 1:16.67 +0.51 31.46 1:07.74 | NED Laura Setz 29.33 Sanne Kloezen 30.10 | 4:31.37 +0.84 1:02.23 1:04.73 |
| 6. | ZPC AMERSFOORT 3 Jisca Majolée Lotte Eising | ZPC AMERSFOORT +0.90 32.66 1:09.41 +0.26 32.10 1:10.61 | NED Michelle van Wijhe 31.77 Maddy van der Hoeven 32.10 | 4:36.34 +0.90 1:08.57 1:07.75 |

100+, Dames

| | | | | |
|----|---|---|--|---|
| 1. | Nuenen 1 Susan Teijken Robin Goossens | Nuenen +0.73 30.02 1:02.93 +0.17 28.80 1:00.51 | NED Merel Phaff Anneloes Peulen | 4:06.68 +0.73 1:02.15 1:01.09 |
| 2. | Niemo Barracuda 3 Robin Pienaar Marijke Kommers | Niemo Barracuda +0.74 29.54 1:02.82 +0.36 32.68 1:09.61 | NED Melissa van der Heijden Tamara van den Brink | 4:26.69 +0.74 1:03.80 1:10.46 |
| 3. | ZOB'66 1 Rozemarijn van Haaff Nina Tourton | ZOB'66 +0.74 30.73 1:05.18 +0.33 32.94 1:10.28 | NED Jet van Oudheusden Wendy de Bruin | 4:31.60 +0.74 1:08.42 1:07.72 |
| 4. | De Duck 1 Marcella van der Ent Leontine Groeneveldt | De Duck +0.71 30.15 1:07.40 32.97 1:10.09 | NED Kimberley van Buren Noa de Bock | 4:34.03 +0.71 1:11.34 1:05.20 |
| 5. | Zuiderzeezwemmers 2 Annemarie ten Have Dagmar Kruik | Zuiderzeezwemmers +0.69 32.42 1:09.80 +0.35 32.60 1:07.36 | NED Gaby Zittersteijn Lisanne Andeweg | 4:34.89 +0.69 1:09.21 1:08.52 |
| 6. | PSV 4 Fiona Meuffels Larissa Jansen | PSV +0.70 31.45 1:06.33 +0.45 32.70 1:09.06 | NED Anouk Kuijlaars Leonor Babo | 4:38.60 +0.70 1:10.83 1:12.38 |
| 7. | TriVia 1 Esther Kwebeman Ilse Kramer | TriVia +0.79 35.64 1:15.77 +0.48 33.57 1:10.44 | NED Heleen Arends Wendan Poelstra | 4:45.73 +0.79 1:11.12 1:08.40 |
| 8. | Neptunus'58 1 Sandra Schellekens Naomi Janssen | Neptunus'58 +0.81 35.72 1:14.36 +0.47 34.64 1:12.93 | NED Nana Dekkers Mirelle de Kort | 4:47.09 +0.81 1:13.01 1:06.79 |

120+, Dames

| | | | | |
|----|---|---|--|---|
| 1. | ACZ 1 Carmen Lems Carol Hollemans | ACZ +0.70 30.81 1:05.92 31.38 1:07.82 | NED Roos van Esch Iris van Rossum | 4:29.76 +0.70 1:08.10 1:07.92 |
| 2. | MSV-Zeemacht 1 Amber van der Kruk Bianca Groot | MSV-Zeemacht +0.85 30.35 1:04.83 +0.36 33.75 1:10.61 | NED Kyra Wesemann Tessa van Dijk-Mosch | 4:30.74 +0.85 1:07.89 1:07.41 |
| 3. | ZV Hoogland 2 Anne-Irene Ducheine Maaïke van Houten | Zwemvereniging Hoogland +0.70 32.37 1:07.99 +0.27 38.21 1:18.92 | NED Marloes Manni Angela Giezen | 4:48.86 +0.70 1:09.28 1:12.67 |
| 4. | VZV Njord 2 Renee de Kok-Meeusen Annelieke Verriet | VZV Njord +0.59 35.11 1:15.17 +0.57 40.58 1:25.20 | NED Karin Sagonas-Koolen Inge Hertogh | 5:11.38 +0.59 1:18.29 1:12.72 |

160+, Dames

| | | | | |
|----|---|--|--|---|
| 1. | Sassenheim 3 Marianne de Bruin Yvonne van Nobelen - Kampschreur | Sassenheim +0.61 35.21 1:12.67 +0.25 36.96 1:19.76 | NED Marinka vd Zwet Rianne Hofland | 4:54.02 +0.61 1:13.59 1:08.00 |
| 2. | De Rog 3 Karin Vermeer Sandra Van der Helm | De Rog +0.84 41.73 1:28.32 +0.62 43.02 1:29.13 | NED Esther Vergeest Dajenne Hurkmans | 5:26.37 +0.84 1:18.30 1:10.62 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, 4 x 100m vrije slag

200+, Dames

| | | | | | |
|-----|--|-------------|---------|---------------------|---------------------|
| 1. | PSV 3 | PSV | NED | 4:28.42 | +0.81 |
| | <i>Nederlands Masters Record, voor startzwemster</i> | | | | |
| | Kirsten Cameron | +0.81 31.37 | 1:03.28 | Jeanne Petit | +0.47 33.85 1:11.24 |
| | Liselotte Joling | +0.54 32.72 | 1:08.48 | Carla Geurts | +0.36 31.00 1:05.42 |
| 2. | PSV 10 | PSV | NED | 4:55.62 | +0.64 |
| | Jenny Schouten | +0.64 31.07 | 1:04.17 | Gudule van der Meer | +0.52 33.25 1:11.02 |
| | Jolanda van Gendt | +0.41 36.04 | 1:17.64 | Patty Verhagen | 40.59 1:22.79 |
| 3. | LinK 1 | LinK | NED | 5:44.20 | +0.89 |
| | Annette Spies | +0.89 40.98 | 1:26.87 | José Bodde | +0.20 43.03 1:27.97 |
| | Elise Kenworthy | +0.54 40.67 | 1:26.24 | Ilonka van der Meer | +0.74 40.05 1:23.12 |
| DIS | De Geul 1 | De Geul | NED | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | |
| | Marian Nederlof, Geerdien Meerwaldt, Marijke Campfens, Marcha Admiraal | | | | |

240+, Dames

| | | | | | |
|----|---|----------------|---------|---------------------------|---------------------|
| 1. | Steenwijk 1934 1 | Steenwijk 1934 | NED | 5:55.65 | +0.92 |
| | Linda Wibbelink | +0.92 40.37 | 1:25.43 | Wiina Heijman | +0.61 37.88 1:19.21 |
| | Inge Soeters | +0.58 46.05 | 1:35.69 | Monica Bakker | +0.65 45.96 1:35.32 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | 5:56.90 | +0.72 |
| | Chiho Shoji | +0.72 36.05 | 1:15.39 | Claire Anthony | +0.45 41.03 1:23.98 |
| | Kathy Van Lindt | +0.58 41.79 | 1:26.78 | Fernande Blondeel-Gourmet | +0.54 53.62 1:50.75 |

280+, Dames

| | | | | | |
|----|----------------|-------------|---------|----------------|---------------------|
| 1. | PSV 6 | PSV | NED | 7:20.83 | +0.94 |
| | Anje Manuputty | +0.94 47.93 | 1:42.13 | Ineke Brouwers | +0.43 56.71 2:01.53 |
| | Carla Hensen | +0.90 47.86 | 1:41.73 | Gonnie Bak | +0.64 52.66 1:55.44 |

80+, Gemengd

| | | | | | |
|----|---------------------------|-------------------------|---------|---------------------|---------------------|
| 1. | Zwemlust- den Hommel 1 | Zwemlust- den Hommel | NED | 3:58.57 | +0.68 |
| | Louis Kappler | +0.68 26.20 | 54.42 | Sophie Stekelenburg | +0.33 29.81 1:03.41 |
| | Fayssal Lantema | +0.44 27.01 | 57.75 | Manon Kloosterman | +0.36 29.57 1:02.99 |
| 2. | ZVL-1886 Center 1 | ZVL-1886 Center | NED | 4:03.91 | +0.68 |
| | Guus Hoogduin | +0.68 27.96 | 59.31 | Robin van Beek | +0.28 26.98 56.22 |
| | Silke Molendijk | +0.51 29.31 | 1:00.88 | Lonneke Graansma | +0.45 31.56 1:07.50 |
| 3. | De Columbiaan 1 | De Columbiaan | NED | 4:07.72 | +0.76 |
| | Daniëlle Vis | +0.76 31.90 | 1:08.03 | Daan Hogerhuis | +0.46 25.23 53.54 |
| | Kim de Jong | +0.49 33.31 | 1:10.29 | Bert Duivenvoorde | +0.54 26.42 55.86 |
| 4. | De Amstel 1 | De Amstel | NED | 4:15.01 | +0.82 |
| | Iris Bastiaansen | +0.82 32.79 | 1:09.99 | Owen Michels | +0.34 28.23 1:00.17 |
| | Iris van der Moolen | +0.39 32.19 | 1:08.06 | Nick Sijmons | +0.40 26.33 56.79 |
| 5. | Westland Swimming Stars 1 | Westland Swimming Stars | NED | 4:22.25 | +0.69 |
| | Nick Boekestijn | +0.69 29.05 | 1:00.24 | Anouk van der Lans | +0.45 33.82 1:11.96 |
| | Patrick Wyrdeeman | +0.48 30.16 | 1:03.20 | Kim de Jong | +0.42 31.31 1:06.85 |

100+, Gemengd

| | | | | | |
|----|--|---------------------|---------|------------------|---------------------|
| 1. | VZC 1 | VZC | NED | 3:52.06 | +0.74 |
| | <i>Nederlands Masters Record, NMR voor startzwemster</i> | | | | |
| | Marjolein Delno | +0.74 28.78 | 58.83 | Olaf Achterberg | +0.43 27.02 56.46 |
| | Jelle Nap | +0.53 26.69 | 56.07 | Tess Panjer | +0.55 29.25 1:00.70 |
| 2. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | NED | 4:05.97 | +0.68 |
| | Tom van Gils | +0.68 29.69 | 1:02.49 | Eva van Elsen | +0.52 30.56 1:05.39 |
| | Babet de Voogd | +0.61 29.48 | 1:02.67 | Kalle van Gemert | +0.34 26.01 55.42 |
| 3. | De Gelsenberg 1 | De Gelsenberg | NED | 4:17.46 | +0.57 |
| | Lisa Brouwer | +0.57 34.88 | 1:14.22 | Kim van Dongen | 29.78 1:03.55 |
| | Roel van der Kruijs | 28.83 | 1:00.75 | Jochem Janssen | 27.57 58.94 |
| 4. | ZPC Woerden 1 | ZPC Woerden | NED | 4:18.54 | +0.63 |
| | Milan de Roo | +0.63 28.36 | 59.85 | Daphne Dols | 33.45 1:12.62 |
| | Ilse van den Wijngaard | 32.43 | 1:08.45 | Ian Terlouw | 26.83 57.62 |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, Gemengd, 4 x 100m vrije slag, 100+

| rang | vereniging | | | | tijd | RT | PARA |
|------|-------------------------------|-----------------------------|---------|------------------------|----------------|---------|------|
| 5. | SWOL 1894 4 | SWOL 1894 | NED | | 4:21.52 | +0.72 | |
| | Lieke van Essen | +0.72 31.47 | 1:05.89 | Huub Scholing | +0.37 30.10 | 1:02.97 | |
| | Beau Rijpers | +0.30 32.30 | 1:08.68 | Hugo Herbers | +0.48 29.63 | 1:03.98 | |
| 6. | Patrick-De Roersoppers (SG) 2 | Patrick-De Roersoppers (SG) | NED | | 4:21.56 | +0.91 | |
| | Pascalie Janssen | +0.91 34.55 | 1:14.40 | Daan Wijnands | +0.41 27.73 | 58.31 | |
| | Senna Bongartz | +0.21 34.42 | 1:11.84 | Luuk Kresin | +0.34 27.26 | 57.01 | |
| 7. | De Rijn 1 | De Rijn | NED | | 4:28.50 | +0.74 | |
| | Vivian Gravemaker | +0.74 31.57 | 1:06.79 | Rick van Nieuwenhuizen | 32.61 | 1:11.35 | |
| | Nienke Lammers | 32.43 | 1:08.78 | Jeroen Louwinger | 28.95 | 1:01.58 | |

120+, Gemengd

| | | | | | | | |
|-----|---|-----------------------------|---------|---------------------|----------------|---------|--|
| 1. | WVZ 3 <i>Nederlands Masters Record</i> | WVZ | NED | | 3:54.62 | +0.66 | |
| | Delia Badoux | +0.66 29.48 | 1:01.86 | Jasper Breugem | +0.36 26.75 | 56.87 | |
| | Leonie van Noort | +0.46 28.62 | 59.94 | Sander Kirillova | +0.15 26.26 | 55.95 | |
| 2. | Niemo Barracuda 1 | Niemo Barracuda | NED | | 3:56.51 | +0.71 | |
| | Jeroen Baars | +0.71 25.22 | 53.10 | Amber Hesper | +0.39 29.17 | 1:02.52 | |
| | Pascal van Haren | +0.36 27.36 | 57.98 | Denise Boereboom | +0.32 29.38 | 1:02.91 | |
| 3. | Poseidon'56 2 | Poseidon'56 | NED | | 4:08.76 | +0.74 | |
| | Rianne Bresser | +0.74 31.35 | 1:06.75 | Jim Geestman | +0.36 27.41 | 58.52 | |
| | Kelly de Jonge | +0.38 30.54 | 1:05.18 | John Smit | +0.47 27.10 | 58.31 | |
| 4. | ZPC AMERSFOORT 4 | ZPC AMERSFOORT | NED | | 4:12.08 | +0.62 | |
| | Tom van den Akker | +0.62 27.78 | 58.47 | Marije Jansen | +0.25 30.02 | 1:04.56 | |
| | Marjan Remmits-de Lange | +0.31 33.50 | 1:10.87 | Jelle Opmeer | +0.20 27.26 | 58.18 | |
| 5. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | 4:19.09 | +0.74 | |
| | Joshua Da Silva Ferra | +0.74 28.32 | 1:01.28 | Coralie Schoemans | +0.43 30.59 | 1:04.25 | |
| | Olivier Bresoux | +0.47 34.54 | 1:10.92 | Stéphanie Schoemans | +0.11 29.59 | 1:02.64 | |
| 6. | Steenwijk 1934 2 | Steenwijk 1934 | NED | | 4:19.71 | +0.75 | |
| | Robert Braad | +0.75 29.04 | 1:00.21 | Rick Driezen | +0.42 28.58 | 1:01.32 | |
| | Ageeth de Haan | +0.30 31.48 | 1:07.80 | Getrude Corporaal | +0.59 33.40 | 1:10.38 | |
| 7. | Aqua-Novio '94 1 | Aqua-Novio '94 | NED | | 4:21.18 | +0.75 | |
| | Joey Papaioannou | +0.75 27.68 | 58.28 | Steven Uijl | +0.30 26.89 | 58.07 | |
| | Petra Guijt | +0.14 34.38 | 1:12.95 | Djamari Oetringer | +0.40 33.74 | 1:11.88 | |
| 8. | AZC 1 | AZC | NED | | 4:23.19 | +0.68 | |
| | Jeroen Matthijssen | +0.68 27.69 | 58.00 | Monique van Huizen | +0.45 32.29 | 1:08.05 | |
| | Jessica Braat | +0.38 33.26 | 1:09.75 | Patrick Brouwer | +0.47 31.90 | 1:07.39 | |
| 9. | De Duck 2 | De Duck | NED | | 4:28.77 | +0.78 | |
| | Judith Kleinjan | +0.78 34.40 | 1:13.20 | Geraldine Trainor | 35.15 | 1:13.43 | |
| | Ryan van der Sluijs | 31.93 | 1:06.44 | Jesper Oranje | 26.71 | 55.70 | |
| 10. | WVZ 4 | WVZ | NED | | 4:30.14 | +0.69 | |
| | Lauren van IJl | +0.69 30.75 | 1:05.48 | Markus van Rest | +0.30 30.79 | 1:06.08 | |
| | Linda Hoogendam | +0.51 36.68 | 1:18.46 | Jordy van Oel | +0.21 28.59 | 1:00.12 | |
| 11. | Club Nautique Val de Fensch 1 | Club Nautique Val de Fensch | FRA | | 4:43.86 | +0.55 | |
| | Bénédicte Yax | +0.55 29.97 | 1:03.68 | Lucie Terver | +0.42 32.92 | 1:08.50 | |
| | Xavier Schuster | +0.62 41.32 | 1:30.90 | Jean Terver | +0.27 28.81 | 1:00.78 | |

160+, Gemengd

| | | | | | | | |
|----|-------------------------|------------------|---------|------------------------------|----------------|---------|--|
| 1. | ZVVS 1 | ZVVS | NED | | 4:37.94 | +0.78 | |
| | Bas van den Nouwelant | +0.78 31.38 | 1:04.91 | Nadya Putter | +0.59 32.96 | 1:09.61 | |
| | Karin Stein | +0.68 37.47 | 1:18.93 | Bram Piederiet | +0.28 29.92 | 1:04.49 | |
| 2. | HZ&PC Heerenveen 3 | HZ&PC Heerenveen | NED | | 4:41.14 | +0.71 | |
| | Romy Jalving | +0.71 33.25 | 1:10.91 | Peggy Hurenkamp | +0.64 36.52 | 1:18.54 | |
| | Jan-Eggo Huininga | +0.60 31.15 | 1:06.70 | Marten de Groot | +0.31 31.34 | 1:04.99 | |
| 3. | DES 1 | DES | NED | | 4:41.70 | +0.69 | |
| | Bart Weiland | +0.69 27.38 | 57.35 | Pieter-Sjoerd de Wijn | +0.03 34.53 | 1:12.93 | |
| | Louise Schets | +0.75 36.43 | 1:19.67 | Anne Aarts | +0.44 33.78 | 1:11.75 | |
| 4. | DWK 1 | DWK | NED | | 4:55.08 | +0.92 | |
| | Jennie Resink-lindeboom | +0.92 41.76 | 1:28.19 | Lars Jacobsen | +0.50 29.68 | 1:03.03 | |
| | Martijn de Jong | +0.68 34.29 | 1:11.23 | Iris van Aurich | +0.56 34.40 | 1:12.63 | |
| 5. | ESCA Zwemmen 4 | ESCA Zwemmen | NED | | 5:09.41 | +0.85 | |
| | Wridzer Bakker | +0.85 33.61 | 1:12.17 | Karin van der Star-Verhoeven | +0.16 37.13 | 1:18.95 | |
| | Irmgard van Weeghel | +0.55 37.45 | 1:19.93 | Paul Rutten | +0.46 36.42 | 1:18.36 | |

Programmanr. 18, 4 x 100m vrije slag

200+, Gemengd

| | | | | | | |
|----|---|----------------------------|--------------------|---|----------------------------|--------------------|
| 1. | ZPC AMERSFOORT 1 <i>Nederlands Masters Record, NMR voor startzwemmer</i> | ZPC AMERSFOORT | NED | 4:14.66 | +0.75 | |
| | Chester Marsman Lidia v. Bon-Rosenbrand | +0.75 28.14 +0.21 31.31 | 59.31 1:06.28 | Lesley Cordial Rob van Vliet | +0.38 31.98 +0.23 28.42 | 1:08.49 1:00.58 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity Wol | BEL | 4:26.40 | +0.65 | | |
| | Nathalie Blondeel Valérie Rolland | +0.65 33.02 +0.44 34.12 | 1:08.90 1:10.84 | Martin Mikolas Hugues Herman | +0.29 29.55 +0.51 30.10 | 1:03.50 1:03.16 |
| 3. | De Biesboschzwemmers 3 Henri Verschoor Harry Cornet | De Biesboschzwemmers | NED | 4:26.98 | +0.93 | |
| | | +0.93 31.29 29.51 | 1:06.72 1:01.96 | Marjo Goelema-Koek Anne-Marie Verschoor-Vos | 32.25 31.63 | 1:09.93 1:08.37 |
| 4. | Westland Swimming Stars 2 Mark Nuijten Pieter Broek | Westland Swimming Stars | NED | 4:41.36 | +1.04 | |
| | | +1.04 35.36 +0.73 30.62 | 1:13.58 1:04.24 | Mirjan den Drijver Netty Burik-Geijsen | +0.20 34.71 +0.25 33.26 | 1:13.36 1:10.18 |
| 5. | De Duinkickers 1 Robert de Brauwer Mathieu Rikken | De Duinkickers | NED | 4:56.68 | +0.85 | |
| | | +0.85 33.62 +0.28 33.16 | 1:12.34 1:10.17 | Esther Poortvliet - Koedam Saskia op den Velde | +0.82 33.78 +0.48 38.73 | 1:11.08 1:23.09 |
| 6. | Old Dutch 1 Pieter Huslage Adriaan Kop | Old Dutch | NED | 5:05.27 | +1.13 | |
| | | +1.13 43.02 +0.53 36.92 | 1:28.27 1:15.94 | Patricia Brooijmans Chantal Verhoeff | +0.66 33.30 +0.52 33.91 | 1:09.27 1:11.79 |

280+, Gemengd

| | | | | | | |
|----|---|----------------------------|--------------------|------------------------------|----------------------------|--------------------|
| 1. | PSV 2 <i>Nederlands Masters Record</i> | PSV | NED | 5:32.19 | +0.84 | |
| | Brend Brevé Esther van Lohuizen | +0.84 34.92 +0.50 35.24 | 1:12.44 1:12.92 | Katrin Pennings Nic Geers | +0.58 34.62 +0.65 55.49 | 1:13.75 1:53.08 |

320+, Gemengd

| | | | | | |
|-----|---|-----|-----|--|--|
| DIS | PSV 1 <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | PSV | NED | | |
| | Corrie Verhoeven, Lottje Geurts, Jan Nuijten, Rob Hanou | | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



5 - ONMK 2024 Ib Sessie 5

04-05-2024 - 13:30

Programmanr. 20
04-05-2024 - 13:30

Dames, 50m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | | tijd | RT | PARA |
|--------------------|------------------------|------------------------------------|--------------------|--------------|-------|------|
| Masters 20+ | | | | | | |
| 1. | Kim Jansen van Galen | PSV | NED 200201594 | 34.25 | +0.70 | |
| 2. | Tessa Loos | Nuene | NED 200200608 | 35.48 | +0.65 | |
| 3. | Silke Molendijk | ZVL-1886 Center | NED 200100178 | 35.52 | +0.68 | |
| 4. | Lisanne Boets | ZPC De Kanaalstreek | NED 200200346 | 35.73 | +0.75 | |
| 5. | Janice Provoost | De Bevelanders | NED 200303076 | 36.02 | +0.69 | |
| 6. | Judith Houtvast | Hellas-Glana | NED 200300714 | 36.18 | +0.65 | |
| 7. | Iris Le Clercq | De Rog | NED 200401404 | 36.49 | +0.66 | |
| 8. | Kim van Dongen | De Gelenberg | NED 200400140 | 36.52 | +0.67 | |
| 9. | Esther Tiemersma | Nayade | NED 200202962 | 36.72 | +0.67 | |
| 10. | Tara Schuurman | Deltasteur | NED 200400386 | 36.98 | +0.67 | |
| 11. | Lisanne Seising | VZC | NED 200002084 | 37.14 | +0.73 | |
| 12. | Kim Zwinkels | ZPCH | NED 200300422 | 37.22 | +0.73 | |
| 13. | Coralie Schoemans | Cercle De Natation Sportcity Wolbe | BEL CNSW/009350/02 | 37.43 | +0.70 | |
| 14. | Sanne Kloezen | Bubble | NED 200204644 | 37.49 | +0.75 | |
| 15. | Malin Beuse | SG Bayer | GER 262348 | 37.81 | +0.70 | |
| 16. | Lauren van IJl | WVZ | NED 200001064 | 38.29 | +0.69 | |
| 17. | Amber Hesper | Niemo Barracuda | NED 200202188 | 38.30 | +0.79 | |
| 18. | Michelle van Wijhe | ZPC AMERSFOORT | NED 200402196 | 38.37 | +0.72 | |
| 19. | Kim de Jong | De Columbiaan | NED 200301026 | 38.45 | +0.77 | |
| 20. | Ilse Valk | Het Ravijn | NED 200000172 | 38.66 | +0.66 | |
| 21. | Mirelle de Kort | Neptunus'58 | NED 200005546 | 38.67 | +0.75 | |
| 22. | Lotte van Gessel | Team Noord Holland (SG) | NED 200300900 | 38.99 | +0.75 | |
| 23. | Daniëlle Vis | De Columbiaan | NED 200401044 | 39.06 | +0.73 | |
| 24. | Rozemarijn van Haaff | ZOB'66 | NED 200201852 | 39.10 | +0.73 | |
| 25. | Cerisa van Kesteren | ZPCH | NED 200105934 | 39.11 | +0.70 | |
| 26. | Anna Tiemersma | Octopus-ZVV (SG) | NED 200400686 | 39.37 | +0.74 | |
| 27. | Kim de Jong | Westland Swimming Stars | NED 200401522 | 39.39 | +0.71 | |
| 28. | Vivian Gravemaker | De Rijn | NED 200400058 | 39.50 | +0.71 | |
| 29. | Melissa Schuurman | EZCL (SG) | NED 200006800 | 39.51 | +0.66 | |
| 30. | Esmée van Peer | TriVia | NED 200201114 | 39.83 | +0.73 | |
| 31. | Leonie van Wier | HZ&PC Heerenveen | NED 200200436 | 39.96 | +0.67 | |
| 32. | Inge Dekker | HZ&PC Heerenveen | NED 200200476 | 40.03 | +0.74 | |
| 33. | Maddy van der Hoeven | ZPC AMERSFOORT | NED 200401298 | 40.23 | +0.81 | |
| 34. | Romy van der Zwan | Scheldestroom | NED 200403826 | 40.36 | +0.76 | |
| 35. | Jet van Oudheusden | ZOB'66 | NED 200401012 | 40.60 | +0.81 | |
| 36. | Marielle van der Vaart | ZVVS | NED 200000994 | 40.70 | +0.74 | |
| 37. | Welmoed Doornbos | De IJsselmeeuwen | NED 200203352 | 40.92 | +0.69 | |
| 38. | Noa de Bock | De Duck | NED 200300318 | 40.94 | +0.70 | |
| 39. | Nienke Lammers | De Rijn | NED 200200806 | 41.25 | +0.84 | |
| 40. | Inge Hertogh | VZV Njord | NED 200101052 | 41.80 | +0.77 | |
| 41. | Esmee Kloezen | Bubble | NED 200204646 | 41.94 | +0.77 | |
| 42. | Romée Jabben | Dedemsvaart-AC | NED 200404426 | 42.18 | +0.80 | |
| 43. | Kyra Wesemann | MSV-Zeemacht | NED 200201440 | 42.36 | +0.76 | |
| 44. | Ilse Kramer | TriVia | NED 200403072 | 43.41 | +0.73 | |
| 45. | Lisa Brouwer | De Gelenberg | NED 200302384 | 44.29 | +0.75 | |

Masters 25+

| | | | | | | |
|----|--------------------|----------------------|---------------|--------------|-------|--|
| 1. | Selene Wortel | Hieronymus | NED 199700654 | 34.57 | +0.66 | |
| 2. | Hannah Schellekens | TRB-RES | NED 199706614 | 35.46 | +0.63 | |
| 3. | Susan Teijken | Nuene | NED 199504592 | 35.67 | +0.74 | |
| 4. | Manon Kloosterman | Zwemlust- den Hommel | NED 199702082 | 35.93 | +0.70 | |
| 5. | Lonneke Graansma | ZVL-1886 Center | NED 199900936 | 36.76 | +0.72 | |
| 6. | Eva van Elsen | ZPC De Zeeuwse Kust | NED 199903026 | 37.11 | +0.70 | |
| 7. | Nadja Roovers | Hieronymus | NED 199800798 | 37.20 | +0.70 | |
| 8. | Marijke Drent | Bubble | NED 199906232 | 37.58 | +0.79 | |
| 9. | Fiona Meuffels | PSV | NED 199504366 | 37.89 | +0.67 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 20, Dames, 50m schoolslag, Masters 25+

| rang | naam | vereniging | | | tijd | RT | PARA |
|------|-------------------------|-------------------------|-----|-----------|--------------|-------|------|
| 10. | Melissa van der Heijden | Niemo Barracuda | NED | 199605226 | 38.13 | +0.54 | |
| 11. | Karin Groen | ZPC De Kanaalstreek | NED | 199502440 | 38.47 | +0.64 | |
| 12. | Sabien Timmers | Vivalo | NED | 199904440 | 38.67 | +0.70 | |
| 13. | Katrin Diercks | SG Aumund - Vegesack | GER | 197466 | 38.81 | +0.71 | |
| 14. | Dagmar Kruik | Zuiderzeezwemmers | NED | 199800008 | 38.98 | +0.67 | |
| 15. | Gaby Zittersteijn | Zuiderzeezwemmers | NED | 199700104 | 39.38 | +0.71 | |
| 16. | Marre Zandringa | Orca | NED | 199701136 | 39.76 | +0.67 | |
| 17. | Yvette Meijer | Zwemvereniging Hoogland | NED | 199706590 | 39.96 | +0.77 | |
| 18. | Daphne Dols | ZPC Woerden | NED | 199904622 | 40.08 | +0.68 | |
| 19. | Kelly Wigleven | Poseidon'56 | NED | 199500058 | 40.84 | +0.79 | |
| 20. | Maartje Hids | ZVL-1886 Center | NED | 199903042 | 40.89 | +0.78 | |
| 21. | Tamara van den Brink | Niemo Barracuda | NED | 199804182 | 41.11 | +0.72 | |
| 22. | Ageeth de Haan | Steenwijk 1934 | NED | 199901022 | 41.56 | +0.74 | |
| 23. | Annemarie ten Have | Zuiderzeezwemmers | NED | 199802662 | 41.67 | +0.70 | |
| 24. | Sheila ten Voorde | Octopus-ZVV (SG) | NED | 199904538 | 41.98 | +0.68 | |
| 25. | Rianne Bresser | Poseidon'56 | NED | 199900690 | 42.24 | +0.75 | |
| 26. | Lotte de Vente | Het Ravijn | NED | 199905814 | 42.95 | +0.86 | |
| 27. | Marit van Tilburg | SBC2000 | NED | 199701208 | 43.15 | +0.79 | |
| 28. | Iris van der Moolen | De Amstel | NED | 199902052 | 43.25 | +0.83 | |
| 29. | Danique de Vegt | ESCA Zwemmen | NED | 199802692 | 43.89 | +0.82 | |
| 30. | Iris Bastiaansen | De Amstel | NED | 199902006 | 46.02 | +0.80 | |
| 31. | Michela Scicluna | San Giljan ASC | MLT | 0277695M | 46.67 | +0.92 | |
| 32. | Catannia Nortan | ZPC AMERSFOORT | NED | 199904400 | 48.01 | +0.79 | |

Masters 30+

| | | | | | | | |
|-----|-------------------|-----------------|-----|-----------|--------------|-------|--|
| 1. | Miranda Nijenhuis | De Columbiaan | NED | 199204076 | 35.94 | +0.76 | |
| 2. | Karin Verbeek | Nautilus | NED | 199201848 | 38.07 | +0.64 | |
| 3. | Marie Tigges | SSF Bonn | GER | 178462 | 38.62 | +0.66 | |
| 4. | Ines Muiwijk | MNC Dordrecht | NED | 199202858 | 40.03 | +0.64 | |
| 5. | Beau Rijpers | SWOL 1894 | NED | 199402638 | 40.35 | +0.75 | |
| 6. | Roxanne van Bavel | Poseidon'56 | NED | 199407378 | 40.36 | +0.69 | |
| 7. | Marijke Kommers | Niemo Barracuda | NED | 199305334 | 40.57 | +0.82 | |
| 8. | Simone Hendrikse | PSV | NED | 199005446 | 40.92 | +0.84 | |
| 9. | Jisca Majolée | ZPC AMERSFOORT | NED | 199403570 | 41.49 | +0.83 | |
| 10. | Elke Schellekens | Neptunus'58 | NED | 199301550 | 45.79 | +0.80 | |

Masters 35+

| | | | | | | | |
|-----|------------------------|----------------------|-----|-----------|--------------|-------|--|
| 1. | Daniëlle Reijnders | AquAmigos | NED | 198504234 | 36.20 | +0.65 | |
| 2. | Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 38.88 | +0.72 | |
| 3. | Anna Maria Rijkens | TRI-X-Kufstein | AUT | 48398 | 39.91 | +0.72 | |
| 4. | Esther van Maastrigt | Montferland | NED | 198802836 | 40.86 | +0.74 | |
| 5. | Ilse van den Wijngaard | ZPC Woerden | NED | 198904736 | 41.78 | +0.78 | |
| 6. | Marlies Jehoel-van As | PSV | NED | 198500074 | 41.91 | +0.73 | |
| 7. | Mariska Kroon-Zaal | AZC | NED | 198806916 | 42.26 | +0.76 | |
| 8. | Nanda van Heteren | PSV | NED | 198901728 | 42.84 | +0.89 | |
| 9. | Maaïke van Diggele | De Geul | NED | 198700868 | 42.90 | +0.85 | |
| 10. | Liesbeth van Mill | Zwemlust- den Hommel | NED | 198702786 | 43.34 | +0.86 | |
| 11. | Monique Kok | Octopus-ZVV (SG) | NED | 198605398 | 47.94 | +0.78 | |

Masters 40+

| | | | | | | | |
|----|--|-------------------------|-----|-----------|--------------|-------|--|
| 1. | Laura Badoux <i>Nederlands Masters Record</i> | DAW | NED | 198200038 | 35.83 | +0.76 | |
| 2. | Anne-Marie Verschoor-Vos | De Biesboschzwemmers | NED | 198102300 | 39.98 | +0.81 | |
| 3. | Renee de Kok-Meeusen | VZV Njord | NED | 198403350 | 42.28 | +0.68 | |
| 4. | Nadya Putter | ZVVS | NED | 198301630 | 42.30 | +0.74 | |
| 5. | Angela Giezen | Zwemvereniging Hoogland | NED | 198302796 | 42.62 | +0.76 | |
| 6. | Michelle de Villiers | Hellas-Glana | NED | 198302944 | 43.27 | +0.74 | |
| 7. | Ieva Karpaviciute | Kauno Takas | LTU | | 44.19 | +0.84 | |
| 8. | Karin Vermeer | De Rog | NED | 198302918 | 51.16 | +0.94 | |

Programmanr. 20, Dames, 50m schoolslag

Masters 45+

| | | | | | | |
|-----|-----------------------|--------------------------|-----|---------------|--------------|-------|
| 1. | Jeanette Seitz | SSV Ulm 1846 | GER | 066368 | 37.57 | +0.73 |
| 2. | Inge Roskam | De Duinkickers | NED | 197801296 | 39.83 | +0.70 |
| 3. | Geraldine Trainor | De Duck | NED | 197500544 | 40.65 | +0.77 |
| 4. | Rachel Trainor | De Duck | NED | 197700670 | 42.44 | +0.87 |
| 5. | Monica Korndewal | ZPC AMERSFOORT | NED | 197701258 | 43.49 | +0.90 |
| 6. | Laura de Pazos Ortega | SSF Bonn | GER | 444685 | 44.01 | +0.56 |
| 7. | Jessica Venema | GZC DONK | NED | 197901526 | 44.26 | +0.83 |
| 8. | Marian Nederlof | De Geul | NED | 197600950 | 45.27 | +0.82 |
| 9. | Ilonka van der Meer | Link | NED | 197601168 | 46.39 | +0.88 |
| 10. | Esther Vergeest | De Rog | NED | 197700012 | 48.17 | +0.81 |
| 11. | Nicolette Zuidema | SWOL 1894 | NED | 197500978 | 51.07 | +0.78 |
| 12. | Jessica van Velzen | SWOL 1894 | NED | 197601122 | 53.24 | +0.97 |
| NG | Vanessa De Bleyser | Brabo Zwemclub Antwerpen | BEL | BRABO/2145777 | | |

Masters 50+

| | | | | | | |
|-----|------------------------|-------------------------------|-----|-----------|----------------|-------|
| 1. | Katharina Schlipp | De Vliet (SG) | NED | 197301004 | 39.91 | +0.62 |
| 2. | Karin Stein | ZVVS | NED | 197100554 | 41.22 | +0.75 |
| 3. | Edith Janssen-Koolen | TRB-RES | NED | 197300898 | 41.44 | +0.72 |
| 4. | Pascalie Janssen | Patrick-De Roersoppers (SG) | NED | 197300852 | 41.52 | +0.89 |
| 5. | Trudie van Niejenhuis | TZC-Vahalis | NED | 197100444 | 42.39 | +0.80 |
| 6. | Annette de Visser | Oceanus | NED | 197100602 | 42.86 | +0.83 |
| 7. | Hilly Brugmans | Hieronymus | NED | 197001112 | 43.10 | +0.82 |
| 8. | Regine Beckers-Stribos | De Rog | NED | 197000492 | 43.24 | +0.84 |
| 9. | Marjolein Klunne | Hieronymus | NED | 197101098 | 49.55 | +0.85 |
| 10. | Martine Stahlie-Bos | TriVia | NED | 197401054 | 49.64 | +0.86 |
| 11. | Evelien Naatje | WS Twente | NED | 197200838 | 51.16 | +0.94 |
| 12. | Ria Winters | Feijenoord Albion Zwemclub | NED | 197001116 | 51.39 * | +0.70 |
| 13. | Petra Ellul Mercer | San Giljan ASC | MLT | 545873M | 52.24 | +0.77 |
| | | <i>Maltese Masters Record</i> | | | | |
| 14. | Judith Sijbers | PSV | NED | 197301030 | 52.34 | +0.88 |
| NG | Yvette Ratering | SG CWW Swim Team | NED | 197200990 | | |

Masters 55+

| | | | | | | |
|----|---------------------------|----------------------------------|-----|-----------|--------------|-------|
| 1. | Marjo Goelema-Koek | De Biesboschzwemmers | NED | 196900192 | 37.10 | +0.72 |
| | | <i>Nederlands Masters Record</i> | | | | |
| 2. | Jacqueline Tuin | DAW | NED | 196600690 | 39.89 | +0.76 |
| 3. | Annette Korving-Leijenaar | Aqualero | NED | 196700662 | 44.18 | +0.83 |
| 4. | Irna van der Molen | WS Twente | NED | 196900938 | 47.47 | +0.81 |
| 5. | Sandra Daamen-Posma | AZC | NED | 196800854 | 50.54 | +0.93 |

Masters 60+

| | | | | | | |
|----|----------------------------|-----------------|-----|-----------|--------------|-------|
| 1. | Yoka de Vegt-van Dijk | ESCA Zwemmen | NED | 196200420 | 43.19 | +0.81 |
| 2. | Jacqueline Rolloos-Bakkers | Niemo Barracuda | NED | 196300222 | 44.79 | +0.82 |
| 3. | Wilna Heijman | Steenwijk 1934 | NED | 196400506 | 47.97 | +0.83 |
| 4. | Marion Kolkman-Pluim | ESCA Zwemmen | NED | 196000330 | 49.90 | +0.85 |
| 5. | Lia Bijkerk | GZC DONK | NED | 196000014 | 50.16 | +0.87 |
| 6. | Jenny Westervaarder | H2Oldambt | NED | 196200424 | 55.01 | +0.97 |

Masters 65+

| | | | | | | |
|----|------------------|---------------------|-----|-----------|----------------|-------|
| 1. | Marijke van Hoek | ZPC De Zeeuwse Kust | NED | 195800050 | 46.36 | +0.77 |
| 2. | Linda Wibbelink | Steenwijk 1934 | NED | 195900158 | 47.03 | +0.71 |
| 3. | Hannie Poletiek | TriVia | NED | 195900278 | 51.82 | +1.06 |
| 4. | Anje Manuputty | PSV | NED | 195700176 | 58.73 | +0.87 |
| 5. | Karien Musters | Old Dutch | NED | 195800236 | 1:07.47 | +0.60 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 20, Dames, 50m schoolslag

Masters 70+

| | | | | | | |
|----|---------------------------|-------------------------------------|-----|----------------|----------------|-------|
| 1. | Gonnie Bak | PSV | NED | 195100064 | 58.18 | +0.93 |
| 2. | Ineke Brouwers | PSV | NED | 195200070 | 1:00.08 | +1.06 |
| 3. | Fernande Blondeel-Gourmet | Cercle De Natation Sportcity WolBEL | BEL | CNSW/004901/52 | 1:07.80 | +0.90 |
| 4. | Maryse Van Cant | Brabo Zwemclub Antwerpen | BEL | BRABO/20389/54 | 1:11.20 | +0.96 |
| 5. | Nini van Dongen-de Paepe | ZZ&PC De Devel | NED | 195100044 | 1:20.42 | +1.47 |

Masters 75+

| | | | | | | |
|----|--|----------------|-----|-----------|--------------|-------|
| 1. | Corrie Verhoeven <i>Nederlands Masters Record</i> | PSV | NED | 194600026 | 48.35 | +0.89 |
| 2. | Bea Swijnenberg | SWOL 1894 | NED | 194900010 | 50.60 | |
| 3. | Annet Verhoeven - Steggerda | De Duinkickers | NED | 194600024 | 56.95 | |

Masters 85+

| | | | | | | |
|----|---|-----------|-----|-----------|----------------|-------|
| 1. | Marie Smits <i>Nederlands Masters Record</i> | Old Dutch | NED | 193800004 | 1:12.14 | +1.12 |
|----|---|-----------|-----|-----------|----------------|-------|

Masters 95+

| | | | | | | |
|----|--------------------|-----|-----|-----------|------------------|--|
| 1. | Marianne Maandonks | PSV | NED | 192600004 | 2:17.88 * | |
|----|--------------------|-----|-----|-----------|------------------|--|

Programmanr. 21
04-05-2024 - 13:53

Heren, 50m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|---------------------|------------------|-----|-----------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Mart de Koning | ZOB'66 | NED | 200203253 | 30.91 | +0.69 | |
| 2. | Lucas Douwma | ZPCH | NED | 200401337 | 31.03 | +0.64 | |
| 3. | Robin Schols | ACZ | NED | 200400433 | 31.46 | +0.65 | |
| 4. | Thomas Vastenhout | ZPCH | NED | 200204545 | 31.54 | +0.66 | |
| 5. | Erik van Gemert | Poseidon'56 | NED | 200300587 | 31.72 | +0.70 | |
| 6. | Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 31.76 | +0.63 | |
| 7. | Robin van Peenen | ZVL-1886 Center | NED | 200201059 | 31.90 | +0.77 | |
| 8. | Jelle Opmeer | ZPC AMERSFOORT | NED | 200100269 | 32.25 | +0.65 | |
| 9. | Bas van den Akker | PSV | NED | 200204651 | 32.39 | +0.65 | |
| 10. | Tim Speijer | Bubble | NED | 200301661 | 32.58 | +0.68 | |
| 11. | Luke Looymans | Z&PC Zegenwerp | NED | 200203689 | 32.61 | +0.68 | |
| 12. | Thijn Damen | PSV | NED | 200300973 | 32.75 | +0.69 | |
| 13. | Junior Vermeulen | De Bevelanders | NED | 200103363 | 32.85 | +0.66 | |
| 14. | Ilmar Stoop | Zuiderzeewemmers | NED | 200100871 | 32.97 | +0.66 | |
| 15. | Thomas Hesper | Niemo Barracuda | NED | 200004181 | 33.00 | +0.81 | |
| 16. | Tom van den Akker | ZPC AMERSFOORT | NED | 200204653 | 33.71 | +0.61 | |
| 17. | Boyd Wijkman | MSV-Zeemacht | NED | 200104759 | 34.05 | +0.69 | |
| 18. | Esper Paans | ZZ&PC De Devel | NED | 200100607 | 34.12 | +0.70 | |
| 19. | Milan de Roo | ZPC Woerden | NED | 200102215 | 34.27 | +0.60 | |
| 20. | Marijn in 't Veld | De Warande | NED | 200002907 | 34.40 | +0.60 | |
| 21. | Rens Hoogenboom | Neptunus'58 | NED | 200403893 | 34.59 | +0.63 | |
| 22. | Mees Minneboo | MSV-Zeemacht | NED | 200203465 | 34.82 | +0.64 | |
| 23. | Lucas Muntinga | ZPCH | NED | 200300123 | 35.03 | +0.64 | |
| 24. | Owen Michels | De Amstel | NED | 200402293 | 35.07 | +0.68 | |
| 25. | Nino van Krimpen | ZOB'66 | NED | 200004611 | 35.27 | +0.63 | |
| 26. | Boaz Troost | ZOB'66 | NED | 200100371 | 35.42 | +0.73 | |
| 27. | Julian Mes | ZOB'66 | NED | 200103755 | 36.04 | +0.71 | |
| 28. | Lanco Manaf | Het Ravijn | NED | 200402715 | 36.33 | +0.69 | |
| 29. | Remco Dijkstra | HZ&PC Heerenveen | NED | 200100789 | 36.69 | +0.70 | |
| 30. | Basem Rashed | PSV | NED | 200305111 | 38.12 | +0.62 | |
| 31. | Ryan van der Sluijs | De Duck | NED | 200105571 | 40.31 | +0.70 | |

Programmanr. 21, Heren, 50m schoolslag

Masters 25+

| | | | | | | |
|-----|-----------------------|-------------------------------------|------|-----------|--------------|-------|
| 1. | Max Peters | Nuene | NED | 199903123 | 29.37 | +0.63 |
| 2. | Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 30.52 | +0.67 |
| 3. | Bert Duivenvoorde | De Columbiaan | NED | 199701805 | 30.88 | +0.72 |
| 4. | Felix Geenen | DAW | NED | 199501085 | 31.14 | +0.72 |
| 5. | Kalle van Gemert | ZPC De Zeeuwse Kust | NED | 199801259 | 31.18 | +0.64 |
| 6. | Jurre Stammes | ESCA Zwemmen | NED | 199701843 | 31.22 | +0.76 |
| 7. | Nicko Kamphuis | De Warande | NED | 199900887 | 31.47 | +0.64 |
| 8. | Sander Kirillova | WVZ | NED | 199800121 | 31.85 | +0.65 |
| 9. | Mikel Mugarza Pascual | Cercle De Natation Sportcity WolBEL | CNSW | 013888/99 | 32.06 | +0.65 |
| 10. | Ryan van den Ouden | Poseidon'56 | NED | 199900377 | 32.12 | +0.79 |
| 11. | Jarick Stoop | Zuiderzeezwemmers | NED | 199604181 | 32.21 | +0.70 |
| 12. | Nick Sijmons | De Amstel | NED | 199500491 | 32.24 | +0.72 |
| 13. | Jelle Nap | VZC | NED | 199502875 | 32.62 | +0.72 |
| 14. | Vladislavs Svarnovics | DES | NED | 199605925 | 32.88 | +0.79 |
| 15. | Kevin Kingma | ACZ | NED | 199700559 | 32.90 | +0.71 |
| 16. | Nick Bongers | SBC2000 | NED | 199800843 | 33.05 | +0.70 |
| 17. | Richard Kuipers | HZ&PC Heerenveen | NED | 199704171 | 33.32 | +0.70 |
| 18. | Sam Beer | Poseidon'56 | NED | 199605521 | 34.05 | +0.71 |
| 19. | John Smit | Poseidon'56 | NED | 199500613 | 34.17 | +0.70 |
| 20. | Edoardo De Santis | Fonte Meravigliosa Sport | ITA | | 35.16 | +0.76 |
| 21. | Laurens Spoelstra | WS Twente | NED | 199901273 | 35.89 | +0.77 |
| 22. | Martijn Bartels | ZPC AMERSFOORT | NED | 199603493 | 36.83 | +0.73 |
| 23. | Jorrik Kerdijk | Bubble | NED | 199602135 | 37.26 | +0.69 |
| 24. | Marijn Heetkamp | Het Ravijn | NED | 199903407 | 37.72 | +0.75 |
| 25. | Ian van Mullem | ZOB'66 | NED | 199602545 | 37.77 | +0.70 |
| 26. | Jeroen van Dinther | Neptunus'58 | NED | 199701569 | 37.84 | +0.71 |
| 27. | Tom van Gils | ZPC De Zeeuwse Kust | NED | 199501799 | 37.93 | +0.67 |
| 28. | Nick Boekestijn | Westland Swimming Stars | NED | 199900291 | 38.24 | +0.63 |
| 29. | Mathijs Krieger | EZCL (SG) | NED | 199905361 | 38.36 | +0.80 |
| 30. | Rob van Wier | HZ&PC Heerenveen | NED | 199900697 | 39.13 | +0.80 |
| 31. | Job Esink | ESCA Zwemmen | NED | 199801699 | 41.66 | +0.77 |

Masters 30+

| | | | | | | |
|-----|-------------------------|-----------------------------|-----|-----------|--------------|-------|
| 1. | Simon Edenburg | Onderdak | NED | 199301567 | 30.55 | +0.70 |
| 2. | Jeroen Baars | Niemo Barracuda | NED | 199200031 | 30.65 | +0.70 |
| 3. | Kevin Panoet | Blue Marlins | NED | 199307253 | 31.01 | +0.69 |
| 4. | Stefan Petersen | Blue Marlins | NED | 199403067 | 31.10 | +0.66 |
| 5. | Daniel Castillo Montoya | ZVL-1886 Center | NED | 199406779 | 31.38 | +0.68 |
| 6. | Jesper Oranje | De Duck | NED | 199200997 | 32.48 | +0.69 |
| 7. | Patrick Creemers | Patrick-De Roersoppers (SG) | NED | 199000579 | 33.69 | +0.70 |
| 8. | Steven Uijl | Aqua-Novio '94 | NED | 199304075 | 34.32 | +0.67 |
| 9. | Bram Siebers | EZCL (SG) | NED | 199302241 | 34.37 | +0.79 |
| 10. | Fabian Tristan Niessen | SSF Bonn | GER | 343535 | 34.79 | +0.78 |
| 11. | Robin van Beusekom | Niemo Barracuda | NED | 199205841 | 35.96 | +0.77 |
| 12. | Sonny Corré | Onderdak | NED | 199303615 | 36.10 | +0.78 |
| 13. | Marten Ettema | HZ&PC Heerenveen | NED | 199007703 | 36.41 | +0.75 |
| 14. | Jose Horcas Nieto | ZVL-1886 Center | NED | 199307445 | 36.49 | +0.77 |
| 15. | Jeroen Burggraaf | De Blauwe Schuur | NED | 199000467 | 36.94 | +0.83 |
| 16. | Craig Frankum | De Warande | NED | 199007759 | 36.95 | +0.70 |
| 17. | Karlo Kok | Zwemvereniging Hoogland | NED | 199101265 | 38.02 | +0.69 |
| 18. | Ruben Stolk | ZOB'66 | NED | 199005665 | 39.14 | +0.73 |
| 19. | Jean Terver | Club Nautique Val de Fensch | FRA | 314113 | 39.41 | +0.88 |
| 20. | Rutger Curfs | SWOL 1894 | NED | 199402893 | 41.71 | +0.83 |

Masters 35+

| | | | | | | |
|----|----------------------------------|-------------------------|-----|-----------|--------------|-------|
| 1. | Sander de Vrugt | ESCA Zwemmen | NED | 198903499 | 31.37 | +0.62 |
| 2. | Ievgenii Gerasimenko | Swimming Luxembourg | LUX | 15841 | 32.23 | +0.72 |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 3. | Yuri van Omme | Zwemvereniging Hoogland | NED | 198501887 | 32.65 | +0.73 |
| 4. | Ricardo van Dam | AZC | NED | 198503965 | 33.92 | +0.72 |
| 5. | Roel van der Kruijs | De Gelenberg | NED | 198501491 | 35.74 | +0.75 |
| 6. | Arthur Bukkems | MZ&PC Maastricht | NED | 198604749 | 36.43 | +0.71 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 21, Heren, 50m schoolslag

Masters 40+

| | | | | | | |
|-----|-----------------------|-------------------------------------|-----|----------------|--------------|-------|
| 1. | Ivan van Omme | De Geul | NED | 198201263 | 32.85 | +0.67 |
| 2. | Simon van Ravesteijn | WVZ | NED | 198002263 | 33.30 | +0.76 |
| 3. | Kristiaan Lenos | ZVL-1886 Center | NED | 198301331 | 33.64 | +0.74 |
| 4. | Jim Geestman | Poseidon'56 | NED | 198300699 | 34.43 | +0.80 |
| 5. | Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 34.87 | +0.75 |
| 6. | William Kruithof | Het Ravijn | NED | 198000857 | 36.85 | +0.84 |
| 7. | Jan-Eggo Huininga | HZ&PC Heerenveen | NED | 198401001 | 37.10 | +0.98 |
| 8. | Jonathan Gatt Colerio | San Giljan ASC | MLT | 174981M | 40.29 | +0.79 |
| 9. | Nicolas Gheis | Cercle De Natation Sportcity WolBEL | BEL | CNSW/013638/84 | 42.12 | +0.78 |
| 10. | Sander de Velde | Deltasteur | NED | 198302165 | 42.17 | +0.81 |

Masters 45+

| | | | | | | |
|-----|-------------------------------|-------------------------|-----|-----------|--------------|-------|
| 1. | Edgar Thimister | ZEPS | NED | 197501511 | 33.52 | +0.65 |
| 2. | Ruud Holswilder | ZPCH | NED | 197800435 | 33.53 | +0.73 |
| 3. | Vincent Versteeg | Zwemlust- den Hommel | NED | 197701003 | 33.55 | +0.75 |
| 4. | Kees Bakker | Gay Swim Amsterdam | NED | 197501055 | 33.61 | +0.60 |
| 5. | Maarten van der Zwan | Scheldestroom | NED | 197501017 | 33.71 | +0.78 |
| 6. | Mark Zwart | Zwemlust- den Hommel | NED | 197901461 | 35.44 | +0.78 |
| 7. | Klaas Poelstra | H2Oldambt | NED | 197800825 | 35.68 | +0.96 |
| 8. | Mark Sponneck | San Giljan ASC | MLT | 388523M | 35.99 | +0.68 |
| | <i>Maltese Masters Record</i> | | | | | |
| 9. | Dennis Dortland | Niemo Barracuda | NED | 197800261 | 36.02 | +0.88 |
| 10. | Bogdan Androne | Sassenheim | NED | 197701783 | 36.18 | +0.73 |
| 11. | Pieter Broek | Westland Swimming Stars | NED | 197701637 | 37.78 | +0.73 |
| 12. | Christiaan Bouwmeester | SBC2000 | NED | 197600127 | 38.46 | +0.76 |
| 13. | Arjan Buijsse | Sassenheim | NED | 197901767 | 38.51 | +0.79 |
| 14. | Erwin Buist | ZPC AMERSFOORT | NED | 197800183 | 38.56 | +0.73 |
| 15. | Tom Bandsma | PSV | NED | 197701625 | 39.64 | +1.03 |
| 16. | Alfonso Verkerk | SCOM/De Zeehond'73 (SG) | NED | 197601665 | 41.43 | +0.78 |
| 17. | Peter van Velzen | SWOL 1894 | NED | 197801945 | 43.97 | +0.59 |

Masters 50+

| | | | | | | |
|-----|-------------------|---------------------------|-----|-----------|--------------|-------|
| 1. | Antwan van Engen | SG CWW Swim Team | NED | 197101577 | 33.78 | +0.69 |
| 2. | Harry Cornet | De Biesboschzwemmers | NED | 197100175 | 34.33 | +0.72 |
| 3. | Richard Rickens | Hellas-Glana | NED | 197000841 | 34.40 | +0.79 |
| 4. | Arjan Verheij | De Rog | NED | 197101617 | 36.61 | +0.73 |
| 5. | Rob van de Ven | Neptunus'58 | NED | 197101695 | 38.29 | +0.71 |
| 6. | Bas Kremers | TRB-RES | NED | 197201611 | 38.31 | +0.73 |
| 7. | Martijn de Jong | DWK | NED | 197101659 | 38.42 | +0.97 |
| 8. | Pieter Veenstra | DZ&PC | NED | 197301345 | 38.93 | +0.88 |
| 9. | Ingmar de Gelder | ZOB'66 | NED | 197000333 | 39.78 | +0.81 |
| 10. | Kai Kremer | SG Erkelenz - Hüchelhoven | GER | 468899 | 40.06 | +0.81 |
| 11. | Maxim Hardziyenka | SWOL 1894 | NED | 197201723 | 49.97 | +0.81 |

Masters 55+

| | | | | | | |
|-----|-----------------------|-----------------------------|-----|-----------|--------------|-------|
| 1. | Harold Matla | PSV | NED | 196800591 | 34.16 | +0.78 |
| 2. | Glen Le Clercq | De Rog | NED | 196800177 | 34.91 | +0.78 |
| 3. | Darius Andrzejczak | SG Erkelenz - Hüchelhoven | GER | 26924 | 35.48 | +0.69 |
| 4. | Marcel Vroegindewei | Poseidon'56 | NED | 196801709 | 38.31 | +0.76 |
| 5. | Nico Swart | De Biesboschzwemmers | NED | 196801475 | 38.34 | +0.75 |
| 6. | Wridzer Bakker | ESCA Zwemmen | NED | 196701711 | 38.50 | +0.85 |
| 7. | Mathieu Rikken | De Duinkickers | NED | 196701777 | 39.71 | +0.84 |
| 8. | Henri Michels | De Amstel | NED | 196501587 | 40.58 | +0.84 |
| 9. | Gertjan van der Vaart | ZVVS | NED | 196801529 | 41.37 | +0.75 |
| 10. | Marcel Brittijn | De Duinkickers | NED | 196900159 | 41.39 | +0.65 |
| 11. | Pieter-Sjoerd de Wijn | DES | NED | 196501027 | 42.42 | +0.86 |
| 12. | Eric Dumas | Patrick-De Roersoppers (SG) | NED | 196901397 | 43.09 | +0.87 |
| 13. | Erik Zoethout | Aqualero | NED | 196901157 | 44.22 | +0.88 |
| 14. | Peter Bootsma | AZC | NED | 196901869 | 44.62 | +0.84 |
| 15. | Maarten Koolman | Steenwijk 1934 | NED | 196801649 | 49.12 | +0.94 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 21, Heren, 50m schoolslag, Masters 55+

| rang | naam | vereniging | | | tijd | RT | PARA |
|------|-------------|-------------|-----|-----------|--------------|-------|------|
| 16. | Andre Exter | Poseidon'56 | NED | 196601585 | 53.87 | +0.85 | |

Masters 60+

| | | | | | | | |
|----|---|----------------|-----|-----------|--------------|-------|--|
| 1. | Edwin v. Norden <i>Nederlands Masters Record</i> | ZPC AMERSFOORT | NED | 196300563 | 36.89 | +0.73 | |
| 2. | Theo Bakker | TriVia | NED | 196401231 | 37.07 | +0.84 | |
| 3. | Peter van Maurik | MSV-Zeemacht | NED | 196301425 | 39.13 | +0.80 | |
| 4. | Rob Hemesath | PSV | NED | 196100189 | 41.16 | +0.93 | |
| 5. | Robert de Brauwer | De Duinkickers | NED | 196401383 | 41.95 | +0.95 | |
| 6. | Henk Kuipers | ZPC AMERSFOORT | NED | 196201207 | 43.57 | +0.75 | |
| 7. | Pierre de Groot | GZC DONK | NED | 196401431 | 44.02 | +0.90 | |
| 8. | Adriaan Kop | Old Dutch | NED | 196101135 | 45.53 | +0.81 | |
| 9. | Bob Lookermans | Poseidon'56 | NED | 196201295 | 49.08 | +1.20 | |

Masters 65+

| | | | | | | | |
|----|-----------------|----------|-----|-----------|--------------|-------|--|
| 1. | Paul Bunnik | Triton | NED | 195600413 | 39.77 | +0.84 | |
| 2. | Wim de Lange | AZC | NED | 195800533 | 41.77 | +0.75 | |
| 3. | Peter Coffeng | GZC DONK | NED | 195700063 | 45.17 | +0.91 | |
| 4. | André Pantekoek | PSV | NED | 195800321 | 48.83 | +1.02 | |

Masters 70+

| | | | | | | | |
|----|--------------|-----------|-----|-----------|--------------|-------|--|
| 1. | Harry Dokter | SWOL 1894 | NED | 195100037 | 41.28 | +0.86 | |
| 2. | Rob Berkhof | SWOL 1894 | NED | 195200245 | 56.81 | +1.14 | |

Masters 75+

| | | | | | | | |
|-----|---|----------------|-----|-----------|--|--|--|
| DIS | Nico van Dongen | ZZ&PC De Devel | NED | 194800159 | | | |
| | <i>SC - De bewegingen van de armen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.</i> | | | | | | |

Masters 80+

| | | | | | | | |
|----|-----------|-----------|-----|-----------|--------------|-------|--|
| 1. | Nico Baay | Old Dutch | NED | 194200053 | 50.11 | +0.83 | |
| 2. | Rob Hanou | PSV | NED | 194300109 | 50.83 | +1.09 | |

Programmanr. 22
04-05-2024 - 14:14

Dames, 200m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA | 50m | 100m | 150m | 200m |
|--------------------|----------------------|---------------------|-----|-----------|----------------|---------|------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | | | |
| 1. | Isa Schellekens | Z&PC Zegenwerp | NED | 200002330 | 2:26.36 | +0.72 | | 34.73 | 1:11.52 | 1:49.55 | 2:26.36 |
| 2. | Robin Goossens | Nuenen | NED | 200003128 | 2:27.94 | +0.84 | | 35.58 | 1:13.42 | 1:51.28 | 2:27.94 |
| 3. | Tess Panjer | VZC | NED | 200403060 | 2:30.73 | * +0.68 | | 36.08 | 1:14.44 | 1:53.12 | 2:30.73 |
| 4. | Michelle van Wijk | WWV Winterswijk | NED | 200204746 | 2:32.56 | +0.72 | | 36.27 | 1:15.17 | 1:54.43 | 2:32.56 |
| 5. | Babet de Voogd | ZPC De Zeeuwse Kust | NED | 200301362 | 2:34.07 | +0.72 | | 35.20 | 1:14.81 | 1:55.50 | 2:34.07 |
| 6. | Roos Englebert | Hieronymus | NED | 200200606 | 2:35.10 | +0.62 | | 36.33 | 1:15.97 | 1:55.53 | 2:35.10 |
| 7. | Kim van Dongen | De Gelenberg | NED | 200400140 | 2:39.78 | +0.68 | | 36.56 | 1:17.27 | 1:58.71 | 2:39.78 |
| 8. | Lauren van IJll | WVZ | NED | 200001064 | 2:42.59 | +0.66 | | 36.62 | 1:17.80 | 2:00.73 | 2:42.59 |
| 9. | Carmen Lems | ACZ | NED | 200402632 | 2:42.64 | +0.66 | | 37.10 | 1:19.35 | 2:02.63 | 2:42.64 |
| 10. | Guusje van Lent | Aqua-Novio '94 | NED | 200203898 | 2:43.66 | +0.71 | | 37.23 | 1:18.97 | 2:02.47 | 2:43.66 |
| 11. | Rozemarijn van Haaff | ZOB'66 | NED | 200201852 | 2:44.32 | +0.68 | | 38.70 | 1:20.41 | 2:02.68 | 2:44.32 |
| 12. | Anouk Vis | De Columbiaan | NED | 200203322 | 2:45.37 | +0.64 | | 37.33 | 1:18.44 | 2:02.23 | 2:45.37 |
| 13. | Cynthia Koolman | ZPC Hoogeveen | NED | 200300232 | 2:45.85 | +0.67 | | 38.74 | 1:20.49 | 2:03.65 | 2:45.85 |
| 14. | Eline Hoekstra | OEZA | NED | 200301280 | 2:47.68 | +0.70 | | 37.23 | 1:19.04 | 2:03.29 | 2:47.68 |
| 15. | Femke de Wit | Nederweert | NED | 200102184 | 2:49.16 | +0.58 | | 38.11 | 1:20.87 | 2:05.33 | 2:49.16 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 22, Dames, 200m rugslag, Masters 20+

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|----------------------|------------|---------------|----------------|---------|-------|---------|---------|---------|
| 16. Esmee Wijnmaalen | De Geul | NED 200100298 | 2:49.31 | +0.77 | 39.31 | 1:22.52 | 2:07.01 | 2:49.31 |
| 17. Monica Faber | Deltasteur | NED 200400388 | 2:51.98 | 8 +0.71 | 39.07 | 1:21.29 | 2:06.02 | 2:51.98 |

Masters 25+

| | | | | | | | | |
|---------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Anne-Irene Ducheine | Zwemvereniging Hoogland | NED 199506824 | 2:36.65 | +0.56 | 36.65 | 1:16.33 | 1:58.01 | 2:36.65 |
| 2. J. van Omme - van Veen | Zwemvereniging Hoogland | NED 199603192 | 2:36.66 | +0.68 | 35.39 | 1:14.56 | 1:55.58 | 2:36.66 |
| 3. Nadja Roovers | Hieronymus | NED 199800798 | 2:36.92 | +0.75 | 36.85 | 1:17.37 | 1:58.40 | 2:36.92 |
| 4. Jade Broek | OEZA | NED 199702300 | 2:40.52 | +0.72 | 35.39 | 1:15.24 | 1:57.51 | 2:40.52 |
| 5. M. van Langevelde | ESCA Zwemmen | NED 199803160 | 2:43.58 | +0.68 | 38.35 | 1:20.41 | 2:02.30 | 2:43.58 |
| 6. Anne Groen | OEZA | NED 199505996 | 2:49.45 | +0.92 | 38.04 | 1:20.56 | 2:04.58 | 2:49.45 |
| 7. Rosalie Baarda | Orca | NED 199903460 | 2:49.52 | +0.65 | 38.12 | 1:20.25 | 2:04.12 | 2:49.52 |
| 8. Selina Janssen | Neptunus'58 | NED 199905974 | 2:50.18 | +0.74 | 38.55 | 1:21.60 | 2:06.24 | 2:50.18 |
| 9. Jet Kleine | MSV-Zeemacht | NED 199903384 | 2:51.02 | +0.68 | 39.46 | 1:22.32 | 2:06.88 | 2:51.02 |
| 10. Aniek Garritsen | De IJsselmeeuwen | NED 199504290 | 2:52.83 | +0.68 | 40.21 | 1:23.17 | 2:08.65 | 2:52.83 |
| 11. Lieke van Essen | SWOL 1894 | NED 199502814 | 2:53.65 | +0.70 | 40.74 | 1:24.41 | 2:08.95 | 2:53.65 |
| 12. Janine de Groot | NDD | NED 199500092 | 2:54.96 | +0.69 | 38.84 | 1:23.41 | 2:08.70 | 2:54.96 |
| 13. D. van den Bosch | Zwemlust- den Hommel | NED 199801122 | 3:01.70 | +0.77 | 42.36 | 1:28.33 | 2:15.36 | 3:01.70 |
| 14. Judith Kleinjan | De Duck | NED 199802710 | 3:06.94 | +0.76 | 44.99 | 1:33.56 | 2:20.83 | 3:06.94 |
| 15. Cynthia van Veen | ZVL-1886 Center | NED 199606736 | 3:23.33 | +0.77 | 45.30 | 1:37.10 | 2:31.90 | 3:23.33 |
| DIS Anouk van der Lans | Westland Swimming Stars | NED 199801614 | | | | | | |

AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.

Masters 30+

| | | | | | | | | |
|-------------------------|-------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| 1. Mabel Suli | WVZ | NED 199307964 | 2:37.56 | * +0.72 | 36.77 | 1:16.70 | 1:57.31 | 2:37.56 |
| 2. Lotte Coenen | DES | NED 199301518 | 2:41.08 | +0.74 | 36.87 | 1:17.23 | 1:59.83 | 2:41.08 |
| 3. Désirée Emmen | De Warande | NED 199204862 | 2:43.33 | +0.72 | 36.46 | 1:16.80 | 1:59.81 | 2:43.33 |
| 4. Elmi Roelofsen | Octopus-ZVV (SG) | NED 199008198 | 2:48.95 | +0.89 | 37.90 | 1:20.90 | 2:04.80 | 2:48.95 |
| 5. Marloes Manni | Zwemvereniging Hoogland | NED 199003078 | 2:50.29 | +0.80 | 39.49 | 1:22.48 | 2:07.25 | 2:50.29 |
| 6. Nienke Smidt | WS Twente | NED 199407596 | 2:52.81 | +0.87 | 41.61 | 1:26.29 | 2:10.86 | 2:52.81 |
| 7. Wendy de Bruin | ZOB'66 | NED 199206320 | 2:55.95 | +0.57 | 40.80 | 1:24.80 | 2:10.33 | 2:55.95 |
| 8. Jisca Majolée | ZPC AMERSFOORT | NED 199403570 | 2:56.88 | +0.96 | 43.22 | 1:27.89 | 2:13.63 | 2:56.88 |
| 9. Adela Vázquez García | ZVL-1886 Center | NED 199307952 | 2:57.63 | +0.57 | 39.06 | 1:23.38 | 2:10.30 | 2:57.63 |
| 10. Alma Janssen | Z&PC Zegenwerp | NED 199401078 | 2:58.33 | +0.72 | 42.65 | 1:28.11 | 2:13.98 | 2:58.33 |
| 11. Marijke Kommers | Niemo Barracuda | NED 199305334 | 2:58.79 | +0.71 | 42.18 | 1:27.13 | 2:13.87 | 2:58.79 |
| 12. Joëlle Vaes | DIO | NED 199007576 | 2:59.14 | +0.84 | 42.38 | 1:28.03 | 2:14.83 | 2:59.14 |
| 13. Getrude Corporaal | Steenwijk 1934 | NED 199200380 | 2:59.83 | +0.80 | 40.25 | 1:24.93 | 2:12.06 | 2:59.83 |
| 14. Marjan Rikken | Octopus-ZVV (SG) | NED 199206114 | 3:08.71 | +0.92 | 44.12 | 1:32.01 | 2:20.80 | 3:08.71 |
| 15. Irmgard van Weeghel | ESCA Zwemmen | NED 199204834 | 3:15.06 | +0.90 | 44.99 | 1:33.97 | 2:24.75 | 3:15.06 |
| 16. Elke Schellekens | Neptunus'58 | NED 199301550 | 3:21.14 | +0.67 | 46.04 | 1:37.03 | 2:29.48 | 3:21.14 |

Masters 35+

| | | | | | | | | |
|-------------------------|-----------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. V. Háden-Felföldi | Iron Swim | HUN | 2:36.44 | +0.76 | 36.49 | 1:15.88 | 1:56.30 | 2:36.44 |
| 2. Jana Vanden Broeck | Cercle Royal De Natation De | BEL«CNBA/012311/89 | 2:37.43 | +0.68 | 35.33 | 1:14.06 | 1:55.20 | 2:37.43 |
| 3. Jenny Schouten | PSV | NED 198703674 | 2:40.43 | +0.75 | 36.48 | 1:17.79 | 1:59.78 | 2:40.43 |
| 4. Rianne Hofland | Sassenheim | NED 198801820 | 2:46.38 | +0.83 | 39.18 | 1:20.79 | 2:04.13 | 2:46.38 |
| 5. J. Koolen-Kaptheijns | Tempo | NED 198706288 | 2:52.96 | +0.83 | 39.31 | 1:23.34 | 2:08.71 | 2:52.96 |
| 6. Renske Eilers | Zwemvereniging Hoogland | NED 198806072 | 2:54.89 | +0.63 | 41.05 | 1:24.52 | 2:09.46 | 2:54.89 |
| 7. Nanda van Heteren | PSV | NED 198901728 | 3:02.49 | +0.72 | 44.05 | 1:31.03 | 2:17.83 | 3:02.49 |
| 8. Esther van Maastrigt | Montferland | NED 198802836 | 3:06.77 | +0.64 | 43.89 | 1:30.47 | 2:19.19 | 3:06.77 |
| 9. Sandra Schellekens | Neptunus'58 | NED 198503416 | 3:08.24 | +0.75 | 42.76 | 1:30.56 | 2:19.23 | 3:08.24 |
| 10. M. van der Poel | De Warande | NED 198703212 | 3:12.20 | +0.79 | 43.62 | 1:32.14 | 2:22.67 | 3:12.20 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 22, Dames, 200m rugslag

Masters 40+

| | | | | | | | | |
|---------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Maïke Zeterberg | Zehlendorfer TSV 1888 | GER 066680 | 2:39.90 | +0.63 | 36.63 | 1:16.90 | 1:57.94 | 2:39.90 |
| 2. Debbie van Rooijen | IJZPC | NED 198201402 | 2:42.11 | +0.76 | 38.48 | 1:19.23 | 2:01.03 | 2:42.11 |
| 3. Tonia Ruybroek | Poseidon'56 | NED 198101290 | 2:54.18 | +0.72 | 39.04 | 1:22.96 | 2:09.30 | 2:54.18 |
| 4. Elke Popma - Blox | Tiamat | NED 198200154 | 2:55.52 | +0.68 | 40.84 | 1:25.26 | 2:10.84 | 2:55.52 |
| 5. Angela Giezen | Zwemvereniging Hoogland | NED 198302796 | 2:57.31 | +0.78 | 42.34 | 1:26.90 | 2:13.64 | 2:57.31 |
| 6. E. Poortvliet - Koedam | De Duinkickers | NED 198001824 | 2:57.49 | +0.74 | 42.16 | 1:27.05 | 2:13.61 | 2:57.49 |
| 7. Anke Lambooj | De Vliet (SG) | NED 198001182 | 2:58.99 | +0.75 | 40.04 | 1:24.19 | 2:11.32 | 2:58.99 |
| 8. Hanneke Heymen | WS Twente | NED 198400968 | 3:03.62 | +0.60 | 43.47 | 1:30.39 | 2:18.81 | 3:03.62 |

Masters 45+

| | | | | | | | | |
|-----------------------|-------------------------|---------------|------------------|-------|-------|---------|---------|---------|
| 1. Mirjan den Drijver | Westland Swimming Stars | NED 197500884 | 2:58.45 | +0.83 | 40.69 | 1:25.59 | 2:12.24 | 2:58.45 |
| 2. Monique Boets | ZPC De Kanaalstreek | NED 197600230 | 2:59.50 | +0.77 | 41.52 | 1:27.93 | 2:14.87 | 2:59.50 |
| 3. Jolanda van Gendt | PSV | NED 197800266 | 3:00.20 * | +0.75 | 42.35 | 1:27.80 | 2:15.08 | 3:00.20 |
| 4. Louise Schets | DES | NED 197901580 | 3:20.18 | +0.86 | 46.22 | 1:37.67 | 2:29.90 | 3:20.18 |
| DIS Petra Guijt | Aqua-Novio '94 | NED 197600978 | | +0.95 | | | | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Masters 50+

| | | | | | | | | |
|--------------------------|------------------------------|--------------------|------------------|-------|-------|---------|---------|---------|
| 1. Johanna van Wijnen | De Biesboschzwemmers | NED 197201072 | 2:48.92 | +0.68 | 39.75 | 1:21.92 | 2:04.84 | 2:48.92 |
| 2. Chiho Shoji | Cercle De Natation Sportcity | BELuCNSW/006146/70 | 2:52.06 | +0.76 | 40.60 | 1:23.47 | 2:08.08 | 2:52.06 |
| 3. Valérie Rolland | Cercle De Natation Sportcity | BELuCNSW/004276/71 | 2:54.07 | +0.76 | 40.89 | 1:24.05 | 2:09.23 | 2:54.07 |
| 4. Trudie van Niejenhuis | TZC-Vahalis | NED 197100444 | 3:05.30 | +0.73 | 44.96 | 1:31.80 | 2:19.59 | 3:05.30 |
| 5. Bianca Groot | MSV-Zeemacht | NED 197000652 | 3:11.13 * | +1.03 | 46.19 | 1:35.53 | 2:24.89 | 3:11.13 |
| 6. Elise Kenworthy | Link | NED 197101126 | 3:26.08 | +1.04 | 49.57 | 1:41.45 | 2:35.21 | 3:26.08 |
| 7. B. Hertogh - Buijsse | Scheldestroom | NED 197400910 | 3:27.73 | +0.85 | 47.40 | 1:40.86 | 2:35.47 | 3:27.73 |
| 8. Nathasja Konijn | GZC DONK | NED 197100992 | 3:35.98 | +0.83 | 49.43 | 1:44.70 | 2:39.96 | 3:35.98 |

Masters 55+

| | | | | | | | | |
|--------------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Allie Price | Bridgend Swim Club | GBR 547582 | 2:52.82 | +0.67 | 38.83 | 1:21.42 | 2:07.65 | 2:52.82 |
| 2. Laura Staal | Oceanus | NED 196700358 | 3:06.93 | +0.75 | 43.54 | 1:31.94 | 2:19.74 | 3:06.93 |
| 3. Petra Blum | SG Bayer | GER 274174 | 3:10.67 | +0.87 | 43.36 | 1:31.19 | 2:21.55 | 3:10.67 |
| 4. Annette Wijnja-Visser | De Biesboschzwemmers | NED 196700528 | 3:11.40 | +0.79 | 44.08 | 1:33.18 | 2:23.20 | 3:11.40 |
| 5. Marinka vd Zwet | Sassenheim | NED 196500346 | 3:14.33 | +0.69 | 45.33 | 1:35.41 | 2:25.91 | 3:14.33 |
| 6. Peggi Hurenkamp | HZ&PC Heerenveen | NED 196900922 | 3:17.33 | +0.77 | 44.75 | 1:34.91 | 2:25.93 | 3:17.33 |
| DIS Annette van Dok | MSV-Zeemacht | NED 196800742 | | | | | | |

AF - De aangegeven afstand niet uitgezwommen.

Masters 60+

| | | | | | | | | |
|--|-------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Judith Cromjongh | De Zwoer | NED 196400054 | 2:52.32 | +0.79 | 40.03 | 1:23.19 | 2:08.36 | 2:52.32 |
| <i>Nederlands Masters Record, *50m, 100m</i> | | | | | | | | |
| 2. M. Grove-Lingeman | Triton | NED 196200080 | 3:14.64 | +0.82 | 44.38 | 1:33.07 | 2:23.49 | 3:14.64 |
| 3. Maud Peuten-Evers | Mosa-Regio | NED 196400584 | 3:17.02 | +0.89 | 46.38 | 1:35.81 | 2:26.84 | 3:17.02 |
| 4. W. Lammers-Wigman | Montferland | NED 196400614 | 3:35.55 | +0.85 | 48.97 | 1:42.87 | 2:40.10 | 3:35.55 |
| 5. J. Resink-lindeboom | DWK | NED 196000142 | 3:39.07 | +0.93 | 51.96 | 1:48.57 | 2:44.48 | 3:39.07 |
| 6. Lia Bijkerk | GZC DONK | NED 196000014 | 3:45.95 | +0.83 | 54.19 | 1:53.14 | 2:50.78 | 3:45.95 |

Masters 65+

| | | | | | | | | |
|-------------------|--------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Patty Verhagen | PSV | NED 195900146 | 3:16.89 | +0.97 | 48.11 | 1:38.96 | 2:28.80 | 3:16.89 |
| 2. Margriet Pasma | TriVia | NED 195500088 | 3:31.03 | +0.79 | 49.96 | 1:43.99 | 2:38.42 | 3:31.03 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 22, Dames, 200m rugslag

Masters 70+

| | | | | | | | | |
|----------------------------------|-----------|---------------|----------------|---------|-------|---------|---------|---------|
| 1. C. Nieuwenhuis | SWOL 1894 | NED 195100022 | 3:36.81 | +0.80 | 50.20 | 1:46.19 | 2:42.39 | 3:36.81 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Carla Hensen | PSV | NED 195300062 | 3:57.61 | +0.80 | 54.18 | 1:54.80 | 2:56.08 | 3:57.61 |
| 3. A. Gilding-Tussaud | WS Twente | NED 195000038 | 4:14.45 | * +0.93 | 59.76 | 2:04.69 | 3:11.63 | 4:14.45 |

Masters 75+

| | | | | | | | | |
|----------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. L. van Huissteden | ZPC AMERSFOORT | NED 194500002 | 5:03.44 | +0.86 | 1:10.79 | 2:32.37 | 3:50.51 | 5:03.44 |
|----------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|

Masters 85+

| | | | | | | | | |
|---|-----|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Lottie Geurts | PSV | NED 193500006 | 5:05.46 | +0.71 | 1:13.96 | 2:32.84 | 3:53.44 | 5:05.46 |
| <i>Kampioenschapsrecord, *50m, 100m</i> | | | | | | | | |

Programmanr. 23
04-05-2024 - 14:53

Heren, 200m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|-----------------------|-----------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Jasper Breugem | WVZ | NED 200000303 | 2:18.61 | +0.76 | 32.34 | 1:07.22 | 1:43.16 | 2:18.61 |
| 2. Thijn Damen | PSV | NED 200300973 | 2:18.99 | +0.75 | 32.07 | 1:07.37 | 1:43.68 | 2:18.99 |
| 3. Guus Hoogduin | ZVL-1886 Center | NED 200201069 | 2:21.70 | +0.69 | 32.89 | 1:08.33 | 1:45.38 | 2:21.70 |
| 4. Marc Hoogveen | DZ&PC | NED 200101585 | 2:25.03 | +0.71 | 33.49 | 1:09.96 | 1:47.96 | 2:25.03 |
| 5. Ian Terlouw | ZPC Woerden | NED 200002345 | 2:29.28 | +0.77 | 34.10 | 1:12.20 | 1:51.65 | 2:29.28 |
| 6. Lars Hilkens | RZ | NED 200201165 | 2:30.13 | +0.73 | 34.68 | 1:12.73 | 1:52.35 | 2:30.13 |
| 7. Collin Schouten | MSV-Zeemacht | NED 200400697 | 2:32.02 | +0.74 | 35.90 | 1:14.62 | 1:54.19 | 2:32.02 |
| 8. Mart de Koning | ZOB'66 | NED 200203253 | 2:32.47 | +0.72 | 34.45 | 1:13.95 | 1:54.55 | 2:32.47 |
| 9. Nigel Werring | Zwemlust- den Hommel | NED 200301503 | 2:32.80 | +0.71 | 35.40 | 1:14.92 | 1:54.46 | 2:32.80 |
| 10. Mike Jansen | Patrick-De Roersoppers (SG) | NED 200200151 | 2:33.74 | +0.68 | 36.26 | 1:15.27 | 1:55.47 | 2:33.74 |
| 11. Rik Stahlie | TriVia | NED 200201915 | 2:39.73 | +0.70 | 37.19 | 1:17.61 | 1:58.87 | 2:39.73 |
| 12. Kevin Vermeulen | Bubble | NED 200203849 | 2:39.79 | +0.69 | 37.52 | 1:17.37 | 1:58.58 | 2:39.79 |
| 13. Milan de Roo | ZPC Woerden | NED 200102215 | 2:56.16 | +0.74 | 38.74 | 1:23.22 | 2:10.45 | 2:56.16 |
| Masters 25+ | | | | | | | | |
| 1. Jordy van Oel | WVZ | NED 199802003 | 2:27.33 | +0.74 | 34.24 | 1:11.06 | 1:49.26 | 2:27.33 |
| 2. David Kievit | De Schotejil | NED 199900325 | 2:29.77 | +0.87 | 34.17 | 1:12.14 | 1:51.41 | 2:29.77 |
| 3. Jelle Blankestijn | ZPC AMERSFOORT | NED 199803737 | 2:31.33 | +0.69 | 35.37 | 1:13.46 | 1:52.33 | 2:31.33 |
| 4. Jeroen Louwinger | De Rijn | NED 199900583 | 2:32.41 | +0.65 | 35.68 | 1:13.78 | 1:53.16 | 2:32.41 |
| 5. Joey Papaioannou | Aqua-Novio '94 | NED 199802269 | 2:33.13 | +0.66 | 34.05 | 1:12.90 | 1:53.61 | 2:33.13 |
| 6. Patrick Wyrdeman | Westland Swimming Stars | NED 199702475 | 2:43.48 | +0.78 | 37.88 | 1:19.34 | 2:00.97 | 2:43.48 |
| 7. Laurens Spoelstra | WS Twente | NED 199901273 | 2:46.36 | +0.79 | 38.23 | 1:20.03 | 2:04.08 | 2:46.36 |
| 8. Colin Degenars | ZPCH | NED 199505951 | 2:48.14 | +0.78 | 39.62 | 1:23.13 | 2:07.51 | 2:48.14 |
| <i>*100m</i> | | | | | | | | |
| Masters 30+ | | | | | | | | |
| 1. Jos de Graaf | PSV | NED 199106095 | 2:28.30 | +0.78 | 34.02 | 1:11.68 | 1:50.70 | 2:28.30 |
| 2. Mike Schel | ESCA Zwemmen | NED 199403279 | 2:28.67 | +0.70 | 35.22 | 1:12.98 | 1:51.71 | 2:28.67 |
| 3. Olaf Achterberg | VZC | NED 199000011 | 2:28.77 | +0.72 | 34.85 | 1:13.28 | 1:52.61 | 2:28.77 |
| 4. Jeroen Matthijssen | AZC | NED 199103751 | 2:29.73 | +0.71 | 33.80 | 1:12.49 | 1:51.29 | 2:29.73 |
| 5. Stefan Roovers | Onderdak | NED 199102753 | 2:33.19 | +0.75 | 34.46 | 1:12.90 | 1:53.36 | 2:33.19 |
| 6. R. van Doeselaar | Scheldestroom | NED 199200261 | 2:37.04 | +0.75 | 35.62 | 1:15.20 | 1:56.89 | 2:37.04 |
| 7. Patrick Brouwer | AZC | NED 199303715 | 2:41.71 | +0.75 | 36.44 | 1:17.26 | 1:59.48 | 2:41.71 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 23, Heren, 200m rugslag

Masters 35+

| | | | | | | | | |
|------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Robert Braad | Steenwijk 1934 | NED 198600407 | 2:26.34 | +0.73 | 34.24 | 1:10.95 | 1:48.91 | 2:26.34 |
| 2. Martijn Giezen | ZPC AMERSFOORT | NED 198500813 | 2:31.44 | +0.85 | 34.52 | 1:12.72 | 1:52.41 | 2:31.44 |
| 3. Yuri van Omme | Zwemvereniging Hoogland | NED 198501887 | 2:37.05 | +0.81 | 36.52 | 1:16.12 | 1:57.06 | 2:37.05 |
| 4. Wessel Everloo | WS Twente | NED 198906597 | 2:39.19 | +1.02 | 38.07 | 1:18.95 | 2:00.31 | 2:39.19 |
| 5. Niels Albrechts | De Schoteijl | NED 198800039 | 2:42.51 | +0.76 | 38.52 | 1:20.28 | 2:01.99 | 2:42.51 |
| 6. Remco van der Graaf | PSV | NED 198704007 | 2:45.34 | +0.76 | 39.79 | 1:22.27 | 2:05.33 | 2:45.34 |

Masters 40+

| | | | | | | | | |
|------------------------|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Paul Oudendijk | DAW | NED 198101287 | 2:30.48 | +0.80 | 34.85 | 1:12.01 | 1:50.86 | 2:30.48 |
| 2. Heijmen van Vliet | De Geul | NED 198001637 | 2:33.69 | +0.62 | 36.68 | 1:15.74 | 1:55.40 | 2:33.69 |
| 3. Rob van Vliet | ZPC AMERSFOORT | NED 198402459 | 2:37.65 | +0.82 | 37.43 | 1:17.21 | 1:58.36 | 2:37.65 |
| 4. Oscar Monge | IJZPC | NED 198102599 | 2:57.52 | +0.70 | 41.19 | 1:25.98 | 2:12.47 | 2:57.52 |
| 5. Arne-Willem Kroonen | PSV | NED 198401297 | 3:19.11 | +0.72 | 43.32 | 1:32.51 | 2:26.51 | 3:19.11 |

Masters 45+

| | | | | | | | | |
|----------------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Dennis Brouwers | HZPC | NED 197800167 | 2:19.29 | +0.75 | 33.71 | 1:09.02 | 1:44.29 | 2:19.29 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Mark Hensen | Niemo Barracuda | NED 197900497 | 2:26.96 | +0.82 | 34.37 | 1:11.50 | 1:49.75 | 2:26.96 |
| 3. Ivo Roozeboom | WVZ | NED 197700801 | 2:27.30 | +0.70 | 34.31 | 1:12.16 | 1:50.07 | 2:27.30 |
| 4. Kees Bakker | Gay Swim Amsterdam | NED 197501055 | 2:40.50 | +0.65 | 37.07 | 1:17.63 | 1:59.15 | 2:40.50 |
| 5. Alex Damen | DAW | NED 197501371 | 2:41.70 | +0.80 | 37.40 | 1:17.80 | 2:00.12 | 2:41.70 |
| 6. Ruud Holswilder | ZPCH | NED 197800435 | 2:44.60 | +0.73 | 36.64 | 1:18.13 | 2:01.52 | 2:44.60 |
| 7. Markus van Rest | WVZ | NED 197701197 | 2:46.39 | +0.78 | 39.87 | 1:23.19 | 2:06.76 | 2:46.39 |
| 8. Pieter Broek | Westland Swimming Stars | NED 197701637 | 2:51.84 | +0.65 | 39.36 | 1:22.22 | 2:08.15 | 2:51.84 |
| 9. Gino Martijn | RZ | NED 197901865 | 3:01.94 | +0.63 | 42.46 | 1:29.26 | 2:17.00 | 3:01.94 |
| <i>*50m</i> | | | | | | | | |

Masters 50+

| | | | | | | | | |
|----------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Rogier Vissers | PSV | NED 197300935 | 2:42.08 | +0.84 | 37.00 | 1:17.09 | 1:59.28 | 2:42.08 |
| 2. Bruno Nahon | Cercle De Natation Sportcity | BELuCNSW/000390/70 | 2:49.12 | +0.85 | 39.87 | 1:22.48 | 2:05.86 | 2:49.12 |
| 3. Henri Verschoor | De Biesboschzwemmers | NED 197001041 | 2:57.05 | +0.78 | 42.26 | 1:28.09 | 2:13.59 | 2:57.05 |
| 4. Korstiaan de Boer | Steenwijk 1934 | NED 197101629 | 2:57.44 | +0.82 | 42.09 | 1:26.90 | 2:12.92 | 2:57.44 |
| 5. Jacques Verriet | VZV Njord | NED 197001039 | 3:04.04 | +0.75 | 43.09 | 1:28.90 | 2:16.86 | 3:04.04 |
| 6. Jeroen Hoeksel | ZVVS | NED 197401533 | 3:31.99 | +0.84 | 48.17 | 1:43.36 | 2:37.66 | 3:31.99 |

Masters 55+

| | | | | | | | | |
|-----------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Chester Marsman | ZPC AMERSFOORT | NED 196900671 | 2:29.99 | +0.74 | 33.74 | 1:11.51 | 1:51.31 | 2:29.99 |
| <i>Kampioenschapsrecord</i> | | | | | | | | |
| 2. J. van den Berg | WVZ | NED 196801575 | 2:39.17 | +0.72 | 35.83 | 1:15.83 | 1:57.35 | 2:39.17 |
| 3. Erlend Alstad | Oslo I.L. | NOR | 2:39.60 | +0.93 | 38.93 | 1:19.92 | 1:59.67 | 2:39.60 |
| 4. Hugues Herman | Cercle De Natation Sportcity | BELuCNSW/009743/66 | 2:46.18 | +0.68 | 38.94 | 1:20.95 | 2:03.74 | 2:46.18 |
| 5. Marcel Vroegindewei | Poseidon'56 | NED 196801709 | 2:49.53 | +0.75 | 39.36 | 1:21.99 | 2:06.67 | 2:49.53 |
| 6. Frank van Nobelen | Sassenheim | NED 196900753 | 2:51.15 | +0.79 | 39.94 | 1:23.30 | 2:07.41 | 2:51.15 |
| 7. Pascal Tourton | ZOB'66 | NED 196601343 | 2:51.59 | +0.97 | 40.41 | 1:23.47 | 2:07.49 | 2:51.59 |
| 8. Nico Swart | De Biesboschzwemmers | NED 196801475 | 2:58.60 | +0.75 | 41.03 | 1:27.54 | 2:13.56 | 2:58.60 |

Masters 60+

| | | | | | | | | |
|---------------------|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Johan Remmits | ZPC AMERSFOORT | NED 196201159 | 2:37.95 | +0.75 | 35.97 | 1:16.11 | 1:57.29 | 2:37.95 |
| 2. Erik Kamphuis | De Rog | NED 196001035 | 2:56.42 | +0.85 | 41.48 | 1:26.60 | 2:12.79 | 2:56.42 |
| 3. Hans Vloedgraven | Old Dutch | NED 196400917 | 2:59.85 | +0.69 | 42.68 | 1:28.04 | 2:14.71 | 2:59.85 |
| 4. Menno Lomans | PSV | NED 196101071 | 3:08.89 | +0.89 | 46.48 | 1:34.66 | 2:23.18 | 3:08.89 |
| 5. Eric Langhorst | RZC | NED 196201299 | 3:17.58 | +0.87 | 45.29 | 1:35.64 | 2:27.66 | 3:17.58 |
| 6. Bart van Calker | WS Twente | NED 196100067 | 3:29.02 | +0.79 | 50.15 | 1:42.93 | 2:35.61 | 3:29.02 |
| <i>*100m</i> | | | | | | | | |

| | | |
|------------------------|----------------|---------------|
| AFGEM Casper Dollekamp | Steenwijk 1934 | NED 196301341 |
|------------------------|----------------|---------------|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 23, Heren, 200m rugslag

Masters 65+

| | | | | | | | | |
|-------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Wim de Lange | AZC | NED 195800533 | 3:24.25 | +0.75 | 48.70 | 1:41.62 | 2:35.15 | 3:24.25 |
| 2. André Pantekoek | PSV | NED 195800321 | 3:52.51 | +0.79 | 53.47 | 1:54.02 | 2:55.64 | 3:52.51 |
| 3. Christian Schoenaers | Cercle De Natation Sportcity | BELuCNSW/007131/59 | 3:55.46 | +0.82 | 54.18 | 1:53.67 | 2:55.50 | 3:55.46 |

Masters 70+

| | | | | | | | | |
|------------------------------|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Brend Brevé *50m, 100m | PSV | NED 195200265 | 3:07.51 | +0.79 | 45.01 | 1:33.00 | 2:21.96 | 3:07.51 |
| 2. Pieter Husslage *100m | Old Dutch | NED 195300091 | 3:30.03 | +0.76 | 51.04 | 1:43.71 | 2:38.15 | 3:30.03 |
| 3. Ronald Blankenstein | Aqua-Novio '94 | NED 195000013 | 3:56.30 | +0.89 | 52.18 | 1:54.58 | 2:58.10 | 3:56.30 |
| 4. Rob Berkhof | SWOL 1894 | NED 195200245 | 3:56.90 | +0.98 | 55.23 | 1:56.45 | 2:58.09 | 3:56.90 |

Masters 80+

| | | | | | | | | |
|--------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Nico Baay | Old Dutch | NED 194200053 | 4:33.29 | +1.12 | 58.20 | 2:07.71 | 3:20.54 | 4:33.29 |
|--------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|

Programmanr. 24
04-05-2024 - 15:38

Dames, 100m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | PARA | 50m | 100m |
|-------------------------|----------------------|---------------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | |
| 1. Silke Molendijk | ZVL-1886 Center | NED 200100178 | 1:05.70 | +0.67 | | 30.65 | 1:05.70 |
| 2. Kim Zwinkels | ZPCH | NED 200300422 | 1:07.17 | +0.72 | | 31.35 | 1:07.17 |
| 3. Merel Phaff | Nuenen | NED 200100434 | 1:08.89 | +0.71 | | 31.75 | 1:08.89 |
| 4. Christel Brugmans | Hieronymus | NED 200005602 | 1:10.28 | +0.74 | | 32.33 | 1:10.28 |
| 5. Babet de Voogd | ZPC De Zeeuwse Kust | NED 200301362 | 1:11.18 | +0.70 | | 33.50 | 1:11.18 |
| 6. Esther Tiemersma | Nayade | NED 200202962 | 1:13.78 | +0.64 | | 34.04 | 1:13.78 |
| 7. Lianne Seising | VZC | NED 200002084 | 1:13.80 | +0.74 | | 33.43 | 1:13.80 |
| 8. Cerisa van Kesteren | ZPCH | NED 200105934 | 1:14.04 | +0.70 | | 34.18 | 1:14.04 |
| 9. Dyonne Klomp | Nederweert | NED 200400642 | 1:15.36 | +0.69 | | 32.20 | 1:15.36 |
| 10. Sophie Stekelenburg | Zwemlust- den Hommel | NED 200400166 | 1:15.71 | +0.75 | | 32.94 | 1:15.71 |
| 11. Mirelle de Kort | Neptunus'58 | NED 200005546 | 1:16.17 | +0.60 | | 35.57 | 1:16.17 |
| 12. Lianne van Wier | HZ&PC Heerenveen | NED 200200438 | 1:16.20 | +0.70 | | 35.09 | 1:16.20 |
| 13. Vivian Gravemaker | De Rijn | NED 200400058 | 1:16.31 | +0.71 | | 35.64 | 1:16.31 |
| 14. Manon de Man | Deltasteur | NED 200201458 | 1:16.68 | +0.62 | | 34.99 | 1:16.68 |
| 15. Welmoed Doornbos | De IJsselmeeuwen | NED 200203352 | 1:17.06 | +0.66 | | 34.76 | 1:17.06 |
| 16. Ilse Valk | Het Ravijn | NED 200000172 | 1:17.25 | +0.68 | | 34.28 | 1:17.25 |
| 17. Jessica Braat | AZC | NED 200205684 | 1:17.55 | +0.72 | | 34.91 | 1:17.55 |
| 18. Anouk Vis | De Columbiaan | NED 200203322 | 1:18.01 | +0.79 | | 34.81 | 1:18.01 |
| 19. Amber Hesper | Niemo Barracuda | NED 200202188 | 1:18.39 | +0.77 | | 33.53 | 1:18.39 |
| 20. Romée Beverdam | WS Twente | NED 200100158 | 1:18.59 | +0.86 | | 35.79 | 1:18.59 |
| 21. Noa de Bock | De Duck | NED 200300318 | 1:18.88 | +0.66 | | 35.62 | 1:18.88 |
| 22. Ester Schuurman | Deltasteur | NED 200201106 | 1:21.21 | +0.75 | | 35.45 | 1:21.21 |
| 23. Lonke van Veen | De Duinkickers | NED 200104170 | 1:22.54 | +0.77 | | 36.89 | 1:22.54 |
| 24. Jet van Oudheusden | ZOB'66 | NED 200401012 | 1:23.94 | +0.77 | | 37.20 | 1:23.94 |
| 25. Inge Hertogh | VZV Njord | NED 200101052 | 1:26.01 | +0.71 | | 36.92 | 1:26.01 |
| 26. Shira de Haan | OEZA | NED 200001130 | 1:27.43 | +0.87 | | 36.83 | 1:27.43 |
| NG Gwen Eyendaal | De Warande | NED 200404680 | | | | | |

Masters 25+

| | | | | | | | |
|----------------------------|-----------------|---------------|----------------|-------|--|-------|---------|
| 1. Selene Wortel | Hieronymus | NED 199700654 | 1:07.49 | +0.65 | | 31.17 | 1:07.49 |
| 2. Hannah Schellekens | TRB-RES | NED 199706614 | 1:07.76 | +0.63 | | 30.58 | 1:07.76 |
| 3. Babette van der Kaaij | Blue Marlins | NED 199902234 | 1:08.25 | +0.70 | | 30.87 | 1:08.25 |
| 4. Melissa van der Heijden | Niemo Barracuda | NED 199605226 | 1:09.65 | +0.69 | | 32.05 | 1:09.65 |
| 5. Selina Janssen | Neptunus'58 | NED 199905974 | 1:12.81 | +0.74 | | 34.19 | 1:12.81 |
| 6. Britt Bogers | Nuenen | NED 199905072 | 1:12.93 | +0.68 | | 33.02 | 1:12.93 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 24, Dames, 100m vlinderslag, Masters 25+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-------------------------|----------------------|-----|-----------|----------------|-------|------|-------|---------|
| 7. Floor Weijmans | HZPC | NED | 199502522 | 1:13.28 | +0.80 | | 34.05 | 1:13.28 |
| 8. Marcella van der Ent | De Duck | NED | 199600174 | 1:14.25 | +0.74 | | 33.20 | 1:14.25 |
| 9. Aniek Garritsen | De IJsselmeeuwen | NED | 199504290 | 1:15.01 | +0.70 | | 34.26 | 1:15.01 |
| 10. Katrin Diercks | SG Aumund - Vegesack | GER | 197466 | 1:16.03 | +0.72 | | 35.29 | 1:16.03 |
| 11. Jade Broek | OEZA | NED | 199702300 | 1:16.54 | +0.67 | | 34.07 | 1:16.54 |
| 12. Sabien Timmers | Vivalo | NED | 199904440 | 1:18.26 | +0.74 | | 34.97 | 1:18.26 |
| 13. Odette Holster | SBC2000 | NED | 199900586 | 1:19.40 | +0.72 | | 35.18 | 1:19.40 |
| 14. Jet Kleine | MSV-Zeemacht | NED | 199903384 | 1:20.70 | +0.67 | | 36.62 | 1:20.70 |
| 15. Iris van der Moolen | De Amstel | NED | 199902052 | 1:21.29 | +0.77 | | 36.25 | 1:21.29 |
| 16. Alisha Vieira | Blue Marlins | NED | 199904554 | 1:21.78 | +0.69 | | 34.33 | 1:21.78 |
| 17. Nina Tourton | ZOB'66 | NED | 199603612 | 1:22.27 | +0.84 | | 35.18 | 1:22.27 |
| 18. Lotte Eising | ZPC AMERSFOORT | NED | 199502098 | 1:22.88 | +0.70 | | 36.14 | 1:22.88 |
| 19. Ellen ter Stege | ESCA Zwemmen | NED | 199900604 | 1:24.60 | +0.75 | | 36.76 | 1:24.60 |
| 20. Sheila ten Voorde | Octopus-ZVV (SG) | NED | 199904538 | 1:25.19 | +0.79 | | 36.75 | 1:25.19 |

Masters 30+

| | | | | | | | | |
|--------------------------|-----------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Lisa Dreesens | Blue Marlins | NED | 199105798 | 1:05.58 | +0.81 | | 30.59 | 1:05.58 |
| 2. Denise Boereboom | Niemo Barracuda | NED | 199202144 | 1:10.86 | +0.68 | | 32.42 | 1:10.86 |
| 3. Marcha Admiraal | De Geul | NED | 199300012 | 1:10.89 | +0.74 | | 32.98 | 1:10.89 |
| 4. Lisa Klatten | WVZ | NED | 199203628 | 1:13.18 | +0.73 | | 32.71 | 1:13.18 |
| 5. Whitney van Hoeckel | DIO | NED | 199402390 | 1:15.13 | +0.75 | | 34.02 | 1:15.13 |
| 6. Karin Verbeek | Nautilus | NED | 199201848 | 1:15.69 | +0.69 | | 34.58 | 1:15.69 |
| 7. Anne Aarts | DES | NED | 199207942 | 1:17.38 | +0.84 | | 35.74 | 1:17.38 |
| 8. Leonor Babo | PSV | NED | 199308000 | 1:17.65 | +0.67 | | 35.44 | 1:17.65 |
| 9. D. van den Hoogenband | Nuenen | NED | 199001558 | 1:21.46 | +0.72 | | 36.56 | 1:21.46 |
| 10. Wendy de Bruin | ZOB'66 | NED | 199206320 | 1:22.56 | +0.64 | | 37.30 | 1:22.56 |

Masters 35+

| | | | | | | | | |
|----------------------------|----------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Viktória Háden-Felföldi | Iron Swim | HUN | | 1:08.47 | +0.70 | | 31.92 | 1:08.47 |
| 2. Anneloes Peulen | Nuenen | NED | 198502314 | 1:10.20 | +0.67 | | 30.45 | 1:10.20 |
| 3. Daniëlle Reijnders | AquAmigos | NED | 198504234 | 1:11.33 | +0.66 | | 32.88 | 1:11.33 |
| 4. Anna Maria Rijkens | TRI-X-Kufstein | AUT | 48398 | 1:13.79 | +0.74 | | 33.13 | 1:13.79 |
| 5. Marije Jansen | ZPC AMERSFOORT | NED | 198504088 | 1:16.67 | +0.68 | | 35.20 | 1:16.67 |
| 6. Maaïke van Diggele | De Geul | NED | 198700868 | 1:19.18 | +0.86 | | 36.88 | 1:19.18 |
| 7. Daphne Robijn-Jongedijk | EZCL (SG) | NED | 198903520 | 1:19.98 | +0.79 | | 35.80 | 1:19.98 |
| 8. Linda van Klei | GZC DONK | NED | 198802088 | 1:22.76 | +0.88 | | 37.67 | 1:22.76 |
| 9. Monique van Huizen | AZC | NED | 198706236 | 1:22.84 | +0.84 | | 36.51 | 1:22.84 |
| 10. Marjolein van der Poel | De Warande | NED | 198703212 | 1:29.27 | +0.77 | | 38.55 | 1:29.27 |

Masters 40+

| | | | | | | | | |
|---|-------------------|-----|----------------|----------------|-------|--|-------|---------|
| 1. Ann Wanter <i>Belgisch Masters Record</i> | Zwemclub Geel | BEL | ZGEEL/21082/82 | 1:12.20 | +0.76 | | 33.83 | 1:12.20 |
| 2. Heather Frees | Lone Star Masters | USA | | 1:12.32 | +0.67 | | 33.95 | 1:12.32 |
| 3. Roos van Esch | ACZ | NED | 198200468 | 1:14.28 | +0.83 | | 34.49 | 1:14.28 |
| 4. Elke Popma - Blox | Tiamat | NED | 198200154 | 1:20.46 | +0.63 | | 36.81 | 1:20.46 |
| 5. Michelle de Villiers | Hellas-Glana | NED | 198302944 | 1:23.38 | +0.80 | | 37.36 | 1:23.38 |

Masters 45+

| | | | | | | | | |
|-----------------------|---------------------------|-----|-----------|----------------|--------|--|-------|---------|
| 1. Mirjan den Drijver | Westland Swimming Stars | NED | 197500884 | 1:21.82 | *+0.65 | | 36.26 | 1:21.82 |
| 2. Katharina Zihler | SAS Swiss Alumni Swimming | SUI | #7332 | 1:23.62 | | | 38.30 | 1:23.62 |
| 3. Geraldine Trainor | De Duck | NED | 197500544 | 1:25.46 | +0.77 | | 36.78 | 1:25.46 |
| 4. Rachel Trainor | De Duck | NED | 197700670 | 1:27.31 | +0.76 | | 39.12 | 1:27.31 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 24, Dames, 100m vlinderslag

Masters 50+

| | | | | | | | |
|----------------------------------|-------------------------------------|------|-----------|----------------|-------|-------|---------|
| 1. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | NED | 197000054 | 1:14.19 | +0.78 | 35.09 | 1:14.19 |
| 2. Jeanne Petit | PSV | NED | 197001020 | 1:16.73 | +0.78 | 35.04 | 1:16.73 |
| 3. Olivia Lorton | Luxembourg Sharks Swimming | LUX | 9981 | 1:16.89 | +0.75 | 34.80 | 1:16.89 |
| <i>Luxembourg Masters Record</i> | | | | | | | |
| 4. Valérie Rolland | Cercle De Natation Sportcity VBELwe | CNSW | 004276/71 | 1:20.07 | +0.74 | 36.87 | 1:20.07 |
| 5. Marjolein Klunne | Hieronymus | NED | 197101098 | 1:31.53 | | 41.09 | 1:31.53 |
| 6. Pascale Janssen | Patrick-De Roersoppers (SG) | NED | 197300852 | 1:33.04 | +0.96 | 40.62 | 1:33.04 |

Masters 55+

| | | | | | | | |
|---------------------------------|------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Claudia Thielemann | SG Bayer | GER | 333958 | 1:14.47 | +0.62 | 34.85 | 1:14.47 |
| 2. Petra Blum | SG Bayer | GER | 274174 | 1:24.57 | +0.87 | 38.45 | 1:24.57 |
| 3. Peggi Hurenkamp | HZ&PC Heerenveen | NED | 196900922 | 1:29.74 | +0.81 | 41.57 | 1:29.74 |
| 4. Anita Steijger | WVZ | NED | 196500628 | 1:37.13 | +0.83 | 43.27 | 1:37.13 |
| 5. K. van Nassau-van den Heuvel | Old Dutch | NED | 196600188 | 1:44.30 | +0.91 | 50.32 | 1:44.30 |

Masters 60+

| | | | | | | | |
|------------------------------|----------|-----|-----------|----------------|-------|-------|---------|
| 1. P. Tossings-van de Hooven | GZC DONK | NED | 196100376 | 1:30.66 | +0.83 | 42.14 | 1:30.66 |
| 2. Margriet Grove-Lingeman | Triton | NED | 196200080 | 1:33.73 | +0.83 | 42.42 | 1:33.73 |

Masters 65+

| | | | | | | | |
|-------------------|-------------------------------------|------|-----------|----------------|-------|-------|---------|
| 1. Claire Anthony | Cercle De Natation Sportcity VBELwe | CNSW | 001353/57 | 1:36.44 | +0.83 | 43.01 | 1:36.44 |
|-------------------|-------------------------------------|------|-----------|----------------|-------|-------|---------|

Programmanr. 25
04-05-2024 - 15:56

Heren, 100m vlinderslag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|------------------------|---------------------------------|-------|-----------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Alexander Nijst | Nuenen | NED | 200104869 | 57.07 | +0.66 | | 26.87 | 57.07 |
| 2. Gerard Willighagen | Poseidon'56 | NED | 200103663 | 59.35 | +0.67 | | 27.43 | 59.35 |
| 3. Louis Kappler | Zwemlust- den Hommel | NED | 200205067 | 1:00.17 | +0.71 | | 27.96 | 1:00.17 |
| 4. Kevin Roest | Zwemvereniging Hoogland | NED | 200001223 | 1:02.00 | +0.67 | | 29.17 | 1:02.00 |
| 5. Tom Balsen Versteeg | De Warande | NED | 200005673 | 1:02.47 | +0.58 | | 28.80 | 1:02.47 |
| 6. Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 1:02.82 | +0.65 | | 28.57 | 1:02.82 |
| 7. Tim Haimé | Blue Marlins | NED | 200403567 | 1:03.20 | +0.74 | | 29.89 | 1:03.20 |
| 8. Benjamin Vermeulen | De Bevelanders | NED | 200003721 | 1:03.22 | +0.85 | | 28.40 | 1:03.22 |
| 9. Yuri Wasser | PSV | NED | 200301327 | 1:03.25 | +0.67 | | 28.97 | 1:03.25 |
| 10. Ilmar Stoop | Zuiderzeezwemmers | NED | 200100871 | 1:04.63 | +0.64 | | 28.71 | 1:04.63 |
| 11. Jacob Mackloet | De Schotejil | NED | 200001171 | 1:04.83 | +0.68 | | 28.97 | 1:04.83 |
| 12. Thomas Vastenhouw | ZPCH | NED | 200204545 | 1:04.85 | +0.65 | | 30.09 | 1:04.85 |
| 13. Jesper Pas | VZV Njord | NED | 200200967 | 1:05.85 | +0.70 | | 29.80 | 1:05.85 |
| 14. Tom van den Akker | ZPC AMERSFOORT | NED | 200204653 | 1:06.20 | +0.63 | | 29.55 | 1:06.20 |
| 15. Daan Wijnands | Patrick-De Roersoppers (SG) | NED | 200200127 | 1:07.12 | +0.70 | | 31.20 | 1:07.12 |
| 16. Lars Hilkens | RZ | NED | 200201165 | 1:07.27 | +0.72 | | 30.10 | 1:07.27 |
| 17. Maxim Wouters | ShaRK - Swimming Region KeBELen | SHARK | 10458/02 | 1:07.58 | +0.72 | | 29.62 | 1:07.58 |
| 18. Wessel Haverkamp | ESCA Zwemmen | NED | 200204755 | 1:07.68 | +0.69 | | 30.73 | 1:07.68 |
| 19. Ian Terlouw | ZPC Woerden | NED | 200002345 | 1:08.02 | +0.70 | | 29.80 | 1:08.02 |
| 20. Julian Mes | ZOB'66 | NED | 200103755 | 1:08.50 | +0.72 | | 32.03 | 1:08.50 |
| 21. Laurens Hofstede | Arethusa | NED | 200300417 | 1:08.89 | +0.68 | | 29.28 | 1:08.89 |
| 22. Esper Paans | ZZ&PC De Devel | NED | 200100607 | 1:09.14 | +0.64 | | 30.93 | 1:09.14 |
| 23. Luuk Kresin | Patrick-De Roersoppers (SG) | NED | 200303275 | 1:11.38 | +0.64 | | 28.09 | 1:11.38 |
| 24. Pascal Knein | SG Erkelenz - Hüchelhoven | GER | 336293 | 1:11.92 | +0.80 | | 31.97 | 1:11.92 |
| 25. Thomas Hesper | Niemo Barracuda | NED | 200004181 | 1:13.36 | +0.81 | | 32.05 | 1:13.36 |



Programmanr. 25, Heren, 100m vlinderslag

Masters 25+

| | | | | | | | |
|-------------------------|-------------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Nicko Kamphuis | De Warande | NED | 199900887 | 59.02 | +0.60 | 27.38 | 59.02 |
| 2. Nick Sijmons | De Amstel | NED | 199500491 | 1:00.04 | +0.56 | 27.80 | 1:00.04 |
| 3. Bert Duivenvoorde | De Columbiaan | NED | 199701805 | 1:00.32 | +0.70 | 27.53 | 1:00.32 |
| 4. Sander Kirillova | WVZ | NED | 199800121 | 1:00.63 | +0.65 | 28.63 | 1:00.63 |
| 5. Felix Geenen | DAW | NED | 199501085 | 1:01.69 | +0.70 | 26.93 | 1:01.69 |
| 6. Robin van Beek | ZVL-1886 Center | NED | 199704023 | 1:02.08 | +0.72 | 28.76 | 1:02.08 |
| 7. Jeroen Jongert | OEZA | NED | 199600445 | 1:02.43 | +0.66 | 28.54 | 1:02.43 |
| 8. Jordi de Nijs | MSV-Zeemacht | NED | 199801851 | 1:03.38 | +0.70 | 28.68 | 1:03.38 |
| 9. Daan Siebenheller | ZOB'66 | NED | 199804955 | 1:04.34 | +0.73 | 29.28 | 1:04.34 |
| 10. Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 1:04.62 | +0.68 | 28.10 | 1:04.62 |
| 11. Bart Weiland | DES | NED | 199700777 | 1:04.73 | +0.66 | 30.01 | 1:04.73 |
| 12. Jelle Nap | VZC | NED | 199502875 | 1:05.08 | +0.71 | 29.10 | 1:05.08 |
| 13. Richard Kuipers | HZ&PC Heerenveen | NED | 199704171 | 1:06.32 | +0.74 | 29.46 | 1:06.32 |
| 14. Jordy van Oel | WVZ | NED | 199802003 | 1:06.77 | +0.78 | 30.49 | 1:06.77 |
| 15. Ian van Mullem | ZOB'66 | NED | 199602545 | 1:08.31 | +0.68 | 31.33 | 1:08.31 |
| 16. David Kievit | De Schotejil | NED | 199900325 | 1:09.80 | +0.78 | 31.25 | 1:09.80 |
| 17. Bas van Tintelen | OZ&PC | NED | 199800455 | 1:09.99 | +0.63 | 32.65 | 1:09.99 |
| 18. Nick Boekestijn | Westland Swimming Stars | NED | 199900291 | 1:12.00 | +0.63 | 31.36 | 1:12.00 |
| 19. Kevin Kingma | ACZ | NED | 199700559 | 1:12.03 | +0.71 | 32.42 | 1:12.03 |
| 20. Stefan de Leeuw | Nederweert | NED | 199503483 | 1:12.42 | +0.83 | 31.80 | 1:12.42 |
| 21. Hugo Herbers | SWOL 1894 | NED | 199500507 | 1:12.67 | +0.76 | 33.19 | 1:12.67 |
| 22. Ids de Klerk | Niemo Barracuda | NED | 199803237 | 1:13.34 | +0.86 | 33.01 | 1:13.34 |
| 23. Wesley van der Luit | Sassenheim | NED | 199701895 | 1:14.11 | +0.74 | 33.32 | 1:14.11 |
| 24. Auke Sijperda | AZC | NED | 199905115 | 1:18.88 | +0.72 | 33.84 | 1:18.88 |

Masters 30+

| | | | | | | | |
|--------------------------|------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Jeroen Baars | Niemo Barracuda | NED | 199200031 | 59.25 | +0.73 | 27.25 | 59.25 |
| 2. Jesper Oranje | De Duck | NED | 199200997 | 59.53 | +0.68 | 27.16 | 59.53 |
| 3. Koen van der Wallen | Nederweert | NED | 199405561 | 1:02.52 | +0.77 | 28.90 | 1:02.52 |
| 4. Michel de Maesschalck | DAW | NED | 199101525 | 1:04.00 | +0.70 | 29.30 | 1:04.00 |
| 5. Joeri van Wallenburg | Onderdak | NED | 199004875 | 1:04.40 | +0.71 | 28.80 | 1:04.40 |
| 6. Jeroen Matthijssen | AZC | NED | 199103751 | 1:07.03 | +0.74 | 30.79 | 1:07.03 |
| 7. Bram Siebers | EZCL (SG) | NED | 199302241 | 1:08.65 | +0.77 | 31.19 | 1:08.65 |
| 8. Marc Hoogendam | Blue Marlins | NED | 199007713 | 1:08.94 | +0.71 | 30.79 | 1:08.94 |
| 9. Jeroen Burggraaf | De Blauwe Schuur | NED | 199000467 | 1:09.35 | +0.86 | 32.49 | 1:09.35 |
| 10. Huub Scholing | SWOL 1894 | NED | 199301179 | 1:09.38 | +0.75 | 32.30 | 1:09.38 |
| 11. Tim Bunnik | Triton | NED | 199000505 | 1:09.86 | +0.79 | 30.40 | 1:09.86 |
| 12. Sander Riezebos | WS Twente | NED | 199400467 | 1:12.55 | +0.70 | 32.31 | 1:12.55 |
| 13. Robin van Beusekom | Niemo Barracuda | NED | 199205841 | 1:17.77 | +0.83 | 33.84 | 1:17.77 |
| 14. Marten Ettema | HZ&PC Heerenveen | NED | 199007703 | 1:20.10 | +0.76 | 34.89 | 1:20.10 |

Masters 35+

| | | | | | | | |
|------------------------|------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Niek de Ridder | Onderdak | NED | 198802819 | 1:03.69 | +0.75 | 28.68 | 1:03.69 |
| 2. Rick Driezen | Steenwijk 1934 | NED | 198600713 | 1:05.98 | +0.85 | 29.79 | 1:05.98 |
| 3. Roel van der Kruijs | De Gelenberg | NED | 198501491 | 1:08.13 | +0.76 | 30.77 | 1:08.13 |
| 4. Arthur Bukkems | MZ&PC Maastricht | NED | 198604749 | 1:15.58 | +0.74 | 34.01 | 1:15.58 |

Masters 40+

| | | | | | | | |
|----------------------|----------------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Heijmen van Vliet | De Geul | NED | 198001637 | 1:08.29 | +0.72 | 31.90 | 1:08.29 |
| 2. Pieter Pickhardt | ZPC De Hof | NED | 198301657 | 1:09.40 | +0.80 | 32.41 | 1:09.40 |
| 3. Frank v.d. Voordt | De Schotejil | NED | 198302259 | 1:09.58 | +0.69 | 32.56 | 1:09.58 |
| 4. Rob van Vliet | ZPC AMERSFOORT | NED | 198402459 | 1:11.10 | +0.80 | 32.05 | 1:11.10 |
| 5. William Kruithof | Het Ravijn | NED | 198000857 | 1:16.22 | +0.86 | 32.70 | 1:16.22 |
| 6. Luc Steijvers | ZVL-1886 Center | NED | 198201661 | 1:18.19 | +0.69 | 32.46 | 1:18.19 |
| 7. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 1:18.21 | +0.80 | 35.63 | 1:18.21 |

Programmanr. 25, Heren, 100m vlinderslag

Masters 45+

| | | | | | | | |
|-------------------------|-----------------|-----|-----------|----------------|-------|-------|---------|
| 1. Edgar Thimister | ZEPS | NED | 197501511 | 1:03.84 | +0.64 | 29.02 | 1:03.84 |
| 2. Dennis Dortland | Niemo Barracuda | NED | 197800261 | 1:09.21 | +0.80 | 31.90 | 1:09.21 |
| 3. Mark Hensen | Niemo Barracuda | NED | 197900497 | 1:09.70 | +0.80 | 30.56 | 1:09.70 |
| 4. László Jüllich | ZPCH | NED | 197801893 | 1:09.81 | +0.90 | 32.31 | 1:09.81 |
| 5. Jasper van Heijst | ZPCH | NED | 197601699 | 1:10.30 | +0.71 | 31.59 | 1:10.30 |
| 6. Maarten van der Zwan | Scheldestroom | NED | 197501017 | 1:11.22 | +0.86 | 32.29 | 1:11.22 |
| 7. Markus van Rest | WVZ | NED | 197701197 | 1:11.70 | +0.82 | 31.72 | 1:11.70 |
| 8. Erwin Buist | ZPC AMERSFOORT | NED | 197800183 | 1:16.12 | +0.70 | 30.35 | 1:16.12 |

Masters 50+

| | | | | | | | |
|----------------------------------|------------------------------|--------|----------------|----------------|-------|-------|---------|
| 1. Frederic Tonus | Luxembourg Sharks Swimming | LUX | 10449 | 59.16 | +0.69 | 27.48 | 59.16 |
| <i>Luxembourg Masters Record</i> | | | | | | | |
| 2. Antwan van Engen | SG CWW Swim Team | NED | 197101577 | 1:04.67 | +0.74 | 29.79 | 1:04.67 |
| 3. Harry Cornet | De Biesboschzwemmers | NED | 197100175 | 1:09.77 | +0.75 | 31.91 | 1:09.77 |
| 4. Bruno Nahon | Cercle De Natation Sportcity | VBELwe | CNSW/000390/70 | 1:17.97 | +0.84 | 35.09 | 1:17.97 |
| 5. Martijn de Jong | DWK | NED | 197101659 | 1:28.96 | +0.85 | 40.06 | 1:28.96 |

Masters 55+

| | | | | | | | |
|---------------------|------------------------------|--------|----------------|----------------|-------|-------|---------|
| 1. Chester Marsman | ZPC AMERSFOORT | NED | 196900671 | 1:06.24 | +0.75 | 30.21 | 1:06.24 |
| 2. John Hardeman | Zwemlust- den Hommel | NED | 196601615 | 1:09.54 | +0.78 | 32.56 | 1:09.54 |
| 3. Olivier Bresoux | Cercle De Natation Sportcity | VBELwe | CNSW/004898/69 | 1:18.28 | +0.79 | 37.67 | 1:18.28 |
| 4. Eymert van Rooij | PSV | NED | 196601631 | 1:18.83 | +0.84 | 36.88 | 1:18.83 |
| 5. Frank Schasfoort | ZC'90 | NED | 196501291 | 1:19.77 | +0.85 | 33.29 | 1:19.77 |
| 6. Soan Thung | PSV | NED | 196601633 | 1:22.09 | +0.85 | 33.16 | 1:22.09 |
| 7. Gerko Versluis | Zuiderzeezwemmers | NED | 196901439 | 1:27.58 | +0.83 | 42.34 | 1:27.58 |

Masters 60+

| | | | | | | | |
|-----------------------------|---------------------------|-----|-----------|----------------|-------|-------|---------|
| 1. Martin Grapentin | SAS Swiss Alumni Swimming | SUI | #29177 | 1:10.74 | +0.89 | 33.15 | 1:10.74 |
| <i>Swiss Masters Record</i> | | | | | | | |
| 2. Hans Vloedgraven | Old Dutch | NED | 196400917 | 1:20.96 | +0.89 | 37.99 | 1:20.96 |
| 3. Robert de Brauwer | De Duinkickers | NED | 196401383 | 1:25.57 | +0.80 | 39.64 | 1:25.57 |

Masters 65+

| | | | | | | | |
|----------------|--------|-----|-----------|----------------|-------|-------|---------|
| 1. Paul Bunnik | Triton | NED | 195600413 | 1:30.52 | +0.92 | 38.37 | 1:30.52 |
|----------------|--------|-----|-----------|----------------|-------|-------|---------|

Masters 70+

| | | | | | | | |
|-----------------|--------|-----|-----------|----------------|-------|-------|---------|
| 1. Fred Zanting | TriVia | NED | 195400323 | 1:40.23 | +0.86 | 41.80 | 1:40.23 |
|-----------------|--------|-----|-----------|----------------|-------|-------|---------|

Masters 80+

| | | | | | | | |
|--------------|-----|-----|-----------|----------------|-------|---------|---------|
| 1. Rob Hanou | PSV | NED | 194300109 | 2:40.84 | +1.14 | 1:13.36 | 2:40.84 |
|--------------|-----|-----|-----------|----------------|-------|---------|---------|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 26
04-05-2024 - 16:16

Dames, 200m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|------------------------|------------------------------|--------------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Laura Setz | Bubble | NED 200000130 | 2:11.55 | +0.87 | 30.25 | 1:03.42 | 1:37.60 | 2:11.55 |
| 2. Isa Schellekens | Z&PC Zegenwerp | NED 200002330 | 2:15.39 | +0.85 | 31.55 | 1:06.26 | 1:41.08 | 2:15.39 |
| 3. Kirsten Walraven | ZPC De Zeeuwse Kust | NED 200001358 | 2:18.98 | +0.81 | 32.11 | 1:07.34 | 1:43.63 | 2:18.98 |
| 4. Stéphanie Schoemans | Cercle De Natation Sportcity | BELuCNSW/009655/00 | 2:19.95 | +0.62 | 31.61 | 1:07.64 | 1:44.66 | 2:19.95 |
| 5. Robin Pienaar | Niemo Barracuda | NED 200102236 | 2:20.62 | +0.76 | 31.67 | 1:07.34 | 1:44.20 | 2:20.62 |
| 6. Marte Vlieg | Aqua-Novio '94 | NED 200304996 | 2:20.72 | +0.76 | 31.84 | 1:07.82 | 1:45.09 | 2:20.72 |
| 7. Christel Brugmans | Hieronymus | NED 200005602 | 2:22.31 | +0.73 | 32.52 | 1:08.84 | 1:46.89 | 2:22.31 |
| 8. Carmen Lems | ACZ | NED 200402632 | 2:25.87 | +0.78 | 32.37 | 1:09.68 | 1:48.21 | 2:25.87 |
| 9. Lotte van Gessel | Team Noord Holland (SG) | NED 200300900 | 2:28.04 | +0.74 | 33.74 | 1:09.89 | 1:48.97 | 2:28.04 |
| 10. Iris Le Clercq | De Rog | NED 200401404 | 2:28.18 | +0.63 | 34.80 | 1:12.42 | 1:50.89 | 2:28.18 |
| 11. Manou Blokhorst | WWV Winterswijk | NED 200402554 | 2:29.10 | +0.74 | 33.53 | 1:10.52 | 1:49.98 | 2:29.10 |
| 12. Cynthia Koolman | ZPC Hoogeveen | NED 200300232 | 2:30.85 | +0.65 | 34.25 | 1:12.25 | 1:51.43 | 2:30.85 |
| 13. Romée Beverdam | WS Twente | NED 200100158 | 2:31.98 | +0.88 | 35.25 | 1:13.65 | 1:53.05 | 2:31.98 |
| 14. Iris van Rossum | ACZ | NED 200004858 | 2:33.44 | +0.73 | 34.05 | 1:13.29 | 1:53.39 | 2:33.44 |
| 15. M. van der Hoeven | ZPC AMERSFOORT | NED 200401298 | 2:33.54 | +0.82 | 34.31 | 1:12.99 | 1:53.48 | 2:33.54 |
| 16. Lonneke van Veen | De Duinkickers | NED 200104170 | 2:33.95 | +0.67 | 36.28 | 1:16.02 | 1:56.10 | 2:33.95 |
| 17. Kim de Jong | De Columbiaan | NED 200301026 | 2:35.12 | +0.80 | 35.00 | 1:14.23 | 1:54.79 | 2:35.12 |
| 18. Anna Tiemersma | Octopus-ZVV (SG) | NED 200400686 | 2:35.99 | +0.68 | 36.12 | 1:16.25 | 1:57.18 | 2:35.99 |
| 19. Romy van der Zwan | Scheldestroom | NED 200403826 | 2:36.93 | +0.73 | 34.22 | 1:13.84 | 1:55.53 | 2:36.93 |
| 20. Nienke Lammers | De Rijn | NED 200200806 | 2:37.93 | +0.87 | 35.75 | 1:15.63 | 1:57.23 | 2:37.93 |
| 21. Romée Jabben | Dedemsvaart-AC | NED 200404426 | 2:38.51 | +0.83 | 34.95 | 1:15.85 | 1:57.58 | 2:38.51 |
| 22. Lieke Stoker | WS Twente | NED 200301412 | 2:38.63 | +0.80 | 34.88 | 1:14.80 | 1:56.75 | 2:38.63 |
| 23. Berinda van Dijk | Blue Marlins | NED 200104186 | 2:38.80 | +0.79 | 36.65 | 1:18.50 | 2:00.53 | 2:38.80 |
| 24. Kim de Jong | Westland Swimming Stars | NED 200401522 | 2:39.09 | +0.68 | 34.46 | 1:14.20 | 1:57.54 | 2:39.09 |
| 25. Esther de Laat | De Biesboschzwemmers | NED 200000174 | 2:39.54 | +0.77 | 34.48 | 1:14.88 | 1:57.13 | 2:39.54 |
| 26. Jessica Braat | AZC | NED 200205684 | 2:40.49 | +0.76 | 35.61 | 1:16.75 | 1:59.48 | 2:40.49 |
| 27. Rosa Huntjens | EZCL (SG) | NED 200301402 | 2:41.61 | +0.80 | 36.27 | 1:16.96 | 2:00.39 | 2:41.61 |
| 28. Naomi Janssen | Neptunus'58 | NED 200401816 | 2:43.90 | +0.77 | 37.34 | 1:18.97 | 2:02.15 | 2:43.90 |
| 29. Daphne van Rees | Octopus-ZVV (SG) | NED 200301766 | 2:47.68 | +0.72 | 36.46 | 1:20.21 | 2:05.20 | 2:47.68 |
| 30. Noa Esman | Montferland | NED 200000158 | 2:51.16 | +0.85 | 39.59 | 1:23.08 | 2:07.62 | 2:51.16 |
| NG Gwen Eygendaal | De Warande | NED 200404680 | | | | | | |

Masters 25+

| | | | | | | | | |
|---------------------------|-----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Tamara Grove | De Dolfijn | NED 199601266 | 2:12.01 | +0.71 | 30.06 | 1:03.46 | 1:37.53 | 2:12.01 |
| 2. Manon Kloosterman | Zwemlust- den Hommel | NED 199702082 | 2:16.72 | +0.73 | 31.76 | 1:07.00 | 1:42.44 | 2:16.72 |
| 3. Bénédicte Yax | Club Nautique Val de Fensch | FRA 997232 | 2:19.13 | +0.69 | 31.98 | 1:07.97 | 1:44.74 | 2:19.13 |
| 4. Marijke Drent | Bubble | NED 199906232 | 2:19.18 | +0.83 | 31.80 | 1:06.97 | 1:43.41 | 2:19.18 |
| 5. J. van Omme - van Veen | Zwemvereniging Hoogland | NED 199603192 | 2:19.24 | +0.72 | 31.60 | 1:07.49 | 1:43.74 | 2:19.24 |
| 6. M. van Langevelde | ESCA Zwemmen | NED 199803160 | 2:22.00 | +0.77 | 32.60 | 1:08.97 | 1:46.00 | 2:22.00 |
| 7. Sarah Strack | SG Aumund - Vegesack | GER 195679 | 2:22.07 | +0.67 | 32.64 | 1:08.99 | 1:45.68 | 2:22.07 |
| 8. Eva van Elsen | ZPC De Zeeuwse Kust | NED 199903026 | 2:23.30 | +0.70 | 31.79 | 1:07.60 | 1:45.56 | 2:23.30 |
| 9. Larissa Jansen | PSV | NED 199500660 | 2:25.86 | +0.74 | 33.75 | 1:10.97 | 1:48.60 | 2:25.86 |
| 10. Lieke van Essen | SWOL 1894 | NED 199502814 | 2:26.04 | +0.76 | 33.00 | 1:09.91 | 1:47.95 | 2:26.04 |
| 11. Anne-Irene Ducheine | Zwemvereniging Hoogland | NED 199506824 | 2:26.38 | +0.69 | 34.00 | 1:11.58 | 1:49.45 | 2:26.38 |
| 12. Floor Weijmans | HZPC | NED 199502522 | 2:26.47 | +0.81 | 33.87 | 1:10.57 | 1:48.35 | 2:26.47 |
| 13. A. Meulenbeld | Orca | NED 199506230 | 2:27.96 | +0.76 | 32.95 | 1:09.94 | 1:48.44 | 2:27.96 |
| 14. Lonneke Graansma | ZVL-1886 Center | NED 199900936 | 2:32.02 | +0.74 | 35.09 | 1:14.49 | 1:54.19 | 2:32.02 |
| 15. Janine de Groot | NDD | NED 199500092 | 2:32.65 | +0.79 | 34.03 | 1:13.40 | 1:53.31 | 2:32.65 |
| 16. Iris Bastiaansen | De Amstel | NED 199902006 | 2:34.78 | +0.77 | 35.36 | 1:14.57 | 1:55.41 | 2:34.78 |
| 17. Tamara van den Brink | Niemo Barracuda | NED 199804182 | 2:38.87 | +0.77 | 35.81 | 1:15.82 | 1:57.61 | 2:38.87 |
| 18. Anouk van der Lans | Westland Swimming Stars | NED 199801614 | 2:39.05 | +0.76 | 35.91 | 1:16.64 | 1:58.72 | 2:39.05 |
| 19. Ageeth de Haan | Steenwijk 1934 | NED 199901022 | 2:40.06 | +0.77 | 35.50 | 1:16.44 | 1:58.88 | 2:40.06 |
| 20. Lotte de Vente | Het Ravijn | NED 199905814 | 2:46.29 | +0.64 | 35.99 | 1:18.08 | 2:02.52 | 2:46.29 |
| 21. Yvette Meijer | Zwemvereniging Hoogland | NED 199706590 | 2:46.32 | +0.92 | 37.54 | 1:19.73 | 2:02.79 | 2:46.32 |
| 22. Judith Kleinjan | De Duck | NED 199802710 | 2:48.73 | +0.80 | 37.27 | 1:21.07 | 2:05.49 | 2:48.73 |
| 23. Mirna Wolters | De Plons | NED 199802046 | 2:49.56 | +0.77 | 37.07 | 1:19.89 | 2:04.91 | 2:49.56 |
| 24. D. van den Bosch | Zwemlust- den Hommel | NED 199801122 | 2:53.93 | +0.85 | 37.27 | 1:20.21 | 2:06.32 | 2:53.93 |
| 25. Kim Hamakers | De Rog | NED 199803214 | 2:54.54 | +0.79 | 39.48 | 1:23.82 | 2:10.72 | 2:54.54 |
| 26. Cynthia van Veen | ZVL-1886 Center | NED 199606736 | 3:03.28 | +0.71 | 39.05 | 1:25.58 | 2:15.06 | 3:03.28 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 26, Dames, 200m vrije slag

Masters 30+

| | | | | | | | | |
|----------------------------------|-----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Leonie van Noort | WVZ | NED 199301752 | 2:07.73 | +0.80 | 30.12 | 1:02.10 | 1:35.35 | 2:07.73 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Marcha Admiraal | De Geul | NED 199300012 | 2:19.12 | +0.73 | 31.09 | 1:06.21 | 1:42.95 | 2:19.12 |
| 3. Lotte Coenen | DES | NED 199301518 | 2:20.12 | +0.79 | 31.82 | 1:07.28 | 1:43.69 | 2:20.12 |
| 4. Denise Boereboom | Niemo Barracuda | NED 199202144 | 2:20.50 | +0.64 | 31.96 | 1:07.58 | 1:44.39 | 2:20.50 |
| 5. Lucie Terver | Club Nautique Val de Fensch | FRA 412372 | 2:28.48 | +0.81 | 34.99 | 1:12.57 | 1:51.60 | 2:28.48 |
| 6. Anouk Kuijlaars | PSV | NED 199401700 | 2:29.11 | +0.78 | 35.43 | 1:13.83 | 1:51.60 | 2:29.11 |
| 7. Nienke Smidt | WS Twente | NED 199407596 | 2:30.74 | +0.89 | 35.05 | 1:13.78 | 1:54.08 | 2:30.74 |
| 8. Fraukje Puts | HZ&PC Heerenveen | NED 199206470 | 2:32.51 | +0.76 | 34.90 | 1:13.96 | 1:53.82 | 2:32.51 |
| 9. Wendan Poelstra | TriVia | NED 199102496 | 2:33.20 | +0.73 | 34.56 | 1:12.52 | 1:52.89 | 2:33.20 |
| 10. Getrude Corporaal | Steenwijk 1934 | NED 199200380 | 2:34.54 | +0.79 | 34.78 | 1:13.86 | 1:53.99 | 2:34.54 |
| 11. Ines Muilwijk | MNC Dordrecht | NED 199202858 | 2:38.34 | +0.68 | 36.35 | 1:17.60 | 1:59.29 | 2:38.34 |
| 12. Alma Janssen | Z&PC Zegenwerp | NED 199401078 | 2:40.91 | +0.71 | 36.79 | 1:18.17 | 2:00.27 | 2:40.91 |
| 13. Daphne Kievit | ZPC AMERSFOORT | NED 199207058 | 2:41.12 | +0.68 | 35.31 | 1:15.95 | 1:58.61 | 2:41.12 |
| 14. Joëlle Vaes | DIO | NED 199007576 | 2:43.94 | +0.67 | 36.95 | 1:19.00 | 2:02.13 | 2:43.94 |
| 15. Heleen Arends | TriVia | NED 199404416 | 2:44.32 | +0.66 | 36.59 | 1:17.88 | 2:01.35 | 2:44.32 |
| 16. Esther Kwebeman | TriVia | NED 199106374 | 2:47.28 | +0.79 | 36.84 | 1:19.21 | 2:02.93 | 2:47.28 |
| 17. Roxanne van Bavel | Poseidon'56 | NED 199407378 | 2:52.74 | +0.68 | 39.32 | 1:24.57 | 2:10.42 | 2:52.74 |
| 18. Marjan Rikken | Octopus-ZVV (SG) | NED 199206114 | 2:56.39 | +0.80 | 39.87 | 1:24.68 | 2:11.12 | 2:56.39 |
| 19. Irmgard van Weeghel | ESCA Zwemmen | NED 199204834 | 2:56.41 | +0.81 | 38.54 | 1:22.70 | 2:09.37 | 2:56.41 |
| 20. Eline Molle | De Geul | NED 199404276 | 2:58.18 | +0.82 | 38.99 | 1:23.81 | 2:10.73 | 2:58.18 |

Masters 35+

| | | | | | | | | |
|--------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Sabine Zimmermann | Aachener SV 06 | GER 101578 | 2:20.23 | +0.71 | 32.73 | 1:08.69 | 1:45.13 | 2:20.23 |
| 2. Jenny Schouten | PSV | NED 198703674 | 2:20.88 | +0.77 | 32.02 | 1:07.87 | 1:44.80 | 2:20.88 |
| 3. Lianne Andeweg | Zuiderzeewimmers | NED 198800092 | 2:27.94 | +0.83 | 34.20 | 1:12.32 | 1:50.80 | 2:27.94 |
| 4. Relinda Baas | TriVia | NED 198900144 | 2:29.65 | +0.78 | 34.23 | 1:11.56 | 1:50.46 | 2:29.65 |
| 5. D. Robijn-Jongedijk | EZCL (SG) | NED 198903520 | 2:32.41 | +0.76 | 34.75 | 1:13.82 | 1:53.62 | 2:32.41 |
| 6. Rianne Hofland | Sassenheim | NED 198801820 | 2:32.77 | +0.71 | 33.70 | 1:12.49 | 1:52.35 | 2:32.77 |
| 7. Linda van Klei | GZC DONK | NED 198802088 | 2:33.44 | | 35.28 | 1:14.33 | 1:54.70 | 2:33.44 |
| 8. Monique van Huizen | AZC | NED 198706236 | 2:37.93 | +0.80 | 34.76 | 1:14.75 | 1:56.70 | 2:37.93 |
| 9. Marlies Jehoel-van As | PSV | NED 198500074 | 2:41.51 | +0.68 | 35.16 | 1:15.05 | 1:58.14 | 2:41.51 |
| 10. Renske Eilers | Zwemvereniging Hoogland | NED 198806072 | 2:44.70 | +0.81 | 37.33 | 1:19.35 | 2:02.52 | 2:44.70 |
| 11. Liesbeth van Mill | Zwemlust- den Hommel | NED 198702786 | 2:45.37 | +0.80 | 37.20 | 1:18.84 | 2:01.92 | 2:45.37 |
| 12. Kim Visser | H2Oldambt | NED 198704350 | 2:55.91 | +0.72 | 39.83 | 1:24.54 | 2:10.82 | 2:55.91 |

Masters 40+

| | | | | | | | | |
|----------------------------------|-----------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Delia Badoux | WVZ | NED 198000042 | 2:16.72 | +0.74 | 31.32 | 1:06.28 | 1:41.61 | 2:16.72 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Maike Zeterberg | Zehlendorfer TSV 1888 | GER 066680 | 2:17.47 | +0.70 | 32.04 | 1:07.65 | 1:43.80 | 2:17.47 |
| 3. Ann Wanter | Zwemclub Geel | BEL ZGEEL/21082/82 | 2:23.00 | +0.75 | 33.70 | 1:10.40 | 1:47.25 | 2:23.00 |
| 4. Heather Frees | Lone Star Masters | USA | 2:23.63 | | 33.13 | 1:09.36 | 1:46.79 | 2:23.63 |
| 5. Debbie van Rooijen | IJZPC | NED 198201402 | 2:23.86 | +0.73 | 32.45 | 1:08.44 | 1:46.43 | 2:23.86 |
| 6. Anke Lambooi | De Vliet (SG) | NED 198001182 | 2:29.32 | +0.81 | 33.30 | 1:10.81 | 1:50.48 | 2:29.32 |
| 7. A. Verschoor-Vos | De Biesboschzwemmers | NED 198102300 | 2:32.90 | +0.76 | 34.00 | 1:12.96 | 1:53.35 | 2:32.90 |
| 8. Marianne de Bruin | Sassenheim | NED 198400448 | 2:44.08 | +0.62 | 37.08 | 1:18.95 | 2:02.79 | 2:44.08 |
| 9. Ramona Linting | AZC | NED 198301274 | 2:44.97 | +0.79 | 36.65 | 1:18.07 | 2:01.45 | 2:44.97 |
| 10. Linda Hoogendam | WVZ | NED 198300892 | 2:52.77 | +0.79 | 38.36 | 1:23.55 | 2:09.96 | 2:52.77 |
| 11. Ieva Karpaviciute | Kauno Takas | LTU | 2:56.63 | +0.91 | 38.83 | 1:22.56 | 2:09.16 | 2:56.63 |

Masters 45+

| | | | | | | | | |
|---------------------------|--------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Jeanette Seitz | SSV Ulm 1846 | GER 066368 | 2:24.85 | +0.72 | 32.81 | 1:10.36 | 1:48.39 | 2:24.85 |
| 2. C. Kettenmeyer-Reuland | Swimming Club Le Dauphin | ELUXR2017 | 2:27.01 | +0.73 | 34.39 | 1:12.09 | 1:49.64 | 2:27.01 |
| 3. Chantal Verhoeff | Old Dutch | NED 197900912 | 2:37.82 | +0.75 | 35.47 | 1:16.03 | 1:57.55 | 2:37.82 |
| 4. Petra Guijt | Aqua-Novio '94 | NED 197600978 | 2:38.99 | +0.91 | 35.59 | 1:15.67 | 1:58.31 | 2:38.99 |
| 5. Jessica Venema | GZC DONK | NED 197901526 | 2:44.85 | +0.81 | 35.43 | 1:16.54 | 2:00.98 | 2:44.85 |
| 6. Esther Vergeest | De Rog | NED 197700012 | 2:49.58 | +0.76 | 38.44 | 1:21.37 | 2:05.45 | 2:49.58 |
| 7. Ilonka van der Meer | Link | NED 197601168 | 3:02.60 | +0.83 | 41.35 | 1:27.75 | 2:16.07 | 3:02.60 |
| 8. Louise Schets | DES | NED 197901580 | 3:05.14 | +0.85 | 39.70 | 1:27.07 | 2:16.66 | 3:05.14 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 26, Dames, 200m vrije slag

Masters 50+

| | | | | | | | | |
|----------------------------------|---------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| 1. Carla Geurts | PSV | NED 197100178 | 2:22.58 | +0.73 | 32.40 | 1:08.75 | 1:45.93 | 2:22.58 |
| 2. Olivia Lorton | Luxembourg Sharks Swimmir | LUX19981 | 2:26.30 | +0.69 | 34.14 | 1:11.35 | 1:49.24 | 2:26.30 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 3. L. v. Bon-Rosenbrand | ZPC AMERSFOORT | NED 197000054 | 2:28.78 | +0.78 | 33.88 | 1:11.33 | 1:50.17 | 2:28.78 |
| 4. Edith Janssen-Koolen | TRB-RES | NED 197300898 | 2:33.48 | +0.61 | 34.09 | 1:13.09 | 1:53.11 | 2:33.48 |
| 5. Bianca Groot | MSV-Zeemacht | NED 197000652 | 2:35.03 | * +0.86 | 36.30 | 1:16.17 | 1:55.85 | 2:35.03 |
| 6. Annette de Visser | Oceanus | NED 197100602 | 2:36.60 | +0.74 | 34.54 | 1:13.50 | 1:54.91 | 2:36.60 |
| 7. Katharina Schlipp | De Vliet (SG) | NED 197301004 | 2:45.27 | +0.65 | 36.65 | 1:17.57 | 2:01.82 | 2:45.27 |
| 8. Y. van Nobelen - Kamps | Sassenheim | NED 197200316 | 2:54.81 | +0.73 | 39.39 | 1:24.17 | 2:09.94 | 2:54.81 |
| 9. Karin Sagonas-Koolen | VZV Njord | NED 197000964 | 2:56.51 | +0.83 | 38.83 | 1:23.85 | 2:10.69 | 2:56.51 |
| 10. Evelien Naatje | WS Twente | NED 197200838 | 3:02.49 | +0.91 | 39.42 | 1:27.36 | 2:17.42 | 3:02.49 |
| 11. Annette Spies | LinK | NED 197001110 | 3:09.65 | +0.77 | 42.57 | 1:30.36 | 2:20.83 | 3:09.65 |
| 12. Elise Kenworthy | LinK | NED 197101126 | 3:14.51 | +0.88 | 44.51 | 1:34.51 | 2:25.38 | 3:14.51 |
| 13. Britta Fritz | SC Janus Köln | GER 262038 | 3:17.68 | +0.95 | 46.34 | 1:37.52 | 2:29.64 | 3:17.68 |
| DIS Nathasja Konijn | GZC DONK | NED 197100992 | | +0.62 | | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 55+

| | | | | | | | | |
|-----------------------|----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Claudia Thielemann | SG Bayer | GER 333958 | 2:26.50 | +0.74 | 34.37 | 1:11.62 | 1:49.83 | 2:26.50 |
| 2. Carol Hollemans | ACZ | NED 196900252 | 2:31.85 | +0.73 | 33.85 | 1:12.28 | 1:52.61 | 2:31.85 |
| 3. Iris van Aurich | DWK | NED 196900866 | 2:40.61 | +0.74 | 37.03 | 1:19.20 | 2:01.87 | 2:40.61 |
| 4. Marinka vd Zwet | Sassenheim | NED 196500346 | 2:51.90 | +0.70 | 39.14 | 1:24.47 | 2:09.63 | 2:51.90 |
| 5. Marijke Campfens | De Geul | NED 196900960 | 2:53.74 | +0.64 | 39.28 | 1:23.46 | 2:09.18 | 2:53.74 |
| 6. Cancia Leirissa | Feijenoord Albion Zwemclub | NED 196700748 | 3:03.59 | +0.90 | 41.99 | 1:29.12 | 2:18.01 | 3:03.59 |
| 7. Irna van der Molen | WS Twente | NED 196900938 | 3:08.36 | +0.73 | 41.91 | 1:31.73 | 2:20.95 | 3:08.36 |
| 8. S. Daamen-Posma | AZC | NED 196800854 | 3:11.05 | +0.85 | 41.57 | 1:27.82 | 2:20.02 | 3:11.05 |
| 9. José Bodde | LinK | NED 196901104 | 3:13.65 | +0.67 | 43.90 | 1:32.84 | 2:23.28 | 3:13.65 |

Masters 60+

| | | | | | | | | |
|---------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Netty Burik-Geijsen | Westland Swimming Stars | NED 196300048 | 2:37.56 | +0.82 | 35.28 | 1:15.59 | 1:57.22 | 2:37.56 |
| 2. Katrin Pennings | PSV | NED 196400570 | 2:40.76 | +0.75 | 36.60 | 1:18.32 | 2:01.19 | 2:40.76 |
| 3. Wilna Heijman | Steenwijk 1934 | NED 196400506 | 2:45.23 | +0.63 | 38.37 | 1:20.26 | 2:03.26 | 2:45.23 |
| 4. J. Rolloos-Bakkers | Niemo Barracuda | NED 196300222 | 2:57.25 | +0.83 | 39.86 | 1:25.83 | 2:12.86 | 2:57.25 |
| 5. Maud Peuten-Evers | Mosa-Regio | NED 196400584 | 3:02.17 | +0.97 | 41.17 | 1:27.48 | 2:15.03 | 3:02.17 |
| 6. J. Resink-lindeboom | DWK | NED 196000142 | 3:14.86 | +1.10 | 45.38 | 1:35.62 | 2:27.36 | 3:14.86 |
| 7. M. Kolkman-Pluim | ESCA Zwemmen | NED 196000330 | 3:20.82 | +0.88 | 43.44 | 1:32.99 | 2:27.24 | 3:20.82 |
| 8. Erica Muller | De Geul | NED 196400412 | 3:21.83 | +0.60 | 45.28 | 1:37.33 | 2:30.26 | 3:21.83 |
| 9. Kirsten Stamer | SC Janus Köln | GER 247144 | 3:25.61 | +0.43 | 45.17 | 1:36.55 | 2:31.14 | 3:25.61 |
| 10. Yoka de Vegt-van Dijk | ESCA Zwemmen | NED 196200420 | 3:26.12 | +0.83 | 46.04 | 1:38.33 | 2:33.82 | 3:26.12 |
| 11. Jenny Westervaarder | H2Oldambt | NED 196200424 | 3:26.70 | +0.84 | 46.25 | 1:38.08 | 2:32.46 | 3:26.70 |

Masters 65+

| | | | | | | | | |
|------------------------|---------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Esther van Lohuizen | PSV | NED 195900300 | 2:42.58 | +0.79 | 37.34 | 1:19.72 | 2:02.73 | 2:42.58 |
| 2. Tordis Grüner | SSF Bonn | GER 451333 | 2:55.13 | +0.86 | 40.08 | 1:25.09 | 2:10.02 | 2:55.13 |
| 3. Marijke van Hoek | ZPC De Zeeuwse Kust | NED 195800050 | 2:58.51 | +0.74 | 40.11 | 1:26.36 | 2:13.50 | 2:58.51 |
| 4. Linda Wibbelink | Steenwijk 1934 | NED 195900158 | 3:06.21 | +0.61 | 41.75 | 1:29.12 | 2:18.53 | 3:06.21 |

Masters 70+

| | | | | | | | | |
|-------------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. C. Nieuwenhuis | SWOL 1894 | NED 195100022 | 3:05.13 | +0.65 | 40.40 | 1:28.31 | 2:17.13 | 3:05.13 |
| 2. Carla Hensen | PSV | NED 195300062 | 3:36.25 | +0.97 | 48.50 | 1:43.93 | 2:40.68 | 3:36.25 |

Masters 75+

| | | | | | | | | |
|----------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. L. van Huissteden | ZPC AMERSFOORT | NED 194500002 | 4:27.44 | +0.98 | 1:00.10 | 2:10.30 | 3:20.04 | 4:27.44 |
|----------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 26, Dames, 200m vrije slag

Masters 85+

| | | | | | | | | |
|----------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Marie Smits | Old Dutch | NED 193800004 | 4:23.17 | +1.08 | 58.65 | 2:08.46 | 3:18.66 | 4:23.17 |
|----------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|

Programmanr. 27
04-05-2024 - 17:07

Heren, 200m vrije slag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|-----------------------|-----------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Luc Mul | DAW | NED 200201025 | 2:01.39 | +0.69 | 28.18 | 59.28 | 1:30.90 | 2:01.39 |
| 2. Daan Hogerhuis | De Columbiaan | NED 200300317 | 2:03.69 | +0.76 | 27.81 | 58.94 | 1:31.24 | 2:03.69 |
| 3. Benjamin Vermeulen | De Bevelanders | NED 200003721 | 2:06.46 | +0.83 | 28.60 | 1:00.65 | 1:33.72 | 2:06.46 |
| 4. Yuri Wasser | PSV | NED 200301327 | 2:06.63 | +0.67 | 28.47 | 1:01.05 | 1:34.25 | 2:06.63 |
| 5. Jasper Breugem | WVZ | NED 200000303 | 2:07.27 | +0.73 | 28.97 | 1:01.55 | 1:34.71 | 2:07.27 |
| Guus Hoogduin | ZVL-1886 Center | NED 200201069 | 2:07.27 | +0.69 | 29.41 | 1:01.92 | 1:35.45 | 2:07.27 |
| 7. Jacob Mackloet | De Schotejil | NED 200001171 | 2:07.45 | +0.68 | 28.43 | 1:00.84 | 1:34.66 | 2:07.45 |
| 8. Fayssal Lanterna | Zwemlust- den Hommel | NED 200101379 | 2:11.51 | +0.71 | 29.32 | 1:04.30 | 1:39.52 | 2:11.51 |
| 9. Daan Wijnands | Patrick-De Roersoppers (SG) | NED 200200127 | 2:11.80 | +0.66 | 29.17 | 1:02.05 | 1:37.30 | 2:11.80 |
| 10. Bas van den Akker | PSV | NED 200204651 | 2:11.86 | +0.68 | 29.78 | 1:04.28 | 1:38.63 | 2:11.86 |
| 11. Hendrik Broekema | Bubble | NED 200002205 | 2:13.36 | +0.67 | 29.35 | 1:03.06 | 1:38.38 | 2:13.36 |
| 12. Wessel Haverkamp | ESCA Zwemmen | NED 200204755 | 2:13.96 | +0.71 | 30.60 | 1:04.25 | 1:39.00 | 2:13.96 |
| 13. Collin Schouten | MSV-Zeemacht | NED 200400697 | 2:15.86 | +0.71 | 31.12 | 1:06.01 | 1:41.88 | 2:15.86 |
| 14. Jochem Janssen | De Gelenberg | NED 200003653 | 2:15.96 | +0.72 | 30.40 | 1:05.28 | 1:40.65 | 2:15.96 |
| 15. Owen Michels | De Amstel | NED 200402293 | 2:16.12 | +0.68 | 30.20 | 1:04.65 | 1:39.98 | 2:16.12 |
| 16. Leon Kloots | ZPC De Hof | NED 200001363 | 2:17.34 | +0.76 | 31.02 | 1:05.78 | 1:41.94 | 2:17.34 |
| 17. Rik Stahlie | TriVia | NED 200201915 | 2:19.39 | +0.71 | 30.92 | 1:05.99 | 1:42.90 | 2:19.39 |
| 18. Pascal Knein | SG Erkelenz - Hückelhoven | GER 336293 | 2:21.58 | +0.77 | 32.70 | 1:08.89 | 1:46.25 | 2:21.58 |
| 19. D. van den Bosch | Zwemlust- den Hommel | NED 200200237 | 2:23.12 | +0.77 | 31.81 | 1:08.31 | 1:45.93 | 2:23.12 |
| 20. Jaimy Voogt | ZOB'66 | NED 200005881 | 2:23.33 | +0.79 | 30.78 | 1:07.65 | 1:46.57 | 2:23.33 |
| 21. Lanco Manaf | Het Ravijn | NED 200402715 | 2:25.58 | +0.68 | 31.63 | 1:08.44 | 1:47.10 | 2:25.58 |
| 22. Boaz Troost | ZOB'66 | NED 200100371 | 2:28.92 | +0.74 | 33.03 | 1:11.70 | 1:51.34 | 2:28.92 |

Masters 25+

| | | | | | | | | |
|------------------------|-------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Kalle van Gemert | ZPC De Zeeuwse Kust | NED 199801259 | 2:01.02 | +0.66 | 27.28 | 57.96 | 1:29.80 | 2:01.02 |
| 2. Jelle Blankestijn | ZPC AMERSFOORT | NED 199803737 | 2:06.73 | +0.76 | 28.67 | 1:00.58 | 1:33.77 | 2:06.73 |
| 3. Robin van Beek | ZVL-1886 Center | NED 199704023 | 2:07.41 | +0.69 | 29.52 | 1:01.80 | 1:35.04 | 2:07.41 |
| 4. Bas van Tintelen | OZ&PC | NED 199800455 | 2:13.68 | +0.79 | 30.17 | 1:04.56 | 1:39.79 | 2:13.68 |
| 5. Daan Siebenheller | ZOB'66 | NED 199804955 | 2:15.34 | +0.71 | 30.83 | 1:05.69 | 1:41.49 | 2:15.34 |
| 6. Martijn Bartels | ZPC AMERSFOORT | NED 199603493 | 2:16.01 | +0.70 | 30.92 | 1:05.83 | 1:41.64 | 2:16.01 |
| 7. Wesley van der Luit | Sassenheim | NED 199701895 | 2:16.24 | +0.62 | 32.92 | 1:08.05 | 1:43.78 | 2:16.24 |
| 8. Erik Baalbergen | ZVL-1886 Center | NED 199805775 | 2:16.72 | +0.83 | 30.42 | 1:04.78 | 1:41.16 | 2:16.72 |
| 9. Jeroen Louwinger | De Rijn | NED 199900583 | 2:17.00 | +0.70 | 31.55 | 1:06.37 | 1:41.70 | 2:17.00 |
| 10. Tom van Gils | ZPC De Zeeuwse Kust | NED 199501799 | 2:18.12 | +0.68 | 31.40 | 1:05.95 | 1:41.94 | 2:18.12 |
| 11. Lars Jacobsen | DWK | NED 199705453 | 2:20.12 | +0.77 | 30.94 | 1:07.15 | 1:44.75 | 2:20.12 |
| 12. Patrick Wyrdean | Westland Swimming Stars | NED 199702475 | 2:20.71 | +0.71 | 31.31 | 1:06.82 | 1:43.79 | 2:20.71 |
| 13. Colin Degenars | ZPCH | NED 199505951 | 2:21.56 | +0.82 | 30.89 | 1:06.70 | 1:44.24 | 2:21.56 |
| 14. Jeroen van Dinther | Neptunus'58 | NED 199701569 | 2:26.42 | +0.72 | 33.16 | 1:10.15 | 1:49.16 | 2:26.42 |
| 15. Auke Sijperda | AZC | NED 199905115 | 2:29.84 | +0.72 | 33.86 | 1:12.43 | 1:51.53 | 2:29.84 |
| 16. Ids de Klerk | Niemo Barracuda | NED 199803237 | 2:36.03 | +0.82 | 33.70 | 1:14.26 | 1:56.27 | 2:36.03 |
| 17. Mathijs Krieger | EZCL (SG) | NED 199905361 | 2:44.69 | +0.77 | 34.89 | 1:16.32 | 2:00.23 | 2:44.69 |

Masters 30+

| | | | | | | | | |
|-------------------------|-----------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Rick van Hamond | Z&PC Zegenwerp | NED 199205873 | 2:02.98 | +0.67 | 27.98 | 59.15 | 1:31.51 | 2:02.98 |
| 2. Bas Braun | ZPC AMERSFOORT | NED 199106545 | 2:09.57 | +0.78 | 29.13 | 1:01.48 | 1:35.30 | 2:09.57 |
| 3. Olaf Achterberg | VZC | NED 199000011 | 2:10.94 | +0.80 | 29.38 | 1:02.69 | 1:37.13 | 2:10.94 |
| 4. Jean Terver | Club Nautique Val de Fensch | FRA 314113 | 2:12.00 | +0.86 | 30.37 | 1:03.23 | 1:38.10 | 2:12.00 |
| 5. Joeri van Wallenburg | Onderdak | NED 199004875 | 2:13.45 | +0.73 | 30.42 | 1:04.40 | 1:39.20 | 2:13.45 |
| 6. Stefan Petersen | Blue Marlins | NED 199403067 | 2:13.59 | +0.71 | 30.18 | 1:03.53 | 1:38.29 | 2:13.59 |
| 7. Tim de Vrugt | ESCA Zwemmen | NED 199306719 | 2:15.31 | +0.68 | 30.06 | 1:05.00 | 1:40.54 | 2:15.31 |
| 8. R. van Doeselaar | Scheldestroom | NED 199200261 | 2:15.61 | +0.68 | 30.34 | 1:05.74 | 1:41.58 | 2:15.61 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 27, Heren, 200m vrije slag, Masters 30+

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|---------------------------|------------------------------|--------------------|----------------|---------|-------|---------|---------|---------|
| 9. Tim Bunnik | Triton | NED 199000505 | 2:15.95 | +0.82 | 31.49 | 1:06.32 | 1:41.12 | 2:15.95 |
| 10. Craig Frankum | De Warande | NED 199007759 | 2:20.99 | +0.74 | 32.38 | 1:08.26 | 1:45.14 | 2:20.99 |
| 11. Joshua Da Silva Ferra | Cercle De Natation Sportcity | BELuCNSW/012562/94 | 2:21.60 | +0.78 | 31.15 | 1:07.04 | 1:44.64 | 2:21.60 |
| 12. Niels Bent | WS Twente | NED 199400465 | 2:21.98 | +0.78 | 30.62 | 1:06.19 | 1:43.76 | 2:21.98 |
| 13. Marc Hoogendam | Blue Marlins | NED 199007713 | 2:22.80 | +0.72 | 31.43 | 1:07.77 | 1:45.42 | 2:22.80 |
| 14. Mark Legters | De Schelde | NED 199303361 | 2:28.28 | +0.73 | 32.16 | 1:09.06 | 1:48.43 | 2:28.28 |

Masters 35+

| | | | | | | | | |
|-----------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Robert Braad | Steenwijk 1934 | NED 198600407 | 2:15.53 | +0.79 | 30.93 | 1:05.97 | 1:41.06 | 2:15.53 |
| 2. Niels Albrechts | De Schoteijl | NED 198800039 | 2:17.94 | +0.80 | 31.72 | 1:07.52 | 1:43.92 | 2:17.94 |
| 3. Rick Driezen | Steenwijk 1934 | NED 198600713 | 2:21.79 | +0.87 | 32.16 | 1:07.97 | 1:44.53 | 2:21.79 |
| 4. Wessel Everloo | WS Twente | NED 198906597 | 2:24.36 | +0.84 | 33.31 | 1:10.80 | 1:49.01 | 2:24.36 |
| 5. Sander van Tilburg | De Biesboschzwemmers | NED 198604609 | 2:33.60 | +0.81 | 34.37 | 1:12.78 | 1:53.35 | 2:33.60 |

Masters 40+

| | | | | | | | | |
|----------------------------------|---------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Federico Cappello | Luxembourg Sharks Swimmir | LUXlu9598 | 2:12.42 | +0.71 | 30.86 | 1:04.27 | 1:38.94 | 2:12.42 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 2. Kristiaan Lenos | ZVL-1886 Center | NED 198301331 | 2:15.49 | +0.73 | 29.85 | 1:03.29 | 1:39.07 | 2:15.49 |
| 3. Pieter Pickhardt | ZPC De Hof | NED 198301657 | 2:16.11 | +0.82 | 30.91 | 1:05.63 | 1:41.31 | 2:16.11 |
| 4. Paul Oudendijk | DAW | NED 198101287 | 2:21.24 | +0.84 | 32.40 | 1:08.32 | 1:45.38 | 2:21.24 |
| 5. Oscar Monge | IJZPC | NED 198102599 | 2:27.32 | +0.63 | 31.18 | 1:07.08 | 1:46.54 | 2:27.32 |
| 6. Ferry Blangé | ZOB'66 | NED 198300185 | 2:27.94 | +0.77 | 32.84 | 1:10.94 | 1:50.49 | 2:27.94 |
| 7. Luc Steijvers | ZVL-1886 Center | NED 198201661 | 2:30.28 | +0.70 | 33.07 | 1:11.20 | 1:50.88 | 2:30.28 |
| 8. Arne-Willem Kroonen | PSV | NED 198401297 | 2:44.20 | +0.83 | 35.48 | 1:15.83 | 1:58.95 | 2:44.20 |

Masters 45+

| | | | | | | | | |
|-------------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Øivind Martin Hasle | Oslo I.L. | NOR | 2:05.47 | +0.79 | 29.08 | 1:00.75 | 1:33.64 | 2:05.47 |
| 2. Ivo Roozeboom | WVZ | NED 197700801 | 2:11.90 | +0.75 | 30.57 | 1:05.20 | 1:39.55 | 2:11.90 |
| 3. Dennis Brouwers | HZPC | NED 197800167 | 2:12.65 | +0.85 | 31.15 | 1:05.07 | 1:39.36 | 2:12.65 |
| 4. Vincent Versteeg | Zwemlust- den Hommel | NED 197701003 | 2:16.34 | +0.76 | 31.19 | 1:06.62 | 1:42.14 | 2:16.34 |
| 5. Mark Sponneck | San Giljan ASC | MLT 388523M | 2:19.25 | +0.67 | 32.47 | 1:07.83 | 1:44.42 | 2:19.25 |
| <i>Maltese Masters Record</i> | | | | | | | | |
| 6. Alex Damen | DAW | NED 197501371 | 2:22.30 | +0.79 | 31.66 | 1:08.68 | 1:46.68 | 2:22.30 |
| 7. Erik Keukens | VZV Njord | NED 197500445 | 2:22.37 | +0.80 | 32.46 | 1:08.93 | 1:46.38 | 2:22.37 |
| 8. Martin Mikolas | Cercle De Natation Sportcity | BELuCNSW/011307/79 | 2:23.07 | +0.86 | 33.78 | 1:10.44 | 1:47.38 | 2:23.07 |
| 9. Arjan Buijsse | Sassenheim | NED 197901767 | 2:28.00 | +0.77 | 32.93 | 1:11.08 | 1:49.89 | 2:28.00 |
| 10. Emiel Volker | ZVL-1886 Center | NED 197601605 | 2:37.42 | +0.77 | 34.36 | 1:14.18 | 1:55.82 | 2:37.42 |
| 11. Tom Bandsma | PSV | NED 197701625 | 2:45.38 | +1.08 | 37.56 | 1:19.40 | 2:02.98 | 2:45.38 |

Masters 50+

| | | | | | | | | |
|-------------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Matthias Millers | SG Wuppertal | GER 113799 | 2:11.44 | +0.82 | 30.70 | 1:04.89 | 1:39.33 | 2:11.44 |
| 2. Richard Rickson | Hellas-Glana | NED 197000841 | 2:21.35 | +0.85 | 31.94 | 1:08.47 | 1:46.27 | 2:21.35 |
| 3. Pieter Veenstra | DZ&PC | NED 197301345 | 2:25.01 | +0.80 | 32.92 | 1:09.48 | 1:46.97 | 2:25.01 |
| 4. Ingmar de Gelder | ZOB'66 | NED 197000333 | 2:25.35 | +0.89 | 33.42 | 1:10.92 | 1:49.49 | 2:25.35 |
| 5. Martin Berkhout | ZVL-1886 Center | NED 197101123 | 2:33.86 | +0.75 | 33.79 | 1:13.39 | 1:55.13 | 2:33.86 |
| <i>*100m</i> | | | | | | | | |
| 6. Henri Verschoor | De Biesboschzwemmers | NED 197001041 | 2:34.71 | +0.95 | 35.11 | 1:13.88 | 1:55.00 | 2:34.71 |
| 7. Peter Meijer | DZ&PC | NED 197300613 | 2:37.33 | +0.71 | 35.93 | 1:16.10 | 1:58.14 | 2:37.33 |
| 8. Wouter van der Stelt | De Biesboschzwemmers | NED 197200889 | 2:42.38 | +0.85 | 36.34 | 1:17.13 | 1:59.90 | 2:42.38 |
| 9. Bas Kremers | TRB-RES | NED 197201611 | 2:47.46 | +0.77 | 35.84 | 1:17.60 | 2:03.79 | 2:47.46 |
| 10. Jeroen Hoeksels | ZVVS | NED 197401533 | 3:00.78 | +0.99 | 39.04 | 1:25.33 | 2:13.67 | 3:00.78 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 27, Heren, 200m vrije slag

Masters 55+

| | | | | | | | | |
|---------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Jochen Bruha | SG Wuppertal | GER 58762 | 2:14.79 | +0.82 | 31.20 | 1:04.56 | 1:39.61 | 2:14.79 |
| 2. Erlend Alstad | Oslo I.L. | NOR | 2:17.87 | +0.90 | 32.84 | 1:08.21 | 1:43.76 | 2:17.87 |
| 3. John Hardeman | Zwemlust- den Hommel | NED 196601615 | 2:19.17 | +0.79 | 31.99 | 1:07.80 | 1:44.10 | 2:19.17 |
| 4. Glen Le Clercq | De Rog | NED 196800177 | 2:20.35 | +0.79 | 32.93 | 1:10.51 | 1:44.57 | 2:20.35 |
| 5. Hugues Herman | Cercle De Natation Sportcity | BELuCNSW/009743/66 | 2:23.61 | +0.67 | 33.43 | 1:10.06 | 1:47.55 | 2:23.61 |
| 6. Francois Roosen | VZV Njord | NED 196801581 | 2:26.81 | +0.77 | 32.36 | 1:08.45 | 1:47.42 | 2:26.81 |
| 7. Frank Schasfoort | ZC'90 | NED 196501291 | 2:27.29 | +0.84 | 33.89 | 1:11.05 | 1:50.02 | 2:27.29 |
| 8. Frank van Nobelen | Sassenheim | NED 196900753 | 2:27.43 | +0.80 | 33.30 | 1:11.05 | 1:50.15 | 2:27.43 |
| 9. Gerko Versluis | Zuiderzeezwemmers | NED 196901439 | 2:29.94 | +0.82 | 33.96 | 1:12.22 | 1:52.29 | 2:29.94 |
| 10. Henri Michels | De Amstel | NED 196501587 | 2:33.21 | +0.79 | 34.12 | 1:12.52 | 1:52.69 | 2:33.21 |
| 11. Eymert van Rooij | PSV | NED 196601631 | 2:36.46 | +0.88 | 35.82 | 1:16.55 | 1:58.14 | 2:36.46 |
| 12. Leon Slingerland | WVZ | NED 196801707 | 2:37.54 | +0.89 | 34.00 | 1:13.20 | 1:56.51 | 2:37.54 |
| 13. Wijnand Vergeest | De Rog | NED 196800949 | 2:39.96 | +0.69 | 35.59 | 1:16.37 | 1:59.62 | 2:39.96 |
| 14. Jeroen Wilmer | Vichy Val D'Allier Natation | FRA 2169893 | 2:40.77 | +0.83 | 37.57 | 1:17.92 | 2:01.11 | 2:40.77 |
| 15. Pascal Tourton | ZOB'66 | NED 196601343 | 2:41.30 | +0.81 | 37.16 | 1:18.42 | 2:01.72 | 2:41.30 |
| 16. Eric Dumas | Patrick-De Roersoppers (SG) | NED 196901397 | 2:46.44 | +0.85 | 36.92 | 1:19.52 | 2:04.19 | 2:46.44 |
| 17. Erik Saan | De Duck | NED 196500769 | 2:47.68 | +1.04 | 34.26 | 1:16.60 | 2:02.27 | 2:47.68 |
| 18. Pieter-Sjoerd de Wijn | DES | NED 196501027 | 2:52.75 | +0.91 | 38.55 | 1:22.78 | 2:08.07 | 2:52.75 |
| 19. Alfons Knein | SG Erkelenz - Hüchelhoven | GER 389778 | 3:25.07 | +1.10 | 42.73 | 1:33.21 | 2:28.77 | 3:25.07 |

Masters 60+

| | | | | | | | | |
|----------------------------------|------------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Johan Remmits | ZPC AMERSFOORT | NED 196201159 | 2:20.37 | +0.82 | 32.34 | 1:08.22 | 1:44.98 | 2:20.37 |
| 2. Jon Christensen | Luxembourg Sharks SwimmirLUX | LUX10008 | 2:25.08 | +0.72 | 34.32 | 1:10.63 | 1:47.87 | 2:25.08 |
| <i>Luxembourg Masters Record</i> | | | | | | | | |
| 3. Edwin v. Norden | ZPC AMERSFOORT | NED 196300563 | 2:27.17 | +0.75 | 32.83 | 1:10.20 | 1:48.90 | 2:27.17 |
| 4. Rob Spetter | De Rog | NED 196201239 | 2:32.46 | +0.71 | 34.67 | 1:13.25 | 1:52.77 | 2:32.46 |
| 5. Axel Sondermann | Lone Star Masters | USA | 2:33.55 | +0.84 | 34.84 | 1:13.67 | 1:53.85 | 2:33.55 |
| 6. Paul Wijnja | De Biesboschzwemmers | NED 196301403 | 2:35.38 | +0.78 | 35.01 | 1:15.19 | 1:56.23 | 2:35.38 |
| 7. Ronald Grove | Triton | NED 196100161 | 2:40.99 | +0.79 | 36.24 | 1:17.52 | 2:00.32 | 2:40.99 |
| 8. Roy Le Clercq | De Rog | NED 196401041 | 2:43.75 | +0.95 | 36.75 | 1:19.16 | 2:01.45 | 2:43.75 |
| 9. Adriaan Kop | Old Dutch | NED 196101135 | 2:53.14 | +0.89 | 39.68 | 1:23.62 | 2:08.84 | 2:53.14 |
| 10. Bart van Calker | WS Twente | NED 196100067 | 3:04.52 | +0.88 | 43.43 | 1:29.16 | 2:16.74 | 3:04.52 |
| 11. Jan Willem Heuten | WS Twente | NED 196000883 | 3:17.09 | +0.97 | 42.89 | 1:34.33 | 2:27.89 | 3:17.09 |
| AFGEM Casper Dollekamp | Steenwijk 1934 | NED 196301341 | | | | | | |

Masters 65+

| | | | | | | | | |
|--------------------|-----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Marten de Groot | HZ&PC Heerenveen | NED 195800149 | 2:23.44 | +0.77 | 32.83 | 1:09.23 | 1:46.26 | 2:23.44 |
| 2. Dirk Zeterberg | Zehlendorfer TSV 1888 | GER 101339 | 2:30.69 | +0.99 | 34.93 | 1:13.50 | 1:53.07 | 2:30.69 |
| 3. Lex Hoogendam | ZZ&PC De Devel | NED 195700541 | 3:11.99 | +1.00 | 41.63 | 1:29.40 | 2:19.94 | 3:11.99 |
| 4. Peter Coffeng | GZC DONK | NED 195700063 | 3:13.48 | +0.96 | 43.95 | 1:33.40 | 2:24.43 | 3:13.48 |

Masters 70+

| | | | | | | | | |
|--------------------|-----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Harry Dokter | SWOL 1894 | NED 195100037 | 2:58.78 | +0.87 | 38.38 | 1:23.15 | 2:10.35 | 2:58.78 |
| 2. Pieter Husslage | Old Dutch | NED 195300091 | 3:13.44 | +1.11 | 45.83 | 1:36.71 | 2:27.67 | 3:13.44 |

Masters 75+

| | | | | | | | | |
|------------------|----------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Wout Hemmes | De Plons | NED 194800059 | 3:02.76 | +0.97 | 41.85 | 1:28.93 | 2:16.58 | 3:02.76 |
| 2. Willem Putter | ZVVS | NED 194500135 | 3:18.23 | +1.12 | 44.32 | 1:35.78 | 2:28.78 | 3:18.23 |
| 3. Jan Nuijten | PSV | NED 194900175 | 3:35.42 | +0.86 | 45.49 | 1:40.04 | 2:39.01 | 3:35.42 |

Masters 80+

| | | | | | | | | |
|---------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Geza Kaltenecker | AZC | NED 194200065 | 3:48.67 | +0.84 | 50.57 | 1:51.02 | 2:51.54 | 3:48.67 |
| 2. Kevork Boyrazian | Cercle De Natation Sportcity | BELuCNSW/002620/44 | 4:25.51 | +1.08 | 58.25 | 2:06.05 | 3:16.47 | 4:25.51 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 27, Heren, 200m vrije slag

Masters 85+

1. Nic Geers PSV NED 193800007 **4:07.05** +1.01 58.43 2:03.02 3:10.36 4:07.05

Programmanr. 28
04-05-2024 - 17:54

4 x 50m wisselslag

Masters Open
Resultaten

| rang | vereniging | tijd | RT | PARA |
|--------------------|---|---|---|--|
| 80+, Heren | | | | |
| 1. | HZ&PC Heerenveen 1 Richard Kuipers Jorian Darwinkel | HZ&PC Heerenveen 97 +0.67 30.29 03 +0.20 31.91 | NED Remco Dijkstra Rob van Wier | 1:56.03 +0.67 01 +0.47 27.31 99 +0.28 26.52 |
| 2. | ZOB'66 2 Nino van Krimpen Mart de Koning | ZOB'66 00 +0.67 30.49 02 +0.38 31.46 | NED Daan Siebenthaler Jaimy Voogt | 1:57.17 +0.67 98 +0.31 27.50 00 +0.57 27.72 |
| 3. | Arethusa 1 Karsten van Doorn Mel van Gemert | Arethusa 03 +0.74 30.41 03 +0.34 33.37 | NED Laurens Hofstede Jep van Gemeren | 1:58.37 +0.74 03 +0.46 27.17 02 +0.34 27.42 |
| 4. | Bubble 1 Hendrik Broekema Tim Speijer | Bubble 00 +0.75 30.98 03 +0.43 32.27 | NED Jorrik Kerdijk Kevin Vermeulen | 1:58.62 +0.75 96 +0.31 29.13 02 +0.34 26.24 |
| 5. | MSV-Zeemacht 2 Collin Schouten Boyd Wijkman | MSV-Zeemacht 04 +0.71 32.85 01 +0.52 33.25 | NED Jordi de Nijs Mees Minneboo | 1:59.30 +0.71 98 +0.39 27.40 02 +0.26 25.80 |
| 100+, Heren | | | | |
| 1. | De Warande 1 Tom Balsen Versteeg Nicko Kamphuis | De Warande 00 +0.68 30.10 99 +0.16 30.56 | NED Craig Frankum Marijn in 't Veld | 1:53.19 +0.68 90 +0.41 28.08 00 +0.31 24.45 |
| 2. | ESCA Zwemmen 2 Mike Schel Jurje Stammes | ESCA Zwemmen 94 +0.71 30.77 97 +0.34 30.62 | NED Wessel Haverkamp Peter Rothengatter | 1:55.91 +0.71 02 +0.50 29.29 97 +0.26 25.23 |
| 3. | PSV 7 Jos de Graaf Bas van den Akker | PSV 91 +0.76 30.03 02 +0.27 32.67 | NED Basem Rashed Andrea Guzzon | 2:02.31 +0.76 03 +0.11 31.37 92 +0.29 28.24 |
| 120+, Heren | | | | |
| 1. | DAW 1 Paul Oudendijk Felix Geenen | DAW 81 +0.78 32.70 95 +0.48 31.34 | NED Michel de Maesschalck Luc Mul | 1:56.49 +0.78 91 +0.59 28.40 02 +0.24 24.05 |
| 2. | ZPC AMERSFOORT 3 Martijn Giezen Tom van den Akker | ZPC AMERSFOORT 85 +0.80 30.48 02 +0.06 32.66 | NED Jelle Blankestijn Bas Braun | 1:56.73 +0.80 98 +0.35 28.71 91 +0.04 24.88 |
| 3. | WVZ 6 Jasper Breugem Simon van Ravesteijn | WVZ 00 +0.72 31.20 80 +0.38 33.21 | NED Sander Kirillova Ivo Roozeboom | 1:57.30 +0.72 98 +0.32 26.76 77 +0.22 26.13 |
| 4. | Onderdak 1 Stefan Roovers Simon Edenburg | Onderdak 91 +0.73 31.56 93 +0.47 30.30 | NED Joeri van Wallenburg Sonny Corré | 1:57.50 +0.73 90 +0.27 27.82 93 +0.48 27.82 |
| 5. | Poseidon'56 1 John Smit Sam Beer | Poseidon'56 95 +0.67 30.82 96 +0.35 35.19 | NED Ryan van den Ouden Jim Geestman | 1:58.66 +0.67 99 +0.65 26.72 83 +0.30 25.93 |
| 6. | Zuiderzeezwemmers 1 Bram van Heuven Jarick Stoop | Zuiderzeezwemmers 96 +0.84 31.13 96 +0.23 32.09 | NED Ilmar Stoop Gerko Verluis | 1:58.90 +0.84 01 +0.48 27.32 69 +0.39 28.36 |
| 7. | ESCA Zwemmen 3 Tim de Vrugt Sander de Vrugt | ESCA Zwemmen 93 +0.71 33.95 89 +0.13 31.30 | NED Mees Laar Job Esink | 2:04.31 +0.71 96 +0.49 29.25 98 +0.14 29.81 |
| 8. | ZVL-1886 Center 2 Kristiaan Lenos Daniel Castillo Montoya | ZVL-1886 Center 83 +0.86 33.16 94 +0.33 30.96 | NED Luc Steijvers Ingmar Kooman | 2:05.88 +0.86 82 +0.25 31.17 79 +0.47 30.59 |



Programmanr. 28, Heren, 4 x 50m wisselslag, 120+

| rang | vereniging | tijd | RT | PARA |
|------|--------------------|----------------|-------|-----------------------|
| 9. | AZC | 2:06.16 | +0.73 | |
| | Patrick Brouwer | 93 +0.73 | 34.15 | NED |
| | Ricardo van Dam | 85 +0.45 | 33.95 | Jeroen Matthijssen |
| | | | | Auke Sijperda |
| | | | | 91 +0.40 |
| | | | | 99 +0.38 |
| | | | | 28.81 |
| | | | | 29.25 |
| 10. | ZOB'66 | 2:08.81 | +0.95 | |
| | Pascal Tourton | 66 +0.95 | 35.59 | NED |
| | Boaz Troost | 01 +0.24 | 36.33 | Julian Mes |
| | | | | Ruben Stolk |
| | | | | 01 +0.45 |
| | | | | 90 +0.20 |
| | | | | 28.71 |
| | | | | 28.18 |
| 11. | WS Twente | 2:09.98 | +1.04 | |
| | Wessel Everloo | 89 +1.04 | 37.16 | NED |
| | Laurens Spoelstra | 99 +0.33 | 34.82 | Sander Riezebos |
| | | | | Cars Wiegmann |
| | | | | 94 +0.39 |
| | | | | 94 +0.16 |
| | | | | 30.35 |
| | | | | 27.65 |
| 12. | Neptunus'58 | 2:14.67 | +0.70 | |
| | Jeroen van Dinther | 97 +0.70 | 34.81 | NED |
| | Rob van de Ven | 71 +0.48 | 39.41 | Maarten vd Berkmortel |
| | | | | Rens Hoogenboom |
| | | | | 80 +0.21 |
| | | | | 04 +0.33 |
| | | | | 33.16 |
| | | | | 27.29 |

160+, Heren

| | | | | |
|----|-------------------------------|----------------|-------|--------------------|
| 1. | ZPCH | 1:57.63 | +0.70 | |
| | Ruud Holswilder | 78 +0.70 | 30.43 | NED |
| | Lucas Douwma | 04 +0.32 | 30.59 | László Jüllich |
| | | | | Jasper van Heijst |
| | | | | 78 +0.61 |
| | | | | 76 +0.23 |
| | | | | 30.94 |
| | | | | 25.67 |
| 2. | Niemo Barracuda | 2:06.19 | +0.76 | |
| | Mark Hensen | 79 +0.76 | 32.46 | NED |
| | Dennis Dortland | 78 +0.32 | 35.80 | Robin van Beusekom |
| | | | | Pascal van Haren |
| | | | | 92 +0.37 |
| | | | | 87 +0.25 |
| | | | | 31.98 |
| | | | | 25.95 |
| 3. | Poseidon'56 | 2:11.67 | +0.70 | |
| | Marcel Vroegindewei | 68 +0.70 | 33.85 | NED |
| | Erik van Gemert | 03 +0.38 | 31.30 | Gerard Willighagen |
| | | | | Bob Lookermans |
| | | | | 01 +0.54 |
| | | | | 62 +0.81 |
| | | | | 26.77 |
| | | | | 39.75 |
| 4. | VZV Njord | 2:14.23 | +0.58 | |
| | Jesper Pas | 02 +0.58 | 32.39 | NED |
| | Jacques Verriet | 70 +0.49 | 40.79 | Erik Keukens |
| | | | | Francis Roosen |
| | | | | 75 +0.37 |
| | | | | 68 +0.29 |
| | | | | 31.92 |
| | | | | 29.13 |
| 5. | Patrick-De Roersoppers (SG) 1 | 2:15.89 | +0.74 | |
| | Patrick Creemers | 90 +0.74 | 32.83 | NED |
| | Eric Dumas | 69 +0.39 | 42.85 | Luuk Kresin |
| | | | | Arno Schrauwen |
| | | | | 03 +0.06 |
| | | | | 65 +0.09 |
| | | | | 27.68 |
| | | | | 32.53 |

200+, Heren

| | | | | |
|----|---------------------------------|----------------|-------|---------------------|
| 1. | Oslo I.L. | 2:01.64 | +0.61 | |
| | <i>Norwegian Masters Record</i> | | | |
| | Håkon Skaarud Karlsen | 79 +0.61 | 31.94 | NOR |
| | Erlend Alstad | 67 +0.09 | 36.08 | Øivind Martin Hasle |
| | | | | Jari Inge Melberg |
| | | | | 77 +0.42 |
| | | | | 70 +0.12 |
| | | | | 27.02 |
| | | | | 26.60 |
| 2. | De Biesboschzwemmers | 2:14.47 | +0.73 | |
| | Nico Swart | 68 +0.73 | 37.22 | NED |
| | Harry Cornet | 71 +0.08 | 34.15 | Henri Verschoor |
| | | | | Paul Wijnja |
| | | | | 70 +0.67 |
| | | | | 63 +0.15 |
| | | | | 32.79 |
| | | | | 30.31 |

240+, Heren

| | | | | |
|----|---|----------------|-------|---------------|
| 1. | ZPC AMERSFOORT | 2:08.03 | +0.66 | |
| | <i>Nederlands Masters Record, NMR voor startzwemmer</i> | | | |
| | Chester Marsman | 69 +0.66 | 30.43 | NED |
| | Edwin v. Norden | 63 +0.09 | 35.95 | Johan Remmits |
| | | | | Henk Kuipers |
| | | | | 62 +0.27 |
| | | | | 62 +0.08 |
| | | | | 30.82 |
| | | | | 30.83 |
| 2. | De Rog | 2:13.19 | +0.79 | |
| | Erik Kamphuis | 60 +0.79 | 35.86 | NED |
| | Glen Le Clercq | 68 +0.51 | 36.03 | Peter Bensen |
| | | | | Rob Spetter |
| | | | | 63 +0.29 |
| | | | | 62 +0.41 |
| | | | | 30.66 |
| | | | | 30.64 |
| 3. | PSV | 2:24.70 | +0.71 | |
| | Ron Phaff | 62 +0.71 | 40.00 | NED |
| | Harold Matla | 68 +0.43 | 34.20 | Rob Hermesath |
| | | | | Menno Lomans |
| | | | | 61 +0.24 |
| | | | | 61 +0.67 |
| | | | | 38.09 |
| | | | | 32.41 |

280+, Heren

| | | | | |
|----|----------------------------------|----------------|-------|---------------|
| 1. | PSV | 2:46.68 | +0.79 | |
| | <i>Nederlands Masters Record</i> | | | |
| | Eymert van Rooij | 66 +0.79 | 37.23 | NED |
| | Rob Hanou | 43 +0.81 | 51.23 | Soan Thung |
| | | | | Nic Geers |
| | | | | 66 +0.49 |
| | | | | 38 +0.89 |
| | | | | 31.33 |
| | | | | 46.89 |
| 2. | SWOL 1894 | 2:55.36 | +0.75 | |
| | Be van der Ziel | 52 +0.75 | 49.88 | NED |
| | Harry Dokter | 51 +0.43 | 41.70 | Rob Berkhof |
| | | | | Jappie Kuiper |
| | | | | 52 +0.59 |
| | | | | 55 +0.44 |
| | | | | 48.54 |
| | | | | 35.24 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 28, 4 x 50m wisselslag

80+, Dames

| | | | | |
|--|------------------|-----------------|----------------|-------|
| 1. HZ&PC Heerenveen 2 | HZ&PC Heerenveen | NED | 2:11.26 | +0.67 |
| Inge Dekker | 02 +0.67 33.43 | Simone Mus | 96 +0.42 31.61 | |
| Lianne van Wier | 02 +0.17 38.46 | Leonie van Wier | 02 +0.34 27.76 | |
| 2. Bubble 2 | Bubble | NED | 2:13.90 | +0.74 |
| Laura Setz | 00 +0.74 33.51 | Marijke Drent | 99 +0.58 32.21 | |
| Sanne Kloezen | 02 +0.62 37.81 | Esmee Kloezen | 02 +0.48 30.37 | |
| 3. ESCA Zwemmen 1 | ESCA Zwemmen | NED | 2:20.74 | +0.67 |
| Sanne Landman | 03 +0.67 33.38 | Rose Lether | 04 +0.23 33.17 | |
| Rachel Verburgt | 02 +0.21 43.95 | Hannah Elting | 04 +0.33 30.24 | |
| DIS Deltasteur 1 | Deltasteur | NED | | +0.69 |
| <i>EA - Te vroeg overgenomen., 4de zwemmer</i> | | | | |
| Monica Faber | 04 +0.69 36.44 | Ester Schuurman | 02 +0.34 32.72 | |
| Tara Schuurman | 04 +0.49 37.03 | Manon de Man | 02 -0.13 | |

100+, Dames

| | | | | |
|------------------------|-------------------|-------------------------|----------------|-------|
| 1. Niemo Barracuda 3 | Niemo Barracuda | NED | 2:14.60 | +0.63 |
| Denise Boereboom | 92 +0.63 32.91 | Melissa van der Heijden | 96 +0.37 30.06 | |
| Marijke Kommers | 93 +0.44 40.41 | Tamara van den Brink | 98 +0.58 31.22 | |
| 2. De Duck 4 | De Duck | NED | 2:19.86 | +0.72 |
| Marcella van der Ent | 96 +0.72 36.21 | Noa de Bock | 03 +0.56 32.45 | |
| Leontine Groeneveldt | 93 +0.12 39.31 | Kimberley van Buren | 93 +0.13 31.89 | |
| 3. Zuiderzeezwemmers 2 | Zuiderzeezwemmers | NED | 2:20.43 | +0.62 |
| Annemarie ten Have | 98 +0.62 35.73 | Gaby Zittersteijn | 97 +0.40 34.44 | |
| Dagmar Kruik | 98 +0.39 39.12 | Lisanne Andeweg | 88 +0.02 31.14 | |
| 4. Neptunus'58 1 | Neptunus'58 | NED | 2:23.91 | +0.58 |
| Naomi Janssen | 04 +0.58 38.13 | Selina Janssen | 99 +0.57 31.06 | |
| Elke Schellekens | 93 +0.40 45.22 | Mirelle de Kort | 00 +0.37 29.50 | |
| 5. Octopus-ZVV (SG) 1 | Octopus-ZVV (SG) | NED | 2:28.55 | +0.83 |
| Daphne van Rees | 03 +0.83 38.78 | Elmi Roelofsen | 90 +0.68 31.96 | |
| Sheila ten Voorde | 99 +0.65 42.65 | Marjan Rikken | 92 +0.53 35.16 | |

120+, Dames

| | | | | |
|-----------------------|----------------|----------------------|----------------|-------|
| 1. WVZ 7 | WVZ | NED | 2:09.29 | +0.67 |
| Leonie van Noort | 93 +0.67 33.27 | Delia Badoux | 80 +0.39 29.81 | |
| Lauren van IJl | 00 +0.34 37.51 | Lisa Klatten | 92 +0.24 28.70 | |
| 2. Nuenen 1 | Nuenen | NED | 2:09.90 | +0.62 |
| Merel Phaff | 01 +0.62 32.30 | Anneloes Peulen | 85 +0.11 30.43 | |
| Tessa Loos | 02 +0.04 35.02 | Monique Huizing | 84 +0.34 32.15 | |
| 3. TriVia 1 | TriVia | NED | 2:16.96 | +0.68 |
| Heleen Arends | 94 +0.68 36.21 | Wendan Poelstra | 91 +0.55 32.63 | |
| Esmée van Peer | 02 +0.18 38.43 | Relinda Baas | 89 +0.15 29.69 | |
| 4. PSV 5 | PSV | NED | 2:17.72 | +0.78 |
| Jenny Schouten | 87 +0.78 33.71 | Leonor Babo | 93 +0.39 32.69 | |
| Helena La | 95 +0.22 39.02 | Simone Hendrikse | 90 +0.41 32.30 | |
| 5. Poseidon'56 3 | Poseidon'56 | NED | 2:19.53 | +0.73 |
| Tonia Ruybroek | 81 +0.73 35.86 | Rianne Bresser | 99 +0.44 32.73 | |
| Kelly Wiglevan | 95 +0.34 41.57 | Kelly de Jonge | 97 +0.51 29.37 | |
| 6. ZPC AMERSFOORT 5 | ZPC AMERSFOORT | NED | 2:23.86 | +0.94 |
| Henriëtte v. Norden | 68 +0.94 40.26 | Daphne Kievit | 92 +0.55 34.57 | |
| Michelle van Wijhe | 04 +0.47 37.93 | Maddy van der Hoeven | 04 +0.43 31.10 | |
| 7. ZOB'66 1 | ZOB'66 | NED | 2:30.61 | +0.74 |
| Danielle Schipper | 70 +0.74 46.97 | Nina Tourton | 96 +0.56 34.53 | |
| Rozemarijn van Haaff | 02 +0.28 38.54 | Wendy de Bruin | 92 +0.46 30.57 | |
| 8. MSV-Zeemacht 1 | MSV-Zeemacht | NED | 2:30.89 | +0.99 |
| Annette van Dok | 68 +0.99 45.63 | Jet Kleine | 99 +0.16 33.37 | |
| Kyra Wesemann | 02 +0.13 41.81 | Tessa van Dijk-Mosch | 91 +0.15 30.08 | |
| 9. PSV 9 | PSV | NED | 2:36.41 | +0.71 |
| Nanda van Heteren | 89 +0.71 38.16 | Larissa Jansen | 95 +0.47 33.42 | |
| Marlies Jehoel-van As | 85 +0.52 41.86 | Janine Wilbers | 84 +0.93 42.97 | |
| 10. Montferland 1 | Montferland | NED | 2:38.70 | +0.72 |
| Noa Esman | 00 +0.72 41.20 | Maud Tempel | 04 +0.67 35.76 | |
| Esther van Maastrigt | 88 0.00 39.51 | Wilma Lammers-Wigman | 64 +0.59 42.23 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 28, Dames, 4 x 50m wisselslag, 120+

| rang | vereniging | | | | tijd | RT | PARA | |
|------|--|-----------|-------|-------|----------------------|-------|-------|-------|
| 11. | De Rog 4 | De Rog | | NED | 2:53.47 | +0.74 | | |
| | Ageeth Westenbrink | 67 | +0.74 | 53.28 | Iris Le Clercq | 04 | +0.49 | 32.85 |
| | Karin Vermeer | 83 | +0.56 | 52.49 | Kim Hamakers | 98 | +0.36 | 34.85 |
| 12. | H2Oldambt 1 | H2Oldambt | | NED | 3:01.15 | +0.76 | | |
| | Mylène Wildeboer-Kok | 96 | +0.76 | 44.41 | Kim Visser | 87 | +0.34 | 39.87 |
| | Sylvia Hidding | 96 | +0.37 | 54.57 | Jenny Westervaarder | 62 | +0.30 | 42.30 |
| DIS | VZV Njord 3 | VZV Njord | | NED | | +0.65 | | |
| | <i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam., 4de zwemmer Horloge</i> | | | | | | | |
| | Annelieke Verriet | 03 | +0.65 | 45.00 | Inge Hertogh | 01 | +0.65 | 37.51 |
| | Renee de Kok-Meeusen | 84 | +0.21 | 41.62 | Karin Sagonas-Koolen | 70 | +0.59 | |

160+, Dames

| | | | | | | | | |
|-------|------------------------------|----------------------------|-------|-------|-------------------------|-------|-------|-------|
| 1. | ZPC AMERSFOORT 4 | ZPC AMERSFOORT | | NED | 2:20.97 | +0.58 | | |
| | Lotte Eising | 95 | +0.58 | 36.94 | Jisca Majolée | 94 | +0.26 | 32.86 |
| | Monica Komdewal | 77 | +0.25 | 41.60 | Lidia v. Bon-Rosenbrand | 70 | +0.14 | 29.57 |
| 2. | Hieronymus 1 | Hieronymus | | NED | 2:28.69 | +0.75 | | |
| | Marjolein Klunne | 71 | +0.75 | 40.33 | Christel Brugmans | 00 | +0.38 | 30.25 |
| | Hilly Brugmans | 70 | +0.97 | 44.65 | Amanda Westveer | 91 | +0.37 | 33.46 |
| 3. | ESCA Zwemmen 5 | ESCA Zwemmen | | NED | 2:32.33 | +0.58 | | |
| | Moniek van Langevelde | 98 | +0.58 | 34.22 | Daniëque de Vegt | 98 | +0.49 | 34.44 |
| | Yoka de Vegt-van Dijk | 62 | +0.58 | 43.03 | Marion Kolkman-Pluim | 60 | +0.73 | 40.64 |
| AFGEM | Feijenoord Albion Zwemclub 1 | Feijenoord Albion Zwemclub | | NED | | | | |

200+, Dames

| | | | | | | | | |
|----|-----------------------------|----------------------|-------|---------|------------------------------|-------|-------|-------|
| 1. | De Biesboschzwemmers 5 | De Biesboschzwemmers | | NED | 2:20.68 | +0.76 | | |
| | Johanna van Wijnen | 72 | +0.76 | 36.98 | Anne-Marie Verschoor-Vos | 81 | +0.38 | 33.77 |
| | Marjo Goelma-Koek | 69 | +0.31 | 36.94 | Annette Wijinja-Visser | 67 | +0.35 | 32.99 |
| 2. | GZC DONK 1 | GZC DONK | | NED | 2:49.84 | +0.82 | | |
| | Nathasja Konijn | 71 | +0.82 | 47.58 | Petra Tossings-van de Hooven | 61 | +0.67 | 39.61 |
| | Lia Bijkerk | 60 | +0.28 | 49.22 | Jessica Venema | 79 | +0.64 | 33.43 |
| 3. | De Duinkickers 2 | De Duinkickers | | NED | 2:53.11 | +0.71 | | |
| | Christine Buist | 64 | +0.71 | 43.09 | Inge Roskam | 78 | +0.58 | 36.74 |
| | Annet Verhoeven - Steggerda | 46 | | 58.41 | Saskia op den Velde | 79 | +0.33 | 34.87 |
| 4. | LinK 1 | LinK | | NED | 2:59.89 | +0.92 | | |
| | Elise Kenworthy | 71 | +0.92 | 42.63 | Ilonka van der Meer | 76 | +0.73 | 44.83 |
| | Annette Spies | 70 | +0.57 | 52.44 | José Bodde | 69 | +0.02 | 39.99 |
| 5. | De Geul 2 | De Geul | | NED | 3:10.53 | +0.85 | | |
| | Geerdien Meerwaldt | 52 | +0.85 | 1:01.93 | Eline Molle | 94 | +0.50 | 37.98 |
| | Marian Nederlof | 76 | +0.51 | 46.66 | Erica Muller | 64 | +0.86 | 43.96 |

240+, Dames

| | | | | | | | | |
|----|---------------------|-----------|-------|-------|-----------------------|-------|-------|-------|
| 1. | PSV 4 | PSV | | NED | 2:39.60 | +0.77 | | |
| | Carla Geurts | 71 | +0.77 | 35.56 | Carla Hensen | 53 | +0.78 | 49.93 |
| | Gudule van der Meer | 72 | +0.47 | 41.12 | Esther van Lohuizen | 59 | +0.22 | 32.99 |
| 2. | SWOL 1894 8 | SWOL 1894 | | NED | 3:01.62 | +0.88 | | |
| | Jessica van Velzen | 76 | +0.88 | 49.30 | Annet Kootstra | 71 | +0.74 | 47.09 |
| | Bea Swijnenberg | 49 | | 50.70 | Christine Nieuwenhuis | 51 | +0.45 | 34.53 |

280+, Dames

| | | | | | | | | |
|----|----------------------------------|-----|-------|---------|--------------------|-------|-------|---------|
| 1. | PSV 1 | PSV | | NED | 2:58.46 | +0.83 | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | Katrin Pennings | 64 | +0.83 | 43.98 | Jeanne Petit | 70 | +0.60 | 32.99 |
| | Corrie Verhoeven | 46 | +0.27 | 50.78 | Lottie Geurts | 35 | +0.90 | 50.71 |
| 2. | PSV 8 | PSV | | NED | 4:39.84 * | +0.79 | | |
| | Lies Hartman | 56 | +0.79 | 1:07.00 | Gonnie Bak | 51 | +0.61 | 1:01.66 |
| | Anje Manuputy | 57 | | 57.09 | Marianne Maandonks | 26 | | 1:34.09 |

Programmanr. 28, 4 x 50m wisselslag

80+, Gemengd

| | | | | | |
|-----|--|-------------------------|---------------------|----------------|-------|
| 1. | Zwemlust- den Hommel 1 | Zwemlust- den Hommel | NED | 2:02.11 | +0.70 |
| | Louis Kappler | 02 +0.70 29.33 | Sophie Stekelenburg | 04 +0.23 30.83 | |
| | Manon Kloosterman | 97 +0.39 36.45 | Fayssal Lanterna | 01 +0.25 25.50 | |
| 2. | ZVL-1886 Center 1 | ZVL-1886 Center | NED | 2:03.33 | +0.60 |
| | Robin van Beek | 97 +0.60 30.14 | Silke Molendijk | 01 +0.44 29.51 | |
| | Lonneke Graansma | 99 +0.45 36.72 | Robin van Peenen | 02 +0.51 26.96 | |
| 3. | ZPCH 2 | ZPCH | NED | 2:05.65 | +0.78 |
| | Cerisa van Kesteren | 01 +0.78 36.39 | Kim Zwinkels | 03 +0.53 30.55 | |
| | Thomas Vastenhout | 02 +0.51 31.36 | Lucas Muntinga | 03 +0.22 27.35 | |
| 4. | Westland Swimming Stars 1 | Westland Swimming Stars | NED | 2:14.90 | +0.76 |
| | Anouk van der Lans | 98 +0.76 37.51 | Nick Boekestijn | 99 +0.45 30.11 | |
| | Patrick Wyrdeeman | 97 +0.51 37.06 | Kim de Jong | 04 +0.33 30.22 | |
| DIS | Het Ravijn 1 | Het Ravijn | NED | | +0.64 |
| | <i>EA - Te vroeg overgenomen., 4de zwemmer</i> | | | | |
| | Noa Boerma | 02 +0.64 41.18 | Ilse Valk | 00 +0.31 33.28 | |
| | Lanco Manaf | 04 +0.11 37.09 | Marijn Heetkamp | 99 -0.11 | |

100+, Gemengd

| | | | | | |
|-----|-------------------------------|-----------------------------|------------------------|------------------|-------|
| 1. | De Columbiaan 1 | De Columbiaan | NED | 1:56.71 | +0.59 |
| | Julia Notenboom | 03 +0.59 31.82 | Bert Duivenvoorde | 97 +0.35 25.54 | |
| | Dave van den Nieuwendijk | 01 +0.42 31.94 | Miranda Nijenhuis | 92 +0.23 27.41 | |
| 2. | Blue Marlins 1 | Blue Marlins | NED | 1:59.87 | +0.64 |
| | Babette van der Kaaij | 99 +0.64 32.21 | Maac Hoogendam | 90 +0.13 28.77 | |
| | Stefan Petersen | 94 +0.17 30.76 | Alisha Vieira | 99 +0.44 28.13 | |
| 3. | Niemo Barracuda 1 | Niemo Barracuda | NED | 2:00.40 | +0.68 |
| | Robin Pienaar | 01 +0.68 33.97 | Jeroen Baars | 92 +0.35 25.49 | |
| | Thomas Hesper | 00 +0.29 32.98 | Amber Hesper | 02 +0.38 27.96 | |
| 4. | VZC 2 | VZC | NED | 2:02.62 | +0.69 |
| | Olaf Achterberg | 90 +0.69 30.77 | Jelle Nap | 95 +0.37 27.90 | |
| | Lisanne Seising | 00 +0.41 36.23 | Tess Panjer | 04 +0.16 27.72 | |
| 5. | ACZ 3 | ACZ | NED | 2:04.94 | +0.60 |
| | Carmen Lems | 04 +0.60 33.37 | Roos van Esch | 82 +0.37 32.91 | |
| | Kevin Kingma | 97 +0.41 32.58 | Robin Schols | 04 +0.28 26.08 | |
| 6. | Nederweert 1 | Nederweert | NED | 2:05.54 | +0.56 |
| | Femke de Wit | 01 +0.56 33.93 | Stefan de Leeuw | 95 +0.47 30.12 | |
| | Koen van der Wallen | 94 +0.37 33.50 | Dyonne Klomp | 04 +0.36 27.99 | |
| 7. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | NED | 2:05.62 | +0.75 |
| | Kirsten Walraven | 00 +0.75 33.71 | Kalle van Gemert | 98 +0.38 26.27 | |
| | Eva van Elsen | 99 +0.40 37.37 | Tom van Gils | 95 +0.22 28.27 | |
| 8. | De Gelenberg 1 | De Gelenberg | NED | 2:11.11 | +0.68 |
| | Kim van Dongen | 04 +0.68 32.51 | Jochem Janssen | 00 +0.31 29.61 | |
| | Roel van der Kruijs | 85 +0.23 35.86 | Lisa Brouwer | 03 +0.04 33.13 | |
| 9. | ZV Hoogland 2 | Zwemvereniging Hoogland | NED | 2:13.26 | +0.76 |
| | Marloes Manni | 90 +0.76 35.64 | Kevin Roest | 00 +0.42 27.45 | |
| | Karlo Kok | 91 +0.37 37.94 | Yvette Meijer | 97 +0.76 32.23 | |
| 10. | ZPC Woerden 1 | ZPC Woerden | NED | 2:14.16 * | +0.77 |
| | Ilse van den Wijngaard | 89 +0.77 36.72 | Milan de Roo | 01 +0.31 28.25 | |
| | Daphne Dols | 99 +0.30 39.80 | Remco Visser | 95 +0.13 29.39 | |
| 11. | Patrick-De Roersoppers (SG) 2 | Patrick-De Roersoppers (SG) | NED | 2:16.02 | +0.58 |
| | Mike Jansen | 02 +0.58 32.30 | Daan Wijnands | 02 +0.36 29.10 | |
| | Pascal Janssen | 73 +0.40 42.42 | Senna Bongartz | 03 +0.19 32.20 | |
| 12. | SWOL 1894 5 | SWOL 1894 | NED | 2:16.57 | +0.69 |
| | Hugo Herbers | 95 +0.69 36.33 | Huub Scholing | 93 +0.46 29.41 | |
| | Beau Rijpers | 94 +0.20 41.10 | Lieke van Essen | 95 +0.24 29.73 | |
| 13. | De Rijn 1 | De Rijn | NED | 2:17.04 | +0.68 |
| | Jeroen Louwinger | 99 +0.68 33.60 | Vivian Gravemaker | 04 +0.64 31.08 | |
| | Nienke Lammers | 02 +0.46 40.85 | Rick van Nieuwenhuizen | 90 +0.19 31.51 | |

Programmanr. 28, 4 x 50m wisselslag

120+, Gemengd

| | | | | |
|--|-------------------------|-----------------------------|----------------|-------|
| 1. ZV Hoogland 1 | Zwemvereniging Hoogland | NED | 2:00.55 | +0.52 |
| Anne-Irene Ducheine | 95 +0.52 33.33 | Bas Dries | 95 +0.34 26.06 | |
| Yuri van Omme | 85 +0.20 32.61 | Jamilla van Omme - van Veen | 96 +0.31 28.55 | |
| 2. Aqua-Novio '94 1 | Aqua-Novio '94 | NED | 2:06.80 | +0.64 |
| Joey Papaioannou | 98 +0.64 30.08 | Steven Uijl | 93 +0.46 28.70 | |
| Guusje van Lent | 02 +0.55 36.29 | Petra Guijt | 76 +0.24 31.73 | |
| 3. De Geul 1 | De Geul | NED | 2:07.99 | +0.75 |
| Esmee Wijnmaalen | 01 +0.75 36.06 | Heijmen van Vliet | 80 +0.58 30.22 | |
| Ivan van Omme | 82 +0.33 33.61 | Marcha Admiraal | 93 +0.62 28.10 | |
| 4. Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | 2:09.33 | +0.69 |
| Stéphanie Schoemans | 00 +0.69 33.56 | Joshua Da Silva Ferra | 94 +0.18 29.85 | |
| Coralie Schoemans | 02 +0.21 37.14 | Martin Mikolas | 79 +0.29 28.78 | |
| 5. Scheldestroom 1 | Scheldestroom | NED | 2:13.66 | +0.76 |
| Bianca Hertogh - Buijsse | 74 +0.76 40.66 | Roderick van Doeselaar | 92 +0.48 28.86 | |
| Maarten van der Zwan | 75 +0.29 33.26 | Romy van der Zwan | 04 +0.57 30.88 | |
| 6. Steenwijk 1934 2 | Steenwijk 1934 | NED | 2:14.74 | +0.70 |
| Robert Braad | 86 +0.70 31.61 | Rick Driezen | 86 +0.44 28.53 | |
| Ageeth de Haan | 99 +0.54 42.08 | Getrude Corporaal | 92 +0.42 32.52 | |
| 7. De Amstel 1 | De Amstel | NED | 2:14.95 | +0.79 |
| Iris Bastiaansen | 99 +0.79 36.73 | Nick Sijmons | 95 +0.26 26.54 | |
| Henri Michels | 65 +0.40 40.62 | Iris van der Moolen | 99 +0.29 31.06 | |
| 8. SBC2000 1 | SBC2000 | NED | 2:15.84 | +0.79 |
| Christiaan Bouwmeester | 76 +0.79 35.41 | Odette Holster | 99 +0.57 32.92 | |
| Nick Bongers | 98 +0.30 33.17 | Marit van Tilburg | 97 +0.17 34.34 | |
| 9. Zwemlust- den Hommel 2 | Zwemlust- den Hommel | NED | 2:18.08 | +0.79 |
| Danique van den Bosch | 98 +0.79 38.84 | Delano van den Bosch | 02 +0.52 31.18 | |
| Mark Zwart | 79 +0.31 34.48 | Liesbeth van Mill | 87 +0.23 33.58 | |
| 10. Sassenheim 4 | Sassenheim | NED | 2:24.94 | +0.83 |
| Rianne Hoffland | 88 +0.83 37.52 | Marianne de Bruin | 84 +0.49 38.43 | |
| Arjan Buijsse | 79 +0.41 39.77 | Wesley van der Luit | 97 +0.52 29.22 | |

160+, Gemengd

| | | | | |
|--|------------------|-----------------------|----------------|-------|
| 1. ZPC AMERSFOORT 2 | ZPC AMERSFOORT | NED | 2:05.85 | +0.61 |
| Lesley Cordial | 67 +0.61 36.87 | Erwin Buist | 78 +0.20 28.87 | |
| Jelle Opmeer | 01 31.33 | Marjke Jansen | 85 +0.03 28.78 | |
| 2. Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | 2:11.90 | +0.66 |
| Valérie Rolland | 71 +0.66 37.83 | Olivier Bresoux | 69 +0.35 32.04 | |
| Mikel Mugarza Pascual | 99 +0.28 31.83 | Nathalie Blondeel | 77 +0.36 30.20 | |
| 3. De Duck 3 | De Duck | NED | 2:16.22 | +0.77 |
| Geraldine Trainor | 75 +0.77 38.69 | Jesper Oranje | 92 +0.52 25.42 | |
| Rachel Trainor | 77 +0.44 41.96 | Erik Saan | 65 +0.66 30.15 | |
| 4. ZVVS 1 | ZVVS | NED | 2:17.90 | +0.85 |
| Nadya Putter | 83 +0.85 38.69 | Bram Piederiet | 90 +0.28 30.08 | |
| Karin Stein | 71 +0.24 41.60 | Bas van den Nouwelant | 80 +0.43 27.53 | |
| 5. HZ&PC Heerenveen 3 | HZ&PC Heerenveen | NED | 2:22.99 | +0.72 |
| Peggi Hurenkamp | 69 +0.72 42.65 | Romy Jalving | 00 +0.38 34.72 | |
| Jan-Eggo Huininga | 84 +0.23 36.17 | Marten de Groot | 58 +0.12 29.45 | |
| 6. ZVL-1886 Center 3 | ZVL-1886 Center | NED | 2:23.87 | +0.58 |
| Adela Vázquez Garcia | 93 +0.58 36.36 | Margien Timmer | 95 +0.54 36.27 | |
| Emiel Volker | 76 +0.35 40.26 | Martin Berkhout | 71 +0.43 30.98 | |
| 7. De Duinkickers 1 | De Duinkickers | NED | 2:25.27 | +0.76 |
| Esther Poortvliet - Koedam | 80 +0.76 37.49 | Mathieu Rikken | 67 +0.37 34.12 | |
| Robert de Brauwer | 64 +0.52 42.87 | Merel Visser | 99 +0.51 30.79 | |
| 8. DWK 1 | DWK | NED | 2:28.48 | +0.83 |
| Jennie Resink-lindeboom | 60 +0.83 46.04 | Lars Jacobsen | 97 +0.32 30.91 | |
| Martijn de Jong | 71 +0.48 38.36 | Iris van Aurich | 69 +0.48 33.17 | |
| 9. AZC 3 | AZC | NED | 2:28.70 | +0.77 |
| Monique van Huizen | 87 +0.77 39.22 | Jessica Braat | 02 +0.67 33.14 | |
| Peter Bootsma | 69 +0.50 44.50 | Michael Go | 75 +0.49 31.84 | |
| 10. San Giljan ASC 1 | San Giljan ASC | MLT | 2:34.06 | +0.69 |
| <i>Maltese Masters Record</i> | | | | |
| Jonathan Gatt Colerio | 81 +0.69 37.49 | Mark Sponneck | 76 +0.44 31.71 | |
| Petra Ellul Mercer | 73 +0.25 51.22 | Michela Scicluna | 95 +0.22 33.64 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 28, Gemengd, 4 x 50m wisselslag, 160+

| rang | vereniging | tijd | RT | PARA |
|------|------------------------------|----------------|-------|------|
| 11. | ESCA Zwemmen 4 | 2:39.72 | +0.76 | |
| | Karin van der Star-Verhoeven | 92 +0.63 | 45.48 | |
| | Wridzer Bakker | 80 +0.46 | 33.21 | |

200+, Gemengd

| | | | | | |
|----|---------------------------|-------------------------|-------|------------------|-------|
| 1. | Westland Swimming Stars 2 | Westland Swimming Stars | NED | 2:21.56 | +0.84 |
| | Mark Nuijten | 60 +0.84 | 38.65 | 75 +0.48 | 33.38 |
| | Pieter Broek | 77 +0.32 | 36.81 | 63 +0.33 | 32.72 |
| 2. | Old Dutch 2 | Old Dutch | NED | 2:28.76 | +0.68 |
| | Hans Vloedgraven | 64 +0.68 | 38.32 | 79 +0.42 | 35.13 |
| | Adriaan Kop | 61 +0.36 | 44.90 | 79 +0.57 | 30.41 |
| 3. | De Rog 2 | De Rog | NED | 2:30.05 | +0.75 |
| | Wijnand Vergeest | 68 +0.75 | 41.04 | 77 +0.52 | 39.20 |
| | Arjan Verheij | 71 +0.36 | 35.47 | 68 +0.76 | 34.34 |
| 4. | WVZ 5 | WVZ | NED | 2:35.87 | +0.94 |
| | Anita Steijger | 65 +0.94 | 44.03 | 83 +0.57 | 41.77 |
| | Arthur van Strien | 63 +0.44 | 38.76 | 68 +0.41 | 31.31 |
| 5. | AZC 2 | AZC | NED | 2:42.07 | +0.71 |
| | Wim de Lange | 58 +0.71 | 42.20 | 83 +0.46 | 36.68 |
| | Mariska Kroon-Zaal | 88 +0.58 | 42.73 | 42 +0.60 | 40.46 |
| 6. | WS Twente 1 | WS Twente | NED | 2:46.62 | +0.60 |
| | Hanneke Heymen | 84 +0.60 | 38.00 | 60 +0.33 | 40.72 |
| | Ima van der Molen | 69 +0.49 | 49.82 | 61 +0.36 | 38.08 |
| 7. | De Rog 3 | De Rog | NED | 2:50.81 * | +0.90 |
| | Sjoerd Van de Berg | 54 +0.90 | 50.46 | 78 +0.64 | 44.76 |
| | Regine Beckers-Stribos | 70 +0.18 | 42.05 | 64 +0.53 | 33.54 |
| 8. | PSV 10 | PSV | NED | 2:52.71 | +0.83 |
| | Mark Godwaldt | 87 +0.83 | 36.66 | 84 +0.32 | 34.09 |
| | Judith Sijbers | 73 | 52.93 | 52 | 49.03 |
| 9. | Steenwijk 1934 1 | Steenwijk 1934 | NED | 2:53.43 | +0.80 |
| | Wilna Heijman | 64 +0.80 | 46.06 | 71 +0.71 | 36.08 |
| | Maarten Koolman | 68 +0.79 | 48.56 | 73 +0.63 | 42.73 |

DIS Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL
EA - Te vroeg overgenomen., 2de zwemmer +0.80

| | | | | |
|---------------|----------|-------|----------------|----|
| Chiho Shoji | 70 +0.80 | 38.16 | Claire Anthony | 57 |
| Nicolas Gheis | 84 -0.04 | | Hugues Herman | 66 |

DIS Sassenheim 5 Sassenheim NED +0.65
EA - Te vroeg overgenomen., 2de zwemmer

| | | | | |
|-----------------|----------|-------|----------------------------------|----|
| Marinka vd Zwet | 65 +0.65 | 39.49 | Frank van Nobelen | 69 |
| Bogdan Androne | 77 -0.04 | | Yvonne van Nobelen - Kampschreur | 72 |

240+, Gemengd

| | | | | | |
|----|---|----------|-------|----------------|-------|
| 1. | TriVia 2 | TriVia | NED | 2:36.94 | +0.80 |
| | Margriet Pasma | 55 +0.80 | 47.04 | 72 +0.50 | 33.71 |
| | Theo Bakker | 64 +0.63 | 38.26 | 59 +0.24 | 37.93 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | 2:54.37 | +0.81 |
| | Bruno Nahon | 70 +0.81 | 38.63 | 52 +0.52 | 56.32 |
| | Christian Schoenaers | 59 +0.64 | 41.62 | 71 +0.74 | 37.80 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



6 - ONMK 2024 lb Sessie 6

05-05-2024 - 9:30

Programmanr. 29
05-05-2024 - 9:30

Heren, 800m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | RT | PARA | | | |
|--------------------|---------------------|-----------------------------|-----------------|-------|---------------|-------|----------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Guus Hoogduin | ZVL-1886 Center | 9:22.09 | +0.71 | | | | |
| | 50m: 30.68 | 30.68 | 250m: 2:49.73 | 35.31 | 450m: 5:12.92 | 35.76 | 650m: 7:37.02 | 35.76 |
| | 100m: 1:04.82 | 34.14 | 300m: 3:25.10 | 35.37 | 500m: 5:48.89 | 35.97 | 700m: 8:13.02 | 36.00 |
| | 150m: 1:39.55 | 34.73 | 350m: 4:01.36 | 36.26 | 550m: 6:25.12 | 36.23 | 750m: 8:48.45 | 35.43 |
| | 200m: 2:14.42 | 34.87 | 400m: 4:37.16 | 35.80 | 600m: 7:01.26 | 36.14 | 800m: 9:22.09 | 33.64 |
| 2. | Tom Balsen Versteeg | De Warande | 9:23.05 | +0.59 | | | | |
| | 50m: 30.23 | 30.23 | 250m: 2:52.06 | 36.23 | 450m: 5:17.62 | 36.21 | 650m: 7:41.82 | 35.67 |
| | 100m: 1:04.61 | 34.38 | 300m: 3:28.26 | 36.20 | 500m: 5:53.67 | 36.05 | 700m: 8:16.76 | 34.94 |
| | 150m: 1:40.00 | 35.39 | 350m: 4:04.79 | 36.53 | 550m: 6:29.89 | 36.22 | 750m: 8:51.39 | 34.63 |
| | 200m: 2:15.83 | 35.83 | 400m: 4:41.41 | 36.62 | 600m: 7:06.15 | 36.26 | 800m: 9:23.05 | 31.66 |
| 3. | Nathan Janssen | De Geul | 9:25.87 | +0.66 | | | | |
| | 50m: 30.42 | 30.42 | 250m: 2:50.58 | 35.35 | 450m: 5:14.16 | 35.99 | 650m: 7:39.48 | 36.21 |
| | 100m: 1:04.98 | 34.56 | 300m: 3:26.20 | 35.62 | 500m: 5:50.75 | 36.59 | 700m: 8:15.81 | 36.33 |
| | 150m: 1:39.91 | 34.93 | 350m: 4:02.05 | 35.85 | 550m: 6:26.73 | 35.98 | 750m: 8:51.19 | 35.38 |
| | 200m: 2:15.23 | 35.32 | 400m: 4:38.17 | 36.12 | 600m: 7:03.27 | 36.54 | 800m: 9:25.87 | 34.68 |
| 4. | Tenzin Tieman | Old Dutch | 9:50.09 | +0.80 | | | | |
| | 50m: 30.56 | 30.56 | 250m: 2:51.75 | 36.68 | 450m: 5:22.70 | 37.81 | 650m: 7:55.78 | 38.14 |
| | 100m: 1:03.79 | 33.23 | 300m: 3:29.52 | 37.77 | 500m: 6:00.96 | 38.26 | 700m: 8:34.44 | 38.66 |
| | 150m: 1:38.95 | 35.16 | 350m: 4:07.02 | 37.50 | 550m: 6:38.92 | 37.96 | 750m: 9:12.46 | 38.02 |
| | 200m: 2:15.07 | 36.12 | 400m: 4:44.89 | 37.87 | 600m: 7:17.64 | 38.72 | 800m: 9:50.09 | 37.63 |
| 5. | Owen Michels | De Amstel | 10:16.57 | +0.67 | | | | |
| | 50m: 30.76 | 30.76 | 250m: 2:58.42 | 38.17 | 450m: 5:36.16 | 40.01 | 650m: 8:18.95 | 40.89 |
| | 100m: 1:05.88 | 35.12 | 300m: 3:37.58 | 39.16 | 500m: 6:16.76 | 40.60 | 700m: 8:57.98 | 39.03 |
| | 150m: 1:42.68 | 36.80 | 350m: 4:16.68 | 39.10 | 550m: 6:57.28 | 40.52 | 750m: 9:37.52 | 39.54 |
| | 200m: 2:20.25 | 37.57 | 400m: 4:56.15 | 39.47 | 600m: 7:38.06 | 40.78 | 800m: 10:16.57 | 39.05 |
| 6. | Pascal Knein | SG Erkelenz - Hückelhoven | 10:22.37 | +0.79 | | | | |
| | 50m: 32.87 | 32.87 | 250m: 3:06.28 | 39.84 | 450m: 5:47.58 | 40.89 | 650m: 8:26.86 | 39.67 |
| | 100m: 1:08.91 | 36.04 | 300m: 3:46.17 | 39.89 | 500m: 6:27.60 | 40.02 | 700m: 9:06.08 | 39.22 |
| | 150m: 1:47.42 | 38.51 | 350m: 4:26.64 | 40.47 | 550m: 7:07.98 | 40.38 | 750m: 9:45.35 | 39.27 |
| | 200m: 2:26.44 | 39.02 | 400m: 5:06.69 | 40.05 | 600m: 7:47.19 | 39.21 | 800m: 10:22.37 | 37.02 |
| Masters 25+ | | | | | | | | |
| 1. | Jeffrey Camphens | Team Noord Holland (SG) | 9:41.10 | +0.69 | | | | |
| | 50m: 33.10 | 33.10 | 250m: 2:59.32 | 37.07 | 450m: 5:26.45 | 37.26 | 650m: 7:53.99 | 36.63 |
| | 100m: 1:09.05 | 35.95 | 300m: 3:35.57 | 36.25 | 500m: 6:03.28 | 36.83 | 700m: 8:30.43 | 36.44 |
| | 150m: 1:45.79 | 36.74 | 350m: 4:12.51 | 36.94 | 550m: 6:40.59 | 37.31 | 750m: 9:06.57 | 36.14 |
| | 200m: 2:22.25 | 36.46 | 400m: 4:49.19 | 36.68 | 600m: 7:17.36 | 36.77 | 800m: 9:41.10 | 34.53 |
| 2. | Jelle Blankestijn | ZPC AMERSFOORT | 9:41.55 | +0.74 | | | | |
| | 50m: 30.98 | 30.98 | 250m: 2:55.06 | 36.61 | 450m: 5:22.92 | 37.37 | 650m: 7:52.65 | 37.50 |
| | 100m: 1:05.82 | 34.84 | 300m: 3:31.67 | 36.61 | 500m: 6:00.19 | 37.27 | 700m: 8:29.87 | 37.22 |
| | 150m: 1:42.10 | 36.28 | 350m: 4:08.66 | 36.99 | 550m: 6:38.01 | 37.82 | 750m: 9:07.26 | 37.39 |
| | 200m: 2:18.45 | 36.35 | 400m: 4:45.55 | 36.89 | 600m: 7:15.15 | 37.14 | 800m: 9:41.55 | 34.29 |
| 3. | Jordy van Oel | WVZ | 9:52.80 | +0.73 | | | | |
| | 50m: 31.71 | 31.71 | 250m: 2:58.50 | 37.05 | 450m: 5:26.63 | 37.06 | 650m: 7:57.77 | 37.78 |
| | 100m: 1:07.05 | 35.34 | 300m: 3:35.50 | 37.00 | 500m: 6:04.29 | 37.66 | 700m: 8:36.04 | 38.27 |
| | 150m: 1:44.15 | 37.10 | 350m: 4:12.31 | 36.81 | 550m: 6:42.02 | 37.73 | 750m: 9:14.50 | 38.46 |
| | 200m: 2:21.45 | 37.30 | 400m: 4:49.57 | 37.26 | 600m: 7:19.99 | 37.97 | 800m: 9:52.80 | 38.30 |
| 4. | Lars Jacobsen | DWK | 10:06.31 | +0.80 | 782 | | | |
| | 50m: 31.42 | 31.42 | 250m: 3:03.64 | 38.57 | 450m: 5:38.89 | 38.85 | 650m: 8:15.95 | 39.31 |
| | 100m: 1:07.35 | 35.93 | 300m: 3:42.73 | 39.09 | 500m: 6:17.86 | 38.97 | 700m: 8:55.05 | 39.10 |
| | 150m: 1:45.55 | 38.20 | 350m: 4:21.00 | 38.27 | 550m: 6:56.85 | 38.99 | 750m: 9:32.37 | 37.32 |
| | 200m: 2:25.07 | 39.52 | 400m: 5:00.04 | 39.04 | 600m: 7:36.64 | 39.79 | 800m: 10:06.31 | 33.94 |
| 5. | Koen Wijnands | Patrick-De Roersoppers (SG) | 10:27.09 | +0.68 | | | | |
| | 50m: 33.77 | 33.77 | 250m: 3:07.65 | 39.53 | 450m: 5:48.01 | 40.16 | 650m: 8:29.57 | 39.67 |
| | 100m: 1:10.67 | 36.90 | 300m: 3:47.10 | 39.45 | 500m: 6:28.09 | 40.08 | 700m: 9:10.09 | 40.52 |
| | 150m: 1:49.49 | 38.82 | 350m: 4:27.64 | 40.54 | 550m: 7:09.39 | 41.30 | 750m: 9:49.19 | 39.10 |
| | 200m: 2:28.12 | 38.63 | 400m: 5:07.85 | 40.21 | 600m: 7:49.90 | 40.51 | 800m: 10:27.09 | 37.90 |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag, Masters 25+

| rang | naam | vereniging | | NED | | 199805775 | tijd | | RT | PARA |
|------|--------------------------|-------------------------|---------------|-------|---------------|-----------|-----------------|-----------------|-------|------|
| 6. | Erik Baalbergen *200m | ZVL-1886 Center | | NED | | 199805775 | 10:29.19 | | +0.85 | |
| | 50m: 32.83 | 32.83 | 250m: 3:08.52 | 40.47 | 450m: 5:49.84 | 40.72 | 650m: 8:31.18 | 40.62 | | |
| | 100m: 1:10.25 | 37.42 | 300m: 3:48.37 | 39.85 | 500m: 6:30.18 | 40.34 | 700m: 9:11.45 | 40.27 | | |
| | 150m: 1:49.13 | 38.88 | 350m: 4:28.80 | 40.43 | 550m: 7:10.72 | 40.54 | 750m: 9:51.89 | 40.44 | | |
| | 200m: 2:28.05 | 38.92 | 400m: 5:09.12 | 40.32 | 600m: 7:50.56 | 39.84 | 800m: 10:29.19 | 37.30 | | |
| 7. | Colin Degenars | ZPCH | | NED | | 199505951 | S14 | 10:30.10 | +0.81 | 697 |
| | 50m: 32.67 | 32.67 | 250m: 3:08.90 | 39.85 | 450m: 5:49.28 | 40.18 | 650m: 8:33.07 | 41.26 | | |
| | 100m: 1:10.60 | 37.93 | 300m: 3:49.01 | 40.11 | 500m: 6:30.62 | 41.34 | 700m: 9:13.37 | 40.30 | | |
| | 150m: 1:49.74 | 39.14 | 350m: 4:28.92 | 39.91 | 550m: 7:11.34 | 40.72 | 750m: 9:53.03 | 39.66 | | |
| | 200m: 2:29.05 | 39.31 | 400m: 5:09.10 | 40.18 | 600m: 7:51.81 | 40.47 | 800m: 10:30.10 | 37.07 | | |
| 8. | Patrick Wyrdean | Westland Swimming Stars | | NED | | 199702475 | | 10:33.22 | +0.73 | |
| | 50m: 34.92 | 34.92 | 250m: 3:14.36 | 40.34 | 450m: 5:56.36 | 39.89 | 650m: 8:35.65 | 39.41 | | |
| | 100m: 1:14.04 | 39.12 | 300m: 3:55.44 | 41.08 | 500m: 6:36.24 | 39.88 | 700m: 9:15.65 | 40.00 | | |
| | 150m: 1:53.53 | 39.49 | 350m: 4:35.92 | 40.48 | 550m: 7:16.00 | 39.76 | 750m: 9:55.08 | 39.43 | | |
| | 200m: 2:34.02 | 40.49 | 400m: 5:16.47 | 40.55 | 600m: 7:56.24 | 40.24 | 800m: 10:33.22 | 38.14 | | |

Masters 30+

| | | | | | | | | | | |
|----|------------------|-----------------------------|---------------|-------|---------------|-----------|----------------|-----------------|-------|--|
| 1. | Mike Schel | ESCA Zwemmen | | NED | | 199403279 | | 9:32.34 | +0.76 | |
| | 50m: 32.03 | 32.03 | 250m: 2:54.78 | 35.99 | 450m: 5:20.00 | 36.55 | 650m: 7:45.81 | 36.73 | | |
| | 100m: 1:07.22 | 35.19 | 300m: 3:30.91 | 36.13 | 500m: 5:56.28 | 36.28 | 700m: 8:22.17 | 36.36 | | |
| | 150m: 1:43.05 | 35.83 | 350m: 4:07.13 | 36.22 | 550m: 6:32.68 | 36.40 | 750m: 8:58.49 | 36.32 | | |
| | 200m: 2:18.79 | 35.74 | 400m: 4:43.45 | 36.32 | 600m: 7:09.08 | 36.40 | 800m: 9:32.34 | 33.85 | | |
| 2. | Raoni Schrijvers | Tempo | | NED | | 199302669 | | 9:40.82 | +0.61 | |
| | 50m: 30.79 | 30.79 | 250m: 2:55.59 | 37.16 | 450m: 5:25.18 | 37.41 | 650m: 7:54.24 | 36.51 | | |
| | 100m: 1:05.52 | 34.73 | 300m: 3:33.02 | 37.43 | 500m: 6:02.85 | 37.67 | 700m: 8:31.16 | 36.92 | | |
| | 150m: 1:41.48 | 35.96 | 350m: 4:10.32 | 37.30 | 550m: 6:40.32 | 37.47 | 750m: 9:07.17 | 36.01 | | |
| | 200m: 2:18.43 | 36.95 | 400m: 4:47.77 | 37.45 | 600m: 7:17.73 | 37.41 | 800m: 9:40.82 | 33.65 | | |
| 3. | Jean Terver | Club Nautique Val de Fensch | | FRA | | 314113 | | 9:55.56 | +0.85 | |
| | 50m: 32.33 | 32.33 | 250m: 2:59.22 | 37.87 | 450m: 5:32.89 | 38.47 | 650m: 8:05.94 | 38.23 | | |
| | 100m: 1:07.39 | 35.06 | 300m: 3:37.53 | 38.31 | 500m: 6:11.30 | 38.41 | 700m: 8:43.49 | 37.55 | | |
| | 150m: 1:43.89 | 36.50 | 350m: 4:15.94 | 38.41 | 550m: 6:49.32 | 38.02 | 750m: 9:20.91 | 37.42 | | |
| | 200m: 2:21.35 | 37.46 | 400m: 4:54.42 | 38.48 | 600m: 7:27.71 | 38.39 | 800m: 9:55.56 | 34.65 | | |
| 4. | Matteo Viani | Zwemlust- den Hommel | | NED | | 199007717 | | 10:02.88 | +0.83 | |
| | 50m: 32.54 | 32.54 | 250m: 2:58.89 | 37.95 | 450m: 5:32.39 | 38.95 | 650m: 8:08.34 | 39.38 | | |
| | 100m: 1:07.86 | 35.32 | 300m: 3:36.60 | 37.71 | 500m: 6:10.92 | 38.53 | 700m: 8:46.50 | 38.16 | | |
| | 150m: 1:44.28 | 36.42 | 350m: 4:15.54 | 38.94 | 550m: 6:50.64 | 39.72 | 750m: 9:25.13 | 38.63 | | |
| | 200m: 2:20.94 | 36.66 | 400m: 4:53.44 | 37.90 | 600m: 7:28.96 | 38.32 | 800m: 10:02.88 | 37.75 | | |
| 5. | Tim Bunnik | Triton | | NED | | 199000505 | | 10:20.90 | +0.79 | |
| | 50m: 33.52 | 33.52 | 250m: 3:09.65 | 39.93 | 450m: 5:48.21 | 40.40 | 650m: 8:25.83 | 39.47 | | |
| | 100m: 1:10.97 | 37.45 | 300m: 3:48.87 | 39.22 | 500m: 6:28.15 | 39.94 | 700m: 9:04.32 | 38.49 | | |
| | 150m: 1:49.76 | 38.79 | 350m: 4:28.21 | 39.34 | 550m: 7:06.87 | 38.72 | 750m: 9:43.38 | 39.06 | | |
| | 200m: 2:29.72 | 39.96 | 400m: 5:07.81 | 39.60 | 600m: 7:46.36 | 39.49 | 800m: 10:20.90 | 37.52 | | |
| 6. | Niels Bent | WS Twente | | NED | | 199400465 | | 10:39.51 | +0.86 | |
| | 50m: 35.61 | 35.61 | 250m: 3:14.16 | 40.74 | 450m: 5:57.99 | 41.24 | 650m: 8:41.47 | 40.03 | | |
| | 100m: 1:13.90 | 38.29 | 300m: 3:54.87 | 40.71 | 500m: 6:39.09 | 41.10 | 700m: 9:21.63 | 40.16 | | |
| | 150m: 1:53.43 | 39.53 | 350m: 4:35.70 | 40.83 | 550m: 7:20.15 | 41.06 | 750m: 10:00.93 | 39.30 | | |
| | 200m: 2:33.42 | 39.99 | 400m: 5:16.75 | 41.05 | 600m: 8:01.44 | 41.29 | 800m: 10:39.51 | 38.58 | | |
| 7. | Marc Hoogendam | Blue Marlins | | NED | | 199007713 | | 11:25.96 | +0.76 | |
| | 50m: 34.54 | 34.54 | 250m: 3:22.34 | 43.52 | 450m: 6:21.32 | 46.35 | 650m: 9:21.45 | 44.57 | | |
| | 100m: 1:14.09 | 39.55 | 300m: 4:05.43 | 43.09 | 500m: 7:06.62 | 45.30 | 700m: 10:04.72 | 43.27 | | |
| | 150m: 1:56.47 | 42.38 | 350m: 4:50.13 | 44.70 | 550m: 7:52.49 | 45.87 | 750m: 10:47.37 | 42.65 | | |
| | 200m: 2:38.82 | 42.35 | 400m: 5:34.97 | 44.84 | 600m: 8:36.88 | 44.39 | 800m: 11:25.96 | 38.59 | | |

Masters 35+

| | | | | | | | | | | |
|----|-----------------|--------------|---------------|-------|---------------|-----------|----------------|-----------------|-------|-----|
| 1. | Wessel Everloo | WS Twente | | NED | | 198906597 | S14 | 10:04.71 | +0.87 | 788 |
| | 50m: 34.22 | 34.22 | 250m: 3:07.39 | 37.65 | 450m: 5:38.92 | 37.80 | 650m: 8:13.06 | 37.79 | | |
| | 100m: 1:12.35 | 38.13 | 300m: 3:45.36 | 37.97 | 500m: 6:17.11 | 38.19 | 700m: 8:51.86 | 38.80 | | |
| | 150m: 1:50.43 | 38.08 | 350m: 4:23.08 | 37.72 | 550m: 6:55.95 | 38.84 | 750m: 9:30.36 | 38.50 | | |
| | 200m: 2:29.74 | 39.31 | 400m: 5:01.12 | 38.04 | 600m: 7:35.27 | 39.32 | 800m: 10:04.71 | 34.35 | | |
| 2. | Niels Albrechts | De Schotejil | | NED | | 198800039 | | 10:05.77 | +0.77 | |
| | 50m: 33.85 | 33.85 | 250m: 3:05.06 | 38.05 | 450m: 5:39.15 | 38.66 | 650m: 8:13.69 | 38.56 | | |
| | 100m: 1:11.11 | 37.26 | 300m: 3:43.53 | 38.47 | 500m: 6:17.85 | 38.70 | 700m: 8:52.73 | 39.04 | | |
| | 150m: 1:49.00 | 37.89 | 350m: 4:22.00 | 38.47 | 550m: 6:56.27 | 38.42 | 750m: 9:30.83 | 38.10 | | |
| | 200m: 2:27.01 | 38.01 | 400m: 5:00.49 | 38.49 | 600m: 7:35.13 | 38.86 | 800m: 10:05.77 | 34.94 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag, Masters 35+

| rang | naam | vereniging | tijd | RT | PARA |
|------|---------------------|---------------------|---------------------|----------------------|------|
| 3. | Jonathan Vaernewyck | Drie Zes Vijf | 10:56.54 | +0.80 | |
| | 50m: 35.32 35.32 | 250m: 3:14.33 40.93 | 450m: 5:58.91 41.61 | 650m: 8:50.29 43.83 | |
| | 100m: 1:13.45 38.13 | 300m: 3:54.94 40.61 | 500m: 6:40.42 41.51 | 700m: 9:33.66 43.37 | |
| | 150m: 1:53.19 39.74 | 350m: 4:36.16 41.22 | 550m: 7:23.32 42.90 | 750m: 10:16.98 43.32 | |
| | 200m: 2:33.40 40.21 | 400m: 5:17.30 41.14 | 600m: 8:06.46 43.14 | 800m: 10:56.54 39.56 | |

Masters 40+

| | | | | | |
|----|---------------------|---------------------|---------------------|----------------------|--|
| 1. | Frank v.d. Voordt | De Schotejil | 10:05.21 | +0.82 | |
| | 50m: 33.78 33.78 | 250m: 3:05.78 38.70 | 450m: 5:39.32 38.21 | 650m: 8:12.51 38.10 | |
| | 100m: 1:10.69 36.91 | 300m: 3:44.19 38.41 | 500m: 6:17.36 38.04 | 700m: 8:51.21 38.70 | |
| | 150m: 1:48.80 38.11 | 350m: 4:22.66 38.47 | 550m: 6:55.70 38.34 | 750m: 9:29.24 38.03 | |
| | 200m: 2:27.08 38.28 | 400m: 5:01.11 38.45 | 600m: 7:34.41 38.71 | 800m: 10:05.21 35.97 | |
| 2. | Stijn De Pauw | Drie Zes Vijf | 10:36.52 | +0.75 | |
| | 50m: 34.26 34.26 | 250m: 3:12.17 40.87 | 450m: 5:55.31 40.25 | 650m: 8:39.13 40.62 | |
| | 100m: 1:11.63 37.37 | 300m: 3:53.06 40.89 | 500m: 6:36.64 41.33 | 700m: 9:19.97 40.84 | |
| | 150m: 1:50.46 38.83 | 350m: 4:33.72 40.66 | 550m: 7:17.69 41.05 | 750m: 9:59.60 39.63 | |
| | 200m: 2:31.30 40.84 | 400m: 5:15.06 41.34 | 600m: 7:58.51 40.82 | 800m: 10:36.52 36.92 | |
| 3. | Arne-Willem Kroonen | PSV | 12:15.77 | +1.02 | |
| | 50m: 40.30 40.30 | 250m: 3:41.40 45.88 | 450m: 6:49.71 46.99 | 650m: 10:03.21 47.64 | |
| | 100m: 1:24.34 44.04 | 300m: 4:27.94 46.54 | 500m: 7:38.17 48.46 | 700m: 10:49.81 46.60 | |
| | 150m: 2:09.51 45.17 | 350m: 5:15.05 47.11 | 550m: 8:26.66 48.49 | 750m: 11:34.42 44.61 | |
| | 200m: 2:55.52 46.01 | 400m: 6:02.72 47.67 | 600m: 9:15.57 48.91 | 800m: 12:15.77 41.35 | |

Masters 45+

| | | | | | |
|----|--|----------------------------------|---------------------|----------------------|--|
| 1. | Håkon Skaarud Karlsen <i>Norwegian Masters Record</i> | Oslo I.L. | 9:20.46 | +0.67 | |
| | 50m: 32.83 32.83 | 250m: 2:54.59 35.83 | 450m: 5:16.44 35.64 | 650m: 7:38.58 35.64 | |
| | 100m: 1:07.66 34.83 | 300m: 3:29.86 35.27 | 500m: 5:51.81 35.37 | 700m: 8:14.10 35.52 | |
| | 150m: 1:43.27 35.61 | 350m: 4:05.53 35.67 | 550m: 6:27.58 35.77 | 750m: 8:49.70 35.60 | |
| | 200m: 2:18.76 35.49 | 400m: 4:40.80 35.27 | 600m: 7:02.94 35.36 | 800m: 9:20.46 30.76 | |
| 2. | Martijn Butter <i>Nederlands Masters Record</i> | OEZA | 9:38.93 | +0.88 | |
| | 50m: 31.71 31.71 | 250m: 2:54.70 36.25 | 450m: 5:21.08 36.77 | 650m: 7:48.64 36.95 | |
| | 100m: 1:06.56 34.85 | 300m: 3:31.09 36.39 | 500m: 5:57.88 36.80 | 700m: 8:25.99 37.35 | |
| | 150m: 1:42.36 35.80 | 350m: 4:07.65 36.56 | 550m: 6:34.67 36.79 | 750m: 9:03.36 37.37 | |
| | 200m: 2:18.45 36.09 | 400m: 4:44.31 36.66 | 600m: 7:11.69 37.02 | 800m: 9:38.93 35.57 | |
| 3. | Ben Rutten | Flemish Ardennes Swimming TezBEL | 9:56.49 | +1.12 | |
| | 50m: 33.18 33.18 | 250m: 3:01.41 37.78 | 450m: 5:32.19 37.88 | 650m: 8:03.46 37.88 | |
| | 100m: 1:09.41 36.23 | 300m: 3:38.80 37.39 | 500m: 6:10.04 37.85 | 700m: 8:41.44 37.98 | |
| | 150m: 1:46.33 36.92 | 350m: 4:16.41 37.61 | 550m: 6:47.80 37.76 | 750m: 9:19.50 38.06 | |
| | 200m: 2:23.63 37.30 | 400m: 4:54.31 37.90 | 600m: 7:25.58 37.78 | 800m: 9:56.49 36.99 | |
| 4. | Ivo Roozeboom | WVZ | 10:03.94 | +0.80 | |
| | 50m: 32.90 32.90 | 250m: 3:08.32 39.49 | 450m: 5:44.43 38.74 | 650m: 8:17.03 38.12 | |
| | 100m: 1:11.17 38.27 | 300m: 3:47.56 39.24 | 500m: 6:22.52 38.09 | 700m: 8:54.69 37.66 | |
| | 150m: 1:49.86 38.69 | 350m: 4:26.86 39.30 | 550m: 7:00.97 38.45 | 750m: 9:32.14 37.45 | |
| | 200m: 2:28.83 38.97 | 400m: 5:05.69 38.83 | 600m: 7:38.91 37.94 | 800m: 10:03.94 31.80 | |
| 5. | Mark Sponeck <i>Maltese Masters Record</i> | San Giljan ASC | 10:11.17 | +0.74 | |
| | 50m: 35.19 35.19 | 250m: 3:07.70 39.32 | 450m: 5:43.69 39.02 | 650m: 8:19.69 39.08 | |
| | 100m: 1:11.87 36.68 | 300m: 3:46.76 39.06 | 500m: 6:22.67 38.98 | 700m: 8:58.33 38.64 | |
| | 150m: 1:49.89 38.02 | 350m: 4:25.73 38.97 | 550m: 7:01.73 39.06 | 750m: 9:36.22 37.89 | |
| | 200m: 2:28.38 38.49 | 400m: 5:04.67 38.94 | 600m: 7:40.61 38.88 | 800m: 10:11.17 34.95 | |
| 6. | Bas Broekhuis <i>*400m</i> | MZ&PC Maastricht | 10:56.18 | +0.86 | |
| | 50m: 35.90 35.90 | 250m: 3:20.02 41.64 | 450m: 6:07.19 41.84 | 650m: 8:53.90 41.72 | |
| | 100m: 1:16.06 40.16 | 300m: 4:01.64 41.62 | 500m: 6:48.97 41.78 | 700m: 9:35.62 41.72 | |
| | 150m: 1:56.97 40.91 | 350m: 4:43.25 41.61 | 550m: 7:30.41 41.44 | 750m: 10:16.46 40.84 | |
| | 200m: 2:38.38 41.41 | 400m: 5:25.35 42.10 | 600m: 8:12.18 41.77 | 800m: 10:56.18 39.72 | |

Programmanr. 29, Heren, 800m vrije slag

Masters 50+

| | | | | | |
|-------------------------|----------------------|----------------|-----------|-----------------|-------|
| 1. Richard Ricksen | Hellas-Glana | NED | 197000841 | 10:46.49 | +0.91 |
| 50m: 34.72 | 34.72 | 250m: 3:13.73 | 40.45 | 450m: 6:00.05 | 42.27 |
| 100m: 1:12.96 | 38.24 | 300m: 3:54.56 | 40.83 | 500m: 6:41.81 | 41.76 |
| 150m: 1:52.77 | 39.81 | 350m: 4:36.60 | 42.04 | 550m: 7:23.12 | 41.31 |
| 200m: 2:33.28 | 40.51 | 400m: 5:17.78 | 41.18 | 600m: 8:04.75 | 41.63 |
| 650m: 8:46.24 | 41.49 | 700m: 9:27.25 | 41.01 | 750m: 10:07.57 | 40.32 |
| 800m: 10:46.49 | 38.92 | | | | |
| 2. Ingmar de Gelder | ZOB'66 | NED | 197000333 | 10:55.73 | +1.01 |
| 50m: 35.63 | 35.63 | 250m: 3:18.53 | 41.39 | 450m: 6:04.45 | 41.45 |
| 100m: 1:14.79 | 39.16 | 300m: 4:00.02 | 41.49 | 500m: 6:46.13 | 41.68 |
| 150m: 1:55.61 | 40.82 | 350m: 4:41.37 | 41.35 | 550m: 7:28.51 | 42.38 |
| 200m: 2:37.14 | 41.53 | 400m: 5:23.00 | 41.63 | 600m: 8:10.34 | 41.83 |
| 650m: 8:52.58 | 42.24 | 700m: 9:35.47 | 42.89 | 750m: 10:16.85 | 41.38 |
| 800m: 10:55.73 | 38.88 | | | | |
| 3. Chris Kouwenhoven | De Grunte | NED | 197101669 | 11:10.35 | +0.96 |
| 50m: 37.38 | 37.38 | 250m: 3:25.70 | 42.61 | 450m: 6:14.78 | 42.61 |
| 100m: 1:18.90 | 41.52 | 300m: 4:07.49 | 41.79 | 500m: 6:57.63 | 42.85 |
| 150m: 2:01.15 | 42.25 | 350m: 4:49.87 | 42.38 | 550m: 7:40.04 | 42.41 |
| 200m: 2:43.09 | 41.94 | 400m: 5:32.17 | 42.30 | 600m: 8:22.61 | 42.57 |
| 650m: 9:05.29 | 42.68 | 700m: 9:47.50 | 42.21 | 750m: 10:29.65 | 42.15 |
| 800m: 11:10.35 | 40.70 | | | | |
| 4. Wouter van der Stelt | De Biesboschzwemmers | NED | 197200889 | 12:13.49 | +0.88 |
| 50m: 38.39 | 38.39 | 250m: 3:39.40 | 46.02 | 450m: 6:45.95 | 46.04 |
| 100m: 1:22.28 | 43.89 | 300m: 4:26.28 | 46.88 | 500m: 7:32.97 | 47.02 |
| 150m: 2:07.61 | 45.33 | 350m: 5:13.01 | 46.73 | 550m: 8:19.50 | 46.53 |
| 200m: 2:53.38 | 45.77 | 400m: 5:59.91 | 46.90 | 600m: 9:06.61 | 47.11 |
| 650m: 9:53.33 | 46.72 | 700m: 10:40.91 | 47.58 | 750m: 11:27.68 | 46.77 |
| 800m: 12:13.49 | 45.81 | | | | |

Masters 55+

| | | | | | |
|----------------------------|----------------------|----------------|-----------|-----------------|-------|
| 1. Erlend Alstad | Oslo I.L. | NOR | | 10:05.54 | +0.87 |
| 50m: 33.64 | 33.64 | 250m: 3:06.72 | 38.93 | 450m: 5:39.09 | 38.16 |
| 100m: 1:11.42 | 37.78 | 300m: 3:44.52 | 37.80 | 500m: 6:17.63 | 38.54 |
| 150m: 1:49.41 | 37.99 | 350m: 4:23.00 | 38.48 | 550m: 6:55.98 | 38.35 |
| 200m: 2:27.79 | 38.38 | 400m: 5:00.93 | 37.93 | 600m: 7:34.61 | 38.63 |
| 650m: 8:12.78 | 38.17 | 700m: 8:51.09 | 38.31 | 750m: 9:29.13 | 38.04 |
| 800m: 10:05.54 | 36.41 | | | | |
| 2. Roland Klein-Bölting | Bocholter WSV | GER | 74076 | 10:16.68 | +0.82 |
| 50m: 34.60 | 34.60 | 250m: 3:10.06 | 39.14 | 450m: 5:46.21 | 38.87 |
| 100m: 1:12.45 | 37.85 | 300m: 3:49.19 | 39.13 | 500m: 6:24.78 | 38.57 |
| 150m: 1:51.56 | 39.11 | 350m: 4:28.21 | 39.02 | 550m: 7:03.78 | 39.00 |
| 200m: 2:30.92 | 39.36 | 400m: 5:07.34 | 39.13 | 600m: 7:43.17 | 39.39 |
| 650m: 8:22.09 | 38.92 | 700m: 9:01.36 | 39.27 | 750m: 9:40.23 | 38.87 |
| 800m: 10:16.68 | 36.45 | | | | |
| 3. John Hardeman | Zwemlust- den Hommel | NED | 196601615 | 10:19.98 | +0.77 |
| 50m: 34.46 | 34.46 | 250m: 3:10.55 | 39.57 | 450m: 5:47.64 | 39.17 |
| 100m: 1:13.05 | 38.59 | 300m: 3:49.92 | 39.37 | 500m: 6:27.19 | 39.55 |
| 150m: 1:51.58 | 38.53 | 350m: 4:29.01 | 39.09 | 550m: 7:06.35 | 39.16 |
| 200m: 2:30.98 | 39.40 | 400m: 5:08.47 | 39.46 | 600m: 7:45.83 | 39.48 |
| 650m: 8:25.59 | 39.76 | 700m: 9:05.20 | 39.61 | 750m: 9:43.69 | 38.49 |
| 800m: 10:19.98 | 36.29 | | | | |
| 4. Henri Michels | De Amstel | NED | 196501587 | 11:06.35 | +0.89 |
| 50m: 36.11 | 36.11 | 250m: 3:21.91 | 41.98 | 450m: 6:12.22 | 42.32 |
| 100m: 1:16.10 | 39.99 | 300m: 4:04.89 | 42.98 | 500m: 6:54.94 | 42.72 |
| 150m: 1:57.44 | 41.34 | 350m: 4:47.13 | 42.24 | 550m: 7:37.54 | 42.60 |
| 200m: 2:39.93 | 42.49 | 400m: 5:29.90 | 42.77 | 600m: 8:20.45 | 42.91 |
| 650m: 9:02.58 | 42.13 | 700m: 9:45.00 | 42.42 | 750m: 10:26.43 | 41.43 |
| 800m: 11:06.35 | 39.92 | | | | |
| 5. Jan-Willem van den Berg | WVZ | NED | 196801575 | 11:30.99 | +0.75 |
| 50m: 36.50 | 36.50 | 250m: 3:28.75 | 43.43 | 450m: 6:24.04 | 43.44 |
| 100m: 1:18.37 | 41.87 | 300m: 4:12.82 | 44.07 | 500m: 7:07.90 | 43.86 |
| 150m: 2:01.71 | 43.34 | 350m: 4:56.77 | 43.95 | 550m: 7:51.61 | 43.71 |
| 200m: 2:45.32 | 43.61 | 400m: 5:40.60 | 43.83 | 600m: 8:35.75 | 44.14 |
| 650m: 9:19.64 | 43.89 | 700m: 10:04.09 | 44.45 | 750m: 10:47.63 | 43.54 |
| 800m: 11:30.99 | 43.36 | | | | |
| 6. Eymert van Rooij | PSV | NED | 196601631 | 11:36.86 | +0.84 |
| 50m: 38.01 | 38.01 | 250m: 3:34.24 | 43.57 | 450m: 6:30.03 | 42.52 |
| 100m: 1:21.23 | 43.22 | 300m: 4:19.46 | 45.22 | 500m: 7:14.06 | 44.03 |
| 150m: 2:05.54 | 44.31 | 350m: 5:02.83 | 43.37 | 550m: 7:58.67 | 44.61 |
| 200m: 2:50.67 | 45.13 | 400m: 5:47.51 | 44.68 | 600m: 8:43.16 | 44.49 |
| 650m: 9:27.39 | 44.23 | 700m: 10:11.05 | 43.66 | 750m: 10:54.28 | 43.23 |
| 800m: 11:36.86 | 42.58 | | | | |
| 7. Pascal Tourton | ZOB'66 | NED | 196601343 | 11:41.59 | +0.94 |
| 50m: 39.25 | 39.25 | 250m: 3:35.35 | 45.04 | 450m: 6:32.61 | 44.94 |
| 100m: 1:21.76 | 42.51 | 300m: 4:19.20 | 43.85 | 500m: 7:17.21 | 44.60 |
| 150m: 2:06.47 | 44.71 | 350m: 5:03.81 | 44.61 | 550m: 8:02.57 | 45.36 |
| 200m: 2:50.31 | 43.84 | 400m: 5:47.67 | 43.86 | 600m: 8:47.35 | 44.78 |
| 650m: 9:32.46 | 45.11 | 700m: 10:16.19 | 43.73 | 750m: 11:00.18 | 43.99 |
| 800m: 11:41.59 | 41.41 | | | | |
| 8. Leon Slingerland | WVZ | NED | 196801707 | 11:58.34 | +0.89 |
| 50m: 35.59 | 35.59 | 250m: 3:34.33 | 46.80 | 450m: 6:41.05 | 46.85 |
| 100m: 1:17.69 | 42.10 | 300m: 4:20.76 | 46.43 | 500m: 7:28.25 | 47.20 |
| 150m: 2:02.38 | 44.69 | 350m: 5:07.69 | 46.93 | 550m: 8:14.66 | 46.41 |
| 200m: 2:47.53 | 45.15 | 400m: 5:54.20 | 46.51 | 600m: 9:00.70 | 46.04 |
| 650m: 9:46.80 | 46.10 | 700m: 10:32.37 | 45.57 | 750m: 11:16.64 | 44.27 |
| 800m: 11:58.34 | 41.70 | | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag

Masters 60+

| | | | | | |
|----------------------------------|---------------------------------|---------------|-----------|-----------------|-------|
| 1. Johan Remmits | ZPC AMERSFOORT | NED | 196201159 | 10:34.73 | +0.83 |
| 50m: 35.52 | 35.52 | 250m: 3:13.93 | 39.98 | 450m: 5:54.30 | 39.91 |
| 100m: 1:14.54 | 39.02 | 300m: 3:54.51 | 40.58 | 500m: 6:35.42 | 41.12 |
| 150m: 1:53.88 | 39.34 | 350m: 4:34.38 | 39.87 | 550m: 7:15.50 | 40.08 |
| 200m: 2:33.95 | 40.07 | 400m: 5:14.39 | 40.01 | 600m: 7:56.52 | 41.02 |
| | | | | 650m: 8:36.62 | 40.10 |
| | | | | 700m: 9:17.39 | 40.77 |
| | | | | 750m: 9:56.62 | 39.23 |
| | | | | 800m: 10:34.73 | 38.11 |
| 2. Jon Christensen | Luxembourg Sharks Swimming CLUX | | 10008 | 10:34.98 | +0.77 |
| <i>Luxembourg Masters Record</i> | | | | | |
| 50m: 36.26 | 36.26 | 250m: 3:17.25 | 40.36 | 450m: 5:56.35 | 39.56 |
| 100m: 1:15.99 | 39.73 | 300m: 3:56.72 | 39.47 | 500m: 6:35.78 | 39.43 |
| 150m: 1:56.60 | 40.61 | 350m: 4:37.01 | 40.29 | 550m: 7:15.42 | 39.64 |
| 200m: 2:36.89 | 40.29 | 400m: 5:16.79 | 39.78 | 600m: 7:55.11 | 39.69 |
| | | | | 650m: 8:35.04 | 39.93 |
| | | | | 700m: 9:15.18 | 40.14 |
| | | | | 750m: 9:55.49 | 40.31 |
| | | | | 800m: 10:34.98 | 39.49 |
| 3. Axel Sondermann | Lone Star Masters | USA | | 11:20.99 | +0.91 |
| 50m: 38.91 | 38.91 | 250m: 3:30.40 | 42.94 | 450m: 6:24.10 | 42.83 |
| 100m: 1:21.25 | 42.34 | 300m: 4:14.42 | 44.02 | 500m: 7:07.38 | 43.28 |
| 150m: 2:04.46 | 43.21 | 350m: 4:57.81 | 43.39 | 550m: 7:50.13 | 42.75 |
| 200m: 2:47.46 | 43.00 | 400m: 5:41.27 | 43.46 | 600m: 8:32.88 | 42.75 |
| | | | | 650m: 9:15.86 | 42.98 |
| | | | | 700m: 9:58.86 | 43.00 |
| | | | | 750m: 10:39.90 | 41.04 |
| | | | | 800m: 11:20.99 | 41.09 |
| 4. Menno Lomans | PSV | NED | 196101071 | 12:09.14 | +0.83 |
| 50m: 38.18 | 38.18 | 250m: 3:41.43 | 46.69 | 450m: 6:48.67 | 46.24 |
| 100m: 1:22.87 | 44.69 | 300m: 4:28.63 | 47.20 | 500m: 7:35.34 | 46.67 |
| 150m: 2:08.55 | 45.68 | 350m: 5:15.77 | 47.14 | 550m: 8:21.97 | 46.63 |
| 200m: 2:54.74 | 46.19 | 400m: 6:02.43 | 46.66 | 600m: 9:08.50 | 46.53 |
| | | | | 650m: 9:55.07 | 46.57 |
| | | | | 700m: 10:40.82 | 45.75 |
| | | | | 750m: 11:26.47 | 45.65 |
| | | | | 800m: 12:09.14 | 42.67 |
| 5. Joost de Kroon | AquAmigos | NED | 196400999 | 12:14.05 | +1.02 |
| 50m: 41.68 | 41.68 | 250m: 3:47.17 | 47.13 | 450m: 6:56.81 | 47.66 |
| 100m: 1:27.02 | 45.34 | 300m: 4:34.53 | 47.36 | 500m: 7:43.49 | 46.68 |
| 150m: 2:13.51 | 46.49 | 350m: 5:21.98 | 47.45 | 550m: 8:30.01 | 46.52 |
| 200m: 3:00.04 | 46.53 | 400m: 6:09.15 | 47.17 | 600m: 9:16.62 | 46.61 |
| | | | | 650m: 10:03.19 | 46.57 |
| | | | | 700m: 10:48.88 | 45.69 |
| | | | | 750m: 11:33.04 | 44.16 |
| | | | | 800m: 12:14.05 | 41.01 |

Masters 65+

| | | | | | |
|--------------------|-----------------------|---------------|-----------|-----------------|-------|
| 1. Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | 10:41.77 | +0.78 |
| 50m: 35.42 | 35.42 | 250m: 3:18.36 | 41.06 | 450m: 6:02.15 | 40.34 |
| 100m: 1:15.26 | 39.84 | 300m: 3:59.50 | 41.14 | 500m: 6:42.53 | 40.38 |
| 150m: 1:56.15 | 40.89 | 350m: 4:40.79 | 41.29 | 550m: 7:23.08 | 40.55 |
| 200m: 2:37.30 | 41.15 | 400m: 5:21.81 | 41.02 | 600m: 8:03.75 | 40.67 |
| | | | | 650m: 8:43.96 | 40.21 |
| | | | | 700m: 9:24.39 | 40.43 |
| | | | | 750m: 10:04.62 | 40.23 |
| | | | | 800m: 10:41.77 | 37.15 |
| 2. Dirk Zeterberg | Zehlendorfer TSV 1888 | GER | 101339 | 11:20.14 | +0.95 |
| 50m: 38.54 | 38.54 | 250m: 3:32.60 | 43.54 | 450m: 6:26.09 | 43.03 |
| 100m: 1:21.49 | 42.95 | 300m: 4:16.32 | 43.72 | 500m: 7:09.45 | 43.36 |
| 150m: 2:05.13 | 43.64 | 350m: 4:59.71 | 43.39 | 550m: 7:52.56 | 43.11 |
| 200m: 2:49.06 | 43.93 | 400m: 5:43.06 | 43.35 | 600m: 8:35.51 | 42.95 |
| | | | | 650m: 9:18.19 | 42.68 |
| | | | | 700m: 10:00.45 | 42.26 |
| | | | | 750m: 10:42.09 | 41.64 |
| | | | | 800m: 11:20.14 | 38.05 |
| 3. Andreas Wenning | Bocholter WSV | GER | 99336 | 12:34.74 | +1.47 |
| 50m: 42.32 | 42.32 | 250m: 3:49.56 | 47.52 | 450m: 7:00.48 | 47.55 |
| 100m: 1:28.01 | 45.69 | 300m: 4:37.03 | 47.47 | 500m: 7:48.72 | 48.24 |
| 150m: 2:14.47 | 46.46 | 350m: 5:24.61 | 47.58 | 550m: 8:36.49 | 47.77 |
| 200m: 3:02.04 | 47.57 | 400m: 6:12.93 | 48.32 | 600m: 9:24.68 | 48.19 |
| | | | | 650m: 10:12.41 | 47.73 |
| | | | | 700m: 11:00.72 | 48.31 |
| | | | | 750m: 11:48.28 | 47.56 |
| | | | | 800m: 12:34.74 | 46.46 |
| 4. Lex Hoogendam | ZZ&PC De Devel | NED | 195700541 | 13:49.49 | +1.02 |
| 50m: 41.28 | 41.28 | 250m: 4:01.81 | 52.49 | 450m: 7:34.34 | 53.30 |
| 100m: 1:28.02 | 46.74 | 300m: 4:54.65 | 52.84 | 500m: 8:28.01 | 53.67 |
| 150m: 2:17.81 | 49.79 | 350m: 5:47.98 | 53.33 | 550m: 9:20.89 | 52.88 |
| 200m: 3:09.32 | 51.51 | 400m: 6:41.04 | 53.06 | 600m: 10:14.82 | 53.93 |
| | | | | 650m: 11:07.78 | 52.96 |
| | | | | 700m: 12:01.16 | 53.38 |
| | | | | 750m: 12:55.51 | 54.35 |
| | | | | 800m: 13:49.49 | 53.98 |

Masters 70+

| | | | | | |
|---------------|-------|---------------|-----------|-----------------|-------|
| 1. Frans Heus | UZSC | NED | 195100067 | 14:36.42 | |
| 50m: 50.05 | 50.05 | 250m: 4:30.82 | 55.96 | 450m: 8:10.91 | 55.31 |
| 100m: 1:44.01 | 53.96 | 300m: 5:26.30 | 55.48 | 500m: 9:06.19 | 55.28 |
| 150m: 2:38.50 | 54.49 | 350m: 6:20.60 | 54.30 | 550m: 10:01.71 | 55.52 |
| 200m: 3:34.86 | 56.36 | 400m: 7:15.60 | 55.00 | 600m: 10:57.08 | 55.37 |
| | | | | 650m: 11:52.71 | 55.63 |
| | | | | 700m: 12:49.65 | 56.94 |
| | | | | 750m: 13:45.13 | 55.48 |
| | | | | 800m: 14:36.42 | 51.29 |

Masters 75+

| | | | | | |
|----------------|----------|---------------|-----------|-----------------|-------|
| 1. Wout Hemmes | De Plons | NED | 194800059 | 13:43.47 | +0.93 |
| 50m: 44.63 | 44.63 | 250m: 4:14.01 | 51.80 | 450m: 7:42.85 | 51.68 |
| 100m: 1:36.79 | 52.16 | 300m: 5:06.67 | 52.66 | 500m: 8:35.58 | 52.73 |
| 150m: 2:28.53 | 51.74 | 350m: 5:58.69 | 52.02 | 550m: 9:27.63 | 52.05 |
| 200m: 3:22.21 | 53.68 | 400m: 6:51.17 | 52.48 | 600m: 10:20.18 | 52.55 |
| | | | | 650m: 11:11.69 | 51.51 |
| | | | | 700m: 12:03.51 | 51.82 |
| | | | | 750m: 12:54.71 | 51.20 |
| | | | | 800m: 13:43.47 | 48.76 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag, Masters 75+

| rang | naam | vereniging | tijd | | | | | | RT | PARA |
|------|---------------|------------|-----------------|-------|----------------|-------|----------------|-------|--------------|------|
| 2. | Willem Putter | ZVVS | 14:57.70 | | | | | | +1.03 | |
| | 50m: 47.13 | 47.13 | 250m: 4:31.75 | 56.08 | 450m: 8:21.84 | 57.10 | 650m: 12:12.25 | 57.23 | | |
| | 100m: 1:42.05 | 54.92 | 300m: 5:29.83 | 58.08 | 500m: 9:19.96 | 58.12 | 700m: 13:09.23 | 56.98 | | |
| | 150m: 2:38.38 | 56.33 | 350m: 6:26.02 | 56.19 | 550m: 10:17.78 | 57.82 | 750m: 14:05.21 | 55.98 | | |
| | 200m: 3:35.67 | 57.29 | 400m: 7:24.74 | 58.72 | 600m: 11:15.02 | 57.24 | 800m: 14:57.70 | 52.49 | | |

Masters 80+

| | | | | | | | | | | |
|----|------------------|---------|-----------------|---------|----------------|---------|----------------|---------|--------------|--|
| 1. | Geza Kaltenecker | AZC | 16:45.63 | | | | | | +0.89 | |
| | 50m: 54.27 | 54.27 | 250m: 5:09.55 | 1:05.72 | 450m: 9:28.33 | 1:05.56 | 650m: 13:45.09 | 1:04.44 | | |
| | 100m: 1:54.89 | 1:00.62 | 300m: 6:13.50 | 1:03.95 | 500m: 10:31.84 | 1:03.51 | 700m: 14:47.43 | 1:02.34 | | |
| | 150m: 2:59.85 | 1:04.96 | 350m: 7:19.08 | 1:05.58 | 550m: 11:36.98 | 1:05.14 | 750m: 15:50.98 | 1:03.55 | | |
| | 200m: 4:03.83 | 1:03.98 | 400m: 8:22.77 | 1:03.69 | 600m: 12:40.65 | 1:03.67 | 800m: 16:45.63 | 54.65 | | |
| 2. | Rob Hanou | PSV | 17:20.64 | | | | | | +1.13 | |
| | 50m: 56.56 | 56.56 | 250m: 5:22.73 | 1:04.59 | 450m: 9:45.12 | 1:04.62 | 650m: 14:07.24 | 1:05.16 | | |
| | 100m: 2:04.04 | 1:07.48 | 300m: 6:29.14 | 1:06.41 | 500m: 10:50.13 | 1:05.01 | 700m: 15:12.53 | 1:05.29 | | |
| | 150m: 3:11.47 | 1:07.43 | 350m: 7:35.85 | 1:06.71 | 550m: 11:55.32 | 1:05.19 | 750m: 16:17.52 | 1:04.99 | | |
| | 200m: 4:18.14 | 1:06.67 | 400m: 8:40.50 | 1:04.65 | 600m: 13:02.08 | 1:06.76 | 800m: 17:20.64 | 1:03.12 | | |

Masters 85+

| | | | | | | | | | | |
|----|---------------|---------|-----------------|---------|----------------|---------|----------------|---------|--------------|--|
| 1. | Nic Geers | PSV | 19:08.69 | | | | | | +1.07 | |
| | 50m: 1:01.55 | 1:01.55 | 250m: 5:54.35 | 1:15.05 | 450m: 10:50.22 | 1:14.10 | 650m: 15:46.76 | 1:13.72 | | |
| | 100m: 2:11.96 | 1:10.41 | 300m: 7:07.84 | 1:13.49 | 500m: 12:04.70 | 1:14.48 | 700m: 16:58.52 | 1:11.76 | | |
| | 150m: 3:24.15 | 1:12.19 | 350m: 8:21.52 | 1:13.68 | 550m: 13:18.54 | 1:13.84 | 750m: 18:08.59 | 1:10.07 | | |
| | 200m: 4:39.30 | 1:15.15 | 400m: 9:36.12 | 1:14.60 | 600m: 14:33.04 | 1:14.50 | 800m: 19:08.69 | 1:00.10 | | |

Programmanr. 30
05-05-2024 - 11:00

Dames, 400m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | tijd | | | | | | RT | PARA |
|--------------------|------------------------|-----------------------------|----------------|-------|---------------|-------|---------------|-------|--------------|------|
| Masters 20+ | | | | | | | | | | |
| 1. | Roos Englebort | Hieronymus | 5:15.83 | | | | | | +0.74 | |
| | 50m: 32.88 | 32.88 | 150m: 1:53.72 | 42.76 | 250m: 3:19.74 | 44.62 | 350m: 4:41.37 | 36.73 | | |
| | 100m: 1:10.96 | 38.08 | 200m: 2:35.12 | 41.40 | 300m: 4:04.64 | 44.90 | 400m: 5:15.83 | 34.46 | | |
| 2. | Valesca van den Bogert | Hieronymus | 5:24.80 | | | | | | +0.73 | |
| | 50m: 34.27 | 34.27 | 150m: 1:54.52 | 42.43 | 250m: 3:22.17 | 45.38 | 350m: 4:45.42 | 39.19 | | |
| | 100m: 1:12.09 | 37.82 | 200m: 2:36.79 | 42.27 | 300m: 4:06.23 | 44.06 | 400m: 5:24.80 | 39.38 | | |
| 3. | Eline Hoekstra | OEZA | 5:51.04 | | | | | | +0.81 | |
| | 50m: 34.70 | 34.70 | 150m: 2:03.05 | 44.23 | 250m: 3:38.30 | 50.88 | 350m: 5:10.48 | 40.39 | | |
| | 100m: 1:18.82 | 44.12 | 200m: 2:47.42 | 44.37 | 300m: 4:30.09 | 51.79 | 400m: 5:51.04 | 40.56 | | |
| 4. | Ilse Valk | Het Ravijn | 6:05.16 | | | | | | +0.69 | |
| | 50m: 37.30 | 37.30 | 150m: 2:12.19 | 49.74 | 250m: 3:52.53 | 51.35 | 350m: 5:25.62 | 40.70 | | |
| | 100m: 1:22.45 | 45.15 | 200m: 3:01.18 | 48.99 | 300m: 4:44.92 | 52.39 | 400m: 6:05.16 | 39.54 | | |
| 5. | Cynthia Koolman | ZPC Hoogeveen | 6:06.97 | | | | | | +0.66 | |
| | 50m: 40.88 | 40.88 | 150m: 2:16.18 | 45.75 | 250m: 3:54.59 | 53.44 | 350m: 5:28.19 | 40.64 | | |
| | 100m: 1:30.43 | 49.55 | 200m: 3:01.15 | 44.97 | 300m: 4:47.55 | 52.96 | 400m: 6:06.97 | 38.78 | | |
| 6. | Senna Bongartz | Patrick-De Roersoppers (SG) | 6:23.30 | | | | | | +0.72 | |
| | 50m: 41.16 | 41.16 | 150m: 2:23.08 | 53.21 | 250m: 4:07.21 | 55.33 | 350m: 5:43.69 | 41.69 | | |
| | 100m: 1:29.87 | 48.71 | 200m: 3:11.88 | 48.80 | 300m: 5:02.00 | 54.79 | 400m: 6:23.30 | 39.61 | | |
| 7. | Isabelle Janssen | De Geul | 6:39.84 | | | | | | +0.77 | |
| | 50m: 42.19 | 42.19 | 150m: 2:23.33 | 50.47 | 250m: 4:12.72 | 57.68 | 350m: 5:56.42 | 43.99 | | |
| | 100m: 1:32.86 | 50.67 | 200m: 3:15.04 | 51.71 | 300m: 5:12.43 | 59.71 | 400m: 6:39.84 | 43.42 | | |
| 8. | Nasca van Dijk | De Marlijn (SG) | 6:40.56 | | | | | | +0.68 | |
| | 50m: 38.49 | 38.49 | 150m: 2:23.39 | 53.57 | 250m: 4:12.28 | 58.12 | 350m: 5:56.40 | 45.24 | | |
| | 100m: 1:29.82 | 51.33 | 200m: 3:14.16 | 50.77 | 300m: 5:11.16 | 58.88 | 400m: 6:40.56 | 44.16 | | |

Programmanr. 30, Dames, 400m wisselslag

Masters 25+

| | | | | | |
|--------------------------|-------------------------|---------------|-----------|----------------|-------|
| 1. Tamara Grove | De Dolfijn | NED | 199601266 | 5:29.36 | +0.72 |
| 50m: 33.66 | 33.66 | 150m: 1:58.04 | 44.18 | 250m: 3:28.03 | 47.13 |
| 100m: 1:13.86 | 40.20 | 200m: 2:40.90 | 42.86 | 300m: 4:16.79 | 48.76 |
| 350m: 4:53.06 | 36.27 | 400m: 5:29.36 | 36.30 | | |
| 2. Moniek van Langevelde | ESCA Zwemmen | NED | 199803160 | 5:48.49 | +0.74 |
| 50m: 37.64 | 37.64 | 150m: 2:10.49 | 46.12 | 250m: 3:43.64 | 48.75 |
| 100m: 1:24.37 | 46.73 | 200m: 2:54.89 | 44.40 | 300m: 4:33.39 | 49.75 |
| 350m: 5:12.28 | 38.89 | 400m: 5:48.49 | 36.21 | | |
| 3. Fiona Meuffels | PSV | NED | 199504366 | 5:51.68 | +0.71 |
| 50m: 38.65 | 38.65 | 150m: 2:10.45 | 46.14 | 250m: 3:44.65 | 48.87 |
| 100m: 1:24.31 | 45.66 | 200m: 2:55.78 | 45.33 | 300m: 4:34.43 | 49.78 |
| 350m: 5:13.14 | 38.71 | 400m: 5:51.68 | 38.54 | | |
| 4. Floor Weijmans | HZPC | NED | 199502522 | 5:58.04 | +0.78 |
| 50m: 38.66 | 38.66 | 150m: 2:07.04 | 44.67 | 250m: 3:44.33 | 52.84 |
| 100m: 1:22.37 | 43.71 | 200m: 2:51.49 | 44.45 | 300m: 4:39.25 | 54.92 |
| 350m: 5:19.11 | 39.86 | 400m: 5:58.04 | 38.93 | | |
| 5. Larissa Jansen | PSV | NED | 199500660 | 6:00.83 | +0.77 |
| 50m: 38.09 | 38.09 | 150m: 2:11.38 | 47.94 | 250m: 3:48.37 | 50.94 |
| 100m: 1:23.44 | 45.35 | 200m: 2:57.43 | 46.05 | 300m: 4:39.71 | 51.34 |
| 350m: 5:20.91 | 41.20 | 400m: 6:00.83 | 39.92 | | |
| 6. Diane Schoenmaker | PSV | NED | 199502920 | 6:07.92 | +0.82 |
| 50m: 36.94 | 36.94 | 150m: 2:10.24 | 47.25 | 250m: 3:48.76 | 52.55 |
| 100m: 1:22.99 | 46.05 | 200m: 2:56.21 | 45.97 | 300m: 4:43.10 | 54.34 |
| 350m: 5:26.80 | 43.70 | 400m: 6:07.92 | 41.12 | | |
| 7. Selina Janssen | Neptunus'58 | NED | 199905974 | 6:10.47 | +0.76 |
| 50m: 34.99 | 34.99 | 150m: 2:03.42 | 47.32 | 250m: 3:48.21 | 57.60 |
| 100m: 1:16.10 | 41.11 | 200m: 2:50.61 | 47.19 | 300m: 4:47.48 | 59.27 |
| 350m: 5:29.78 | 42.30 | 400m: 6:10.47 | 40.69 | | |
| 8. Anouk van der Lans | Westland Swimming Stars | NED | 199801614 | 6:27.46 | +0.77 |
| 50m: 41.12 | 41.12 | 150m: 2:22.26 | 48.25 | 250m: 4:04.63 | 55.54 |
| 100m: 1:34.01 | 52.89 | 200m: 3:09.09 | 46.83 | 300m: 5:01.07 | 56.44 |
| 350m: 5:46.43 | 45.36 | 400m: 6:27.46 | 41.03 | | |
| 9. Djamari Oetringer | Aqua-Novio '94 | NED | 199600546 | 6:36.76 | +0.77 |
| 50m: 44.26 | 44.26 | 150m: 2:27.26 | 50.28 | 250m: 4:09.33 | 52.70 |
| 100m: 1:36.98 | 52.72 | 200m: 3:16.63 | 49.37 | 300m: 5:01.82 | 52.49 |
| 350m: 5:49.96 | 48.14 | 400m: 6:36.76 | 46.80 | | |

Masters 30+

| | | | | | |
|--|-----------------------------|---------------|-----------|----------------|-------|
| 1. Lisa Dreesens <i>Nederlands Masters Record</i> | Blue Marlins | NED | 199105798 | 5:15.63 | +0.82 |
| 50m: 30.98 | 30.98 | 150m: 1:50.97 | 42.80 | 250m: 3:17.75 | 45.09 |
| 100m: 1:08.17 | 37.19 | 200m: 2:32.66 | 41.69 | 300m: 4:03.84 | 46.09 |
| 350m: 4:40.30 | 36.46 | 400m: 5:15.63 | 35.33 | | |
| 2. Lucie Terver | Club Nautique Val de Fensch | FRA | 412372 | 6:06.09 | +0.81 |
| 50m: 37.09 | 37.09 | 150m: 2:10.39 | 49.82 | 250m: 3:49.82 | 51.65 |
| 100m: 1:20.57 | 43.48 | 200m: 2:58.17 | 47.78 | 300m: 4:43.27 | 53.45 |
| 350m: 5:25.79 | 42.52 | 400m: 6:06.09 | 40.30 | | |
| 3. Nienke Smidt | WS Twente | NED | 199407596 | 6:09.08 | +0.95 |
| 50m: 38.13 | 38.13 | 150m: 2:11.62 | 49.21 | 250m: 3:53.02 | 55.35 |
| 100m: 1:22.41 | 44.28 | 200m: 2:57.67 | 46.05 | 300m: 4:51.03 | 58.01 |
| 350m: 5:32.01 | 40.98 | 400m: 6:09.08 | 37.07 | | |
| 4. Alma Janssen | Z&PC Zegenwerp | NED | 199401078 | 6:31.19 | +0.67 |
| 50m: 38.67 | 38.67 | 150m: 2:15.37 | 50.52 | 250m: 4:03.62 | 58.22 |
| 100m: 1:24.85 | 46.18 | 200m: 3:05.40 | 50.03 | 300m: 5:02.11 | 58.49 |
| 350m: 5:47.86 | 45.75 | 400m: 6:31.19 | 43.33 | | |

Masters 35+

| | | | | | |
|---|----------------|---------------|-----------|----------------|-------|
| 1. Viktória Háden-Felföldi | Iron Swim | HUN | | 5:28.42 | +0.66 |
| 50m: 33.32 | 33.32 | 150m: 1:54.98 | 42.56 | 250m: 3:25.79 | 49.01 |
| 100m: 1:12.42 | 39.10 | 200m: 2:36.78 | 41.80 | 300m: 4:15.14 | 49.35 |
| 350m: 4:52.40 | 37.26 | 400m: 5:28.42 | 36.02 | | |
| 2. Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 5:33.37 | +0.75 |
| 50m: 37.21 | 37.21 | 150m: 2:03.99 | 44.71 | 250m: 3:33.32 | 47.49 |
| 100m: 1:19.28 | 42.07 | 200m: 2:45.83 | 41.84 | 300m: 4:20.11 | 46.79 |
| 350m: 4:57.39 | 37.28 | 400m: 5:33.37 | 35.98 | | |
| 3. Jenny Schouten <i>Nederlands Masters Record</i> | PSV | NED | 198703674 | 5:37.91 | +0.79 |
| 50m: 35.20 | 35.20 | 150m: 2:01.26 | 44.24 | 250m: 3:32.87 | 49.18 |
| 100m: 1:17.02 | 41.82 | 200m: 2:43.69 | 42.43 | 300m: 4:22.47 | 49.60 |
| 350m: 5:01.80 | 39.33 | 400m: 5:37.91 | 36.11 | | |
| 4. Marlijn Hendriksen | DIO | NED | 198806828 | 5:44.59 | +0.73 |
| 50m: 35.70 | 35.70 | 150m: 2:02.47 | 45.30 | 250m: 3:36.11 | 48.51 |
| 100m: 1:17.17 | 41.47 | 200m: 2:47.60 | 45.13 | 300m: 4:25.02 | 48.91 |
| 350m: 5:05.72 | 40.70 | 400m: 5:44.59 | 38.87 | | |

Programmanr. 30, Dames, 400m wisselslag

Masters 40+

| | | | | | | | |
|-------------------------|-------------------------|---------------|----------------|---------------|---------|---------------|-------|
| 1. Heather Frees | Lone Star Masters | USA | 5:54.02 | +0.65 | | | |
| 50m: 35.21 | 35.21 | 150m: 2:03.39 | 47.96 | 250m: 3:42.79 | 51.69 | 350m: 5:14.91 | 40.12 |
| 100m: 1:15.43 | 40.22 | 200m: 2:51.10 | 47.71 | 300m: 4:34.79 | 52.00 | 400m: 5:54.02 | 39.11 |
| 2. Michelle de Villiers | Hellas-Glana | NED 198302944 | 6:41.31 | +0.80 | | | |
| 50m: 37.96 | 37.96 | 150m: 2:19.27 | 53.95 | 250m: 4:10.07 | 57.78 | 350m: 5:55.66 | 47.76 |
| 100m: 1:25.32 | 47.36 | 200m: 3:12.29 | 53.02 | 300m: 5:07.90 | 57.83 | 400m: 6:41.31 | 45.65 |
| 3. Angela Giezen | Zwemvereniging Hoogland | NED 198302796 | 6:45.05 | +0.73 | | | |
| 50m: 44.41 | 44.41 | 150m: 2:29.24 | 50.30 | 250m: 4:15.80 | 58.38 | 350m: 6:00.97 | 46.95 |
| 100m: 1:38.94 | 54.53 | 200m: 3:17.42 | 48.18 | 300m: 5:14.02 | 58.22 | 400m: 6:45.05 | 44.08 |
| 4. Linda Hoogendam | WVZ | NED 198300892 | 7:06.10 | +0.86 | | | |
| 50m: 45.56 | 45.56 | 150m: 2:36.34 | 55.46 | 250m: 4:34.41 | 1:03.64 | 350m: 6:24.13 | 45.90 |
| 100m: 1:40.88 | 55.32 | 200m: 3:30.77 | 54.43 | 300m: 5:38.23 | 1:03.82 | 400m: 7:06.10 | 41.97 |

Masters 45+

| | | | | | | | |
|-------------------------------|-------------------------------------|---------------|----------------|---------------|-------|---------------|-------|
| 1. Carole Kettenmeyer-Reuland | Swimming Club Le Dauphin EtteltLUX: | 2017 | 5:47.66 | +0.75 | | | |
| 50m: 37.02 | 37.02 | 150m: 2:05.42 | 45.32 | 250m: 3:38.63 | 49.87 | 350m: 5:07.78 | 39.88 |
| 100m: 1:20.10 | 43.08 | 200m: 2:48.76 | 43.34 | 300m: 4:27.90 | 49.27 | 400m: 5:47.66 | 39.88 |
| 2. Liselotte Joling | PSV | NED 197500268 | 6:05.75 | +0.80 | | | |
| 50m: 37.27 | 37.27 | 150m: 2:11.58 | 49.78 | 250m: 3:51.28 | 51.82 | 350m: 5:26.73 | 41.17 |
| 100m: 1:21.80 | 44.53 | 200m: 2:59.46 | 47.88 | 300m: 4:45.56 | 54.28 | 400m: 6:05.75 | 39.02 |
| 3. Jolanda van Gendt | PSV | NED 197800266 | 6:29.16 | +0.74 | | | |
| 50m: 41.49 | 41.49 | 150m: 2:20.07 | 48.63 | 250m: 4:03.43 | 55.95 | 350m: 5:44.13 | 45.03 |
| 100m: 1:31.44 | 49.95 | 200m: 3:07.48 | 47.41 | 300m: 4:59.10 | 55.67 | 400m: 6:29.16 | 45.03 |
| 4. Leontine Loeber | SwimGym | NED 197701010 | 6:42.72 | +0.83 | | | |
| 50m: 43.03 | 43.03 | 150m: 2:27.73 | 52.27 | 250m: 4:14.29 | 53.92 | 350m: 5:58.41 | 47.11 |
| 100m: 1:35.46 | 52.43 | 200m: 3:20.37 | 52.64 | 300m: 5:11.30 | 57.01 | 400m: 6:42.72 | 44.31 |

Masters 50+

| | | | | | | | |
|----------------------------|----------------|---------------|----------------|---------------|---------|---------------|-------|
| 1. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | NED 197000054 | 6:07.34 | +0.79 | | | |
| 50m: 36.36 | 36.36 | 150m: 2:10.00 | 51.55 | 250m: 3:52.62 | 50.61 | 350m: 5:26.18 | 41.72 |
| 100m: 1:18.45 | 42.09 | 200m: 3:02.01 | 52.01 | 300m: 4:44.46 | 51.84 | 400m: 6:07.34 | 41.16 |
| 2. Bianca Groot | MSV-Zeemacht | NED 197000652 | 6:35.73 | +0.86 | | | |
| 50m: 43.50 | 43.50 | 150m: 2:30.10 | 53.15 | 250m: 4:15.90 | 53.82 | 350m: 5:53.67 | 43.07 |
| 100m: 1:36.95 | 53.45 | 200m: 3:22.08 | 51.98 | 300m: 5:10.60 | 54.70 | 400m: 6:35.73 | 42.06 |
| 3. Annet Kootstra | SWOL 1894 | NED 197100344 | 7:37.03 | +0.90 | | | |
| 50m: 51.16 | 51.16 | 150m: 2:49.64 | 1:00.72 | 250m: 4:50.12 | 1:02.23 | 350m: 6:46.35 | 51.07 |
| 100m: 1:48.92 | 57.76 | 200m: 3:47.89 | 58.25 | 300m: 5:55.28 | 1:05.16 | 400m: 7:37.03 | 50.68 |

Masters 55+

| | | | | | | | |
|---------------------------------|------------------|---------------|----------------|---------------|---------|---------------|-------|
| 1. Claudia Thielemann | SG Bayer | GER 333958 | 5:49.93 | +0.61 | | | |
| 50m: 36.56 | 36.56 | 150m: 2:04.08 | 45.87 | 250m: 3:40.26 | 51.19 | 350m: 5:11.73 | 39.94 |
| 100m: 1:18.21 | 41.65 | 200m: 2:49.07 | 44.99 | 300m: 4:31.79 | 51.53 | 400m: 5:49.93 | 38.20 |
| 2. Iris van Aurich | DWK | NED 196900866 | 6:32.70 | +0.71 | | | |
| 50m: 44.76 | 44.76 | 150m: 2:30.08 | 50.58 | 250m: 4:13.54 | 54.47 | 350m: 5:50.90 | 44.00 |
| 100m: 1:39.50 | 54.74 | 200m: 3:19.07 | 48.99 | 300m: 5:06.90 | 53.36 | 400m: 6:32.70 | 41.80 |
| 3. Laura Staal | Oceanus | NED 196700358 | 6:45.22 | +0.79 | | | |
| 50m: 44.94 | 44.94 | 150m: 2:29.42 | 52.57 | 250m: 4:17.46 | 56.92 | 350m: 6:01.20 | 45.86 |
| 100m: 1:36.85 | 51.91 | 200m: 3:20.54 | 51.12 | 300m: 5:15.34 | 57.88 | 400m: 6:45.22 | 44.02 |
| 4. Peggi Hurenkamp | HZ&PC Heerenveen | NED 196900922 | 6:58.23 | +0.82 | | | |
| 50m: 42.05 | 42.05 | 150m: 2:27.35 | 54.30 | 250m: 4:21.21 | 59.03 | 350m: 6:11.03 | 49.38 |
| 100m: 1:33.05 | 51.00 | 200m: 3:22.18 | 54.83 | 300m: 5:21.65 | 1:00.44 | 400m: 6:58.23 | 47.20 |
| 5. Anita Steijger | WVZ | NED 196500628 | 7:05.82 | +0.88 | | | |
| 50m: 45.76 | 45.76 | 150m: 2:38.02 | 56.41 | 250m: 4:31.69 | 59.73 | 350m: 6:19.53 | 47.79 |
| 100m: 1:41.61 | 55.85 | 200m: 3:31.96 | 53.94 | 300m: 5:31.74 | 1:00.05 | 400m: 7:05.82 | 46.29 |
| 6. K. van Nassau-van den Heuvel | Old Dutch | NED 196600188 | 7:20.52 | +0.95 | | | |
| 50m: 52.73 | 52.73 | 150m: 2:48.99 | 59.79 | 250m: 4:43.84 | 57.26 | 350m: 6:30.53 | 49.64 |
| 100m: 1:49.20 | 56.47 | 200m: 3:46.58 | 57.59 | 300m: 5:40.89 | 57.05 | 400m: 7:20.52 | 49.99 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 30, Dames, 400m wisselslag

Masters 60+

| | | | | | |
|----|---------------------------|--------------------------------------|-----------------------|---------------------|-------|
| 1. | Pierrette Michel | Cercle De Natation Sportcity WoilBEL | CNSW/000835/62 | 6:13.19 | +0.93 |
| | 50m: 38.32 38.32 | 150m: 2:09.23 45.65 | 250m: 3:50.54 54.52 | 350m: 5:29.87 43.35 | |
| | 100m: 1:23.58 45.26 | 200m: 2:56.02 46.79 | 300m: 4:46.52 55.98 | 400m: 6:13.19 43.32 | |
| 2. | P. Tossings-van de Hooven | GZC DONK | NED 196100376 | 6:53.44 | +0.89 |
| | 50m: 43.87 43.87 | 150m: 2:32.36 54.73 | 250m: 4:23.69 58.10 | 350m: 6:08.78 45.55 | |
| | 100m: 1:37.63 53.76 | 200m: 3:25.59 53.23 | 300m: 5:23.23 59.54 | 400m: 6:53.44 44.66 | |
| 3. | Margriet Grove-Lingeman | Triton | NED 196200080 | 7:04.23 * | +0.81 |
| | 50m: 42.82 42.82 | 150m: 2:28.84 55.29 | 250m: 4:23.80 1:01.38 | 350m: 6:15.24 49.90 | |
| | 100m: 1:33.55 50.73 | 200m: 3:22.42 53.58 | 300m: 5:25.34 1:01.54 | 400m: 7:04.23 48.99 | |
| 4. | Lia Bijkerk | GZC DONK | NED 196000014 | 7:56.86 | +0.99 |
| | 50m: 51.61 51.61 | 150m: 3:01.58 1:04.74 | 250m: 5:05.85 1:04.00 | 350m: 7:05.65 52.62 | |
| | 100m: 1:56.84 1:05.23 | 200m: 4:01.85 1:00.27 | 300m: 6:13.03 1:07.18 | 400m: 7:56.86 51.21 | |

Masters 65+

| | | | | | |
|----|-----------------------|-----------------------|-----------------------|---------------------|-------|
| 1. | Patty Verhagen | PSV | NED 195900146 | 7:07.60 | +0.87 |
| | 50m: 51.80 51.80 | 150m: 2:43.91 53.63 | 250m: 4:36.81 1:00.83 | 350m: 6:23.70 46.06 | |
| | 100m: 1:50.28 58.48 | 200m: 3:35.98 52.07 | 300m: 5:37.64 1:00.83 | 400m: 7:07.60 43.90 | |
| 2. | Margriet Pasma | TriVia | NED 195500088 | 7:32.95 | +1.02 |
| | 50m: 55.20 55.20 | 150m: 2:53.57 56.72 | 250m: 4:51.81 1:02.20 | 350m: 6:44.99 48.56 | |
| | 100m: 1:56.85 1:01.65 | 200m: 3:49.61 56.04 | 300m: 5:56.43 1:04.62 | 400m: 7:32.95 47.96 | |
| 3. | Hannie Poletiek | TriVia | NED 195900278 | 7:58.88 | +0.93 |
| | 50m: 54.36 54.36 | 150m: 3:03.42 1:02.43 | 250m: 5:10.46 1:04.27 | 350m: 7:07.32 52.09 | |
| | 100m: 2:00.99 1:06.63 | 200m: 4:06.19 1:02.77 | 300m: 6:15.23 1:04.77 | 400m: 7:58.88 51.56 | |

Masters 70+

| | | | | | |
|----|----------------------------|-----------------------|-----------------------|-----------------------|--|
| 1. | Antoinette Gilding-Tussaud | WS Twente | NED 195000038 | 9:49.32 | |
| | 50m: 1:13.25 1:13.25 | 150m: 3:51.76 1:08.51 | 250m: 6:19.48 1:19.94 | 350m: 8:43.89 1:05.25 | |
| | 100m: 2:43.25 1:30.00 | 200m: 4:59.54 1:07.78 | 300m: 7:38.64 1:19.16 | 400m: 9:49.32 1:05.43 | |

Programmanr. 31
05-05-2024 - 11:44

4 x 100m wisselslag

Masters Open
Resultaten

| rang | vereniging | tijd | RT | PARA | |
|------------|----------------------------|---------------------|-------------------------|---------------------|-------|
| 80+, Heren | | | | | |
| 1. | ZVL-1886 Center 1 | ZVL-1886 Center | NED | 4:21.28 | +0.67 |
| | Guus Hoogduin | +0.67 31.62 1:05.43 | Robin van Beek | +0.20 27.82 1:02.13 | |
| | Robin van Peenen | +0.63 32.84 1:13.68 | Erik Baalbergen | +0.27 28.05 1:00.04 | |
| 2. | ZVDO'74 1 | ZVDO'74 | NED | 4:28.12 | +0.63 |
| | Sven Westerlaken | +0.63 32.41 1:06.75 | Damian Andel | +0.61 28.71 1:09.02 | |
| | Bart de Fijter | +0.45 34.61 1:15.82 | Mitchell van der Mooren | +0.08 27.05 56.53 | |
| 3. | HZ&PC Heerenveen 1 *50m | HZ&PC Heerenveen | NED | 4:29.76 | +0.67 |
| | Remco Dijkstra | +0.67 34.40 1:12.45 | Jorian Darwinkel | +0.10 27.71 1:03.21 | |
| | Richard Kuipers | +0.26 33.54 1:13.32 | Rob van Wier | +0.18 28.57 1:00.78 | |
| 4. | MSV-Zeemacht 2 | MSV-Zeemacht | NED | 4:36.18 | +0.72 |
| | Marco van der Wulp | +0.72 34.38 1:14.47 | Jordi de Nijs | +0.27 28.42 1:03.79 | |
| | Boyd Wijkman | +0.41 35.53 1:18.63 | Mees Minneboo | +0.39 28.35 59.29 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, 4 x 100m wisselslag

100+, Heren

| | | | | | | | | |
|----|--------------------|--------------|-------|---------|--------------------|-------|-------|---------|
| 1. | Nuenen 1 | Nuenen | | NED | 4:07.45 | +0.61 | | |
| | Luuk Smits | +0.61 | 28.25 | 58.76 | Wouter Sijmons | +0.46 | 28.97 | 1:03.52 |
| | Lars Diesch | +0.46 | 30.23 | 1:05.51 | Jeroen Schelling | +0.50 | 28.19 | 59.66 |
| 2. | ESCA Zwemmen 1 | ESCA Zwemmen | | NED | 4:23.67 | +0.68 | | |
| | Mike Schel | +0.68 | 33.42 | 1:07.88 | Wessel Haverkamp | +0.45 | 30.41 | 1:08.74 |
| | Jurre Stammes | +0.26 | 31.64 | 1:09.39 | Peter Rothengatter | +0.37 | 27.34 | 57.66 |
| 3. | Poseidon'56 1 | Poseidon'56 | | NED | 4:27.16 | +0.61 | | |
| | Gerard Willighagen | +0.61 | 31.01 | 1:04.60 | Erik van Gemert | +0.26 | 27.45 | 1:03.46 |
| | Jim Geestman | +0.43 | 34.11 | 1:17.04 | Sam Beer | +0.55 | 29.03 | 1:02.06 |
| 4. | ZOB'66 2 | ZOB'66 | | NED | 4:43.30 | +0.56 | | |
| | <i>*50m</i> | | | | | | | |
| | Ian van Mullem | +0.56 | 34.71 | 1:13.47 | Daan Siebenheller | +0.24 | 29.22 | 1:06.07 |
| | Boaz Troost | +0.33 | 36.40 | 1:20.40 | Jaimy Voogt | +0.24 | 29.57 | 1:03.36 |

120+, Heren

| | | | | | | | | |
|-----|--|----------------|-------|---------|-------------------|-------|-------|---------|
| 1. | WVZ 10 | WVZ | | NED | 4:20.09 | +0.77 | | |
| | Jasper Breugem | +0.77 | 31.73 | 1:05.33 | Jordy van Oel | +0.37 | 29.44 | 1:04.94 |
| | Sander Kirillova | +0.32 | 32.60 | 1:10.94 | Ivo Roozeboom | +0.35 | 28.01 | 58.88 |
| 2. | ZPC AMERSFOORT 4 | ZPC AMERSFOORT | | NED | 4:39.07 | +0.69 | | |
| | Jelle Blankestijn | +0.69 | 33.57 | 1:08.96 | Rob van Vliet | +0.03 | 30.41 | 1:08.33 |
| | Martijn Bartels | +0.64 | 37.34 | 1:21.28 | Erwin Buist | +0.31 | 28.15 | 1:00.50 |
| 3. | De Schotejil 1 | De Schotejil | | NED | 4:42.15 | +0.85 | | |
| | David Kievit | +0.85 | 32.85 | 1:07.47 | Frank v.d. Voordt | +0.67 | 32.08 | 1:09.27 |
| | Sven Dubbeld | | 39.13 | 1:23.37 | Niels Albrechts | +0.24 | 29.42 | 1:02.04 |
| 4. | RZ Roermond 1 | RZ | | NED | 4:47.23 | +0.63 | | |
| | Sven Doezen | +0.63 | 36.90 | 1:14.95 | Lars Hilkens | +0.31 | 29.51 | 1:06.57 |
| | Bert Schlicher | +0.48 | 38.09 | 1:20.52 | Gino Martijn | +0.21 | 29.41 | 1:05.19 |
| DIS | ESCA Zwemmen 2 | ESCA Zwemmen | | NED | | +0.82 | | |
| | <i>VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken., 3e zwemmer</i> | | | | | | | |
| | Job Esink | +0.82 | 39.18 | 1:22.51 | Tim de Vrught | +0.42 | | |
| | Sander de Vrught | +0.44 | 32.65 | 1:11.20 | Mees Laar | +0.27 | | |

160+, Heren

| | | | | | | | | |
|----|-------------------------------|-----------------------------|-------|---------|-------------------|-------|-------|---------|
| 1. | ZPCH 1 | ZPCH | | NED | 4:26.05 | +0.68 | | |
| | Ruud Holswilder | +0.68 | 31.98 | 1:06.06 | László Jüllich | +0.40 | 32.70 | 1:10.26 |
| | Lucas Douwma | +0.18 | 32.14 | 1:08.64 | Jasper van Heijst | +0.39 | 29.41 | 1:01.09 |
| 2. | Patrick-De Roersoppers (SG) 1 | Patrick-De Roersoppers (SG) | | NED | 5:07.04 | +0.55 | | |
| | Mike Jansen | +0.55 | 33.31 | 1:09.70 | Koen Wijnands | +0.56 | 30.97 | 1:10.31 |
| | Eric Dumas | +0.41 | 42.64 | 1:34.29 | Arno Schrauwen | +0.11 | 34.56 | 1:12.74 |

200+, Heren

| | | | | | | | | |
|-----|---|----------------|-------|---------|---------------------|-------|-------|---------|
| 1. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | | NED | 4:40.82 | +0.74 | | |
| | <i>Nederlands Masters Record</i> | | | | | | | |
| | Johan Remmits | +0.74 | 35.07 | 1:13.37 | Chester Marsman | +0.37 | 29.54 | 1:05.11 |
| | Jelle Opmeer | +0.32 | 32.37 | 1:11.05 | Henk Kuipers | +0.26 | 33.68 | 1:11.29 |
| 2. | PSV 5 | PSV | | NED | 5:46.74 | +0.71 | | |
| | Ron Phaff | +0.71 | 42.46 | 1:27.46 | Tom Bandsma | +1.03 | 49.15 | 1:52.02 |
| | Harold Matla | +0.58 | 37.73 | 1:20.97 | Arne-Willem Kroonen | +0.45 | 31.45 | 1:06.29 |
| DIS | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | | +0.80 | | |
| | <i>EA - Te vroeg overgenomen., 4e zwemmer</i> | | | | | | | |
| | Bruno Nahon | +0.80 | 38.74 | 1:20.57 | Olivier Bresoux | +0.29 | 38.84 | 1:20.94 |
| | Hugues Herman | +0.58 | 39.16 | 1:23.34 | Julien Marquet | -0.07 | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, 4 x 100m wisselslag

240+, Heren

| | | | | | | | |
|----------------|--------|-------|---------|--------------|----------------|-------|---------|
| 1. De Rog 1 | De Rog | | | NED | 5:01.43 | +0.78 | |
| Erik Kamphuis | +0.78 | 39.03 | 1:17.52 | Peter Bensen | +0.36 | 32.61 | 1:14.27 |
| Glen Le Clercq | +0.61 | 36.38 | 1:21.21 | Rob Spetter | +0.45 | 32.23 | 1:08.43 |

80+, Dames

| | | | | | | | |
|----------------------------------|------------------|-------|---------|-----------------|----------------|-------|---------|
| 1. Hieronymus 1 | Hieronymus | | | NED | 4:34.12 | +0.72 | |
| <i>Nederlands Masters Record</i> | | | | | | | |
| Nadja Roovers | +0.72 | 33.51 | 1:09.67 | Roos Englebort | +0.24 | 31.06 | 1:08.15 |
| Valesca van den Bogert | +0.44 | 35.82 | 1:16.12 | Selene Wortel | +0.31 | 28.64 | 1:00.18 |
| 2. Nederweert 1 | Nederweert | | | NED | 5:04.83 | +0.58 | |
| Femke de Wit | +0.58 | 35.55 | 1:16.14 | Dyonne Klomp | +0.34 | 32.78 | 1:15.28 |
| Daniëque Klomp | +0.37 | 41.06 | 1:27.29 | Tamara Bloemers | +0.08 | 30.97 | 1:06.12 |
| 3. HZ&PC Heerenveen 2 | HZ&PC Heerenveen | | | NED | 5:11.50 | +0.68 | |
| <i>*50m</i> | | | | | | | |
| Inge Dekker | +0.68 | 35.39 | 1:14.42 | Lianne van Wier | +0.42 | 32.86 | 1:15.92 |
| Leonie van Wier | +0.37 | 41.16 | 1:30.01 | Romy Jalving | +0.47 | 33.61 | 1:11.15 |

100+, Dames

| | | | | | | | |
|----------------------------------|-----------------|-------|---------|----------------------|----------------|-------|---------|
| 1. Nuenen 2 | Nuenen | | | NED | 4:38.17 | +0.64 | |
| <i>Nederlands Masters Record</i> | | | | | | | |
| Merel Phaff | +0.64 | 33.56 | 1:11.24 | Britt Bogers | +0.34 | 31.84 | 1:12.49 |
| Robin Goossens | +0.23 | 34.17 | 1:13.61 | Anneloes Peulen | +0.36 | 28.75 | 1:00.83 |
| 2. Niemo Barracuda 1 | Niemo Barracuda | | | NED | 4:54.74 | +0.64 | |
| Robin Pienaar | +0.64 | 35.85 | 1:15.89 | Denise Boereboom | +0.43 | 31.72 | 1:11.73 |
| Melissa van der Heijden | +0.27 | 38.84 | 1:23.88 | Amber Hesper | +0.21 | 29.62 | 1:03.24 |
| 3. OEZA 1 | OEZA | | | NED | 5:03.26 | +0.73 | |
| Jade Broek | +0.73 | 33.50 | 1:11.81 | Eline Hoekstra | +0.39 | 33.12 | 1:15.34 |
| Shira de Haan | +0.55 | 41.70 | 1:30.26 | Anne Groen | +0.39 | 30.61 | 1:05.85 |
| 4. PSV 6 | PSV | | | NED | 5:14.31 | +0.75 | |
| Diane Schoenmaker | +0.75 | 39.69 | 1:21.10 | Leonor Babo | +0.26 | 34.55 | 1:17.48 |
| Fiona Meuffels | +0.35 | 40.74 | 1:26.92 | Larissa Jansen | +0.47 | 33.20 | 1:08.81 |
| 5. De Duck 6 | De Duck | | | NED | 5:28.79 | +0.72 | |
| <i>*50m</i> | | | | | | | |
| Kimberley van Buren | +0.72 | 43.25 | 1:28.47 | Marcella van der Ent | +0.57 | 33.97 | 1:16.20 |
| Noa de Bock | +0.47 | 42.53 | 1:29.80 | Judith Kleinjan | +0.26 | 34.76 | 1:14.32 |
| 6. ZVL-1886 Center 2 | ZVL-1886 Center | | | NED | 5:44.05 | +0.71 | |
| Cynthia van Veen | +0.71 | 45.09 | 1:34.03 | Margien Timmer | +0.43 | 40.43 | 1:31.08 |
| Maartje Hids | +0.41 | 41.92 | 1:28.76 | Adela Vázquez García | +0.56 | 33.21 | 1:10.18 |

120+, Dames

| | | | | | | | |
|-------------------------|----------------|-------|---------|------------------|----------------|-------|---------|
| 1. WVZ 9 | WVZ | | | NED | 4:44.84 | +0.74 | |
| Mabel Suij | +0.74 | 34.94 | 1:11.02 | Delia Badoux | +0.29 | 31.01 | 1:10.53 |
| Lauren van IJl | +0.33 | 38.14 | 1:23.02 | Leonie van Noord | +0.33 | 28.88 | 1:00.27 |
| 2. Poseidon'56 2 | Poseidon'56 | | | NED | 5:16.35 | +0.75 | |
| Tonia Ruybroek | +0.75 | 39.29 | 1:22.75 | Kelly de Jonge | +0.58 | 34.40 | 1:16.75 |
| Kelly Wiglevan | +0.55 | 41.97 | 1:29.90 | Rianne Bresser | +0.41 | 31.25 | 1:06.95 |
| 3. ZPC AMERSFOORT 3 | ZPC AMERSFOORT | | | NED | 5:19.57 | +0.59 | |
| Lotte Eising | +0.59 | 38.48 | 1:20.55 | Jisca Majolée | +0.57 | 36.21 | 1:20.53 |
| Marjan Remmits-de Lange | +0.35 | 43.07 | 1:33.75 | Marije Jansen | +0.10 | 29.75 | 1:04.74 |
| 4. De Geul 2 | De Geul | | | NED | 5:27.54 | +0.75 | |
| Faustine Mussig | +0.75 | 38.73 | 1:21.09 | Esmee Wijnmaalen | +0.25 | 32.98 | 1:14.21 |
| Aafke Groot | +0.18 | 44.91 | 1:35.22 | Marijke Campfens | +0.32 | 36.53 | 1:17.02 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, 4 x 100m wisselslag

160+, Dames

| | | | | | | | | |
|----|---------------------------------|--------------|-------|---------|----------------------|-------|-------|---------|
| 1. | PSV 7 | PSV | | NED | 5:22.10 | +0.74 | | |
| | Nanda van Heteren | +0.74 | 41.49 | 1:24.86 | Carla Geurts | +0.16 | 34.28 | 1:12.91 |
| | Jolanda van Gendt | +0.59 | 46.54 | 1:39.70 | Jenny Schouten | +0.51 | 31.25 | 1:04.63 |
| 2. | MSV-Zeemacht 1 | MSV-Zeemacht | | NED | 5:44.95 | +1.08 | | |
| | <i>*50m</i> | | | | | | | |
| | Annette van Dok | +1.08 | 48.81 | 1:41.54 | Jet Kleine | +0.37 | 35.79 | 1:18.98 |
| | Bianca Groot | +0.56 | 46.62 | 1:37.15 | Tessa van Dijk-Mosch | +0.11 | 31.36 | 1:07.28 |
| 3. | Old Dutch 1 | Old Dutch | | NED | 6:03.84 | +1.01 | | |
| | Karin van Nassau-van den Heuvel | +1.01 | 51.26 | 1:45.46 | Chantal Verhoeff | | 38.01 | 1:30.53 |
| | Marleen Zantingh | +0.53 | 45.19 | 1:36.62 | Patricia Brooijmans | +0.62 | 33.62 | 1:11.23 |

200+, Dames

| | | | | | | | | |
|----|------------------------------|--------------|-------|---------|----------------------|-------|-------|---------|
| 1. | PSV 3 | PSV | | NED | 5:08.51 | +0.72 | | |
| | Gudule van der Meer | +0.72 | 37.17 | 1:17.20 | Jeanne Petit | +0.43 | 34.66 | 1:16.92 |
| | Liselotte Joling | +0.72 | 42.30 | 1:31.32 | Kirsten Cameron | +0.33 | 30.49 | 1:03.07 |
| 2. | ESCA Zwemmen 4 | ESCA Zwemmen | | NED | 5:55.71 | +0.92 | | |
| | <i>*50m</i> | | | | | | | |
| | Karin van der Star-Verhoeven | +0.92 | 43.87 | 1:33.92 | Arlette de Vegt | +0.22 | 31.54 | 1:09.29 |
| | Yoka de Vegt-van Dijk | +0.78 | 47.10 | 1:42.68 | Marien Kolkman-Pluim | +0.63 | 42.88 | 1:29.82 |
| 3. | Link 1 | Link | | NED | 7:01.27 | +0.84 | | |
| | Annette Spies | +0.84 | 55.77 | 1:54.13 | Elise Kenworthy | +0.69 | 49.80 | 1:49.37 |
| | Ilonka van der Meer | +0.42 | 49.86 | 1:47.88 | José Bodde | +0.49 | 43.60 | 1:29.89 |

80+, Gemengd

| | | | | | | | | |
|----|---------------------------|-------------------------|-------|---------|---------------------|-------|-------|---------|
| 1. | De Columbiaan 1 | De Columbiaan | | NED | 4:36.79 | +0.69 | | |
| | Daan Hogerhuis | +0.69 | 30.41 | 1:04.25 | Julia Notenboom | +0.43 | 31.95 | 1:11.61 |
| | Dave van den Nieuwendijk | +0.50 | 32.55 | 1:12.96 | Anouk Vis | +0.37 | 31.68 | 1:07.97 |
| 2. | De Amstel 1 | De Amstel | | NED | 4:45.99 | +0.79 | | |
| | Iris Bastiaansen | +0.79 | 38.24 | 1:18.03 | Nick Sijmons | +0.39 | 27.16 | 59.18 |
| | Owen Michels | +0.46 | 37.49 | 1:21.04 | Iris van der Moolen | +0.27 | 32.05 | 1:07.74 |
| 3. | Westland Swimming Stars 1 | Westland Swimming Stars | | NED | 5:06.12 | +0.74 | | |
| | <i>*50m</i> | | | | | | | |
| | Anouk van der Lans | +0.74 | 40.43 | 1:23.14 | Nick Boekestijn | +0.62 | 32.82 | 1:11.80 |
| | Patrick Wyrdean | +0.60 | 38.91 | 1:23.88 | Kim de Jong | +0.48 | 32.29 | 1:07.30 |

100+, Gemengd

| | | | | | | | | |
|----|------------------------|-----------------|-------|---------|---------------------|-------|-------|---------|
| 1. | De Warande 1 | De Warande | | NED | 4:30.64 | +0.75 | | |
| | Désirée Emmen | +0.75 | 35.85 | 1:14.91 | Tom Balsen Versteeg | +0.63 | 28.68 | 1:01.59 |
| | Nicko Kamphuis | +0.36 | 30.92 | 1:07.64 | Gwen Eygendaal | +0.18 | 31.40 | 1:06.50 |
| 2. | DES 1 | DES | | NED | 4:43.78 | +0.78 | | |
| | Lotte Coenen | +0.78 | 35.25 | 1:14.40 | Anne Aarts | +0.40 | 35.50 | 1:18.87 |
| | Vladislavs Svarnovics | +0.49 | 33.99 | 1:13.72 | Bart Weiland | +0.22 | 26.59 | 56.79 |
| 3. | ZPC Woerden 1 | ZPC Woerden | | NED | 4:52.53 | +0.75 | | |
| | Ilse van den Wijngaard | +0.75 | 37.65 | 1:18.10 | Ian Terlouw | +0.40 | 29.48 | 1:07.19 |
| | Daphne Dols | +0.27 | 39.85 | 1:28.07 | Milan de Roo | +0.08 | 27.85 | 59.17 |
| 4. | De Geul 1 | De Geul | | NED | 4:52.87 | +0.64 | | |
| | Heijmen van Vliet | +0.64 | 34.66 | 1:11.01 | Marcha Admiraal | +0.51 | 31.75 | 1:10.16 |
| | Nathan Janssen | +0.24 | 35.84 | 1:16.78 | Isabelle Janssen | +0.54 | 35.58 | 1:14.92 |
| 5. | ZOB'66 1 | ZOB'66 | | NED | 4:53.29 | +0.70 | | |
| | Nina Tourton | +0.70 | 40.27 | 1:22.29 | Nino van Krimpen | +0.40 | 30.94 | 1:06.70 |
| | Mart de Koning | +0.39 | 34.27 | 1:16.67 | Wendy de Bruin | +0.38 | 32.15 | 1:07.63 |
| 6. | Aqua-Novio '94 1 | Aqua-Novio '94 | | NED | 4:53.70 | +0.71 | | |
| | Joey Papaioannou | +0.71 | 31.72 | 1:07.11 | Steven Uijl | +0.50 | 29.67 | 1:14.91 |
| | Guusje van Lent | +0.46 | 38.07 | 1:23.28 | Natasja Snijders | +0.52 | 31.11 | 1:08.40 |
| 7. | Niemo Barracuda 3 | Niemo Barracuda | | NED | 5:02.53 | +0.79 | | |
| | Tamara van den Brink | +0.79 | 40.62 | 1:26.17 | Ids de Klerk | +0.51 | 32.85 | 1:12.44 |
| | Thomas Hesper | +0.60 | 34.09 | 1:13.74 | Marijke Kommers | +0.54 | 33.35 | 1:10.18 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, Gemengd, 4 x 100m wisselslag, 100+

| rang | vereniging | | | | tijd | RT | PARA | |
|------|---|-------------------------|-------|---------|-----------------|-------|-------|---------|
| 8. | ZV Hoogland 2 | Zwemvereniging Hoogland | NED | | 5:03.64 | +0.85 | | |
| | Angela Giezen | +0.85 | 40.45 | 1:23.34 | Kevin Roest | +0.38 | 31.45 | 1:10.65 |
| | Yvette Meijer | +0.62 | 41.87 | 1:29.48 | Jeffrey Roest | +0.42 | 29.30 | 1:00.17 |
| 9. | WS Twente 2 | WS Twente | NED | | 5:17.41 | +0.86 | | |
| | Lieke Stoker | +0.86 | 39.84 | 1:23.51 | Sander Riezebos | +0.29 | 31.74 | 1:13.32 |
| | Roméé Beverdam | +0.22 | 44.54 | 1:35.98 | Cars Wiegmann | +0.33 | 29.93 | 1:04.60 |
| DIS | Het Ravijn 1 | Het Ravijn | NED | | | +0.84 | | |
| | <i>EA - Te vroeg overgenomen., 4e zwemmer</i> | | | | | | | |
| | William Kruithof | +0.84 | 38.63 | 1:21.67 | Noa Boerma | +0.36 | 38.96 | 1:28.99 |
| | Marijn Heetkamp | +0.51 | 39.52 | 1:25.59 | Lotte de Vente | -0.05 | | |

120+, Gemengd

| | | | | | | | | |
|----|---|-----------------------------|-------|---------|-----------------------------|-------|-------|---------|
| 1. | ZV Hoogland 1 | Zwemvereniging Hoogland | NED | | 4:28.38 | +0.53 | | |
| | Anne-Irene Ducheine | +0.53 | 34.42 | 1:11.99 | Bas Dries | +1.28 | 28.95 | 1:03.26 |
| | Yuri van Omme | +0.36 | 32.64 | 1:10.30 | Jamilla van Omme - van Veen | +0.41 | 29.56 | 1:02.83 |
| 2. | Zwemlust- den Hommel 1 | Zwemlust- den Hommel | NED | | 4:38.64 | +0.70 | | |
| | Sophie Stekelenburg | +0.70 | 37.30 | 1:18.13 | Matteo Viani | +0.36 | 29.04 | 1:02.74 |
| | Vincent Versteeg | +0.16 | 33.87 | 1:14.40 | Manon Kloosterman | +0.33 | 30.29 | 1:03.37 |
| 3. | SG CWW Swim Team 1 | SG CWW Swim Team | NED | | 4:40.62 | +0.67 | | |
| | Lois van Oijen | +0.67 | 35.19 | 1:13.83 | Antwan van Engen | +0.30 | 29.59 | 1:04.86 |
| | Dirk Zeelte | +0.59 | 33.41 | 1:13.01 | Yvette Ratering | +0.87 | 32.77 | 1:08.92 |
| 4. | De Treffers 1 | De Treffers | NED | | 5:07.50 | +0.67 | | |
| | Tim van Grunsven | +0.67 | 34.84 | 1:12.70 | Miranda Pijnenburg | +0.52 | 37.86 | 1:21.91 |
| | Danny Visser | +0.33 | 37.14 | 1:22.19 | Nienke van Zoggel | +0.38 | 33.52 | 1:10.70 |
| 5. | Patrick-De Roersoppers (SG) 2 | Patrick-De Roersoppers (SG) | NED | | 5:13.36 | +0.70 | | |
| | Patrick Creemers | +0.70 | 34.29 | 1:12.23 | Max Martens | +0.31 | 31.08 | 1:13.82 |
| | Pascalie Janssen | +0.49 | 43.77 | 1:35.45 | Senna Bongartz | +0.16 | 34.34 | 1:11.86 |
| 6. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | 5:13.53 | +0.67 | | |
| | <i>*100m</i> | | | | | | | |
| | Nais Van Oudenhove | +0.67 | 38.59 | 1:19.04 | Stéphanie Schoemans | 0.00 | 31.58 | 1:11.32 |
| | Nicolas Gheis | | 40.59 | 1:27.08 | Antonio Friz | +0.38 | 34.93 | 1:16.09 |
| 7. | AZC 2 | AZC | NED | | 5:15.07 | +0.73 | | |
| | Patrick Brouwer | +0.73 | 36.49 | 1:15.58 | Auke Sijperda | +0.53 | 33.55 | 1:17.50 |
| | Mariska Kroon-Zaal | +0.68 | 42.99 | 1:36.26 | Monique van Huizen | -0.03 | 30.56 | 1:05.73 |
| 8. | Neptunus'58 1 | Neptunus'58 | NED | | 5:17.13 | +0.74 | | |
| | Sandra Schellekens | +0.74 | 41.48 | 1:27.16 | Selina Janssen | +0.48 | 34.61 | 1:14.28 |
| | Rob van de Ven | +0.43 | 41.48 | 1:30.64 | Rens Hoogenboom | +0.18 | 29.78 | 1:05.05 |
| 9. | VZV Njord 5 | VZV Njord | NED | | 5:32.06 | +0.79 | | |
| | Laura Folkers | +0.79 | 44.48 | 1:33.37 | Jesper Pas | +0.38 | 30.57 | 1:06.20 |
| | Jacques Verriet | +0.48 | 44.24 | 1:33.96 | Karin Sagonas-Koolen | +0.52 | 37.02 | 1:18.53 |

160+, Gemengd

| | | | | | | | | |
|----|---|---------------------|-------|---------|-------------------------|-------|-------|---------|
| 1. | ACZ 4 | ACZ | NED | | 4:46.90 | +0.80 | | |
| | Tjeerd Visser | +0.80 | 33.84 | 1:11.03 | Roos van Esch | +0.47 | 33.90 | 1:13.78 |
| | Kevin Kingma | +0.61 | 33.96 | 1:13.85 | Carol Hollemans | +0.16 | 31.68 | 1:08.24 |
| 2. | ZPC AMERSFOORT 2 | ZPC AMERSFOORT | NED | | 4:47.98 | +0.81 | | |
| | Martijn Giezen | +0.81 | 32.35 | 1:07.87 | Lidia v. Bon-Rosenbrand | +0.29 | 35.42 | 1:15.49 |
| | Tom van den Akker | +0.13 | 33.65 | 1:15.95 | Lesley Cordial | +0.48 | 31.64 | 1:08.67 |
| 3. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | 4:52.69 | +0.66 | | |
| | <i>Belgisch Masters Record</i> | | | | | | | |
| | Nicolas Collard | +0.66 | 31.89 | 1:06.69 | Valérie Rolland | +0.52 | 35.56 | 1:20.34 |
| | Nathalie Blondeel | +0.44 | 42.06 | 1:28.83 | Sébastien Francotte | +0.52 | 27.42 | 56.83 |
| 4. | ZVVS 1 | ZVVS | NED | | 5:11.36 | +0.87 | | |
| | Nadya Putter | +0.87 | 40.84 | 1:23.80 | Bram Piederiet | +0.48 | 31.79 | 1:12.61 |
| | Karin Stein | +0.48 | 42.81 | 1:32.19 | Bas van den Nouweland | +0.53 | 29.60 | 1:02.76 |
| 5. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | NED | | 5:12.35 | +0.54 | | |
| | Kalle van Gemert | +0.54 | 30.05 | 1:04.58 | Sandy Pleyte | +0.41 | 33.30 | 1:12.65 |
| | Marijke van Hoek | +0.52 | 50.05 | 1:45.70 | Jelita van Esseveld | +0.42 | 32.27 | 1:09.42 |
| 6. | WVZ 8 | WVZ | NED | | 5:15.66 | +0.81 | | |
| | Manon van Strien | +0.81 | 35.96 | 1:14.96 | Markus van Rest | +0.17 | 31.34 | 1:10.61 |
| | Arthur van Strien | +0.72 | 40.35 | 1:28.20 | Anita Steijger | +0.59 | 39.49 | 1:21.89 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, Gemengd, 4 x 100m wisselslag, 160+

| rang | vereniging | | | | tijd | RT | PARA | |
|------|----------------------------|-----------------|-------|---------|-------------------------|-------|-------|---------|
| 7. | Niemo Barracuda 2 *50m | Niemo Barracuda | | NED | 5:23.36 | +0.76 | | |
| | Mark Hensen | +0.76 | 34.16 | 1:09.50 | Dennis Dortland | +0.28 | 32.67 | 1:10.83 |
| | Jacqueline Rolloos-Bakkers | +0.36 | 46.04 | 1:42.08 | Jacoline van den Beukel | +0.19 | 36.84 | 1:20.95 |
| 8. | De Duinkickers 1 | De Duinkickers | | NED | 5:31.98 | +0.78 | | |
| | Maaïke de Boer | +0.78 | 39.59 | 1:21.72 | Mathieu Rikken | +0.60 | 35.69 | 1:26.82 |
| | Inge Roskam | +0.30 | 42.09 | 1:33.48 | Connor Elemans | +0.61 | 33.97 | 1:09.96 |
| 9. | De Duck 5 | De Duck | | NED | 5:33.48 | +0.84 | | |
| | Erik Saan | +0.84 | 40.13 | 1:25.89 | Rachel Trainor | +0.48 | 39.14 | 1:28.64 |
| | Geraldine Trainor | +0.73 | 43.51 | 1:33.58 | Ryan van der Sluijs | +0.55 | 30.80 | 1:05.37 |

200+, Gemengd

| | | | | | | | | |
|----|----------------------------|-------------------------|-------|---------|-----------------------|-------|-------|---------|
| 1. | DAW 1 | DAW | | NED | 5:09.04 | +0.85 | | |
| | Paul Oudendijk | +0.85 | 33.89 | 1:09.80 | Hans Schoenmakers | +0.48 | 35.89 | 1:21.24 |
| | Jacqueline Tuin | +0.48 | 40.85 | 1:29.07 | Ilna Hogerheyde | +0.53 | 32.49 | 1:08.93 |
| 2. | De Biesboschwimmers 6 | De Biesboschwimmers | | NED | 5:09.30 | +0.73 | | |
| | Johanna van Wijnen | +0.73 | 37.52 | 1:18.35 | Paul Wijnja | +0.50 | 36.51 | 1:21.22 |
| | Marjo Goelma-Koek | +0.43 | 38.26 | 1:23.27 | Henri Verschoor | +0.66 | 31.92 | 1:06.46 |
| 3. | Westland Swimming Stars 2 | Westland Swimming Stars | | NED | 5:16.54 | +0.83 | | |
| | Mark Nuijten | +0.83 | 39.72 | 1:22.18 | Mirjan den Drijver | +0.41 | 34.53 | 1:19.68 |
| | Pieter Broek | +0.52 | 38.75 | 1:24.17 | Netty Burik-Geijssen | -0.01 | 33.19 | 1:10.51 |
| 4. | AZC 1 | AZC | | NED | 5:50.25 | +0.73 | | |
| | Wim de Lange | +0.73 | 47.60 | 1:37.62 | Ramona Linting | +0.60 | 40.12 | 1:29.35 |
| | Ricardo van Dam | +0.70 | 37.79 | 1:17.95 | Sandra Daamen-Posma | +0.35 | 40.23 | 1:25.33 |
| 5. | De Duinkickers 2 | De Duinkickers | | NED | 5:55.52 | +0.81 | | |
| | Esther Poortvliet - Koedam | +0.81 | 40.88 | 1:22.84 | Saskia op den Velde | +0.63 | 45.09 | 1:44.36 |
| | Robert de Brauwer | +0.42 | 43.29 | 1:33.21 | Marcel Brittijn | +0.02 | 34.78 | 1:15.11 |
| 6. | SWOL 1894 9 | SWOL 1894 | | NED | 6:02.01 | +0.73 | | |
| | Erik Wetsteijn | +0.73 | 40.85 | 1:23.17 | Christine Nieuwenhuis | +0.60 | 45.32 | 1:45.56 |
| | Albert van Piekeren | +0.16 | 35.89 | 1:17.52 | Jessica van Velzen | +0.63 | 44.98 | 1:35.76 |
| 7. | De Rog 2 *50m | De Rog | | NED | 6:14.71 | +0.78 | | |
| | Ageeth Westenbrink | +0.78 | 56.79 | 1:58.06 | Esther Vergeest | +0.54 | 41.37 | 1:31.07 |
| | Arjan Verheij | +0.53 | 42.88 | 1:31.58 | Wijnand Vergeest | +0.42 | 34.35 | 1:14.00 |

240+, Gemengd

| | | | | | | | | |
|-----|--|----------|-------|---------|------------------------------|-------|-------|---------|
| 1. | GZC DONK 1 | GZC DONK | | NED | 6:21.17 | +0.82 | | |
| | Nathasja Konijn | +0.82 | 48.21 | 1:39.82 | Petra Tossings-van de Hooven | +0.70 | 44.28 | 1:36.17 |
| | Pierre de Groot | +0.60 | 46.92 | 1:41.07 | Peter Coffeng | +0.57 | 39.41 | 1:24.11 |
| DIS | Cercle De Natation Sportcity WolCercle De Natation Sportcity Wol | | | BEL | | +0.80 | | |
| | <i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt., *3e zwemmer</i> | | | | | | | |
| | Pierrette Michel | +0.80 | 40.85 | 1:23.79 | Claire Anthony | +0.26 | | |
| | Christian Schoenaers | +0.72 | 44.25 | 1:37.08 | Philippe Godbille | +0.79 | | |

280+, Gemengd

| | | | | | | | | |
|----|------------------|-------|-------|---------|----------------|-------|-------|---------|
| 1. | PSV 1 | PSV | | NED | 6:39.15 | +0.75 | | |
| | Brend Brevé | +0.75 | 41.86 | 1:24.51 | Patty Verhagen | +0.69 | 51.29 | 1:48.77 |
| | Corrie Verhoeven | +0.56 | 52.57 | 1:55.50 | Jan Nuijten | +0.77 | 41.83 | 1:30.37 |

320+, Gemengd

| | | | | | | | | |
|----|--------------------|-------|---------|---------|----------------|-------|---------|---------|
| 1. | PSV 2 | PSV | | NED | 9:40.80 | +1.86 | | |
| | Marianne Maandonks | +1.86 | 1:54.33 | 4:09.03 | Soan Thung | +0.53 | 35.13 | 1:16.74 |
| | Rob Hanou | +0.72 | 56.23 | 2:00.77 | Lottie Geurts | +0.89 | 1:05.76 | 2:14.26 |

7 - ONMK 2024 lb Sessie 7

05-05-2024 - 13:30

Programmanr. 33
05-05-2024 - 13:30

Heren, 50m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|-------------------------|--------------------------------|-----|----------------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Luuk Smits | Nuenen | NED | 200001015 | 24.12 | +0.78 | |
| 2. | Daan Hogerhuis | De Columbiaan | NED | 200300317 | 24.43 | +0.72 | |
| 3. | Luc Mul | DAW | NED | 200201025 | 24.50 | +0.68 | |
| 4. | Marijn in 't Veld | De Warande | NED | 200002907 | 25.18 | +0.61 | |
| 5. | Hendrik Broekema | Bubble | NED | 200002205 | 25.29 | +0.64 | |
| 6. | Erik van Gemert | Poseidon'56 | NED | 200300587 | 25.30 | +0.70 | |
| 7. | Gerard Willighagen | Poseidon'56 | NED | 200103663 | 25.31 | +0.66 | |
| 8. | Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 25.36 | +0.64 | |
| 9. | Thomas Vastenhout | ZPCH | NED | 200204545 | 25.46 | +0.66 | |
| 10. | Junior Vermeulen | De Bevelanders | NED | 200103363 | 25.50 | +0.65 | |
| 11. | Teun van der Schrier | Hieronymus | NED | 200403627 | 25.71 | +0.73 | |
| 12. | Mitchell van der Moeren | ZVDO'74 | NED | 200200953 | 25.86 | +0.70 | |
| 13. | Kevin Roest | Zwemvereniging Hoogland | NED | 200001223 | 26.01 | +0.70 | |
| 14. | Tim Speijer | Bubble | NED | 200301661 | 26.04 | +0.70 | |
| 15. | Stijn den Otter | ZZ&PC De Devel | NED | 200200225 | 26.09 | +0.58 | |
| 16. | Luuk Kresin | Patrick-De Roersoppers (SG) | NED | 200303275 | 26.23 | +0.69 | |
| 17. | Remco Dijkstra | HZ&PC Heerenveen | NED | 200100789 | 26.35 | +0.69 | |
| 18. | Bas van den Akker | PSV | NED | 200204651 | 26.44 | +0.68 | |
| 19. | Mees Minneboo | MSV-Zeemacht | NED | 200203465 | 26.45 | +0.66 | |
| 20. | Yuri Wasser | PSV | NED | 200301327 | 26.47 | +0.65 | |
| 21. | Nino van Krimpen | ZOB'66 | NED | 200004611 | 26.51 | +0.65 | |
| 22. | Fayssal Lantema | Zwemlust- den Hommel | NED | 200101379 | 26.60 | +0.73 | |
| 23. | Jelle Opmeer | ZPC AMERSFOORT | NED | 200100269 | 26.72 | +0.64 | |
| 24. | Boyd Wijkman | MSV-Zeemacht | NED | 200104759 | 26.75 | +0.71 | |
| 25. | Tom van den Akker | ZPC AMERSFOORT | NED | 200204653 | 26.77 | +0.64 | |
| 26. | Milan de Roo | ZPC Woerden | NED | 200102215 | 26.78 | +0.61 | |
| 27. | Marc Hoogeveen | DZ&PC | NED | 200101585 | 26.84 | +0.69 | |
| 28. | Maxim Wouters | ShaRK - Swimming Region Kempen | BEL | SHARK/10458/02 | 26.97 | +0.74 | |
| 29. | Esper Paans | ZZ&PC De Devel | NED | 200100607 | 27.11 | +0.71 | |
| 30. | Mart de Koning | ZOB'66 | NED | 200203253 | 27.12 | +0.71 | |
| 31. | Owen Michels | De Amstel | NED | 200402293 | 27.46 | +0.68 | |
| 32. | Sven Doezen | RZ | NED | 200400403 | 27.64 | +0.66 | |
| | Rens Hoogenboom | Neptunus'58 | NED | 200403893 | 27.64 | +0.61 | |
| 34. | Tenzin Tieman | Old Dutch | NED | 200005549 | 27.73 | +0.78 | |
| 35. | Kevin Vermeulen | Bubble | NED | 200203849 | 27.92 | +0.73 | |
| 36. | Wessel Haverkamp | ESCA Zwemmen | NED | 200204755 | 27.94 | +0.68 | |
| 37. | Rik Stahlie | TriVia | NED | 200201915 | 28.17 | +0.73 | |
| 38. | Jesper Pas | VZV Njord | NED | 200200967 | 28.29 | +0.71 | |
| 39. | Dion Staal | De Warande | NED | 200200065 | 28.67 | +0.70 | |
| 40. | Jaimy Voogt | ZOB'66 | NED | 200005881 | 28.75 | +0.75 | |
| | Thomas Hesper | Niemo Barracuda | NED | 200004181 | 28.75 | +0.80 | |
| 42. | Boaz Troost | ZOB'66 | NED | 200100371 | 28.94 | +0.69 | |
| 43. | Lanco Manaf | Het Ravijn | NED | 200402715 | 29.08 | +0.69 | |
| 44. | Ivo Driehuis | De Amstel | NED | 200204399 | 29.12 | +0.75 | |
| 45. | Ryan van der Sluijs | De Duck | NED | 200105571 | 29.82 | +0.68 | |
| 46. | Nigel Werring | Zwemlust- den Hommel | NED | 200301503 | 29.94 | +0.78 | |
| 47. | Basem Rashed | PSV | NED | 200305111 | 30.10 | +0.63 | |

Masters 25+

| | | | | | | | |
|----|----------------------|------------------------------|-----|-----------|--------------|-------|--|
| 1. | Felix Geenen | DAW | NED | 199501085 | 23.71 | +0.71 | |
| 2. | Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 24.18 | +0.66 | |
| 3. | Melvin Prins | Feijenoord Albion Zwemclub | NED | 199500201 | 24.69 | +0.67 | |
| 4. | Eric Rodríguez Ramos | Club Natació Swimfaster Salt | ESP | | 24.83 | +0.63 | |
| 5. | Max Peters | Nuenen | NED | 199903123 | 24.95 | +0.65 | |
| 6. | Kalle van Gemert | ZPC De Zeeuwse Kust | NED | 199801259 | 25.06 | +0.65 | |
| 7. | Ryan van den Ouden | Poseidon'56 | NED | 199900377 | 25.14 | +0.75 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 33, Heren, 50m vrije slag, Masters 25+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|-----------------------|-------------------------|---------------|--------------|-------|------|
| 8. | Joey Papaioannou | Aqua-Novio '94 | NED 199802269 | 25.86 | +0.74 | |
| 9. | Bart Weiland | DES | NED 199700777 | 25.98 | +0.67 | |
| 10. | Jelle Blankestijn | ZPC AMERSFOORT | NED 199803737 | 26.05 | +0.71 | |
| 11. | Sander Kirillova | WVZ | NED 199800121 | 26.08 | +0.64 | |
| 12. | Robin van Beek | ZVL-1886 Center | NED 199704023 | 26.32 | +0.69 | |
| 13. | Jurre Stammes | ESCA Zwemmen | NED 199701843 | 26.61 | +0.73 | |
| 14. | Richard Kuipers | HZ&PC Heerenveen | NED 199704171 | 26.68 | +0.69 | |
| 15. | Jordi de Nijs | MSV-Zeemacht | NED 199801851 | 26.73 | +0.67 | |
| | Tim van Grunsven | De Treffers | NED 199804535 | 26.73 | +0.76 | |
| 17. | Pieter Ytsma | De Aalscholver | NED 199501809 | 26.74 | +0.72 | |
| 18. | Sam Beer | Poseidon'56 | NED 199605521 | 26.82 | +0.70 | |
| 19. | Jeroen Schelling | Nuenen | NED 199701837 | 26.88 | +0.71 | |
| 20. | Nick Boekestijn | Westland Swimming Stars | NED 199900291 | 26.98 | +0.65 | |
| 21. | Kevin Kingma | ACZ | NED 199700559 | 27.01 | +0.68 | |
| 22. | Martijn Bartels | ZPC AMERSFOORT | NED 199603493 | 27.23 | +0.74 | |
| 23. | Danny Visser | De Treffers | NED 199600381 | 27.30 | +0.72 | |
| 24. | Jorrik Kerdijk | Bubble | NED 199602135 | 27.31 | +0.67 | |
| 25. | Luke van Elst | VZV Njord | NED 199805903 | 27.46 | +0.73 | |
| 26. | Ian van Mullem | ZOB'66 | NED 199602545 | 27.68 | +0.68 | |
| 27. | Patrick Wyrdean | Westland Swimming Stars | NED 199702475 | 27.69 | +0.68 | |
| 28. | Rob van Wier | HZ&PC Heerenveen | NED 199900697 | 27.82 | +0.73 | |
| 29. | Laurens Spoelstra | WS Twente | NED 199901273 | 27.91 | +0.76 | |
| 30. | Vladislavs Svarnovics | DES | NED 199605925 | 27.99 | +0.76 | |
| 31. | Stefan de Leeuw | Nederweert | NED 199503483 | 28.04 | +0.83 | |
| 32. | Marijn Heetkamp | Het Ravijn | NED 199903407 | 28.20 | +0.75 | |
| 33. | Jeroen van Dinther | Neptunus'58 | NED 199701569 | 28.26 | +0.71 | |
| 34. | Jeroen Louwinger | De Rijn | NED 199900583 | 28.51 | +0.71 | |
| 35. | Auke Sijperda | AZC | NED 199905115 | 28.89 | +0.64 | |
| 36. | Dave Weijers | Hydra | NED 199603335 | 29.03 | +0.70 | |
| 37. | Jasper Strijp | De Rog | NED 199804399 | 29.06 | +0.67 | |
| 38. | Sven Dubbeld | De Schotejil | NED 199601141 | 29.36 | +0.85 | |
| 39. | Ids de Klerk | Niemo Barracuda | NED 199803237 | 29.57 | +0.83 | |
| 40. | Tom Linsen | Nederweert | NED 199801553 | 29.92 | +0.68 | |
| 41. | Remco Visser | ZPC Woerden | NED 199503185 | 30.14 | +0.68 | |
| 42. | Job Esink | ESCA Zwemmen | NED 199801699 | 30.71 | +0.79 | |
| 43. | Kien Vuong | De Kempvis | NED 199506173 | 31.62 | +0.80 | |
| 44. | Mike van der Sanden | PSV | NED 199506349 | 37.98 | +1.00 | |

Masters 30+

| | | | | | | |
|-----|------------------------|-------------------------------------|----------------|--------------|-------|--|
| 1. | Jeroen Baars | Niemo Barracuda | NED 199200031 | 23.80 | +0.73 | |
| 2. | Marc Kremer | TriVia | NED 199004667 | 24.98 | +0.65 | |
| 3. | Sébastien Francotte | Cercle De Natation Sportcity WolBEL | CNSW/013599/92 | 25.05 | +0.70 | |
| 4. | Rick van Hamond | Z&PC Zegenwerp | NED 199205873 | 25.43 | +0.63 | |
| 5. | Koen van der Wallen | Nederweert | NED 199405561 | 25.71 | +0.78 | |
| 6. | Steven Uijl | Aqua-Novio '94 | NED 199304075 | 26.01 | +0.67 | |
| 7. | Wouter Sijmons | Nuenen | NED 199302695 | 26.18 | +0.71 | |
| 8. | Michel de Maesschalck | DAW | NED 199101525 | 26.48 | +0.69 | |
| 9. | Craig Frankum | De Warande | NED 199007759 | 26.52 | +0.66 | |
| 10. | Joeri van Wallenburg | Onderdak | NED 199004875 | 26.72 | +0.71 | |
| 11. | Stefan Petersen | Blue Marlins | NED 199403067 | 26.81 | +0.66 | |
| 12. | Laurens de Nijn | ZPCH | NED 199107861 | 26.93 | +0.73 | |
| 13. | Paul Koster | Hieronymus | NED 199304465 | 27.00 | +0.70 | |
| 14. | Jelle Roks | De Blauwe Schuur | NED 199005145 | 27.06 | +0.70 | |
| 15. | Marc Hoogendam | Blue Marlins | NED 199007713 | 27.70 | +0.69 | |
| 16. | Niels Bent | WS Twente | NED 199400465 | 27.94 | +0.76 | |
| 17. | Johan Krakou | De Rijn | NED 199101311 | 27.96 | +0.78 | |
| 18. | Ruben Stolk | ZOB'66 | NED 199005665 | 28.46 | +0.68 | |
| 19. | Sander Riezebos | WS Twente | NED 199400467 | 28.61 | +0.69 | |
| 20. | Wim Crielaard | ZVDO'74 | NED 199205713 | 28.75 | +0.74 | |
| 21. | Cars Wiegmann | WS Twente | NED 199401025 | 28.77 | +0.70 | |
| 22. | Jean Terver | Club Nautique Val de Fensch | FRA 314113 | 28.84 | +0.86 | |
| 23. | Robin van Beusekom | Niemo Barracuda | NED 199205841 | 28.86 | +0.76 | |
| 24. | Andrea Guzzon | PSV | NED 199207431 | 28.92 | +0.76 | |
| 25. | Fabian Tristan Niessen | SSF Bonn | GER 343535 | 29.51 | +0.79 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 33, Heren, 50m vrije slag, Masters 30+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|------------------------|----------------------|---------------|--------------|-------|------|
| 26. | Mark Legters | De Schelde | NED 199303361 | 29.92 | +0.72 | |
| 27. | Matteo Viani | Zwemlust- den Hommel | NED 199007717 | 31.11 | +0.71 | |
| 28. | Rick van Nieuwenhuizen | De Rijn | NED 199002097 | 31.48 | +0.78 | |
| 29. | Gerald van de Riet | De Mors | NED 199307161 | 31.51 | +0.81 | |
| 30. | Arnold Hofman | DZ&PC | NED 199406759 | 31.71 | +0.72 | |
| DIS | Marten Ettema | HZ&PC Heerenveen | NED 199007703 | | +0.61 | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 35+

| | | | | | | |
|-----|---------------------|----------------------|---------------|--------------|-------|--|
| 1. | Joan Kentrop | Zwemlust- den Hommel | NED 198503575 | 25.27 | +0.76 | |
| 2. | Koen Woestenborghs | Nuene | NED 198806193 | 26.51 | +0.69 | |
| 3. | Pascal van Haren | Niemo Barracuda | NED 198704101 | 26.52 | +0.65 | |
| 4. | Sander de Vrugt | ESCA Zwemmen | NED 198903499 | 26.61 | +0.62 | |
| 5. | Rick Driezen | Steenwijk 1934 | NED 198600713 | 27.03 | +0.84 | |
| 6. | Ferdy van Mastrigt | Blue Marlins | NED 198802315 | 27.05 | +0.63 | |
| 7. | Arthur Bukkems | MZ&PC Maastricht | NED 198604749 | 27.84 | +0.70 | |
| 8. | Niek Kouwenberg | Hydra | NED 198601715 | 28.21 | +0.69 | |
| 9. | Bjorn van de Goor | TRB-RES | NED 198906527 | 28.50 | +0.80 | |
| 10. | Remco van der Graaf | PSV | NED 198704007 | 28.91 | +0.76 | |
| 11. | Pim Loef | ZVDO'74 | NED 198705429 | 30.35 | +0.78 | |
| 12. | Michel Klomp | Z&PC Zegenwerp | NED 198604833 | 31.13 | +0.88 | |

Masters 40+

| | | | | | | |
|-----|----------------------------------|-------------------------------------|----------------|----------------|-------|--|
| 1. | Jim Geestman | Poseidon'56 | NED 198300699 | 26.38 | +0.82 | |
| 2. | Ivan van Omme | De Geul | NED 198201263 | 26.76 | +0.65 | |
| 3. | Federico Cappello | Luxembourg Sharks Swimming | CLUX 9598 | 26.86 | +0.73 | |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 4. | Julien Marquet | Cercle De Natation Sportcity WolBEL | CNSW/010569/82 | 27.04 | +0.75 | |
| 5. | Kristiaan Lenos | ZVL-1886 Center | NED 198301331 | 27.16 | +0.72 | |
| 6. | Björn Fuchs | SV Albatros Letmathe | GER 118440 | 27.23 | +0.74 | |
| 7. | Bas van den Nouwelant | ZVVS | NED 198001103 | 27.56 | +0.80 | |
| 8. | William Kruithof | Het Ravijn | NED 198000857 | 28.14 | +0.87 | |
| 9. | Gerwin Vonk | De Spatters | NED 198201907 | 28.17 | +0.68 | |
| 10. | Tjeerd Visser | ACZ | NED 198001631 | 28.25 | +0.86 | |
| 11. | Peter van de Bor | Team Noord Holland (SG) | NED 198402897 | 28.75 | +0.85 | |
| 12. | Oscar Monge | IJZPC | NED 198102599 | 28.85 | +0.62 | |
| 13. | Arne-Willem Kroonen | PSV | NED 198401297 | 29.89 | +0.73 | |
| 14. | Jonathan Gatt Colerio | San Giljan ASC | MLT 174981M | 30.28 | +0.76 | |
| 15. | Yury Trofimov | SwimGym | NED 198403407 | 31.18 | +1.01 | |
| 16. | Nicolas Gheis | Cercle De Natation Sportcity WolBEL | CNSW/013638/84 | 31.81 | +0.76 | |
| 17. | Marcel Reefhuis | WS Twente | NED 198101381 | 33.77 * | +0.64 | |
| 18. | Sander de Velde | Deltasteur | NED 198302165 | 33.85 | +0.78 | |
| 19. | Paul Rutten | ESCA Zwemmen | NED 198001293 | 34.17 | +0.77 | |

Masters 45+

| | | | | | | |
|-----|-------------------------------|-------------------------|------------------|--------------|-------|--|
| 1. | Jeroen Zelsmann | ZPC AMERSFOORT | NED 197701551 | 25.59 | +0.66 | |
| 2. | Ruud Holswilder | ZPCH | NED 197800435 | 26.17 | +0.75 | |
| 3. | Jasper van Heijst | ZPCH | NED 197601699 | 26.52 | +0.71 | |
| 4. | Edgar Thimister | ZEPS | NED 197501511 | 26.80 | +0.71 | |
| 5. | Ivo Roozeboom | WVZ | NED 197700801 | 26.90 | +0.72 | |
| 6. | Mark Hensen | Niemo Barracuda | NED 197900497 | 26.98 | +0.75 | |
| 7. | Erwin Buist | ZPC AMERSFOORT | NED 197800183 | 27.52 | +0.69 | |
| 8. | Pieter Broek | Westland Swimming Stars | NED 197701637 | 27.89 | +0.69 | |
| 9. | Mark Sponneck | San Giljan ASC | MLT 388523M | 28.20 | +0.64 | |
| | <i>Maltese Masters Record</i> | | | | | |
| 10. | Jan Heijl | Lokerse Zwemvereniging | BEL LZV/11010/79 | 28.47 | +0.87 | |
| 11. | Gino Martijn | RZ | NED 197901865 | 28.63 | +0.71 | |
| 12. | Klaas Poelstra | H2Oldambt | NED 197800825 | 28.86 | +0.78 | |
| 13. | Michael van der Reijden | ZVVS | NED 197501575 | 29.26 | +0.73 | |
| 14. | Markus van Rest | WVZ | NED 197701197 | 29.53 | +0.79 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 33, Heren, 50m vrije slag, Masters 45+

| rang | naam | vereniging | | tijd | RT | PARA |
|-------|---------------------|-------------------------|---------------|--------------|-------|------|
| 15. | Sandy Pleyte | ZPC De Zeeuwse Kust | NED 197501559 | 29.64 | +0.79 | |
| 16. | Michael Go | AZC | NED 197501397 | 31.22 | +0.72 | |
| 17. | Ingmar Kooman | ZVL-1886 Center | NED 197901517 | 31.49 | +0.82 | |
| 18. | Tom Bandsma | PSV | NED 197701625 | 32.01 | +1.01 | |
| 19. | Alfonso Verkerk | SCOM/De Zeehond'73 (SG) | NED 197601665 | 32.87 | +0.77 | |
| 20. | Lené Wessels | Hieronymus | NED 197601707 | 37.62 | +0.84 | |
| 21. | Peter van Velzen | SWOL 1894 | NED 197801945 | 42.04 | +0.76 | |
| NG.ZA | Øivind Martin Hasle | Oslo I.L. | NOR | | | |

Masters 50+

| | | | | | | |
|-----|----------------------------------|---------------------------------|---------------|--------------|-------|--|
| 1. | Frederic Tonus | Luxembourg Sharks Swimming CLUX | 10449 | 25.13 | +0.68 | |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 2. | Arjan Verheij | De Rog | NED 197101617 | 27.73 | +0.73 | |
| 3. | Antwan van Engen | SG CWW Swim Team | NED 197101577 | 27.86 | +0.71 | |
| 4. | Richard Ricksen | Hellas-Glana | NED 197000841 | 28.26 | +0.86 | |
| 5. | Peter Meijer | DZ&PC | NED 197300613 | 29.11 | +0.69 | |
| 6. | Henri Verschoor | De Biesboschzwemmers | NED 197001041 | 29.89 | +0.92 | |
| 7. | Ingmar de Gelder | ZOB'66 | NED 197000333 | 30.05 | +0.79 | |
| 8. | Bas Kremers | TRB-RES | NED 197201611 | 30.82 | +0.76 | |
| 9. | Mark Kuin | De Rog | NED 197100521 | 30.91 | +0.82 | |
| 10. | Rob van de Ven | Neptunus'58 | NED 197101695 | 33.21 | +0.70 | |
| 11. | Coen de Ridder | De Marlijn (SG) | NED 197401439 | 33.78 | +0.84 | |
| 12. | Jeroen Hoeksel | ZVVS | NED 197401533 | 34.17 | +0.99 | |
| 13. | Maxim Hardziyenka | SWOL 1894 | NED 197201723 | 38.12 | +0.78 | |
| 14. | Xavier Schuster | Club Nautique Val de Fensch | FRA 877605 | 38.19 | +0.95 | |

Masters 55+

| | | | | | | |
|-----|-----------------------|---|---------------|----------------|-------|--|
| 1. | Chester Marsman | ZPC AMERSFOORT | NED 196900671 | 26.48 | +0.71 | |
| 2. | Darius Andrzejczak | SG Erkelenz - Hückelhoven | GER 26924 | 27.18 | +0.69 | |
| 3. | Javier Van Engelen | AZ&PC De Futen | NED 196801697 | 27.67 | +0.78 | |
| 4. | Bob de Vries | Octopus-ZVV (SG) | NED 196601101 | 28.29 | +0.66 | |
| 5. | Glen Le Clercq | De Rog | NED 196800177 | 28.44 | +0.78 | |
| 6. | Francis Roosen | VZV Njord | NED 196801581 | 29.14 | +0.77 | |
| 7. | Sandro Glasius | <td>NED 196600249</td> <td>29.49</td> <td>+0.82</td> <td></td> | NED 196600249 | 29.49 | +0.82 | |
| 8. | Guido Keutgen | Steenwijk 1934 | NED 196801551 | 29.87 | +0.85 | |
| 9. | Pascal Tourton | ZOB'66 | NED 196601343 | 30.20 | +0.85 | |
| 10. | Erik Saan | De Duck | NED 196500769 | 30.51 | +0.96 | |
| 11. | Henri Michels | De Amstel | NED 196501587 | 30.70 | +0.81 | |
| 12. | Mathieu Rikken | De Duinkickers | NED 196701777 | 30.80 | +0.81 | |
| 13. | Jeroen Wilmer | Vichy Val D'Allier Natation | FRA 2169893 | 31.07 | +0.85 | |
| 14. | Eric de Haas | De Treffers | NED 196501275 | 31.09 | +0.80 | |
| 15. | Andre de Bruijn | ZVDO'74 | NED 196800165 | 31.17 | +1.02 | |
| 16. | Wijnand Vergeest | De Rog | NED 196800949 | 31.36 | +0.60 | |
| 17. | Taco Eikelenboom | AZ&PC De Futen | NED 196900275 | 31.67 | +0.86 | |
| 18. | Ralf Dillig | Duisburger ST | GER 060769 | 31.90 | +0.88 | |
| 19. | Leon Slingerland | WVZ | NED 196801707 | 32.33 * | +0.91 | |
| 20. | Pieter-Sjoerd de Wijn | DES | NED 196501027 | 32.35 | +0.89 | |
| 21. | Erik Zoethout | Aqualero | NED 196901157 | 32.62 | +1.02 | |
| 22. | Gertjan van der Vaart | ZVVS | NED 196801529 | 33.88 | +0.72 | |
| 23. | Eric Dumas | Patrick-De Roersoppers (SG) | NED 196901397 | 34.07 | +0.84 | |
| 24. | Wim Donkersloot | Hieronymus | NED 196801715 | 34.93 | +0.84 | |
| 25. | Hans Bijleveld | HHZV Plons | NED 196601649 | 36.46 | +0.80 | |
| 26. | Andre Exter | Poseidon'56 | NED 196601585 | 43.43 | +0.83 | |
| 27. | Maarten Koolman | Steenwijk 1934 | NED 196801649 | 49.66 | +0.95 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 33, Heren, 50m vrije slag

Masters 60+

| | | | | | | |
|-----|----------------------------------|-------------------------------------|-----|----------------|----------------|-------|
| 1. | Peter Bernsen | De Rog | NED | 196301119 | 27.94 | +0.64 |
| 2. | Lionel Godeaux | Cercle De Natation Sportcity WolBEL | BEL | CNSW/000217/60 | 28.36 | +0.66 |
| 3. | André Jovet | Swimming Luxembourg | LUX | 13225 | 30.29 | +0.70 |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 4. | Paul Wijnja | De Biesboschzweimmers | NED | 196301403 | 30.62 | +0.79 |
| 5. | Robert de Brauwer | De Duinkickers | NED | 196401383 | 30.81 | +0.85 |
| 6. | Henk Kuipers | ZPC AMERSFOORT | NED | 196201207 | 31.43 * | +0.72 |
| 7. | Peter van Maurik | MSV-Zeemacht | NED | 196301425 | 32.31 | +0.81 |
| 8. | Rob Hemesath | PSV | NED | 196100189 | 32.69 | +0.96 |
| 9. | Roy Le Clercq | De Rog | NED | 196401041 | 33.37 | +0.92 |
| 10. | Antonio Friz | Cercle De Natation Sportcity WolBEL | BEL | CNSW/005890/60 | 33.72 | +0.71 |
| 11. | Pierre de Groot | GZC DONK | NED | 196401431 | 36.10 | +0.91 |
| 12. | Frank Kraus | ESCA Zwemmen | NED | 196001055 | 38.84 | +0.92 |
| 13. | Bob Lookermans | Poseidon'56 | NED | 196201295 | 40.20 | +1.16 |
| 14. | Hans van Scheepen | Steenwijk 1934 | NED | 196201245 | 42.77 | +0.87 |

Masters 65+

| | | | | | | |
|----|----------------------------------|-------------------------------------|-----|----------------|--------------|-------|
| 1. | Albert Boonstra | Aqua-Novio '94 | NED | 195700425 | 27.96 | +0.81 |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | 29.51 | +0.74 |
| 3. | Philippe Godbille | Cercle De Natation Sportcity WolBEL | BEL | CNSW/000230/57 | 34.76 | +0.96 |
| 4. | Thierry Schurmans | Cercle De Natation Sportcity WolBEL | BEL | CNSW/007944/58 | 34.97 | +0.73 |
| 5. | Peter Coffeng | GZC DONK | NED | 195700063 | 36.24 | +0.95 |
| 6. | Klaas Paulusse | Tempo | NED | 195900817 | 37.80 | +0.84 |

Masters 70+

| | | | | | | |
|----|--------------------|---------------------------|-----|-----------|--------------|-------|
| 1. | Harry Dokter | SWOL 1894 | NED | 195100037 | 31.62 | +0.81 |
| 2. | Fred Zanting | TriVia | NED | 195400323 | 34.43 | +0.83 |
| 3. | Rolf Peltzer | SG Erkelenz - Hückelhoven | GER | 160057 | 35.73 | +0.78 |
| 4. | Sjoerd Van de Berg | De Rog | NED | 195400355 | 41.58 | +0.89 |

Masters 75+

| | | | | | | |
|----|----------------------|----------------|-----|-----------|----------------|-------|
| 1. | Wout Hemmes | De Plons | NED | 194800059 | 36.33 | +0.92 |
| 2. | Willem Putter | ZVVS | NED | 194500135 | 37.05 | +1.09 |
| 3. | Jan Nuijten | PSV | NED | 194900175 | 37.99 | +0.92 |
| 4. | Nico van Dongen | ZZ&PC De Devel | NED | 194800159 | 49.75 | +1.12 |
| 5. | Hans van Vastenhoven | Old Dutch | NED | 194900141 | 1:07.06 | |

Masters 80+

| | | | | | | |
|----|------------------|-------------------------------------|-----|----------------|--------------|-------|
| 1. | Geza Kaltenecker | AZC | NED | 194200065 | 40.62 | +0.83 |
| 2. | Kevork Boyrazian | Cercle De Natation Sportcity WolBEL | BEL | CNSW/002620/44 | 51.89 | +1.21 |

Programmanr. 34
05-05-2024 - 13:59

Dames, 50m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | | tijd | RT | PARA |
|--------------------|---------------------------|-------------------------------------|----------------|--------------|-------|------|
| Masters 20+ | | | | | | |
| 1. | Michelle van Wijk | WWV Winterswijk | NED 200204746 | 27.44 | +0.71 | |
| 2. | Femke van Wijk | WWV Winterswijk | NED 200403434 | 27.73 | +0.80 | |
| 3. | Laura Setz | Bubble | NED 200000130 | 27.91 | +0.80 | |
| 4. | Amber Hesper | Niemo Barracuda | NED 200202188 | 28.06 | +0.75 | |
| 5. | Tessa Loos | Nuenen | NED 200200608 | 28.14 | +0.64 | |
| 6. | Lisanne Boets | ZPC De Kanaalstreek | NED 200200346 | 28.16 | +0.73 | |
| 7. | Dyonne Klomp | Nederweert | NED 200400642 | 28.18 | +0.72 | |
| 8. | Leonie van Wier | HZ&PC Heerenveen | NED 200200436 | 28.35 | +0.68 | |
| 9. | Guusje van Lent | Aqua-Novio '94 | NED 200203898 | 28.38 | +0.67 | |
| 10. | Lianne van Wier | HZ&PC Heerenveen | NED 200200438 | 28.54 | +0.68 | |
| 11. | Janice Provoost | De Bevelanders | NED 200303076 | 28.65 | +0.65 | |
| 12. | Stéphanie Schoemans | Cercle De Natation Sportcity WolBEL | CNSW/009655/00 | 28.77 | +0.61 | |
| | Esmée van Peer | TriVia | NED 200201114 | 28.77 | +0.75 | |
| 14. | Ilse Verheij | De Rog | NED 200300456 | 28.82 | +0.60 | |
| 15. | Danique Klomp | Nederweert | NED 200202912 | 28.90 | +0.71 | |
| 16. | Christel Brugmans | Hieronymus | NED 200005602 | 28.98 | +0.73 | |
| 17. | Marte Vlieg | Aqua-Novio '94 | NED 200304996 | 29.00 | +0.76 | |
| 18. | Robin Pienaar | Niemo Barracuda | NED 200102236 | 29.23 | +0.75 | |
| 19. | Lotte van Gessel | Team Noord Holland (SG) | NED 200300900 | 29.56 | +0.79 | |
| 20. | Malin Beuse | SG Bayer | GER 262348 | 29.65 | +0.68 | |
| 21. | Sophie Stekelenburg | Zwemlust- den Hommel | NED 200400166 | 29.72 | +0.72 | |
| 22. | Carmen Lems | ACZ | NED 200402632 | 29.77 | +0.69 | |
| 23. | Sanne Kloezen | Bubble | NED 200204644 | 29.82 | +0.74 | |
| 24. | Iris Le Clercq | De Rog | NED 200401404 | 29.83 | +0.62 | |
| 25. | Mirelle de Kort | Neptunus'58 | NED 200005546 | 29.84 | +0.75 | |
| 26. | Faustine Mussig | De Geul | NED 200202080 | 29.86 | +0.74 | |
| | Kim de Jong | Westland Swimming Stars | NED 200401522 | 29.86 | +0.56 | |
| 28. | Femke de Wit | Nederweert | NED 200102184 | 29.88 | +0.72 | |
| 29. | Jessica Braat | AZC | NED 200205684 | 30.05 | +0.72 | |
| 30. | Inge Dekker | HZ&PC Heerenveen | NED 200200476 | 30.16 | +0.73 | |
| 31. | Froukje Osinga | Orca | NED 200003090 | 30.22 | +0.70 | |
| 32. | Eline Hoekstra | OEZA | NED 200301280 | 30.29 | +0.83 | |
| 33. | Cerisa van Kesteren | ZPCH | NED 200105934 | 30.34 | +0.71 | |
| | Olivia Schalekamp | Oceanus | NED 200203732 | 30.34 | +0.72 | |
| 35. | Silke van de Weijer | Hydra | NED 200300692 | 30.37 | +0.72 | |
| 36. | Gwen Eygendaal | De Warande | NED 200404680 | 30.49 | +0.75 | |
| 37. | Welmoed Doornbos | De IJsselmeeuwen | NED 200203352 | 30.50 | +0.67 | |
| 38. | Rose Lether | ESCA Zwemmen | NED 200403330 | 30.53 | +0.68 | |
| 39. | Hannah Elting | ESCA Zwemmen | NED 200402702 | 30.59 | +0.69 | |
| 40. | Esmee Kloezen | Bubble | NED 200204646 | 30.85 | +0.75 | |
| 41. | Iris van Rossum | ACZ | NED 200004858 | 30.90 | +0.73 | |
| 42. | Melissa Schuurman | EZCL (SG) | NED 200006800 | 30.94 | +0.67 | |
| 43. | Romy van der Zwan | Scheldestroom | NED 200403826 | 31.08 | +0.75 | |
| 44. | Kyra Wesemann | MSV-Zeemacht | NED 200201440 | 31.11 | +0.76 | |
| 45. | Anouk Vis | De Columbiaan | NED 200203322 | 31.13 | +0.66 | |
| 46. | Daniëlle Vis | De Columbiaan | NED 200401044 | 31.23 | +0.71 | |
| 47. | Mariëlle van der Vaart | ZVVS | NED 200000994 | 31.50 | +0.70 | |
| 48. | Kim de Jong | De Columbiaan | NED 200301026 | 31.60 | +0.76 | |
| 49. | Esmee Wijnmaalen | De Geul | NED 200100298 | 31.64 | +0.74 | |
| 50. | Daphne van Rees | Octopus-ZVV (SG) | NED 200301766 | 31.79 | +0.74 | |
| 51. | Renske Haasbroek | OEZA | NED 200303752 | 32.04 | +0.74 | |
| 52. | Romy Jalving | HZ&PC Heerenveen | NED 200000616 | 32.21 | +0.70 | |
| 53. | Rosa Huntjens | EZCL (SG) | NED 200301402 | 32.97 | +0.83 | |
| 54. | Vera Vergeest | De Rog | NED 200206010 | 32.98 | +0.72 | |
| 55. | Juliette Boon | ZZ&PC De Devel | NED 200401908 | 33.05 | +0.76 | |
| 56. | Noa Boerma | Het Ravijn | NED 200202736 | 33.24 | +0.71 | |
| 57. | Amber Hopman | De Aalscholver | NED 200106384 | 33.27 | +0.73 | |
| 58. | Tove Kienhuis | Aqua 68 | NED 200203486 | 33.46 | +0.73 | |
| 59. | Fleur de Ridder | De Marlijn (SG) | NED 200402052 | 33.55 | +0.75 | |
| 60. | Leonie Smit | EZCL (SG) | NED 200301978 | 33.71 | +0.80 | |
| 61. | Dieuwertje van den Heuvel | Arethusa | NED 200400098 | 33.74 | +0.79 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 34, Dames, 50m vrije slag, Masters 20+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|------------------|----------------|---------------|--------------|-------|------|
| 62. | Ymke van Dongen | AquAmigos | NED 200202662 | 34.27 | +0.81 | |
| 63. | Laura Folkers | VZV Njord | NED 200101670 | 35.37 | +0.83 | |
| 64. | Kim de Laat | Z&PC Zegenwerp | NED 200102824 | 35.46 | +0.66 | |
| 65. | Rebecca de Klein | DZ&PC | NED 200002812 | 36.24 | +0.79 | |

Masters 25+

| | | | | | | |
|-------|-------------------------|-------------------------------------|----------------|--------------|-------|--|
| 1. | Hannah Schellekens | TRB-RES | NED 199706614 | 27.21 | +0.66 | |
| 2. | Babette van der Kaaij | Blue Marlins | NED 199902234 | 27.22 | +0.62 | |
| 3. | Tamara Grove | De Dolfijn | NED 199601266 | 27.83 | +0.71 | |
| 4. | Selene Wortel | Hieronymus | NED 199700654 | 27.90 | +0.65 | |
| 5. | Marre Zandringa | Orca | NED 199701136 | 28.12 | +0.69 | |
| 6. | Karin Groen | ZPC De Kanaalstreek | NED 199502440 | 28.54 | +0.65 | |
| | Alisha Vieira | Blue Marlins | NED 199904554 | 28.54 | +0.71 | |
| 8. | Nadja Roovers | Hieronymus | NED 199800798 | 28.61 | +0.70 | |
| 9. | Britt Bogers | Nuenen | NED 199905072 | 28.81 | +0.72 | |
| 10. | Marjes Butz | RZC | NED 199901502 | 28.98 | +0.70 | |
| 11. | Tamara Bloemers | Nederweert | NED 199801328 | 29.16 | +0.82 | |
| 12. | Manon Kloosterman | Zwemlust- den Hommel | NED 199702082 | 29.27 | +0.75 | |
| 13. | Bénédicte Yax | Club Nautique Val de Fensch | FRA 997232 | 29.59 | +0.54 | |
| 14. | Marcella van der Ent | De Duck | NED 199600174 | 29.62 | +0.75 | |
| | Fiona Meuffels | PSV | NED 199504366 | 29.62 | +0.70 | |
| 16. | Sanne van de Pol | De Biesboschzwemmers | NED 199800722 | 29.74 | +0.65 | |
| 17. | Melissa van der Heijden | Niemo Barracuda | NED 199605226 | 29.79 | +0.68 | |
| 18. | Annemie Meulenbeld | Orca | NED 199506230 | 30.42 | +0.76 | |
| 19. | Anne Groen | OEZA | NED 199505996 | 30.54 | +0.80 | |
| | Lotte Eising | ZPC AMERSFOORT | NED 199502098 | 30.54 | +0.68 | |
| 21. | Anne-Irene Ducheine | Zwemvereniging Hoogland | NED 199506824 | 30.84 | +0.71 | |
| | Laura ter Stege | SG CWW Swim Team | NED 199602364 | 30.84 | +0.73 | |
| 23. | Rosanne Diepeveen | De Blauwe Schuur | NED 199906146 | 31.14 | +0.68 | |
| 24. | Janine de Groot | NDD | NED 199500092 | 31.18 | +0.81 | |
| 25. | Naïs Van Oudenhove | Cercle De Natation Sportcity WolBEL | CNSW/001686/99 | 31.30 | +0.84 | |
| 26. | Dajenne Hurkmans | De Rog | NED 199806662 | 31.34 | +0.70 | |
| 27. | Saartje Vermeulen | Z&PC Zegenwerp | NED 199900934 | 31.42 | +0.64 | |
| 28. | Jelita van Esseveld | ZPC De Zeeuwse Kust | NED 199806716 | 31.57 | +0.73 | |
| 29. | Iris Bastiaansen | De Amstel | NED 199902006 | 31.84 | +0.74 | |
| 30. | Ayla Thiessen | De Rog | NED 199801088 | 32.00 | +0.73 | |
| 31. | Iris van der Moolen | De Amstel | NED 199902052 | 32.04 | +0.78 | |
| 32. | Margien Timmer | ZVL-1886 Center | NED 199506760 | 32.27 | +0.70 | |
| 33. | Lisanne van Gennip | Hydra | NED 199701444 | 32.36 | +0.74 | |
| 34. | Nina Tourton | ZOB'66 | NED 199603612 | 32.66 | +0.78 | |
| 35. | Tamara van den Brink | Niemo Barracuda | NED 199804182 | 32.69 | +0.77 | |
| 36. | Yvette Meijer | Zwemvereniging Hoogland | NED 199706590 | 32.97 | +0.84 | |
| 37. | Anouk van der Lans | Westland Swimming Stars | NED 199801614 | 33.12 | +0.76 | |
| 38. | Judith Kleinjan | De Duck | NED 199802710 | 33.40 | +0.81 | |
| 39. | Lotte de Vente | Het Ravijn | NED 199905814 | 33.86 | +0.82 | |
| 40. | Franziska Wierig | SSF Bonn | GER 410575 | 33.91 | +0.64 | |
| 41. | Daniela Macetas | Cercle De Natation Sportcity WolBEL | CNSW/013891/95 | 35.35 | | |
| 42. | Kim Hamakers | De Rog | NED 199803214 | 35.49 | +0.78 | |
| 43. | Michela Scicluna | San Giljan ASC | MLT 0277695M | 35.55 | +0.79 | |
| AFGEM | Cynthia van Veen | ZVL-1886 Center | NED 199606736 | | | |

Masters 30+

| | | | | | | |
|-----|----------------------|------------------|---------------|--------------|-------|--|
| 1. | Marcha Admiraal | De Geul | NED 199300012 | 28.27 | +0.72 | |
| 2. | Denise Boereboom | Niemo Barracuda | NED 199202144 | 28.30 | +0.68 | |
| 3. | Miranda Nijenhuis | De Columbiaan | NED 199204076 | 28.36 | +0.75 | |
| 4. | Elmi Roelofsen | Octopus-ZVV (SG) | NED 199008198 | 28.52 | +0.77 | |
| 5. | Lisa Klatten | WVZ | NED 199203628 | 28.89 | +0.76 | |
| 6. | Natasja Snijders | Aqua-Novio '94 | NED 199107966 | 29.01 | +0.77 | |
| 7. | Ines Muilwijk | MNC Dordrecht | NED 199202858 | 29.13 | +0.63 | |
| 8. | Mariska Scheel | ACZ | NED 199306344 | 29.17 | +0.71 | |
| 9. | Karin Verbeek | Nautilus | NED 199201848 | 29.62 | +0.68 | |
| 10. | Leontine Groeneveldt | De Duck | NED 199303526 | 30.58 | +0.76 | |
| 11. | Jisca Majolée | ZPC AMERSFOORT | NED 199403570 | 30.62 | +0.82 | |



Open Nederlandse Masters
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Programmanr. 34, Dames, 50m vrije slag, Masters 30+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|------------------------------|-----------------------------|---------------|--------------|-------|------|
| 12. | Tessa van Dijk-Mosch | MSV-Zeemacht | NED 199102172 | 30.64 | +0.65 | |
| 13. | Lucie Terver | Club Nautique Val de Fensch | FRA 412372 | 30.96 | +0.74 | |
| 14. | Fraukje Puts | HZ&PC Heerenveen | NED 199206470 | 31.00 | +0.77 | |
| 15. | Erika Nyström | HHZV Plons | NED 199407592 | 31.17 | +0.88 | |
| 16. | Adela Vázquez García | ZVL-1886 Center | NED 199307952 | 31.35 | +0.77 | |
| 17. | Anne Aarts | DES | NED 199207942 | 31.40 | +0.73 | |
| 18. | Whitley Rens | De Schotejil | NED 199007520 | 31.93 | +0.82 | |
| 19. | Alma Janssen | Z&PC Zegenwerp | NED 199401078 | 31.97 | +0.70 | |
| 20. | Nienke van Zoggel | De Treffers | NED 199004810 | 32.21 | +0.70 | |
| 21. | Marijke Kommers | Niemo Barracuda | NED 199305334 | 32.25 | +0.78 | |
| 22. | Getrude Corporaal | Steenwijk 1934 | NED 199200380 | 32.26 | +0.78 | |
| 23. | Celine Bakker | DAW | NED 199302562 | 32.82 | +0.72 | |
| 24. | Daphne Kievit | ZPC AMERSFOORT | NED 199207058 | 32.84 | +0.81 | |
| 25. | Danila van den Hoogenband | Nuenen | NED 199001558 | 33.18 | +0.75 | |
| 26. | Margot van de Rakt | VZV Njord | NED 199300618 | 34.27 | +0.64 | |
| 27. | Eline Molle | De Geul | NED 199404276 | 34.40 | +0.84 | |
| 28. | Juliska Coenders-Peijnenburg | TRB-RES | NED 199008502 | 35.18 | +0.86 | |
| 29. | Maaikje Karsten | Zwemvereniging Hoogland | NED 199103832 | 35.21 | +0.85 | |
| 30. | Jacoline van den Beukel | Niemo Barracuda | NED 199100238 | 35.60 | +0.80 | |
| 31. | Elke Schellekens | Neptunus'58 | NED 199301550 | 35.90 | +0.62 | |
| 32. | Rolijn van Vught | PSV | NED 199004110 | 36.04 | +0.75 | |
| 33. | Yvette Senden | De Rog | NED 199307812 | 40.49 | +0.72 | |
| NG | Kimberley van Buren | De Duck | NED 199304136 | | | |

Masters 35+

| | | | | | | |
|-----|----------------------------------|-------------------------|---------------|--------------|-------|--|
| 1. | Anneloes Peulen | Nuenen | NED 198502314 | 27.71 | +0.62 | |
| | <i>Nederlands Masters Record</i> | | | | | |
| 2. | Jenny Schouten | PSV | NED 198703674 | 29.17 | +0.74 | |
| 3. | Anna Maria Rijkens | TRI-X-Kufstein | AUT 48398 | 29.37 | +0.71 | |
| 4. | Monique van Huizen | AZC | NED 198706236 | 29.65 | +0.69 | |
| 5. | Marije Jansen | ZPC AMERSFOORT | NED 198504088 | 29.80 | +0.72 | |
| 6. | Daphne Robijn-Jongedijk | EZCL (SG) | NED 198903520 | 30.03 | +0.75 | |
| 7. | Linda Koort | ZVDO'74 | NED 198902404 | 30.35 | +0.70 | |
| 8. | Relinda Baas | TriVia | NED 198900144 | 30.59 | +0.75 | |
| 9. | Cristina Rodriguez Bouzo | De Treffers | NED 198806948 | 31.66 | +0.72 | |
| 10. | Sandra Schellekens | Neptunus'58 | NED 198503416 | 32.29 | +0.78 | |
| 11. | Mariska Kroon-Zaal | AZC | NED 198806916 | 33.76 | +0.82 | |
| 12. | Ilana Iskander | Zwemvereniging Hoogland | NED 198907606 | 35.49 | +0.78 | |
| 13. | Ingrid Johannes | De Kempvis | NED 198907370 | 36.43 | +0.78 | |

Masters 40+

| | | | | | | |
|-------|----------------------------|-----------------------|---------------|--------------|-------|--|
| 1. | Maike Zeterberg | Zehlendorfer TSV 1888 | GER 066680 | 28.66 | +0.56 | |
| 2. | Anne-Marie Verschoor-Vos | De Biesboschzwemmers | NED 198102300 | 30.08 | +0.84 | |
| 3. | Roos van Esch | ACZ | NED 198200468 | 30.13 | +0.81 | |
| 4. | Miranda Pijnenburg | De Treffers | NED 198301216 | 30.60 | +0.76 | |
| 5. | Monique Huizing | Nuenen | NED 198403418 | 31.98 | +0.64 | |
| 6. | Michelle de Villiers | Hellas-Glana | NED 198302944 | 32.19 | +0.76 | |
| 7. | Esther Poortvliet - Koedam | De Duinkickers | NED 198001824 | 32.42 | +0.88 | |
| 8. | Ieva Karpaviciute | Kauno Takas | LTU | 34.73 | +0.85 | |
| 9. | Tessa Zwart-Piek | DZ&PC | NED 198102360 | 35.04 | +0.85 | |
| 10. | Karin Vermeer | De Rog | NED 198302918 | 38.80 | +0.87 | |
| 11. | Janine Wilbers | PSV | NED 198403572 | 43.17 | +1.05 | |
| NG.ZA | Charmaine Cutajar | San Giljan ASC | MLT 144984M | | | |



Open Nederlandse Masters
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Programmanr. 34, Dames, 50m vrije slag

Masters 45+

| | | | | | | |
|-----|----------------------------|-------------------------------------|----------------|-----------|--------------|-------|
| 1. | Claudia van Drunen | AquAmigos | NED | 197700810 | 29.55 | +0.67 |
| 2. | Patricia Brooijmans | Old Dutch | NED | 197901608 | 30.42 | +0.63 |
| 3. | Nathalie Blondeel | Cercle De Natation Sportcity WolBEL | CNSW/004784/77 | | 30.53 | +0.68 |
| 4. | Monique Boets | ZPC De Kanaalstreek | NED | 197600230 | 30.64 | +0.70 |
| 5. | Carole Kettenmeyer-Reuland | Swimming Club Le Dauphin EttelLUX | 2017 | | 31.00 | +0.75 |
| 6. | Krista de Reus-Trompetter | DZ&PC | NED | 197600520 | 31.66 | +0.83 |
| 7. | Chantal Verhoeff | Old Dutch | NED | 197900912 | 32.21 | +0.77 |
| 8. | Marleen Zantingh | Old Dutch | NED | 197801378 | 32.41 | +0.75 |
| 9. | Marian Nederlof | De Geul | NED | 197600950 | 33.44 | +0.74 |
| 10. | Alma Knegt-Bessembinders | De Spatters | NED | 197601064 | 33.56 | +0.76 |
| 11. | Laura de Pazos Ortega | SSF Bonn | GER | 444685 | 33.97 | +0.67 |
| 12. | Esther Vergeest | De Rog | NED | 197700012 | 34.83 | +0.76 |
| 13. | Saskia op den Velde | De Duinkickers | NED | 197901530 | 35.45 | +0.88 |
| 14. | Ilonka van der Meer | LinK | NED | 197601168 | 35.89 | +0.87 |
| 15. | Sandra Van der Helm | De Rog | NED | 197801340 | 36.60 | +0.86 |
| 16. | Clementine van Bruxvoort | Feijenoord Albion Zwemclub | NED | 197700138 | 39.37 | +0.81 |
| 17. | Nicolette Zuidema | SWOL 1894 | NED | 197500978 | 39.66 | +0.79 |
| 18. | Jessica van Velzen | SWOL 1894 | NED | 197601122 | 39.99 | +0.97 |

Masters 50+

| | | | | | | |
|-----|----------------------------------|----------------------------------|--------|-----------|--------------|-------|
| 1. | Carla Geurts | PSV | NED | 197100178 | 30.13 | +0.71 |
| 2. | Olivia Lorton | Luxembourg Sharks Swimming CLUX | 9981 | | 30.58 | +0.68 |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 3. | Edith Janssen-Koolen | TRB-RES | NED | 197300898 | 30.67 | +0.70 |
| 4. | Yvette Ratering | SG CWW Swim Team | NED | 197200990 | 30.74 | +0.90 |
| 5. | Ingrid Boot-De Groot | De Aalscholver | NED | 197000168 | 30.92 | +0.68 |
| 6. | Ilona Hogerheyde | DAW | NED | 197400224 | 31.63 | +0.77 |
| 7. | Jeanne Petit | PSV | NED | 197001020 | 32.05 | +0.72 |
| 8. | Marjolein Klunne | Hieronymus | NED | 197101098 | 33.27 | +0.76 |
| 9. | Regine Beckers-Stribos | De Rog | NED | 197000492 | 33.38 | +0.81 |
| 10. | Karin Sagonas-Koolen | VZV Njord | NED | 197000964 | 34.92 | +0.79 |
| 11. | Evelien Naatje | WS Twente | NED | 197200838 | 35.93 | +0.92 |
| 12. | Elise Kenworthy | LinK | NED | 197101126 | 36.22 | +0.84 |
| 13. | Danielle Schipper | ZOB'66 | NED | 197001078 | 37.30 | +0.79 |
| 14. | Nicole Millers | SV Wuppertal-Neuenhof 1930 e.GER | 414983 | | 37.49 | +0.72 |
| 15. | Hilly Brugmans | Hieronymus | NED | 197001112 | 37.51 | +0.79 |
| 16. | Evelien Breman-Alers | Nautilus | NED | 197200878 | 37.96 | +0.86 |
| 17. | Tiffany Tsui | Zwemvereniging Hoogland | NED | 197401110 | 38.84 | +0.97 |
| 18. | Petra Ellul Mercer | San Giljan ASC | MLT | 545873M | 39.35 | +0.72 |
| | <i>Maltese Masters Record</i> | | | | | |
| 19. | Judith Sijbers | PSV | NED | 197301030 | 41.96 | +0.82 |
| 20. | Martine Stahlie-Bos | TriVia | NED | 197401054 | 42.03 | +0.68 |

Masters 55+

| | | | | | | |
|----|---------------------|----------------------|-----|-----------|--------------|-------|
| 1. | Lesley Cordial | ZPC AMERSFOORT | NED | 196700684 | 30.84 | +0.78 |
| 2. | Carol Hollemans | ACZ | NED | 196900252 | 30.88 | +0.71 |
| 3. | Marjo Goelema-Koek | De Biesboschzwemmers | NED | 196900192 | 30.96 | +0.74 |
| 4. | Jacqueline Tuin | DAW | NED | 196600690 | 32.90 | +0.74 |
| 5. | Marijke Campfens | De Geul | NED | 196900960 | 35.87 | +0.62 |
| 6. | Sandra Daamen-Posma | AZC | NED | 196800854 | 37.33 | +0.89 |
| 7. | José Bodde | LinK | NED | 196901104 | 38.95 | +0.81 |
| 8. | Annette van Dok | MSV-Zeemacht | NED | 196800742 | 42.23 | +0.79 |
| 9. | Cora Smulders | ESCA Zwemmen | NED | 196600668 | 44.17 | +0.75 |



Open Nederlandse Masters
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Programmanr. 34, Dames, 50m vrije slag

Masters 60+

| | | | | | | |
|-----|------------------------------|------------------------------|-----|---------------|--------------|-------|
| 1. | Karin van der Star-Verhoeven | ESCA Zwemmen | NED | 196100382 | 34.31 | +0.79 |
| 2. | Maud Peuten-Evers | Mosa-Regio | NED | 196400584 | 36.99 | +0.94 |
| 3. | Christine Buist | De Duinkickers | NED | 196400608 | 37.50 | +0.94 |
| 4. | Marleen Malais | ESCA Zwemmen | NED | 196300542 | 38.24 | +0.90 |
| 5. | Lia Bijkerk | GZC DONK | NED | 196000014 | 39.72 | +0.90 |
| 6. | Jenny Westervaarder | H2Oldambt | NED | 196200424 | 40.71 | +0.81 |
| 7. | Erica Muller | De Geul | NED | 196400412 | 42.96 | +0.78 |
| 8. | Marie-Jeanne Vandormael | Genker Zwemvereniging Neptun | BEL | GZVN/21035/63 | 44.41 | +0.71 |
| DIS | Marion Kolkman-Pluim | ESCA Zwemmen | NED | 196000330 | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 65+

| | | | | | | |
|----|--------------------------------|----------------------------------|-----|----------------|----------------|-------|
| 1. | Marijke van Hoek | ZPC De Zeeuwse Kust | NED | 195800050 | 35.52 | +0.70 |
| 2. | Claire Anthony | Cercle De Natation Sportcity Wol | BEL | CNSW/001353/57 | 35.94 | +0.80 |
| | <i>Belgisch Masters Record</i> | | | | | |
| 3. | Karien Musters | Old Dutch | NED | 195800236 | 55.62 | +0.83 |
| 4. | Lies Hartman | PSV | NED | 195600116 | 1:04.67 | +0.99 |

Masters 70+

| | | | | | | |
|-------|---------------------------|----------------------------------|-----|----------------|----------------|-------|
| 1. | Christine Nieuwenhuis | SWOL 1894 | NED | 195100022 | 34.55 | +0.73 |
| 2. | Fernande Blondeel-Gourmet | Cercle De Natation Sportcity Wol | BEL | CNSW/004901/52 | 47.04 | +0.94 |
| 3. | Ineke Brouwers | PSV | NED | 195200070 | 50.68 | +1.02 |
| 4. | Geerdien Meerwaldt | De Geul | NED | 195200058 | 53.85 | |
| 5. | Maryse Van Cant | Brabo Zwemclub Antwerpen | BEL | BRABO/20389/54 | 1:02.90 | +0.88 |
| 6. | Nini van Dongen-de Paepe | ZZ&PC De Devel | NED | 195100044 | 1:12.93 | +1.46 |
| AFGEM | Gonnie Bak | PSV | NED | 195100064 | | |

Masters 75+

| | | | | | | |
|----|------------------|-----|-----|-----------|--------------|-------|
| 1. | Corrie Verhoeven | PSV | NED | 194600026 | 38.16 | +0.67 |
|----|------------------|-----|-----|-----------|--------------|-------|

Masters 80+

| | | | | | | |
|----|-----------|------------|-----|-----------|----------------|-------|
| 1. | Leny Kamp | Aquapoldro | NED | 194400008 | 1:05.08 | +1.10 |
|----|-----------|------------|-----|-----------|----------------|-------|

Masters 85+

| | | | | | | |
|----|---------------|-----------|-----|-----------|--------------|-------|
| 1. | Lottie Geurts | PSV | NED | 193500006 | 52.68 | +1.23 |
| 2. | Marie Smits | Old Dutch | NED | 193800004 | 52.90 | +1.09 |

Masters 95+

| | | | | | | |
|----|--------------------|-----|-----|-----------|----------------|---|
| 1. | Marianne Maandonks | PSV | NED | 192600004 | 1:40.75 | * |
|----|--------------------|-----|-----|-----------|----------------|---|



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 35
05-05-2024 - 14:29

Heren, 200m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m | |
|---------------------------|------------------------------|--------------------|----------------|---------|-------|---------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. Luuk Smits | Nuenen | NED 200001015 | 2:26.23 | +0.71 | 33.31 | 1:11.84 | 1:49.50 | 2:26.23 | |
| 2. Lars Diesch | Nuenen | NED 200103189 | 2:27.75 | +0.74 | 33.11 | 1:12.12 | 1:50.81 | 2:27.75 | |
| 3. D. van den Nieuwendijk | De Columbiaan | NED 200100475 | 2:33.37 | +0.74 | 33.82 | 1:13.20 | 1:52.71 | 2:33.37 | |
| 4. Bram van Norel | RZC | NED 200301133 | 2:38.70 | +0.71 | 34.51 | 1:15.34 | 1:56.43 | 2:38.70 | |
| 5. Jelle Opmeer | ZPC AMERSFOORT | NED 200100269 | 2:40.35 | +0.68 | 35.07 | 1:15.66 | 1:57.80 | 2:40.35 | |
| 6. Tom Balsen Versteeg | De Warande | NED 200005673 | 2:40.81 | +0.62 | 34.13 | 1:14.74 | 1:57.10 | 2:40.81 | |
| 7. Thijn Damen | PSV | NED 200300973 | 2:42.10 | +0.70 | 35.90 | 1:17.04 | 1:59.56 | 2:42.10 | |
| 8. Tim Speijer | Bubble | NED 200301661 | 2:45.18 | +0.69 | 36.97 | 1:19.05 | 2:01.94 | 2:45.18 | |
| 9. Nathan Janssen | De Geul | NED 200401565 | 2:47.75 | +0.67 | 37.66 | 1:19.94 | 2:04.02 | 2:47.75 | |
| 10. Robin van Peenen | ZVL-1886 Center | NED 200201059 | 2:47.86 | +0.77 | 35.65 | 1:18.26 | 2:02.74 | 2:47.86 | |
| 11. Brian van Gennip | Hydra | NED 200003573 | 2:48.91 | +0.75 | 37.46 | 1:19.65 | 2:04.27 | 2:48.91 | |
| 12. Mike Jansen | Patrick-De Roersoppers (SG) | NED 200200151 | 2:57.92 | +0.67 | 39.45 | 1:24.21 | 2:10.43 | 2:57.92 | |
| 13. Boaz Troost | ZOB'66 | NED 200100371 | 2:58.33 | +0.71 | 38.92 | 1:24.69 | 2:11.65 | 2:58.33 | |
| Masters 25+ | | | | | | | | | |
| 1. Nicko Kamphuis | De Warande | NED 199900887 | 2:29.91 | +0.59 | 32.49 | 1:11.63 | 1:51.48 | 2:29.91 | |
| 2. Bert Duivenvoorde | De Columbiaan | NED 199701805 | 2:35.59 | +0.69 | 34.06 | 1:13.60 | 1:54.49 | 2:35.59 | |
| 3. Nick Sijmons | De Amstel | NED 199500491 | 2:40.14 | +0.70 | 34.98 | 1:16.82 | 1:58.65 | 2:40.14 | |
| 4. Richard van der Horst | De Meer | NED 199700179 | 2:41.09 | +0.81 | 36.54 | 1:18.10 | 1:59.73 | 2:41.09 | |
| 5. Nick Bongers | SBC2000 | NED 199800843 | 2:43.76 | +0.72 | 36.10 | 1:17.89 | 2:00.59 | 2:43.76 | |
| 6. David Kievit | De Schoteijl | NED 199900325 | 2:46.17 | +0.79 | 36.75 | 1:18.69 | 2:02.02 | 2:46.17 | |
| 7. Laurens Spoelstra | WS Twente | NED 199901273 | 2:53.26 | +0.81 | 37.60 | 1:21.51 | 2:07.34 | 2:53.26 | |
| 8. Jeroen van Dinther | Neptunus'58 | NED 199701569 | 3:04.56 | +0.71 | 41.36 | 1:28.75 | 2:16.96 | 3:04.56 | |
| 9. Mathijs Krieger | EZCL (SG) | NED 199905361 | 3:09.37 | +0.75 | 41.05 | 1:28.56 | 2:19.42 | 3:09.37 | |
| 10. Colin Degenaars | ZPCH | NED 199505951 | 3:10.53 | +0.84 | 456 | 41.62 | 1:31.92 | 2:21.52 | 3:10.53 |
| Masters 30+ | | | | | | | | | |
| 1. Dirk Zeelte | SG CWW Swim Team | NED 199105911 | 2:36.77 | +0.78 | 35.22 | 1:15.14 | 1:55.73 | 2:36.77 | |
| 2. Stefan Petersen | Blue Marlins | NED 199403067 | 2:37.16 | +0.70 | 34.60 | 1:14.36 | 1:55.74 | 2:37.16 | |
| 3. D. Castillo Montoya | ZVL-1886 Center | NED 199406779 | 2:41.78 | +0.66 | 33.98 | 1:13.45 | 1:55.79 | 2:41.78 | |
| 4. Patrick Creemers | Patrick-De Roersoppers (SG) | NED 199000579 | 2:47.97 | +0.72 | 37.82 | 1:21.04 | 2:05.28 | 2:47.97 | |
| 5. Bram Siebers | EZCL (SG) | NED 199302241 | 2:53.08 | +0.74 | 38.28 | 1:22.23 | 2:07.78 | 2:53.08 | |
| 6. Jeroen Burggraaf | De Blauwe Schuur | NED 199000467 | 2:54.93 | +0.82 | 38.60 | 1:23.04 | 2:09.85 | 2:54.93 | |
| 7. Robin van Beusekom | Niemo Barracuda | NED 199205841 | 2:58.97 | +0.76 | 38.72 | 1:24.51 | 2:11.71 | 2:58.97 | |
| 8. Gerben Rozie | MSV-Zeemacht | NED 199002507 | 3:04.32 | +0.74 | 40.34 | 1:26.61 | 2:15.23 | 3:04.32 | |
| 9. Mark Legters | De Schelde | NED 199303361 | 3:07.43 | +0.74 | 41.74 | 1:29.24 | 2:18.68 | 3:07.43 | |
| Masters 35+ | | | | | | | | | |
| 1. Yuri van Omme | Zwemvereniging Hoogland | NED 198501887 | 2:37.30 | +0.79 | 35.44 | 1:15.96 | 1:57.32 | 2:37.30 | |
| 2. Sander de Vrught | ESCA Zwemmen | NED 198903499 | 2:39.88 | +0.63 | 34.31 | 1:14.77 | 1:57.29 | 2:39.88 | |
| 3. Ricardo van Dam | AZC | NED 198503965 | 3:00.86 | +0.70 | 41.16 | 1:29.85 | 2:19.53 | 3:00.86 | |
| 4. Nicky Valentijn | AquAmigos | NED 198806175 | 3:10.87 | +0.77 | 41.79 | 1:29.46 | 2:19.15 | 3:10.87 | |
| 5. Michel Klomp | Z&PC Zegenwerp | NED 198604833 | 3:18.09 | +0.86 | 43.43 | 1:34.41 | 2:27.03 | 3:18.09 | |
| Masters 40+ | | | | | | | | | |
| 1. Albert van Piekeren | SWOL 1894 | NED 198401767 | 2:49.30 | +0.82 | 38.03 | 1:21.18 | 2:05.28 | 2:49.30 | |
| 2. Kristiaan Lenos | ZVL-1886 Center | NED 198301331 | 2:50.53 | +0.77 | 36.36 | 1:19.05 | 2:04.92 | 2:50.53 | |
| 3. Rob van Vliet | ZPC AMERSFOORT | NED 198402459 | 2:52.13 | +0.79 | 38.72 | 1:22.22 | 2:06.87 | 2:52.13 | |
| 4. Paul Oudendijk | DAW | NED 198101287 | 2:54.77 | +0.75 | 39.52 | 1:24.79 | 2:09.84 | 2:54.77 | |
| 5. Ferry Blangé | ZOB'66 | NED 198300185 | 3:01.61 | +0.73 | 41.28 | 1:29.29 | 2:16.48 | 3:01.61 | |
| 6. Rob van Wanrooy | Feijenoord Albion Zwemclub | NED 198202627 | 3:09.06 | +0.79 | 42.54 | 1:31.00 | 2:21.32 | 3:09.06 | |
| 7. Nicolas Gheis | Cercle De Natation Sportcity | BELuCNSW/013638/84 | 3:17.78 | +0.79 | 44.13 | 1:34.51 | 2:26.98 | 3:17.78 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 35, Heren, 200m schoolslag

Masters 45+

| | | | | | | | | |
|---------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Vincent Versteeg | Zwemlust- den Hommel | NED 197701003 | 2:43.19 | +0.75 | 35.65 | 1:17.80 | 2:00.92 | 2:43.19 |
| 2. Dennis Brouwers | HZPC | NED 197800167 | 2:52.37 | +0.80 | 39.44 | 1:23.39 | 2:07.55 | 2:52.37 |
| 3. M. van der Zwan | Scheldeestroom | NED 197501017 | 2:54.94 | +0.80 | 37.31 | 1:21.06 | 2:06.82 | 2:54.94 |
| 4. Dennis Dortland | Niemo Barracuda | NED 197800261 | 2:58.19 | +0.87 | 39.24 | 1:25.27 | 2:12.39 | 2:58.19 |
| 5. László Jüllich | ZPCH | NED 197801893 | 3:05.60 | +0.90 | 43.25 | 1:31.59 | 2:21.55 | 3:05.60 |
| 6. Bogdan Androne | Sassenheim | NED 197701783 | 3:06.51 | +0.73 | 40.58 | 1:26.69 | 2:15.49 | 3:06.51 |

Masters 50+

| | | | | | | | | |
|------------------------|---------------------------|---------------|----------------|--------|-------|---------|---------|---------|
| 1. Matthias Millers | SG Wuppertal | GER 113799 | 2:50.27 | +0.87 | 36.96 | 1:20.86 | 2:05.78 | 2:50.27 |
| 2. Paul van den Heuvel | Arethusa | NED 197000441 | 3:01.69 | +0.87 | 40.25 | 1:26.57 | 2:14.06 | 3:01.69 |
| 3. Kai Kremer | SG Erkelenz - Hückelhoven | GER 468899 | 3:02.92 | *+0.84 | 40.34 | 1:26.28 | 2:14.07 | 3:02.92 |
| 4. Bas Kremers | TRB-RES | NED 197201611 | 3:10.04 | +0.80 | 41.92 | 1:30.50 | 2:21.12 | 3:10.04 |
| 5. Jacques Verriet | VZV Njord | NED 197001039 | 3:15.62 | +0.81 | 44.47 | 1:34.42 | 2:26.41 | 3:15.62 |
| 6. Coen de Ridder | De Marlijn (SG) | NED 197401439 | 3:18.73 | +0.89 | 42.51 | 1:32.06 | 2:25.18 | 3:18.73 |
| 7. Rob van de Ven | Neptunus'58 | NED 197101695 | 3:26.37 | +0.65 | 46.20 | 1:39.20 | 2:33.77 | 3:26.37 |
| 8. Michiel Verschuere | De Marlijn (SG) | NED 197301583 | 4:30.77 | +1.15 | 54.87 | 1:59.03 | 3:11.56 | 4:30.77 |

Masters 55+

| | | | | | | | | |
|--------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Erlend Alstad | Oslo I.L. | NOR | 2:53.80 | +0.83 | 40.16 | 1:24.73 | 2:09.74 | 2:53.80 |
| 2. Hans Schoenmakers | DAW | NED 196900863 | 3:04.15 | +0.79 | 40.67 | 1:28.83 | 2:17.84 | 3:04.15 |
| 3. Hugues Herman | Cercle De Natation Sportcity | BELuCNSW/009743/66 | 3:06.44 | +0.66 | 42.21 | 1:29.03 | 2:18.39 | 3:06.44 |
| 4. Harold Matla | PSV | NED 196800591 | 3:07.02 | +0.88 | 40.82 | 1:28.88 | 2:19.41 | 3:07.02 |
| 5. Nico Swart | De Biesboschzwemmers | NED 196801475 | 3:14.60 | +0.80 | 43.79 | 1:34.31 | 2:25.16 | 3:14.60 |
| 6. Eric Dumas | Patrick-De Roersoppers (SG) | NED 196901397 | 3:32.40 | +0.94 | 46.24 | 1:41.19 | 2:37.68 | 3:32.40 |
| 7. Gertjan van der Vaart | ZVVS | NED 196801529 | 3:47.65 | +0.73 | 48.59 | 1:48.01 | 2:49.35 | 3:47.65 |
| 8. Hans Bijleveld | HHZV Plons | NED 196601649 | 3:50.80 | +0.79 | 51.26 | 1:51.78 | 2:52.45 | 3:50.80 |
| 9. Maarten Koolman | Steenwijk 1934 | NED 196801649 | 4:28.86 | +0.95 | 55.96 | 2:02.25 | 3:15.91 | 4:28.86 |

Masters 60+

| | | | | | | | | |
|----------------------|----------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Bert Schlicher | RZ | NED 196400669 | 2:57.75 | +0.72 | 40.82 | 1:27.16 | 2:14.05 | 2:57.75 |
| 2. Jan Vlasblom | HHZV Plons | NED 196100823 | 3:19.57 | +0.95 | 45.26 | 1:34.31 | 2:26.85 | 3:19.57 |
| 3. Theo Bakker | TriVia | NED 196401231 | 3:28.57 | +0.78 | 43.61 | 1:36.17 | 2:32.46 | 3:28.57 |
| 4. Pierre de Groot | GZC DONK | NED 196401431 | 3:49.42 | +0.92 | 51.38 | 1:48.79 | 2:50.13 | 3:49.42 |
| 5. Hans van Scheepen | Steenwijk 1934 | NED 196201245 | 4:07.41 | +1.01 | 55.66 | 1:57.15 | 3:01.06 | 4:07.41 |

Masters 65+

| | | | | | | | | |
|-------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Wim de Lange | AZC | NED 195800533 | 3:29.40 | +0.73 | 45.25 | 1:37.82 | 2:32.43 | 3:29.40 |
| 2. Paul Bunnik | Triton | NED 195600413 | 3:39.03 | +0.94 | 47.54 | 1:43.40 | 2:44.06 | 3:39.03 |
| 3. Christian Schoenaers | Cercle De Natation Sportcity | BELuCNSW/007131/59 | 3:49.35 | +1.02 | 52.19 | 1:50.66 | 2:50.80 | 3:49.35 |
| 4. André Pantekoek | PSV | NED 195800321 | 4:38.17 | +1.06 | 59.09 | 2:10.90 | 3:25.35 | 4:38.17 |

Masters 75+

| | | | | | | | | |
|--------------------|---|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Nico van Dongen | <td>NED 194800159</td> <td>5:33.34</td> <td>+1.24</td> <td>1:15.24</td> <td>2:43.99</td> <td>4:09.79</td> <td>5:33.34</td> | NED 194800159 | 5:33.34 | +1.24 | 1:15.24 | 2:43.99 | 4:09.79 | 5:33.34 |
|--------------------|---|---------------|----------------|-------|---------|---------|---------|---------|

Masters 80+

| | | | | | | | | |
|--------------|-----------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Rob Hanou | PSV | NED 194300109 | 4:23.98 | +1.04 | 58.84 | 2:08.55 | 3:18.44 | 4:23.98 |
| 2. Nico Baay | Old Dutch | NED 194200053 | 4:24.30 | +0.91 | 1:01.71 | 2:09.22 | 3:18.34 | 4:24.30 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 36
05-05-2024 - 15:01

Dames, 200m schoolslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|----------------------------------|-------------------------|---------------|----------------|---------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Robin Goossens | Nuenen | NED 200003128 | 2:38.29 | +0.79 | 36.99 | 1:17.35 | 1:58.24 | 2:38.29 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. V. van den Bogert | Hieronymus | NED 200102138 | 2:43.17 | +0.69 | 37.90 | 1:19.39 | 2:01.53 | 2:43.17 |
| 3. Silke Molendijk | ZVL-1886 Center | NED 200100178 | 2:45.65 | +0.66 | 38.36 | 1:20.51 | 2:02.99 | 2:45.65 |
| 4. Isa Schellekens | Z&PC Zegenwerp | NED 200002330 | 2:48.71 | +0.74 | 38.75 | 1:22.29 | 2:05.07 | 2:48.71 |
| 5. Esther Tiemersma | Nayade | NED 200202962 | 2:52.57 | +0.69 | 39.46 | 1:24.55 | 2:08.82 | 2:52.57 |
| 6. Serina Damen | De Rog | NED 200100228 | 2:54.36 | +0.65 | 39.38 | 1:23.05 | 2:08.14 | 2:54.36 |
| 7. Lois van Oijen | SG CWW Swim Team | NED 200402054 | 2:55.26 | +0.82 | 39.46 | 1:23.78 | 2:09.42 | 2:55.26 |
| 8. Iris Le Clercq | De Rog | NED 200401404 | 3:04.55 | +0.63 | 42.02 | 1:29.91 | 2:18.26 | 3:04.55 |
| 9. Ilse Valk | Het Ravijn | NED 200000172 | 3:07.60 | +0.69 | 42.09 | 1:30.37 | 2:19.11 | 3:07.60 |
| 10. Kim de Jong | De Columbiaan | NED 200301026 | 3:08.00 | +0.76 | 40.79 | 1:27.57 | 2:16.71 | 3:08.00 |
| 11. Ilse Kramer | TriVia | NED 200403072 | 3:14.52 | +0.74 | 44.56 | 1:34.43 | 2:24.93 | 3:14.52 |
| 12. Shira de Haan | OEZA | NED 200001130 | 3:16.51 | +0.86 | 44.26 | 1:33.13 | 2:24.39 | 3:16.51 |
| 13. Romy van der Zwan | Scheldestroom | NED 200403826 | 3:17.78 | +0.74 | 43.62 | 1:34.34 | 2:26.21 | 3:17.78 |
| 14. Romée Beverdam | WS Twente | NED 200100158 | 3:20.48 | +0.79 | 45.68 | 1:36.58 | 2:28.69 | 3:20.48 |
| 15. Cynthia Koolman | ZPC Hoogeveen | NED 200300232 | 3:26.80 | +0.65 | 46.44 | 1:38.73 | 2:32.33 | 3:26.80 |
| 16. Mouna Oudshoorn | De Amstel | NED 200002202 | 3:48.94 | +0.96 | 52.37 | 1:51.21 | 2:50.51 | 3:48.94 |
| NG.ZA Malin Beuse | SG Bayer | GER 262348 | | | | | | |
| AFGEM Anna Tiemersma | Octopus-ZVV (SG) | NED 200400686 | | | | | | |
| Masters 25+ | | | | | | | | |
| 1. Sarah Strack | SG Aumund - Vegesack | GER 195679 | 2:58.39 | +0.76 | 40.24 | 1:25.52 | 2:11.69 | 2:58.39 |
| 2. Lonneke Graansma | ZVL-1886 Center | NED 199900936 | 3:01.90 | +0.73 | 40.02 | 1:27.30 | 2:14.60 | 3:01.90 |
| 3. Fiona Meuffels | PSV | NED 199504366 | 3:03.12 | +0.72 | 41.24 | 1:27.91 | 2:16.18 | 3:03.12 |
| 4. Mandy Swart | De Biesboschzweimmers | NED 199904916 | 3:08.38 | +0.72 | 41.74 | 1:30.46 | 2:20.07 | 3:08.38 |
| 5. Larissa Jansen | PSV | NED 199500660 | 3:08.80 | +0.76 | 43.35 | 1:31.55 | 2:19.95 | 3:08.80 |
| 6. Katrin Diercks | SG Aumund - Vegesack | GER 197466 | 3:10.53 | +0.71 | 42.65 | 1:32.13 | 2:21.40 | 3:10.53 |
| 7. Rosanne Diepeveen | De Blauwe Schuur | NED 199906146 | 3:12.02 | +0.76 | 44.27 | 1:33.77 | 2:23.50 | 3:12.02 |
| 8. Daphne Dols | ZPC Woerden | NED 199904622 | 3:12.15 | +0.76 | 41.09 | 1:29.77 | 2:20.91 | 3:12.15 |
| 9. Maartje Hids | ZVL-1886 Center | NED 199903042 | 3:12.18 | +0.86 | 45.94 | 1:34.92 | 2:23.79 | 3:12.18 |
| 10. Jade Broek | OEZA | NED 199702300 | 3:12.52 | +0.71 | 43.71 | 1:32.74 | 2:23.04 | 3:12.52 |
| 11. Diane Schoenmaker | PSV | NED 199502920 | 3:16.73 | +0.78 | 44.52 | 1:34.54 | 2:25.62 | 3:16.73 |
| 12. Yvette Meijer | Zwemvereniging Hoogland | NED 199706590 | 3:17.90 | +0.83 | 45.04 | 1:35.80 | 2:26.76 | 3:17.90 |
| 13. Kelly Wigleven | Poseidon'56 | NED 199500058 | 3:18.44 | +0.80 | 43.77 | 1:33.42 | 2:25.50 | 3:18.44 |
| 14. Djamari Oetringer | Aqua-Novio '94 | NED 199600546 | 3:20.35 | +0.76 | 45.79 | 1:36.69 | 2:28.16 | 3:20.35 |
| 15. Sheila ten Voorde | Octopus-ZVV (SG) | NED 199904538 | 3:23.07 | +0.78 | 44.93 | 1:36.00 | 2:28.92 | 3:23.07 |
| 16. Lotte de Vente | Het Ravijn | NED 199905814 | 3:27.20 | +0.82 | 45.29 | 1:38.31 | 2:32.61 | 3:27.20 |
| 17. Laura ter Stege | SG CWW Swim Team | NED 199602364 | 3:28.22 | +0.76 | 44.92 | 1:38.40 | 2:32.84 | 3:28.22 |
| 18. Kim van Rossum | SBC2000 | NED 199706374 | 3:55.36 | +0.93 | 53.95 | 1:55.25 | 2:55.99 | 3:55.36 |
| Masters 30+ | | | | | | | | |
| 1. Chantal van der Horst | De Meer | NED 199400616 | 2:59.04 | +0.81 | 41.53 | 1:28.10 | 2:13.97 | 2:59.04 |
| 2. Lisa van Milt | ZZ&PC De Devel | NED 199201228 | 2:59.52 | +0.70 | 39.11 | 1:24.39 | 2:11.09 | 2:59.52 |
| 3. Marijke Kommers | Niemo Barracuda | NED 199305334 | 3:09.12 | +0.81 | 42.92 | 1:31.69 | 2:20.74 | 3:09.12 |
| 4. Ines Muilwijk | MNC Dordrecht | NED 199202858 | 3:09.22 | +0.66 | 42.32 | 1:30.31 | 2:19.44 | 3:09.22 |
| 5. Rolijn van Vught | PSV | NED 199004110 | 3:37.04 | +0.83 | 49.04 | 1:45.05 | 2:41.87 | 3:37.04 |
| 6. Janneke Wynia | WS Twente | NED 199005500 | 3:45.50 | +0.95 | 51.12 | 1:48.41 | 2:47.76 | 3:45.50 |
| Masters 35+ | | | | | | | | |
| 1. Sabine Zimmermann | Aachener SV 06 | GER 101578 | 2:57.74 | +0.74 | 41.27 | 1:27.21 | 2:13.01 | 2:57.74 |
| 2. Daniëlle Reijnders | AquAmigos | NED 198504234 | 3:00.40 | +0.70 | 40.56 | 1:26.94 | 2:13.87 | 3:00.40 |
| 3. S. van der Linden | DIO | NED 198802736 | 3:04.90 | +0.77 | 41.65 | 1:27.97 | 2:15.79 | 3:04.90 |
| 4. Linda van Klei | GZC DONK | NED 198802088 | 3:14.42 | +0.86 | 43.26 | 1:32.25 | 2:23.34 | 3:14.42 |
| 5. Liesbeth van Mill | Zwemlust- den Hommel | NED 198702786 | 3:15.59 | +0.79 | 44.58 | 1:34.00 | 2:24.34 | 3:15.59 |
| 6. I. van den Wijngaard | ZPC Woerden | NED 198904736 | 3:19.44 | +0.78 | 43.81 | 1:33.48 | 2:26.32 | 3:19.44 |
| 7. Marlies Jehoel-van As | PSV | NED 198500074 | 3:20.86 | +0.72 | 44.32 | 1:35.13 | 2:27.87 | 3:20.86 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 36, Dames, 200m schoolslag, Masters 35+

| rang naam | vereniging | | tijd | RT PARA | 50m | 100m | 150m | 200m |
|----------------|------------------|---------------|----------------|---------|-------|---------|---------|---------|
| 8. Monique Kok | Octopus-ZVV (SG) | NED 198605398 | 3:42.32 | +0.76 | 50.12 | 1:46.19 | 2:43.61 | 3:42.32 |

Masters 40+

| | | | | | | | | |
|-----------------------|-------------------------|------------------|----------------|-------|-------|---------|---------|---------|
| 1. Laura Badoux | DAW | NED 198200038 | 2:58.16 | +0.81 | 40.12 | 1:26.13 | 2:12.05 | 2:58.16 |
| 2. Joke De Temmerman | Lokerse Zwemvereniging | BEL LZV/21076/82 | 2:59.91 | +0.75 | 39.91 | 1:25.69 | 2:13.06 | 2:59.91 |
| 3. Nadya Putter | ZVVS | NED 198301630 | 3:14.65 | +0.71 | 43.99 | 1:31.85 | 2:22.23 | 3:14.65 |
| 4. Debbie van Rooijen | IJZPC | NED 198201402 | 3:17.68 | +0.74 | 43.23 | 1:33.04 | 2:24.55 | 3:17.68 |
| 5. Tonia Ruybroek | Poseidon'56 | NED 198101290 | 3:22.74 | +0.95 | 45.56 | 1:37.12 | 2:29.75 | 3:22.74 |
| 6. Angela Giezen | Zwemvereniging Hoogland | NED 198302796 | 3:29.79 | +0.70 | 47.77 | 1:41.46 | 2:35.67 | 3:29.79 |
| 7. Aafke Groot | De Geul | NED 198302748 | 3:30.19 | +0.96 | 48.24 | 1:42.07 | 2:36.77 | 3:30.19 |
| 8. Ieva Karpaviciute | Kauno Takas | LTU | 3:33.46 | +0.81 | 47.71 | 1:42.17 | 2:38.57 | 3:33.46 |

Masters 45+

| | | | | | | | | |
|---------------------------|--------------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Jeanette Seitz | SSV Ulm 1846 | GER 066368 | 3:07.30 | +0.70 | 40.97 | 1:28.42 | 2:17.41 | 3:07.30 |
| 2. C. Kettenmeyer-Reuland | Swimming Club Le Dauphin | ELUXr2017 | 3:07.69 | +0.79 | 43.63 | 1:31.58 | 2:19.88 | 3:07.69 |
| 3. Rachel Trainor | De Duck | NED 197700670 | 3:19.43 | +0.82 | 44.54 | 1:35.05 | 2:27.89 | 3:19.43 |
| 4. Liselotte Joling | PSV | NED 197500268 | 3:20.20 | +0.84 | 44.99 | 1:37.27 | 2:29.90 | 3:20.20 |
| 5. Marleen Zantingh | Old Dutch | NED 197801378 | 3:27.09 | +0.83 | 48.02 | 1:40.98 | 2:35.51 | 3:27.09 |
| NG Inge Roskam | De Duinkickers | NED 197801296 | | | | | | |

Masters 50+

| | | | | | | | | |
|--|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. L. v. Bon-Rosenbrand | ZPC AMERSFOORT | NED 197000054 | 3:10.48 | +0.81 | 43.22 | 1:31.40 | 2:21.05 | 3:10.48 |
| 2. Katharina Schlipp | De Vliet (SG) | NED 197301004 | 3:14.52 | +0.79 | 42.53 | 1:31.14 | 2:22.68 | 3:14.52 |
| 3. Gudule van der Meer | PSV | NED 197200396 | 3:15.55 | +0.79 | 44.17 | 1:33.94 | 2:25.24 | 3:15.55 |
| 4. Pascalie Janssen | Patrick-De Roersoppers (SG) | NED 197300852 | 3:25.24 | +0.94 | 47.06 | 1:39.79 | 2:33.11 | 3:25.24 |
| 5. Trudie van Niejenhuis | TZC-Vahalis | NED 197100444 | 3:26.53 | +0.84 | 46.26 | 1:38.21 | 2:32.11 | 3:26.53 |
| 6. Martine Stahlie-Bos | TriVia | NED 197401054 | 3:59.85 | +0.88 | 54.45 | 1:55.98 | 2:59.22 | 3:59.85 |
| 7. Kathy Van Lindt | Cercle De Natation Sportcity | BELuCNSW/007949/71 | 4:05.47 | +0.83 | 56.40 | 2:01.14 | 3:04.28 | 4:05.47 |
| DIS Bianca Groot | MSV-Zeemacht | NED 197000652 | | | | | | |
| <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | | |
| NG Karin Stein | ZVVS | NED 197100554 | | | | | | |

Masters 55+

| | | | | | | | | |
|----------------------------|----------------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Annette Wijnja-Visser | De Biesboschzwemmers | NED 196700528 | 3:16.52 | +0.79 | 44.18 | 1:34.14 | 2:25.58 | 3:16.52 |
| 2. Iris van Aurich | DWK | NED 196900866 | 3:19.75 | +0.84 | 45.90 | 1:37.34 | 2:28.67 | 3:19.75 |
| 3. A. Korving-Leijenaar | Aqualero | NED 196700662 | 3:24.35 | +0.71 | 45.85 | 1:38.42 | 2:31.01 | 3:24.35 |
| 4. Marion Bach | TSV Gruiten 1884 e.V | GER 353051 | 3:31.48 | +0.89 | 46.29 | 1:40.38 | 2:36.26 | 3:31.48 |
| 5. K. van Nassau-van den I | Old Dutch | NED 196600188 | 3:41.89 | +0.96 | 51.52 | 1:48.60 | 2:45.62 | 3:41.89 |

Masters 60+

| | | | | | | | | |
|---------------------------|--------------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. P. Tossings-van de Hoo | GZC DONK | NED 196100376 | 3:37.98 | +0.85 | 50.25 | 1:46.42 | 2:43.26 | 3:37.98 |
| 2. Yoka de Vegt-van Dijk | ESCA Zwemmen | NED 196200420 | 3:43.43 | +0.80 | 50.57 | 1:47.66 | 2:46.11 | 3:43.43 |
| 3. Lia Bijkerk | GZC DONK | NED 196000014 | 4:05.18 | +0.83 | 53.97 | 1:57.76 | 3:03.96 | 4:05.18 |

Masters 65+

| | | | | | | | | |
|---------------------------|------------------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Liudmila Skopina | Cercle De Natation Sportcity | BELuCNSW/010673/57 | 3:45.17 | +0.91 | 52.22 | 1:49.72 | 2:47.97 | 3:45.17 |
| 2. Marijke van Hoek | ZPC De Zeeuwse Kust | NED 195800050 | 3:49.45 | +0.71 | 52.11 | 1:50.65 | 2:50.66 | 3:49.45 |
| 3. W. Schoenmaker-ter Ver | DWK | NED 195900254 | 4:15.07 | +1.00 | 56.95 | 2:01.04 | 3:07.66 | 4:15.07 |

Masters 70+

| | | | | | | | | |
|---------------------|-----|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Gonnie Bak | PSV | NED 195100064 | 4:40.34 | +0.94 | 1:04.69 | 2:17.79 | 3:30.62 | 4:40.34 |
| AFGEM Ineke Weekers | PSV | NED 195300050 | | | | | | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 36, Dames, 200m schoolslag

Masters 75+

| | | | | | | | | |
|---------------------------|----------------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. A. Verhoeven - Stegger | De Duinkickers | NED 194600024 | 4:56.22 | | 1:03.83 | 2:19.73 | 3:39.43 | 4:56.22 |
| 2. L. van Huissteden | ZPC AMERSFOORT | NED 194500002 | 4:58.36 | +0.98 | 1:09.37 | 2:27.31 | 3:43.35 | 4:58.36 |
| DIS Corrie Verhoeven | PSV | NED 194600026 | | +0.92 | | | | |

AF - De aangegeven afstand niet uitgezwommen.

Masters 85+

| | | | | | | | | |
|----------------|-----------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Marie Smits | Old Dutch | NED 193800004 | 5:54.81 | +1.09 | 1:22.10 | 2:57.57 | 4:31.48 | 5:54.81 |
|----------------|-----------|---------------|----------------|-------|---------|---------|---------|---------|

Nederlands Masters Record

Programmanr. 37
05-05-2024 - 15:54

Heren, 50m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|----------------------|--------------------------------|-----|----------------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Gerard Willighagen | Poseidon'56 | NED | 200103663 | 26.38 | +0.66 | |
| 2. | Erik van Gemert | Poseidon'56 | NED | 200300587 | 26.52 | +0.67 | |
| 3. | Kevin Roest | Zwemvereniging Hoogland | NED | 200001223 | 26.93 | +0.65 | |
| 4. | Luc Mul | DAW | NED | 200201025 | 26.99 | +0.69 | |
| 5. | Jorian Darwinkel | HZ&PC Heerenveen | NED | 200300565 | 27.20 | +0.62 | |
| 6. | Thomas Vastenhout | ZPCH | NED | 200204545 | 27.29 | +0.67 | |
| 7. | Tom Balsen Versteeg | De Warande | NED | 200005673 | 27.36 | +0.58 | |
| 8. | Remco Dijkstra | HZ&PC Heerenveen | NED | 200100789 | 27.50 | +0.69 | |
| 9. | Teun van der Schrier | Hieronymus | NED | 200403627 | 27.65 | +0.73 | |
| 10. | Ian Terlouw | ZPC Woerden | NED | 200002345 | 27.71 | +0.68 | |
| 11. | Lars Diesch | Nuenen | NED | 200103189 | 27.73 | +0.71 | |
| 12. | Stijn den Otter | ZZ&PC De Devel | NED | 200200225 | 27.81 | +0.55 | |
| 13. | Nino van Krimpen | ZOB'66 | NED | 200004611 | 27.83 | +0.66 | |
| 14. | Hendrik Broekema | Bubble | NED | 200002205 | 27.86 | +0.67 | |
| 15. | Luuk Kresin | Patrick-De Roersoppers (SG) | NED | 200303275 | 27.88 | +0.68 | |
| | Mick van Kempen | SG CWW Swim Team | NED | 200203375 | 27.88 | +0.71 | |
| 17. | Bas van den Akker | PSV | NED | 200204651 | 28.05 | +0.64 | |
| 18. | Lucas Douwma | ZPCH | NED | 200401337 | 28.39 | +0.65 | |
| 19. | Boyd Wijkman | MSV-Zeemacht | NED | 200104759 | 28.48 | +0.68 | |
| 20. | Yuri Wasser | PSV | NED | 200301327 | 28.61 | +0.71 | |
| 21. | Milan de Roo | ZPC Woerden | NED | 200102215 | 28.69 | +0.60 | |
| 22. | Tom van den Akker | ZPC AMERSFOORT | NED | 200204653 | 28.70 | +0.62 | |
| 23. | Bram van Norel | RZC | NED | 200301133 | 28.80 | +0.67 | |
| 24. | Mart de Koning | ZOB'66 | NED | 200203253 | 28.93 | +0.71 | |
| 25. | Jon de Wit | SG CWW Swim Team | NED | 200401969 | 28.97 | +0.74 | |
| 26. | Marijn in 't Veld | De Warande | NED | 200002907 | 29.04 | +0.61 | |
| 27. | Lars Hilkens | RZ | NED | 200201165 | 29.15 | +0.68 | |
| 28. | Maxim Wouters | ShaRK - Swimming Region Kempen | BEL | SHARK/10458/02 | 29.20 | +0.72 | |
| 29. | Gaspard Lammens | Club Nautique Val de Fensch | FRA | 3533051 | 29.24 | +0.65 | |
| 30. | Wessel Haverkamp | ESCA Zwemmen | NED | 200204755 | 29.29 | +0.66 | |
| 31. | Jesper Pas | VZV Njord | NED | 200200967 | 29.31 | +0.70 | |
| 32. | Mees Minneboo | MSV-Zeemacht | NED | 200203465 | 29.49 | +0.62 | |
| 33. | Esper Paans | ZZ&PC De Devel | NED | 200100607 | 29.52 | +0.64 | |
| 34. | Fayssal Lantema | Zwemlust- den Hommel | NED | 200101379 | 29.87 | +0.72 | |
| 35. | Marc Hoogeveen | DZ&PC | NED | 200101585 | 30.23 | +0.70 | |
| 36. | Rik Stahlie | TriVia | NED | 200201915 | 30.54 | +0.73 | |
| 37. | Dion Staal | De Warande | NED | 200200065 | 30.96 | +0.72 | |
| 38. | Rens Hoogenboom | Neptunus'58 | NED | 200403893 | 31.26 | +0.62 | |
| 39. | Thomas Hesper | Niemo Barracuda | NED | 200004181 | 31.47 | +0.81 | |
| 40. | Sven Doezen | RZ | NED | 200400403 | 31.67 | +0.67 | |
| 41. | Jaimy Voogt | ZOB'66 | NED | 200005881 | 32.24 | +0.76 | |
| 42. | Wout Wilens | EZCL (SG) | NED | 200001431 | 32.95 | +0.81 | |
| 43. | Lanco Manaf | Het Ravijn | NED | 200402715 | 33.76 | +0.71 | |

Programmanr. 37, Heren, 50m vlinderslag

Masters 25+

| | | | | | | |
|-----|-----------------------|------------------------------|-----|-----------|--------------|-------|
| 1. | Felix Geenen | DAW | NED | 199501085 | 25.71 | +0.71 |
| 2. | Bas Dries | Zwemvereniging Hoogland | NED | 199505177 | 26.17 | +0.64 |
| 3. | Bert Duivenvoorde | De Columbaan | NED | 199701805 | 26.32 | +0.68 |
| 4. | Eric Rodríguez Ramos | Club Natació Swimfaster Salt | ESP | | 26.35 | +0.63 |
| 5. | Feijenoord Prins | Feijenoord Albion Zwemclub | NED | 199500201 | 26.40 | +0.65 |
| 6. | Sander Kirillova | WVZ | NED | 199800121 | 26.97 | +0.65 |
| 7. | Nick Sijmons | De Amstel | NED | 199500491 | 27.04 | +0.67 |
| 8. | Bart Weiland | DES | NED | 199700777 | 27.31 | +0.65 |
| 9. | Max Peters | Nuene | NED | 199903123 | 27.32 | +0.64 |
| 10. | Daan Siebenheller | ZOB'66 | NED | 199804955 | 27.82 | +0.73 |
| 11. | Robin van Beek | ZVL-1886 Center | NED | 199704023 | 27.88 | +0.68 |
| 12. | Jordi de Nijs | MSV-Zeemacht | NED | 199801851 | 28.01 | +0.69 |
| | Danny Visser | De Treffers | NED | 199600381 | 28.01 | +0.74 |
| 14. | Luke van Hamond | Z&PC Zegenwerp | NED | 199600945 | 28.03 | +0.66 |
| 15. | Sven Westerlaken | ZVDO'74 | NED | 199900271 | 28.32 | +0.71 |
| 16. | Jelle Blankestijn | ZPC AMERSFOORT | NED | 199803737 | 28.94 | +0.73 |
| 17. | Jordy van Oel | WVZ | NED | 199802003 | 29.26 | +0.74 |
| 18. | Nick Boekestijn | Westland Swimming Stars | NED | 199900291 | 29.48 | +0.62 |
| 19. | Vladislavs Svarnovics | DES | NED | 199605925 | 29.51 | +0.73 |
| 20. | Jorrik Kerdijk | Bubble | NED | 199602135 | 29.69 | +0.67 |
| 21. | Sam Beer | Poseidon'56 | NED | 199605521 | 29.76 | +0.69 |
| 22. | Kevin Kingma | ACZ | NED | 199700559 | 29.81 | +0.71 |
| 23. | Patrick Wyrdean | Westland Swimming Stars | NED | 199702475 | 30.02 | +0.70 |
| 24. | Stefan de Leeuw | Nederweert | NED | 199503483 | 30.30 | +0.81 |
| 25. | Martijn Bartels | ZPC AMERSFOORT | NED | 199603493 | 30.47 | +0.70 |
| 26. | Ids de Klerk | Niemo Barracuda | NED | 199803237 | 30.72 | +0.79 |
| 27. | Auke Sijperda | AZC | NED | 199905115 | 32.57 | +0.64 |
| 28. | Marijn Heetkamp | Het Ravijn | NED | 199903407 | 32.70 | +0.73 |
| 29. | Jasper Striijp | De Rog | NED | 199804399 | 32.79 | +0.73 |
| 30. | Tom Linsen | Nederweert | NED | 199801553 | 33.37 | +0.70 |
| 31. | Dave Weijers | Hydra | NED | 199603335 | 34.82 | +0.69 |
| 32. | Job Esink | ESCA Zwemmen | NED | 199801699 | 35.15 | +0.76 |
| 33. | Sven Dubbeld | De Schotejil | NED | 199601141 | 35.19 | +0.87 |
| 34. | Mathijs Krieger | EZCL (SG) | NED | 199905361 | 36.37 | +0.80 |

Masters 30+

| | | | | | | |
|-----|------------------------|----------------------|-----|-----------|--------------|-------|
| 1. | Jesper Oranje | De Duck | NED | 199200997 | 25.49 | +0.67 |
| 2. | Jeroen Baars | Niemo Barracuda | NED | 199200031 | 25.56 | +0.71 |
| 3. | Marc Kremer | TriVia | NED | 199004667 | 25.89 | +0.66 |
| 4. | Rick van Hamond | Z&PC Zegenwerp | NED | 199205873 | 26.68 | +0.67 |
| 5. | Koen van der Wallen | Nederweert | NED | 199405561 | 27.95 | +0.79 |
| 6. | Jeroen Matthijssen | AZC | NED | 199103751 | 28.01 | +0.68 |
| 7. | Craig Frankum | De Warande | NED | 199007759 | 28.21 | +0.65 |
| 8. | Joeri van Wallenburg | Onderdak | NED | 199004875 | 28.50 | +0.74 |
| 9. | Michel de Maesschalck | DAW | NED | 199101525 | 28.84 | +0.70 |
| 10. | Matteo Viani | Zwemlust- den Hommel | NED | 199007717 | 29.25 | +0.79 |
| 11. | Marc Hoogendam | Blue Marlins | NED | 199007713 | 29.33 | +0.70 |
| 12. | Paul Koster | Hieronymus | NED | 199304465 | 29.47 | +0.70 |
| 13. | Bram Siebers | EZCL (SG) | NED | 199302241 | 29.50 | +0.79 |
| 14. | Laurens de Nijl | ZPCH | NED | 199107861 | 29.63 | +0.69 |
| 15. | Steven Uijl | Aqua-Novio '94 | NED | 199304075 | 29.76 | +0.65 |
| 16. | Jelle Roks | De Blauwe Schuur | NED | 199005145 | 30.53 | +0.71 |
| 17. | Gerald van de Riet | De Mors | NED | 199307161 | 30.59 | +0.77 |
| 18. | Dirk Zeelte | SG CWW Swim Team | NED | 199105911 | 30.75 | +0.77 |
| 19. | Ruben Stolk | ZOB'66 | NED | 199005665 | 31.38 | +0.68 |
| 20. | Jeroen Burggraaf | De Blauwe Schuur | NED | 199000467 | 31.44 | +0.86 |
| 21. | Sander Riezebos | WS Twente | NED | 199400467 | 31.55 | +0.70 |
| 22. | Cars Wiegmann | WS Twente | NED | 199401025 | 32.06 | +0.70 |
| 23. | Leon Verschuren | SBC2000 | NED | 199304403 | 34.83 | +0.76 |
| 24. | Gerben Rozie | MSV-Zeemacht | NED | 199002507 | 35.20 | +0.74 |
| 25. | Rick van Nieuwenhuizen | De Rijn | NED | 199002097 | 35.90 | +0.75 |

Programmanr. 37, Heren, 50m vlinderslag

Masters 35+

| | | | | | | |
|-------|--------------------|----------------------|-----|-----------|--------------|-------|
| 1. | Joan Kentrop | Zwemlust- den Hommel | NED | 198503575 | 27.02 | +0.77 |
| 2. | Ferdy van Mastrigt | Blue Marlins | NED | 198802315 | 27.08 | +0.63 |
| 3. | Rick Driezen | Steenwijk 1934 | NED | 198600713 | 28.54 | +0.78 |
| 4. | Robert Braad | Steenwijk 1934 | NED | 198600407 | 29.53 | +0.81 |
| | Koen Woestenborghs | Nuenen | NED | 198806193 | 29.53 | +0.70 |
| 6. | Pascal van Haren | Niemo Barracuda | NED | 198704101 | 30.02 | +0.66 |
| 7. | Niek Kouwenberg | Hydra | NED | 198601715 | 30.35 | +0.70 |
| 8. | Nicky Valentijn | AquAmigos | NED | 198806175 | 31.30 | +0.75 |
| 9. | Bjorn van de Goor | TRB-RES | NED | 198906527 | 31.58 | +0.77 |
| 10. | Ricardo van Dam | AZC | NED | 198503965 | 33.86 | +0.76 |
| NG.ZA | Arthur Bukkems | MZ&PC Maastricht | NED | 198604749 | | |

Masters 40+

| | | | | | | |
|----|-----------------------|-------------------------------------|----------------|--------------|--------------|-------|
| 1. | Julien Marquet | Cercle De Natation Sportcity WolBEL | CNSW/010569/82 | 29.17 | +0.73 | |
| 2. | Jim Geestman | Poseidon'56 | NED | 198300699 | 29.48 | +0.79 |
| 3. | Heijmen van Vliet | De Geul | NED | 198001637 | 29.95 | +0.66 |
| 4. | Gerwin Vonk | De Spatters | NED | 198201907 | 30.72 | +0.70 |
| 5. | Frank v.d. Voordt | De Schotejil | NED | 198302259 | 30.96 | +0.76 |
| 6. | Rob van Wanrooy | Feijenoord Albion Zwemclub | NED | 198202627 | 31.05 | +0.77 |
| 7. | Peter van de Bor | Team Noord Holland (SG) | NED | 198402897 | 31.19 | +0.87 |
| 8. | William Kruithof | Het Ravijn | NED | 198000857 | 31.76 | +0.89 |
| 9. | Jonathan Gatt Colerio | San Giljan ASC | MLT | 174981M | 33.80 | +0.80 |

Masters 45+

| | | | | | | |
|-------|-------------------------------|-------------------------|-----|-----------|--------------|-------|
| 1. | Edgar Thimister | ZEPS | NED | 197501511 | 27.80 | +0.62 |
| 2. | Jeroen Zelsmann | ZPC AMERSFOORT | NED | 197701551 | 28.90 | +0.69 |
| 3. | Erwin Buist | ZPC AMERSFOORT | NED | 197800183 | 28.99 | +0.72 |
| 4. | Jasper van Heijst | ZPCH | NED | 197601699 | 29.12 | +0.71 |
| 5. | Klaas Poelstra | H2Oldambt | NED | 197800825 | 29.92 | +0.77 |
| 6. | Maarten van der Zwan | Scheldestroom | NED | 197501017 | 30.18 | +0.80 |
| 7. | Markus van Rest | WVZ | NED | 197701197 | 30.40 | +0.84 |
| 8. | Mark Sponneck | San Giljan ASC | MLT | 388523M | 31.00 | +0.70 |
| | <i>Maltese Masters Record</i> | | | | | |
| 9. | Sandy Pleyte | ZPC De Zeeuwse Kust | NED | 197501559 | 32.23 | +0.77 |
| 10. | Michael Go | AZC | NED | 197501397 | 33.28 | +0.68 |
| 11. | Ingmar Kooman | ZVL-1886 Center | NED | 197901517 | 33.84 | +0.83 |
| 12. | Alfonso Verkerk | SCOM/De Zeehond'73 (SG) | NED | 197601665 | 35.65 | +0.83 |
| NG.ZA | Øivind Martin Hasle | Oslo I.L. | NOR | | | |

Masters 50+

| | | | | | | |
|----|----------------------------------|-------------------------------------|----------------|--------------|--------------|-------|
| 1. | Frederic Tonus | Luxembourg Sharks Swimming CLUX | 10449 | 26.14 | +0.65 | |
| | <i>Luxembourg Masters Record</i> | | | | | |
| 2. | Antwan van Engen | SG CWW Swim Team | NED | 197101577 | 28.80 | +0.71 |
| 3. | Peter Meijer | DZ&PC | NED | 197300613 | 31.49 | +0.75 |
| 4. | Richard Ricksen | Hellas-Glana | NED | 197000841 | 31.52 | +0.83 |
| 5. | Arjan Verheij | De Rog | NED | 197101617 | 31.65 | +0.73 |
| 6. | Bruno Nahon | Cercle De Natation Sportcity WolBEL | CNSW/000390/70 | 33.74 | +0.83 | |

Masters 55+

| | | | | | | |
|-----|---------------------|-------------------------------------|----------------|--------------|--------------|-------|
| 1. | Dariusz Andrzejczak | SG Erkelenz - Hüchelhoven | GER | 26924 | 29.26 | +0.71 |
| 2. | Javier Van Engelen | AZ&PC De Futen | NED | 196801697 | 31.79 | +0.86 |
| 3. | Olivier Bresoux | Cercle De Natation Sportcity WolBEL | CNSW/004898/69 | 32.07 | +0.77 | |
| 4. | Marcel Vroegindewei | Poseidon'56 | NED | 196801709 | 32.81 | +0.74 |
| 5. | Pascal Tourton | ZOB'66 | NED | 196601343 | 33.66 | +0.80 |
| 6. | Sandro Glasius | ZZ&PC De Devel | NED | 196600249 | 34.04 | +0.77 |
| 7. | Erik Wetsteijn | SWOL 1894 | NED | 196501019 | 34.09 | +0.73 |
| 8. | Hans Schoenmakers | DAW | NED | 196900863 | 34.40 | +0.80 |
| 9. | Jeroen Wilmer | Vichy Val D'Allier Natation | FRA | 2169893 | 34.43 | +0.84 |
| 10. | Francis Roosen | VZV Njord | NED | 196801581 | 34.67 | +0.76 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 37, Heren, 50m vlinderslag, Masters 55+

| rang | naam | vereniging | | | tijd | RT | PARA |
|-------|-----------------------|----------------|-----|-----------|--------------|-------|------|
| 11. | Marcel Brittijn | De Duinkickers | NED | 196900159 | 35.05 | +0.63 | |
| 12. | Eric de Haas | De Treffers | NED | 196501275 | 36.71 | +0.83 | |
| 13. | Taco Eikelenboom | AZ&PC De Futen | NED | 196900275 | 37.68 | +0.94 | |
| 14. | Pieter-Sjoerd de Wijn | DES | NED | 196501027 | 37.96 | +0.83 | |
| 15. | Henri Michels | De Amstel | NED | 196501587 | 38.57 | +0.82 | |
| 16. | Andre de Bruijn | ZVDO'74 | NED | 196800165 | 42.19 | +0.91 | |
| NG.ZA | Soan Thung | PSV | NED | 196601633 | | | |

Masters 60+

| | | | | | | | |
|----|-------------------|----------------------------------|-----|----------------|--------------|-------|--|
| 1. | Martin Grapentin | SAS Swiss Alumni Swimming | SUI | #29177 | 29.53 | +0.80 | |
| 2. | Lionel Godeaux | Cercle De Natation Sportcity Wol | BEL | CNSW/000217/60 | 30.72 | +0.69 | |
| 3. | Paul Wijnja | De Biesboschzwemmers | NED | 196301403 | 33.63 | +0.79 | |
| 4. | Robert de Brauwer | De Duinkickers | NED | 196401383 | 34.38 | +0.86 | |
| 5. | Theo Bakker | TriVia | NED | 196401231 | 35.53 | +0.84 | |
| 6. | Henk Kuipers | ZPC AMERSFOORT | NED | 196201207 | 35.82 | +0.77 | |
| 7. | Frank Kraus | ESCA Zwemmen | NED | 196001055 | 45.15 | +0.91 | |

Masters 65+

| | | | | | | | |
|----|-------------------|----------------------------------|-----|----------------|--------------|-------|--|
| 1. | Albert Boonstra | Aqua-Novio '94 | NED | 195700425 | 32.10 | +0.82 | |
| 2. | Marten de Groot | HZ&PC Heerenveen | NED | 195800149 | 33.79 | +0.75 | |
| 3. | Thierry Schurmans | Cercle De Natation Sportcity Wol | BEL | CNSW/007944/58 | 46.75 | +0.75 | |

Masters 70+

| | | | | | | | |
|----|--------------|--------|-----|-----------|----------------|-------|--|
| 1. | Fred Zanting | TriVia | NED | 195400323 | 36.12 * | +0.80 | |
|----|--------------|--------|-----|-----------|----------------|-------|--|

Masters 80+

| | | | | | | | |
|----|------------------|-----|-----|-----------|----------------|-------|--|
| 1. | Geza Kaltenecker | AZC | NED | 194200065 | 1:06.17 | +0.83 | |
|----|------------------|-----|-----|-----------|----------------|-------|--|

Programmanr. 38
05-05-2024 - 16:14

Dames, 50m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | | | tijd | RT | PARA |
|--------------------|---------------------|----------------------------------|-----|----------------|--------------|-------|------|
| Masters 20+ | | | | | | | |
| 1. | Judith Houtvast | Hellas-Glana | NED | 200300714 | 28.92 | +0.66 | |
| 2. | Femke van Wijk | WWV Winterswijk | NED | 200403434 | 29.61 | +0.81 | |
| 3. | Silke Molendijk | ZVL-1886 Center | NED | 200100178 | 29.71 | +0.69 | |
| 4. | Michelle van Wijk | WWV Winterswijk | NED | 200204746 | 30.12 | +0.71 | |
| 5. | Merel Phaff | Nuenen | NED | 200100434 | 30.17 | +0.69 | |
| 6. | Janice Provoost | De Bevelanders | NED | 200303076 | 30.47 | +0.69 | |
| 7. | Lisanne Boets | ZPC De Kanaalstreek | NED | 200200346 | 30.52 | +0.70 | |
| 8. | Stéphanie Schoemans | Cercle De Natation Sportcity Wol | BEL | CNSW/009655/00 | 30.56 | +0.63 | |
| 9. | Ilse Verheij | De Rog | NED | 200300456 | 30.99 | +0.58 | |
| | Sophie Stekelenburg | Zwemlust- den Hommel | NED | 200400166 | 30.99 | +0.76 | |
| 11. | Christel Brugmans | Hieronymus | NED | 200005602 | 31.13 | +0.72 | |
| 12. | Guusje van Lent | Aqua-Novio '94 | NED | 200203898 | 31.20 | +0.66 | |
| 13. | Froukje Osinga | Orca | NED | 200003090 | 31.43 | +0.70 | |
| 14. | Lianne van Wier | HZ&PC Heerenveen | NED | 200200438 | 31.52 | +0.72 | |
| 15. | Julia Notenboom | De Columbiaan | NED | 200302596 | 31.63 | +0.75 | |
| 16. | Lauren van IJll | WVZ | NED | 200001064 | 31.66 | +0.66 | |
| 17. | Dyonne Klomp | Nederweert | NED | 200400642 | 31.68 | +0.75 | |
| | Robin Pienaar | Niemo Barracuda | NED | 200102236 | 31.68 | +0.78 | |
| 19. | Cerisa van Kesteren | ZPCH | NED | 200105934 | 31.79 | +0.75 | |
| 20. | Amber Hesper | Niemo Barracuda | NED | 200202188 | 32.02 | +0.75 | |
| 21. | Eline Hoekstra | OEZA | NED | 200301280 | 32.35 | +0.81 | |
| 22. | Welmoed Doornbos | De IJsselmeeuwen | NED | 200203352 | 32.38 | +0.66 | |
| 23. | Silke van de Weijer | Hydra | NED | 200300692 | 32.56 | +0.76 | |
| 24. | Noa de Bock | De Duck | NED | 200300318 | 32.68 | +0.70 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 38, Dames, 50m vlinderslag, Masters 20+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|------------------------|-------------------------|---------------|----------------|-------|------|
| 25. | Esther Tiemersma | Nayade | NED 200202962 | 32.82 | +0.66 | |
| 26. | Esmee Wijnmaalen | De Geul | NED 200100298 | 32.88 | +0.72 | |
| 27. | Iris van Rossum | ACZ | NED 200004858 | 33.10 | +0.76 | |
| 28. | Olivia Schalekamp | Oceanus | NED 200203732 | 33.12 | +0.67 | |
| 29. | Faustine Mussig | De Geul | NED 200202080 | 33.26 | +0.76 | |
| 30. | Anouk Vis | De Columbiaan | NED 200203322 | 33.58 | +0.76 | |
| 31. | Leonie van Wier | HZ&PC Heerenveen | NED 200200436 | 33.75 | +0.67 | |
| 32. | Jessica Braat | AZC | NED 200205684 | 33.77 | +0.76 | |
| 33. | Ilse Valk | Het Ravijn | NED 200000172 | 33.91 | +0.69 | |
| 34. | Merel van den Heuvel | De Meer | NED 200201784 | 33.93 | +0.78 | |
| 35. | Gwen Eygendaal | De Warande | NED 200404680 | 34.37 | +0.79 | |
| 36. | Marielle van der Vaart | ZVVS | NED 200000994 | 34.38 * | +0.68 | |
| 37. | Lotte van Gessel | Team Noord Holland (SG) | NED 200300900 | 34.59 | +0.75 | |
| 38. | Romy Jalving | HZ&PC Heerenveen | NED 200000616 | 34.77 | +0.69 | |
| 39. | Noa Boerma | Het Ravijn | NED 200202736 | 35.78 | +0.67 | |
| 40. | Rosa Huntjens | EZCL (SG) | NED 200301402 | 36.15 | +0.76 | |
| 41. | Kyra Wesemann | MSV-Zeemacht | NED 200201440 | 36.41 | +0.78 | |
| 42. | Nasca van Dijk | De Marlijn (SG) | NED 200300816 | 36.74 | +0.77 | |

Masters 25+

| | | | | | | |
|-------|-----------------------------|-------------------------|---------------|----------------|-------|--|
| 1. | Selene Wortel | Hieronymus | NED 199700654 | 29.95 | +0.70 | |
| 2. | Marre Zandringa | Orca | NED 199701136 | 30.32 | +0.71 | |
| 3. | Karin Groen | ZPC De Kanaalstreek | NED 199502440 | 30.50 | +0.64 | |
| 4. | Melissa van der Heijden | Niemo Barracuda | NED 199605226 | 30.57 | +0.66 | |
| 5. | Britt Bogers | Nuenen | NED 199905072 | 30.63 | +0.69 | |
| 6. | Arlette de Vegt | ESCA Zwemmen | NED 199505930 | 30.68 | +0.74 | |
| 7. | Alisha Vieira | Blue Marlins | NED 199904554 | 31.01 | +0.69 | |
| 8. | Selina Janssen | Neptunus'58 | NED 199905974 | 31.42 | +0.74 | |
| 9. | Jade Groeneveld | De Biesboschwemmers | NED 199900480 | 31.81 | +0.60 | |
| 10. | Marjes Butz | RZC | NED 199901502 | 32.00 * | +0.70 | |
| 11. | Marcella van der Ent | De Duck | NED 199600174 | 32.18 | +0.72 | |
| 12. | Manon Kloosterman | Zwemlust- den Hommel | NED 199702082 | 32.26 | +0.76 | |
| 13. | Marijke Drent | Bubble | NED 199906232 | 32.31 | +0.79 | |
| 14. | Rianne Bresser | Poseidon'56 | NED 199900690 | 32.92 | +0.77 | |
| 15. | Kelly de Jonge | Poseidon'56 | NED 199701210 | 33.26 | +0.76 | |
| 16. | Tamara Bloemers | Nederweert | NED 199801328 | 33.55 | +0.74 | |
| 17. | Ellen ter Stege | ESCA Zwemmen | NED 199900604 | 33.65 | +0.69 | |
| 18. | Jet Kleine | MSV-Zeemacht | NED 199903384 | 33.93 | +0.65 | |
| 19. | Sanne van de Pol | De Biesboschwemmers | NED 199800722 | 34.15 | +0.66 | |
| 20. | Iris van der Moolen | De Amstel | NED 199902052 | 34.52 | +0.79 | |
| 21. | Rosalie Baarda | Orca | NED 199903460 | 34.68 | +0.74 | |
| 22. | Lisanne van Gennip | Hydra | NED 199701444 | 34.72 | +0.74 | |
| 23. | Jelita van Esseveld | ZPC De Zeeuwse Kust | NED 199806716 | 34.80 | +0.76 | |
| 24. | Mandy Swart | De Biesboschwemmers | NED 199904916 | 35.16 | +0.73 | |
| 25. | Katrin Diercks | SG Aumund - Vegesack | GER 197466 | 35.29 | +0.71 | |
| 26. | Daphne Dols | ZPC Woerden | NED 199904622 | 35.32 | +0.74 | |
| 27. | Sheila ten Voorde | Octopus-ZVV (SG) | NED 199904538 | 35.56 | +0.79 | |
| 28. | Franziska Wierig | SSF Bonn | GER 410575 | 35.76 | +0.60 | |
| 29. | Margien Timmer | ZVL-1886 Center | NED 199506760 | 36.94 | +0.74 | |
| 30. | Judith Kleinjan | De Duck | NED 199802710 | 40.54 | +0.79 | |
| AFGEM | Jamilla van Omme - van Veen | Zwemvereniging Hoogland | NED 199603192 | | | |

Masters 30+

| | | | | | | |
|-----|----------------------|-----------------|---------------|--------------|-------|--|
| 1. | Denise Boereboom | Niemo Barracuda | NED 199202144 | 30.65 | +0.65 | |
| 2. | Lisa Klatten | WVZ | NED 199203628 | 30.70 | +0.73 | |
| 3. | Marcha Admiraal | De Geul | NED 199300012 | 30.90 | +0.72 | |
| 4. | Mariska Scheel | ACZ | NED 199306344 | 30.96 | +0.72 | |
| 5. | Miranda Nijenhuis | De Columbiaan | NED 199204076 | 31.49 | +0.74 | |
| 6. | Karin Verbeek | Nautilus | NED 199201848 | 32.26 | +0.66 | |
| 7. | Leonor Babo | PSV | NED 199308000 | 32.52 | +0.66 | |
| 8. | Natasja Snijders | Aqua-Novio '94 | NED 199107966 | 32.76 | +0.78 | |
| 9. | Leontine Groeneveldt | De Duck | NED 199303526 | 33.68 | +0.77 | |
| 10. | Anne Aarts | DES | NED 199207942 | 33.72 | +0.69 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 38, Dames, 50m vlinderslag, Masters 30+

| rang | naam | vereniging | | tijd | RT | PARA |
|------|---------------------------|-----------------------------|---------------|--------------|-------|------|
| 11. | Lucie Terver | Club Nautique Val de Fensch | FRA 412372 | 34.05 | +0.77 | |
| 12. | Erika Nyström | HHZV Plons | NED 199407592 | 34.23 | +0.85 | |
| 13. | Daphne Kievit | ZPC AMERSFOORT | NED 199207058 | 34.27 | +0.81 | |
| 14. | Jisca Majolée | ZPC AMERSFOORT | NED 199403570 | 34.35 | +0.81 | |
| 15. | Alma Janssen | Z&PC Zegenwerp | NED 199401078 | 34.58 | +0.70 | |
| 16. | Danila van den Hoogenband | Nuenen | NED 199001558 | 35.48 | +0.75 | |
| 17. | Eline Molle | De Geul | NED 199404276 | 38.15 | +0.79 | |
| 18. | Maaïke Karsten | Zwemvereniging Hoogland | NED 199103832 | 38.72 | +0.85 | |
| 19. | Celine Bakker | DAW | NED 199302562 | 39.43 | +0.63 | |

Masters 35+

| | | | | | | |
|----|--|---------------------------------|----------------------|--------------|-------|--|
| 1. | Anneloes Peulen | Nuenen | NED 198502314 | 30.59 | +0.66 | |
| 2. | Marije Jansen | ZPC AMERSFOORT | NED 198504088 | 31.27 | +0.72 | |
| 3. | Anna Maria Rijkens <i>Austrian Masters Record</i> | TRI-X-Kufstein | AUT 48398 | 31.45 | +0.78 | |
| 4. | Jana Vanden Broeck | Cercle Royal De Natation De Bru | BELs ACNBA/012311/89 | 31.72 | +0.72 | |
| 5. | Daniëlle Reijnders | AquAmigos | NED 198504234 | 31.73 | +0.67 | |
| 6. | Daphne Robijn-Jongedijk | EZCL (SG) | NED 198903520 | 31.85 | +0.73 | |
| 7. | Monique van Huizen | AZC | NED 198706236 | 33.18 | +0.78 | |
| 8. | Cristina Rodriguez Bouzo | De Treffers | NED 198806948 | 34.10 | +0.73 | |

Masters 40+

| | | | | | | |
|----|---|----------------------|---------------|--------------|-------|--|
| 1. | Delia Badoux <i>Kampioenschapsrecord</i> | WVZ | NED 198000042 | 29.34 | +0.72 | |
| 2. | Anne-Marie Verschoor-Vos | De Biesboschzwemmers | NED 198102300 | 32.90 | +0.82 | |
| 3. | Miranda Pijnenburg | De Treffers | NED 198301216 | 33.03 | +0.77 | |
| 4. | Laura Badoux | DAW | NED 198200038 | 33.45 | +0.84 | |
| 5. | Michelle de Villiers | Hellas-Glana | NED 198302944 | 35.38 | +0.78 | |
| 6. | Hoda Elridi | PSV | NED 198102382 | 39.59 | +0.86 | |

Masters 45+

| | | | | | | |
|-----|---------------------------|----------------------------------|---------------------|--------------|-------|--|
| 1. | Katharina Zihler | SAS Swiss Alumni Swimming | SUI #7332 | 33.25 | +0.69 | |
| 2. | Mirjan den Drijver | Westland Swimming Stars | NED 197500884 | 33.48 | +0.75 | |
| 3. | Nathalie Blondeel | Cercle De Natation Sportcity Wol | BELs CNSW/004784/77 | 34.32 | +0.69 | |
| 4. | Chantal Verhoeff | Old Dutch | NED 197900912 | 35.11 | +0.77 | |
| 5. | Geraldine Trainor | De Duck | NED 197500544 | 36.08 | +0.76 | |
| 6. | Krista de Reus-Trompetter | DZ&PC | NED 197600520 | 36.64 | +0.88 | |
| 7. | Marian Nederlof | De Geul | NED 197600950 | 36.96 | +0.88 | |
| 8. | Inge Roskam | De Duinkickers | NED 197801296 | 37.65 | +0.77 | |
| 9. | Rachel Trainor | De Duck | NED 197700670 | 38.74 | +0.82 | |
| 10. | Saskia op den Velde | De Duinkickers | NED 197901530 | 45.44 | +0.92 | |

Masters 50+

| | | | | | | |
|-------|---|----------------------------------|---------------------|--------------|-------|--|
| 1. | Olivia Lorton <i>Luxembourg Masters Record</i> | Luxembourg Sharks Swimming | CLUX 9981 | 32.11 | +0.70 | |
| 2. | Ingrid Boot-De Groot | De Aalscholver | NED 197000168 | 32.78 | +0.70 | |
| 3. | Valérie Rolland | Cercle De Natation Sportcity Wol | BELs CNSW/004276/71 | 34.52 | +0.70 | |
| 4. | Ilona Hogerheyde | DAW | NED 197400224 | 34.76 | +0.73 | |
| 5. | Yvette Ratering | SG CWW Swim Team | NED 197200990 | 35.44 | +0.79 | |
| 6. | Evelien Naatje | WS Twente | NED 197200838 | 43.49 | +0.89 | |
| 7. | Nathasja Konijn | GZC DONK | NED 197100992 | 43.70 | +0.75 | |
| AFGEM | Jeanne Petit | PSV | NED 197001020 | | | |



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Kampioenschappen 2024 lange baan
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Programmanr. 38, Dames, 50m vlinderslag

Masters 55+

| | | | | | | |
|----|--------------------|-----------------------|-----|-----------|--------------|-------|
| 1. | Lesley Cordial | ZPC AMERSFOORT | NED | 196700684 | 32.97 | +0.77 |
| 2. | Allie Price | Bridgend Swim Club | GBR | 547582 | 33.76 | +0.68 |
| 3. | Marjo Goelema-Koek | De Biesboschzweimmers | NED | 196900192 | 34.62 | +0.76 |
| 4. | Petra Blum | SG Bayer | GER | 274174 | 36.44 | +0.82 |
| 5. | Katja De Beer | De Rog | NED | 196800888 | 37.29 | +0.72 |
| 6. | Jacqueline Tuin | DAW | NED | 196600690 | 38.85 | +0.77 |
| 7. | Marijke Campfens | De Geul | NED | 196900960 | 41.54 | +0.60 |

Masters 60+

| | | | | | | |
|----|-----------------------|-------------------------|-----|-----------|--------------|-------|
| 1. | Netty Burik-Geijssen | Westland Swimming Stars | NED | 196300048 | 36.46 | +0.83 |
| 2. | Yoka de Vegt-van Dijk | ESCA Zwemmen | NED | 196200420 | 43.16 | +0.80 |

Masters 65+

| | | | | | | |
|----|-----------------|-------------------------------------|----------------|--------------|----------------|-------|
| 1. | Claire Anthony | Cercle De Natation Sportcity WoIBEL | CNSW/001353/57 | 38.27 | +0.74 | |
| 2. | Hannie Poletiek | TriVia | NED | 195900278 | 47.95 | +0.89 |
| 3. | Karien Musters | Old Dutch | NED | 195800236 | 1:19.68 | |

Masters 70+

| | | | | | | |
|----|---|-------------------------------------|----------------|--------------|--------------|-------|
| 1. | Christine Nieuwenhuis <i>Nederlands Masters Record</i> | SWOL 1894 | NED | 195100022 | 40.15 | +0.79 |
| 2. | Fernande Blondeel-Gourmet | Cercle De Natation Sportcity WoIBEL | CNSW/004901/52 | 54.71 | +0.95 | |

Masters 75+

| | | | | | | |
|----|-----------------------------|----------------|-----|-----------|----------------|--|
| 1. | Annet Verhoeven - Steggerda | De Duinkickers | NED | 194600024 | 1:17.14 | |
|----|-----------------------------|----------------|-----|-----------|----------------|--|

Masters 80+

| | | | | | | |
|----|-----------|------------|-----|-----------|----------------|-------|
| 1. | Leny Kamp | Aquapoldro | NED | 194400008 | 1:35.96 | +1.19 |
|----|-----------|------------|-----|-----------|----------------|-------|

Programmanr. 39
05-05-2024 - 16:32

Heren, 100m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|--------------------|--------------------------|-----------------------------|-----|-----------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. | Daan Hogerhuis | De Columbiaan | NED | 200300317 | 1:02.85 | +0.66 | 30.25 | 1:02.85 |
| 2. | Thijn Damen | PSV | NED | 200300973 | 1:03.45 | +0.75 | 30.05 | 1:03.45 |
| 3. | Jasper Breugem | WVZ | NED | 200000303 | 1:05.50 | +0.73 | 32.01 | 1:05.50 |
| 4. | Ian Terlouw | ZPC Woerden | NED | 200002345 | 1:06.64 | +0.69 | 31.48 | 1:06.64 |
| 5. | Lars Hilkens | RZ | NED | 200201165 | 1:08.80 | +0.63 | 33.06 | 1:08.80 |
| 6. | Dave van den Nieuwendijk | De Columbiaan | NED | 200100475 | 1:09.40 | +0.72 | 33.33 | 1:09.40 |
| 7. | Mike Jansen | Patrick-De Roersoppers (SG) | NED | 200200151 | 1:10.28 | +0.61 | 33.96 | 1:10.28 |
| 8. | Gaspard Lammens | Club Nautique Val de Fensch | FRA | 3533051 | 1:11.63 | +0.77 | 35.82 | 1:11.63 |
| 9. | Nigel Werring | Zwemlust- den Hommel | NED | 200301503 | 1:11.75 | +0.68 | 34.84 | 1:11.75 |
| 10. | Owen Michels | De Amstel | NED | 200402293 | 1:13.64 | +0.73 | 35.51 | 1:13.64 |
| 11. | Wout Wilens | EZCL (SG) | NED | 200001431 | 1:23.71 | +0.79 | 39.58 | 1:23.71 |

Masters 25+

| | | | | | | | | |
|----|------------------|---------------------|-----|-----------|----------------|-------|-------|---------|
| 1. | Nicko Kamphuis | De Warande | NED | 199900887 | 1:03.09 | +0.56 | 30.52 | 1:03.09 |
| 2. | Kalle van Gemert | ZPC De Zeeuwse Kust | NED | 199801259 | 1:03.87 | +0.56 | 30.25 | 1:03.87 |
| 3. | Jeroen Jongert | OEZA | NED | 199600445 | 1:06.44 | +0.70 | 32.04 | 1:06.44 |
| 4. | Richard Kuipers | HZ&PC Heerenveen | NED | 199704171 | 1:06.50 | +0.69 | 32.43 | 1:06.50 |
| 5. | Sven Westerlaken | ZVDO'74 | NED | 199900271 | 1:06.90 | +0.60 | 32.35 | 1:06.90 |
| 6. | Luke van Hamond | Z&PC Zegenwerp | NED | 199600945 | 1:07.31 | +0.71 | 32.01 | 1:07.31 |



Programmanr. 39, Heren, 100m rugslag, Masters 25+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-----------------------|----------------|-----|-----------|----------------|-------|------|-------|---------|
| 7. Pieter Ytsma | De Aalscholver | NED | 199501809 | 1:07.43 | +0.68 | | 32.69 | 1:07.43 |
| 8. David Kievit | De Schotejil | NED | 199900325 | 1:07.88 | +0.91 | | 33.12 | 1:07.88 |
| 9. Jordy van Oel | WVZ | NED | 199802003 | 1:09.21 | +0.74 | | 33.46 | 1:09.21 |
| 10. Joey Papaioannou | Aqua-Novio '94 | NED | 199802269 | 1:09.71 | +0.68 | | 33.76 | 1:09.71 |
| 11. Daan Siebenheller | ZOB'66 | NED | 199804955 | 1:10.31 | +0.70 | | 33.82 | 1:10.31 |
| 12. Jeroen Louwinger | De Rijn | NED | 199900583 | 1:11.82 | +0.71 | | 35.31 | 1:11.82 |
| 13. Ian van Mullem | ZOB'66 | NED | 199602545 | 1:13.22 | +0.65 | | 35.25 | 1:13.22 |
| 14. Tim van Grunsvan | De Treffers | NED | 199804535 | 1:13.50 | +0.65 | | 34.79 | 1:13.50 |
| 15. Remco Visser | ZPC Woerden | NED | 199503185 | 1:18.92 | +0.78 | | 37.80 | 1:18.92 |

Masters 30+

| | | | | | | | | |
|------------------------|------------------------------|--------|----------------|----------------|-------|--|-------|---------|
| 1. Jesper Oranje | De Duck | NED | 199200997 | 1:03.70 | +0.62 | | 30.91 | 1:03.70 |
| 2. Jeroen Matthijssen | AZC | NED | 199103751 | 1:06.27 | +0.70 | | 31.43 | 1:06.27 |
| 3. Sébastien Francotte | Cercle De Natation Sportcity | VBELwe | CNSW/013599/92 | 1:09.45 | +0.72 | | 33.87 | 1:09.45 |
| 4. Johan Krakou | De Rijn | NED | 199101311 | 1:11.23 | +0.68 | | 34.07 | 1:11.23 |
| 5. Patrick Brouwer | AZC | NED | 199303715 | 1:12.86 | +0.76 | | 35.46 | 1:12.86 |
| 6. Niels Bent | WS Twente | NED | 199400465 | 1:14.13 | +0.90 | | 35.05 | 1:14.13 |

Masters 35+

| | | | | | | | | |
|------------------------|------------------------------|--------|----------------|----------------|-------|-----|-------|---------|
| 1. Nicolas Collard | Cercle De Natation Sportcity | VBELwe | CNSW/000240/89 | 1:06.85 | +0.67 | | 32.33 | 1:06.85 |
| Martijn Giezen | ZPC AMERSFOORT | NED | 198500813 | 1:06.85 | +0.78 | | 32.40 | 1:06.85 |
| 3. Robert Braad | Steenwijk 1934 | NED | 198600407 | 1:07.64 | +0.77 | | 32.69 | 1:07.64 |
| 4. Niels Albrechts | De Schotejil | NED | 198800039 | 1:17.08 | +0.70 | | 37.98 | 1:17.08 |
| 5. Remco van der Graaf | PSV | NED | 198704007 | 1:18.20 | +0.74 | | 37.70 | 1:18.20 |
| *50m | | | | | | | | |
| 6. Wessel Everloo | WS Twente | NED | 198906597 | 1:18.28 | +1.04 | 453 | 38.20 | 1:18.28 |
| AFGEM Yuri van Omme | Zwemvereniging Hoogland | NED | 198501887 | | | | | |

Masters 40+

| | | | | | | | | |
|------------------------|----------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Heijmen van Vliet | De Geul | NED | 198001637 | 1:10.45 | +0.64 | | 34.60 | 1:10.45 |
| 2. Paul Oudendijk | DAW | NED | 198101287 | 1:10.47 | +0.79 | | 34.58 | 1:10.47 |
| 3. Tjeerd Visser | ACZ | NED | 198001631 | 1:10.85 | +0.78 | | 33.97 | 1:10.85 |
| 4. Ivan van Omme | De Geul | NED | 198201263 | 1:12.40 | +0.75 | | 35.06 | 1:12.40 |
| 5. Albert van Piekeren | SWOL 1894 | NED | 198401767 | 1:12.43 | +0.73 | | 34.82 | 1:12.43 |
| 6. Rob van Vliet | ZPC AMERSFOORT | NED | 198402459 | 1:13.45 | +0.81 | | 35.52 | 1:13.45 |
| 7. W. Camargo | ZZ&PC De Devel | NED | 198002547 | 1:18.04 | +0.79 | | 35.61 | 1:18.04 |
| 8. Oscar Monge | IJZPC | NED | 198102599 | 1:20.98 | +0.60 | | 38.80 | 1:20.98 |
| 9. Arne-Willem Kroonen | PSV | NED | 198401297 | 1:27.55 | +0.79 | | 40.92 | 1:27.55 |

Masters 45+

| | | | | | | | | |
|--------------------|-------------------------|-----|--------------|----------------|-------|--|-------|---------|
| 1. Dennis Brouwers | HZPC | NED | 197800167 | 1:05.89 | +0.71 | | 32.41 | 1:05.89 |
| 2. Ruud Holswilder | ZPCH | NED | 197800435 | 1:06.43 | +0.65 | | 31.91 | 1:06.43 |
| 3. Ivo Roozeboom | WVZ | NED | 197700801 | 1:09.36 | +0.71 | | 33.68 | 1:09.36 |
| 4. Mark Hensen | Niemo Barracuda | NED | 197900497 | 1:16.00 | +0.70 | | 36.80 | 1:16.00 |
| 5. Pieter Broek | Westland Swimming Stars | NED | 197701637 | 1:17.38 | +0.63 | | 37.45 | 1:17.38 |
| 6. Gino Martijn | RZ | NED | 197901865 | 1:21.23 | +0.64 | | 39.61 | 1:21.23 |
| *50m | | | | | | | | |
| 7. Jan Heijl | Lokerse Zwemvereniging | BEL | LZV/11010/79 | 1:21.26 | +0.76 | | 38.11 | 1:21.26 |
| 8. Tom Bandsma | PSV | NED | 197701625 | 1:32.18 | +0.77 | | 45.33 | 1:32.18 |

Masters 50+

| | | | | | | | | |
|------------------------|------------------------------|--------|----------------|----------------|-------|--|-------|---------|
| 1. Rogier Vissers | PSV | NED | 197300935 | 1:14.44 | +0.84 | | 36.59 | 1:14.44 |
| 2. Bruno Nahon | Cercle De Natation Sportcity | VBELwe | CNSW/000390/70 | 1:20.06 | +0.81 | | 38.65 | 1:20.06 |
| 3. Henri Verschoor | De Biesboschwimmers | NED | 197001041 | 1:21.42 | +0.80 | | 40.00 | 1:21.42 |
| 4. Paul van den Heuvel | Arethusa | NED | 197000441 | 1:21.81 | +0.74 | | 40.42 | 1:21.81 |
| 5. Jacques Verriet | VZV Njord | NED | 197001039 | 1:27.29 | +0.66 | | 42.26 | 1:27.29 |
| 6. Jeroen Hoeksel | ZVVS | NED | 197401533 | 1:40.18 | +0.81 | | 47.57 | 1:40.18 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 39, Heren, 100m rugslag

Masters 55+

| | | | | | | | |
|-----------------------------|--|-----|-----------|----------------|-------|-------|---------|
| 1. Chester Marsman | ZPC AMERSFOORT | NED | 196900671 | 1:08.62 | +0.75 | 32.71 | 1:08.62 |
| <i>Kampioenschapsrecord</i> | | | | | | | |
| 2. Jan-Willem van den Berg | WVZ | NED | 196801575 | 1:11.38 | +0.72 | 34.56 | 1:11.38 |
| 3. Marcel Vroegindewei | Poseidon'56 | NED | 196801709 | 1:15.11 | +0.67 | 36.16 | 1:15.11 |
| 4. Hugues Herman | Cercle De Natation Sportcity VBELwe CNSW/009743/66 | | | 1:15.77 | +0.70 | 36.68 | 1:15.77 |
| 5. Guido Keutgen | Steenwijk 1934 | NED | 196801551 | 1:15.81 | +0.74 | 35.23 | 1:15.81 |
| 6. Ralf Dillig | Duisburger ST | GER | 060769 | 1:19.73 | +0.76 | 38.81 | 1:19.73 |
| 7. Nico Swart | De Biesboschzwemmers | NED | 196801475 | 1:21.46 | +0.78 | 40.03 | 1:21.46 |
| 8. Mathieu Rikken | De Duinkickers | NED | 196701777 | 1:22.51 | +0.76 | 40.36 | 1:22.51 |
| 9. Erik Wetsteijn | SWOL 1894 | NED | 196501019 | 1:22.86 | +0.72 | 40.91 | 1:22.86 |
| 10. Erik Saan | De Duck | NED | 196500769 | 1:26.02 | +0.83 | 40.55 | 1:26.02 |

Masters 60+

| | | | | | | | |
|-------------------|--------|-----|-----------|----------------|-------|-------|---------|
| 1. Bert Schlicher | RZ | NED | 196400669 | 1:13.59 | +0.72 | 36.27 | 1:13.59 |
| 2. Peter Bernsen | De Rog | NED | 196301119 | 1:14.28 | +0.66 | 36.64 | 1:14.28 |
| 3. Erik Kamphuis | De Rog | NED | 196001035 | 1:21.23 | +0.77 | 40.90 | 1:21.23 |

Masters 65+

| | | | | | | | |
|----------------------------|--|-----|-----------|----------------|-------|-------|---------|
| 1. Paul Bunnik | Triton | NED | 195600413 | 1:30.92 | +0.80 | 44.13 | 1:30.92 |
| 2. Wim de Lange | AZC | NED | 195800533 | 1:31.48 | +0.73 | 45.04 | 1:31.48 |
| 3. André Pantekoek | PSV | NED | 195800321 | 1:48.84 | +0.79 | 53.86 | 1:48.84 |
| NG.ZA Christian Schoenaers | Cercle De Natation Sportcity VBELwe CNSW/007131/59 | | | | | | |

Masters 70+

| | | | | | | | |
|------------------------|----------------|-----|-----------|----------------|-------|-------|---------|
| 1. Brend Brevé *50m | PSV | NED | 195200265 | 1:24.21 | +0.78 | 42.00 | 1:24.21 |
| 2. Ronald Blankenstein | Aqua-Novio '94 | NED | 195000013 | 1:47.63 | +0.89 | 51.61 | 1:47.63 |
| 3. Sjoerd Van de Berg | De Rog | NED | 195400355 | 1:59.49 | +0.82 | 57.40 | 1:59.49 |

Masters 75+

| | | | | | | | |
|----------------|-----|-----|-----------|----------------|-------|-------|---------|
| 1. Jan Nuijten | PSV | NED | 194900175 | 1:55.33 | +0.98 | 54.54 | 1:55.33 |
|----------------|-----|-----|-----------|----------------|-------|-------|---------|

Masters 80+

| | | | | | | | |
|--------------|-----------|-----|-----------|----------------|-------|-------|---------|
| 1. Rob Hanou | PSV | NED | 194300109 | 2:01.18 | +0.98 | 56.92 | 2:01.18 |
| 2. Nico Baay | Old Dutch | NED | 194200053 | 2:04.29 | +1.04 | 57.15 | 2:04.29 |

Masters 85+

| | | | | | | | |
|--------------|-----|-----|-----------|----------------|-------|-------|---------|
| 1. Nic Geers | PSV | NED | 193800007 | 2:02.52 | +0.77 | 59.32 | 2:02.52 |
|--------------|-----|-----|-----------|----------------|-------|-------|---------|

Programmanr. 40
05-05-2024 - 16:52

Dames, 100m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|---|------------------|-----|-----------|----------------|-------|------|-------|---------|
| Masters 20+ | | | | | | | | |
| 1. Isa Schellekens <i>Kampioenschapsrecord</i> | Z&PC Zegenwerp | NED | 200002330 | 1:07.46 | +0.73 | | 33.49 | 1:07.46 |
| 2. Julia Notenboom | De Columbiaan | NED | 200302596 | 1:09.50 | +0.58 | | 32.89 | 1:09.50 |
| 3. Merel Phaff | Nuenen | NED | 200100434 | 1:10.91 | +0.64 | | 34.90 | 1:10.91 |
| 4. Carmen Lems | ACZ | NED | 200402632 | 1:12.47 | +0.66 | | 34.43 | 1:12.47 |
| 5. Marte Vlieg | Aqua-Novio '94 | NED | 200304996 | 1:13.06 | +0.77 | | 35.64 | 1:13.06 |
| 6. Inge Dekker | HZ&PC Heerenveen | NED | 200200476 | 1:14.79 | +0.71 | | 35.67 | 1:14.79 |
| 7. Lauren van IJl | WVZ | NED | 200001064 | 1:14.87 | +0.67 | | 36.05 | 1:14.87 |
| 8. Femke de Wit | Nederweert | NED | 200102184 | 1:16.72 | +0.55 | | 37.32 | 1:16.72 |
| 9. Esmée van Peer | TriVia | NED | 200201114 | 1:18.53 | +0.71 | | 37.68 | 1:18.53 |
| 10. Merel van den Heuvel | De Meer | NED | 200201784 | 1:18.55 | +0.67 | | 36.65 | 1:18.55 |
| 11. Mirelle de Kort | Neptunus'58 | NED | 200005546 | 1:19.00 | +0.65 | | 37.84 | 1:19.00 |
| 12. Daniëlle Vis | De Columbiaan | NED | 200401044 | 1:19.03 | +0.65 | | 37.84 | 1:19.03 |
| 13. Cynthia Koolman | ZPC Hoogeveen | NED | 200300232 | 1:20.23 | +0.65 | | 39.64 | 1:20.23 |
| 14. Melissa Schuurman | EZCL (SG) | NED | 200006800 | 1:20.97 | +0.57 | | 38.49 | 1:20.97 |
| 15. Noa de Bock | De Duck | NED | 200300318 | 1:22.49 | +0.62 | | 39.95 | 1:22.49 |
| 16. Lieke Stoker | WS Twente | NED | 200301412 | 1:23.39 | +0.88 | | 41.42 | 1:23.39 |
| 17. Renske Haasbroek | OEZA | NED | 200303752 | 1:23.63 | +0.78 | | 40.91 | 1:23.63 |
| 18. Leonie Smit | EZCL (SG) | NED | 200301978 | 1:25.28 | +0.74 | | 40.87 | 1:25.28 |
| 19. Daphne van Rees | Octopus-ZVV (SG) | NED | 200301766 | 1:27.15 | +0.77 | | 42.61 | 1:27.15 |

Masters 25+

| | | | | | | | | |
|--|--|-----|-----------|----------------|-------|--|-------|---------|
| 1. Hannah Schellekens | TRB-RES | NED | 199706614 | 1:10.24 | +0.65 | | 34.45 | 1:10.24 |
| 2. Nadja Roovers | Hieronymus | NED | 199800798 | 1:10.93 | +0.78 | | 34.49 | 1:10.93 |
| 3. Anne-Irene Ducheine | Zwemvereniging Hoogland | NED | 199506824 | 1:11.57 | +0.51 | | 34.95 | 1:11.57 |
| 4. Jade Broek | OEZA | NED | 199702300 | 1:11.98 | +0.69 | | 34.32 | 1:11.98 |
| 5. Nais Van Oudenhove | Cercle De Natation Sportcity VBELwe CNSW/001686/99 | | | 1:17.02 | +0.69 | | 37.24 | 1:17.02 |
| 6. Lisa Truijten | Nederweert | NED | 199701942 | 1:17.28 | +0.74 | | 37.50 | 1:17.28 |
| 7. Jade Groeneveld | De Biesboschwemmers | NED | 199900480 | 1:17.42 | +0.65 | | 36.54 | 1:17.42 |
| 8. Iris Bastiaansen | De Amstel | NED | 199902006 | 1:17.48 | +0.71 | | 37.94 | 1:17.48 |
| 9. Moniek van Langevelde | ESCA Zwemmen | NED | 199803160 | 1:18.14 | +0.65 | | 37.97 | 1:18.14 |
| 10. Anne Groen | OEZA | NED | 199505996 | 1:18.48 | +0.91 | | 37.76 | 1:18.48 |
| 11. Jet Kleine | MSV-Zeemacht | NED | 199903384 | 1:18.63 | +0.67 | | 38.66 | 1:18.63 |
| 12. Rosalie Baarda | Orca | NED | 199903460 | 1:18.68 | +0.64 | | 36.72 | 1:18.68 |
| 13. Janine de Groot | NDD | NED | 199500092 | 1:20.20 | +0.69 | | 37.77 | 1:20.20 |
| 14. Saartje Vermeulen | Z&PC Zegenwerp | NED | 199900934 | 1:20.37 | +0.69 | | 38.81 | 1:20.37 |
| 15. Lotte Eising | ZPC AMERSFOORT | NED | 199502098 | 1:20.64 | +0.61 | | 38.63 | 1:20.64 |
| 16. Diane Schoenmaker | PSV | NED | 199502920 | 1:20.85 | +0.74 | | 39.43 | 1:20.85 |
| 17. Anouk van der Lans | Westland Swimming Stars | NED | 199801614 | 1:20.95 | +0.74 | | 39.61 | 1:20.95 |
| 18. Nina Tourton | ZOB'66 | NED | 199603612 | 1:22.10 | +0.67 | | 40.08 | 1:22.10 |
| 19. Tamara van den Brink | Niemo Barracuda | NED | 199804182 | 1:26.23 | +0.75 | | 41.23 | 1:26.23 |
| DIS Daniela Macetas | Cercle De Natation Sportcity VBELwe CNSW/013891/95 | | | | +0.86 | | | |
| <i>RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.</i> | | | | | | | | |
| DIS Babette van der Kaaij | Blue Marlins | NED | 199902234 | | +0.66 | | | |
| <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | | | | | |
| AFGEM J. van Omme - van Veen | Zwemvereniging Hoogland | NED | 199603192 | | | | | |

Masters 30+

| | | | | | | | | |
|-------------------------|------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Mabel Suli | WVZ | NED | 199307964 | 1:10.55 | +0.66 | | 34.59 | 1:10.55 |
| 2. Manon van Strien | WVZ | NED | 199400770 | 1:14.19 | +0.81 | | 35.59 | 1:14.19 |
| 3. Désirée Emmen | De Warande | NED | 199204862 | 1:15.29 | +0.70 | | 35.99 | 1:15.29 |
| 4. Elmi Roelofsen | Octopus-ZVV (SG) | NED | 199008198 | 1:16.85 | +0.83 | | 36.17 | 1:16.85 |
| 5. Adela Vázquez García | ZVL-1886 Center | NED | 199307952 | 1:20.44 | +0.57 | | 38.42 | 1:20.44 |
| 6. Getrude Corporaal | Steenwijk 1934 | NED | 199200380 | 1:20.71 | +0.75 | | 38.25 | 1:20.71 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 40, Dames, 100m rugslag, Masters 30+

| rang naam | vereniging | | | tijd | RT | PARA | 50m | 100m |
|-------------------------|--------------|-----|-----------|----------------|-------|------|-------|---------|
| 7. Wendy de Bruin | ZOB'66 | NED | 199206320 | 1:22.15 | +0.56 | | 40.04 | 1:22.15 |
| 8. Tessa van Dijk-Mosch | MSV-Zeemacht | NED | 199102172 | 1:25.80 | +0.70 | | 40.34 | 1:25.80 |
| 9. Whitley Rens | De Schotejil | NED | 199007520 | 1:27.19 | +1.89 | | 42.10 | 1:27.19 |
| 10. Esther Kwebeman | TriVia | NED | 199106374 | 1:27.38 | +0.84 | | 41.65 | 1:27.38 |
| 11. Margot van de Rakt | VZV Njord | NED | 199300618 | 1:28.74 | +0.79 | | 43.16 | 1:28.74 |
| 12. Elke Schellekens | Neptunus'58 | NED | 199301550 | 1:32.80 | +0.65 | | 44.98 | 1:32.80 |
| AFGEM Suzanne Mosch | MSV-Zeemacht | NED | 199400548 | | | | | |
| NG Kimberley van Buren | De Duck | NED | 199304136 | | | | | |

Masters 35+

| | | | | | | | | |
|---|------------------------------------|----------------|-----------|----------------|-------|--|-------|---------|
| 1. Jana Vanden Broeck <i>Kampioenschapsrecord</i> | Cercle Royal De Natation De EBELle | CNBA/012311/89 | | 1:12.62 | +0.66 | | 34.64 | 1:12.62 |
| 2. Jenny Schouten | PSV | NED | 198703674 | 1:14.42 | +0.78 | | 36.06 | 1:14.42 |
| 3. Sabine Zimmermann | Aachener SV 06 | GER | 101578 | 1:17.20 | +0.86 | | 38.42 | 1:17.20 |
| 4. Ilse van den Wijngaard | ZPC Woerden | NED | 198904736 | 1:17.67 | +0.81 | | 37.64 | 1:17.67 |
| 5. J. Koolen-Kaptheijns | Tempo | NED | 198706288 | 1:20.89 | +0.68 | | 38.66 | 1:20.89 |
| 6. Linda van Klei | GZC DONK | NED | 198802088 | 1:21.84 | +0.77 | | 40.38 | 1:21.84 |
| 7. Marlies Jehoel-van As | PSV | NED | 198500074 | 1:26.20 | +0.66 | | 41.35 | 1:26.20 |

Masters 40+

| | | | | | | | | |
|---------------------------|-------------------------|-----|--------------|----------------|-------|--|-------|---------|
| 1. Maike Zeterberg | Zehlendorfer TSV 1888 | GER | 066680 | 1:13.60 | +0.61 | | 35.70 | 1:13.60 |
| 2. Delia Badoux | WVZ | NED | 198000042 | 1:16.85 | +0.65 | | 37.68 | 1:16.85 |
| 3. Roos van Esch | ACZ | NED | 198200468 | 1:17.68 | +0.81 | | 38.25 | 1:17.68 |
| 4. Joke De Temmerman | Lokerse Zwemvereniging | BEL | LZV/21076/82 | 1:18.04 | +0.74 | | 37.49 | 1:18.04 |
| 5. Debbie van Rooijen | IJZPC | NED | 198201402 | 1:18.60 | +0.75 | | 38.19 | 1:18.60 |
| 6. Hanneke Heymen | WS Twente | NED | 198400968 | 1:21.86 | +0.64 | | 40.47 | 1:21.86 |
| 7. Angela Giezen | Zwemvereniging Hoogland | NED | 198302796 | 1:22.38 | +0.81 | | 40.70 | 1:22.38 |
| 8. Tonia Ruybroek | Poseidon'56 | NED | 198101290 | 1:23.68 | +0.74 | | 39.19 | 1:23.68 |
| 9. E. Poortvliet - Koedam | De Duinkickers | NED | 198001824 | 1:24.32 | +0.78 | | 41.69 | 1:24.32 |
| 10. Hoda Elridi | PSV | NED | 198102382 | 1:37.34 | +0.77 | | 47.54 | 1:37.34 |

Masters 45+

| | | | | | | | | |
|-----------------------------|----------------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Monique Boets | ZPC De Kanaalstreek | NED | 197600230 | 1:20.27 | +0.72 | | 38.48 | 1:20.27 |
| 2. Mirjan den Drijver | Westland Swimming Stars | NED | 197500884 | 1:21.56 | +0.77 | | 39.69 | 1:21.56 |
| 3. Geraldine Trainor | De Duck | NED | 197500544 | 1:23.69 | +0.87 | | 40.38 | 1:23.69 |
| 4. Jolanda van Gendt | PSV | NED | 197800266 | 1:24.19 | +0.70 | | 40.98 | 1:24.19 |
| 5. A. Knegt-Besseminders | De Spatters | NED | 197601064 | 1:35.49 | +0.71 | | 45.48 | 1:35.49 |
| 6. Clementine van Bruxvoort | Feijenoord Albion Zwemclub | NED | 197700138 | 1:45.17 | +0.94 | | 50.41 | 1:45.17 |

Masters 50+

| | | | | | | | | |
|----------------------------|------------------------------|-----|-----------------|----------------|-------|--|-------|---------|
| 1. Johanna van Wijnen | De Biesboschzwemmers | NED | 197201072 | 1:18.01 | +0.76 | | 38.11 | 1:18.01 |
| 2. Edith Janssen-Koolen | TRB-RES | NED | 197300898 | 1:20.61 | +0.89 | | 38.94 | 1:20.61 |
| 3. Valérie Rolland | Cercle De Natation Sportcity | BEL | WVNSW/004276/61 | 1:21.92 | +0.67 | | 39.72 | 1:21.92 |
| 4. Lidia v. Bon-Rosenbrand | ZPC AMERSFOORT | NED | 197000054 | 1:23.81 | +0.85 | | 40.46 | 1:23.81 |
| 5. Trudie van Niejenhuis | TZC-Vahalis | NED | 197100444 | 1:26.45 | +0.69 | | 41.43 | 1:26.45 |
| 6. Marjolein Klunne | Hieronymus | NED | 197101098 | 1:28.63 | +0.70 | | 42.43 | 1:28.63 |
| 7. Elise Kenworthy | LinK | NED | 197101126 | 1:32.84 | +0.89 | | 45.58 | 1:32.84 |
| 8. Nathasja Konijn | GZC DONK | NED | 197100992 | 1:41.00 | +0.83 | | 48.87 | 1:41.00 |
| NG.ZA Danielle Schipper | ZOB'66 | NED | 197001078 | | | | | |
| NG Bianca Groot | MSV-Zeemacht | NED | 197000652 | | | | | |

Masters 55+

| | | | | | | | | |
|--------------------|--------------------|-----|-----------|----------------|-------|--|-------|---------|
| 1. Allie Price | Bridgend Swim Club | GBR | 547582 | 1:17.78 | +0.64 | | 37.28 | 1:17.78 |
| 2. Petra Blum | SG Bayer | GER | 274174 | 1:26.13 | +0.88 | | 41.94 | 1:26.13 |
| 3. Laura Staal | Oceanus | NED | 196700358 | 1:26.60 | +0.83 | | 42.40 | 1:26.60 |
| 4. Annette van Dok | MSV-Zeemacht | NED | 196800742 | 1:41.37 | +0.97 | | 48.28 | 1:41.37 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 40, Dames, 100m rugslag

Masters 60+

| | | | | | | | |
|----------------------------------|--------------|-----|-----------|----------------|-------|-------|---------|
| 1. Judith Cromjongh | De Zwoer | NED | 196400054 | 1:22.12 | +0.76 | 39.14 | 1:22.12 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Margriet Grove-Lingeman | Triton | NED | 196200080 | 1:28.07 | +0.77 | 42.28 | 1:28.07 |
| 3. Maud Peuten-Evers | Mosa-Regio | NED | 196400584 | 1:31.93 | +0.83 | 45.81 | 1:31.93 |
| 4. K. van der Star-Verhoeven | ESCA Zwemmen | NED | 196100382 | 1:34.77 | +0.77 | 44.01 | 1:34.77 |
| 5. Marleen Malais | ESCA Zwemmen | NED | 196300542 | 1:37.55 | +0.82 | 46.81 | 1:37.55 |

Masters 70+

| | | | | | | | |
|-----------------------|-----------|-----|-----------|----------------|-------|-------|---------|
| 1. A. Gilding-Tussaud | WS Twente | NED | 195000038 | 2:00.38 | +0.95 | 57.89 | 2:00.38 |
|-----------------------|-----------|-----|-----------|----------------|-------|-------|---------|

Masters 75+

| | | | | | | | |
|--------------------------|----------------|-----|-----------|----------------|--------|---------|---------|
| 1. Loekie van Huissteden | ZPC AMERSFOORT | NED | 194500002 | 2:25.02 | *+0.92 | 1:08.32 | 2:25.02 |
|--------------------------|----------------|-----|-----------|----------------|--------|---------|---------|

Masters 85+

| | | | | | | | |
|------------------|-----|-----|-----------|----------------|-------|---------|---------|
| 1. Lottie Geurts | PSV | NED | 193500006 | 2:26.94 | +1.06 | 1:12.08 | 2:26.94 |
|------------------|-----|-----|-----------|----------------|-------|---------|---------|

Programmanr. 41
05-05-2024 - 17:19

4 x 50m vrije slag

Masters Open
Resultaten

| rang | vereniging | | | | tijd | RT | PARA |
|--------------------|---------------------|------------------|-------|-----------------------|----------------|-------|------|
| 80+, Heren | | | | | | | |
| 1. | Poseidon'56 | Poseidon'56 | NED | | 1:41.28 | +0.78 | |
| | Ryan van den Ouden | 99 +0.78 | 25.35 | Gerard Willighagen | 01 +0.37 | 24.98 | |
| | Sam Beer | 96 +0.40 | 26.33 | Erik van Gemert | 03 +0.41 | 24.62 | |
| 2. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | NED | | 1:43.16 | +0.73 | |
| | Richard Kuipers | 97 +0.73 | 26.40 | Remco Dijkstra | 01 +0.26 | 25.44 | |
| | Rob van Wier | 99 +0.43 | 26.51 | Jorian Darwinkel | 03 +0.31 | 24.81 | |
| 3. | MSV-Zeemacht 2 | MSV-Zeemacht | NED | | 1:45.91 | +0.66 | |
| | Boyd Wijkman | 01 +0.66 | 26.63 | Jordi de Nijs | 98 +0.45 | 26.01 | |
| | Marco van der Wulp | 03 +0.60 | 27.72 | Mees Minneboo | 02 +0.39 | 25.55 | |
| 100+, Heren | | | | | | | |
| 1. | De Warande 1 | De Warande | NED | | 1:40.96 | +0.62 | |
| | Nicko Kamphuis | 99 +0.62 | 25.27 | Tom Balsen Versteeg | 00 +0.26 | 25.03 | |
| | Craig Frankum | 90 +0.21 | 25.95 | Marijn in 't Veld | 00 +0.44 | 24.71 | |
| 2. | ESCA Zwemmen 3 | ESCA Zwemmen | NED | | 1:50.90 | +0.74 | |
| | Mike Schel | 94 +0.74 | 27.24 | Wessel Haverkamp | 02 +0.37 | 27.32 | |
| | Job Esink | 98 +0.32 | 29.49 | Mees Laar | 96 +0.26 | 26.85 | |
| 3. | PSV 6 | PSV | NED | | 2:05.51 | +0.65 | |
| | Basem Rashed | 03 +0.65 | 30.77 | Andrea Guzzon | 92 +0.23 | 28.42 | |
| | Mike van der Sanden | 95 +0.64 | 37.70 | Remco van der Graaf | 87 +0.46 | 28.62 | |
| 120+, Heren | | | | | | | |
| 1. | DAW 1 | DAW | NED | | 1:41.89 | +0.69 | |
| | Luc Mul | 02 +0.69 | 24.31 | Michel de Maesschalck | 91 +0.50 | 26.34 | |
| | Paul Oudendijk | 81 +0.39 | 28.31 | Felix Geenen | 95 +0.30 | 22.93 | |
| 2. | ESCA Zwemmen 2 | ESCA Zwemmen | NED | | 1:42.66 | +0.71 | |
| | Jurre Stammes | 97 +0.71 | 26.05 | Tim de Vrugt | 93 +0.39 | 26.07 | |
| | Sander de Vrugt | 89 +0.18 | 25.68 | Peter Rothengatter | 97 +0.22 | 24.86 | |
| 3. | ZPCH 1 | ZPCH | NED | | 1:42.79 | +0.65 | |
| | Thomas Vastenhout | 02 +0.65 | 25.17 | Jasper van Heijst | 76 +0.28 | 26.19 | |
| | Ruud Holswilder | 78 +0.19 | 25.67 | Lucas Douwma | 04 +0.38 | 25.76 | |
| 4. | ZPC AMERSFOORT 3 | ZPC AMERSFOORT | NED | | 1:46.63 | +0.65 | |
| | Tom van den Akker | 02 +0.65 | 26.33 | Rob van Vliet | 84 +0.12 | 27.22 | |
| | Martijn Giezen | 85 +0.24 | 27.38 | Jelle Blankestijn | 98 +0.32 | 25.70 | |





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 41, Heren, 4 x 50m vrije slag, 120+

| rang | vereniging | | | | tijd | RT | PARA | |
|------|--|-----------------------------|-------|-------|------------------|-------|-------|-------|
| 5. | WVZ 11 | WVZ | | NED | 1:49.94 | +0.86 | | |
| | Leon Slingerland | 68 | +0.86 | 32.08 | Jordy van Oel | 98 | +0.26 | 26.94 |
| | Jasper Breugem | 00 | +0.08 | 25.80 | Sander Kirillova | 98 | +0.10 | 25.12 |
| 6. | RZ Roermond 1 | RZ | | NED | 1:51.13 | +0.64 | | |
| | Sven Doezen | 04 | +0.64 | 27.59 | Bert Schlicher | 64 | +0.38 | 29.09 |
| | Gino Martijn | 79 | +0.31 | 28.33 | Lars Hilkens | 02 | 0.00 | 26.12 |
| 7. | ZOB'66 2 | ZOB'66 | | NED | 1:51.22 | +0.65 | | |
| | Ruben Stolk | 90 | +0.65 | 28.50 | Ian van Mullem | 96 | +0.27 | 26.93 |
| | Ingmar de Gelder | 70 | +0.46 | 29.68 | Nino van Krimpen | 00 | +0.35 | 26.11 |
| 8. | SG CWW Swim Team 1 | SG CWW Swim Team | | NED | 1:51.92 | +0.80 | | |
| | Mick van Kempen | 02 | +0.80 | 26.33 | Jon de Wit | 04 | +0.36 | 26.94 |
| | Evert Eekhoff | 74 | +0.26 | 31.16 | Antwan van Engen | 71 | +0.37 | 27.49 |
| 9. | Hieronymus 2 | Hieronymus | | NED | 2:04.25 | +0.71 | | |
| | Teun van der Schrier | 04 | +0.71 | 25.69 | Wim Donkersloot | 68 | +0.34 | 34.99 |
| | Lené Wessels | 76 | +0.44 | 36.25 | Paul Koster | 93 | +0.40 | 27.32 |
| DIS | Patrick-De Roersoppers (SG) 1 | Patrick-De Roersoppers (SG) | | NED | | +0.67 | | |
| | <i>EA - Te vroeg overgenomen., 4de zwemmer</i> | | | | | | | |
| | Luuk Kresin | 03 | +0.67 | 26.29 | Patrick Creemers | 90 | +0.11 | 26.61 |
| | Eric Dumas | 69 | +0.47 | 33.30 | Mike Jansen | 02 | -0.10 | |

160+, Heren

| | | | | | | | | |
|----|---|-------------------------|-------|-------|-----------------------|-------|-------|-------|
| 1. | Niemo Barracuda 1 | Niemo Barracuda | | NED | 1:43.43 | +0.77 | | |
| | Mark Hensen | 79 | +0.77 | 26.51 | Dennis Dortland | 78 | +0.26 | 27.67 |
| | Pascal van Haren | 87 | +0.26 | 25.82 | Jeroen Baars | 92 | +0.13 | 23.43 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | BEL | 1:47.37 | +0.72 | | |
| | Lionel Godeaux | 60 | +0.72 | 28.64 | Hugues Herman | 66 | +0.44 | 27.21 |
| | Julien Marquet | 82 | +0.15 | 26.33 | Sébastien Francotte | 92 | +0.40 | 25.19 |
| 3. | Westland Swimming Stars 1 | Westland Swimming Stars | | NED | 1:53.28 | +0.62 | | |
| | Nick Boekestijn | 99 | +0.62 | 27.17 | Mark Nuijten | 60 | +0.25 | 30.84 |
| | Pieter Broek | 77 | +0.39 | 27.58 | Patrick Wyrdean | 97 | +0.56 | 27.69 |
| 4. | ZVVS 1 | ZVVS | | NED | 1:58.91 | +0.75 | | |
| | Michael van der Reijden | 75 | +0.75 | 28.58 | Bas van den Nouwelant | 80 | +0.49 | 27.50 |
| | Jeroen Hoeksel | 74 | +0.49 | 34.77 | Bram Piederiet | 90 | +0.25 | 28.06 |

200+, Heren

| | | | | | | | | |
|----|---|----------------|-------|-------|-------------------|-------|-------|-------|
| 1. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | | NED | 1:49.43 | +0.67 | | |
| | Chester Marsman | 69 | +0.67 | 26.70 | Henk Kuipers | 62 | +0.27 | 31.14 |
| | Erwin Buist | 78 | +0.13 | 26.68 | Jeroen Zelsmann | 77 | | 24.91 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | BEL | 2:03.74 | +0.77 | | |
| | Nicolas Collard | 89 | +0.77 | 26.91 | Olivier Bresoux | 69 | +0.38 | 31.18 |
| | Thierry Schurmans | 58 | +0.31 | 33.91 | Bruno Nahon | 70 | +0.52 | 31.74 |
| 3. | Poseidon'56 2 | Poseidon'56 | | NED | 2:17.69 | +0.76 | | |
| | Jim Geestman | 83 | +0.76 | 26.46 | Andre Exter | 66 | +0.63 | 42.01 |
| | Marcel Vroegindewei | 68 | +0.43 | 28.60 | Bob Lookermans | 62 | +1.07 | 40.62 |
| 4. | Steenwijk 1934 1 | Steenwijk 1934 | | NED | 2:32.68 | +0.78 | | |
| | Rick Driezen | 86 | +0.78 | 27.34 | Hans van Scheepen | 62 | +0.80 | 45.01 |
| | Maarten Koolman | 68 | +0.65 | 50.30 | Guido Keutgen | 68 | +0.29 | 30.03 |

240+, Heren

| | | | | | | | | |
|----|---|--------|-------|-------|------------------|-------|-------|-------|
| 1. | De Rog 1 | De Rog | | NED | 1:55.31 | +0.63 | | |
| | Peter Bensen | 63 | +0.63 | 27.94 | Rob Spetter | 62 | +0.31 | 29.76 |
| | Erik Kamphuis | 60 | +0.33 | 29.64 | Glen Le Clercq | 68 | +0.48 | 27.97 |
| 2. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | BEL | 2:35.01 | +0.73 | | |
| | Antonio Friz | 60 | +0.73 | 33.48 | Nicolas Gheis | 84 | +0.03 | 31.15 |
| | Philippe Godbille | 57 | +0.46 | 35.08 | Kevork Boyrazian | 44 | +0.77 | 55.30 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 41, 4 x 50m vrije slag

280+, Heren

| | | | | |
|-------------|----------------|-----------------|----------------|-------|
| 1. PSV 3 | PSV | NED | 2:22.99 | +0.76 |
| Soan Thung | 66 +0.76 28.59 | André Pantekoek | 58 +0.58 37.01 | |
| Brend Brevé | 52 +0.49 31.71 | Nic Geers | 38 +0.57 45.68 | |

80+, Dames

| | | | | |
|-----------------------|------------------|-----------------------|----------------|-------|
| 1. Nederweert 1 | Nederweert | NED | 1:54.61 | +0.71 |
| Daniëke Klomp | 02 +0.71 28.44 | Tamara Bloemers | 98 +0.58 29.03 | |
| Femke de Wit | 01 +0.52 29.37 | Dyonne Klomp | 04 +0.25 27.77 | |
| 2. HZ&PC Heerenveen 2 | HZ&PC Heerenveen | NED | 1:57.69 | +0.67 |
| Lianne van Wier | 02 +0.67 28.55 | Inge Dekker | 02 +0.47 30.02 | |
| Romy Jalving | 00 +0.40 31.27 | Leonie van Wier | 02 +0.26 27.85 | |
| 3. De Rog 2 | De Rog | NED | 1:58.28 | +0.66 |
| Serina Damen | 01 +0.66 28.87 | Ilse Verheij | 03 +0.32 28.42 | |
| Ayla Thiessen | 98 +0.48 31.73 | Iris Le Clercq | 04 +0.54 29.26 | |
| 4. ESCA Zwemmen 1 | ESCA Zwemmen | NED | 1:59.69 | +0.68 |
| Hannah Elting | 04 +0.68 30.67 | Rose Lether | 04 +0.31 29.81 | |
| Ellen ter Stege | 99 +0.25 30.17 | Moniek van Langevelde | 98 +0.57 29.04 | |

100+, Dames

| | | | | |
|-------------------------|-------------------------|---------------------|----------------|-------|
| 1. Hieronymus 3 | Hieronymus | NED | 1:53.93 | +0.73 |
| Christel Brugmans | 00 +0.73 28.84 | Nadja Roovers | 98 +0.34 28.41 | |
| Valesca van den Bogert | 01 +0.22 28.76 | Selene Wortel | 97 +0.36 27.92 | |
| 2. Niemo Barracuda 2 | Niemo Barracuda | NED | 1:54.87 | +0.75 |
| Robin Pienaar | 01 +0.75 29.91 | Denise Boereboom | 92 +0.48 28.32 | |
| Melissa van der Heijden | 96 +0.17 28.76 | Amber Hesper | 02 +0.42 27.88 | |
| 3. ACZ 2 | ACZ | NED | 1:56.84 | +0.68 |
| Mariska Scheel | 93 +0.68 28.98 | Iris van Rossum | 00 +0.43 29.02 | |
| Roos van Esch | 82 +0.38 29.80 | Carmen Lems | 04 +0.16 29.04 | |
| 4. Orca 1 | Orca | NED | 1:58.29 | +0.67 |
| Froukje Osinga | 00 +0.67 30.10 | Annemiek Meulenbeld | 95 +0.13 29.97 | |
| Rosalie Baarda | 99 +0.23 31.07 | Marre Zandringa | 97 +0.16 27.15 | |
| 5. PSV 5 | PSV | NED | 2:02.97 | +0.81 |
| Helena La | 95 +0.81 32.17 | Diane Schoenmaker | 95 +0.54 31.08 | |
| Fiona Meuffels | 95 +0.29 29.44 | Larissa Jansen | 95 +0.39 30.28 | |
| 6. ZVL-1886 Center 1 | ZVL-1886 Center | NED | 2:04.99 | +0.70 |
| Lonneke Graansma | 99 +0.70 30.57 | Maartje Hids | 99 +0.37 35.32 | |
| Adela Vázquez Garcia | 93 +0.49 31.22 | Silke Molendijk | 01 +0.12 27.88 | |
| 7. Z&PC Zegenwerp 1 | Z&PC Zegenwerp | NED | 2:07.71 | +0.73 |
| Isa Schellekens | 00 +0.73 28.83 | Alma Janssen | 94 +0.33 32.42 | |
| Kim de Laat | 01 +0.39 35.06 | Saartje Vermeulen | 99 +0.35 31.40 | |
| 8. ZV Hoogland 1 | Zwemvereniging Hoogland | NED | 2:08.94 | +0.70 |
| Anne-Irene Ducheine | 95 +0.70 30.91 | Yvette Meijer | 97 +0.57 32.42 | |
| Angela Giezen | 83 +0.27 32.47 | Maaïke van Houten | 02 +0.18 33.14 | |
| 9. Octopus-ZVV (SG) 1 | Octopus-ZVV (SG) | NED | 2:11.71 | +0.78 |
| Sheila ten Voorde | 99 +0.78 31.00 | Daphne van Rees | 03 +0.46 32.41 | |
| Monique Kok | 86 +0.29 39.23 | Elmi Roelofsen | 90 +0.50 29.07 | |

120+, Dames

| | | | | |
|----------------------------------|----------------------|--------------------|----------------|-------|
| 1. WVZ 12 | WVZ | NED | 1:54.50 | +0.73 |
| <i>Nederlands Masters Record</i> | | | | |
| Lisa Klatten | 92 +0.73 28.70 | Delia Badoux | 80 +0.23 27.70 | |
| Lauren van IJl | 00 +0.33 30.75 | Leonie van Noort | 93 +0.45 27.35 | |
| 2. De Biesboschzwemmers 8 | De Biesboschzwemmers | NED | 2:00.88 | +0.64 |
| Jade Groeneveld | 99 +0.64 29.97 | Johanna van Wijnen | 72 +0.38 30.70 | |
| Mandy Swart | 99 +0.31 31.00 | Sanne van de Pol | 98 +0.42 29.21 | |
| 3. Poseidon'56 3 | Poseidon'56 | NED | 2:05.22 | +0.79 |
| Rianne Bresser | 99 +0.79 30.30 | Kelly Wiglevan | 95 +0.55 32.58 | |
| Tonia Ruybroek | 81 +0.39 32.89 | Kelly de Jonge | 97 +0.71 29.45 | |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 41, Dames, 4 x 50m vrije slag, 120+

| rang | vereniging | | | | tijd | RT | PARA |
|-------|---------------------------|-------------------------|-------|---------------------|----------------|-------|------|
| 4. | SG CWW Swim Team 2 | SG CWW Swim Team | NED | | 2:07.01 | +0.79 | |
| | Lois van Oijen | 04 +0.79 | 30.52 | Laura ter Stege | 96 +0.37 | 30.83 | |
| | Els van den Eede | 74 | 34.81 | Yvette Ratering | 72 +0.71 | 30.85 | |
| 5. | Westland Swimming Stars 2 | Westland Swimming Stars | NED | | 2:08.31 | +0.78 | |
| | Mirjan den Drijver | 75 +0.78 | 32.91 | Netty Burik-Geijsen | 63 +0.15 | 31.81 | |
| | Anouk van der Lans | 98 +0.47 | 32.67 | Kim de Jong | 04 +0.35 | 30.92 | |
| 6. | De Duck 8 | De Duck | NED | | 2:10.71 | +0.73 | |
| | Leontine Groeneveldt | 93 +0.73 | 30.65 | Judith Kleinjan | 98 +0.58 | 33.85 | |
| | Rachel Trainor | 77 +0.51 | 34.85 | Geraldine Trainor | 75 +0.48 | 31.36 | |
| 7. | De Rog 6 | De Rog | NED | | 2:30.92 | +0.73 | |
| | Kim Hamakers | 98 +0.73 | 34.98 | Sandra Van der Helm | 78 +0.43 | 36.54 | |
| | Yvette Senden | 93 +0.41 | 39.99 | Karin Vermeer | 83 +0.38 | 39.41 | |
| AFGEM | ZV Hoogland 2 | Zwemvereniging Hoogland | NED | | | | |
| NG | MSV-Zeemacht 1 | MSV-Zeemacht | NED | | | | |

160+, Dames

| | | | | | | | |
|-------|---|----------------|-------|-------------------------|----------------|-------|--|
| 1. | ZPC AMERSFOORT 2 | ZPC AMERSFOORT | NED | | 1:59.66 | +0.67 | |
| | Lotte Eising | 95 +0.67 | 30.27 | Marije Jansen | 85 +0.49 | 29.20 | |
| | Lesley Cordial | 67 +0.43 | 30.56 | Lidia v. Bon-Rosenbrand | 70 +0.19 | 29.63 | |
| 2. | Old Dutch 1 | Old Dutch | NED | | 2:12.74 | +0.77 | |
| | Marleen Zantingh | 78 +0.77 | 32.22 | Chantal Verhoeff | 79 +0.38 | 32.54 | |
| | Karin van Nassau-van den Heuvel | 66 +0.08 | 37.70 | Patricia Brooijmans | 79 +0.56 | 30.28 | |
| 3. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | 2:22.64 | +0.68 | |
| | Nathalie Blondeel | 77 +0.68 | 30.64 | Liudmila Skopina | 57 +0.60 | 47.07 | |
| | Stéphanie Schoemans | 00 +0.25 | 28.54 | Daniela Macetas | 95 +0.23 | 36.39 | |
| 4. | PSV 4 | PSV | NED | | 2:26.02 | +0.75 | |
| | Marties Jehoel-van As | 85 +0.75 | 33.28 | Janine Wilbers | 84 +0.81 | 40.86 | |
| | Hoda Elridi | 81 +0.48 | 37.83 | Jolanda van Gendt | 78 +0.37 | 34.05 | |
| AFGEM | Hieronymus 1 | Hieronymus | NED | | | | |

200+, Dames

| | | | | | | | |
|----|---------------------|--------------|-------|------------------------------|----------------|-------|--|
| 1. | De Geul 2 | De Geul | NED | | 2:25.26 | +0.74 | |
| | Erica Muller | 64 +0.74 | 42.61 | Aafke Groot | 83 +0.28 | 33.58 | |
| | Marian Nederlof | 76 +0.57 | 33.43 | Marijke Campfens | 69 +0.37 | 35.64 | |
| 2. | ESCA Zwemmen 5 | ESCA Zwemmen | NED | | 2:27.11 | +0.70 | |
| | Rachel Verburgt | 02 +0.70 | 32.31 | Marion Kolkman-Pluim | 60 +0.77 | 41.12 | |
| | Marleen Malais | 63 +0.54 | 38.85 | Karin van der Star-Verhoeven | 61 +0.28 | 34.83 | |
| 3. | LinK 1 | LinK | NED | | 2:30.81 | +0.90 | |
| | Ilonka van der Meer | 76 +0.90 | 36.35 | Annette Spies | 70 +0.67 | 38.96 | |
| | José Bodde | 69 +0.40 | 39.42 | Elise Kenworthy | 71 +0.68 | 36.08 | |

240+, Dames

| | | | | | | | |
|----|---|----------|-------|---------------------------|----------------|-------|--|
| 1. | Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL | | | | 2:35.87 | +0.74 | |
| | Kathy Van Lindt | 71 +0.74 | 37.61 | Valérie Rolland | 71 +0.33 | 32.70 | |
| | Claire Anthony | 57 +0.48 | 36.18 | Fernande Blondeel-Gourmet | 52 +0.61 | 49.38 | |

280+, Dames

| | | | | | | | |
|----|----------------|----------|---------|--------------------|----------------|---------|--|
| 1. | PSV 8 | PSV | NED | | 4:35.32 | +0.88 | |
| | Judith Sijbers | 73 +0.88 | 42.42 | Ineke Brouwers | 52 +0.86 | 51.27 | |
| | Lies Hartman | 56 +0.37 | 1:04.68 | Marianne Maandonks | 26 | 1:56.95 | |

Programmanr. 41, 4 x 50m vrije slag

80+, Gemengd

| | | | | |
|--------------------|----------------|--------------------|----------------|-------|
| 1. Bubble 1 | Bubble | NED | 1:46.81 | +0.68 |
| Tim Speijer | 03 +0.68 25.77 | Hendrik Broekema | 00 +0.31 25.09 | |
| Sanne Kloezen | 02 +0.35 28.62 | Laura Setz | 00 +0.52 27.33 | |
| 2. De Columbiaan 1 | De Columbiaan | NED | 1:46.91 | +0.70 |
| Daan Hogerhuis | 03 +0.70 24.19 | Bert Duivenvoorde | 97 +0.38 24.76 | |
| Julia Notenboom | 03 +0.30 28.14 | Daniëlle Vis | 04 +0.34 29.82 | |
| 3. TriVia 1 | TriVia | NED | 1:52.40 | +0.77 |
| Esmée van Peer | 02 +0.77 28.52 | Rik Stahlie | 02 +0.38 28.03 | |
| Ilse Kramer | 04 +0.30 31.48 | Marc Kremer | 90 +0.15 24.37 | |
| 4. Bubble 2 | Bubble | NED | 1:53.21 | +0.69 |
| Kevin Vermeulen | 02 +0.69 26.87 | Jorrik Kerdijk | 96 +0.45 26.86 | |
| Esmee Kloezen | 02 +0.57 30.26 | Marijke Drent | 99 +0.50 29.22 | |
| 5. Neptunus'58 2 | Neptunus'58 | NED | 1:56.76 | +0.76 |
| Nana Dekkers | 02 +0.76 32.02 | Jeroen van Dinther | 97 +0.38 28.12 | |
| Mirelle de Kort | 00 +0.36 29.68 | Rens Hoogenboom | 04 +0.10 26.94 | |

100+, Gemengd

| | | | | |
|----------------------------------|-----------------------------|-----------------------|----------------|-------|
| 1. Blue Marlins 2 | Blue Marlins | NED | 1:47.58 | +0.64 |
| Babette van der Kaaij | 99 +0.64 27.06 | Stefan Petersen | 94 +0.28 25.59 | |
| Alisha Vieira | 99 +0.51 28.01 | Ferdy van Mastrigt | 88 +0.52 26.92 | |
| 2. De Duck 7 | De Duck | NED | 1:53.40 | +0.64 |
| Noa de Bock | 03 +0.64 29.80 | Ryan van der Sluijs | 01 +0.49 29.29 | |
| Marcella van der Ent | 96 +0.52 29.47 | Jesper Oranje | 92 +0.31 24.84 | |
| 3. Club Nautique Val de Fensch 1 | Club Nautique Val de Fensch | FRA | 1:54.10 | +0.71 |
| Gaspard Lammens | 00 +0.71 27.53 | Jean Terver | 90 +0.47 27.52 | |
| Lucie Terver | 93 +0.44 30.32 | Bénédicte Yax | 98 +0.45 28.73 | |
| 4. ZOB'66 1 | ZOB'66 | NED | 1:55.84 | +0.71 |
| Mart de Koning | 02 +0.71 27.33 | Daan Siebenheller | 98 +0.26 26.62 | |
| Nina Tourton | 96 +0.15 31.35 | Wendy de Bruin | 92 +0.22 30.54 | |
| 5. ZPC Woerden 1 | ZPC Woerden | NED | 1:56.12 | +0.66 |
| Ian Terlouw | 00 +0.66 26.03 | Daphne Dols | 99 +0.50 32.61 | |
| Ilse van den Wijngaard | 89 +0.25 31.19 | Milan de Roo | 01 +0.15 26.29 | |
| 6. Hydra 1 | Hydra | NED | 1:56.14 | +0.67 |
| Lisanne van Gennip | 97 +0.67 31.56 | Niek Kouwenberg | 86 +0.01 27.33 | |
| Silke van de Weijer | 03 +0.49 30.12 | Brian van Gennip | 00 +0.49 27.13 | |
| 7. WS Twente 1 | WS Twente | NED | 1:59.58 | +0.72 |
| Lieke Stoker | 03 +0.72 31.71 | Romée Beverdam | 01 +0.27 31.20 | |
| Cars Wiegmann | 94 +0.13 28.15 | Sander Riezebos | 94 +0.40 28.52 | |
| 8. Het Ravijn 1 | Het Ravijn | NED | 2:00.33 | +0.79 |
| Lotte de Vente | 99 +0.79 33.40 | William Kruihof | 80 +0.38 27.65 | |
| Lanco Manaf | 04 +0.47 28.68 | Ilse Valk | 00 +0.43 30.60 | |
| 9. Niemo Barracuda 3 | Niemo Barracuda | NED | 2:02.53 | +0.70 |
| Tamara van den Brink | 98 +0.70 32.20 | Robin van Beusekom | 92 +0.33 28.43 | |
| Marijke Kommers | 93 +0.42 32.06 | Ids de Klerk | 98 +0.47 29.84 | |
| 10. VZV Njord 6 | VZV Njord | NED | 2:05.72 | +0.68 |
| Jesper Pas | 02 +0.68 28.31 | Margot van de Rakt | 93 +0.09 34.68 | |
| Laura Folkers | 01 +0.46 35.69 | Luke van Elst | 98 +0.49 27.04 | |
| 11. De Kempvis 1 | De Kempvis | NED | 2:09.75 | +0.81 |
| Kien Vuong | 95 +0.81 32.02 | Fleur Fikkers | 01 +0.61 33.77 | |
| Ingrid Johannes | 89 +0.12 37.45 | Daniel van der Sluijs | 00 +0.14 26.51 | |
| 12. SBC2000 1 | SBC2000 | NED | 2:12.65 | +0.66 |
| Nick Bongers | 98 +0.66 27.58 | Kim van Rossum | 97 +0.40 38.93 | |
| Leon Verschuren | 93 +0.31 31.95 | Coranda Vissers | 97 +0.51 34.19 | |

Programmanr. 41, 4 x 50m vrije slag

120+, Gemengd

| | | | | | | |
|----|--|-----------------------------|-------|---------------------|----------|-------|
| 1. | Nuenen 1 <i>Kampioenschapsrecord</i> | Nuenen | NED | 1:47.40 | +0.71 | |
| | Lars Diesch | 01 +0.71 | 25.41 | Merel Phaff | 01 +0.27 | 28.04 |
| | Koen Woestenborghs | 88 +0.34 | 26.05 | Anneloes Peulen | 85 +0.29 | 27.90 |
| 2. | Zwemlust- den Hommel 1 <i>Kampioenschapsrecord, voor startzwemmer</i> | Zwemlust- den Hommel | NED | 1:48.54 | +0.72 | |
| | Joan Kentrop | 85 +0.72 | 24.80 | Manon Kloosterman | 97 +0.36 | 29.09 |
| | Matteo Viani | 90 +0.38 | 25.67 | Sophie Stekelenburg | 04 +0.26 | 28.98 |
| 3. | Aqua-Novio '94 1 | Aqua-Novio '94 | NED | 1:49.88 | +0.80 | |
| | Albert Boonstra | 57 +0.80 | 28.23 | Steven Uijl | 93 +0.44 | 25.44 |
| | Natasja Sniijders | 91 +1.61 | 28.55 | Guusje van Lent | 02 +0.28 | 27.66 |
| 4. | De Amstel 1 | De Amstel | NED | 1:58.50 | +0.71 | |
| | Iris Bastiaansen | 99 +0.71 | 31.71 | Iris van der Moolen | 99 +0.45 | 30.65 |
| | Henri Michels | 65 +0.43 | 30.79 | Nick Sijmons | 95 +0.12 | 25.35 |
| 5. | Patrick-De Roersoppers (SG) 2 <i>*50m</i> | Patrick-De Roersoppers (SG) | NED | 2:00.81 | +0.79 | |
| | Senna Bongartz | 03 +0.79 | 33.33 | Koen Wijnands | 98 +0.27 | 28.15 |
| | Pascalie Janssen | 73 | 32.55 | Max Martens | 00 +0.40 | 26.78 |
| 6. | De Rog 5 | De Rog | NED | 2:03.21 | +0.75 | |
| | Vera Vergeest | 02 +0.75 | 32.85 | Dajenne Hurkmans | 98 +0.60 | 31.22 |
| | Jasper Strijp | 98 +0.29 | 29.22 | Mark Kuin | 71 +0.29 | 29.92 |
| 7. | AZC 1 | AZC | NED | 2:04.57 | +0.75 | |
| | Jessica Braat | 02 +0.75 | 30.75 | Patrick Brouwer | 93 +0.55 | 29.04 |
| | Mariska Kroon-Zaal | 88 +0.55 | 34.30 | Ricardo van Dam | 85 +0.72 | 30.48 |
| 8. | De Marlijn (SG) 2 | De Marlijn (SG) | NED | 2:19.00 | +0.74 | |
| | Fleur de Ridder | 04 +0.74 | 33.97 | Nasca van Dijk | 03 +0.48 | 34.35 |
| | Michiel Verschueren | 73 +0.30 | 36.54 | Coen de Ridder | 74 +0.42 | 34.14 |
| NG | ZPC AMERSFOORT 4 | ZPC AMERSFOORT | NED | | | |

160+, Gemengd

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|----|---|---------------------|-------|----------------------|----------|-------|
| 1. | De Treffers 1 | De Treffers | NED | 1:58.85 | +0.74 | |
| | Tim van Grunsven | 98 +0.74 | 26.45 | Eric de Haas | 65 +0.45 | 29.92 |
| | Nienke van Zoggel | 90 +0.38 | 32.07 | Miranda Pijnenburg | 83 +0.36 | 30.41 |
| 2. | ZPC De Zeeuwse Kust 1 | ZPC De Zeeuwse Kust | NED | 2:00.09 | +0.77 | |
| | Sandy Pleyte | 75 +0.77 | 29.33 | Jelita van Esseveld | 98 +0.34 | 31.50 |
| | Marijke van Hoek | 58 +0.19 | 34.93 | Kalle van Gemert | 98 +0.21 | 24.33 |
| 3. | Neptunus'58 1 | Neptunus'58 | NED | 2:02.39 | +0.76 | |
| | Maarten vd Berkmortel | 80 +0.76 | 29.17 | Sandra Schellekens | 85 +0.30 | 31.43 |
| | Rob van de Ven | 71 +0.36 | 32.30 | Selina Janssen | 99 +0.42 | 29.49 |
| 4. | TRB-RES 1 | TRB-RES | NED | 2:04.58 | +0.86 | |
| | Juliska Coenders-Pejnenburg | 90 +0.86 | 34.86 | Edith Janssen-Koolen | 73 +0.56 | 30.37 |
| | Bas Kremers | 72 +0.54 | 31.26 | Bjorn van de Goor | 89 +0.31 | 28.09 |
| 5. | San Giljan ASC 1 <i>Maltese Masters Record</i> | San Giljan ASC | MLT | 2:11.24 | +0.76 | |
| | Jonathan Gatt Colerio | 81 +0.76 | 30.23 | Petra Ellul Mercer | 73 +0.06 | 39.13 |
| | Michela Scicluna | 95 +0.27 | 33.66 | Mark Sponeck | 76 +0.52 | 28.22 |
| 6. | AZC 2 | AZC | NED | 2:11.33 | +0.69 | |
| | Wim de Lange | 58 +0.69 | 34.33 | Monique van Huizen | 87 +0.35 | 30.05 |
| | Sandra Daamen-Posma | 68 +0.52 | 38.02 | Auke Sijperda | 99 +0.52 | 28.93 |
| 7. | MSV-Zeemacht 3 | MSV-Zeemacht | NED | 2:17.73 | +1.06 | |
| | Annette van Dok | 68 +1.06 | 42.24 | Peter van Maurik | 63 +0.33 | 32.49 |
| | Gerben Rozie | 90 +0.28 | 31.81 | Kyra Wesemann | 02 +0.45 | 31.19 |



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 41, 4 x 50m vrije slag

200+, Gemengd

| | | | | |
|-----------------------------|----------------------|-----------------------------|----------------|-------|
| 1. De Biesboschzwemmers 7 | De Biesboschzwemmers | NED | 1:59.80 | +0.75 |
| Paul Wijnja | 63 +0.75 30.15 | Marjo Goelema-Koek | 69 +0.35 30.24 | |
| Henri Verschoor | 70 +0.45 29.30 | Anne-Marie Verschoor-Vos | 81 +0.52 30.11 | |
| 2. PSV 7 | PSV | NED | 2:03.75 | +0.84 |
| Rogier Visser | 73 +0.84 30.60 | Gudule van der Meer | 72 +0.56 31.60 | |
| Tom Bandsma | 77 +0.75 31.94 | Carla Geurts | 71 +0.21 29.61 | |
| 3. De Rog 3 | De Rog | NED | 2:07.20 | +0.83 |
| Regine Beckers-Stribos | 70 +0.83 32.92 | Wijnand Vergeest | 68 +0.65 31.38 | |
| Esther Vergeest | 77 +0.35 35.21 | Arjan Verheij | 71 +0.39 27.69 | |
| 4. De Duinkickers 1 | De Duinkickers | NED | 2:11.60 | +0.66 |
| Marcel Brittijn | 69 +0.66 31.34 | Esther Poortvliet - Koedam | 80 +0.60 31.61 | |
| Robert de Brauwier | 64 +0.53 31.47 | Christine Buist | 64 +0.72 37.18 | |
| 5. VZV Njord 7 | VZV Njord | NED | 2:23.83 | +0.62 |
| Francis Roosen | 68 +0.62 29.34 | Karin Sagonas-Koolen | 70 +0.41 34.66 | |
| Fabienne Verriet-Regensburg | 75 +0.39 46.01 | Jacques Verriet | 70 +0.12 33.82 | |
| 6. De Duinkickers 2 | De Duinkickers | NED | 2:27.15 | +0.93 |
| Connor Elemans | 91 +0.93 30.48 | Inge Roskam | 78 +0.38 34.34 | |
| Mathieu Rikken | 67 +0.34 30.10 | Annet Verhoeven - Steggerda | 46 52.23 | |
| 7. SWOL 1894 11 | SWOL 1894 | NED | 2:35.81 | +0.75 |
| Christine Nieuwenhuis | 51 +0.75 35.34 | Peter van Velzen | 78 +0.63 41.57 | |
| Jessica van Velzen | 76 +0.57 40.00 | Maxim Hardziyenka | 72 +0.77 38.90 | |
| 8. ESCA Zwemmen 4 | ESCA Zwemmen | NED | 2:46.84 | +0.75 |
| Paul Rutten | 80 +0.75 34.39 | Corra Smulders | 66 +0.67 42.87 | |
| Frank Kraus | 60 +0.83 39.53 | Marleen Robbers | 66 +0.70 50.05 | |

240+, Gemengd

| | | | | |
|--------------------|----------------|-----------------|----------------|-------|
| 1. TriVia 2 | TriVia | NED | 2:16.13 | +0.70 |
| Jeroen Temme | 72 +0.70 30.06 | Hannie Poletiek | 59 +0.42 38.07 | |
| Margriet Pasma | 55 +0.25 37.10 | Theo Bakker | 64 +0.52 30.90 | |
| 2. De Rog 4 | De Rog | NED | 2:28.83 | +0.96 |
| Sjoerd Van de Berg | 54 +0.96 42.29 | Katja De Beer | 68 +0.82 34.21 | |
| Ageeth Westenbrink | 67 +0.81 39.76 | Roy Le Clercq | 64 +0.55 32.57 | |
| 3. GZC DONK 1 | GZC DONK | NED | 2:32.84 | +0.88 |
| Lia Bijkerk | 60 +0.88 40.38 | Nathasja Konijn | 71 +0.81 40.09 | |
| Peter Coffeng | 57 +0.72 36.95 | Pierre de Groot | 64 +0.56 35.42 | |

320+, Gemengd

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|-----------------------------|----------------|-------------|----------------|-------|
| 1. PSV 1 | PSV | NED | 2:58.71 | +0.88 |
| <i>Kampioenschapsrecord</i> | | | | |
| Corrie Verhoeven | 46 +0.88 39.42 | Jan Nuijten | 49 +0.79 39.43 | |
| Lottie Geurts | 35 +0.79 52.64 | Rob Hanou | 43 +0.79 47.22 | |